

**KING SAUD UNIVERSITY
COLLEGE OF MEDICINE**

WEEK 1 – MUSCULOSKELETAL BLOCK (Female)				
Week (1) Starting: 25/12/2010 (19/1/1432)				
SKELETON				
CHAIR PERSON: Dr. Ahmed Bin Nasser				
CO-CHAIR: Dr. Musaad Al Fayez				
Saturday	Sunday	Monday	Tuesday	Wednesday
25 December 2010	26 December 2010	27 December 2010	28 December 2010	29 December 2010
8:00 - 9:00 am Histology of the bone (Histology) Dr.Raessa	8:00-9:00am Histology of the Muscles (Anatomy) Dr.Raessa	8:00 - 9:00 am Action potential (Physiology) Dr.Faten Zakaria	8:00 - 9:00am Self- Directed Learning	8:00 - 10:00 am <u>Practical</u> Axial skeleton (Anatomy) All Staff
9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Organization of the nervous system and the motor unit (Physiology) Dr.Faten Zakaria	9:00 - 10:00 am Bones of the upper limb (Anatomy) Dr.Jamilah	9:00 - 10:00 am Self- Directed Learning	
10:00 - 11:00am Bones of the axial skeleton (Anatomy) Dr.Zenat	10:00 - 11:00am Fracture and bone healing (Pathology) Dr. Maha Arafa	10:00 - 11:00am Embryology of the skeleton (Anatomy) Dr.Zenat	10:00 - 11:00am Properties of nerve fibers (Physiology) Dr.Faten Zakaria	10:00 - 11:00am Self- Directed Learning
11:00- 12:00 pm Self- Directed Learning	11:00- 12:00 pm Self- Directed Learning	11:00 - 12:00 pm Bones of the lower limb (Anatomy) Dr.Sanaa	11:00- 12:00 pm Self- Directed Learning	11:00- 12:00 pm Self- Directed Learning
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:00 pm Physiology of the bone (Physiology) Dr.Faten Zakaria	1:00 -2:00pm Resting membrane potential (Physiology) Dr.Faten Zakaria	1:00 - 3:00 pm <u>Practical</u> appendicular skeleton (Histology) All Staff	1:00 - 3:00 pm Self- Directed Learning	1:00 - 3:00 pm Salam
2:00 -3:00pm Self- Directed Learning	2:00 -3:00pm Self- Directed Learning			

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WEEK 2 – MUSCULOSKELETAL BLOCK (Female)

Week (2) Starting: 1/1/2011 (26/10/1432)

BACK

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. Musaad Al Fayez

Saturday	Sunday	Monday	Tuesday	Wednesday
01 January 2011	02 January 2011	03 January 2011	04 January 2011	05 January 2011
8:00 - 9:00 am Self- Directed Learning	8:00-9:00am Self- Directed Learning	8:00 - 9:00 am Self- Directed Learning	8:00 - 9:00am Causes and mechanisms of back pain (Orthopaedic) Dr. Khalid Alsalah	8:00 - 9:00 am Sacrum and pelvis (Anatomy) Dr.Jamilah
9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Congenital and developmental bone disease (Pathology) Dr. Maha Arafa	9:00 - 10:00 am Self- Directed Learning
10:30 - 12:00pm PBL Case 1 Part 1	10:00 -11:00 am Thoracolumbar spine (Anatomy) Dr.Zenat	10:00 - 11:00 am NSAIDs (Pharmacology) Prof. Azza	10:30 - 12:00pm PBL Case 1 Part 2	10:00 -12:00 pm <u>Practical</u> Pelvis (Anatomy) All Staff
	11:00 – 12:00pm Muscles of the back (Anatomy) Dr.Zenat	11:00 – 12:00pm Self- Directed Learning		
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:00 pm Cervical spine (Anatomy) Dr.Sanaa	1:00 -2:00 pm Glycogen metabolism in muscle (Biochemistry) Dr. Reem	1:00 - 3:00 pm Radiology of the back (Radiology) Dr.Maram Dr.Nizar	1:00 - 3:00 pm <u>Practical</u> Vertebrae (Anatomy) All Staff	1:00 - 3:00 pm Salam
2:00-3:00pm Self- Directed Learning	2:00-3:00pm Self- Directed Learning	2:00-3:00pm Self- Directed Learning		

