



# Lipoprotein Metabolism

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**Objectives:**  
Not be given 😞

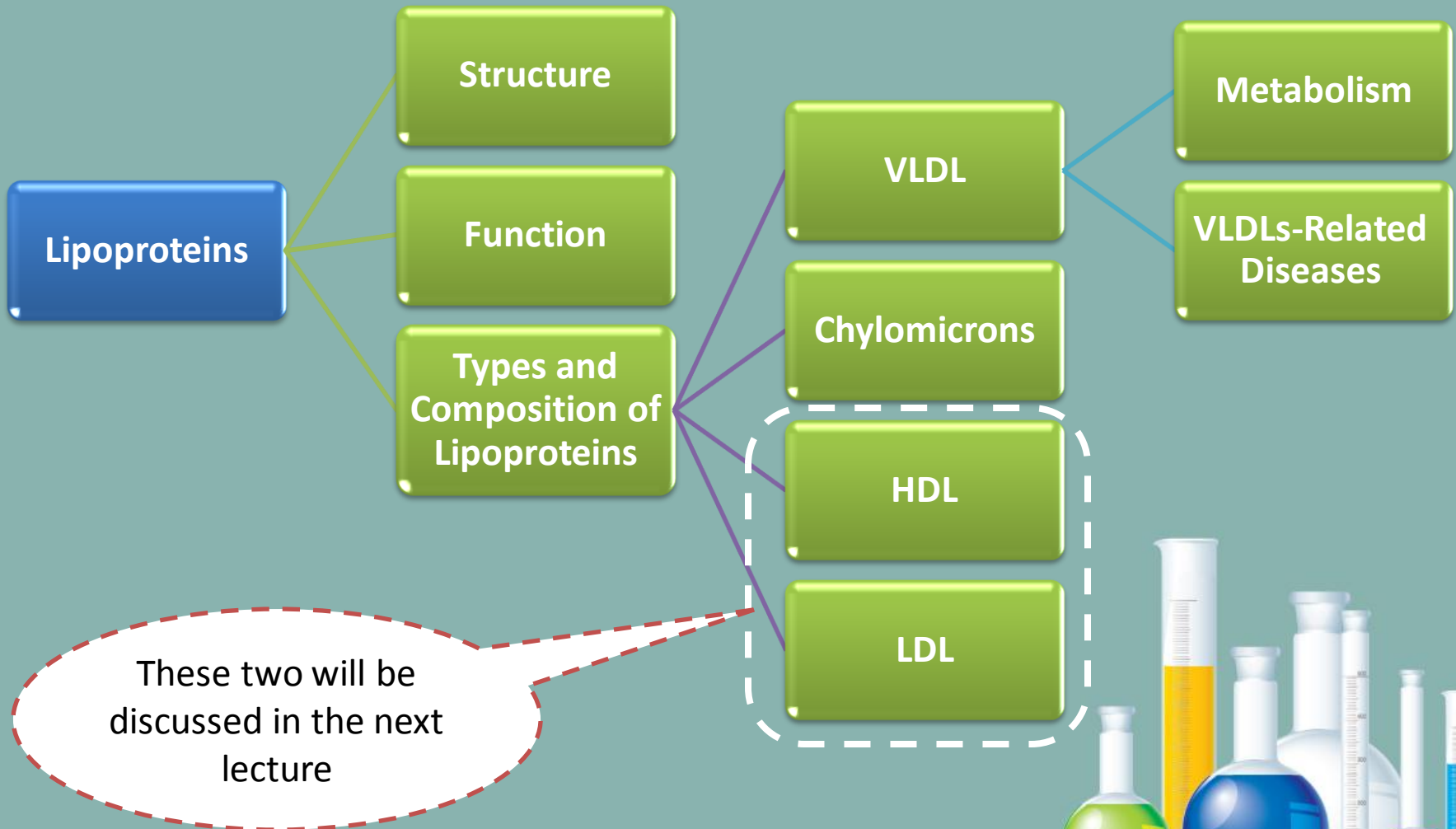
**Red =  
imp**

**Blue =  
explain**

**Green =  
addition  
notes**



# Mind map



# Introduction

## Lipid compounds:

Relatively water insoluble (Except ketone bodies)

Therefore, they are transported in plasma (aqueous) as

## Lipoproteins

\*Enzymatic function They are not enzyme but act as a cofactor, for example, ApoC II cofactor for lipoprotein lipase.

