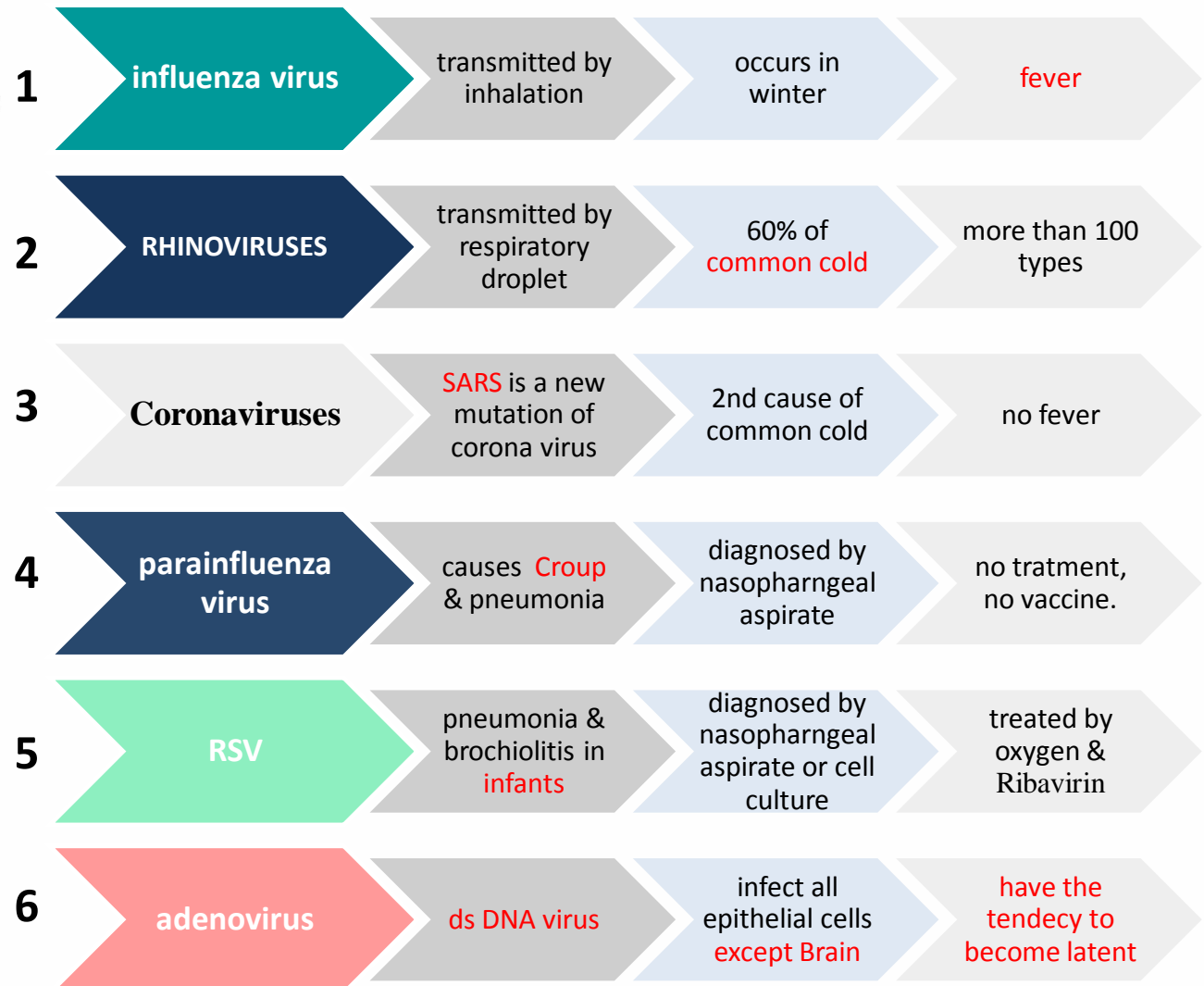


## Objectives

1. Introduction to respiratory viral infections
2. Characteristics of respiratory viruses
3. Mode of transmission
4. Clinical features
5. Lab diagnosis
6. Management & treatment

