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L1: H2 Blockers and Proton Pump Inhibitors

Drug	MOA	Uses	ADRs	Precaution
Proton pump inhibitors				
Omeprazole	<ul style="list-style-type: none"> ◦ Irreversible inhibition of proton pump (H⁺/K⁺ ATPase). ◦ they are the most potent inhibitors of acid secretion ◦ PPIs heal ulcers faster than H2 blockers and have H.pylori inhibitory properties. 	<ul style="list-style-type: none"> ◦ Eradication of H. pylori w/antibiotics. ◦ Hypersecretory conditions as Zollinger Ellison syndrome and gastrinoma (first choice). ◦ Resistant severe peptic ulcer. ◦ GERD. 	<ul style="list-style-type: none"> ◦ CNS: headache ◦ GIT: diarrhea, abdominal pain ◦ Achlorhydria & Hypergastrinemia. ◦ Gastric mucosal hyperplasia. ◦ Infection ◦ Long term use: ◦ Vitamin B12 deficiency ◦ Hypomagnesemia ◦ Osteoporosis. 	<ul style="list-style-type: none"> ◦ Omeprazole (CYT2c19 inhibitor) should not be combined with clopidogrel. ◦ Dose reduction is required in severe liver failure. ◦ PPIs should not be combined with H2 blockers or antacids.
Lansoprazole				
Pantoprazole				
Rabeprazole				
H2 receptor blockers				
Cimetidine most ADRs	<ul style="list-style-type: none"> ◦ They reversibly and competitively block H2 receptors on the parietal cells. ◦ Block 90% of nocturnal acid secretion, given before night sleep. 	<ul style="list-style-type: none"> ◦ GERD (heartburn/dyspepsia). ◦ Acute ulcer healing in moderate cases. ◦ Preanesthetic medication (to prevent aspiration pneumonitis). ◦ Post-ulcer healing maintenance therapy. ◦ Prevention of bleeding from stress-related gastritis. 	<ul style="list-style-type: none"> ◦ Nausea & vomiting. ◦ Headache, confusion (in elderly, hepatic/renal dysfunction) ◦ Bradycardia & hypotension in rapid I.V injections. - Only cimetidine: ◦ CYT-P450 inhibition (↓metabolism of Warfarin, phenytoin, Benzodiazepine) ◦ Galactorrhea (hyperprolactinemia) ◦ Antiandrogenic actions (gynecomastia, impotence) 	<ul style="list-style-type: none"> Dose reduction in severe renal or hepatic failure and elderly.
Ranitidine				
Famotidine most potent				
Nizatidine greatest bioavailability				
Prostaglandin analogues (PGE1)				
Misoprostol	<ul style="list-style-type: none"> ◦ ↓ HCL secretion. ◦ Prostaglandin analogues (PGE1) ◦ ↑ protective measures (↑ mucus /bicarbonate & gastric mucosal blood flow). 	<ul style="list-style-type: none"> ◦ Drug of choice for NSAIDs induced peptic ulcer. ◦ Labour Induction. 	<ul style="list-style-type: none"> ◦ Abdominal cramps, diarrhea. ◦ Uterine contraction (dysmenorrhea or abortion). #in pregnancy. ◦ Vaginal bleeding. 	-
Antacids (Inorganic salt)				
NaHCO3	<ul style="list-style-type: none"> ◦ Direct chemical neutralization of HCL. ◦ ↓ pepsin activity. 	<ul style="list-style-type: none"> ◦ Relieve pain of peptic ulcer & dyspepsia. ◦ All antacids ↓absorption of some drugs as tetracycline, fluoroquinolones, iron. 	<ul style="list-style-type: none"> ◦ Systemic alkalosis. # CVS patients. 	
CaCO3			<ul style="list-style-type: none"> ◦ Hypercalcemia. ◦ Milk-alkali syndrome. ◦ ↓absorption of tetracycline. ◦ Renal failure. 	
Al(OH)3			<ul style="list-style-type: none"> ◦ Constipation. ◦ Hypophosphatemia. ◦ Seizures. 	
Mg(OH)2			<ul style="list-style-type: none"> ◦ Diarrhea. ◦ Cardiac arrest, hypotension. 	

L2: Antiemetic Drugs

Serotonin (5-HT₃) antagonists

Drug	MOA	P.K	Uses	ADRs
Ondansetron	<ul style="list-style-type: none"> Act by blocking 5-HT₃ receptor centrally (CTZ) & peripherally (GI). the most potent antiemetic drug. 	<ul style="list-style-type: none"> Orally or parenterally. Have a long duration of action, first pass effect. 	<ul style="list-style-type: none"> 1st choice of Prevention of moderate to severe emesis Chemotherapy induced nausea & vomiting (CINV) especially cisplatin. Their effects are augmented by combination with corticosteroids & NK1 antagonists. Post-radiation NV & Post-operative NV 	<ul style="list-style-type: none"> Well tolerated in general. Headache, dizziness & constipation. Minor ECG abnormalities (QT prolongation).
Granisetron				

D₂ receptor antagonists

Drug	MOA	P.K	Uses	ADRs
Domperidone (Prokinetic)	<ul style="list-style-type: none"> Block D₂ dopamine receptors in the CTZ. Prokinetic agents (5-HT₄ agonist activity) increase upper GI motility and gastric emptying. 	<ul style="list-style-type: none"> Given orally or IV Does not cross BBB 	<ul style="list-style-type: none"> D₂ blocker: vomiting, gastroenteritis, surgery, toxins, uremia, radiation 5-HT₄ agonist: gastroesophageal reflux disease (GERD), Gastroparesis. 	<p>Safer as it doesn't cross the BBB</p>
Metoclopramide (Prokinetic)		<ul style="list-style-type: none"> Given orally or IV Cross BBB 		<ul style="list-style-type: none"> - Dyskinesia (extrapyramidal side effects) - Postural hypotension, Sedation, drowsiness. - Galactorrhea, menstrual disorders, impotence
Chlorpromazine (Neuroleptic)	Block D ₂ dopamine receptors in the CTZ.	-	Postoperative vomiting & Chemotherapy-induced emesis.	<ul style="list-style-type: none"> Extrapyramidal symptoms. Sedation. Postural hypotension.
Droperidol (Neuroleptic)				

