WEEK 1 – MUSCULOSKELETAL BLOCK (Male~B)

Week (1) Starting: 25/12/2010 (19/1/1432)

SKELETON

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. Musaad Al Fayez

Saturday	Sunday	Monday	Tuesday	Wednesday
25 December 2010	26 December 2010	27 December 2010	28 December 2010	29 December 2010
8:00 - 9:00 am Self- Directed	8:00~9:00am Physiology of the	8:00 ~ 9:00 am Self~ Directed	8:00 ~ 10:00am	8:00 ~ 9:00 am Self~ Directed
Learning	bone (Physiology) Dr. Taha	Learning	<u>Practical</u> Axial skeleton (Anatomy)	Learning
9:00 ~ 10:00 am Anatomy of the skeleton	9:00 ~ 10:00 am Bones of the upper limb	9:00 ~ 10:00 am Embryology of the skeleton	All Staff	9:00 ~ 10:00 am Fracture and bone healing
(Anatomy) Dr.Ali	(Anatomy) Dr.Khalil	(Anatomy) Dr.Ahmed		(Pathology) Dr. Al Sheikh
10:00 ~ 11:00am Histology of the Muscles (Histology)	10:00 ~ 11:00am Organization of the nervous system and the motor unit	10:00 ~ 11:00am Resting membrane potential	10:00 ~ 11:00am Self~ Directed Learning	10:00 ~ 11:00am Self~ Directed Learning
Dr.Mohammed Atiah	(Physiology)	(Physiology)		
	Dr. Taha	Dr. Taha		
11:00~ 12:00 pm	11:00~ 12:00	11:00 ~ 12:00 pm	11:00~ 12:00 pm	11:00~ 12:00 pm
Self- Directed	Bones of the lower	Self- Directed	Properties of nerve	Congenital and developmental bone
Learning	limb (Anatomy)	Learning	fibers (Physiology)	developmental bone disease
	Dr.Wahra		Dr. Taha	(Pathology) Dr. Al Sheikh
Lunch	Lunch	Lunch	Lunch	Lunch
12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm
1:00 ~ 2:00 pm	1:00 ~3:00pm	1:00 ~ 2:00 pm	1:00 ~ 3:00 pm	1:00 ~ 3:00 pm
Bones of the axial skeleton	Practical	Action potential	Self- Directed Learning	
(Anatomy)	appendicular	(Physiology)	Learning	Salam
Prof.Saeed	skeleton	Dr. Taha		varani
Abualmakarem				
2:00 ~ 3:00 pm	(Histology)			
Self- Directed	All Staff			
Learning				

LECTURE HALL -2

WEEK 2 – MUSCULOSKELETAL BLOCK (Male-B)

Week (2) Starting: 1/1/2011 (26/10/1432)

BACK

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. Musaad Al Fayez

Saturday	Sunday	Monday	Tuesday	Wednesday
01 January 2011	02 January 2011	03 January 2011	04 January 2011	05 January 2011
8:00 ~ 9:00 am Self~ Directed Learning	8:00-9:00am Glycogen metabolism in muscle (Biochemistry) Dr. Amr	8:00 ~ 9:00 am Sacrum and pelvis (Anatomy) Dr.Essam	8:00 ~ 9:00am Self- Directed Learning	8:00 ~ 10:00 am <u>Practical</u> Pelvis
9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Causes and mechanisms of back pain (Orthopaedic) Dr. Khalid Alsalah	9:00 - 10:00 am Self- Directed Learning	(Anatomy) All Staff
10:00 - 11:00am Cervical spine (Anatomy) Prof.Saeed Abualmakarem	10:00 ~ 11:00am Muscles of the back (Anatomy) Dr.Ahmed	10:00 ~ 11:00am Self- Directed Learning	10:00 ~ 11:00am Self- Directed Learning	10:00 ~ 11:00am Self- Directed Learning
11:00- 12:00 pm Thoracolumbar spine (Anatomy) Dr.Wahra	11:00- 12:00pm Radiology of the back (Radiology) Dr.Sultan Al-Harbi Dr.Nizar Al.Nakshabandi	11:00 ~ 12:00pm Self- Directed Learning	11:00~ 12:00 pm NSAID (Pharmacology) Dr. Osama	11:00~ 12:00 pm Self~ Directed Learning
Lunch 12:00 — 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 ~ 2:30 pm PBL Case 1 Part 1	1:00 -3:00pm Practical Muscles of the back	1:00 ~ 3:00 pm Self~ Directed Learning	1:00 ~ 2:30 pm PBL Case 1 Part 2 3:00-4:00pm	1:00 ~ 3:00 pm
3:00-4:00pm Self- Directed Learning	(Anatomy) All Staff		Self- Directed Learning	