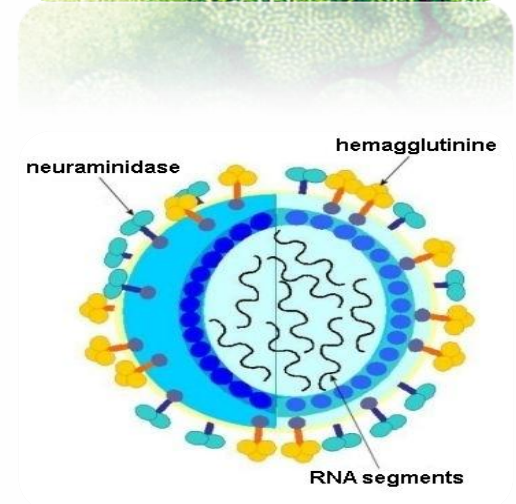
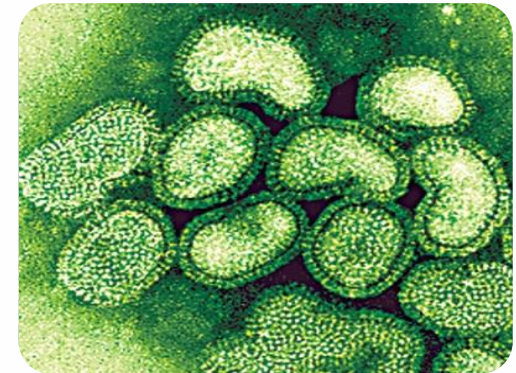
# Mind map

## (viral infections of respiratory tract)



# 1- Influenza Virus

- Single, Stranded negative sense RNA with **8 helical segments**
- Helical capsid symmetry
- **Enveloped** viruses which **contains 2 projecting glycoprotein spikes**.
- **Heamagglutinin HA:**
  - **attachment**
  - The virus can agglutinate certain erythrocyte.
- **Explanation:** if the human receptors could not recognize the HA signals, there will be no infection
- **Neuroamindase NA:** an enzyme help **in releasing progeny** virus formation from infected cell.



RNA segments

# Types of influenza viruses

## Influenza A

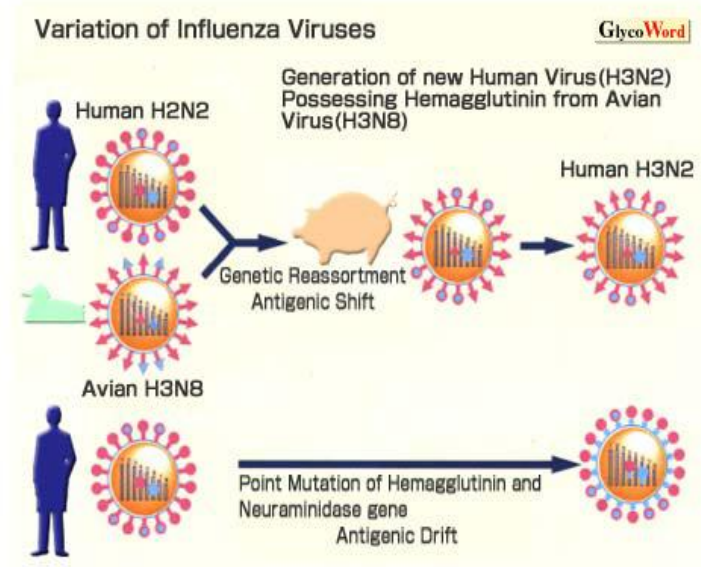
- Infect human & **animals** ( hard to control )
- can cause epidemic and **pandemic**
- **Antigenic shift** \*
- **Antigenic drift** ( point mutation )

\* **Antigenic shift: two different viruses from two different strains ( one is human ) passing to intermediate host ( pig ) and there they infect the same cell; genes from different strains mix to form a new virus strain.**

## Influenza B

- Infect human
- Cause outbreak and epidemic
- **Antigenic drift only**

## Influenza C



# Influenza Virus

## Pathogenesis & immunity

- It establish a local upper respiratory tract infection & it's **self-limiting condition in Immunocompetent** person.
- According to the immunity of the host, it can cause localized infection or **spread to the lower respiratory tract infection**.
- Viremia usually & occurs (**fever**).

