

Varicose Veins:

Abnormally dilated tortuous (multawi) veins.

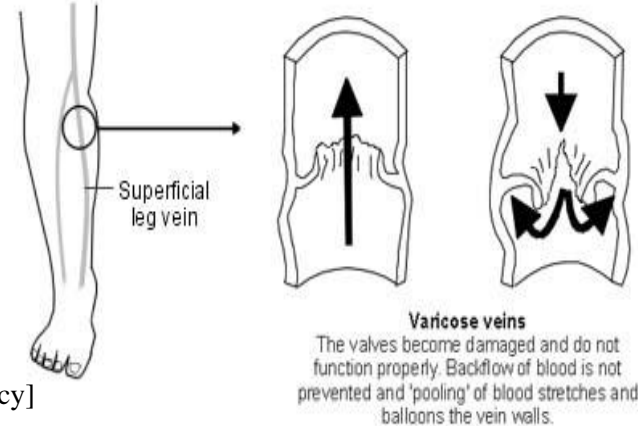
Produced by:

- Prolong standing → Long periods of *Venous Pressure* → prolonged increase in *Intra Luminal Pressure*.
- Loss of vessel-wall *Support Site*.
- Thrombosis (common but not clinically significant)
- Valve incompetence rule
- **Haemorrhoides**
[The term hemorrhoids refers to a condition in which the veins around the anus or lower rectum are swollen and inflamed]
- **esophageal varices**
[abnormally enlarged veins in the lower part of your esophagus – a complication of cirrhosis]

Common site of involvement: superficial veins of the lower leg 10-20% of adult males – 28-35% of adult females.

Increased Risk when:

- Obesity - Hereditary
- Proximal thrombus
- legs are dependent for long periods
- Higher incidence in women (pregnancy)
- Cirrhosis of liver --- esophageal varices
- Hemorrhoids --- varicosity of the “hemorrhoidal plexus”



Complications:

- Stasis Dermatitis [chronic eczematous dermatitis due to venous insufficiency]
- Delayed healing
- Stasis edema, trophic skin [stasis: a stoppage/diminution of flow – impairment/cessation of blood flow]
- Varicose ulcers [ulcers of varicose veins]

Thrombophelbitis/ Phelbothrombosis:

Venous thrombosis with inflammation or without

Predisposing Factors:

Cardiac Failure – Pregnancy – obesity – immobilization (paralyzed) – genetic hypercoagulability syndrome – neoplasia ..etc.

Common Sites of Involvement:

Deep leg veins (90% of cases)

Other sites: - The periprostatic venous plexus in males.

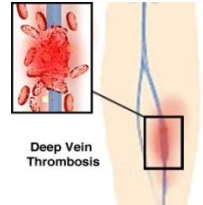
- The pelvic venous plexus in females.
- The large veins in the skull and the dural sinuses (especially in the setting of infection or inflammation).
- Portal Tracts (a distinctive arrangement in the liver).
- Popliteal (area behind the knee) ,femoral and iliac veins (continuation of femoral vein).
- Superficial Saphenous Vein (the two principal veins that run the leg) – not clinically significant.

Deep Vein Thrombosis (DVT):

- 50% Clinically silent (asymptomatic) (no symptoms)

Local Manifestations:

- ❖ Distal edema
 - ❖ Cyanosis
 - ❖ Superficial vein dilation
 - ❖ Heat ,tenderness ,redness ,swelling and pain
 - ❖ Sometimes , the 1st manifestation of “thrombophlebitis” is a **Pulmonary Embolus** [sudden blockage in lung artery]
- OUTCOME depending on No. of emboli, it range from “no symptoms at all” to “death”



