

# INFLAMMATION AND REPAIR (1)

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# **OBJECTIVES**

- **O** Define inflammation.
- List cells & molecules that play important roles in inflammation.
- Types of inflammation: acute and chronic inflammation.
- Recognize the cardinal signs of inflammation.
- Describe the sequence of vascular changes in acute inflammation. (vasodilation, increased permeability) and their purpose.
- Compare normal capillary exchanges with exchange during inflammatory response.
- Define the terms edema, transudate and exudate.

**COLOR INDEX:** 

MAIN TEXT (BLACK)

**FEMALE SLIDES (PINK)** 

MALE SLIDES (BLUE)

**IMPORTANT (RED)** 

DR'S NOTE (GREEN)

**EXTRA INFO (GREY)** 







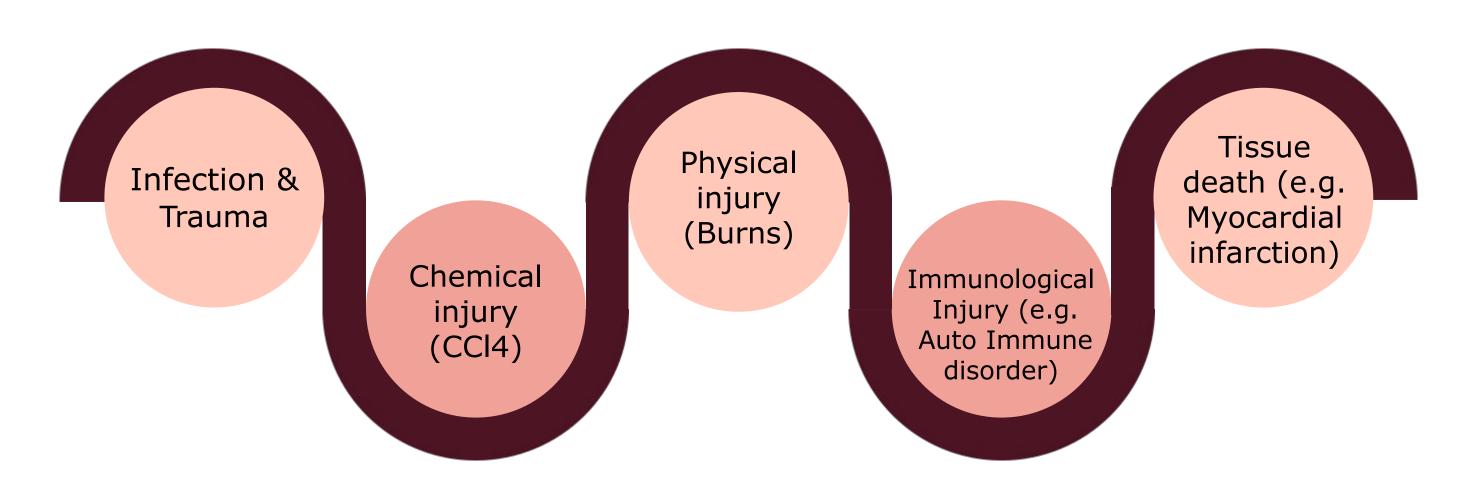
Inflammation is a local response of the vascularized living tissue to infection and damaged tissue (injury/necrosis) that brings cells and molecules of host defense from the circulation to the sites where they are needed.

#### The aim:

- to localize and eliminate the causative agents.
- limit tissue injury.
- restore tissue to normal.

Therefore, Inflammation is part of immunity: This is a broad protective response (innate immunity) (Immunity towards everything)

# Causes Of Inflammation:



# Steps Of Inflammation:

- 1 Injury
- 2 Tissue damage
- 3 Tissue response
- Eliminates the initial cause of injury and the effect of injury (pathogen and necrotic tissue)
- Repair
  By regeneration or scar formation

# GIRL'S SLIDES



# **Steps Of Inflammation:**

The offending agent is recognized by host cells and molecules By plasma proteins.

Leukocytes and plasma proteins are recruited from the circulation to the site where the offending agent

The leukocytes and proteins are activated to destroy and eliminate the offending substance.

The reaction is controlled and terminated.

The damaged tissue is repaired.