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WEEK 3 – MUSCULOSKELETAL BLOCK (Female)

Week (3) Starting: 08/01/2011 (04/02/1432)

UPPER LIMBS

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. MUSAAD AL FAYEZ

Saturday	Sunday	Monday	Tuesday	Wednesday
08 January 2011	09 January 2011	10 January 2011	11 January 2011	12 January 2011
8:00 - 9:00 am Self- Directed Learning	8:00-9:00am Neuromuscular transmission (Physiology) Dr. Hanan	8:00 - 9:00 am Radial and ulnar nerves (Anatomy) Dr.Jamilah	8:00 - 9:00am Vascular anatomy of the upper limb (Anatomy) Dr.Zenat	8:00 - 9:00 am Self- Directed Learning
9:00 - 10:00 am Pectoral region and axilla (Anatomy) Dr.Sanaa	9:00 - 10:00 am Physiology of muscle contraction (Physiology) Dr. Hanan	9:00 - 10:00 am Physiology of muscle contraction (Physiology) Dr. Hanan	9:00 - 10:00 am Creatine metabolism (Biochemistry) Dr. Sumbul	9:00 - 10:00 am Self- Directed Learning
10:30 - 12:00pm PBL Case 2 Part 1	10:00 - 11:00am Anatomy of the shoulder (Anatomy) Dr.Zenat	10:00 - 12:00am <u>Practical</u> Muscles of upper limb (Anatomy) All Staff	10:30 - 12:00pm PBL Case 2 Part 1	10:00 - 11:00am <u>Practical</u> Nerves and vessels of upper limb (Anatomy) All Staff
	11:00- 12:00 pm Arm and elbow (Anatomy) Dr.Zenat			11:00- 12:00 pm Muscle relaxants and neuromuscular blockers (Pharmacology) Dr. Alia
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:00 pm Aerobic and anaerobic metabolism in muscle (Biochemistry) Dr. Reem	1:00 -2:00pm Anatomy of the forearm (Anatomy) Dr.Sanaa	1:00 - 2:00 pm Mechanisms of auto-immunity (Immunology) Prof. Shakour	1:00 - 3:00 pm Self- Directed Learning	1:00 - 3:00 pm Salam
2:00- 3:00pm Axillary and median nerve (Anatomy) Dr.Zenat	2:00- 3:00pm Hand and wrist (Anatomy) Dr.Jamilah	2:00- 3:00pm Self- Directed Learning		

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WEEK 4 – MUSCULOSKELETAL BLOCK (Female)				
Week (4) Starting: 15/01/20101 (11/02 /1432)				
LOWER LIMBS				
CHAIR PERSON: Dr. Ahmed Bin Nasser				
CO-CHAIR: Dr. MUSAAD AL FAYEZ				
Saturday 15 January 2011	Sunday 16 January 2011	Monday 17 January 2011	Tuesday 18 January 2011	Wednesday 19 January 2011
8:00 - 10:00 am Midterm exam	8:00 ~ 9:00am Gluteal region and back of the thigh (Anatomy) Dr.Sanaa	8:00 ~ 9:00 am Vascular anatomy of the lower limb (Anatomy) Dr.Jamilah	8:00 - 9:00am Autoimmune diseases (Immunology) Prof.Gad El Rab	8:00 ~ 9:00 am Muscle adaptation & performance enhancement on training (Physiology) Dr.Faten Zakaria
	9:00 - 10:00 am Self- Directed Learning	9:00 - 10:00 am Popliteal fossa, back of the leg and sole of the foot (Anatomy) Dr.Sanaa	9:00 - 10:00 am Physical and psychological factors in athletic performance (Physiology) Dr.Faten Zakaria	9:00 - 10:00 am Microbiology of joints and bone infection (Microbiology) Dr. Hanan Habib
10:30 - 12:00 pm PBL Case 3 Part 1	10:00 - 11:00 am Self- Directed Learning	10:00 - 11:00 am Self- Directed Learning	10:30 - 12:00 pm PBL Case 3 Part 1	10:00 - 12:00 pm Practical Nerves and vessels of lower limb (Anatomy) All Staff
	11:00- 12:00 pm Frontal medial thigh (Anatomy) Dr.Zenat	11:00 - 12:00 pm Sciatic nerve (Anatomy) Dr.Jamilah		
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:00 pm Introduction to myopathies (Pathology) Dr. Hala Khoury	1:00 ~2:00 pm Frontal lateral compartment of the leg and dorsum foot (Anatomy) Dr.Jamilah	1:00 - 2:00 pm Muscular dystrophy (Pathology) Dr. Hala Khoury	1:00 - 3:00 pm Practical Muscles of lower limb (Anatomy) All Staff	1:00 - 2:00 pm Salam
2:00 - 3:00 pm Self- Directed Learning	2:00 - 3:00 pm Self- Directed Learning	2:00 - 3:00 pm Self- Directed Learning		