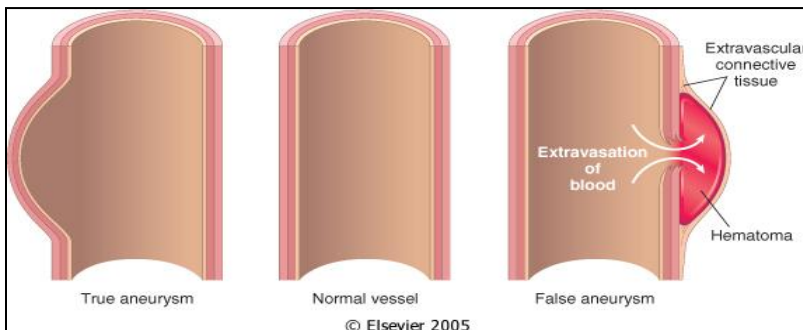
Aneurysms:

Localized abnormal dilation of a blood vessel or the wall of the heart.

- **True Aneurysm:** when the aneurysm is Bounded by arterial wall components or attenuated wall of the heart

Examples of True Aneurysms:

- Atherosclerotic
- Syphilitic (zuhary)
- Congenital vascular aneurysms
- Left ventricular aneurysm that can follow a **myocardial infarction**



Myocardial Infarction:

gross necrosis of the myocardium ,due to interruption of the blood supply to the area

Hematoma:

localized swelling filled with blood ,resulting from a break in a blood vessel.

- **False Aneurysm (pseudoaneurysm):**

An extra-vascular **hematoma** that freely communicates with the intravascular space

Vascular wall have been *Breached* (ma5roo8) - the external wall of the *Aneurysmal Sac* consists of only:
outer arterial layers, perivascular tissue or blood clot.

e.g. Blunt thoracic Trauma [injury in the chest]

- **Classification:**

According to macroscopic shape and size:

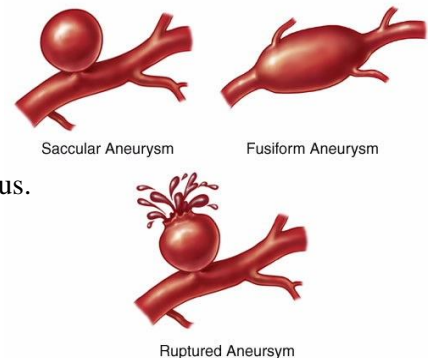
- **Saccular Aneurysms**
essentially *Spherical* (involving only a portion of the cell wall)
vary in size and diameter (from 5-20 cm.) partially/completely filled by thrombus.
- **Fusiform Aneurysms**
(involving a long segment) vary in diameter and in length.

- **Most important causes of “Real Aortic Aneurysms”:**

- Atherosclerosis
- Cystic medial degeneration (of the arterial media)

Any vessel may be affected by *variety of disorders* that weaken arterial walls.

((e.g Congenital defects,fungal infections,syphilis,trauma,immune-mediated diseases etc.))



1. **Atherosclerotic Aneurysm:**

The most frequent etiology of Aneurysms

Accords secondary to: destruction of *media* due to the **Atherosclerotic Plaque** that forms in the *intima*.

Most Frequently in: Abdominal Aorta → Abdominal Aortic Aneurysm (AAA).

Two Variants of AAA: 1) Inflammatory Abdominal A.
2) Mycotic Abdominal A.

Clinical Consequences in AAAs:

- **Rupture** into the peritoneal cavity [the potential space between the parietal and the visceral peritoneum.] or Retroperitoneal tissues *WITH* potentially fatal hemorrhage
- **Obstruction** of a vessel – particularly of the *Iliac* [ilium: cranial portion of the hip bone] , *Renal* , *Mesenteric/Vertebral branches* [that supply the spinal cord] -leading to → ischemic tissue injury.
- **Embolism** (jal6a) from *Atheroma* [Fatty deposits which lead to the formation of plaques in the blood vessels.] or *Mural thrombus* [thrombus attached to the wall of the endocardium]
- **Impingement** (e9tedam) on an adjacent structure, such as compression of a ureter / erosion (t2akol) of vertebrae.
- Presentation as an **Abdominal Mass** (often palpably pulsating) that stimulates a **Tumor**.