# Can Inflammation be harmful? Yes

## Acute



Acute respiratory distress syndrome, asthma and septic shock

43: The response to sudden body damage, such as cutting your finger

### Chronic



تصلب الشرايين

Arthritis, atherosclerosis and pulmonary fibrosis

43: Your body continues sending inflammatory cells even when there is no outside danger. For example, in rheumatoid arthritis

## Disorders



Cells and Molecules Involved in Injury



#### Acute

Acute respiratory distress syndrome

Neutrophils

Asthma

Eosinophils , IgE antibodies

Glomerulonephritis

Antibodies, Complement, neutrophils, monocytes

Septic shock

Cytokines



# Inflammation

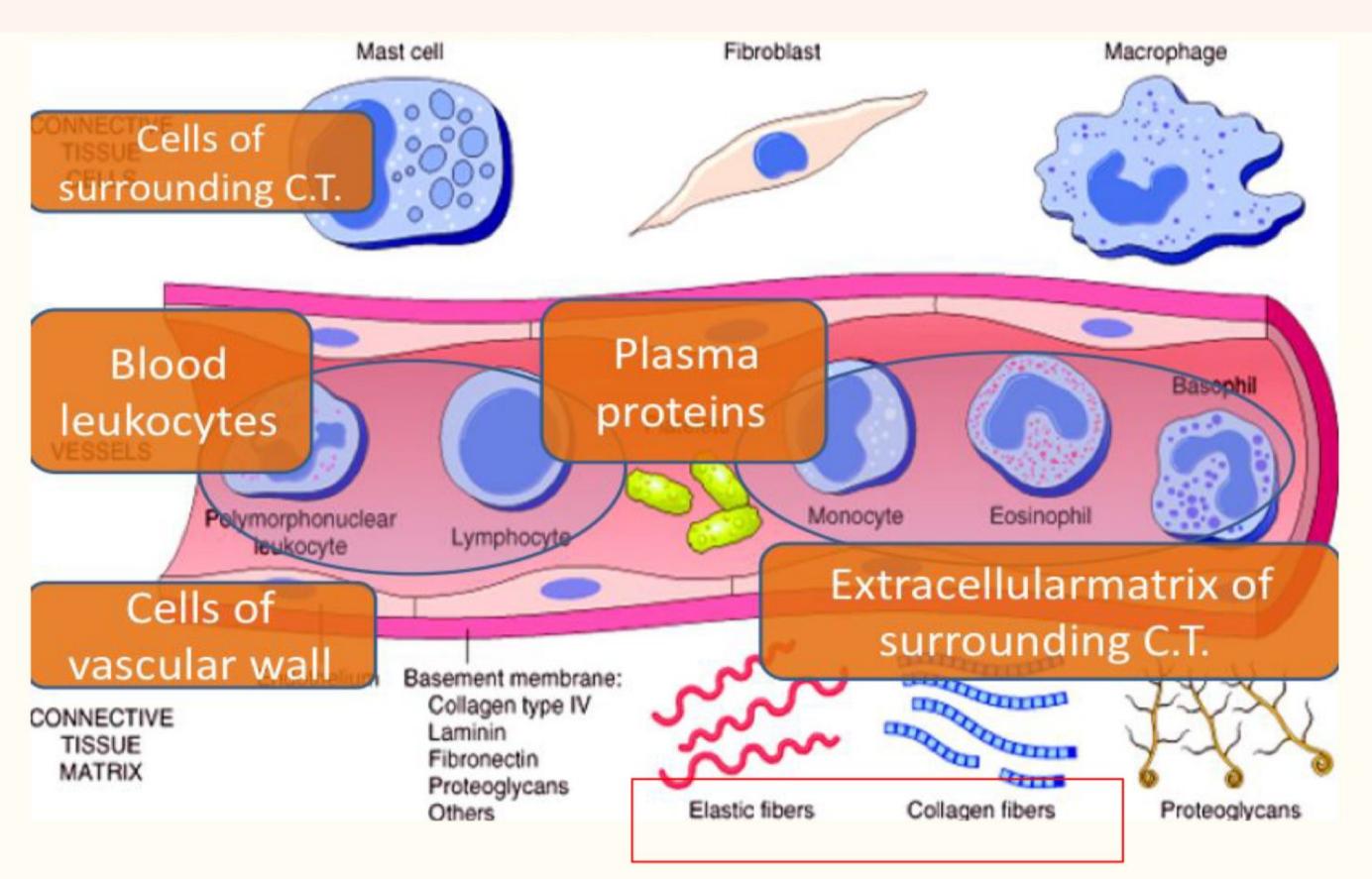
### **DEFINITION**



Inflammation is terminated when the offending agent is eliminated and the secreted mediators are broken down or dissipated.