## lipoproteins and Related Clinical Problems

Atherosclerosis and hypertension

Coronary heart diseases

Lipoproteinemias (hypo- and hyper-)

Fatty liver = (hepatic steatosis)

## Lipoprotein Structure

### Protein part

: Apoproteins or apolipoproteins

Abbreviations: Apo-A, B, C, D, E

### Functions:

Structural and transport function (most important)

\*Enzymatic function

(activation of enzymes)

\*\*Ligands for receptors (for recognition)

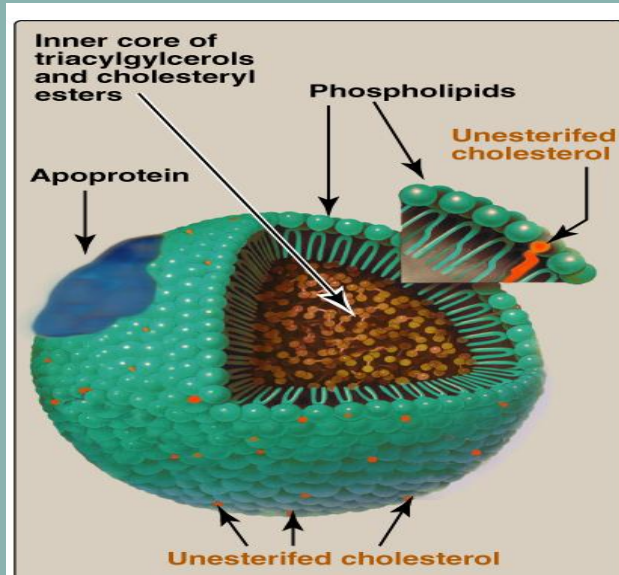
### Lipid part:

- According to the type of lipoproteins
- Different lipid components in various combinations

\*\*Ligands for receptors : so, the receptor will identify the Apoprotein.



## Spherical molecules of lipids and proteins (apoproteins)



**Outer coat**  
(Hydrophilic):

- - Apoproteins
- - Phospholipids
- - Cholesterol(Unesterified)  
has free hydroxyl group

**Inner core**  
(Hydrophobic):

- TG(triacyl glycerol)
- - Cholesterol ester (CE)

Lipoproteins differ in **size, density & electrophoretic mobility** according to their composition.

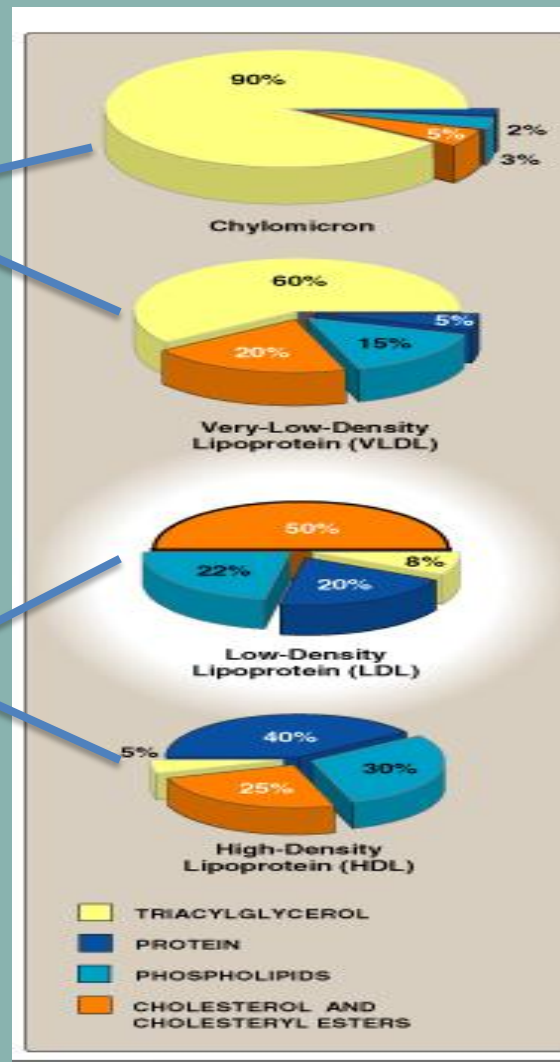
Lipids are low in density but big in size  
Proteins have high density but small size



