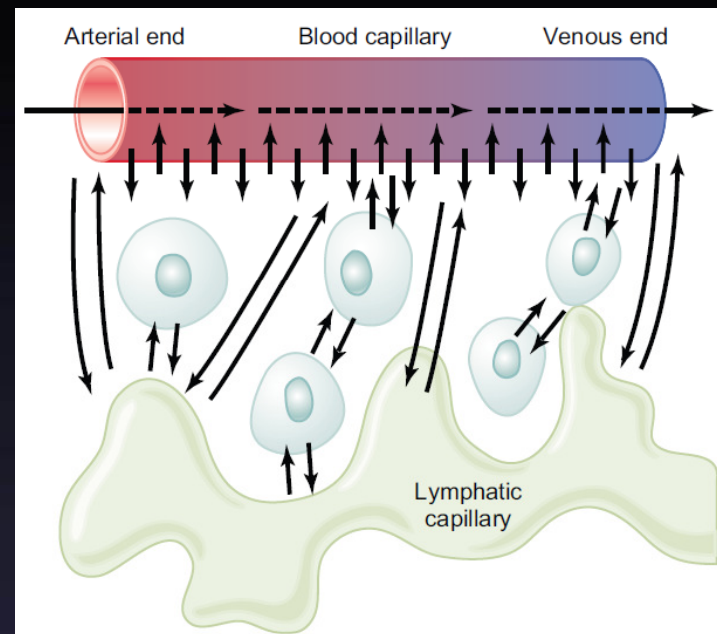
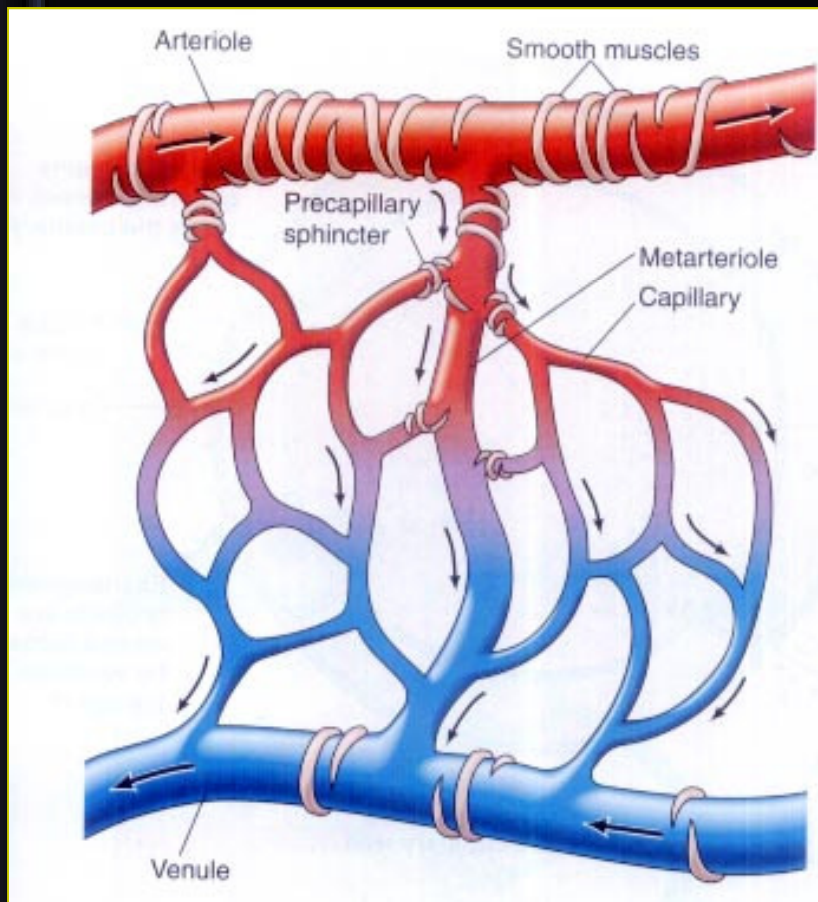


# CARDIOVASCULAR PHYSIOLOGY

## CAPILLARY CIRCULATION



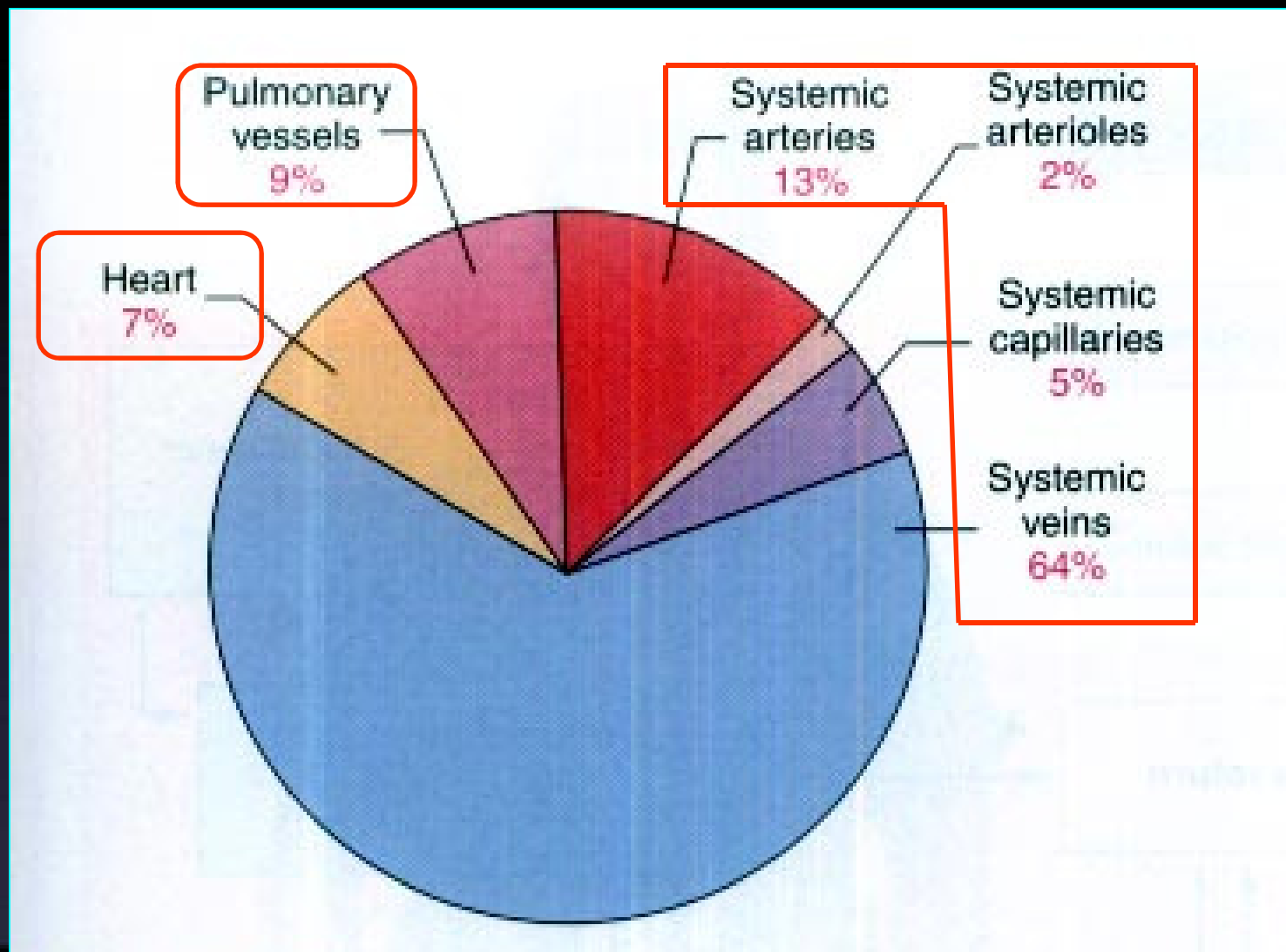
**DR SYED SHAHID HABIB**  
**MBBS DSDM FCPS**  
**Associate Professor**  
**Dept. of Physiology**  
**College of Medicine & KCUH**

