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Special thanks to:-

*Histics team 428*

# PART TEN: RESPIRATORY SYSTEM 2

# Primary Bronchus (Extrapulmonary)

❖ Generally have the same histological appearance as the trachea.

## Secondary & Tertiary Bronchi (Intrapulmonary)

It consists of:

### (1) Mucosa:

It has longitudinal mucosal folds and it consists of:

a- **Epithelium:** Respiratory epithelium.

b- **Lamina Propria:**

■ Fibroelastic Connective tissue (loose Connective Tissue. rich in *elastic fibers*).

■ It contains:

- Seromucous glands.
- Lymphoid elements.

**N.B. No elastic lamina.**

### (2) Muscle coat:

- Two distinct layers of smooth muscle fibers.
- Spirally arranged in different directions.

### (3) Submucosa:

Connective tissue that contains:

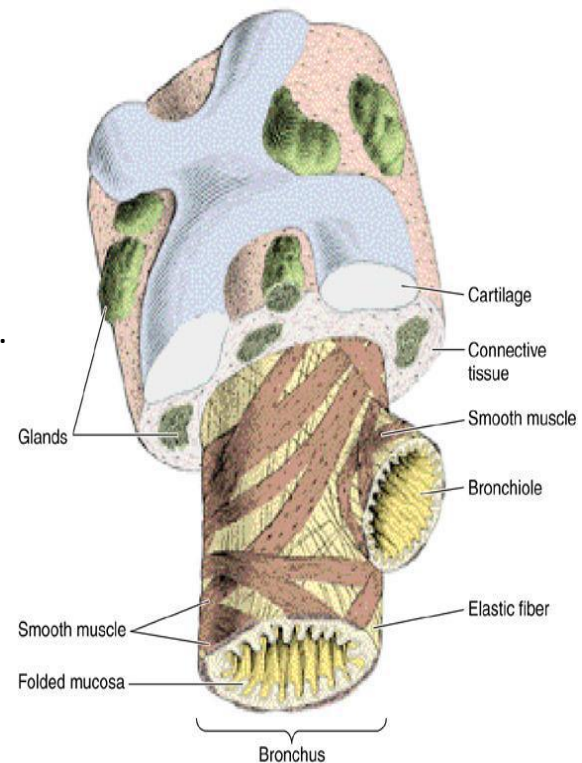
a- **Seromucous glands.**

b- **Lymphoid elements.**

### (4) Adventitia (has cartilages):

Contents:

- a- **Loose Connective tissue:** Contains radially arranged elastic fibers to connect with counterparts of neighboring bronchial tree.
- b- **Irregular plates of hyaline cartilage (complete layer).**
- c- **Solitary lymphoid nodules.**



## Notes

Any cartilage below the larynx is hyaline cartilage and elastic cartilage only in larynx.  
In bronchi .. smooth muscle is helical in shape

Intrapulmonary bronchi don't have C- shape

# Bronchioles

## Bronchioles “Preterminal or Primary”:

- Diameter: 1 mm or less.
- Each bronchiole supplies a pulmonary lobule.
- The **Preterminal Bronchioles** consist of:

(1) **Mucosa:** has longitudinal folds

a- **Epithelium:**

- Simple ciliated columnar epithelium with occasional goblet cells (in larger preterminal bronchioles).

- Later, Simple cuboidal mostly ciliated with occasional Clara cells **BUT NO goblet cells** (in smaller preterminal bronchioles).

b- **Lamina propria:** Fibroelastic Connective tissue (rich in elastic fibrous

(2) **Smooth muscle:** 2 helically arranged smooth muscle layers..

(3) **Adventitia:** loose fibroelastic Connective tissue.

**N.B. No cartilage, No seromucous glands, No lymph nodules.**

## Terminal Bronchioles “secondary”:

Similar structure to preterminal bronchioles, but:

**Epithelium:**

- Simple cuboidal epithelium.
- partially ciliated.
- With **Clara cells**.

**N.B. Terminal Bronchioles are less than 0.5mm in diameter.**

**N.B. Each supplies lung acinus.**

## Respiratory Bronchioles “Tertiary”:

Similar in structure to terminal bronchioles, **except:**

- Their walls are interrupted by a few pulmonary alveoli.

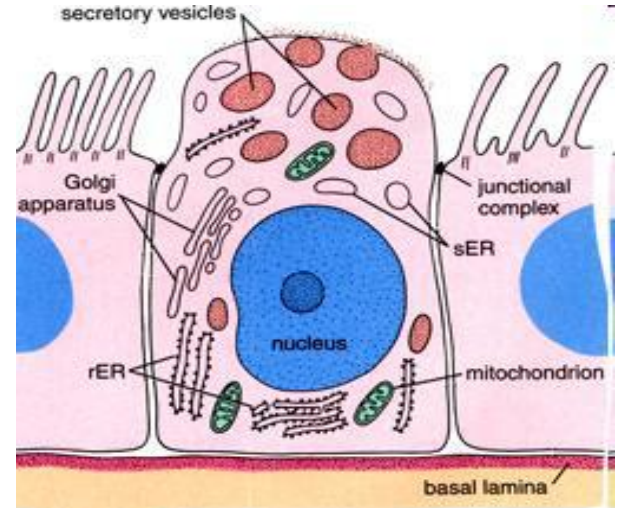
# Clara cells

## Structure:

- Columnar non-ciliated cells.
- Dome-shaped apices with microvilli.
- Numerous apical secretory granules (glycoproteins).
- Abundant rER.

