#### Week 1 ~ FOUNDATION BLOCK (Female)

Week (1) Starting: 25/9/2010 (16/10/1431H)

## Becoming a Medical Student

CHAIR PERSON: Prof.Ahamed Awadh Adeel

#### CO~CHAIR: Dr.Ghadeer Al~Shaikh

Saturday	Sunday	Monday	Tuesday	Wednesday
25 September 2010	26 September 2010	27 September 2010	28 September 2010	29 September 2010
8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am
	<u>Learning Skills:</u>	Skeletal muscles and	Skeletal muscles and	Introduction to
	Learning in small	joints	joints	pathology and the
Registration	groups: Principles	(Anatomy)	(Anatomy)	study of diseases
	and process	Dr. Jamilah	Dr. Jamilah	(Pathology)
	Dr.Ghadeer Al~Shikh			Dr. Maha Arafah
9:00 ~ 10:00 am	9:00~10:00 am	9:00 ~ 10:00 am	9:00~10:30 am	9:00 ~ 10:00 am
Introduction to the	Histological	Cell membrane	0.10.11 (.1	
new curriculum	microtechnique; cell	structure and	Self-directed	Amino acids.
Dr. Ghadeer Al-Sheikh	structure	transport across cell	learning	(Biochemistry)
	(Histology)	membrane		Dr.Sumbul Fatma
	Dr. Raesah	(Physiology) <b>Dr. Aida Korish</b>		
10:00 ~ 11:00 am	10:00 ~ 11:00 am	10:00 ~ 12:00 pm	10:00~12:00pm	10:00 ~ 12:00pm
Self-directed	Body fluids and	10.00 ~ 12.00 pm	10.00~12.00pm	10.00 ~ 12.00pm
learning	electrolytes	Skeletal system		Histological and
icarining	(Physiology)	(Anatomy)	Self-directed	microtechnique; cell
	Dr. Aida Korish	(Tildicilly)	learning	structure
	21.111000 1011011	(Practical)	104111113	Silviciale
		4= = = = = = = = = = = = = = = = = = =		(Histology)
11:00~12:00 pm	11:00~12:00 pm			<u> </u>
2.12.1:	Anatomical terms			(Practical)
Self-directed learning	and skeletal system.			
	(Anatomy)			
	Dr. Zenat			
Lunch	Lunch	Lunch	Lunch	Lunch
12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm
1:00~3:00 pm	1:00~2:00 pm	1:00~3:00 pm	1:00~3:00 pm	1:00~3:00 pm
Self-directed	Homeostasis	F		
learning	(Physiology)	Self-directed learning	Skeletal muscles and	
8	Dr. Aida Korish	8	joints	Salam
			(Anatomy)	
	2:00~3:00 pm		·	
	<u>Learning Skills:</u>		(Practical)	
	Learning how to			
	learn-general			
	principles			
	Dr.Nourh Al-Rowais			
		Hall No.(2)		

Hall No.(2)
Third Floor
Female Academic Center

### Week 2 ~ FOUNDATION BLOCK (Female)

Week (2) Starting: 2/10/2010 (23/10/1431H)