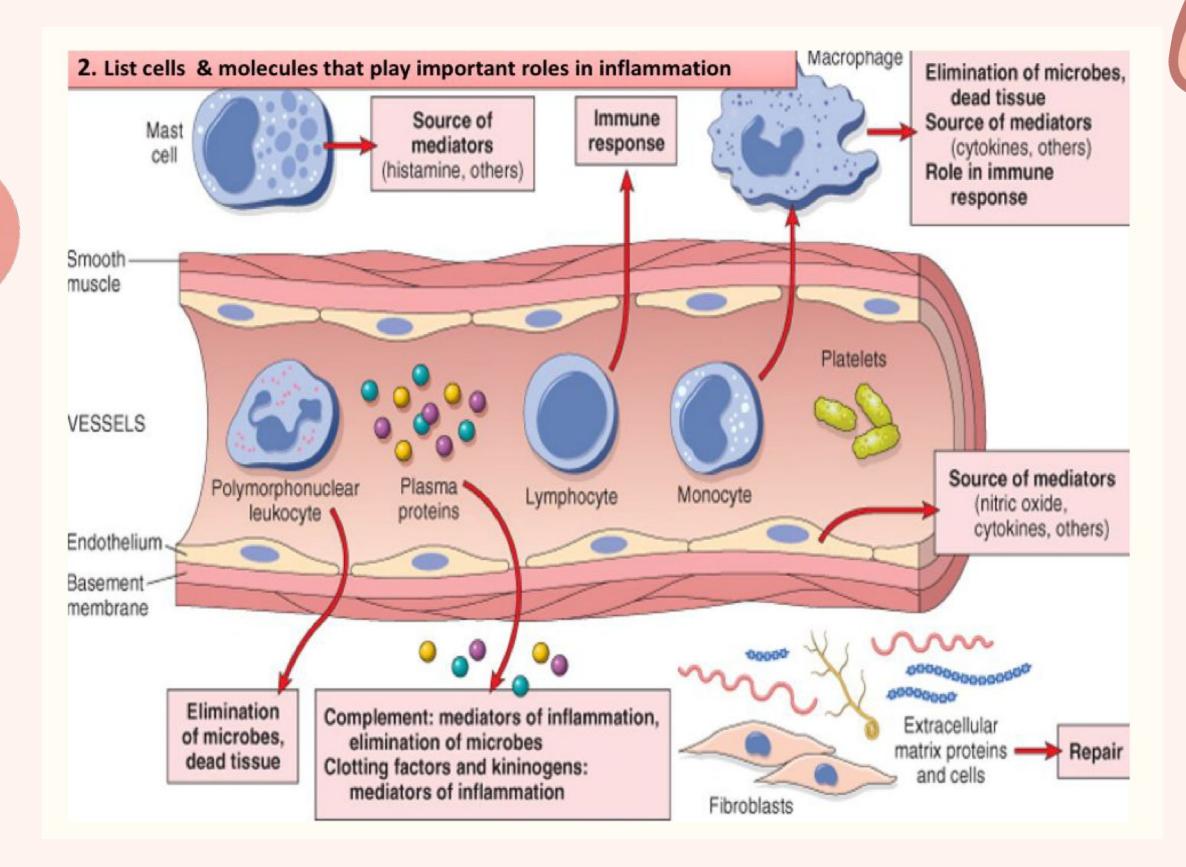
There are active anti-inflammatory mechanisms that serve to control the response and prevent it from causing excessive damage to the host. 43: (E.g. Enzymatic lysis of protein)

# Cells And Molecules That Play Important Roles In Inflammation



• Inflammation is mediated by chemical substances called Chemical Mediators

# **Chemical Mediators**



What is the source of these chemical mediators?

