# NFLAMMATION

<u>Lecture 1</u> <u>Definition of inflammation; acute inflammation</u> <u>Vascular Events in Inflammation</u>

## Notes on Dr. Ammar C. Al-Rikabi's handout, Dr. Maha Arafah



### First year Medicine-Foundation Block Pathology Team September 2012

# Please note: This paper does not replace the main sources, it's only a facilitator

### Acknowledgement

Dear colleague, this paper was a result of hours and days of hard work from both female & male pathology teams... All what they want from you is "Dua'a"

### Learning Objectives:

Upon completion of these lectures, the student should:

- **1.** Define inflammation.
- **2.** Recognize the cardinal signs of inflammation.
- 3. List cells & molecules that play important roles in inflammation
- 4. Compare between acute and chronic inflammation
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms of increased vascular permeability.
- 7. Compare normal capillary exchanges with exchange during inflammatory response.
- 8. Define the terms edema, transudate, and exudate.

### What is Inflammation?

Inflammation, the local response of the vascularized living tissue to injury or the reaction of the body toward injury

(inflammation is a good process happens in a living tissue\*)

Two factors in inflammation:

- 1- Vasculized
- 2- Living tissue

Inflammation is part of a broader protective response (innate immunity)

### Immunity is divided into:

- 1) General immunity.
- 2) Specific immunity e.g. lymphocyte towards certain virus through cell mediator or antibodies.

#### Inflammation can induce harm, WHY?

Because inflammation produces mediators "chemical substances could lead to injury to the tissue"

e.g. Anaphylactic reaction > could lead to shock or death حساسية مفرطة

Rheumatoid arthritis > antibodies against the cells

Atherosclerosis > accumulation of lipids in blood vessels

**1** Inflammatory mechanism >> excessive tissue damage

### يجي يالاختبار ركزت عليها الدكتوره:Cardinal signs of inflammation = Local clinical signs

- > Heat
- Redness
- Swelling
- > Pain
- Loss of function

FEVER is systemic sign NOT local

#### **TYPES OF Inflammation**

Feature	Acute	Chronic
Onset	Fast : minutes or hours	Slow : days weeks
Cellular infiltrate	neutrophils	lymphocytes and macrophages
Tissue injury, fibrosis	Mild بسيط , self-limited	Often sever & progressive
Local & systemic signs	Prominent	Less prominent, may be subtle

Inflammation is similar to the war

لما يصير فيه حرب لازم تجي الجنود الليوكوسايت وهي عبارة عن خلايا صغيرة متواجدة في كل أنحاء الجسم وجاهزة للدفاع المباشر عنه عادة اول يومين تكون نيوتروفيلز وبعدها تجي الجنود المدججة اللي هي الماكروفاج

### Acute inflammation:

A rapid response to an injurious agent that serves to deliver mediators of host defense-leukocytes and plasma proteins-to the site of injury.

\*Acute inflammation takes minutes, while the chronic inflammation takes days&hours.\*



steps of the inflammatory response

## Vascular:

#### Hemodynamic:

The study of the forces involved in the circulation of blood

**Dilation occurs** 

in the arterioles

### **1-Hemodynamic changes**

(alterations in vascular caliber that lead to an increase in blood flow)

### Vasodilatation

\* vasodilation causes the redness ( due to increase blood flow in hemodynamic)

1. Transient(عابر) vasoconstriction of arterioles

It disappears within 3-5 seconds in mild(خفيف) injuries

### 2. Vasodilatation:

It involves the arterioles results in opening of new microvasculature beds in the area leading to increasing blood flow

### 3. Slowing of the circulation

due to increased permeability of the microvasculature, this leads to outpouring of protein-rich fluid in the extravascular tissues.

### 4. stasis \* a stoppage or diminution of flow

slow circulation due to dilated small vessels packed with red cells

### 2-Increased vascular permeability

(structural changes in the microvasculature that permit plasma proteins and leukocytes to leave the circulation)

It affects small & medium size venules, through gaps between endothelial cells



### Edema:

denotes an excess of fluid in the interstitial or serous cavities

can be either :

### Transudate

1-is a fluid with low protein content 2-essentially an ultrafiltrate of blood plasma that results from osmotic or hydrostatic imbalance across the vessel wall without an <u>increase</u> in vascular permeability

Transudate escape of fluid but LOW OR NO PROTEIN \*

### Exudate

1-An inflammatory extravascular fluid that has a high protein concentration, cellular debris.

2-It implies significant alteration in the normal permeability of small blood vessels in the area of injury

Exudative is seen in inflammatory\*

Exudative allow escape of fluid and protein because if the increased in vascular permability