2. **Aneurysm due to Cystic Medial Necrosis:**

The Most Frequent aneurysms of the Aortic Root.

Cystic Medial Necrosis/degeneration:

disorder of large arteries.

A degenerative breakdown of collagen, elastin, and smooth muscle caused by aging contribute to weakening of the wall of the artery.

3. **Berry Aneurysm:**

Small saccular lesions most often seen in the small arteries of the brain ((especially in the circle of Willis))

- Aren't present at birth, but develop at sites of *Congenital Medial Weakness* at bifurcations (tasha3ob) of cerebral arteries.
- Unrelated to *athersclerosis*
- Often → an association of *Adult Polycystic Disease*.
- **The most frequent cause of Subarachnoid Hemorrhage.**

4. **Syphilitic (leutic) Aneurysm:**

A manifestation of Teritary Syphilis.

Frequency of this complication had been decreased –by → better control and treatment of syphilis in its early stages.

Caused by: Syphilitic Aortitis.

Involves: Aortic arch and the ascending aorta (root of aorta).

5. **Aortic Dissection /Dissecting hematoma/ Dissecting aneurysm:**

the splitting/dissection of an arterial wall by the blood entering through an intimal tear

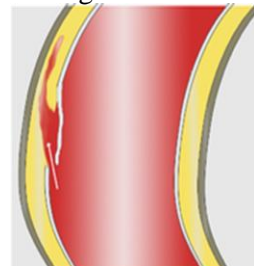
A longitudinal tear → usually in *the wall of the ascending aorta*, forming a second arterial lumen within the media.

A catastrophic (BIG) illness

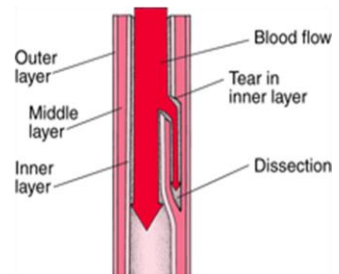
Along the luminal planes of the media

with the **formation of → intramural blood-filled channel**

–**ruptures → causing sudden hemorrhage → produce death**



Blood penetrates the *intima* and enters the *media* layer.



➤ **Morphology:**

Dissection can extend along the aorta proximally and distally toward the heart (sometimes)

→all the way into the iliac and femoral arteries.

Ruptures out → causig massive hemorrhage.

(in some instances)

the blood re-ruptures into the lumen of the aorta, -producing→ a second or distal intimal tear & a new vascular channel within the *media* of the aortic wall. (to produce a "double-barreled aorta" with a "false channel")

➤ **Main Characteristics:**

- Clinically present with *Severe Chest Pain*
- **Can be confused with heart attack**
- Can result in the aortic rupture with bleeding into the pericardial sac, causing hemopericardium and fatal cardiac tamponade.
- It is typically associated with **hypertension** or with cystic medial necrosis (esp. in Marfan syndrome)
- **Has no relation to atherosclerosis**

Hemopericardium:

presence of blood or bloody effusion in pericardial sac

Cardiac Tamponade:

Cardiac compression caused by an accumulation of fluid within the pericardium

Vasculitis:

Mostly immune reaction related:

- Immune complexes deposited in the vessel → inflammation of the vessel wall.
- Direct invasion of the vessel wall by *infectious pathogen*.

Immune Complex Mediated:

- ❖ Infecton ,drug induced ,**S.L.E** ...etc
[systemic lupus erythematosus: a chronic ,multifaceted inflammatory disease that can affect any organ system of the body].
- ❖ Anti-neutrophil cytoplasmic antibodies (ANCA)
P-ANCA (perinuclear → myeloperoxidase)
C-ANCA (cytoplasmic → proteinase 3)

Myeloperoxidase:

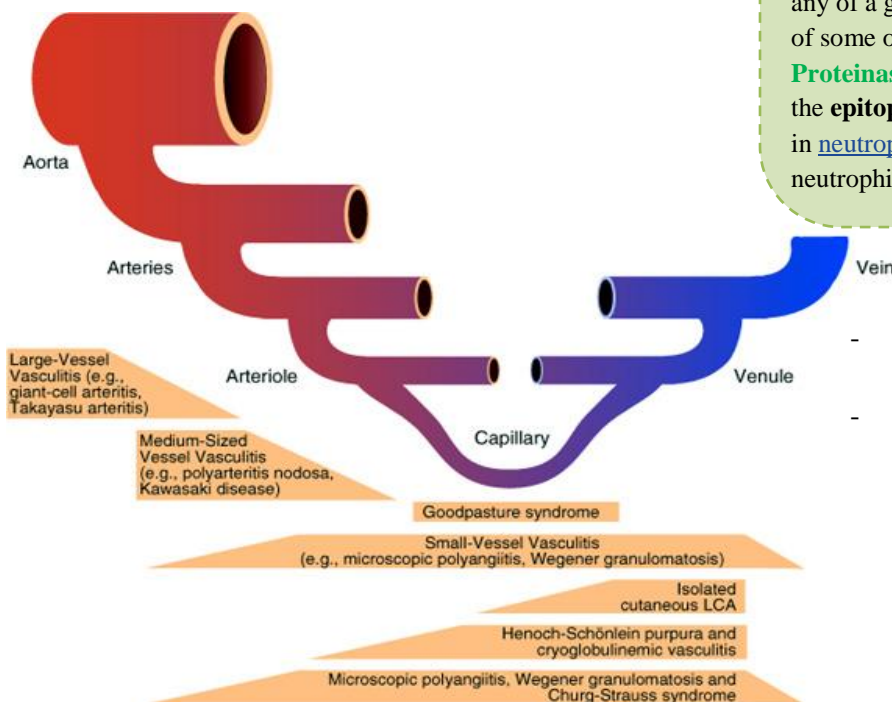
a hemoprotein having peroxidase activity, occurring in the primary granules of promyelocytes, myelocytes and neutrophils, and which exhibits bactericidal, fungicidal and virucidal (destructive to viruses) properties.

Peroxidase:

any of a group of iron-porphyrin enzymes that catalyze the oxidation of some organic substrates in the presence of hydrogen peroxide.

Proteinase 3:

the **epitope** of ANCA .A serine protease enzyme expressed mainly in neutrophil granulocytes. Its exact role in the function of the neutrophil is unknown



- **The widths of the trapezoids** indicate the frequencies of involvement of various portions.
- **Note** that large-, medium-, and small-vessel vasculitis affects arteries, but **only small-vessel vasculitis** involves vessels smaller than arteries. LCA, leukocytoclastic angiitis.

Antineutrophilic Cytoplasmic Antibodies:

serve as useful quantitative **diagnostic markers** for these conditions, and their levels may reflect the degree of inflammatory activity.

How does it reflect it?? It rise in episodes of recurrence –thus→ are useful in management.

1) **Wegner Granulomatosis:**

A necrotizing vasculitis, characterized by a triad of:

- a) **Acute Necrotizing granulomas** of the upper respiratory tract (ear, nose, sinuses, throat) } or both.
the lower respiratory tract (lung)
- b) **Necrotizing/granulomatous Vasculitis**
affecting small to medium-sized vessels (e.g. capillaries, venules, arterioles and arteries)
most prominent in the lung and upper ways **but** affecting other sites as well.
- c) **Renal Disease** in the form of *Focal Necrotizing*, often *crescentic*, *glomerulitis*.

Limited forms/more widespread WG

C-ANCA is present in 95% in the serum of patients.

May lead to death in 2 years in 90% of not treated patients.

Male affected more than females – age average over 40.

Epithelioid cells + giant cells can be seen in it.

Clinical Features:

Untreated – course is malignant – 80% of patients die in 1st year.