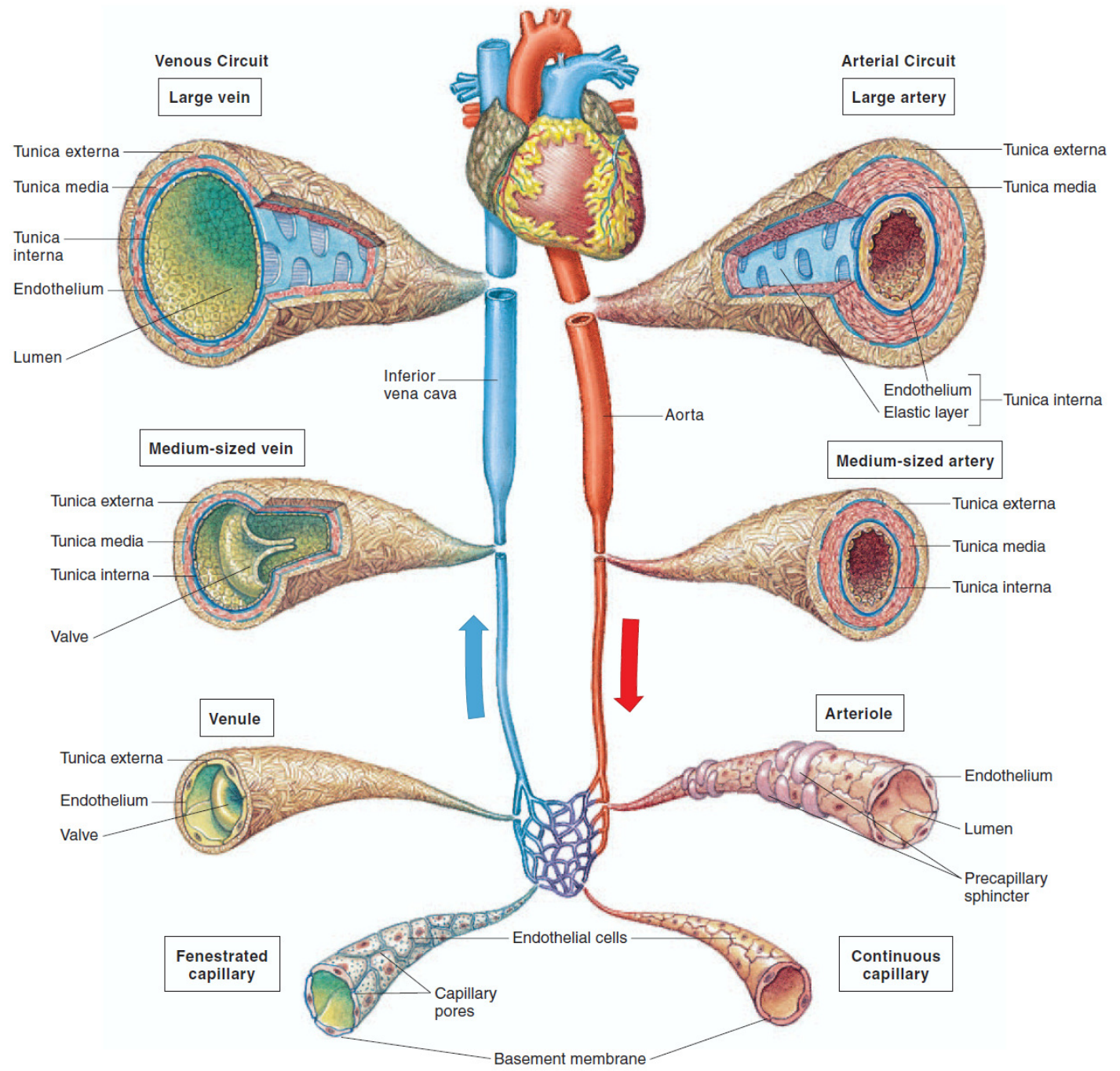
# OBJECTIVES

**At the end of this lecture you should be able to**

- **Describe the structure of the Microcirculation and Capillary System**
- **Explain type of Blood Flow in the Capillaries (Vasomotion) and its regulation**
- **Know Four Primary Hydrostatic and Colloid Osmotic Forces that Determine Fluid Movement Through the Capillary Membrane**
- **Role of the Lymphatic System**
- **List Causes of Extracellular Edema and factors that Increase Capillary Filtration**