1. Cells:

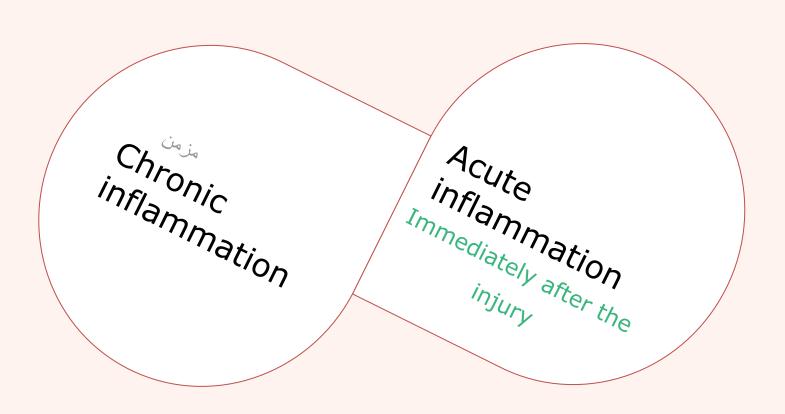
leukocytes

• Endothelium: source of nitric, cytokines

Mast cells: source of histamine

2. Plasma proteins work as complement

# Types Of Inflammation









Features	Acute	Chronic	
Onset	Fast: minutes or hours	Slow: days, weeks	
Cellular infiltrate	neutrophils	lymphocytes and macrophages	
Tissue injury fibrosis	Mild, self limited	Often severe &progressive	
Local and Systemic Sign	Prominent	Less prominent, may be subtle	
E.g (43 Team)	<ul><li>hepatitis A</li><li>Pneumonia ( acute lung inflammation)</li></ul>	- hepatitis B - Tuberculosis	



A rapid response to an injurious agent that serves to deliver mediators of host defense-leukocytes and plasma proteins-to the site of injury

# The Outcome Of Acute inflammation

elimination of the noxious stimulus, followed by decline of the reaction and repair of the damaged tissue