## Transmission

**inhalation** of respiratory secretion

## Incubation period

1-4 days

## Symptoms

Sudden onset of **fever**, malaise, sneezing, sore-throat, **non-productive** cough.

## Complication

Primary Influenza Pneumonia, 2<sup>nd</sup> bacterial pneumonia, Myositis, Post influenza encephalitis, Bronchial Asthma, Sinusitis.  
Reye Syndrome.

## Laboratory diagnosis

1. **Specimen:**
  - **Nasopharyngeal aspirate**
  - Rapid and direct detection of influenza A or B from nasopharyngeal aspirate by **immunofluorescence** & ELISA.
2. **PCR**

## Treatment

**Amantadine:** Is only effective against **influenza A virus**.

Inhibiting the un coating step of influenza A virus.

It has both **therapeutic** and **prophylactic**.

It significantly reduced the duration of fever and illness is given to high risk group of patients who **are not vaccinated because they have allergy from egg**.

**Tamiflu:** It is **Neuraminidase inhibitor** that act by blocking the viral enzyme neuraminidase which help the influenza virus invade respiratory tract cells. It has to be given within the **first 48 hours** after the exposure of cases or appearance of symptoms

## INFLUANZA VACCINE:

- Two types of vaccine ,both contain the current influenza **A & B**
- Vaccine should be given in October or November, before the influenza season begins.
- Yearly booster dose recommended.

### 1-The Flu shot vaccine:

- **Inactivated (Killed vaccine)**
- Given to people older than 6 months, including healthy people as well as high risk groups (elderly, patients with chronic pulmonary or cardiac diseases).

### 2-The Nasal spray flu vaccine(Flu mist):

- This is a **live attenuated** vaccine.
- Approved for use in healthy people only between 5-49 years age.

## 2-RHINOVIRUSES

## 3- Coronaviruses

= means Crown

- small non enveloped virus(20-30 nm)
- SS-RNA virus.

- ssRNA enveloped
- With positive polarity.

one of PICORNAVIRUS family.

—

Transmitted directly by respiratory droplet.

—

- responsible for 60% of common colds cases.
- More than 100 serologic types .
- RHINOVIRUS are acid labile(sensitive).

the second cause of common cold .

# common cold

## Complication

- **due to secondary bacterial infection**
- Acute sinusitis
  - Acute otitis media.
  - Exacerbation of chronic bronchitis, bronchial asthma.

## Symptoms

- runny nose, sneezing and nasal obstruction, mild sore throat, headache and malaise
- **NO FEVER**

## Laboratory Diagnosis

- no need.

