

**KING SAUD UNIVERSITY  
COLLEGE OF MEDICINE**

**WEEK 1 – MUSCULOSKELETAL BLOCK (Male-A)**

Week (1) Starting: 25/12/2010 ( 19/1/1432 )

**SKELETON**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. Musaad Al Fayez**

Saturday	Sunday	Monday	Tuesday	Wednesday
<b>25 December 2010</b>	<b>26 December 2010</b>	<b>27 December 2010</b>	<b>28 December 2010</b>	<b>29 December 2010</b>
8:00 - 9:00 am Anatomy of the skeleton <b>(Anatomy)</b> <b>Dr.Ali</b>	8:00-9:00am Bones of the axial skeleton <b>(Anatomy)</b> <b>Prof.Saeed Abualmakarem</b>	8:00 - 9:00 am Congenital and developmental bone disease  <b>(Pathology)</b> <b>Dr. Al Sheikh</b>	8:00 - 9:00am Bones of the lower limb <b>(Anatomy)</b> <b>Dr.Wahra</b>	8:00 - 9:00am  <b>Self- Directed Learning</b>
9:00 - 10:00 am Physiology of the bone <b>(Physiology)</b> <b>Dr. Taha</b>	9:00 - 10:00 am Resting membrane potential  <b>(Physiology)</b> <b>Dr. Taha</b>	9:00 - 10:00 am Bones of the upper limb <b>(Anatomy)</b> <b>Dr.Khalil</b>	9:00 - 10:00 am Properties of nerve fibers <b>(Physiology)</b> <b>Dr. Taha</b>	9:00 - 10:00 am  <b>Self- Directed Learning</b>
10:00 - 11:00am  <b>Self- Directed Learning</b>	10:00 - 12:00pm  <b>Practical</b> appendicular skeleton	10:00 - 11:00am  <b>Self- Directed Learning</b>	10:00 - 11:00am Fracture and bone healing <b>(Pathology)</b> <b>Dr. Al Sheikh</b>	10:00 - 12:00am  <b>Practical</b> Axial skeleton <b>(Anatomy)</b> <b>All Staff</b>
11:00- 12:00 pm Organization of the nervous system and the motor unit <b>(Physiology)</b> <b>Dr. Taha</b>	<b>(Histology)</b> <b>All Staff</b>	11:00 - 12:00 pm Nerve action potential  <b>(Physiology)</b> <b>Dr. Taha</b>	11:00 - 12:00 pm <b>Self- Directed Learning</b>	
<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm
1:00 - 2:00 pm Histology of the Muscles <b>(Histology)</b> <b>Dr.Mohammed Atiah</b>	1:00 -3:00pm  <b>Self- Directed Learning</b>	1:00 - 2:00 pm Embryology of the skeleton <b>(Anatomy)</b> <b>Dr.Ahmed</b>	1:00 - 3:00 pm  <b>Self- Directed Learning</b>	1:00 - 3:00 pm  <b>Salam</b>
2:00 -3:00pm  <b>Self- Directed Learning</b>		2:00 -3:00pm  <b>Self- Directed Learning</b>		

**LECTURE HALL -1**

**NEW BUILDING LEVEL 2**

**KING SAUD UNIVERSITY  
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**WEEK 2 – MUSCULOSKELETAL BLOCK (Male-A)**

Week (2) Starting: : 1/1/2011 (26/10/1432)

**BACK**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. MUSAAD Al FAYEZ**

Saturday	Sunday	Monday	Tuesday	Wednesday
<b>01 January 2011</b>	<b>02 January 2011</b>	<b>03 January 2011</b>	<b>04 January 2011</b>	<b>05 January 2011</b>
8:00 - 9:00 am Cervical spine <b>(Anatomy)</b> Prof.Saeed Abualmakarem	8:00-9:00am Thoracolumbar spine <b>(Anatomy)</b> Dr.Wahra	8:00 - 9:00 am Self- Directed Learning	8:00 - 9:00am Self- Directed Learning	8:00 - 9:00 am Self- Directed Learning
9:00 - 10:00 am Glycogen metabolism in muscle  <b>(Biochemistry)</b> Dr. Amr	9:00 - 10:00 am Muscles of the back <b>(Anatomy)</b> Dr.Ahmed	9:00 - 10:00 am Sacrum and pelvis <b>(Anatomy)</b> Dr.Essam	9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Self- Directed Learning
10:00 - 12:00pm  Self- Directed Learning	10:00 - 12:00am  <u>Practical</u>  Muscles of the back  <b>(Anatomy)</b>  All Staff	10:00 - 11:00am Causes and mechanisms of back pain <b>(Orthopedic)</b> Dr. Khalid Alsalah	10:00 - 12:00pm  <u>Practical</u>  Vertebrac  <b>(Anatomy)</b> All Staff	10:00 - 11:00am Self- Directed Learning
		11:00 - 12:00pm NSAIDs <b>(Pharmacology)</b> Dr. Osama		11:00- 12:00 pm  Self- Directed Learning
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:30 pm  PBL Case 1 Part 1	1:00 -2:00pm Radiology of the back <b>(Radiology)</b> Dr.Sultan Al-Harbi Dr.Nizar Al.Nakshabandi	1:00 - 3:00 pm Self- Directed  Learning	1:00 - 2:30 pm  PBL Case 1 Part 2	1:00 - 3:00 pm   Salam
3:00-4:00pm Self- Directed Learning	3:00-4:00pm Self- Directed Learning		3:00-4:00pm  Self- Directed Learning	

