

**KING SAUD UNIVERSITY  
COLLEGE OF MEDICINE**

**WEEK 1 – MUSCULOSKELETAL BLOCK (Male-B)**

Week (1) Starting: 25/12/2010 ( 19/1/1432 )

**SKELETON**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. Musaad Al Fayez**

Saturday 25 December 2010	Sunday 26 December 2010	Monday 27 December 2010	Tuesday 28 December 2010	Wednesday 29 December 2010
8:00 - 9:00 am Self- Directed Learning	8:00-9:00am Physiology of the bone <b>(Physiology)</b> Dr. Taha	8:00 - 9:00 am Self- Directed Learning	8:00 - 10:00am  <u>Practical</u> Axial skeleton <b>(Anatomy)</b>	8:00 - 9:00 am Self- Directed Learning
9:00 - 10:00 am Anatomy of the skeleton <b>(Anatomy)</b> Dr.Ali	9:00 - 10:00 am Bones of the upper limb <b>(Anatomy)</b> Dr.Khalil	9:00 - 10:00 am Embryology of the skeleton <b>(Anatomy)</b> Dr.Ahmed	  <b>All Staff</b>	9:00 - 10:00 am Fracture and bone healing  <b>(Pathology)</b> Dr. Al Sheikh
10:00 - 11:00am Histology of the Muscles <b>(Histology)</b> Dr.Mohammed Atiah	10:00 - 11:00am Organization of the nervous system and the motor unit <b>(Physiology)</b>  Dr. Taha	10:00 - 11:00am Resting membrane potential  <b>(Physiology)</b>  Dr. Taha	10:00 - 11:00am Self- Directed Learning	10:00 - 11:00am Self- Directed Learning
11:00- 12:00 pm Self- Directed Learning	11:00- 12:00 Bones of the lower limb <b>(Anatomy)</b> Dr.Wahra	11:00 - 12:00 pm Self- Directed Learning	11:00- 12:00 pm Properties of nerve fibers <b>(Physiology)</b> Dr. Taha	11:00- 12:00 pm Congenital and developmental bone disease <b>(Pathology)</b> Dr. Al Sheikh
<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm
1:00 - 2:00 pm Bones of the axial skeleton <b>(Anatomy)</b> Prof.Saeed Abualmakarem	1:00 -3:00pm  <u>Practical</u> appendicular skeleton  <b>(Histology)</b> All Staff	1:00 - 2:00 pm Action potential  <b>(Physiology)</b> Dr. Taha	1:00 - 3:00 pm Self- Directed Learning	1:00 - 3:00 pm  <b>Salam</b>
2:00 - 3:00 pm Self- Directed Learning				

**LECTURE HALL -2**

**NEW BUILDING LEVEL 2**

**KING SAUD UNIVERSITY  
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**WEEK 2 – MUSCULOSKELETAL BLOCK (Male-B)**

Week (2) Starting: 1/1/2011 (26/10/1432)

**BACK**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. MUSAAD Al FAYEZ**

Saturday	Sunday	Monday	Tuesday	Wednesday
<b>01 January 2011</b>	<b>02 January 2011</b>	<b>03 January 2011</b>	<b>04 January 2011</b>	<b>05 January 2011</b>
8:00 - 9:00 am Self- Directed Learning	8:00-9:00am Glycogen metabolism in muscle <b>(Biochemistry)</b>  <b>Dr. Amr</b>	8:00 - 9:00 am Sacrum and pelvis <b>(Anatomy)</b> <b>Dr.Essam</b>	8:00 - 9:00am Self- Directed Learning	8:00 - 10:00 am  <b><u>Practical</u></b>  Pelvis  <b>(Anatomy)</b> <b>All Staff</b>
9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Causes and mechanisms of back pain  <b>(Orthopaedic)</b> <b>Dr. Khalid Alsalah</b>	9:00 - 10:00 am Self- Directed Learning	
10:00 - 11:00am Cervical spine <b>(Anatomy)</b> <b>Prof.Saeed Abualmakarem</b>	10:00 - 11:00am Muscles of the back <b>(Anatomy)</b> <b>Dr.Ahmed</b>	10:00 - 11:00am Self- Directed Learning	10:00 - 11:00am Self- Directed Learning	10:00 - 11:00am Self- Directed Learning
11:00- 12:00 pm Thoracolumbar spine <b>(Anatomy)</b> <b>Dr.Wahra</b>	11:00- 12:00pm Radiology of the back <b>(Radiology)</b> <b>Dr.Sultan Al-Harbi</b> <b>Dr.Nizar Al.Nakshabandi</b>	11:00 - 12:00pm Self- Directed Learning	11:00- 12:00 pm NSAID  <b>(Pharmacology)</b> <b>Dr. Osama</b>	11:00- 12:00 pm Self- Directed Learning
<b>Lunch</b> 12:00 - 1:00pm	<b>Lunch</b> 12:00 - 1:00pm	<b>Lunch</b> 12:00 - 1:00pm	<b>Lunch</b> 12:00 - 1:00pm	<b>Lunch</b> 12:00 - 1:00pm
1:00 - 2:30 pm  <b>PBL</b> <b>Case 1 Part 1</b>	1:00 -3:00pm <b><u>Practical</u></b>  Muscles of the back  <b>(Anatomy)</b>  <b>All Staff</b>	1:00 - 3:00 pm  Self- Directed Learning	1:00 - 2:30 pm  <b>PBL</b> <b>Case 1 Part 2</b>  3:00-4:00pm Self- Directed Learning	1:00 - 3:00 pm    <b>Salam</b>
3:00-4:00pm Self- Directed Learning				