OR

persistent injury resulting in chronic inflammation

2

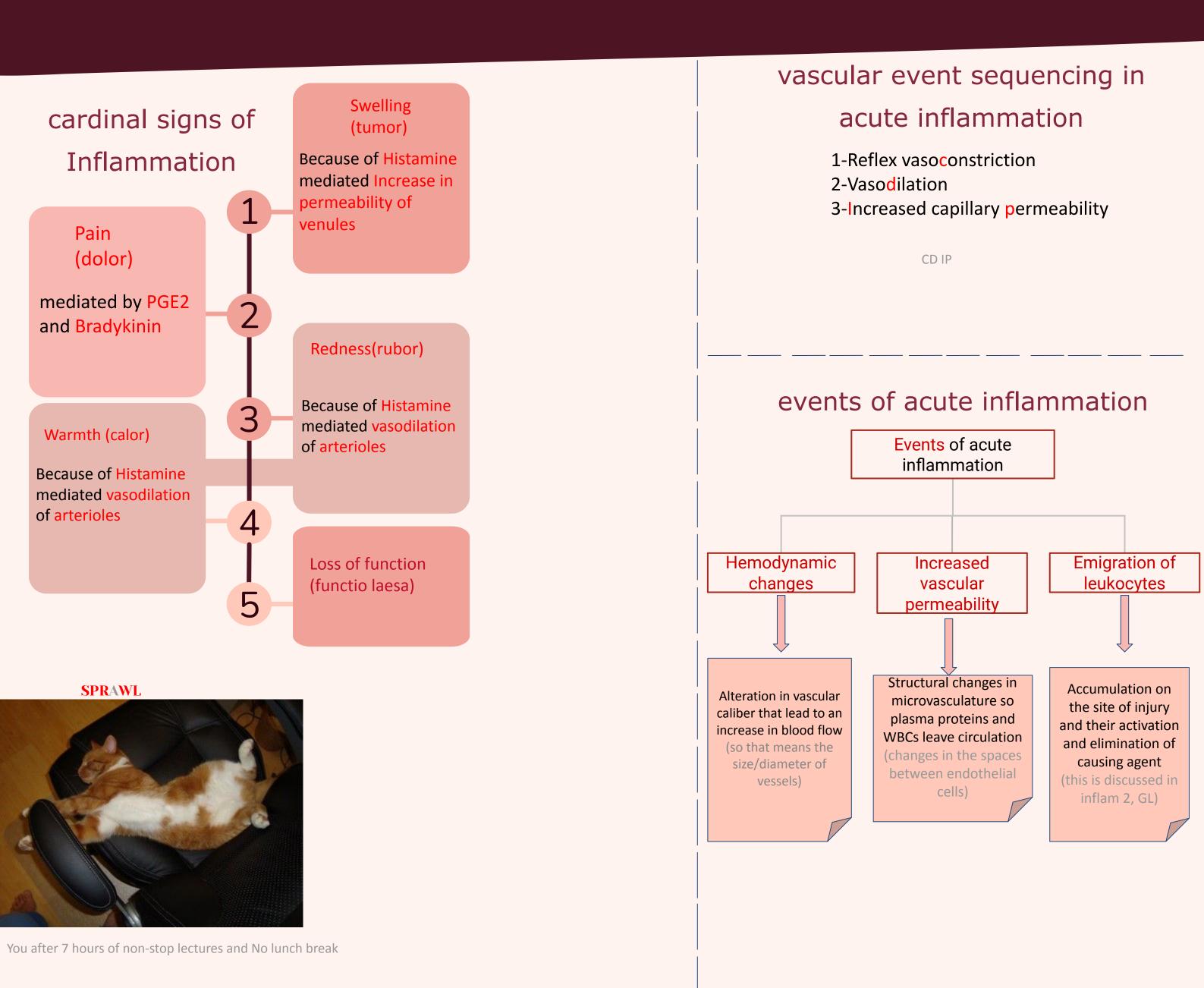
E.g: hepatitis

43: Noxious = Toxic

Inflammatory reactions underlie common chronic diseases, such as rheumatoid arthritis, atherosclerosis, lung fibrosis, asthma and life-threatening hypersensitivity reactions to insect bites, drugs, and toxins

