# Tutorial 1 : Demography 

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## Exercise 1:

Consider the following two population pyramids for Saudi Arabia, in the years 2021 and 2000.
-We interpret the sides of the population pyramid by comparing male and femael ages and ages within the same sex. -the 2 main factors that caused an increase in life expectancy are:
1-sanitation (الصرف الصحي)
2-vaccination.

## Population pyramid A



Source: KSAWHS 2019

## Population pyramid B

1. Describe the shape of each of these two pyramids. What are the most striking features in each? (In terms of: 1-Apex 2-Base 3-Height 4-Side 5-Shape)

## Pyramid A:

1-Apex: wider (=longer life expectancy).
2-Base: narrower (= low fertility rate).
3-Height: higher(lower fertility and mortality )
4-Side:Fairly equally distributed
5-Shape: Stationary

Pyramid B:
1-Apex: narrower(=short life expectancy).
2-Base: Wider (=high fertility rate).
3-Height: lower(higher fertility and mortality )
4-Side:Concave
5-Shape: expansive
2. What are the main differences in population composition between pyramid $A$ and Pyramid B?
Fertility rate, and Mortality rate

## Exercise 2:

1-During which stage of demographic transition is population growth the highest? Explain why. 3rd Stage Late expanding (fertility rate > mortality rate).

2-In your own words, please describe the meaning of the term "population equilibrium". when the birth rate becomes equal to the death rates

3-Which of the following best describes what has been explained in the lecture about population growth?
1- Population growth mathematical projections are always accurate
2- Population growth will be exponential forever
3- Population growth is determined by many interacting factors
4- Population growth is not important for health policy making

## Exercise 3:

The following data shows the population distribution of Saudi Arabia in 2000 and 2015.

| Age groups (years) | Year 2000 | Year 2015 |
| :--- | :--- | :--- |
| $<\mathbf{1 5}$ | $\mathbf{8 0 0 0 0 0 0}$ | $\mathbf{7 0 0 0 0 0 0}$ |
| $15-<\mathbf{6 5}$ | $\mathbf{1 2 0 0 0 0 0 0}$ | $\mathbf{1 9 0 0 0 0 0 0}$ |
| $65+$ | $\mathbf{5 0 0 , 0 0 0}$ | $\mathbf{9 0 0 , 0 0 0}$ |

1. Calculate the dependency ratio in each of these two years.(if given in the test only "dependency ratio" in the test calculate total dependency ratio unless asked specifically to calculate a specific dependent age group like <65)

Dependency ratio $=\frac{\text { children under } 15+\text { persons over } 65}{\text { Pop age 15-64 }} \times 100$

Year 2000:

Year 2015:
(8000000+500000) 12000000
(7000000+900000) 19000000
-dependency ratio can be used to compare countries. -when u calculate dependency ratio of <15 it's called child dependency ratio. -when u calculate dependency ratio for >65 it's called senior dependency ratio.
2. During which year was it higher? Provide a plausible explanation.

## Exercise 4:

## Consider the following hypothetical data.

| Age groups | No. of females <br> (mid-year) | Live births | ------ |
| :--- | :--- | :--- | :--- |
| $15-19$ | 100 | 8 |  |
| $20-24$ | 250 | 80 |  |
| $25-29$ | 200 | 96 |  |
| $30-34$ | 300 | 84 |  |
| $35-39$ | 200 | 40 |  |
| $40-44$ | 150 | 24 |  |
| $45-49$ | 250 | 20 |  |
| Total | 1450 | 352 |  |

1. Calculate the general fertility rate from this table.

$$
\begin{aligned}
& \text { General fertility rate }= \frac{\text { Number of live births in a year in a specific locality }}{\text { Mid-year female population age 15-49(reproductive age) in that }} \begin{array}{l}
\text { same year and same locality }
\end{array} \\
& \quad \begin{array}{l}
\frac{352}{1450} \times 1000=242 \text { live births per one thousand women }
\end{array}
\end{aligned}
$$

2. Calculate the age-specific fertility rate for women from 20 to 34 years of age.

## Practice Questions(439)

## Q1: The population growth rates are highest during:

A. Ist stage of demographic transition.
B. IInd stage of demographic transition.
C. Illrd stage of demographic transition.
D. IVth stage of demographic transition.