## **Body Systems**

### CHAIR PERSON: Prof.Ahamed Awadh Adeel

Saturday	Sunday	Monday	Tuesday	Wednesday
02 October 2010	03 October 2010	04 October 2010	05 October 2010	06 October 2010
8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am
Gametogenesis; ovarian	Epithelial tissues		Fertilization and	
and uterine cycles	(Histology)	Self-directed	implementation	Self-directed learning
(Embryology)		learning	(Embryology)	
Dr. Sanaa	Dr.Raesah			
			Dr.Sanaa	
9:00~10:00 am	9:00 ~ 10:00 am	9:00 ~ 11:00 am	9:00~10:00 am	9:00 ~ 10:00am
Nervous system	Tutorials on	Epithelial tissue		
(Anatomy)	dehydration	(Practical)	Self-directed	Self-directed learning
Dr. Zenat	(Physiology)	Histology)	learning	
	Dr Aida	Dr.Raesah		
10.00 (1.00	10.00 11.00	44.00.40.00	10.00.10.00	10.00 11.00
10:00~11:00am	10:00 ~ 11:00am	11:00~12:00 pm	10:00~12:00pm	10:00 ~ 11:00am
Calf diment of Innuity	Learning Skills:	Camara addiana and d	Call dimental	Bacterial structure and
Self-directed learning	Time management <b>Dr.Mona Suliman</b>	Composition and function of blood	Self-directed	genetics (Microbiology)
	Dr.Mona Summan	(Physiology)	learning	Prof. Hanan
		(Filysiology)		Froi. Hanan
		Dr Sitelbanat		
11:00 ~ 12:00pm	11:00 ~ 12:00pm			11:00~12:00 pm
	Self-directed			Self-directed learning
Self-directed learning	learning			
		- 1		- 1
Lunch	Lunch	Lunch	Lunch	Lunch
12:00 – 1:00pm 1:00-3:00 pm	12:00 – 1:00pm 1:00~3:00 pm	12:00 – 1:00pm 1:00~3:00pm	12:00 – 1:00pm 1:00~300 pm	12:00 – 1:00pm 1:00~3:00 pm
1:00~5:00 pm	1:00~5:00 pm	1:00~5:00pm	1:00~500 pm	1:00~3:00 pm
Self-directed learning	Nervous system			Salam
	•	Self-directed learning	Self-directed learning	
	(Anatomy)			
	(Practical)			
	(Tractical)			

#### Week 3 ~ FOUNDATION BLOCK (Female)

Week (3) Starting: 9/10/2010(1/11/1431H)

### Organs and Cells-1

#### CHAIR PERSON: Prof.Ahamed Awadh Adeel

Saturday 09 October 2010	Sunday 10 October 2010	Monday 11 October 2010	Tuesday 12 October 2010	Wednesday 13 October 2010
8:00 - 9:00 am Free radical injury, types of necrosis and apoptosis (Pathology) Dr. Maha Arafah	8:00 - 9:00 am Erythropoiesis (Physiology) Dr Sitelbanat	8:00 ~ 9:00 am Anatomy autonomic Nervous System Dr.Zenat	8:00 ~ 9:00 am Classifications of Parasites and Protozoa (Microbiology) Dr. Samina	8:00 ~ 9:00 am Lymphoid tissue (Histology) Dr.Raesah
9:00-10:00 am  Self-directed learning	9:00 ~ 10:00 am Amino acids and protein structure (Biochemistry) Dr.Sumbul Fatma	9:00 - 10:00 am Cardiovascular system. (Anatomy) <b>Dr.Jamilah</b>	9:00-10:00 am Connective tissue proper (Histology) (Practical)	9:00 ~ 10:00 am Lymphoid tissue (Histology) (Practical)
10:00~11:30am  Problem-based Learning  Case 1 Tutorial 1	10:00 - 11:00 am Cellular accumulations and pathologic calcification (Pathology) Dr. Maha Arafah	10:00 - 11:00am The lymphoid system and development of lymphocytes.  (Immunology)	10:30-11:30am  Problem-based Learning	10:00 - 11:00 am Structure and functions of carbohydrates (Biochemistry) Dr.Rana Hasanato
	44.00.40.00	Dr.Adel Al-Mogrin	Case 1 Tutorial 2	11 22 12 22
	11:00-12:00 pm Natural defense mechanisms. (Immunology)	11:00-12:00 pm Cellular adaptation to injuries (Pathology) Dr. Maha Arafah		11:00-12:00 pm Bilaminar and trilaminar discs and their derivatives (Anatomy) Dr.Zenat
	Prof.Gadelrab			
Lunch	Lunch	Lunch	Lunch	Lunch
12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm
1:00-3:00 pm  Self-directed learning	1:00-200 pm Learning Skills: Introduction to evidence-based medicine  Dr.Lubna Al-Ansari	1:00-3:00 pm  Self-directed learning	1:00~3:00 pm  Cell injury and inflammation  (Practical)	1:00-3:00 pm Salam
	2:00~3:00pm		(Pathology)	
	Connective tissue proper		Dr.Sufia/Dr.Sheasta	
	(Histology)			
	Dr. Raesa			