Neurokinin-1 (NK1) receptor antagonists

Drug	MOA	P.K	Uses	ADRs
Aprepitant	Acts centrally as substance P antagonist by blocking neurokinin 1 receptors in vagal afferent fibers.	Given orally	Combined with 5-HT ₃ antagonists and corticosteroids in prevention of chemotherapy-induced nausea and vomiting and post-operative NV. "Not effective alone, must be combined"	-

L2: Antiemetic Drugs

H1- receptor antagonists

Drug	MOA	Uses	ADRs
Diphenhydramine	H1- receptor antagonists.	<p>Morning sickness in pregnancy if only essential</p> <p><u>Promethazine</u>: severe morning sickness of pregnancy</p> <p>Motion Sickness</p>	<ul style="list-style-type: none"> • Prominent sedation. • Hypotension. • Anticholinergic effects (atropine like actions).

Muscarinic receptor antagonists

Drug	MOA	P.K	Uses	ADRs
Hyoscine (Scopolamine)	Reduces impulses from vestibular apparatus by blocking muscarinic receptors.	Orally, injection, patches	<ul style="list-style-type: none"> • Motion sickness. • Not in chemotherapy-induced vomiting 	<ul style="list-style-type: none"> • Sedation. • Atropine-like actions

Glucocorticoids

Drug	MOA	Uses	ADRs
Dexamethasone	Potentiate the effect of antiemetic drugs	<ul style="list-style-type: none"> • Chemotherapy induced vomiting. • combined with 5-HT3 antagonists or NK1 receptor antagonist 	<ul style="list-style-type: none"> • Hypertension • Hyperglycemia. • High intraocular pressure. • Increased appetite & obesity. • Cataract. • Osteoporosis. • Superinfections
Methylprednisolone			

L3: Drugs used in IBD

1st : 5-Aminosalicylic acid AKA(Aminosalicylates 5-ASA)

M.O.A	Have TOPICAL anti-inflammatory action due to: 1- inhibition of PGs and leukotrienes 2- Decrease neutrophil chemotaxis 3- Antioxidant activity (scavenging free radical production)
Uses	1. Induction and maintenance of remission in mild to moderate IBD (First line of treatment) 2. Rheumatoid arthritis (Sulfasalazine only) 3. Rectal formulations are used in distal ulcerative colitis, ulcerative proctitis and proctosigmoiditis
P.K	<ul style="list-style-type: none"> 5-ASA itself is absorbed from the proximal small intestine All aminosalicylates are used for induction and maintenance of remission

A) Azo compound

Drug	Overview	P.K	ADRs
Sulfasalazine	- Azo structure reduces absorption of 5-ASA in small intestine. - In the terminal ileum and colon, azo bond is cleaved by azoreductase enzyme produced by bacterial flora releasing 5-ASA in the terminal ileum and colon .	In the terminal ileum and colon, sulfasalazine is broken by azoreductase Into: 1. 5-ASA (not absorbed, active moiety, acting locally) 2. Sulphapyridine (absorbed, causes most of side effects)	Only Sulfasalazine (Azulfidine): 1. Crystalluria 2. Folic acid deficiency 3. Megaloblastic anemia 4. Bone marrow depression 5. Impairment of male fertility (oligospermia). 6. Interstitial Nephritis due to 5-ASA
Olsalazine		-	
Balsalazide		-	

B) Mesalamines

Drug	Overview	Oral formulations	Rectal formulations
Asacol	<ul style="list-style-type: none"> Well tolerated Sulfa free Less ADRs than sulfasalazine Useful in patient sensitive to sulfa drugs 	Releases 5-ASA in the distal small bowel secondary to pH changes. 1. Asacol: 5-ASA coated in pH-sensitive resin that dissolve at pH 7. (delayed release tablet) 2. Pentasa: micro granules that release 5-ASA throughout the stomach, colon. (sustain released)	-Release 5-ASA in the distal colon. 1.Canasa: (suppositories), 2. Rowasa: (enema)
Pentasa			
Canasa			
Rowasa			

2nd: Glucocorticoids

M.O.A	<ul style="list-style-type: none"> Inhibits phospholipase A2 Inhibits gene transcription of NO synthase, cyclooxygenase-2 (COX-2) Inhibit production of inflammatory cytokine 		
Uses	<ul style="list-style-type: none"> Indicated for acute flares of disease (active moderate to severe IBD). Not useful in maintaining remission (not effective as prophylactic therapy). Asthma Rheumatoid arthritis Immunosuppressive drug for organ transplants Antiemetic during cancer chemotherapy 		
Drug	Route	P.k	Uses
Prednisone Prednisolone	Oral preparation		Oral glucocorticoids is commonly used in active condition
Budesonide	Oral perpetration	-Low oral bioavailability (10%) -Extensive first pass metabolism -Low bioavailability	Used in treatment of active mild to moderate Crohn's disease involving ileum and proximal colon.

L3: Drugs used in IBD

2nd: Glucocorticoids cont.

Drug	Route	P.k	Uses
Hydrocortisone	Rectal	-As enema or suppository, give topical effect. -Less absorption rate than oral. -Minimal side effects & maximum tissue effects	Rectal glucocorticoids are preferred in IBD involving rectum or sigmoid colon
Hydrocortisone Methylprednisolone	Parenteral	-Higher rate of absorption -More adverse effects compared to rectal administration	

3rd : Immunomodulators

Drug	M.O.A	ADRs	Uses
Methotrexate Orally,S.C.,I.M	- Folic acid antagonist -Inhibits dihydrofolate reductase required for folic acid activation (tetrahydrofolate) -Impairs DNA synthesis	- Bone marrow depression -Megaloblastic anemia - Teratogenic	- Induce and maintain remission in IBD in active moderate to severe conditions or steroid dependent or steroid resistant patients (refractory) -IBD , Rheumatoid arthritis & Cancer
Purine analogs: Azathioprine, 6-mercaptopurine	- Azathioprine is pro-drug of 6-mercaptopurine. - Inhibit purine synthesis and inhibits synthesis of DNA, RNA, and proteins. - It may decrease proliferation of immune cells, which lowers autoimmune activity.	- Bone marrow depression: leucopenia, thrombocytopenia - Hepatic dysfunction -Gastrointestinal toxicity - CBC & LFTs are required in all patients	Induce and maintain remission in IBD in active moderate to severe conditions or steroid dependent or steroid resistant patients(refractory)