## Q2: Calculating the population doubling time using the standard exponential growth formula assumes:

A. That the population will continue to grow at the current rate B .
B. The population growth rate will slowly decline due to probable decline in fertility over time
C. The population growth rate will increase due to decline in mortality and steady fertility rates.
D. None of the above.

Q3: An age dependency ratio of 120 mean that there are:
A. 120 children under 15 year for every 100 person over 65.
B. 120 young adults in the age group 15-64 for every 100 person over age 65.
C. 120 elderly persons over age 65 in the age group for every 100 persons in the age group 15 to 64 years.
D. 20 children under age 15 and elderly person over age 65 for every 100 persons in the age group 15-64 years in the population.

Q4: A population pyramid with a broad base and a narrowing top is characteristic of:

Q5: The denominator for general fertility rate relates to:

| A. All women. | B. The total population. | C. Women in the reproductive age group. | D. Women and men in the reproductive age group. |
| :---: | :---: | :---: | :---: |
| Q6: Use the following data to calculate the CBR (crude birth rate) per 1,000: |  |  | Island of Mauritius, 1985 <br> tal Births: 18,247 <br> tal female population: 491,310 <br> otal male population: 493,900 |
| A. 18.5 births per 1,000. | B. 37.1 births per 1,000. | C. 99.4 per 1,000. | D. 29.3 per 1,000. |

# Tutorial 2: Screening 

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## Components of Validity

TABLE 3-A
Screening test result by diagnosis

| Screening <br> test results | Diseased | Not diseased | Total |
| :--- | :---: | :---: | :---: |
| Positive | a (True-positive) | b (False-positive) | $\mathrm{a}+\mathrm{b}$ |
| Negative | c (False-negative) | d (True-negative) | $\mathrm{c}+\mathrm{d}$ |
| Total | $\mathrm{a}+\mathrm{c}$ | $\mathrm{b}+\mathrm{d}$ | $\mathrm{a}+\mathrm{b}+\mathrm{c}+\mathrm{d}$ |

## Sensitivity

(a) Sensitivity $=a /(a+c) \times 100$

- The ability of the test to identify correctly all those who have the disease, that is "true-positive".
- $90 \%$ sensitivity means that $90 \%$ of the diseased people screened by the test will give a "true-positive" result and the remaining 10\% a "false-negative" result.


## Specificity

(b) Specificity $=\mathrm{d} /(\mathrm{b}+\mathrm{d}) \times 100$

- The ability of a test to identify correctly those who do not have the disease, that is "true-negatives"
- $90 \%$ specificity means $90 \%$ of non-diseased persons will give "true-negative" result, $10 \%$ of non-diseased people screened by the test will be wrongly classified as "diseased" when they are not "false-positive".

Diagnosis of brain tumours by EEG

| EEG results | Brain tumour |  |
| :--- | :---: | ---: |
|  | Present | Absent |
| Positive | 36 | 54,000 |
| Negative | 4 | 306,000 |
|  | 40 | 360,000 |

Sensitivity $=36 / 40 \times 100=90$ per cent
Specificity $=306,000 / 360,000 \times 100=85$ per cent

Diagnosis of brain tumours by computer assisted axial tomography

| CAT results | Brain tumour |  |
| :--- | :---: | ---: |
|  | Present | Absent |
| Positive | 39 | 18,000 |
| Negative | 1 | 342,000 |
|  | 40 | 360,000 |

Sensitivity $=39 / 40 \times 100=97.5$ per cent Specificity $=342,000 / 360,000 \times 100=95$ per cent

## Components of Validity

## Predictive accuracy

- Reflects the diagnostic power of a test.
- Depends upon sensitivity, specify and disease prevalence
- The probability that a patient with a positive test result has, in fact, the disease in question.
- The more prevalent is a disease in a given population, the more accurate will be the predictive value of a positive screening test.
(c) Predictive value of a positive test $=a /(a+b) \times 100$
(d) Predictive value of a negative test $=d /(c+d) \times 100$
(e) Percentage of false-negatives $=c /(a+c) \times 100$
(f) Percentage of false-positive $=\mathrm{b} /(\mathrm{b}+\mathrm{d}) \times 100$