# DISTRIBUTION OF BLOOD



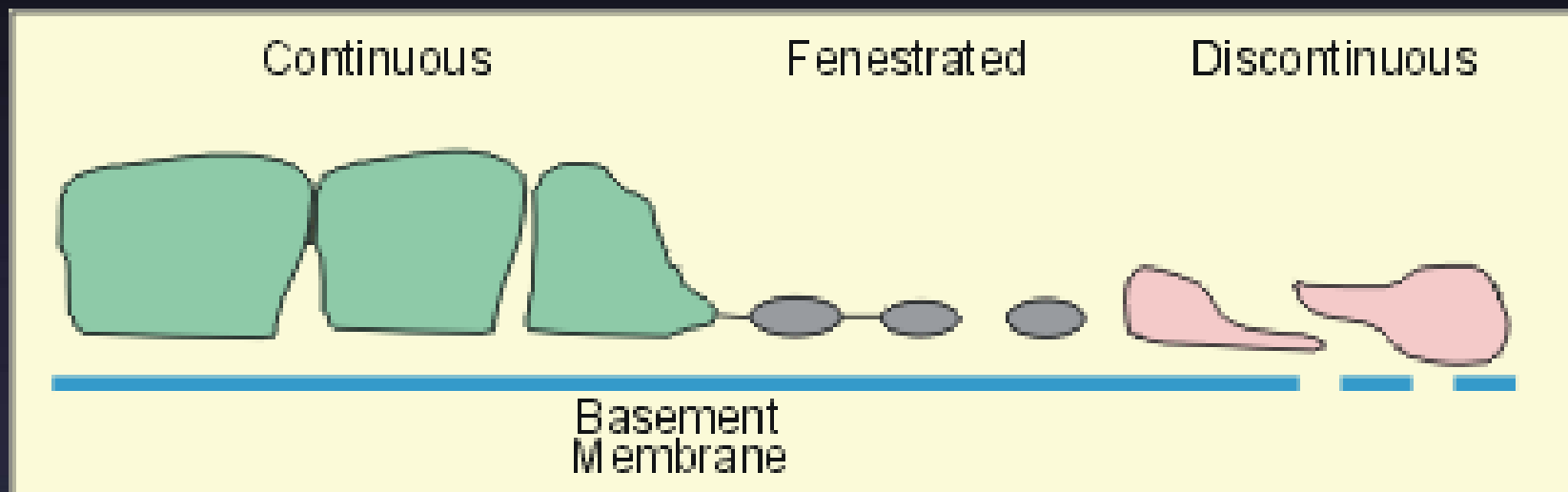


# *Types of Capillaries*

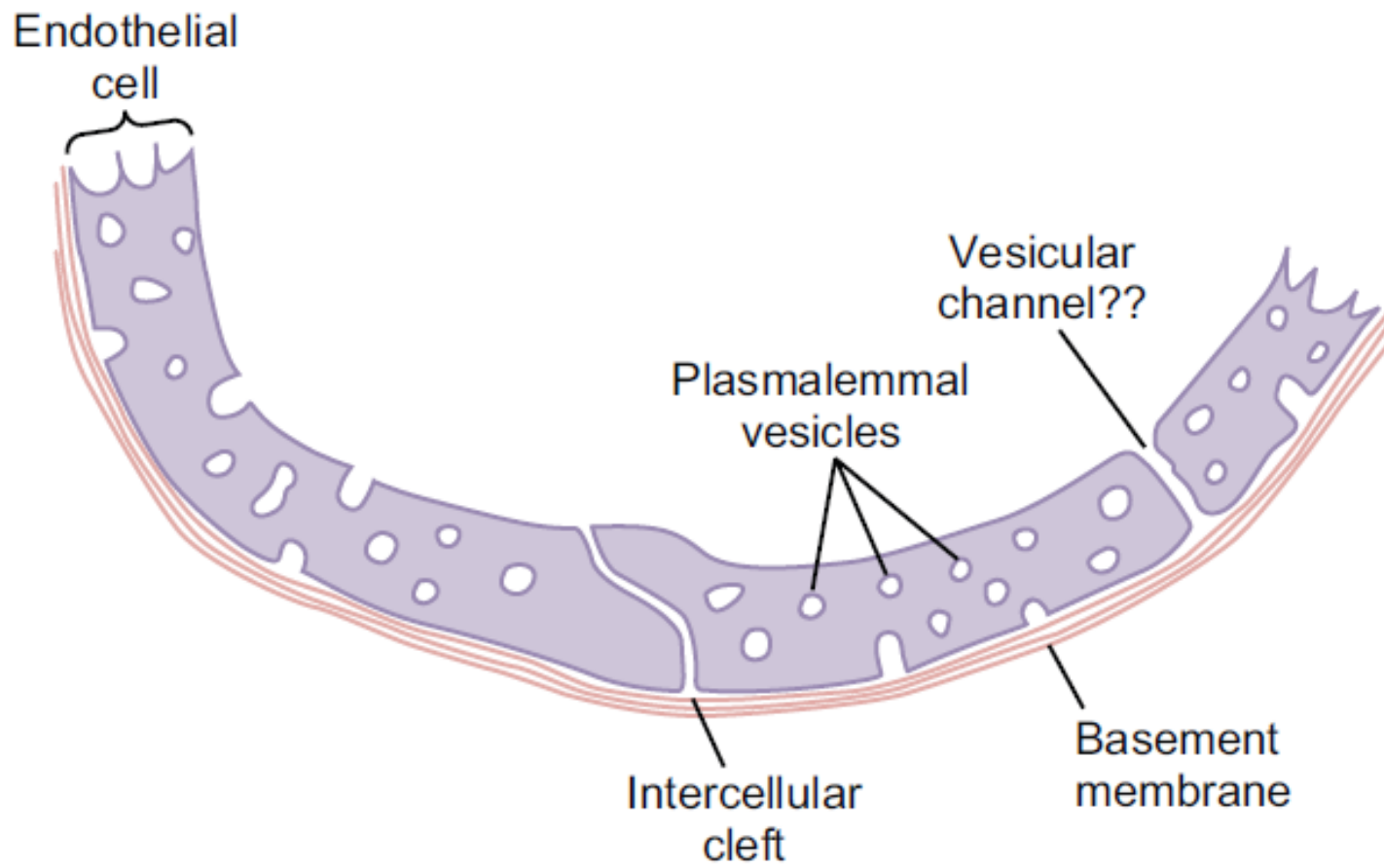
**Continuous:** muscles, lungs, adipose tissue, and central nervous system

