



King Saud University  
College of Medicine  
Foundation Block

# Drug Acting on Autocrine, Paracrine Mediators [part 1]

# 8



# OBJECTIVES :

- ✓ Recognize the role of NO in cellular communication.
- ✓ Classify the different NOS available.
- ✓ Expand on its formation, actions termination and pharmacological modulation.
- ✓ Identify role of angiotensin in body homeostasis and local regulation.
- ✓ Explain its formation, target receptors, feedback regulatory actions, breakdown, intersection with the kinin system and pharmacological modulation.

# KEY WORDS :

Nitric Oxide, Paracrine, Vasodilatation, Autocrine, Angiotensin (Ag), Renin, Kinins, Bradykinin.

# Abbreviations :

ECM : Extracellular Matrix

N-NOS : Neuronal Nitric Oxide Synthase

ECF : extracellular Fluid

SMC : Smooth Muscles Cells

NO : Nitric Oxide

MLCK : Myosin Light-Chain Kinase

E-NOS : Endothelial-Nitric Oxide Synthase

RAAS : Renin-Angiotensin-Aldosterone System

ADH : Anti-Diuretic Hormone

INOS : Inducible Nitric Oxide Synthase

PDE : Phosphodiesterase

VSMC : Vascular Smooth Muscle Cell

GC = Guanylate Cyclase

NANC : Non-Adrenergic Non-Cholinergic

PKG = Protein Kinase G

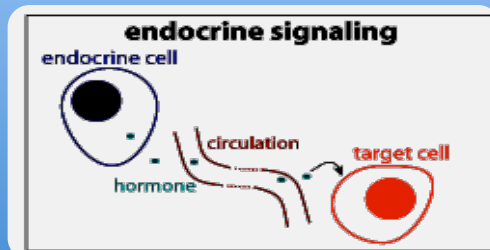
ACE : Angiotensin Converting Enzyme

ARB : Angiotensin Receptor Blocker

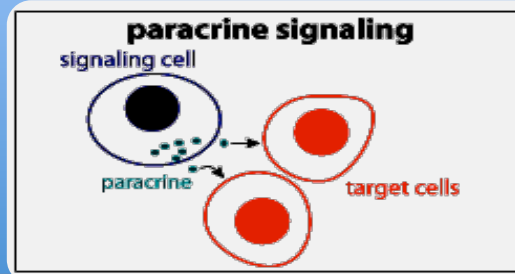
NSAIDs : Non-Steroidal Anti-Inflammatory Drugs

# Cell to Cell Communication

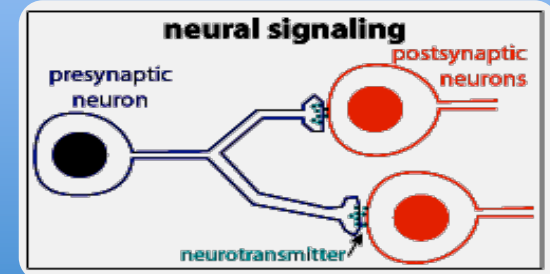
**Distance:** Via general routes → Blood



**Local:** Via → ECF, Gap junctions, ECM...



Along specified path → Nerves



## PARACRINE MEDIATORS

Secreted by one cell & acts upon adjacent cells or surrounding extracellular matrix [ECM]

## AUTOCRINE MEDIATORS

Secreted from a cell and acts on the same cell

# General Features of Paracrine Autocrine Mediators

## Act mostly on

- \*smooth muscles (SMC) vascular, or non vascular.
- \*nerve endings NANC co-transmission
- \*heart
- \*exocrine glands
- \*CNS
- \*kidney

## Exist either

- \*Preformed & stored in tissues & released by a stimulus [Monamines (histamine), most peptides ]
- \*Formed in response to a stimulus [NO, eicosanoids, some peptides ( angiotensin II ,bradykinins), cytokines]

## Their presence is either

### Constitutive:

Present all times to share in normal basic functional regulation within the cells (eNOS / COXI ) (in normal body functions)

### Inducible:

Only present upon demand i.e. gets expressed [gene transcription, mRNA formation and ribosomal translation into protein](iNOS / COXII) (in abnormal functions of the body. E.g. inflammation)