### Week 4 ~ FOUNDATION BLOCK (Female)

Week (4) Starting: 16/10/2010 (8/11/1431H)

## Organs and Cells ~ 2

### CHAIR PERSON: Prof.Ahamed Awadh Adeel

Saturday 16 October 2010	Sunday 17 October 2010	Monday 18 October 2010	Tuesday 19 October 2010	Wednesday 20 October 2010
8:00 ~ 9:00 am Self-directed learning	8:00 ~ 9:00 am Control of erythropoiesis, iron metabolism and hemoglobin (Physiology) Dr Sitelbanat	8:00 ~ 9:00 am White blood cells (Physiology) <b>Dr Sitelbanat</b>	8:00 ~ 9:00 am Normal flora (Microbiology) Prof.Hanan	8:00 ~ 9:00 am Lipid compounds of physiological significance (Biochemistry) Dr.Reem Salam
9:00~10:00 am Self-directed learning	9:00 ~ 10:00 am Reversible cellular changes and accumulations and pathologic calcification (Pathology) Dr. Maha Arafah	9:00 - 10:00 am Molecular mechanisms of drugs (Pharmacology) Dr.Omnia	9:00-10:00 am Anatomy fetal membranes. Dr.Zenat	9:00 - 10:00 am Quantitative aspects of drug actions (Pharmacology) Dr. Omnia
10:00-11:30am  Problem-based Learning  Case 2 Tutorial 1	10:00 ~ 11:00am  Human chromosomes: genotypes/phenotypes (Human Genetics) Dr. Reem Salam  11:00~12:00 pm The immune response and humoral immunity. (Immunology) Prof.Gadelrab	10:00 ~ 11:00 am Complement and cytokines. (Immunology) Prof.Z.Shakour  11:00-12:00pm Viral structure classification Dr. Malak Al-Hazmi	10:00~11:30am  Problem-based Learning  Case 2 Tutorial 2	10:00 - 11:00 am Enzymes and Coenzymes (I) (Biochemistry) Dr.Sumbul  11:00-12:00 pm Sterilization and disinfection (Microbiology) Prof.Hanan
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00-3:00 pm  Self-directed learning	1:00~3:00 pm  CBC, ESR  (Practical)  (Physiology)  Dr. M. Alenazy	1:00-2:00 pm Tutorial erythropoiesis (Physiology) Dr Sitelbanat 2:00-3:00 pm Learning Skills: Doctor-patient communication general principles Dr.Nourh Al-Rowais	1:00~3:00 pm  Cell injury and inflammation (Practical)  (Pathology)  Dr.Sufia/Dr.Sheasta	1:00~3:00 pm  Salam

### Week 5 ~ FOUNDATION BLOCK (Female)

Week (5) Starting: 23/10/2010 (15/11/1431H)

## Cells and Receptors

CHAIR PERSON: Prof.Ahamed Awadh Adeel

Saturday 23 October 2010	Sunday 24 October 2010	Monday 25 October 2010	Tuesday 26 October 2010	Wednesday 27 October 2010
8:00 ~ 10:00am MID EXAM	8:00 ~ 9:00 am Learning Skills: Stress management Dr.Ghadeer Al-Shikh	8:00 - 9:00 am Vascular and cellular events in inflammation (Pathology) Dr. Maha Arafah	8:00 10:00am	8:00 ~ 9:00 am Mode of inheritance (Human Genetics) (Biochemistry) Dr.Reem Salam
10:00-11:30pm  Problem-based Learning	9:00 - 10:00 am Definition of inflammation; acute- causes of inflammation (Pathology) Dr. Maha Arafah	9:00 ~ 10:00am Receptors families (Pharmacology) <b>Dr.Omnia</b>	Integrated Clinical Skills Sessions	9:00 - 10:00 am Metabolism: anabolism & catabolism(I) (Biochemistry) Dr.Reem Salam
Case 3 Tutorial 1	10:00 ~ 11:00 am Enzymes and co- enzymes (II) (Biochemistry) Dr. Dr.Sumbul	10:00 ~ 11:00am Viral pathogenesis (Microbiology) Dr.Malak Al-Hazmi		10:00 ~ 11:00 am Desensitization, tachyphylaxis, and adverse drug reactions (Pharmacology) Dr.Alia
	11:00~12:00pm  Self-directed learning	11:00-12:00pm Chemical mediators in inflammation and patterns of acute in inflammation (Pathology) Dr. Maha Arafah	10:00~11:30pm  Problem-based Learning  Case 3 Tutorial 2	11:00~12:00pm  Tutorial on body defense mechanisms (Physiology)  Dr Sitelbanat
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00-3:00 pm  Self-directed learning	1:00-3:00 pm WBC, differential  (Practical)  (Physiology) Dr Zahour Room2149,2 <sup>nd</sup> Floor Room 3149,3 <sup>rd</sup> Floor	1:00-2:00 pm Bleeding, clotting time and blood groups  (Practical)  (Physiology)  Dr. Alenazy	1:00-2:00pm Blood groups and blood transfusion (Physiology) Dr Sitelbanat	1:00~3:00pm  Salam