**Fenestrated:** kidneys, endocrine glands and intestines

**Discontinuous:** bone marrow, liver, and spleen



# *Structure of the capillary wall*

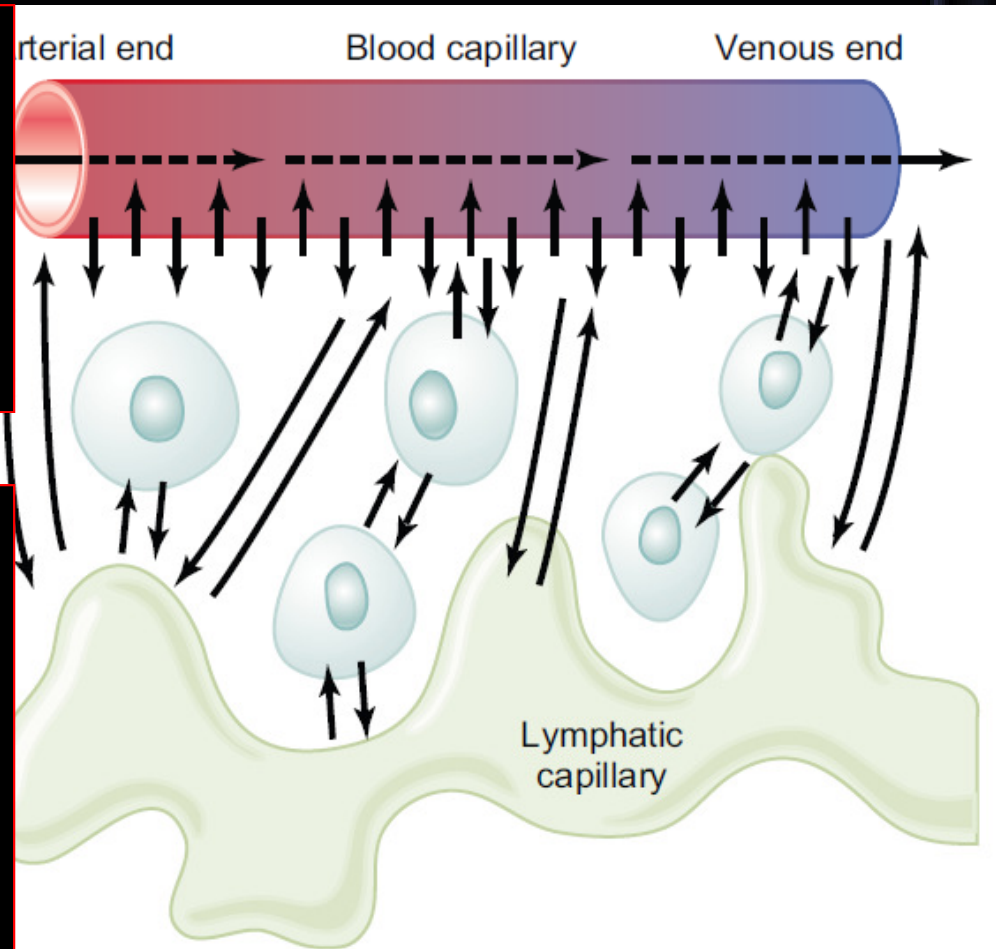




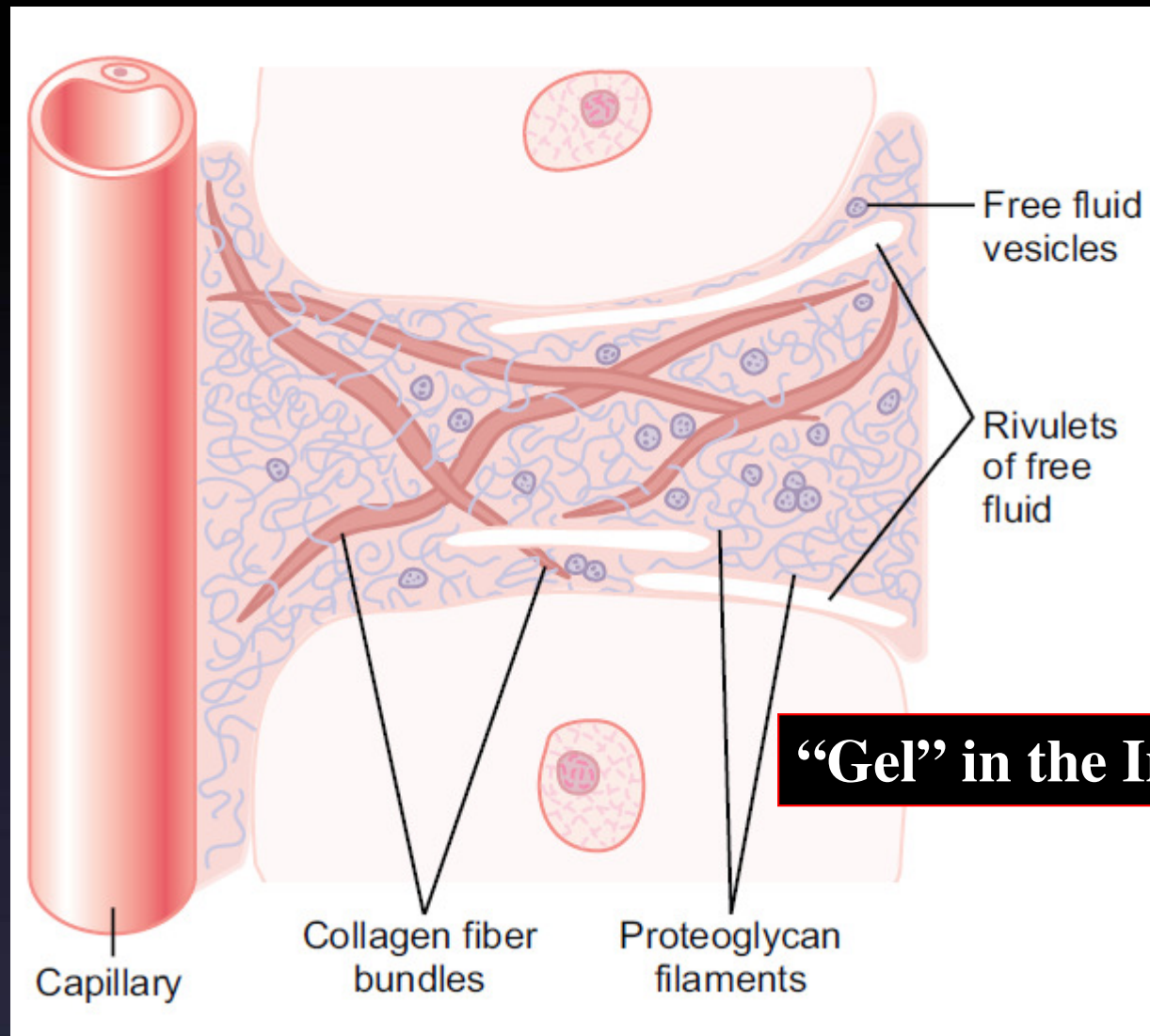
# *Diffusion Through the Capillary Membrane*

**Lipid-Soluble Substances Can Diffuse Directly Through the Cell Membranes of the Capillary Endothelium**

**Water-Soluble, Non-Lipid-Soluble Substances Diffuse Only Through Intercellular “Pores” in the Capillary Membrane**



## *Structure of the interstitium*





**Table 16-1****Relative Permeability of Skeletal Muscle Capillary Pores to Different-Sized Molecules**

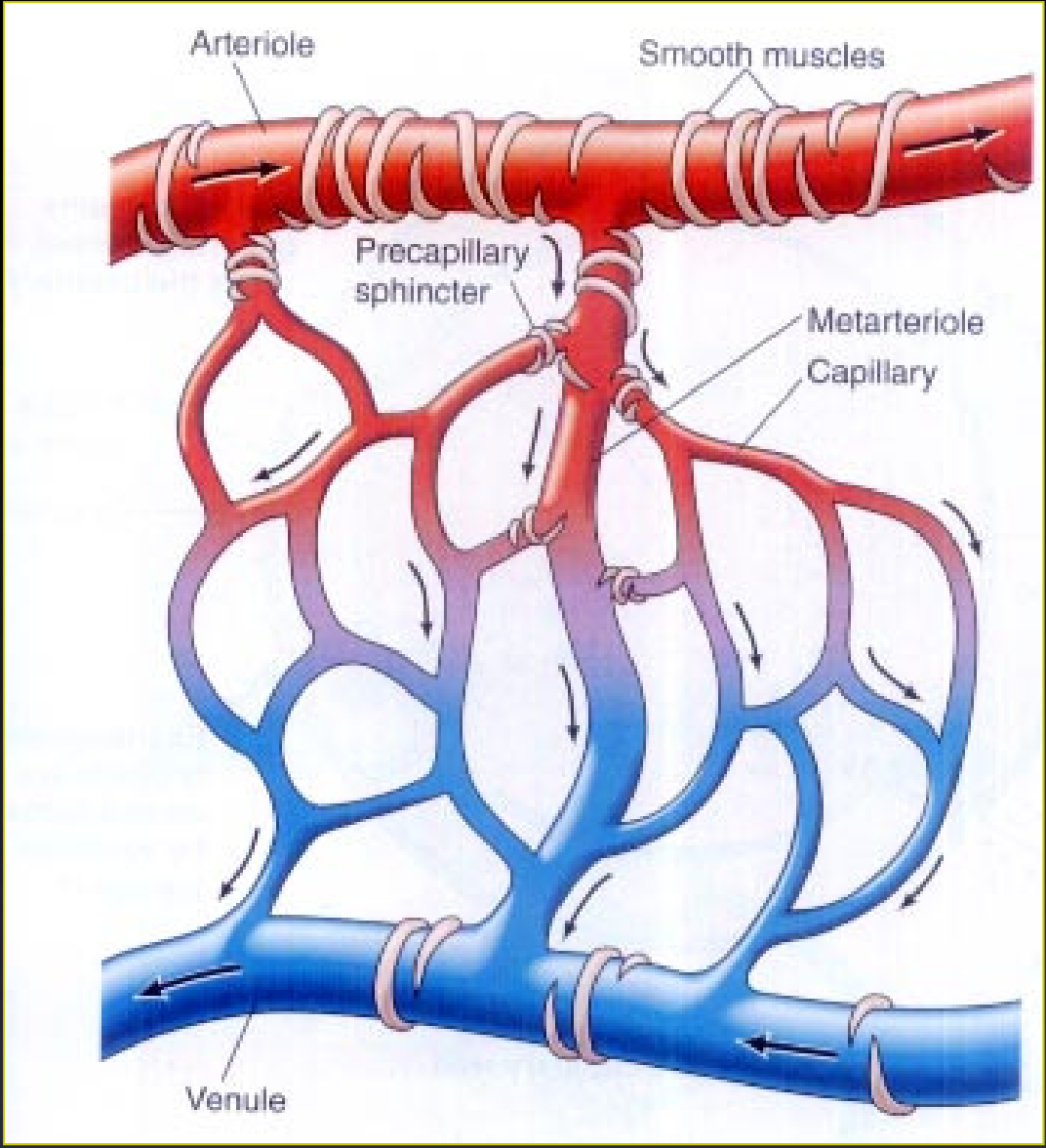
<b>Substance</b>	<b>Molecular Weight</b>	<b>Permeability</b>
Water	18	1.00
NaCl	58.5	0.96
Urea	60	0.8
Glucose	180	0.6
Sucrose	342	0.4
Inulin	5,000	0.2
Myoglobin	17,600	0.03
Hemoglobin	68,000	0.01
Albumin	69,000	0.001