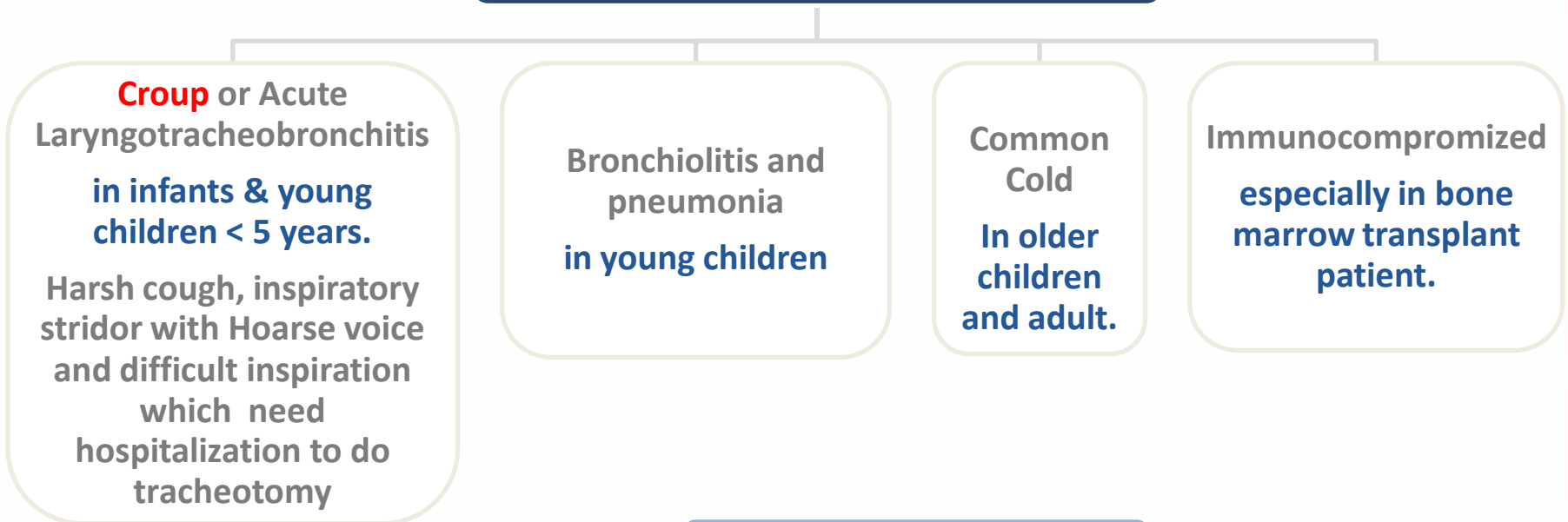
## Treatment and Prevention

- No specific treatment.
- No vaccine available.