4th : Monoclonal antibodies used in IBD (TNF-α inhibitors)

Drug	M.O.A	Overview	ADRs	Uses
Adalimumab (Humira)		- Fully humanized IgG antibody to TNF-α (TNF-α inhibitor) -It binds to TNF-α, preventing it from activating TNF receptors - Has an advantage in that it is given by subcutaneous injection.	-	- Moderate to severe - Crohn's disease - Rheumatoid arthritis - Psoriasis
Certolizumab pegol (Cimzia)	- Act by binding to TNF- α thus preventing its binding to cell surface receptors.	- Fab fragment of a humanized antibody directed against TNF-α -Attached to polyethylene glycol to increase its half-life in circulation	-	- Crohn's disease - Rheumatoid arthritis
Infliximab	- Increase apoptosis of T-lymphocytes and monocytes.	- A chimeric mouse-human monoclonal antibody, (25% murine -75% human - Inhibits soluble or membrane bound TNF-α located on activated T lymphocytes - Given intravenously as infusion	1. Allergies : - Acute or early infusion reactions(Allergic reactions or anaphylaxis in 10% of patients) - Delayed type hypersensitivity reaction (serum sickness- like reaction, in 5% of patients). - Pre-treatment with diphenhydramine, acetaminophen, corticosteroids is recommended 2. Loss of response to infliximab over time due to the development of antibodies to infliximab. 3. Infection complication (Latent TB, sepsis, hepatitis B) 4. Severe hepatic failure. 5. Low risk of lymphoma	-In moderate to severe active Crohn's disease and ulcerative colitis -Patients not responding to immunomodulators or glucocorticoids - Rheumatoid arthritis -Psoriasis

L4: Antiplatelets

Drug	MOA	Uses	ADRs
Arachidonic acid pathway			
Aspirin (Acetylsalicylic Acid)	<ul style="list-style-type: none"> ● Irreversible inhibition of cyclooxygenase enzyme (COX-1) via acetylation ● A small dose inhibits the synthesis of thromboxane (TXA2) in platelets but not prostacyclin (PGI2) synthesis in the endothelium (larger dose). 	<ul style="list-style-type: none"> ● Prophylaxis of thromboembolism e.g. prevention of transient ischemic attack, ischemic stroke, and myocardial infarction ● Prevention of ischemic events in patients with unstable angina pectoris. ● Combined with other antiplatelet drugs: (clopidogrel) or anticoagulants (heparin). 	<ul style="list-style-type: none"> ★★ Risk of peptic ulcer (#) ● Epigastric pain & hyperacidity ● ↑ incidence of GIT bleeding (aspirin prolongs bleeding time).
Glycoprotein IIb/IIIa receptor inhibitors			
Abciximab	Inhibits platelet aggregation by preventing the binding of fibrinogen, von Willebrand factor, and other adhesive molecules to GP IIb/IIIa receptor sites on activated platelets.	With heparin and aspirin as adjunct to PCI for the prevention of cardiac ischemic complications.	
Tirofiban	● Act by occupying the site on GP IIb/ IIIa receptor that is required to bind the platelet to fibrinogen (act as fibrinogen-mimetic agents).	Given I.V. for the reduction of the incidence of thrombotic complications during coronary angioplasty (PCI)	
Eptifibatid			
Adenosine Diphosphate Pathway (ADP) Inhibitors			
Clopidogrel <small>*less side effects (neutropenia) than ticlopidine</small>	<ul style="list-style-type: none"> ● They specifically and irreversibly inhibit adenosine diphosphate (ADP) receptors of subtype P2Y12, which is required for platelet activation and thus prevents platelet aggregation 	<ul style="list-style-type: none"> ○ a history of recent (MI), stroke, or established peripheral arterial disease. ○ acute coronary syndrome ○ 2ry prevention of ischemic complications after myocardial infarction, ischemic stroke, and unstable angina. ○ replaced ticlopidine 	<ul style="list-style-type: none"> ○ GIT: nausea, dyspepsia, diarrhea. ○ Bleeding (prolongs bleeding time) ★★Severe neutropenia, CBC should be done monthly during treatment.
Ticlopidine	<ul style="list-style-type: none"> ● P2Y12 is purinergic receptor and is a chemoreceptor for adenosine diphosphate (ADP). 	<ul style="list-style-type: none"> ○ 2ry prevention of ischemic complications after myocardial infarction, ischemic stroke, and unstable angina. 	<ul style="list-style-type: none"> ○ Allergic reactions ○ Inhibit CYT P450 causing ↑ plasma levels of drugs such as phenytoin and carbamazepine.
Prasugrel <small>more rapid than clopidogrel</small>	Irreversible inhibitor of the P2Y12 receptor	↓ the rate of thrombotic cardiovascular events (including stent thrombosis) in patients with acute coronary syndrome who are to be managed by PCI.	<ul style="list-style-type: none"> ○ Both increase bleeding risk ○ Ticagrelor: dyspnea
Ticagrelor <small>more rapid than clopidogrel</small>	Reversible inhibitor of the P2Y12 receptor		
Phosphodiesterase PDE inhibitors			
Dipyridamole	<ul style="list-style-type: none"> ● Vasodilator ● Inhibits phosphodiesterase thus increasing cAMP and causing decreased synthesis of TXA2 and other platelet aggregating factors. 	<ul style="list-style-type: none"> ○ Secondary prevention of stroke and transient ischemic attack with aspirin. ○ Adjunctive therapy: prophylaxis of thromboembolism in cardiac valve replacement with warfarin. 	<ul style="list-style-type: none"> ● Headache ● Postural hypotension

L5: Cytochrome System and Drug Metabolism

(responsible for oxidation reactions)