LECTURE HALL -2

WEEK 3 – MUSCULOSKELETAL BLOCK (Male~B)

Week (3) Starting: 08/01/2011 (04/02/1432)

UPPER LIMBS

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO~CHAIR:	Dr. Musa	ad Al Fayez
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Saturday	Sunday	Monday	Tuesday	Wednesday	
08 January 2011	09 January 2011	10 January 2011	11 January 2011	12 January 2011	
8:00 ~ 9:00 am Self~ Directed Learning	8:00-9:00am Neuromuscular transmission (Physiology) Dr. Taha	8:00 ~ 9:00 am Hand and wrist (Anatomy) Dr.Wahra	8:00 ~ 10:00am Practical Muscles of upper	8:00 ~ 9:00 am Self~ Directed Learning	
9:00 - 10:00 am Pectoral region and axilla (Anatomy) Prof.Saeed Abualmakarem	9:00 ~ 10:00 am Physiology of muscle contraction (Physiology) Dr. Taha	9:00 - 10:00 am Anatomy of the forearm (Anatomy) Prof.Saeed Abualmakarem	limb (Anatomy) All Staff	9:00 ~ 10:00 am Aerobic and anaerobic metabolism in muscle (Biochemistry) Dr. Usman	
10:00 ~ 11:00am Anatomy of the shoulder (Anatomy) Dr.Ahmed	10:00 ~ 11:00am Arm and elbow (Anatomy) Dr.Khalil	10:00 ~ 11:00am Self~ Directed Learning	10:00 ~ 11:00am Physiology of muscle contraction (Physiology) Dr. Taha	10:00 ~ 11:00am Creatine metabolism (Biochemistry) Dr. Amr	
11:00~ 12:00 pm Self~ Directed Learning	11:00~ 12:00 pm Axillary and median nerve (Anatomy) Prof.Saeed Abualmakarem	11:00 ~ 12:00pm Vascular anatomy of the upper limb (Anatomy) Dr.Essam	11:00~ 12:00 pm Muscle relaxants and neuromuscular blockers (Pharmacology) Dr. Mahaser	11:00~ 12:00 pm Mechanisms of auto- immunity (Immunology) Prof. Shakour	
Lunch 12:00 — 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	
1:00 ~ 2:30 pm PBL Case 2 Part 1	1:00 -2:00pm Radial and ulnar nerves (Anatomy) Dr.Wahra	1:00 ~ 3:00 pm Practical Nerves and vessels of upper limb	1:00 ~ 2:30 pm PBL Case 2 Part 2	1:00 - 3:00 pm	
3:00- 4:00pm Self- Directed Learning	2:00- 3:00pm Self- Directed Learning	(Anatomy) All Staff	3:00~ 4:00pm Self- Directed Learning		

LECTURE HALL -2

WEEK 4 – MUSCULOSKELETAL BLOCK (Male-B)

Week (4) Starting: 15/01/20101 (11/02/1432)

LOWER LIMBS

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. Musaad Al Fayez

Saturday	Sunday	Monday	Tuesday	Wednesday
15 January 2011	16 January 2011	17 January 2011	18 January 2011	19 January 2011
8:00 ~10:00 am Midterm exam	8:00 - 9:00am Self- Directed Learning	8:00 ~ 9:00 am Popliteal fossa, back of the leg and sole of the foot (Anatomy) Dr.Wahra	8:00 ~ 9:00am Vascular anatomy of the lower limb (Anatomy) Dr.Essam	8:00 - 10:00 am Practical Nerves and vessels
	9:00 - 10:00 am Frontal medial thigh (Anatomy) Dr.Ahmed	9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Physical and Psychological factors in athletic performance (Physiology) Dr. Taha	(Anatomy) All Staff
10:00 ~ 11:00 am Self~ Directed Learning	10:00 ~ 11:00 am Introduction to bone and soft tissue tumors (Pathology) Dr. Al Sheikh	10:00 - 11:00 pm Muscle adaptation to exercise (Physiology) Dr. Taha	10:00 ~ 12:00 pm Practical Lower limbs Muscle	10:00 ~ 11:00 pm Muscular dystrophy (Pathology) Dr. AL Khalidi
11:00~ 12:00 pm Gluteal region and back of the thigh (Anatomy) Prof.Saeed Abualmakarem	11:00~ 12:00 pm Frontal lateral compartment of the leg and dorsum foot (Anatomy) Dr.Wahra	11:00~ 12:00 pm Sciatic nerve (Anatomy) Prof.Saeed Abualmakarem	(Anatomy) All Staff	11:00~ 12:00pm Cellulitis and common skin infections (Microbiology) Dr. Ali Somily
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 ~ 2:30 pm PBL Case 3 Part 1	1:00 ~ 2:00 pm Introduction to myopathies (Pathology) Dr. AL Khalidi	1:00 - 3:00 pm History Taking and IM Injection	1:00 - 2:30 pm PBL Case 3 Part 2	1:00 - 3:00 pm
3:00- 4:00pm Self- Directed Learning	2:00~ 3:00pm Autoimmune diseases (Immunology) Prof. Gad El Rab	(Introduction of the clinical Medicine) " B1 "	3:00~ 4:00pm Self~ Directed Learning	

