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By:.
Team of pharmacology

Disease - Modifying Antirheumatic drugs

Lecture's objectives:

- 1. Define DMARDs, general features and clinical uses.
- 2. Differ between **Hydroxychloroquine**, **Methotrexate and Infliximab** in mechanism of action, pharmacokinetics and adverse effects.
- 3. Compare between NASIDs and DMARDs.

General Notes:

- ✓ Disease-modifying anti-rheumatic drugs (DMARDs) is a category of otherwise unrelated drugs defined by their use in rheumatoid arthritis to slow down disease progression.
- ✓ Never start with large doses of DMARDs due to their danger side effects, SO we have to start with small doses and increase them gradually.
- ✓ DMARDs decrease the pain by their **Anti-inflammatory effects**.
- ✓ We use DMARDs to:
 - *Prevent further damage or deformity.
 - *When the disease doesn't respond to NASIDs.
 - *To stop the disease progressing.

1. Hydroxychloroquine

- **❖**_Have antioxidant activity. **(Trapping free radicals)**
- ❖ Antimalarial drug.
- ❖ Its main rote = oral.
- ❖ It's not allowed to pregnant women. (It can traverse the placenta)
- ❖ The patient should make periodic visual acuity each 2-3 weeks to monitor any optical changes cause blindness could happen as a side effect.

Chick these videos:

What is visual acuity?

http://www.youtube.com/watch?v=7EgXs7itlYc



How to Test Visual Acuity http://www.youtube.com/watch?v=u9gw4wh5xis

2.Methotrexate

- **Cancer** chemotherapy drug.
- ❖ Immunosuppressant drug.
- * Have quick response.
- ❖ Rote = injection once a week.
- ❖ When we use it as anti-cancer we use the whole therapeutic dose, however when we use it as antirheumatic we have to aware of the appropriate dose to avoid its side effects.
- ❖ Cytopenia: marked reduction in blood cells including WBCs and platelets which will decrease the immunity.
- ❖ It affects the hepatic cells and cause hepatic failure. (Liver cirrhosis)

3.Tumor Necrosis Factor ∝ blocking agents (TNF∝) (Infliximab)

- \clubsuit Block the action of tumor necrosis \propto .
- ❖ Chimeric drug and have to be given by slow infusion.
- **❖** Tumor necrosis ∝: are inflammatory mediators, which appear in inflammatory actions, and it activates another inflammatory mediators.
- ❖ Infliximab's adverse effect (**Pancytopenia**) is less risk than methotrexate.
- ❖ Infliximab is the only drug that activates latent TB.

Remember that:

Anti-inflammatory drugs:

those used to reduce the inflammatory response to infectious agents, trauma, surgical procedures or in musculoskeletal disease.

Immunosuppressant drugs:

Immunosuppressant drugs, which are also called antirejection drugs, are used to prevent the body from rejecting a transplanted organ.

Antirheumatic drugs:

Antirheumatic drugs are drugs used to treat rheumatoid arthritis.

Antimalarial drugs:

used in treatment and prevention of malaria infections.