Class	Substrates	Inhibitors	Inducers
1A2	<ul style="list-style-type: none"> ● Imipramine ● Clozapine ● Propranolol ● Theophylline ● Caffeine 	<ul style="list-style-type: none"> ● Fluoroquinolone ● Fluvoxamine ● Cimetidine 	<ul style="list-style-type: none"> ● Smoking tobacco
2C9	<ul style="list-style-type: none"> ● Most NSAIDs (including COX-2) ● S-warfarin ● Phenytoin ● Tolbutamide 	<ul style="list-style-type: none"> ● Fluconazole ● Sulphaphenazole 	<ul style="list-style-type: none"> ● Rifampicin ● Barbiturates
Genetic Variations 2C9	<ul style="list-style-type: none"> ● Warfarin, phenytoin, & tolbutamide are examples of drugs with narrow therapeutic index. ● Clearance of these drugs is impaired in genetic variation. 		
2D6	<ul style="list-style-type: none"> ● Codeine ● Many B-blockers ● Many TCAs ● Debrisoquine ● Sparteine 	<ul style="list-style-type: none"> ● Fluoxetine, Paroxetine ● Haloperidol ● Quinidine 	<ul style="list-style-type: none"> ● Rifampicin
Genetic Variations	<p>Most frequent polymorphisms in all CYT P450, those who exhibit the polymorphism become poor metabolizers:</p> <ol style="list-style-type: none"> 1. Metabolism of some drugs neuroleptics, tricyclic antidepressants, antianginals agent (perhexiline), antiarrhythmics (propafenone & metoprolol) are suppressed, so side effects & toxicity develop. i.e.: <ol style="list-style-type: none"> a. Neuropathy after therapeutic doses of perhexiline. b. Bradycardias & arrhythmias on therapeutic dose of propafenone or metoprolol. 2. The pro-drugs cannot be converted to their therapeutically active metabolite e.g. poor analgesia with codeine & tramadol because they are not transformed into active forms. 		
3A4 Responsible for metabolizing a large number of drugs	<ul style="list-style-type: none"> ● Immunosuppressants (Cyclosporine) ● Macrolides (Erythromycin, Clarithromycin) ● Anti Fungal (★ Fluconazole, Ketoconazole, Itraconazole) 		<ul style="list-style-type: none"> ● Rifampicin/Rifampin ● Rifabutin ● Barbiturates ● Carbamazepine ● Dexamethasone ● Phenytoin ● Progestins
	<ul style="list-style-type: none"> ● CCB (Amlodipine, Verapamil, Nifedipine) ● Benzodiazepines (Midazolam, Clonazepam) ● Statins (★ Atorvastatin) ● non-sedating H1-blockers (Astemizole) ● Chemotherapy (Cyclophosphamide, Tamoxifen) ● HIV protease inhibitors ● Cisapride 	<ul style="list-style-type: none"> ● Antibiotics (Troleandomycin, Chloramphenicol) ● H2 Blocker (Cimetidine) ● Protease Inhibitors (Ritonavir) ● Nefazodone ● Grapefruits ● Gestodene 	
1A2	<ul style="list-style-type: none"> ● Imipramine ● Clozapine ● Propranolol ● Theophylline ● Caffeine ● Tacrine 	<ul style="list-style-type: none"> ● Fluoroquinolone antibiotics ● Fluvoxamine ● Furfurylline ● Cimetidine 	<ul style="list-style-type: none"> ● Smoking tobacco
2C19	<ul style="list-style-type: none"> ● Omeprazole ● Diazepam ● Phenytoin ● Mephenytoin 	<ul style="list-style-type: none"> ● Omeprazole ● Isoniazid ● Ketoconazole ● Fluconazole 	<ul style="list-style-type: none"> ● Rifampicin ● Barbiturates
Genetic Variations	<ul style="list-style-type: none"> ● Polymorphism shows increased & prolonged action of its substrates as omeprazole. ● This has been an advantage as in those variants there is ↑ cure rates in peptic ulcer patient with <i>Helicobacter pylori</i> (beneficial effect). 		

L6: Hepatotoxic Drugs

Type A (Intrinsic)		Type B (Idiosyncratic)	
Increased Dose <ul style="list-style-type: none"> Acetaminophen Salicylates Statins 	Cumulative Dose <ul style="list-style-type: none"> Amiodarone Oral contraceptive 	Immunoallergic <p>Inflammatory cholestasis</p> <ul style="list-style-type: none"> Chlorpromazine Chlorpropamide Erythromycin 	Metabolic <p>Interfere with bilirubin</p> <ul style="list-style-type: none"> Erythromycin Rifampicin
Both		Viral hepatitis-like pattern <ul style="list-style-type: none"> Isoniazid Phenytoin Methyldopa 	Interfere with protein synthesis <ul style="list-style-type: none"> Corticosteroid Tetracycline
<ul style="list-style-type: none"> Methotrexate Alcohol 			

Clinical Presentation of Drug-Induced Hepatotoxicity

1- Latency period

Latency period	Type of Hepatotoxicity	Example
Short (hrs to days)	Direct Dose-Dependent	Acetaminophen (toxic doses)
Intermediate (1-8 w) may continue to evoke even after drug withdrawal	Direct Type A (cumulative)	Amiodarone
	Indirect (Immunoallergic)Idiosyncratic	Phenytoin, Isoniazid
Long (1-12 m)	indirect (metabolic) Idiosyncratic	Tetracycline, Oral contraceptive

2- Clinical Patterns

- Asymptomatic: Phenytoin, Statins, Sulfonamides, Sulfonylureas.
- Symptomatic:

Injury	Hepatocellular	Cholestatic	Mixed
Symptoms	Flu-like, malaise, weakness, muscle aches, loss of appetite, diarrhea, jaundice, urine discoloration, GI symptoms	Yellowish discoloration of skin, dark urine, rash, pruritus, stool may be light.	Symptoms of both
↑ Enzymes	ALT only	ALP only	Both ALT & ALP
Examples	<ul style="list-style-type: none"> NSAIDs Isoniazid Amiodarone Acetaminophen 	CORE <ul style="list-style-type: none"> Chlorpropamide Erythromycin Rifamycin Oral contraceptives 	CAPS <ul style="list-style-type: none"> Carbamazepine Phenytoin ACE inhibitor Sulfonamides

Lines of treatment

- No specific treatment
- Immediate withdrawal of any suspected drug.
- Emergency liver transplant: for fulminant hepatic failure.