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WEEK 5 – MUSCULOSKELETAL BLOCK (Female)

Week (5) Starting: 22/01/2010 (18/02/1432)

JOINTS

CHAIR PERSON: Dr. Ahmed Bin Nasser

CO-CHAIR: Dr. Musaad Al Fayez

Saturday 22 January 2011	Sunday 23 January 2011	Monday 24 January 2011	Tuesday 25 January 2011	Wednesday 26 January 2011
8:00 - 9:00 am Cellulitis and common skin infections (Microbiology) Dr. Fawzia	8:00-9:00am Purine degradation and gout (Biochemistry) Dr. Rana Hasanato	8:00 - 10:00 am History Taking and IM Injection (Introduction of the clinical Medicine) “ F1 “	Revision	Revision
9:00 - 10:00 am Musculoskeletal Radiology (Radiology) Dr.Maram Dr.Ahmed	9:00 - 10:00 am Drugs used in treatment of gout (Pharmacology) Prof. Azza			
10:00 - 11:00am Non-infectious arthritis (Pathology) Dr. Maha Arafa	10:00 - 11:00am Osteomyelitis and septic arthritis (Pathology) Dr. Maha Arafa	10:00-11:00am Introduction to bone and soft tissue tumors (Pathology) Dr. Maha Arafa		
11:00- 12:00 pm Laboratory and clinical aspects of necrotizing fasciitis (Microbiology) Dr. Fawzia	11:00- 12:00 pm Hip joint (Anatomy) Dr.Zenat	11:00 - 12:00pm Anatomy of the knee joints (Anatomy) Dr.Sanaa		
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm		
1:00 - 3:00 pm History Taking and IM Injection (Introduction of the clinical medicine) “ F2 “	1:00 -3:00pm Practical (Pathology) Dr. Shaesta	1:00 - 2:00 pm Disease modifying and Rheumatoid drugs (Pharmacology) Prof. Azza 2:00- 3:00pm Anatomy of the ankle joints (Anatomy) Dr.Zenat	Salam	

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WEEK 6 – MUSCULOSKELETAL BLOCK (Female)				
Week (6) Starting: 29/01/2011 (25/02/1432)				
EXAMINATION WEEK				
CHAIR PERSON: Dr. Ahmed Bin Nasser				
CO-CHAIR: Dr. Musaad Al Fayez				
Saturday	Sunday	Monday	Tuesday	Wednesday
29 January 2011	30 January 2011	31 January 2011	01 February 2011	02 February 2011
8:00 - 9:00 am	8:00-9:00am	8:00 - 9:00 am	8:00 - 9:00am	8:00 - 9:00 am
9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am
10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am	10:00 - 11:00am
11:00- 12:00 pm	11:00- 12:00 pm	11:00 - 12:00 pm	11:00- 12:00 pm	11:00- 12:00 pm
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 3:00 pm	1:00 -3:00pm	1:00 - 3:00 pm	1:00 - 3:00 pm	1:00 - 3:00 pm