2) **Macroscopic Polyangitis/ Microscopic polyarteritis/ leukocytoclastic vasculitis:**

A necrotizing vasculitis, affects “arterioles, capillaries, venules” – all lesions tend to be at the same age

- **Involves:** skin – mucous membranes – lungs – brain – heart – GI – kidney – muscle.
- **Precipitating cause:** immunologic reaction to an antigen
(**Drug:** penicillin) (**microorganisms:** strept.), heterologous proteins and tumor antigens.
- **P-ANCAs** in 70% of patients.
- **Diagnosis:** skin biopsy – histologically there's infiltration of **vessel wall** with **neutrophils**
→ become fragmented (neutrocytotoxicity)

3) **Polyarteritis Nodosa (PAN):**

A systemic vasculitis of small/medium sized **muscular arteries** (not arterioles, capillaries or venules) involving *Renal* and *Visceral* **vessels** – (sparing the pulmonary circulation).

Clinical Manifestations:

result from *ischemia and infarction* of affected tissues and organs.

Morphology:

- ▶ Classic PAN occurs as segmental transmural necrotizing inflammation of **arteries of medium to small size, in any organ** with the possible exception of the lung (most frequently kidney, heart, liver and gastrointestinal tract)
- ▶ Individual's lesions may involve only a portion of the vessel circumference (mu7ee6).
- ▶ **Histologic Picture During the acute phase:**
Characterized by: transmural inflammation of the arterial wall **with** neutrophils, eosinophils, mononuclear cells frequently accompanied by Fibrinoid Necrosis (lumen may become thrombosed).
- ▶ **Later** the acute inflammatory infiltrate (e5tera8) disappears and replaced by **Fibrous thickening of vessel wall** may extend into the adventitia.
- ▶ **Characteristic of PAN:** all stages of activity may **COEXIST** in different vessels/within same vessel.

4) **Temporal (giant cell, cranial) arteritis:**

Segmental Acute & Chronic (often granulomatous) vasculitis

Involving: predominantly (1st) the larger arteries in the head – particularly, the branches of **Carotid Artery**

[temporal arterial branches of the ophthalmic arteries] --- Overage of 50 – M:F = 1:2

Morphology:

- ▶ **Characteristically**, segments of affected arteries develop **nodular thickenings** with reduction of the lumen.
- ▶ There is **granulomatous inflammation** of the inner half of the media ((with lymphocytes and, multinucleate giant cells and fragmentation of the internal elastic lamina)).
- ▶ **The healed stage** reveals *collagenous thickening* of the vessel wall sometimes the artery is transformed into a fibrous cord.

Clinical Features:

- Most common in older individuals – rare before age 50
- Fever, fatigue, weight loss
- facial pain or headache
often most intense along the course of the superficial temporal artery, which may be painful to palpation.
- More serious are **ocular symptoms** (associated with involvement of the ophthalmic artery)
range from diplopia to transient or complete vision loss.
- The **diagnosis** depends on biopsy and histologic confirmation.

5) Thromboangiitis obliterans (Buerger disease):

Inflammation of medium-sized and small arteries, principally the tibial and radial arteries and sometimes secondarily extending to veins and nerves of the extremities.

Begins before age 35 in most cases – cigarette smoking (one of the most consistent aspects of this disorder).

((the lumen is occluded by a thrombus containing two abscesses // The vessel wall is infiltrated with leukocytes)).

Antineutrophil Cytoplasmic Antibodies:

a heterogeneous group of autoantibodies directed against enzymes

Found: within the *azurophil or primary granules in neutrophils -- in the lysosomes of monocytes, -- in endothelial cells.*

On what is the description of these autoantibodies is based?

On the immunofluorescent patterns of staining of ethanol-fixed neutrophils.

Main Patterns:

- Cytoplasmic Localization of the staining (c-ANCAs)
- Perinuclear staining (p-ANCAs) --- is usually specific for **Myeloperoxidase (MPO)**.

Pseudoaneurysms:

false aneurysm, differs from a true aneurysm in:

that its wall does not contain **the components of an artery**, but consists of **fibrous tissue**, which usually continues to enlarge, creating a *pulsating hematoma*.