Symptomatic	- Severe allergy → Corticosteroids, -Pruritus → Cholestyramine, -Cholestatic liver injury → Ursodiol
Supportive	High-carb, moderate protein diet adequate in calories
Specific Antidotes	<ul style="list-style-type: none"> N-acetylcysteine for Acetaminophen toxicity L-Carnitine for Valproate toxicity

L7: Anticoagulants

Direct thrombin inhibitors: **hirudin/ Lepirudin**

MOA	exert their anticoagulant effect by direct binding to thrombin .
Effect	<ul style="list-style-type: none"> ◦ The first DTI to be developed was hirudin, which was isolated from the saliva of the leech ◦ Lepirudin is a polypeptide that binds directly to the active site of thrombin ◦ Recombinant hirudin "Lepirudin" IV anticoagulant in patients with HIT
Advantage	<ul style="list-style-type: none"> ◦ rapid and potent. ◦ not associated with thrombocytopenia development.

Indirect thrombin inhibitors

drug	Heparin (UFH)	Heparin fragments (Enoxaparin - Dalteparin)	Synthetic pentasaccharide (Fondaparinux)
	MOA	<ul style="list-style-type: none"> ★ Heparin binds to antithrombin III and thrombin → conformational changes (ternary complex) → ↑ rate of action 1000x. (no heparin → slow inactivation). ★ ↑ Activity of endogenous anticoagulant [Antithrombin III] → inhibits activated clotting factors mainly thrombin and Xa. ★ Drug of choice anticoagulant during pregnancy 	<ul style="list-style-type: none"> ◦ chemical or enzymatic degradation of UFH → fragments. ◦ Equal efficacy without frequent laboratory monitoring ◦ Have a more predictable anticoagulant response ◦ Binding to platelets/osteoblasts is low with LMWH ◦ ↑ Action of antithrombin III on factor Xa but not its action on thrombin
ADRs	<ul style="list-style-type: none"> ◦ Bleeding (major ADR). ◦ ★ HIT (serious ADR) ◦ Allergic reactions (chills - fever - urticaria) → of animal origin, caution in allergic patients. ◦ Long-term therapy associated with osteoporosis ◦ IM → Hematomas (IV / SC is the choice of administration) 	Less (bleeding, HIT, osteoporosis)	
Therapy setting	Hospital	Hospital & OPC	
Monitoring	Needed aPPT	Not needed	
Reversal of Action	<ul style="list-style-type: none"> • Discontinuation of drug. ★ strongly acidic → neutralized by i.v. protamine sulfate 	-	
#	<ul style="list-style-type: none"> ◦ Bleeding disorders: hemophilia. ◦ Hypersensitivity to drug. ◦ Recent surgery ◦ Threatened abortion. 	-	

Warfarin

MOA	<ul style="list-style-type: none"> ★ Inhibits biologically active forms of vitamin K-dependent clotting factors [II - VII - IX - X], and anticoagulant proteins C and S synthesis. ★ No effect on already-synthesized coagulation factors → effects are not seen until these factors are depleted.
Monitoring	◦ Monitoring anticoagulant effect by measuring PT [International Normalized Ratio (INR)] .
ADRs	<ul style="list-style-type: none"> ◦ The most common adverse effect of oral anticoagulants is bleeding ◦ Treatment of bleeding may include a decrease in dosage and the administration of phytonadione (vitamin K1) ◦ Oral anticoagulant: teratogenicity
Reversal of Action	<ul style="list-style-type: none"> ◦ Stop the drug, Fresh frozen blood. ★ IV Vitamin K, administration of phytonadione (vitamin K1)
#	★ Pregnancy [Cross placental barrier → abortion - hemorrhagic disorder in fetus - birth defects], (category D)

L7: Anticoagulants

Heparin Vs. Warfarin

Drug	Heparins	Coumarin (Warfarin)
Chemical Nature	<ul style="list-style-type: none"> Large polysaccharide Water soluble 	<ul style="list-style-type: none"> Small molecule Lipid soluble derivative of Vit. K
★ M.O.A.	<ul style="list-style-type: none"> ↑ activity of Antithrombin III → inactivation of coagulation factors IIa - IXa - Xa - XIa - XIIa. Action in vivo and vitro Rapid / variable 	<ul style="list-style-type: none"> ↓ hepatic synthesis of Vitamin K- dependent factors II, VII, IX, X - coumarins prevent their γ-carboxylation. Has no effect on factors already present. Action in vivo only. Slow / latency / variable.
P.K.	<ul style="list-style-type: none"> Administration: parenterally (IV/SC). Half-life: 2 h Elimination: hepatic & reticuloendothelial. No placental access. 	<ul style="list-style-type: none"> Administration: orally. 98% protein bound. PO Metabolism: liver. Half-life: 30+ h Placental access.
Monitoring	<ul style="list-style-type: none"> Partial thromboplastin time (PTT) 1.5-2.5 times normal (30 sec) Clotting time 2-3 times normal (5-7 min) 	<ul style="list-style-type: none"> Prothrombin time (PT) Expressed as International Normalized Ratio (INR)
Antagonist (Anti-dote)	<ul style="list-style-type: none"> ★ Protamine sulfate I.V (1mg/100 units UFH) (chemical antagonism, fast onset) + Fresh blood 	<ul style="list-style-type: none"> ★ ↑ Vit K cofactor synthesis (slow onset) ★ Fresh frozen plasma (fast onset) Fresh blood + needs de novo synthesis <ul style="list-style-type: none"> - Has clotting factors → manage bleeding fast.
Uses	<ul style="list-style-type: none"> Rapid anticoagulation (intensive, emergency) for: <ul style="list-style-type: none"> - Thromboses - Emboli - Unstable angina - Disseminated intravascular coagulation (DIC) - Open heart surgery 	<ul style="list-style-type: none"> Long term anticoagulation (controlled, prophylaxis) for: <ul style="list-style-type: none"> - Thromboses - Emboli - Post MI - Heart valve damage - Atrial arrhythmias
★ Toxicity	<ul style="list-style-type: none"> Bleeding Osteoporosis ★ Thrombocytopenia (HIT) Hypersensitivity 	<ul style="list-style-type: none"> ★ Bleeding Skin necrosis (if low protein C) Drug interactions ★ Teratogenic (Bone dysmorphogenesis)