# Types and Composition of Lipoproteins

Chylomicrons + VLDL are MAINLY composed of triacylglycerol

- LDL + HDL Rich of cholesterol. LDL mainly has free cholesterol. HDL mainly has esterified cholesterol



**Chylomicrons** (largest size, lowest density)  
**Very low density Lipoprotein (VLDL)**  
**Low density Lipoprotein (LDL)**  
**High density Lipoprotein (HDL)** (smallest size, highest density)



# Ultracentrifugation & Electrophoresis of Lipoproteins

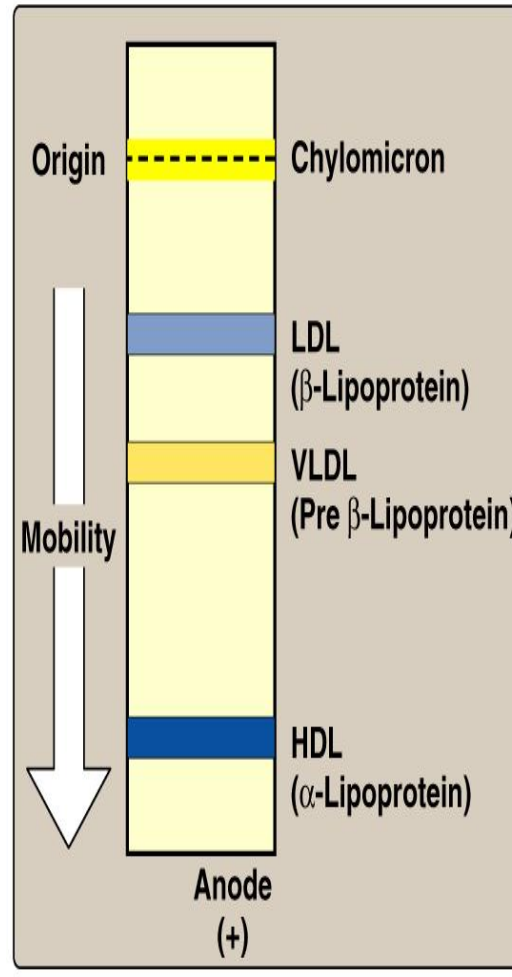
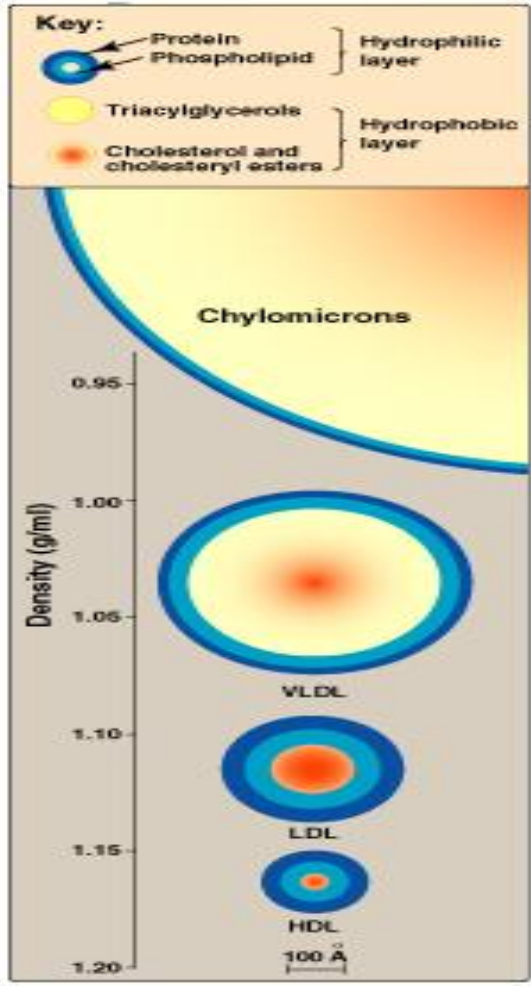