**LECTURE HALL -2**

**NEW BUILDING LEVEL 2**

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**WEEK 3 – MUSCULOSKELETAL BLOCK (Male-B)**

Week (3) Starting: 08/01/2011 (04/02/1432)

**UPPER LIMBS**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. MUSAAD AL FAYEZ**

Saturday 08 January 2011	Sunday 09 January 2011	Monday 10 January 2011	Tuesday 11 January 2011	Wednesday 12 January 2011
8:00 - 9:00 am Self- Directed Learning	8:00-9:00am Neuromuscular transmission  (Physiology) <b>Dr. Taha</b>	8:00 - 9:00 am Hand and wrist  (Anatomy) <b>Dr.Wahra</b>	8:00 - 10:00am  <u>Practical</u>  Muscles of upper limb	8:00 - 9:00 am Self- Directed Learning
9:00 - 10:00 am Pectoral region and axilla  (Anatomy) <b>Prof.Saeed Abualmakarem</b>	9:00 - 10:00 am Physiology of muscle contraction  (Physiology) <b>Dr. Taha</b>	9:00 - 10:00 am Anatomy of the forearm (Anatomy) <b>Prof.Saeed Abualmakarem</b>	(Anatomy)  <b>All Staff</b>	9:00 - 10:00 am Aerobic and anaerobic metabolism in muscle  (Biochemistry) <b>Dr. Usman</b>
10:00 - 11:00am Anatomy of the shoulder (Anatomy) <b>Dr.Ahmed</b>	10:00 - 11:00am Arm and elbow (Anatomy) <b>Dr.Khalil</b>	10:00 - 11:00am Self- Directed Learning	10:00 - 11:00am Physiology of muscle contraction (Physiology) <b>Dr. Taha</b>	10:00 - 11:00am Creatine metabolism (Biochemistry) <b>Dr. Amr</b>
11:00- 12:00 pm Self- Directed Learning	11:00- 12:00 pm Axillary and median nerve (Anatomy) <b>Prof.Saeed Abualmakarem</b>	11:00 - 12:00pm Vascular anatomy of the upper limb (Anatomy) <b>Dr.Essam</b>	11:00- 12:00 pm Muscle relaxants and neuromuscular blockers  (Pharmacology) <b>Dr. Mahaser</b>	11:00- 12:00 pm Mechanisms of auto-immunity (Immunology) <b>Prof. Shakour</b>
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:30 pm  PBL Case 2 Part 1	1:00 -2:00pm Radial and ulnar nerves (Anatomy) <b>Dr.Wahra</b>	1:00 - 3:00 pm  <u>Practical</u>  Nerves and vessels of upper limb	1:00 - 2:30 pm  PBL Case 2 Part 2	1:00 - 3:00 pm  Salam
3:00- 4:00pm Self- Directed Learning	2:00- 3:00pm Self- Directed Learning	(Anatomy)  <b>All Staff</b>	3:00- 4:00pm Self- Directed Learning	

**LECTURE HALL -2**

**NEW BUILDING LEVEL 2**

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**WEEK 4 – MUSCULOSKELETAL BLOCK (Male-B)**

Week (4) Starting: 15/01/20101 ( 11/02 /1432)