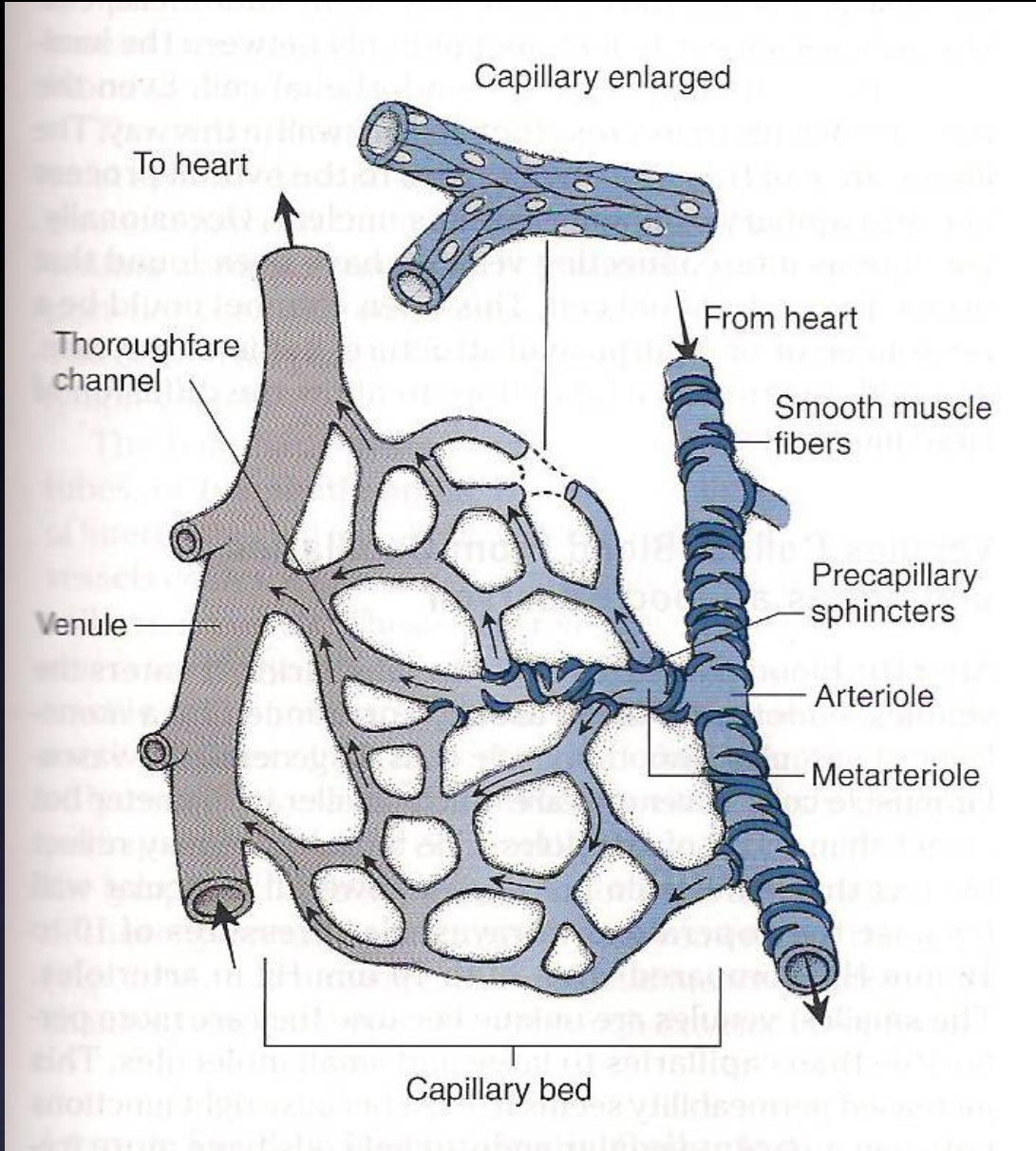
# Plasma Colloid Osmotic Pressure

---

	<b>g/dl</b>	<b>Πp (mm Hg)</b>
Albumin	4.5	21.8
Globulins	2.5	6.0
Fibrinogen	<u>0.3</u>	<u>0.2</u>
Total	7.3	28.0

---





# MECHANISM OF LOCAL BLOOD FLOW CONTROL

## ACUTE CONTROL

- OXYGEN DEMAND THEORY
- VASODILATOR THEORY

- Adenosine
- Carbon Dioxide
- Lactic Acid
- Adenosine PO<sub>4</sub> Compounds
- Histamine
- Potassium
- Hydrogen

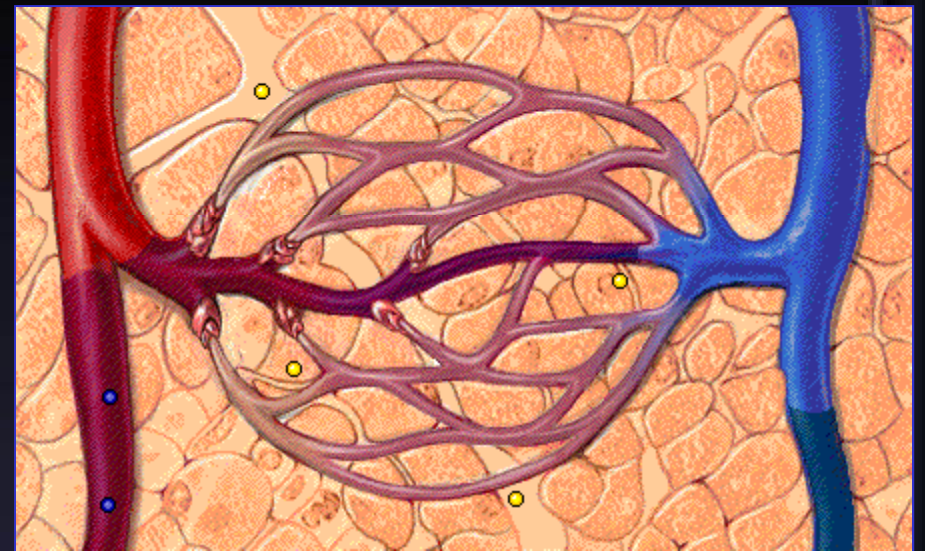
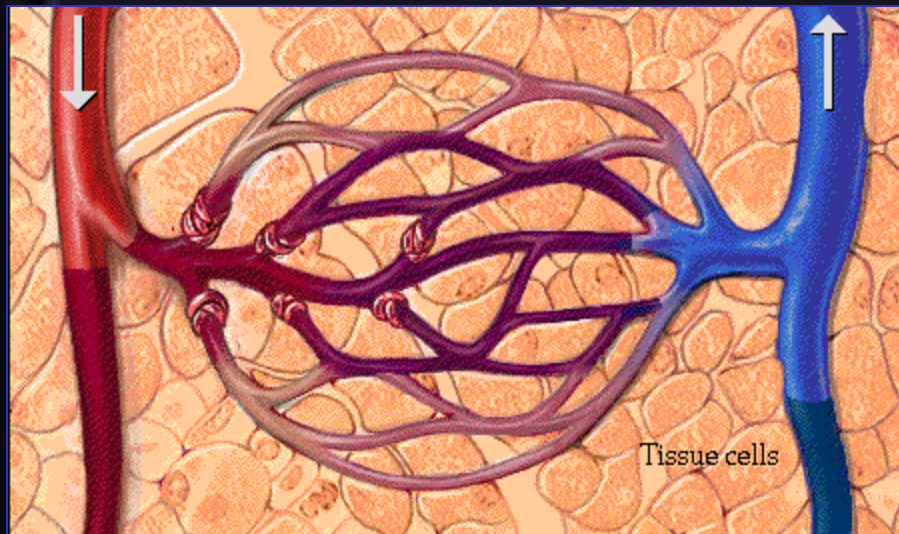
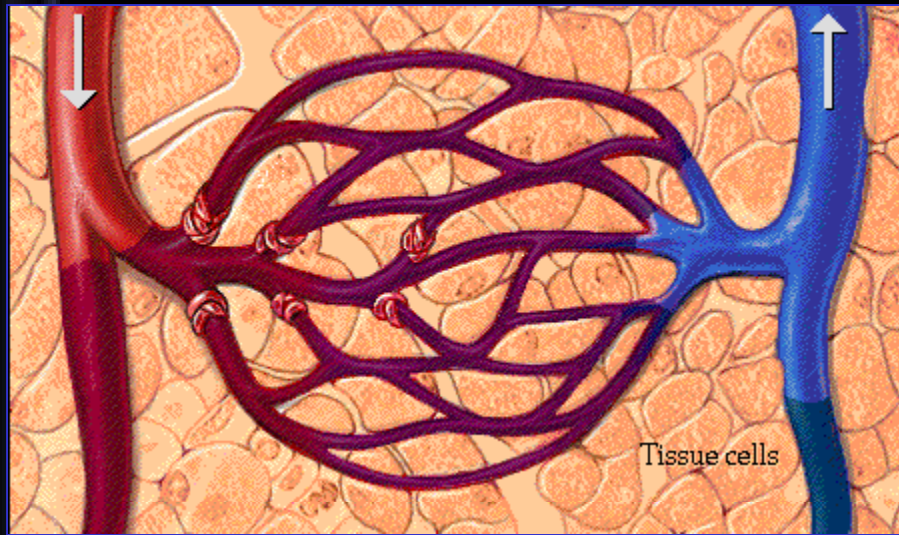
*Metabolic Verses  
Myogenic Mechanism*