Figure 18-15

Chylomicron → very big to the extent it does not move  
 \*LDL & VLDL → VLDL is more mobile although LDL is smaller in size. Why?  
 VLDL is more negative in charge so is attracted more to the +ve anode  
 HDL → fast molecule



movement in gel media

Mainly depends on size with some exceptions\*

# Plasma Lipoproteins

For triacylglycerol transport (TG-rich):

- - Chylomicrons: TG of dietary origin
- - VLDL: TG of endogenous (hepatic) synthesis

For cholesterol transport (cholesterol-rich):

- LDL: Mainly free cholesterol
- HDL: Mainly esterified cholesterol

## Chylomicrons

- Assembled in intestinal mucosal cells
- • Lowest density, largest size
- Highest % of lipids and lowest % proteins
- Highest triacylglycerol (dietary origin)
- Carry **dietary** lipids to peripheral tissues
- Responsible for physiological milky appearance of plasma (up to 2 hours after meal) **milky appearance of plasma is Because of dietary TAG carried by chylomicrons**



## Very Low Density Lipoproteins VLDLs

- Assembled in liver
- High triacylglycerol (hepatic origin)
- Carry lipids from liver to peripheral tissues
- Nascent VLDL: contains \*Apo B-100
- \*\*Mature VLDL: Apo B-100 plus Apo C-II and Apo E (from HDL)

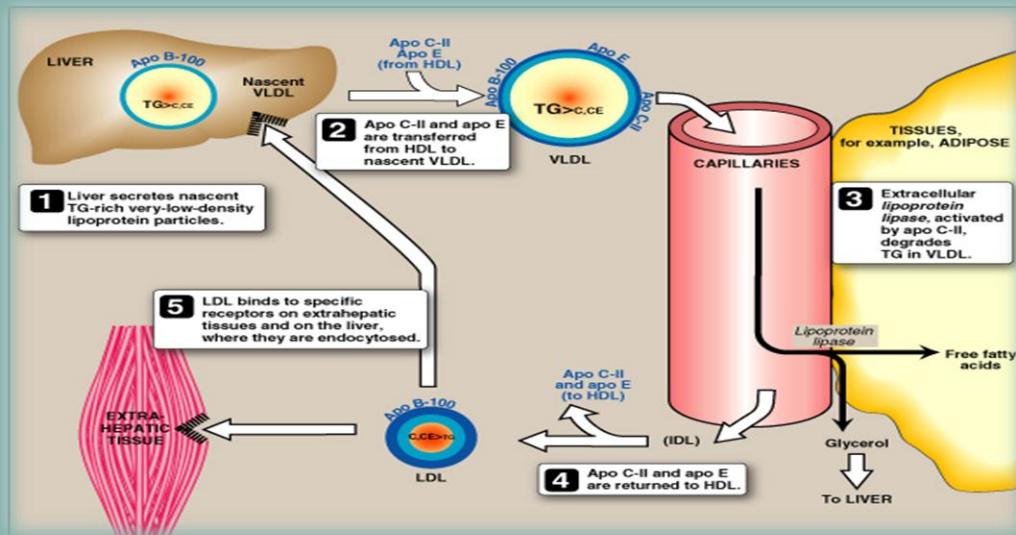
## Metabolism of VLDLs

- Assembled and secreted by liver
- Mature VLDLs in blood
- Modifications of circulating VLDLs
- End products: IDL and LDL

- \*Apo-B 48 in the wall of chylomicrons
- \*\*Modification and maturity: dynamic interaction between lipoprotein

Nascent VLDL → ( take apo-C II and apo-E ) from HDL and become mature → TG is degraded by extracellular lipoprotein lipase “ in the endothelial lining of the walls of capillaries ” : to glycerol ( goes to liver ) and FA ( goes to tissues )

After that VLDL becomes IDL “intermediate density lipoprotein” → loose lipids and give ( apo-C II and apo-E ) to HDL and become LDL → go to LDL receptor in liver





## Lipoprotein lipase

Extracellular enzyme, anchored by heparan sulfate to the capillary walls of most tissues