**LOWER LIMBS**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. MUSAAD AL FAYEZ**

Saturday	Sunday	Monday	Tuesday	Wednesday
15 January 2011 8:00 -10:00 am	16 January 2011 8:00 - 9:00am Frontal lateral compartment of the leg and dorsum foot <b>(Anatomy)</b> Dr. Vohra	17 January 2011 8:00 - 9:00 am Popliteal fossa, back of the leg and sole of the foot <b>(Anatomy)</b> Dr.Wahra	18 January 2011 8:00 - 9:00am Vascular anatomy of the lower limb <b>(Anatomy)</b> Dr.Essam	19 January 2011 8:00 - 10:00 am
<b>Midterm exam</b>	9:00 - 10:00 am Frontal medial thigh <b>(Anatomy)</b> Dr.Ahmed	9:00 - 10:00 am Muscular dystrophy <b>(Pathology)</b> Dr. AL Khalidi	9:00 - 10:00 am Physical and Psychological factors in athletic performance <b>(Physiology)</b> Dr. Taha	<b>Practical</b>  Nerves and vessels  <b>(Anatomy)</b>  <b>All Staff</b>
	10:00 - 11:00 am Self- Directed Learning	10:00 - 11:00 pm Muscle adaptation to exercise <b>(Physiology)</b> Dr. Taha	10:00 - 12:00 pm  <b>Practical</b> Lower limbs Muscle  <b>(Anatomy)</b>  <b>All Staff</b>	
11:00- 12:00 pm Gluteal region and back of the thigh <b>(Anatomy)</b> Prof.Saeed Abualmakarem	<b>Salam Exam</b>	11:00- 12:00 pm Sciatic nerve <b>(Anatomy)</b> Prof.Saeed Abualmakarem		11:00- 12:00pm Cellulitis and common skin infections <b>(Microbiology)</b> Dr. Ali Somily
<b>Lunch</b> 12:00 – 1:00pm		<b>Lunch</b> 12:00 – 1:00pm		<b>Lunch</b> 12:00 – 1:00pm
1:00 - 2:30 pm  <b>PBL</b> Case 3 Part 1	1:00 -2:00 pm Introduction to myopathies <b>(Pathology)</b> Dr. AL Khalidi	1:00 - 3:00 pm  History Taking and IM Injection	1:00 - 2:30 pm  <b>PBL</b> Case 3 Part 2	1:00 - 3:00 pm  <b>Self- Directed Learning</b>
3:00- 4:00pm  Self- Directed Learning	2:00- 3:00pm Autoimmune diseases <b>(Immunology)</b> Prof. Gad El Rab	( Introduction of the clinical Medicine) “ B1 “	3:00- 4:00pm  Self- Directed Learning	

**LECTURE HALL -2**

**NEW BUILDING LEVEL 2**

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**WEEK 5 – MUSCULOSKELETAL BLOCK (Male-B)**

Week (5) Starting: 22/01/20101 (18/02/1432)

**JOINTS**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. Musaad Al Fayez**

Saturday	Sunday	Monday	Tuesday	Wednesday
<b>22 January 2011</b>	<b>23 January 2011</b>	<b>24 January 2011</b>	<b>25 January 2011</b>	<b>26 January 2011</b>
8:00 - 9:00 am Hip joint  (Anatomy) <b>Dr.Essam</b>	8:00-10:00 am Anatomy of the ankle joints  (Anatomy) <b>Dr.Wahra</b>	8:00 - 9:00 am Purine degradation and gout (Biochemistry)	<b>Revision</b>	<b>Revision</b>
9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Self- Directed Learning	9:00 – 10:00 am Drugs used in treatment of gout  (Pharmacology) <b>Dr. Osama</b>		
10:00 - 11:00am Self- Directed Learning	10:00 - 11:00am Musculoskeletal Radiology (Radiology) <b>Dr.Rasheed Al-Jurayyan</b> <b>Dr.Ahmed Boukai</b>	10:00 - 12:00pm  History Taking and IM Injection  ( Introduction of the clinical Medicine) “ B2 “		
11:00- 12:00 pm Anatomy of the knee joints (Anatomy) <b>Dr.Ahmed</b>	11:00- 12:00pm Disease modifying and Rheumatoid drugs (Pharmacology) <b>Dr. Osama</b>			
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm		
1:00 - 2:00 pm Non-infectious arthritis (Pathology) <b>Dr. Al Sheikh</b>	1:00 -2:00pm Osteomyelitis and septic arthritis (Pathology) <b>Dr. Al Sheikh</b>	1:00 - 3:00 pm  <u>Practical</u>		
2:00- 3:00pm Laboratory and clinical aspects of necrotizing fasciitis (Microbiology) <b>Prof. Kambal</b>	2:00- 3:00pm Microbiology of joints and bone infection (Microbiology) <b>Prof. Kambal</b>	  (Pathology) <b>Dr. Amer Shafie</b>		
			<b>Revision</b>	<b>Revision</b>
				1:00 - 3:00 pm  Salam

LECTURE HALL -2

NEW BUILDING LEVEL 2

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<b>WEEK 6 – MUSCULOSKELETAL BLOCK (Male-B)</b>				
Week (6) Starting: 29/01/2011 ( 25/02/1432)				
<b>EXAMINATION WEEK</b>				
<b>CHAIR PERSON: Dr. Ahmed Bin Nasser</b>				
<b>CO-CHAIR: Dr. MUSAAD AL FAYEZ</b>				
<b>Saturday</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
<b>29 January 2011</b>	<b>30 January 2011</b>	<b>31 January 2011</b>	<b>01 February 2011</b>	<b>02 February 2011</b>
8:00 - 9:00 am	8:00-9:00am	8:00 - 9:00 am	8:00 - 9:00am	8:00 - 9:00 am
9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am
10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am
11:00- 12:00 pm	11:00- 12:00 pm	11:00 - 12:00 pm	11:00- 12:00 pm	11:00- 12:00 pm
<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm
1:00 - 3:00 pm	1:00 -3:00pm	1:00 - 3:00 pm	1:00 - 3:00 pm	1:00 - 3:00 pm