## LONG TERM CONTROL

**CHANGE IN TISSUE  
VASCULARITY**  
(Angiogenesis &  
Angiogenic Factors)

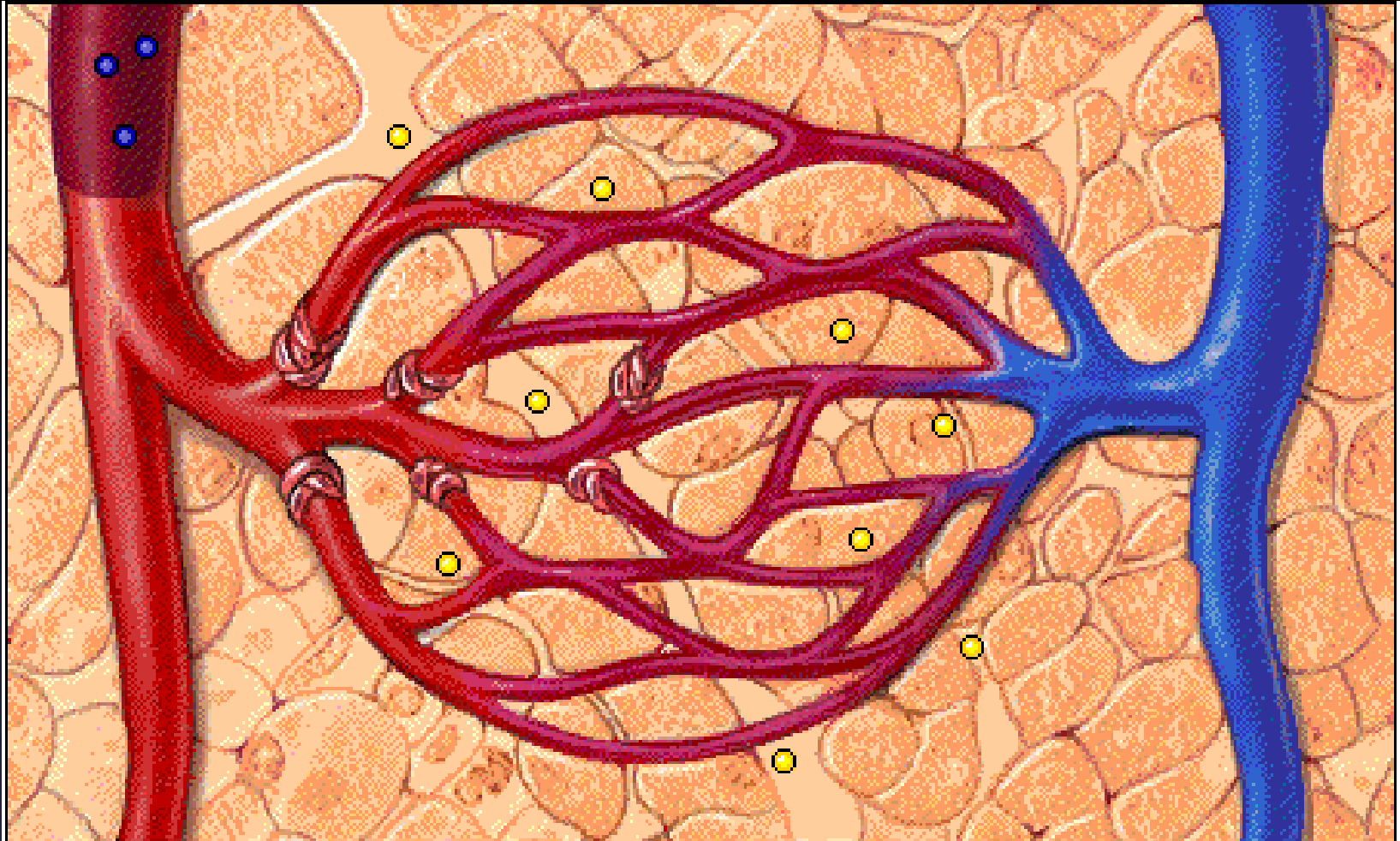


# VASOMOTION





# VASOMOTION



# HUMORAL REGULATION

## VASOCONSTRICTOR AGENTS

- Nor Epinephrine
- Epinephrine
- Angiotensin
- Vasopressin
- Endothelin

• *Increase Ca<sup>++</sup>*

## VASODILATOR AGENTS

- Bradykinin
- Histamine
- Prostaglandins

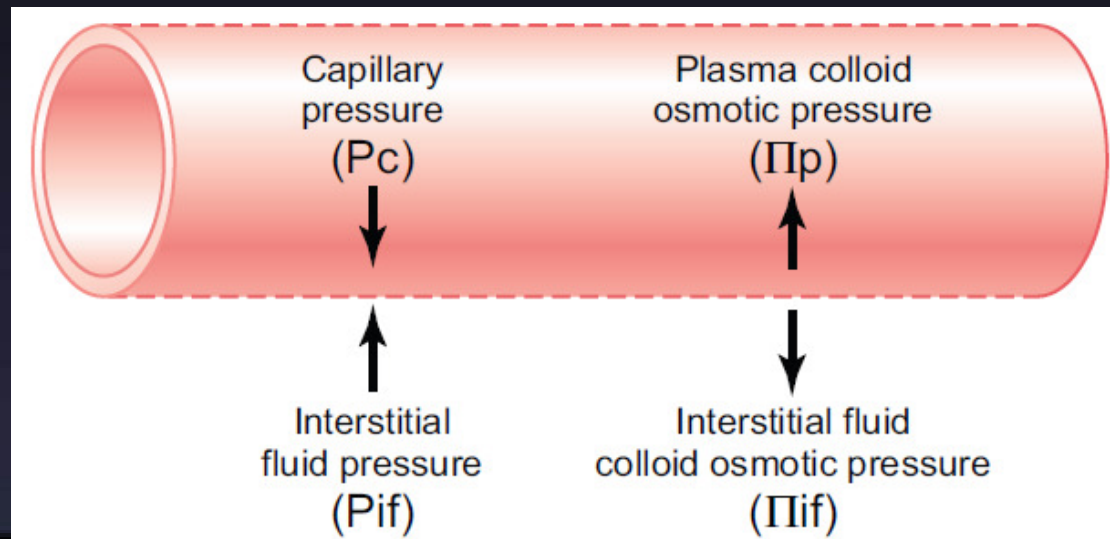
**Increase**

*K<sup>+</sup>. Mg<sup>++</sup>. Na<sup>+</sup>. ↑Osmolality  
H<sup>+</sup>. CO<sub>2</sub>*

## Four Primary Hydrostatic and Colloid Osmotic Forces Determine Fluid Movement Through the Capillary Membrane

1. The capillary pressure ( $P_c$ )
2. The interstitial fluid pressure ( $P_{if}$ )
3. The capillary plasma colloid osmotic pressure ( $P_p$ )
4. The interstitial fluid colloid osmotic pressure ( $P_{if}$ ),

$$NFP = P_c - P_{if} - P_p + P_{if}$$



## Analysis of the Forces Causing Filtration at the Arterial End of the Capillary

	mm Hg
<b><i>Forces tending to move fluid outward:</i></b>	
Capillary pressure (arterial end of capillary)	30
<i>Negative</i> interstitial free fluid pressure	3
Interstitial fluid colloid osmotic pressure	<u>8</u>
TOTAL OUTWARD FORCE	41
<b><i>Forces tending to move fluid inward:</i></b>	
Plasma colloid osmotic pressure	<u>28</u>
TOTAL INWARD FORCE	28
<b><i>Summation of forces:</i></b>	
Outward	41
Inward	<u>28</u>
NET OUTWARD FORCE (AT ARTERIAL END)	13