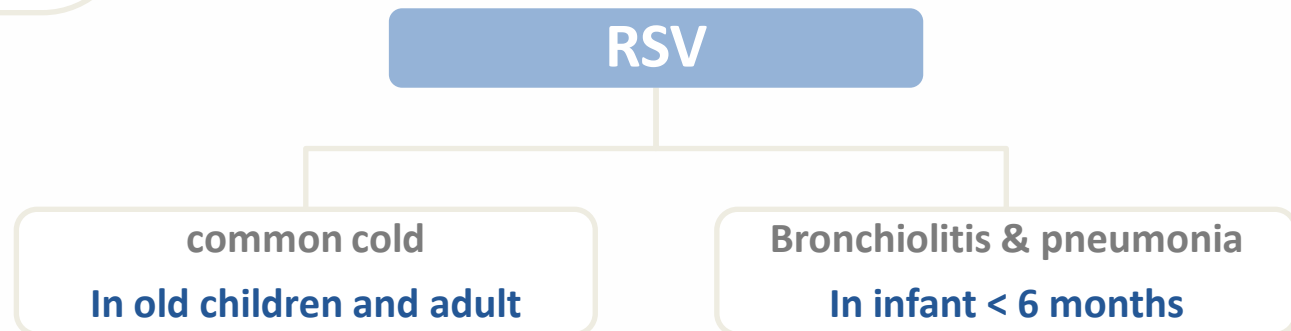


4- SARS Severe Acute Respiratory Syndrome	5- Para – Influenza Viruses	6- (RSV) Respiratory Syncytial Virus
A new mutation of coronavirus <b>IN CAT</b> .	<ul style="list-style-type: none"> <li>• Enveloped</li> <li>• SS RNA</li> </ul>	<ul style="list-style-type: none"> <li>• Enveloped</li> <li>• ss RNA .</li> </ul>
---	paramyxoviridae family	One of the paramyxoviridae family.
---	Transmitted by respiratory droplets.	by respiratory droplets.
<ul style="list-style-type: none"> <li>• causes <b>Atypical pneumonia</b>.</li> <li>• suspected to be originated in China and Hong Kong.</li> </ul>	<ul style="list-style-type: none"> <li>• There are four para–influenza viruses: 1, 2, 3, 4 .</li> <li>• occur mainly in winter.</li> <li>• Hemagglutinin HA , Neuroaminidase NA</li> </ul>	<ul style="list-style-type: none"> <li>• <b>RSV invade the lower respiratory tract of infant &lt;6 months &gt;&gt; causes Bronchiolitis &amp; pneumonia</b></li> <li>• very contagious infection</li> <li>• mainly in winter.</li> </ul>

## Para – Influenza Viruses



## RSV



## Cont.

	Para – Influenza Viruses	RSV
Laboratory Diagnosis	direct immunofluorescent	ELISA and immunofluorescent * will appear as multinucleated giant cell (syncytia).
Treatment and Prevention	<ul style="list-style-type: none"> <li>• Hospital admission for infant <b>having Croup</b> for careful</li> <li>• monitoring of upper airway (<b>endotracheal intubation and tracheotomy</b>)</li> <li>• No antiviral treatment,</li> <li>• no vaccine.</li> </ul>	<p>For hospitalized infant :</p> <ul style="list-style-type: none"> <li>• oxygen inhalation due to hypoxia</li> <li>• Ribavirin , inhaled to treat severe Bronchiolitis and pneumonia.</li> <li>• Passive immunization with anti-RSV immunoglobulin</li> <li>• Hospital staff have to follow control measure as hand washing, wearing of gowns, goggles and mask.</li> <li>• No vaccine</li> </ul>

7- Adenoviruses

General	dsDNA >> the only one - non-enveloped
Transmission	<ul style="list-style-type: none"> <li>• <b>Fecal</b> – oral route by fingers, fomit and poorly chlorinated swimming pool.</li> <li>• <b>Respiratory</b> – via respiratory droplets.</li> <li>• <b>Contaminated instruments at eye</b> – clinics.</li> <li>• Adenovirus has been cultured from semen, so can be spread by sexual transmission</li> </ul>
Clinical Syndrome	<ul style="list-style-type: none"> <li>• <b>infect epithelial cells in all body except the brain .</b></li> <li>• Viremia may occur .</li> <li>• have the tendency to become <b>latent</b> in lymphoid tissue and can be reactivated if immunity become low.</li> <li>• Adenovirus primary can infect all age group.</li> <li>• Reactivation occur if the patient become immunocompromised in children or adult.</li> </ul>
Laboratory Diagnosis	<ul style="list-style-type: none"> <li>• <b>Specimens :</b> nasopharyngeal aspirate ( respiratory cells), Conjunctival swab and Stool.</li> <li>• <b>Immunofluorescence and ELISA.</b></li> </ul>
Treatment, Prevention	<p><b>No treatment</b> <b>No vaccine</b> &gt;&gt; doctor said that the vaccine in the lec is experimental so we consider that there is no vaccine .</p>

# Questions

The influenza vaccine can detect which type of influenza ?

- 1) Type A 2) Type B 3) type C 4) type A & B

Type A influenza can cause ...

- 1) Antigenic shift 2) antigenic shift & drift 3) only antigenic drift

The dsDNA type virus is :

- 1) RHINOVIRUSES 2) RSV 3) Adenoviruses 4) Para – Influenza Viruses

Which virus causes Atypical pneumonia :

- 1) Adenoviruses 2) Para – Influenza Viruses 3) influenza virus  
4) Coronaviruses

True or False:

- 1) Influnza type B can cause pandemic ( )  
2) Corona virus is a ds DNA virus ( )  
3) Adeno virus causes meningitis ( )  
4) Croup is syndrome of RSV ( )  
5) RHINOVIRUSES has positive polarity ( )  
6) Para – Influenza Viruses appear as multinucleated giant cell ( )