LECTURE HALL -2

WEEK 5 – MUSCULOSKELETAL BLOCK (Male-B)

Week (5) Starting: 22/01/20101 (18/02/1432)

JOINTS

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. Musaad Al Fayez

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Saturday	Sunday	Monday	Tuesday	Wednesday
22 January 2011	23 January 2011	24 January 2011	25 January 2011	26 January 2011
8:00 ~ 9:00 am	8:00~10:00 am	8:00 ~ 9:00 am	8:00 ~ 4:00pm	8:00 ~ 4:00 pm
Hip joint	Anatomy of the	Purine degredation		
(1)	ankle joints	and gout		
(Anatomy) Dr.Essam	(Anatomy)	(Biochemistry)		
Dr.Essam	(Anatomy) Dr.Wahra			
	D1. Waiiia			
9:00 ~ 10:00 am	9:00 ~ 10:00 am	9:00 – 10:00 am		
Self~ Directed	Self~ Directed	Drugs used in		
Learning	Learning	treatment of gout		
		(Dia		
		(Pharmacology) Dr. Osama		
10:00 ~ 11:00am	10:00 ~ 11:00am	10:00 - 12:00pm		Revision
Self~ Directed	Musculoskeletal	10000 12000pin		ji
Learning	Radiology	History Taking		1;
	(Radiology)	and		X
	Dr.Rasheed Al~	IM Injection		8
	Jurayyan	A Torton Arration of the	رج	
	Dr.Ahmed Boukai	(Introduction of the clinical Medicine)	5	
11:00~ 12:00 pm	11:00~ 12:00pm	"B2"	Revision	
Anatomy of the knee	Disease modifying	22	Ţ.	
joints	and Rheumatoid			
(Anatomy)	drugs		Ž	
Dr.Ahmed	(Pharmacology)		, ,	
	Dr. Osama			
Lunch 12:00 — 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm		1:00 ~ 3:00 pm
12.00 – 1.00pm	12.00 – 1.00pm	12.00 – 1.00pm		1:00 ~ 5:00 pm
1:00 ~ 2:00 pm	1:00 ~2:00pm	1:00 ~ 3:00 pm		
Non-infectious	Osteomyelitis and			
arthritis (Pathology)	septic arthritis (Pathology)	Practical		Salam
Dr. Al Sheikh	Dr. Al Sheikh	Fractical		
2:00~ 3:00pm	2:00~ 3:00pm			
Laboratory and	Microbiology of	(Pathology)		
clinical aspects of	joints and bone	Dr. Amer Shafie		
necrotizing fasciitis	infection			
(Microbiology)	(Microbiology)			
Prof. Kambal	Prof. Kambal			

LECTURE HALL -2

WEEK 6 – MUSCULOSKELETAL BLOCK (Male-B)

Week (6) Starting: 29/01/2011 (25/02/1432)

EXAMINATION WEEK

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. Musaad Al Fayez

Saturday	Sunday	Monday	Tuesday	Wednesday
29 January 2011	30 January 2011	31 January 2011	01 February 2011	02 February 2011
8:00 - 9:00 am	8:00-9:00am	8:00 ~ 9:00 am	8:00 - 9:00am	8:00 ~ 9:00 am
9:00 - 10:00 am	9:00 - 10:00 am	9:00 ~ 10:00 am	9:00 - 10:00 am	9:00 ~ 10:00 am
10:00 ~ 11:00am				
11:00~ 12:00 pm	11:00~ 12:00 pm	11:00 ~ 12:00 pm	11:00~ 12:00 pm	11:00~ 12:00 pm
Lunch 12:00 — 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 ~ 3:00 pm	1:00 ~3:00pm	1:00 ~ 3:00 pm	1:00 ~ 3:00 pm	1:00 ~ 3:00 pm