## Analysis of Reabsorption at the Venous End of the capillary

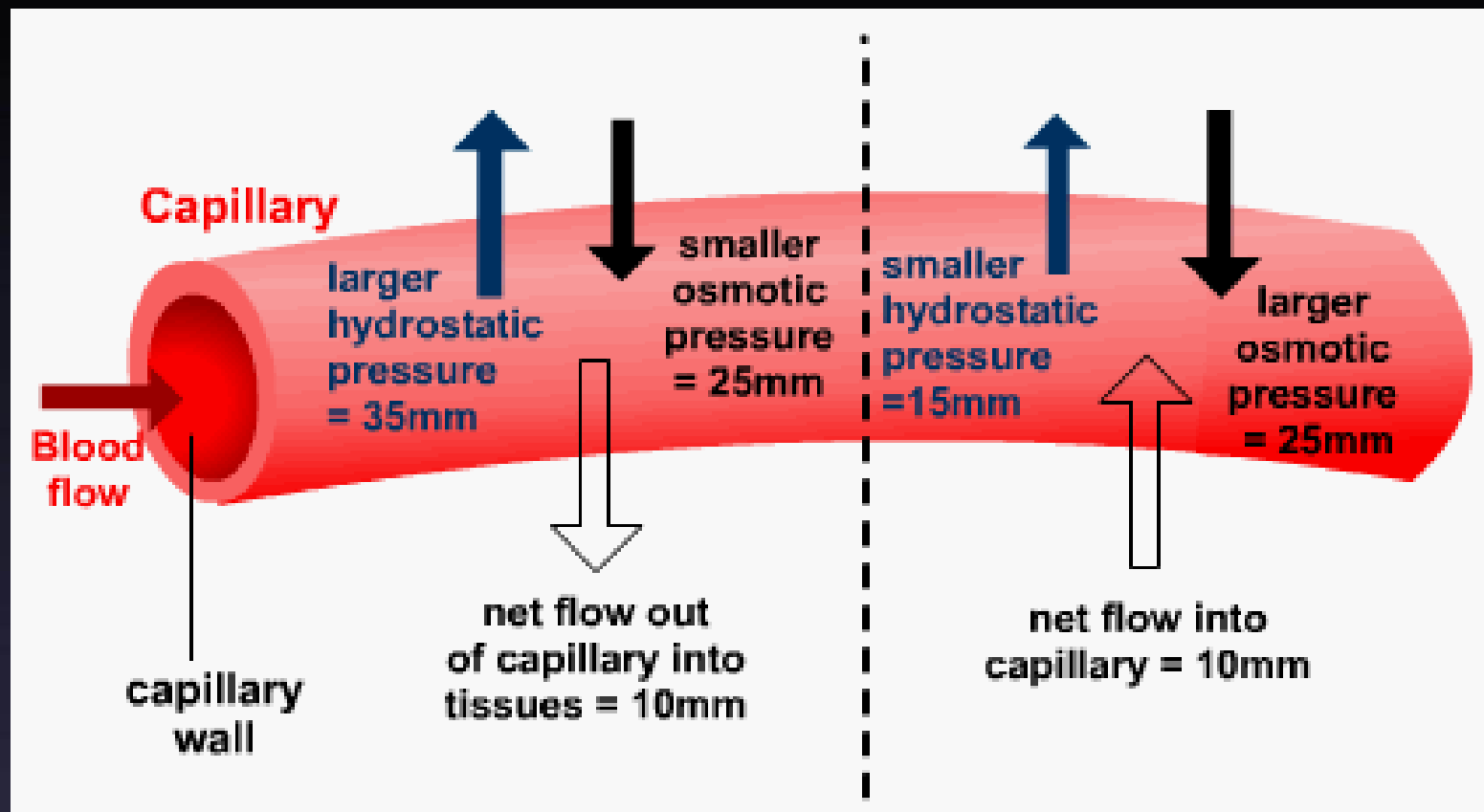
	mm Hg
<b><i>Forces tending to move fluid inward:</i></b>	
Plasma colloid osmotic pressure	<u>28</u>
TOTAL INWARD FORCE	28
<b><i>Forces tending to move fluid outward:</i></b>	
Capillary pressure (venous end of capillary)	10
<i>Negative</i> interstitial free fluid pressure	3
Interstitial fluid colloid osmotic pressure	<u>8</u>
TOTAL OUTWARD FORCE	21
<b><i>Summation of forces:</i></b>	
Inward	28
Outward	<u>21</u>
NET INWARD FORCE	7

# Starling Equilibrium for Capillary Exchange

	mm Hg
<i>Mean forces tending to move fluid outward:</i>	
Mean capillary pressure	17.3
<i>Negative</i> interstitial free fluid pressure	3.0
Interstitial fluid colloid osmotic pressure	<u>8.0</u>
TOTAL OUTWARD FORCE	28.3
<i>Mean force tending to move fluid inward:</i>	
Plasma colloid osmotic pressure	<u>28.0</u>
TOTAL INWARD FORCE	28.0
<i>Summation of mean forces:</i>	
Outward	28.3
Inward	<u>28.0</u>
NET OUTWARD FORCE	0.3



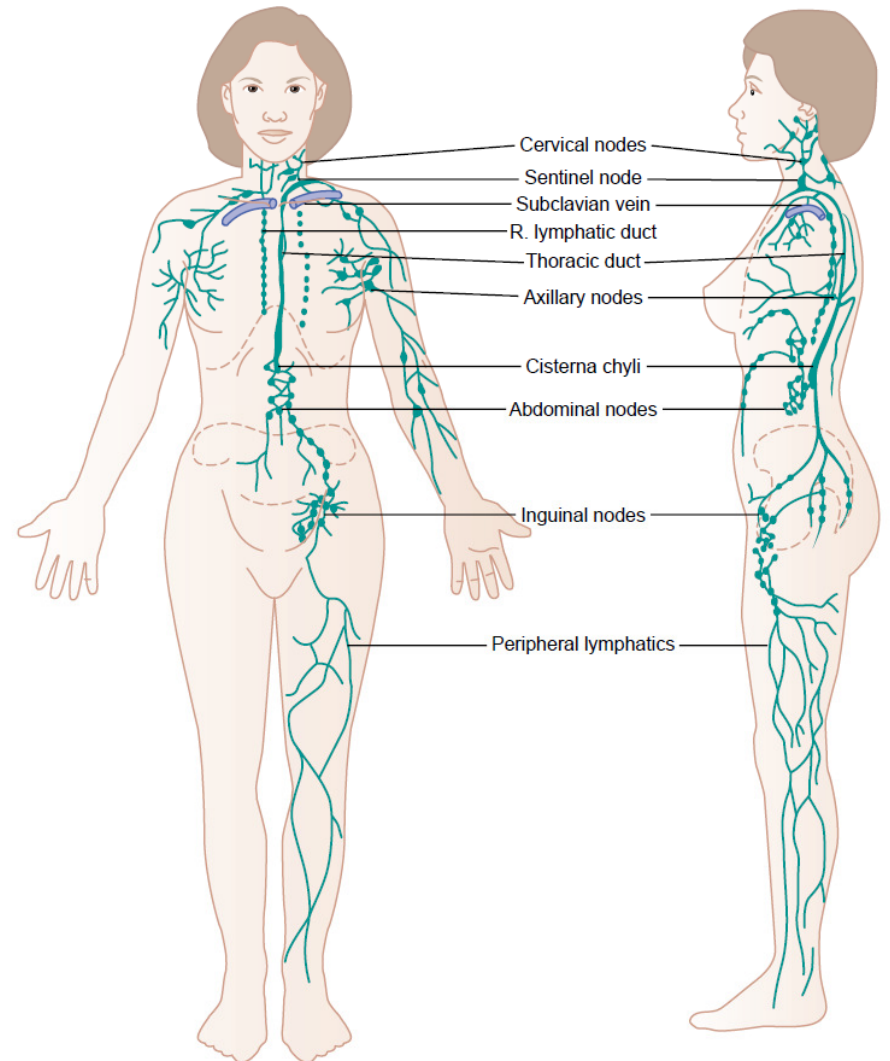
# Hydrostatic and Colloid Osmotic Forces at the Capillary Membrane