Predictive value of a positive gram-stained cervical smear test
(with constant sensitivity of $50 \%$ and specificity of $90 \%$ ) at three levels of prevalence

|  | Prevalence 5\% |  |  | Prevalence 15\% |  |  |  | Prevalence 25\% |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Culture |  |  | Culture |  |  |  | Culture |  |  |
|  | + | - | Total |  | + | - | Total | + | - | Total |
| Smear | +25 | 95 | 120 | Smear | $+75$ | 85 | 160 | Smear +125 | 75 | 200 |
|  | -25 | 855 | 880 |  | -75 | 765 | 840 | -125 | 675 | 800 |
| Total | 50 | 950 | 1000 | Total | 150 | 850 | 1000 | Total 250 | 750 | 1000 |
| Positive predictive value | $\frac{25}{120} \times \frac{100}{1}=21 \%$ |  |  | Positive predic value | $\frac{75}{160} \times \frac{100}{1}=47 \%$ |  |  | Positive predictive $\frac{125}{200}$ value | $\frac{125}{200} \times \frac{100}{1}=63 \%$ |  |

- In the exam you might be given the formula and asked to give the interpretation or vice versa, you might be given the interpretation and asked for the formula. e.g: 90\% of the diseased people screened by the test will give a "true-positive" result and the remaining 10\% a "false-negative" result what is the formula?. answer: this is sensitivity and the formula is
$a /(a+c) \times 100$.


## Questions and answers

## Exercise 1:

In a survey, 100 persons were positive to the reference test for disease A and 900 were negative. The screening test identified 200 persons to be positive. Of these 80 were positive to the reference test.

|  |  | Diagnostic test |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Disease | Non Disease | Total |  |
| Screening test | +ve | 80 | 120 | 200 |  |
|  | Total | 20 | 780 | 800 |  |

(a) Sensitivity $=a /(a+c) \times 100$
= 80/100×100 = 80\%
$\rightarrow$ Among those who are diseased, $80 \%$ will show positive with the screening test
(b) Specificity $=d /(b+d) \times 100$
=780/900 X $100=86.7 \%$
$\rightarrow$ Among those who doesn't have the disease, $86.7 \%$ will show negative in the screening test
(c) Predictive value of a positive test $=a /(a+b) \times 100$
$=80 / 200 \times 100=40 \%$ who tested +ve actually they have the disease
$\rightarrow$ Among those who tested positive, 40\% actually have the disease
(d) Predictive value of a negative test $=\mathrm{d} /(\mathrm{c}+\mathrm{d}) \times 100$
$=780 / 800 \times 100=97.5 \%$ who tested -ve actually don't have the disease
$\rightarrow$ Among those who tested negative, $97.5 \%$ will not have the disease
(e) Percentage of false-negatives $=c /(a+c) \times 100$
$=20 / 100 \times 100=20 \%$
$\rightarrow$ Among those who have the disease ,20\% tested negative in the screening test
(f) Percentage of false-positive $=\mathrm{b} /(\mathrm{b}+\mathrm{d}) \times 100$
= 120/900 X $100=13.3 \%$
$\rightarrow$ Among those who don't have the disease , 13.3\% tested positive in the screening test

## Questions and answers

## Exercise 2:

A new non invasive test has been developed to diagnose breast cancer. Of 1000 patients; $50 \%$ were diagnosed positive. Of those who tested positive, a Biopsy test yielded 475 with positive results. Of those who tested negative; 50 patients were actually Cancer breast positive when tested against the Biopsy.

|  |  | Diagnostic test |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | +ve breast cancer | -ve breast cancer | Total |
| Screening test | +ve | 475 | 25 | 500 |
|  | -ve | 50 | 450 | 500 |
|  | Total | 525 | 475 | 1000 |

(a) Sensitivity $=a /(a+c) \times 100$

## 475/525×100=90.5\%

$\rightarrow$ Among those who are diseased, $90.5 \%$ will show positive in the screening test
(b) Specificity $=\mathrm{d} /(\mathrm{b}+\mathrm{d}) \times 100$

## 450/475× 100=94.7\%

$\rightarrow$ Among those who doesn't have the disease, $94.7 \%$ will show negative in the screening test.
(c) Predictive value of a positive test $=\mathrm{a} /(\mathrm{a}+\mathrm{b}) \times 100$