**LECTURE HALL -1**

**NEW BUILDING LEVEL 2**

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COLLEGE OF MEDICINE**

**WEEK 3 – MUSCULOSKELETAL BLOCK (Male-A)**

Week (3) Starting: : 08/01/2011 (04/02/1432)

**UPPER LIMBS**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. Musaad Al Fayez**

Saturday	Sunday	Monday	Tuesday	Wednesday
08 January 2011	09 January 2011	10 January 2011	11 January 2011	12 January 2011
8:00 - 9:00 am Pectoral region and axilla <b>(Anatomy)</b> Prof.Saeed Abualmakarem	8:00-9:00am Aerobic and anaerobic metabolism in muscle <b>(Biochemistry)</b> Dr. Usman	8:00 - 9:00 am Anatomy of the forearm <b>(Anatomy)</b> Prof.Saeed Abualmakarem	8:00 - 9:00am Radial and ulnar nerves  <b>(Anatomy)</b> Dr.Wahra	8:00 - 9:00 am Self- Directed Learning
9:00 - 10:00 am NM Transmission <b>(Physiology)</b> Dr. Taha	9:00 - 10:00 am Anatomy of the shoulder <b>(Anatomy)</b> Dr.Ahmed	9:00 - 10:00 am Physiology of muscle contraction <b>(Physiology)</b> Dr. Taha	9:00 - 10:00 am Vascular anatomy of the upper limb <b>(Anatomy)</b>	9:00 - 10:00 am Mechanisms of auto-immunity <b>(Immunology)</b> Prof. Shakour
10:00 - 11:00am  Self- Directed Learning	10:00 - 11:00am Muscle relaxants and neuromuscular blockers  <b>(Pharmacology)</b>  Dr. Mahesar	10:00 - 11:00am Hand and wrist <b>(Anatomy)</b> Dr.Wahra	10:00 - 12:00pm  <u>Practical</u>  Nerves and vessels of upper limb  <b>(Anatomy)</b> All Staff	10:00 - 11:00am Self- Directed Learning
11:00- 12:00 pm Muscle Contraction <b>(Physiology)</b> Dr. Taha	11:00- 12:00pm Arm and elbow <b>(Anatomy)</b> Dr.Khalil	11:00 - 12:00pm Creatine metabolism <b>(Biochemistry)</b> Dr. Amr		11:00 - 12:00pm <u>Practical</u>  Muscles of upper limb <b>(Anatomy)</b> All Staff
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:30 pm  PBL Case 2 Part 1	1:00 -2:00pm Axillary and median nerve <b>(Anatomy)</b> Prof.Saeed Abualmakarem	1:00 - 3:00 pm  Self- Directed Learning	1:00 - 2:30 pm  PBL Case 2 Part 2	1:00 - 3:00 pm
3:00- 4:00pm Self- Directed Learning	3:00- 4:00pm Self- Directed Learning		3:00- 4:00pm Self- Directed Learning	Salam

LECTURE HALL -1

NEW BUILDING LEVEL 2

**KING SAUD UNIVERSITY  
COLLEGE OF MEDICINE**

**WEEK 4 – MUSCULOSKELETAL BLOCK (Male-A)**

Week (4) Starting: : 15/01/20101 ( 11/02 /1432)