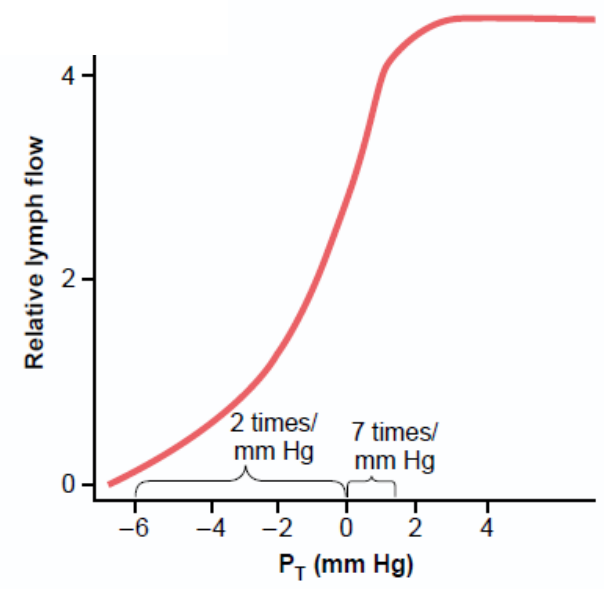
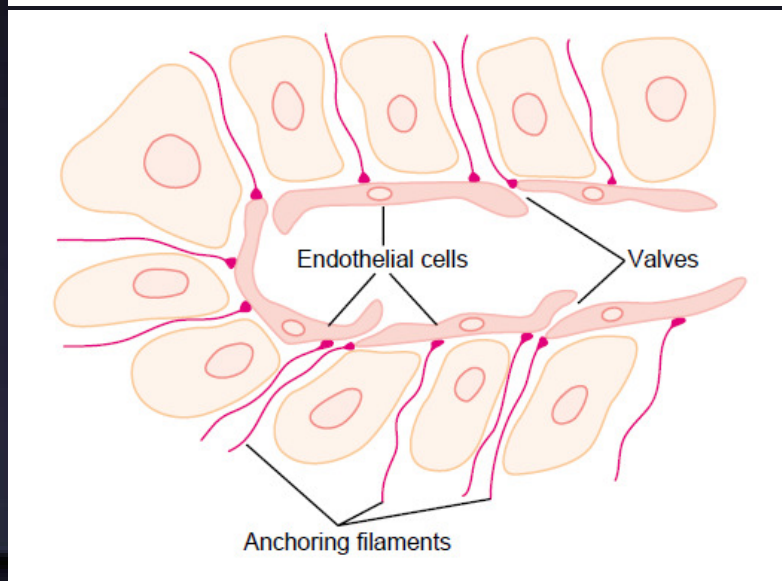
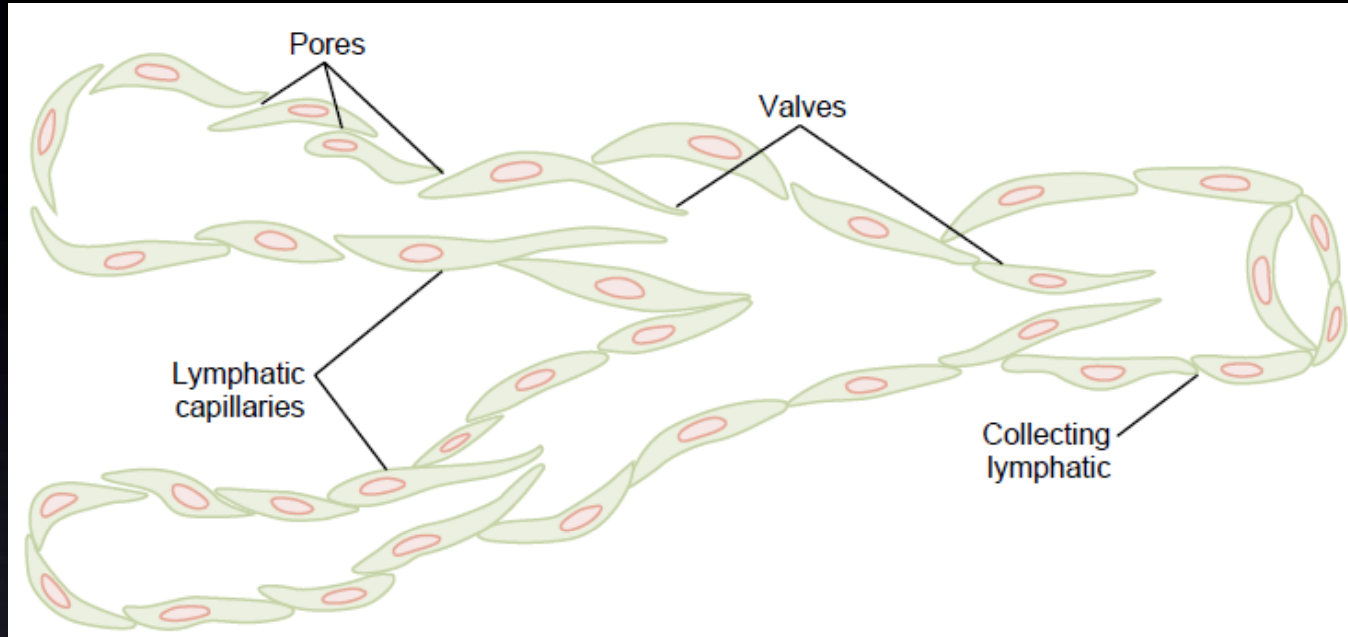
# Lymphatic System

- **Carry protein** and large particulate matter can flow from the interstitial spaces into the blood
- **Absorption of nutrients** from the gastrointestinal tract, especially for absorption of virtually **all fats** in food

2 to 3 liters each day



# Special structure of the lymphatic capillaries



# Edema

*Edema refers to the presence of excess fluid in the body tissues*

- **Intracellular Edema:**
- **Extracellular Edema:** Extracellular fluid edema occurs when there is excess fluid accumulation in the extracellular spaces
- **Abnormal leakage of fluid from the plasma to the interstitial spaces across the capillaries**
  - Increased capillary filtration coefficient.
  - Increased capillary hydrostatic pressure.
  - Decreased plasma colloid osmotic pressure
- **Lymphatic Blockage Causes Edema***filaria nematodes*

# Causes of Extracellular Edema

- I. Increased capillary pressure
  - A. Excessive kidney retention of salt and water
    1. Acute or chronic kidney failure
    2. Mineralocorticoid excess
  - B. High venous pressure and venous constriction
    1. Heart failure
    2. Venous obstruction
    3. Failure of venous pumps
      - (a) Paralysis of muscles
      - (b) Immobilization of parts of the body
      - (c) Failure of venous valves
  - C. Decreased arteriolar resistance
    1. Excessive body heat
    2. Insufficiency of sympathetic nervous system
    3. Vasodilator drugs
- II. Decreased plasma proteins
  - A. Loss of proteins in urine (nephrotic syndrome)
  - B. Loss of protein from denuded skin areas
    1. Burns
    2. Wounds
  - C. Failure to produce proteins
    1. Liver disease (e.g., cirrhosis)
    2. Serious protein or caloric malnutrition

# Causes of Extracellular Edema

- III. Increased capillary permeability
  - A. Immune reactions that cause release of histamine and other immune products
  - B. Toxins
  - C. Bacterial infections
  - D. Vitamin deficiency, especially vitamin C
  - E. Prolonged ischemia
  - F. Burns
- IV. Blockage of lymph return
  - A. Cancer
  - B. Infections (e.g., filaria nematodes)
  - C. Surgery
  - D. Congenital absence or abnormality of lymphatic vessels



A dried, curled leaf with a golden-brown hue is positioned horizontally against a dark blue background. The leaf is curled, showing its intricate vein structure. A pink ribbon graphic with a white border is overlaid on the right side of the leaf, containing the word "THANKS" in white, bold, uppercase letters. The ribbon has a slight 3D effect with a shadow on the left side.

**THANKS**