### Week 6 - FOUNDATION BLOCK (Female)

Week (6) Starting: 30/10/2010 (22/11/1431H)

## Biological Mechanisms – 1

CHAIR PERSON: Prof. Ahamed Awadh Adeel

Saturday 30 October 2010	Sunday 31 October 2010	Monday 01 November 2010	Tuesday 02 November 2010	Wednesday 03 November 2010
8:00 ~ 9:00 am Haemostasis (Physiology) Dr Sitelbanat  9:00 ~ 10:00 am Chronic inflammation; (Pathology)	8:00 ~ 9:00 am Pharmacokinetics (Pharmacology) Prof.Hanan Hagar  9:00-10:00 am Anaerobic bacteria (Microbiology)	8:00 ~ 9:00 am  Mechanisms and factors affecting healing and repair (Pathology)  Dr. Maha Arafah  9:00 ~ 11:00 am  Haemodynamic disorder	8:00 ~ 3:00pm	8:00 - 9:00 am  Mutations vs. polymorphisms (Genetics) (Biochemistry) Dr. Reem Salam 9:00 - 10:00 am Cell signaling & regulation of
Dr. Maha Arafah	Dr. Fawzia	<u>Practical</u> (Pathology) <b>Dr. Sufia/Dr.Sheasta</b>	essio	metabolism (Biochemistry) <b>Dr.Reem Salam</b>
10:00 - 11:00 am <u>Learning Skills:</u> Professionalism in  medical education  Dr.Dena Al-Sudan	10:00 ~ 11:00 am The fungi and their pathogenesis (Microbiology) Dr. Al-Barrag	11:00~12:00pm Self-directed learning	Skills Se	10:00 ~ 11:00 am Introduction nervous system (Physiology) Dr Fawzia
11:00-12:00 pm Metabolism anabolism & catabolism(II) (Biochemistry) Dr. Reem Salam			inical (	11:00-12:00 pm Drug absorption and bioavailability (Pharmacology) Prof.Hanan Hagar
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	$\Box$	Lunch 12:00 – 1:00pm
1:00-3:00 pm Granulomas  (Practical)  (Pathology)  Dr.Sufia/Dr. Sheasta	1:00-2:00 pm Gram positive bacteria, gram negative bacteria (Microbiology)  Dr. Samina	1:00-2:00 pm Physiology tutorial mechanisms of coagulation bleeding and clotting disorders (Physiology) Dr Sitelbanat	Integrated Clinical Skills Sessions	1:00~3:00 pm  Salam
	2:00~3:00 pm  Self-directed learning	2:00-3:00 pm Self-directed learning		

### Week 7 ~ FOUNDATION BLOCK (Female)

Week (7) Starting: 6/11/2010 (29/11/1431H)