Anti-inflammatory drugs would control the harmful sequelae of inflammation

# cardinal signs of Inflammation, vascular event sequencing, and events of acute inflammation

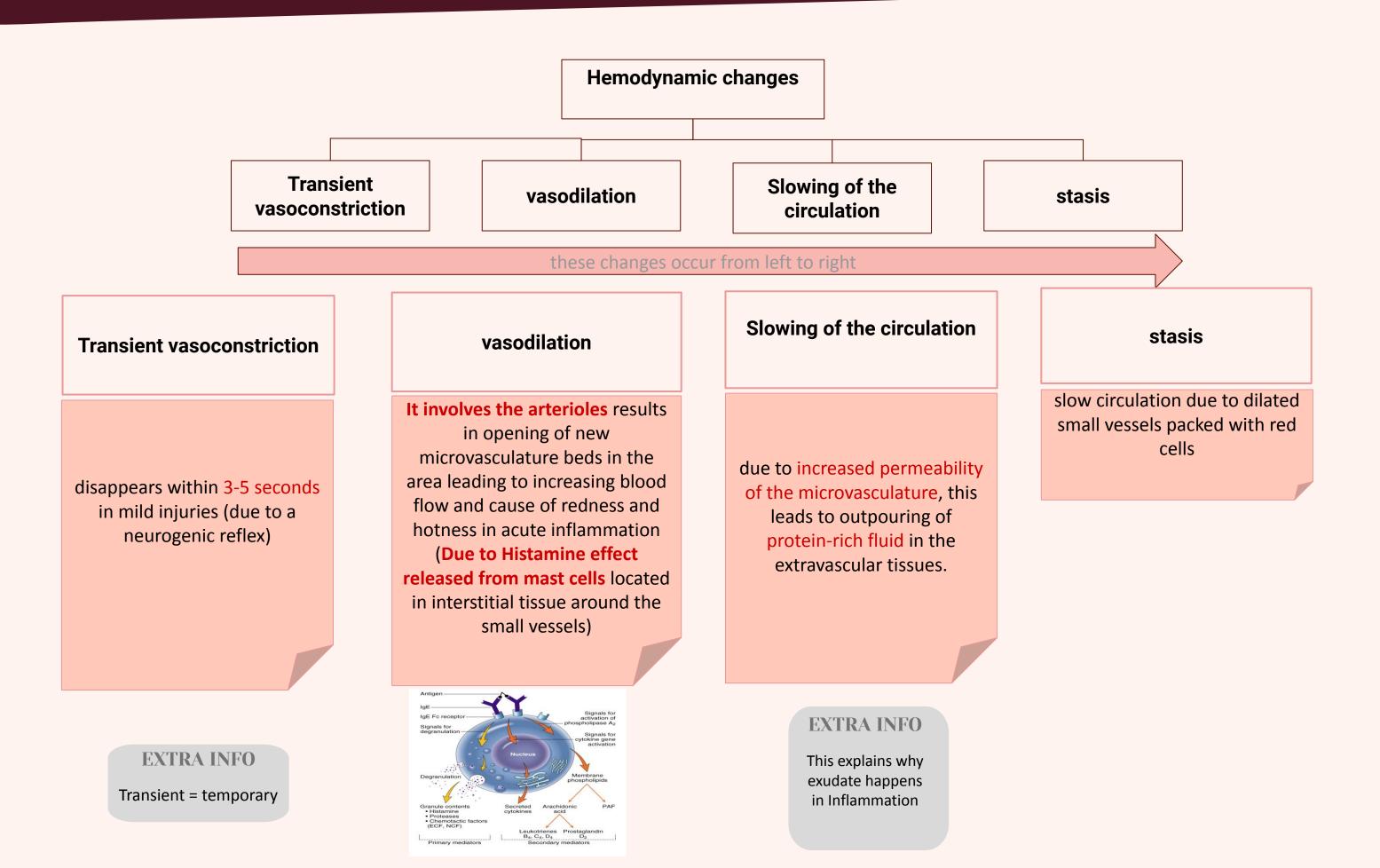


"itis" as a suffix means inflammation (like dermatitis or vasculitis)

#### **EXTRA INFO**

endothelium = simple squamous epithelium of blood vessels

# Events of acute inflammation (hemodynamic changes & Increased vascular permeability)



# Increased vascular permeability(most important)

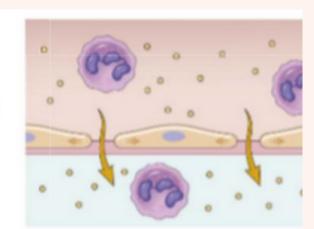
A hallmark of acute inflammation (escape of protein rich fluid)

induced by histamine, kinins, and other mediators (bradykinin)

It affects small & medium size venules, through gaps between endothelial cells

#### B. RETRACTION OF ENDOTHELIAL CELLS

- Induced by histamine, other mediators
- Rapid and short-lived (minutes)



#### **EXTRA INFO**

inflammation, but it's special to venules, while a direct injury to the endothelium would make any blood vessel more permeable, but that's abnormal



# Normal capillary fluid exchange and exchange during inflammation

Edema: excess of fluid in the interstitial or serous cavities (which could be exudate or transudate)