L8: Antimalarial drugs

Drug	M.O.A	Uses	ADRs
Artemisinin	<ul style="list-style-type: none"> • Blood schizonticides against all malaria parasites. • No effect on hepatic stages. • they have endoperoxide bridges cleaved by heme to carbon-centered free radicals that will: <ul style="list-style-type: none"> - Alkylate membranes of food vacuole & mitochondria → no energy. - Irreversibly bind to SER Ca²⁺-ATPase → no growth - Inhibit formation of transport vesicles → no food vacuoles 	<p>Due to its short DOA:</p> <ul style="list-style-type: none"> • Monotherapy should be extended beyond disappearance of parasite • or Combining the drug with long- acting antimalarial drugs (e.g. mefloquine). <p>For severe complicated cases as cerebral malaria:</p> <ul style="list-style-type: none"> - IV or IM Artesunate (24h) + complete course of ACT 	<p>Transient heart block</p> <ul style="list-style-type: none"> • ↓ neutrophil count (rare) • Brief episodes of fever • Resistance • High rate of Recrudescence
Chloroquine		<ul style="list-style-type: none"> • Hepatic amebiasis. • Rheumatoid arthritis. • Safe in pregnancy. 	<ul style="list-style-type: none"> • Mild headache and visual disturbances • GIT upsets; Nausea and vomiting • Pruritus and urticaria <p>Prolonged therapy and high doses:</p> <ul style="list-style-type: none"> • Ocular toxicity • Ototoxicity • Weight loss • Bolus injection → hypotension and dysrhythmias
Quinine	<ul style="list-style-type: none"> • Chloroquine & Quinine inhibit heme polymerase enzyme → inhibiting detoxification of heme (toxic to the parasite) • Eradicate blood schizonts of Plasmodium Not active against tissue schizonts 	<ul style="list-style-type: none"> • Parenteral treatment of severe falciparum malaria. • Oral treatment of falciparum malaria. • Nocturnal leg cramps. • Safe in pregnancy. 	<ul style="list-style-type: none"> • With Higher doses: <ul style="list-style-type: none"> • Cinchonism → (tinnitus, deafness, headaches, nausea & visual disturbances) • Blood dyscrasias; anaemia, thrombocytopenic purpura • Blackwater fever • (IV □) neurotoxicity: tremor of the lips and limbs, delirium, depression of respiration and coma <p>C.I.:</p> <p>Prolonged QT Interval</p> <ul style="list-style-type: none"> • G6PD deficiency. • Myasthenia Gravis. • Hypersensitivity. • Optic Neuritis and auditory problems. • Dose reduction in renal insufficiency. <p>DDI:</p> <ul style="list-style-type: none"> • Antacids: containing aluminum/magnesium → delay absorption • Mefloquine • Quinine can raise plasma levels of warfarin & digoxin
Primaquine	<ul style="list-style-type: none"> • Hypnozoitocides, against liver hypnozoites. • Gametocytocidal, against the 4 human malaria species • Radical cure of P.ovale and P. vivax • MOA: Generating ROS 	<ul style="list-style-type: none"> • Radical cure of relapsing malaria, 15 mg/day for 14d <p>Doses</p> <ol style="list-style-type: none"> 1. Normal → 15 mg/day * 14 days. 2. Mild G6PD deficiency → 45 mg/week * 8 weeks 3. Severe G6PD deficiency → 30 mg/week * 30 weeks. 	<ul style="list-style-type: none"> • At regular doses: <ul style="list-style-type: none"> - Patients with G6PD deficiency → hemolytic anemia - ROS: Oxidative damage of RBCs → Hemolysis • At larger doses: <ul style="list-style-type: none"> - Epigastric distress, abdominal cramps, anemia, cyanosis & methemoglobinemia <p>Contraindicated in:</p> <ul style="list-style-type: none"> • Pregnancy • G6PD deficiency

L8: Antimalarial drugs

Therapeutic classification

Class	Drug	M.O.A / Uses
1-Causal prophylaxis	<ul style="list-style-type: none"> Primaquine 	Destroys parasite in liver cells and prevent invasion of erythrocytes
2- Suppressive prophylaxis	<ul style="list-style-type: none"> Chloroquine Mefloquine Doxycycline 	Suppresses the erythrocytic phase and thus attack of malaria fever
3- Clinical cure (Erythrocytic schizonticide)	<p>Fast acting high efficacy:</p> <ul style="list-style-type: none"> Chloroquine Mefloquine Artemisinin Quinine <p>Slow acting low efficacy:</p> <ul style="list-style-type: none"> Pyrimethamine Proguanil Sulfonamides 	Used to terminate an episode of malarial fever
4- Radical cure	<ul style="list-style-type: none"> Suppressive drug Hypnozoitocidal 	Eradicate all forms of vivax from the body
5- Gametocidal	<p>Against vivax:</p> <ul style="list-style-type: none"> Chloroquine Quinine <p>Against all species:</p> <ul style="list-style-type: none"> Primaquine 	Destroys gametocytes and prevent transmission
6- Sporozoitocides	<ul style="list-style-type: none"> Proguanil Pyrimethamine 	Destroys sporozoites

WHO treatment guidelines

In Plasmodium. falciparum	<p>Uncomplicated:</p> <ul style="list-style-type: none"> ACT 	<p>Complicated:</p> <ul style="list-style-type: none"> IV Artesunate for 24 hrs followed by ACT Artemether+ Clindamycin /doxycycline Quinine + Clindamycin /doxycycline
In Plasmodium. viva	<p>If sensitive</p> <ul style="list-style-type: none"> Chloroquine for 3 days followed by Primaquine For 14 days 	<p>If Resistant:</p> <ul style="list-style-type: none"> ACT / 3 days followed by Primaquine for 14 days.
Special Risk group in falciparum	<ul style="list-style-type: none"> Pregnancy (2nd and 3rd trimester) Lactating women Infants and young children : ACT 	<p>Pregnancy (1st trimester):</p> <ul style="list-style-type: none"> Quinine +Clindamycin (7 days)

Prophylaxis in travelers

Chloroquine Areas without resistant P.falciparum	Mefloquine Areas with chloroquine- resistant P.falciparum	Doxycycline Areas with multidrug-resistant P.falciparum
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Begin 1-2 weeks before departure (except for doxycycline 2 days) and continue for 4 weeks after leaving the endemic area.