## Biological Mechanisms - 2

#### CHAIR PERSON: Prof. Ahamed Awadh Adeel

06 November 2010   07 November 2010   08 November 2010   09 November 2010   10 I	Wednesday
2010	
	November 2010
8:00 ~ 9:00 am 8:00 ~ 9:00 am 8:00 ~ 9:00 am 8:00 ~ 3:00 pm 8:	8:00 ~ 9:00 am
	agnosis of genetic
mechanisms and and excretion molecular biology	diseases
causes of granulomas (Pharmacology) (Nucleotides, DNA,	(Genetics)
	(Biochemistry)
	Dr.Reem Salam
(Biochemistry)	
Dr.Reem Sallam	
9:00 ~ 10:00 am 9:00~10:00 am 9:00 — 11:00 am 9:00	):00 ~ 10:00 am
9.00 ~ 10.00 am   9.00 ~ 11.00	holinergic /anti-
Glycolysis autonomic nervous Reoptasia Che	holinergic drugs
(Biochemistry) system (Practical)	(Pharmacology)
Dr.Reem Sallam (Physiology) (Pathology) Pro	of.Hanan Hagar
Dr Fawzia Dr.Sufia/Dr.Sheasta	Ö
10:00 - 11:00 am	0:00 ~ 11:00 am
Krebs cycle Pathology of Self-	-directed learning
(Biochemistry) tuberculosis as an <u>Learning Skills:</u>	
Dr.Reem Sallam example of Information	
granulomatous gathering: searching	
inflammation Dr. Maha Arafah  internet for medical	
references :	
Dr.Ahamed Al-Barrak	
11:00~12:00pm 11:00~12:00pm	1:00~12:00 pm
Self-directed learning Self-directed mo	Introduction to olecular biology
Self-directed learning Self-directed learning mo	(DNA& RNA)
	(Biochemistry)
, <u> </u>	Dr.Sumbal
Lunch Lunch Lunch	Lunch
12:00 – 1:00pm   12:00 – 1:00pm   12:00 – 1:00pm   12	12:00 – 1:00pm
1:00-3:00 pm 1:00-3:00 pm 1:00-2:00 pm	1:00~3:00 pm
Haemodynamic Drug metabolism	
disorders (Pharmacology)	0.1
Self-directed learning Dr.Hanan	Salam
(Practical) 2:00-3:00 pm Diversity of	
(Pathology) pathogenic molds;	
Dr. Shaesta diversity of pathogenic	
Zaidi yeasts	
(Microbiology)	
Dr. Al-Barrag	

	Week 8 ~ FOUNDATION BLOCK (Female)						
Week (8) Starting:	22/11/2010 (16/1	2/1432H)					
		Pathologic	cal Processes ~ 1	1			
		CHAIR PERSON : F	rof.Ahamed Awadh	Adeel			
		CO-CHAIR: D	r.Ghadeer Al-Shaik	h			
Saturday	Sunday	Monday 22 November 2010	Tuesday 23 November 2010	Wednesday 24 November 2010			
TION	ION	8:00 ~ 9:00 am Cholinergic/ anti-cholinergic drugs (Pharmacology) Prof.Hanan Hagar  9:00 ~ 10:00 am Classification of tumors (Pathology) Dr. Maha Arafah  10:00 ~ 11:00 am Cholinergic/ anti-cholinergic drugs (Pharmacology) Prof.Hanan Hagar	Clinical Skills Sessions	8:00 - 9:00 am Genetic counseling (Genetics) (Biochemistry) Dr.Reem Salam  9:00 - 10:00 am Vectors of diseases (Microbiology) Dr.AL-Khalife 10:00 - 11:00 am  Self-directed learning			
VACATION	VACATION	11:00 ~ 12:00 pm  Molecular Techniques (Biochemistry)  Dr.Ussman  Lunch 12:00 — 1:00pm  1:00-2:00 pm Self-directed learning  2:00~3:00 pm Self-directed learning	Integrated Clinical	11:00-12:00 pm Adrenergic / antiadrenergic drugs  (Pharmacology)  Dr.Omnia  Lunch 12:00 – 1:00pm  1:00-2:00 pm  Salam			

### Week 9 ~ FOUNDATION BLOCK (Female)

Week (9) Starting: 27/11/2010 (21/12/1431H)