## 475/500X 100=95\%

$\rightarrow$ Among those who tested positive, $95 \%$ are actually have the disease
(d) Predictive value of a negative test $=\mathrm{d} /(\mathrm{c}+\mathrm{d}) \times 100$

## 450/500× 100=90\%

$\rightarrow$ Among those who tested negative, $90 \%$ will not have the disease
(e) Percentage of false-negatives $=c /(a+c) \times 100$

## 50/525×100=9.5\%

$\rightarrow$ Among those who have the disease, $9.5 \%$ tested negative in the screening test
(f) Percentage of false-positive $=\mathrm{b} /(\mathrm{b}+\mathrm{d}) \times 100$

## $25 / 475 \times 100=5.2 \%$

$\rightarrow$ Among those who don't have the disease , 5.2\% tested positive in the screening test

## Questions and answers

## Exercise 3:

A psychiatrist devised a short screening test for depression. An independent blind comparison was made with a gold standard for diagnosis of depression among 200 psychiatric outpatients. Among the 50 outpatients found to be depressed according to the gold standard, 35 patients were positive for the test. Among 150 patients found not to be depressed according to the gold standard, 30 patients were found to be positive for the test.

|  |  | Diagnostic test |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | + ve | -ve | Total |  |
|  | +ve | 35 | 30 | 65 |  |
|  | Total | 15 | 120 | 135 |  |

(a) Sensitivity $=a /(a+c) \times 100$

## 35/50×100=70\%

$\rightarrow$ Among those who are diseased, $70 \%$ will show positive in the screening test
(b) Specificity $=\mathrm{d} /(\mathrm{b}+\mathrm{d}) \times 100$

## 120/150× 100=80\%

$\rightarrow$ Among those who doesn't have the disease, $80 \%$ will show negative in the screening test.
(c) Predictive value of a positive test $=a /(a+b) \times 100$

35/65×100=53.8\%
$\rightarrow$ Among those who tested positive, 53.8\% are actually have the disease
(d) Predictive value of a negative test $=\mathrm{d} /(\mathrm{c}+\mathrm{d}) \times 100$

120/135× 100=88.9\%
$\rightarrow$ Among those who tested negative, $88.9 \% \%$ will not have the disease
(e) Percentage of false-negatives $=c /(a+c) \times 100$

## 15/50 100=30\%

$\rightarrow$ Among those who have the disease, $30 \%$ tested negative in the screening test
(f) Percentage of false-positive $=b /(b+d) \times 100$

30/150×100=5.2\%
$\rightarrow$ Among those who don't have the disease , 5.2\% tested positive in the screening test

## Questions and answers

## Exercise 4

1-The property of a test to identify the proportion of truly having the disease in a population who are identified with the illness by a screening test •
A. Sensitivity
B. Specificity
C. Positive predictive value
D. Negative predictive value

2-The capacity of a test or procedure to screen as "positive" those having a specific disease is
a) sensitivity
b) specificity
c) positive predictive value
d) negative predictive value

## Questions and answers(439)

## Exercise 5:

Match the following sentences with the appropriate term:
I. The ability of a test to correctly identify those who have a disease (sensitivity)
II. The proportion of those without the disease correctly identified as negative by screening test (Specificity)
III. Ability of the test to detect true negative cases (Specificity)
IV. Probability of disease in patients with positive test result (PP+ve)
V. Probability of not having the disease in a subject with negative test result (PP-ve)

## Exercise 6:

300 known diabetics (positive on the glucose tolerance test) and 250 normal volunteers (negative on the glucose tolerance test) are given finger prick tests, the results are:

Glucose tolerance test

| +ve | -ve | Total |
| :---: | :---: | :---: |
| 282 | 20 | 302 |
| 18 | 230 | 248 |
| 300 | 250 | 550 |

Sensitivity of the test is:
Specificity of the test is:
a) $20 \%$
a) $90 \%$
b) $90 \%$
b) $92 \%$
c) $94 \%$
c) $94 \%$
d) $98 \%$
d) $98 \%$

The capacity of a test or procedure to screen as "negative" those NOT having a specific disease is:
a) sensitivity
b) positive predictive value
c) specificity
d) negative predictive value

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