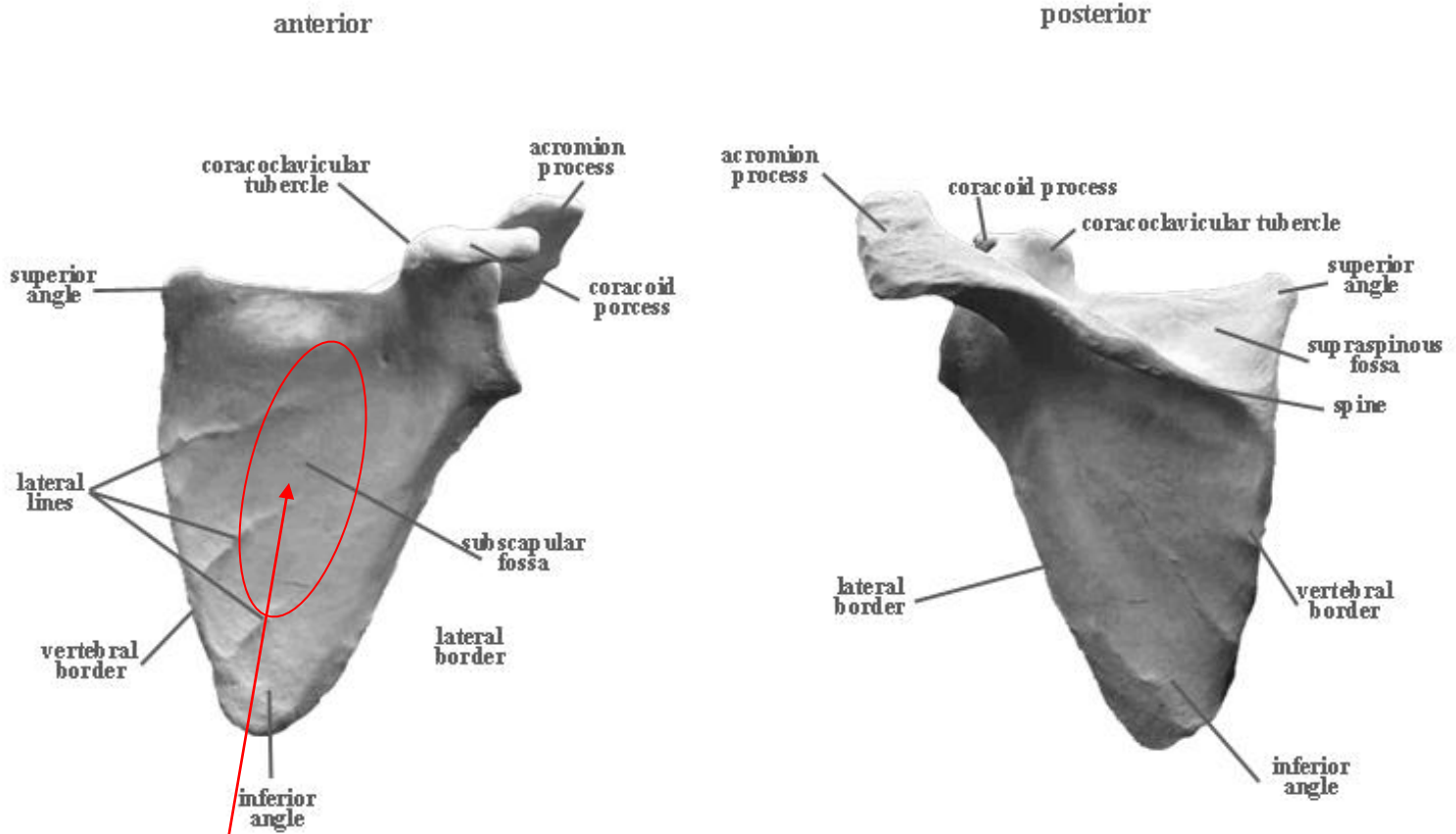


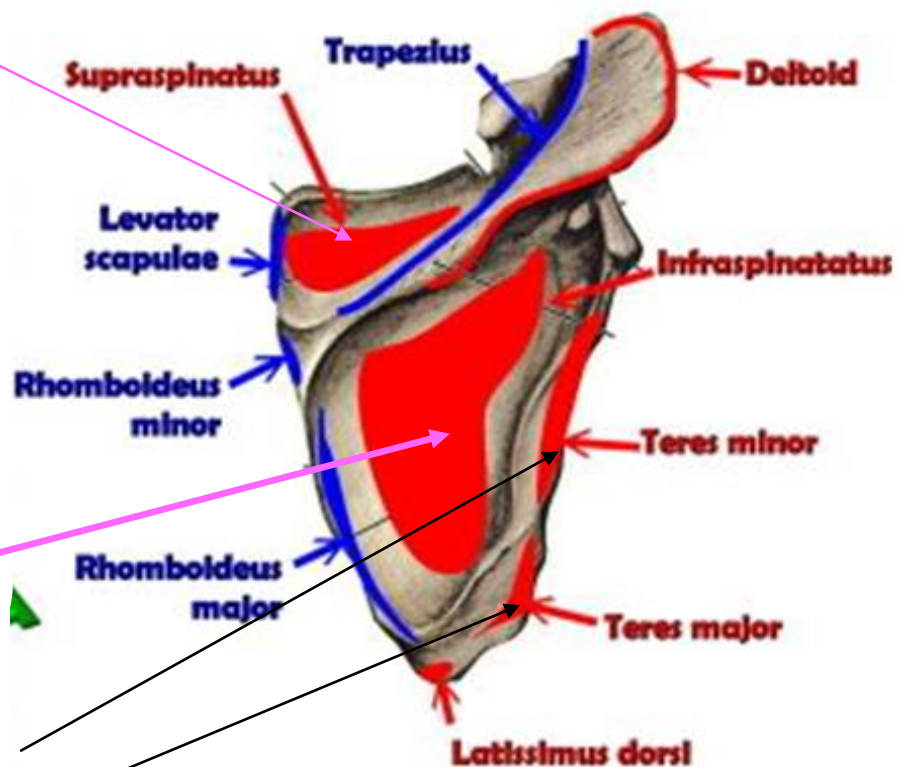
The Scapula



Subscapular Fossa: is the origin of the "subscapularis muscle" 🦋

BLUE: Insertion

RED: Origin



landmarks between right and left scapula :

1. Anterior surface :

Concave and forms the shallow → subscapular fossa

2. Posterior surface :

Spine , lateral end of the spine is free and forms the acromion

3. Medial side :

longest of the three borders

4. Lateral side :

Superolateral angle → glenoid cavity “ or fossa ”

landmarks between right and left scapula :

1- Anteriorly → subscapular fossa

2- Posteriorly → spine !

3- Laterally → glenoid cavity & acromion