## Function:

- Protect the bronchiolar epithelium by their secretions.
- Degrade toxins in inhaled air by cytochrome P-450 enzymes (produced by sER).
- Divide to regenerate the bronchiolar epithelium.
- May produce surfactant-like material.



## Notes

in bronchiole ( all the 3 division ) in adventitia ...NO cartilage NO seromucose glands NO lymphatic nodules NO goblet cells ( but exist in pre-terminal "primary" bronchiole)

by the cartilage... we can differentiate between intrapulmonary bronchus and bronchiole

Clara cells never exist out of the bronchiole

In terminal bronchiole 50% of cells are clara. Respiratory bronchiole 90% are clara cells.

# Alveolar Ducts

The walls of alveolar ducts consist almost of pulmonary alveoli.

Alveolar ducts do NOT have walls of their own; They are merely linear arrangement of pulmonary alveoli.

**N.B. Alveolar duct ends by: atrium that communicates with: 2-3 alveolar sacs.**

# Alveoli

## Pulmonary Alveoli

They are small outpouchings of respiratory bronchioles, alveolar ducts & alveolar sacs.

### Interalveolar Septa:

It is the region between 2 adjacent alveoli.

*Components:*

**(a) Alveolar Epithelium:** lines both sides of interalveolar septum.

#### ■ Type I Pneumocytes:

line **95% of the alveolar surface**.

**Count:** less numerous than type II pneumocytes.

**L/M:** simple squamous epith., highly attenuated cells.

**E/M:** Abundant pinocytotic vesicles are connected together and with type II cells by occluding junctions.

**Function:** Exchange of gases.

#### ■ Type II Pneumocytes:

Line **5% of the alveolar surfaces**.

Are **more numerous** than type I pneumocytes.

**L/M:**

Are **cuboidal cells** ( other textbooks: rounded cells).

Usually found in groups of 2-3 cells.

Usually found at sites of union of septa.

**Foamy or vesicular cytoplasm.**

Nucleus: central, rounded, vesicular.

**E/M:**

- connected with type I cells by occluding junctions
- Dome-shaped apical surface.
- Short apical microvilli.
- Abundant mitochondria, RER , Well-developed Golgi.
- Membrane-bound **Lamellar bodies** (contain concentric or parallel lamellae limited by a unit membrane) (contain pulmonary surfactant).

**Function:**

1- Synthesis & secretion of **pulmonary surfactant:**



A- It reduces effort to inflate pulm. Alveoli.

B- It has bactericidal effect.

2- Phagocytosis of pulmonary surfactant.

3- Renewal of alveolar epithelial cells: Type II cells can divide to regenerate both type I & type II pneumocytes.

**(b) Interstitium.**

**(1) Continuous Pulmonary Capillaries:**

- The richest capillary network in the body
- Continuous blood capillaries.
- Endothelium shows numerous pinocytotic vesicles.

**(2) Interstitial Connective tissue:**

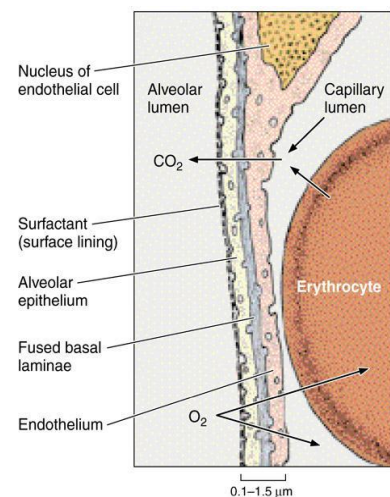
- a- Connective tissue Fibers: elastic fibers & type III collagen (reticular fibers).
- b- Connective tissue Cells: Fibroblasts, Macrophages, Mast cells, Lymphocytes.

**- Blood-Gas Barrier “Blood-Air Barrier”**

It is the region of the interalveolar septum that is traversed by O<sub>2</sub> & CO<sub>2</sub>

**Components:**

- 1- Thin layer of surfactant.
- 2- Type I pneumocyte.
- 3- Fused basal laminae of type I pneumocytes & endothelial cells of the pulmonary capillary.
- 4- Endothelial cells of the pulmonary capillary.



**- Alveolar Macrophages “Dust Cells”**

**Sites:**

- In lumen of pulmonary alveoli.
- In pulmonary interstitium.

**Function:**

- 1- Phagocytose particulate matter (e.g. dust & bacteria) in the lumen of pulm. alveoli & in the interalveolar septa.
- 2- Phagocytose part of the surfactant.

**Notes**

to differentiate between Respiratory bronchiole and alveolar duct by the amount of open alveolus .. which seen more greater in alveolar duct...

type II alveolar cells can do regeneration of type I alveolar cells

the lamellar JUST in type II alveolar cells