**LOWER LIMBS**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. Musaad Al Fayez**

<b>Saturday</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
<b>15 January 2011</b>	<b>16 January 2011</b>	<b>17 January 2011</b>	<b>18 January 2011</b>	<b>19 January 2011</b>
8:00 - 10:00 am	8:00 - 9:00am Gluteal region and back of the thigh <b>(Anatomy)</b> Prof.Saeed Abualmakarem	8:00 - 9:00 am Sciatic nerve <b>(Anatomy)</b> Prof.Saeed Abualmakarem	8:00 - 10:00am <u>Practical</u> Muscles of lower limb  <b>(Anatomy)</b> All Staff	8:00 - 9:00 am  <b>Self- Directed Learning</b>
<b>Midterm exam</b>	9:00 - 10:00 am Autoimmune diseases <b>(Immunology)</b> Prof. Gad El Rab	9:00 - 10:00 am Vascular anatomy of the lower limb <b>(Anatomy)</b> Dr.Essam		9:00 - 10:00 am Osteomyelitis and septic arthritis <b>(Pathology)</b> Dr. Al Sheikh
	10:00 - 11:00 am <b>Self- Directed Learning</b>	10:00 - 11:00 am <b>Self- Directed Learning</b>	10:00 - 11:00 am Popliteal fossa, back of the leg and sole of the foot <b>(Anatomy)</b> Dr.Wahra	10:00 - 11:00 am Physical and Psychological factors in athletic performance  <b>(Physiology)</b> Dr. Taha
11:00 - 12:00 pm Muscle Adaptation to exercise <b>(Physiology)</b> Dr. Taha	11:00- 12:00 pm Frontal medial thigh <b>(Anatomy)</b> Dr.Ahmed	11:00 - 12:00 pm <b>Self- Directed Learning</b>	11:00- 12:00 pm Non-infectious arthritis <b>(Pathology)</b> Dr. Al Sheikh	11:00- 12:00 pm Muscular dystrophy <b>(Pathology)</b> Dr. AL Khalidi
<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm	<b>Lunch</b> 12:00 – 1:00pm
1:00 - 2:30 pm <b>PBL</b> Case 3 Part 1	1:00 -2:00 pm Frontal lateral compartment of the leg and dorsum foot  <b>(Anatomy)</b> Dr.Wahra	1:00 - 3:00 pm  <u>Practical</u>  Nerves and vessels of lower limb	1:00 - 2:30 pm  <b>PBL</b> Case 3 Part 2	<b>Salam</b>
3:00- 4:00pm <b>Self- Directed Learning</b>	3:00- 4:00pm <b>Self- Directed Learning</b>	<b>(Anatomy)</b> All Staff	3:00- 4:00pm <b>Self- Directed Learning</b>	

**LECTURE HALL -1**

**NEW BUILDING LEVEL 2**

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**WEEK 5 – MUSCULOSKELETAL BLOCK (Male-A)**

Week (5) Starting: : 22/01/20101 (18/02/1432)

**JOINTS**

**CHAIR PERSON: Dr. Ahmed Bin Nasser**

**CO-CHAIR: Dr. Musaad Al Fayez**

Saturday	Sunday	Monday	Tuesday	Wednesday	
<b>22 January 2011</b>	<b>23 January 2011</b>	<b>24 January 2011</b>	<b>25 January 2011</b>	<b>26 January 2011</b>	
8:00 - 9:00 am Laboratory and clinical aspects of necrotizing fasciitis <b>(Microbiology)</b> <b>Prof. Kambal</b>	8:00-9:00am Microbiology of joints and bone infection <b>(Microbiology)</b> <b>Prof. Kambal</b>	8:00 - 9:00 am Introduction to bone and soft tissue tumors <b>(Pathology)</b> <b>Dr. Al Sheikh</b>	<b>Revision</b>	<b>Revision</b>	
9:00 - 10:00 am Hip joint <b>(Anatomy)</b> <b>Dr.Essam</b>	9:00 - 10:00 am Anatomy of Ankle joint <b>(Anatomy)</b> <b>Dr.Wahra</b>	9:00 - 10:00 am Cellulitis and common skin infections <b>(Microbiology)</b> <b>Dr. Ali Somily</b>			
10:00 - 11:00am Anatomy of the knee joints <b>(Anatomy)</b> <b>Dr.Ahmed</b>	10:00 - 12:00pm History Taking and IM Injection  ( introduction to the clinical medicine) “ A1 “	10:00 - 12:00pm  <u>Practical</u>  Pathology <b>Dr. Amer Shafie</b>			
11:00- 12:00 pm Purine degradation and gout <b>(Biochemistry)</b> <b>Dr. Usman</b>		Lunch 12:00 – 1:00pm			Lunch 12:00 – 1:00pm
1:00 - 2:00 pm Drugs used in treatment of gout <b>(Pharmacology)</b> <b>Dr. Osama</b>	1:00 -3:00pm History Taking and IM Injection  ( introduction of clinical medicine) “ A2 “	1:00 - 2:00 pm Disease modifying and Rheumatoid Drugs <b>( Pharmacology )</b> <b>Dr. Osama</b>			1:00 - 3:00 pm  Salam
2:00- 3:00pm Musculoskeletal Radiology <b>(Radiology)</b> <b>Dr.Rasheed Al-Jurayyan</b> <b>Dr.Ahmed Boukai</b>		2:00- 3:00pm  Self- Directed Learning			

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NEW BUILDING LEVEL 2

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WEEK 6 – MUSCULOSKELETAL BLOCK (Male-A)				
Week (6) Starting: : 29/01/2011 ( 25/02/1432)				
EXAMINATION WEEK				
CHAIR PERSON: Dr. Ahmed Bin Nasser				
CO-CHAIR: Dr. MUSAAD AL FAYEZ				
Saturday	Sunday	Monday	Tuesday	Wednesday
29 January 2011	30 January 2011	31 January 2011	01 February 2011	02 February 2011
8:00 - 9:00 am	8:00-9:00am	8:00 - 9:00 am	8:00 - 9:00am	8:00 - 9:00 am
9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am
10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am
11:00- 12:00 pm	11:00- 12:00 pm	11:00 - 12:00 pm	11:00- 12:00 pm	11:00- 12:00 pm
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 3:00 pm	1:00 -3:00pm	1:00 - 3:00 pm	1:00 - 3:00 pm	1:00 - 3:00 pm