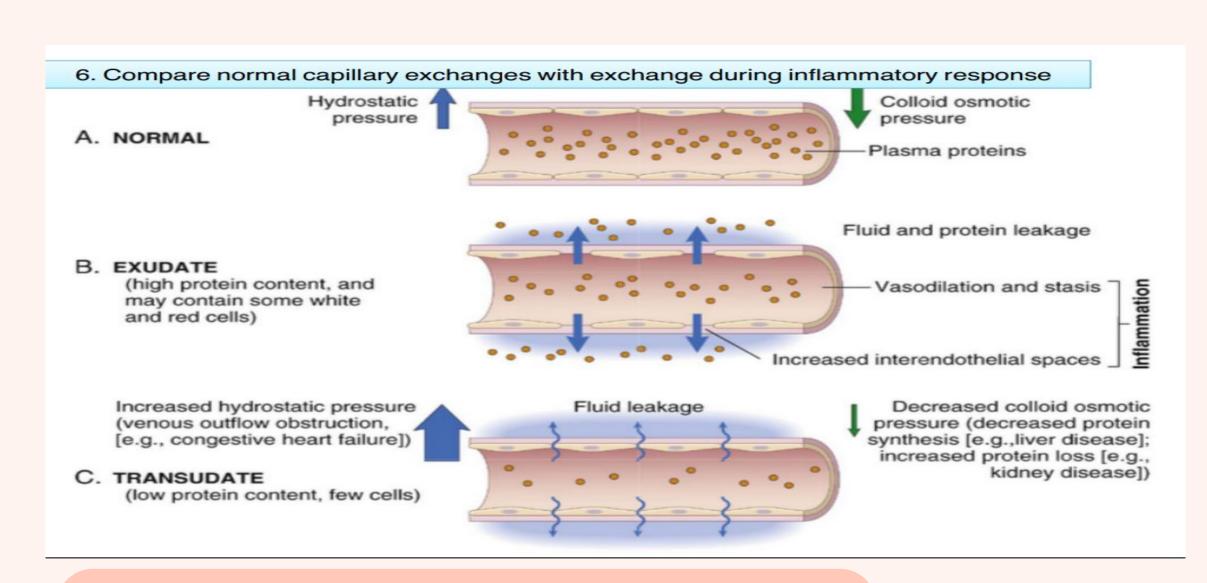
#### Edema

#### **Transudate**

is a fluid with **low protein content** and a specific gravity of less than 1.012 It is essentially an ultrafiltrate of blood plasma that results from osmotic or hydrostatic imbalance across the vessel wall without an increase in vascular permeability

#### Exudate

An inflammatory extravascular fluid that has a high protein concentration, cellular debris, and a specific gravity above 1.020 It implies significant alteration in the normal permeability of small blood vessels in the area of injury



#### EXTRA INFO

These diagrams are important to understand the idea behind normal and abnormal fluid movement throughout the body

Increased blood volume leads to increased local hydrostatic pressure leading to transudation of protein-poor fluid into the extravascular space. (which is why we have edema in CHF{Congestive Heart Failure})

Edema	excess of fluid in the interstitial or serous cavities	
Transudate	a fluid with low protein content	
Exudate	a fluid with high protein content	
Inflammation	Inflammation is terminated when the offending agent is eliminated and the secreted mediators are broken down or dissipated.	
Acute inflammation	A rapid response to an injurious agent that serves to deliver mediators of host defense-leukocytes and plasma proteins-to the site of injury	

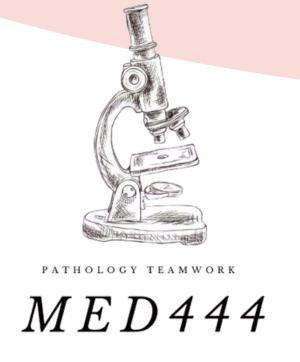


1- which on of the following is NOT an ancient cardinal sign of inflammation?					
A) Tumor	B) Calor	C) Dolor	D) Molor		
2- Escape of a protein-rich fluid is hallmark of which acute inflammation event?					
A) Hemodynamic changes	B) Increased vascular permeability	C) emigration of the leukocytes from the microcirculation	D) Transient vasoconstriction of artenolos		
3- An inflammatory extravascular fluid that has a high protein concentration, cellular debris. and a specific gravity above 1.020?					
A) Edema	B) Transudate	C) Exudate	D) none of the above		
4- A 41-year-old woman complains of excessive menstrual bleeding and pelvic pain of 4 months. She uses an intrauterine device for contraception. Endometrial biopsy reveals an excess of plasma cells and macrophages within the stroma. The presence of these cells and scattered lymphoid follicles within the endometrial stroma is evidence of which of the following conditions?					
A) Acute inflammation	B) Chronic inflammation	C) Granulation Tissue	D) Granulomatous inflammation		



5- Transudate has						
A)high protein	B)low protein	C)Fibers	D)high gravity specificity			
6- How long is transient vasoconstriction?						
A)3-4 hours	B)1-5 minutes	C)3-5 seconds	D) 3-5 years			
7- pain is mediated by						
A)histamine	B)bradykinin	C)vasodilation	D)vasoconstriction			
8- what is the reason for redness and warmth in inflammations						
A)vasodilation	B)vasoconstriction	C)PGE2	D)bradykinin			
9- what is a sign of inflammation						
A)shivering	B)vasoconstriction	C)hypokalemia	D)loss of function			

# PATHOLOGY TEAM 444



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