## Pathological Processes - 2

CHAIR PERSON: Prof.Ahamed Awadh Adeel

Saturday	Sunday	Monday	Tuesday	Wednesday
27 November 2010	28 November 2010	29 November 2010	30 November 2010	01 December 2010
8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00am	8:00 ~ 300 pm	8:00 ~ 10:00 am
Properties of benign and	Adrenergic /	Antibiotics		Micro
malignant neoplasms	antiadrenergic	(Microbiology)		<u>(Practical)</u>
(Pathology) <b>Dr. Maha Arafah</b>	drugs	Prof.Hanan		Dr.Malak Al-Hazmi
Dr. Mana Araian	(Pharmacology) <b>Dr.Omnia</b>			Dr.Maiak Al~Haziiii
9:00 ~ 10:00 am	9:00~10:00 am	9:00 ~ 10:00am		10:00 ~ 11:00 am
Carcinogenesis	Host-parasite	Cell-mediated	r0	Immune deficiency
	relationship	immunity.	13	disorders
(Pathology)	(Microbiology)	(Immunology)	7	(Immunology)
Dr. Maha Arafah	Prof.Hanan	Dr.Adel Al-Mogrin	<b>.</b>	Prof.Z.Shakour
		211100111111001111	SS	
10:00 ~ 11:00 am	10.00 10.00	10:00 ~ 11:00am	ั 🏻 🏅	11.00 10.00
Biochemical markers for	10:00~12:00pm Adrenergic	Local and systemic	Š	11:00~12:00 pm
diagnosis and follow up	/antiadrenergic	manifestations of	8	
of diseases	drugs	malignant		Self-directed
(Biochemistry)	(Pharmacology)	neoplasms	<b>ੇ</b> ਜ਼ੋ	learning
Dr.Rana Hasanato	Dr.Omnia	&Principals of	- <del>- X</del>	iourinity
	DI.CIIII.	•	(C)	
		grading and staging	<b>7</b>	
		of malignant	Integrated Clinical Skills Sessions	
		tumours	1	
		Dr. Maha Arafah	<del>  1</del>	
11:00~12:00 pm	11:00~12:00 pm	11:00~12:00 pm		
2.10.11	Etiology of tumors	0.10.11	77	
Self-directed learning	(D (1 1 )	Self-directed	1 2	
	(Pathology) <b>Dr. Maha Arafa</b>	learning	<b>3</b>	
Lunch	Lunch	Lunch	i ii	Lunch
12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	60	12:00 – 1:00pm
1:00~3:00 pm	1:00~3:00 pm	1:00~2:00 pm	] <b>3</b>	1:00~3:00 pm
<u>(Practical)</u>	Immunity .to	<u>Neoplasia</u>		_
The rabbit eye	infection.			
(Pharmacology)	(Immunology) <b>Prof.Gad Elrab</b>	(Practical)		Salam
	1101.Gau Litab	(Pathology)		
		Dr. Shaesta Zaidi		

### Week 10 ~ FOUNDATION BLOCK (Female)

Week (10) Starting: 4/12/2010 (28/12/1431H)

## Integrated Clinical Skills

CHAIR PERSON: Prof.Ahamed Awadh Adeel

Saturday	Sunday	Monday	Tuesday	Wednesday
8:00 ~ 9:00 am Revision				
9:00 ~ 3:00 pm				
Integrated Clinical Skills Sessions				

### Week 11 ~ FOUNDATION BLOCK (Female) (EXAMINATION WEEK)

Week (11) Starting: 11/12/2010 (5/1/1432H)

### Revision Week

CHAIR PERSON: Prof. Ahamed Awadh Adeel

Saturday 04 December 2010	Sunday 05 December 2010	Monday 06 December 2010	Tuesday 07 December 2010	Wednesday 08 December 2010
8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am	8:00 ~ 9:00 am
9:00 ~ 10:00 am	9:00-10:30 am	9:00 ~ 10:00 am	9:00-10:30 am	9:00 ~ 10:00 am
10:00 ~ 11:00 am	10:30~12:00nn	10:00 - 11:00 am	10:30~12:00nn	10:00 ~ 11:00 am
11:00~12:00 pm		11:00~12:00 pm		11:00~12:00 pm
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm		Lunch 12:00 – 1:00pm
1:00~3:00 pm	1:00~3:00 pm Salam	1:00~3:00 pm	1:00~3:00 pm	1:00~3:00 pm Salam