L9: Drugs Used in Treatment of Constipation & IBS

Drug	M.O.A	Uses	ADRs
1. Bulk Forming Laxatives			
Dietary fibers -Indigestible parts of vegetables & fruits -Bran powder	Dietary fibers and hydrophilic colloids are non absorbable substances → increase the bulk of intestinal contents by water retention → Distend the colon→↑ Mechanical pressure on the walls of intestine→ Stimulation of stretch receptors→ ↑ Peristalsis → Evacuation of soft stool.	Delayed onset of action (therefore avoided in acute constipation) (1-3 days) “Not in acute constipation, only chronic”	<ul style="list-style-type: none"> ● Intestinal obstruction (should be taken with enough water). <ul style="list-style-type: none"> ● Bloating, flatulence, distention. ● Interfere with other drug absorption e.g. iron, cardiac glycosides.
Hydrophilic colloids - Psyllium seed (soluble fiber) -Methyl cellulose -Carboxymethyl cellulose (CMC)			
2-Osmotic Laxatives			
	Lactose	Prevention of chronic constipation (ex: liver cirrhosis)	<ul style="list-style-type: none"> ● Delayed onset action (2-3 Days) ● Abdominal cramps & flatulence. ● Electrolyte disturbance.
Salts(saline laxatives)	Magnesium sulphate (Epson’s salt) Magnesium hydroxide (milk of magnesia)	Treatment of acute constipation	<ul style="list-style-type: none"> ● Disturbance of fluid and electrolyte balance. ● May have systemic effects. #: Magnesium salts: <ol style="list-style-type: none"> 1- Renal failure 2- Heart block 3- CNS depression 4- Neuromuscular block #:Sodium salts: CHF
	Sodium & Potassium phosphate		
	Balanced Polyethylene Glycol	◦ whole bowel irrigation before colonoscopy or surgery (4L over 2-4h) ◦ colonic lavage solution	Advantages: <ul style="list-style-type: none"> ● Safe for all patients & Limited fluid or electrolyte imbalance ● Less flatulence and cramps
3-Stimulant Laxatives			
Anthraquinone derivatives	- Senna - Cascara - Aloe Vera (Active by-product: Emodin)	<ul style="list-style-type: none"> ● Act via direct stimulation of enteric nervous system→ increased peristalsis & purgation and increased fluid and electrolyte secretion. ● The most powerful group among laxatives and should be used with care. 	<ul style="list-style-type: none"> ● Abdominal cramps may occur. ● Prolonged use → dependence & destruction of the myenteric plexus leading to atonic colon. ● Dark pigmentation of colon #: Senna: breastfeeding Castor Oil: pregnancy→ reflex contraction of the uterus → abortion.
	Bisacodyl		
	Castor Oil (Active by-product: Ricinoleic acid)		after oral ingestion of a toxin

L9: Drugs Used in Treatment of Constipation & IBS

Drug	MOA	Uses	ADRs
4. Stool Softeners (Lubricants)/Surfactants			
Docusate	Act by either decreasing surface tension (allowing water to interact with stool) or by softening feces thus promoting defecation.	Treat constipation in patients with hard stool or specific conditions and for people who should avoid straining. "patients that can't push hard after surgeries" Paraffin Oil is good for radiology preparation	-
Glycerin			-
Paraffin oil			Impairs absorption of fat soluble feces thus promoting vitamins
5. Other Anti-Constipation Drugs			
Prucalopride	A selective, high affinity serotonin (5-HT4) receptor agonist with enterokinetic activities	-	-
Lubiprostone	Stimulates type 2 chloride in the small intestine	chronic constipation & IBS-C	
Linaclotide	Stimulates chloride secretion		
Methylnaltrexone	μ- receptor antagonist	opioid induced constipation in advanced illness	
Symptomatic Treatment of IBS			
Alosetron	<ul style="list-style-type: none"> • Selective 5-HT3 antagonist • 5-HT3 receptors antagonism of the enteric nervous system of the GIT results into: inhibition of colon motility, inhibition of unpleasant visceral afferent pain sensation (nausea, pain, bloating). 	Used in IBS with severe diarrhea in women who not had success with any other treatment. (IBS-D)	Constipation and ischemic colitis may occur.
Tegaserod	<ul style="list-style-type: none"> • 5-HT4 agonist • Stimulation of 5-HT4 of enteric nervous system of GIT → increases peristalsis 	<ul style="list-style-type: none"> • Short term treatment of IBS-associated constipation in women older than 55 with no history of heart problems, • may still be used in limited emergency situations. (IBS-C) 	CVS side effects

L10: Treatment of dysentery and amoebiasis

amoebiasis

Amoebiasis	treatment
Asymptomatic dysentery "cyst carriers"	1. Luminal amebicides: Diloxanide or iodoquinol or Paromomycin
Amebic colitis Dysentery ameboma Extra-intestinal disease	1. Metronidazole or tinidazole Extra-intestinal disease 2. Luminal amebicides
Hepatic abscess	1. Metronidazole or tinidazole or chloroquine or dehydroemetine

Drug	MOA	Uses	ADRs	#
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Tissue/systemic amoebiasis