Predominantly present in **adipose tissue, cardiac & skeletal** muscle

Requires ApoC-II for activation

Degrades TG into glycerol and free fatty acids

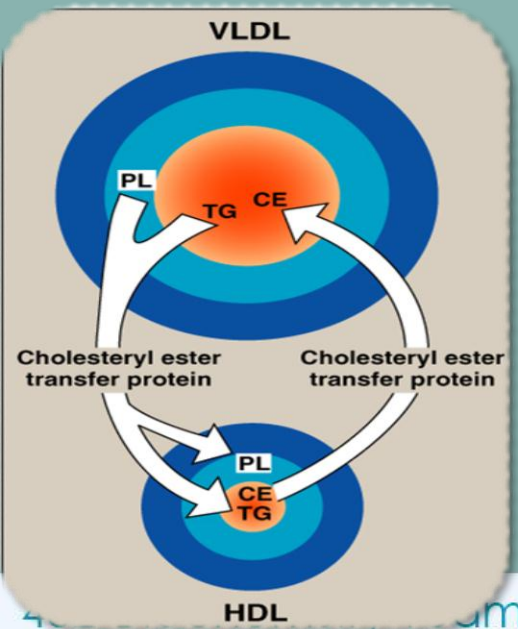
Insulin stimulates its synthesis and transfer to the luminal surface of the capillary

If deficient (or if apo C-II is deficient) → type 1 hyperlipoproteinemia = familial lipoprotein lipase deficiency)

## Lipid-Transfer Protein

## Metabolism of VLDLs: Mature VLDLs

## Modifications of Circulating VLDLs



Assembled and secreted by liver directly into blood as nascent form

Mature VLDLs: contain Apo B-100 **plus** Apo C-II and Apo E.

ApoC-II is required for activation of lipoprotein lipase  
Lipoprotein lipase is required to degrade TG into glycerol and fatty acids

**1-** Degradation of TG by lipoprotein lipase → VLDLs become:

- Smaller in size
- More dense

**2-** Apo C & Apo E return back to HDL  
**3-** Some TG are transferred from VLDL to HDL in exchange with cholesterol ester (By cholesterol ester transfer protein)

VLDL → IDL (returns Apo E to HDL) → LDL

# VLDLs-Related Diseases

\* TG-transfer protein :  
important for the  
synthesis of chylomicron  
and VLDL

## Hypolipoproteinemia

Defect in \*TG-transfer protein  
Apo B-100 cannot be loaded  
with lipid  
Accumulation of TG in liver

## Hyperlipoproteinemia

## Fatty Liver (hepatic steatosis)

Imbalance between hepatic  
synthesis of TG  
and secretion of VLDLs.  
Accumulation of TG in liver

## Type I Hyperlipoproteinemia

Familial Lipoprotein lipase deficiency  
• Due to deficiency of lipoprotein lipase or  
its cofactor (Apo C-II)  
Shows a dramatic accumulation ( $\geq 1000$   
mg/dl) of chylomicrons in plasma  
• Usually associated with acute abdomen  
due to acute pancreatitis  
•  $\uparrow$  plasma TG even in the fasted state

## Type III Hyperlipoproteinemia

• Familial dysbetalipoproteinemia  
• Due to Apo E deficiency  
• Associated with hypercholesterolemia  
& premature atherosclerosis



## Questions

Which of the following lipoproteins has the largest size?

- a. chylomicrons
- b. VLDL
- c. LDL
- d. HDL

which of the following is a function of VLDL?

- a. carry dietary lipids to peripheral tissue
- b. carry lipids to the liver
- c. carry lipids from the liver to peripheral tissue
- d. cause hyperlipoproteinemia

A patient with a family history of hypercholesterolemia and premature atherosclerosis most likely has:

- a. type III hyperlipoproteinemia
- b. type I hyperlipoproteinemia
- c. fatty liver
- d. heart failure

which of the following is required for lipoprotein lipase activation?

- a. Apo B-100
- b. Apo CII
- c. Apo E
- d. Heparin sulfate

**Ans:  
a,c,a,b**

**Thank you  
Good luck  
“)**