Metronidazole	<ul style="list-style-type: none"> ◦ Inhibit trophozoites DNA replication. ◦ Doesn't eradicate cysts from intestine. 	<ul style="list-style-type: none"> ◦ Drug of choice in all invasive amebic infections (ex: liver abscess)(followed by luminal amebicides). ◦ Giardiasis ◦ Trichomoniasis ◦ Anaerobic bacterial infections: <ul style="list-style-type: none"> - Pseudomembranous colitis (C. difficile). - Peptic ulcer (H. pylori) 	<ul style="list-style-type: none"> ◦ GIT: dry mouth - metallic taste - NVD - oral thrush (Moniliasis: yeast infection) ◦ CNS: paresthesia - insomnia -dizziness - neurotoxicological effect - convulsion - encephalopathy - peripheral neuropathy ◦ Dysuria / dark urine ◦ Neutropenia 	<p>A. DDI:</p> <ul style="list-style-type: none"> -Enzyme Inhibitors (cimetidine ketoconazole): ↑DoA. -Enzyme Inducers (phenytoin phenobarbital): ↓DoA. - Alcohol: blocks aldehyde dehydrogenase →disulfiram like effect: flushing, tachycardia ,NV - Inhibits CYP-450 (2C9 & 3A4) → ↑ warfarin & lithium toxicity <p>B. #:</p> <ul style="list-style-type: none"> ◦ Pregnancy / breastfeeding ◦ Alcohol intake ◦ CNS diseases ◦ Renal/hepatic diseases
Tinidazole	Similar to metronidazole. Simpler dosing regimen.	-	Better potency & toxicity profile than metronidazole	-
Emetine	<ul style="list-style-type: none"> ◦ Irreversible block of protein synthesis 	<ul style="list-style-type: none"> ◦ Tissue trophozoites of E. histolytica ◦ Intestinal wall infections 	<ul style="list-style-type: none"> ◦ GIT: NVD ◦ CVS: hypotension - cardiac arrhythmias - heart failure. ◦ Toxicity: dehydroemetine (preferred) < emetine ◦ Cardiotoxicity 	<p>A. Precaution:</p> <p>Not used for more than 10 days (3-5 days).</p> <p>B. #:</p> <ul style="list-style-type: none"> ◦ Pregnancy ◦ Young children ◦ Renal/cardiac diseases
dehydroemetine	<ul style="list-style-type: none"> ◦ Toxicity concern → replaced by metronidazole. 	<ul style="list-style-type: none"> ◦ Amoebic liver abscess ◦ Severe amoebiasis (acute amoebic dysentery). 		
Chloroquine	◦Anti-malarial drug	◦ Amebic liver diseases with metronidazole / dehydroemetine	<ul style="list-style-type: none"> ◦ Pruritus ◦ GIT: NV - pain -anorexia ◦ Blurring of vision ◦ Hemolysis (in G6PD deficiency) 	-

L10: Treatment of dysentery and amoebiasis

amoebiasis

Drug	MOA	Uses	ADRs	#
Luminal Amebicides				
Diloxanide Furoate	<ul style="list-style-type: none"> ◦ Direct: amoebicidal action against luminal forms ◦ Not active against trophozoites in intestinal / extra-intestinal tissues 	<ul style="list-style-type: none"> ◦ Drug of choice in all asymptomatic intestinal infections (cysts carriers/ luminal amoebiasis). ◦ Eradicate <i>E. histolytica</i> cysts (after treatment of invasive disease invasive) 	<ul style="list-style-type: none"> ◦ GIT: <ul style="list-style-type: none"> - NV - Flatulence - abdominal cramps 	<p>#:</p> <ul style="list-style-type: none"> ◦ Pregnancy ◦ Children (<2 yo)
Paromomycin Sulphate	<ul style="list-style-type: none"> ◦ Direct amebicidal action: leakage by acting on parasite's cell membrane. ◦ Indirect: killing bacterial flora essential for proliferation. 	<ul style="list-style-type: none"> ◦ Chronic amoebiasis to eliminate cysts (in cysts passers). ◦ Eradicate <i>E. histolytica</i> cysts (after treatment of invasive disease). ◦ Effective only against luminal forms of amoeba 	<ul style="list-style-type: none"> ◦ GIT: <ul style="list-style-type: none"> - distress - diarrhea 	<p>- Precautions:</p> <ul style="list-style-type: none"> ◦ Severe renal disease: toxicity ◦ GIT ulcer pts.
Iodoquinol	Effective against luminal forms of amoeba	Asymptomatic amoebiasis.	<ul style="list-style-type: none"> ◦ GIT: NVD (persistent diarrhea → discontinue). - ◦ Peripheral neuropathy including optic neuritis (caution in optic neuropathy pts). ◦ Enlargement of thyroid gland (caution in thyroid disease pts). ◦ Iodine sensitivity (signs of iodine toxicity → discontinue): dermatitis - urticaria - pruritus - fever ◦ Interfere with Thyroid FTs: ↑ protein-bound serum iodine → ↓ measured ¹³¹I uptake. 	
Bacillary dysentery				
Fluoroquinolones (Ciprofloxacin)	Block bacterial DNA synthesis (DNA gyrase & topoisomerases) in Gram + & - bacteria	<ul style="list-style-type: none"> ◦ [First-Line Treatment] of shigellosis. ◦ Bacterial diarrhea: [shigella - salmonella - E. coli] ◦ Infections: UTI - RTI - Soft tissues, bones, & joint infections. 	<ul style="list-style-type: none"> ◦ Arthropathy ◦ GIT: NVD ◦ CVS: Prolonged QT interval ◦ CNS: headache - dizziness ◦ Phototoxicity ◦ Liver toxicity 	<ul style="list-style-type: none"> ◦ Pregnancy / nursing ◦ Children ◦ Epilepsy ◦ Arrhythmias ◦ Shouldn't be combined with antacids, divalent cations.
3rd Generation Cephalosporins (Cefixime - Ceftriaxone)	Interfere with synthesis of peptidoglycan (major structural component of bacterial cell wall).	<ul style="list-style-type: none"> ◦ [Second-Line Treatment] of shigellosis. ◦ Children and pregnant (then azithromycin). ◦ Patient allergic to sulfonamides (then azithromycin). 	-	

1. Maintain fluid intake (oral rehydration therapy/Intravenous fluid therapy).
2. **Asymptomatic** luminal amoebiasis → luminal amebicides (diloxanide/iodoquinol/paromomycin).
3. **Invasive/intestinal** amoebiasis → **metronidazole** (mainstay of therapy) followed by luminal
4. **Hepatic** amoebiasis → chloroquine - dehydroemetine (CVS toxicity → not preferable).
5. **Bacillary dysentery** → **ciprofloxacin (drug of choice), in Children & pregnancy** → **ceftriaxone/cefixime**.

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