# DRUGS Acting On Paracrine Autocrine Mediators



Is a highly diffusible stable gas

**Synthesis:** Formed from the amino acid (arginine) with the help of (NOS)

Type	Type I [n-NOS] Neuronal NOS	Type III [E-NOS] Endothelial NOS	Type II [i-NOS] Inducible NOS
Location	Cytosol of <u>Neuronal</u> cells	Bound to membrane of endothelial cells, platelets	Cytosol of Macrophage, Neutrophil, Kupffer cells "in the liver"
Constitutive or Inducible	Constitutive	Constitutive	Inducible" not always existed "
Action	Neuronal messenger <u>Cytoprotective</u>	Relaxation of VSMC <u>Cytoprotective</u>	Immunocytotoxicity "toxicity for the invading organisms"

Shear Stress or Agonists as; Ach, histamine, bradykinin, when bind to receptors  $\uparrow$  intracellular Ca  $\rightarrow$  activate eNOS  $\rightarrow$  NO formation

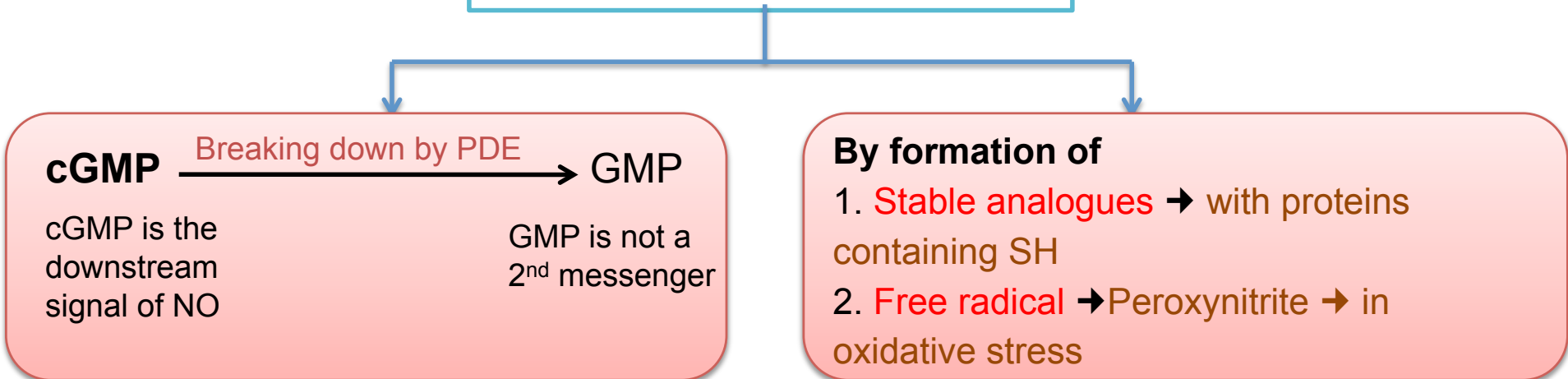
# Action of Nitric Oxide

Role of NO in blood vessels:

Relaxation of VSMC (Vasodilatation) + Cytoprotection on ECs

Vasodilatation (Paracrine)	Cytoprotection (Paracrine and Autocrine)
Diffuse to VSMC Binds soluble GC *Change GTP to cGMP “2 <sup>nd</sup> messenger” *Activate PKG & ↓Ca *Inactivate MLCK *Prevent actin-myosin cross-link *No contraction <b>RELAXATION</b>	↓platelet aggregation. ↓inflammatory cell recruitment. ↓ Cholesterol deposition. Inhibition of Monocytes.

## Termination of action



## Drug Modulation of NO

Express eNOS	Act as NO donors “drugs that gives NO inside the body”	Prevent breakdown of PDE
<p><b>Statins</b> (used to reduce cholesterol)</p> <p><b>Estrogen</b> → CVS cytoprotection (That’s why ladies before menopause never get heart attack) because NO help in vasodilatation of their heart.</p>	<p><b>Nitrates</b> → venulodilators in Angina “heart disease”</p> <p><b>Na nitroprusside</b> → arteriolar dilator in hypertension “can be used in emergency situations”</p>	<p>Selective PDE<sub>5</sub> inhibitors, <b>Sildenafil</b> → erectile dysfunction</p> <p>Keeps the cGMP active</p>

# ANGIOTENSIN

vasoconstrictor peptide

## Synthesis

\*Precursor is Angiotensinogen

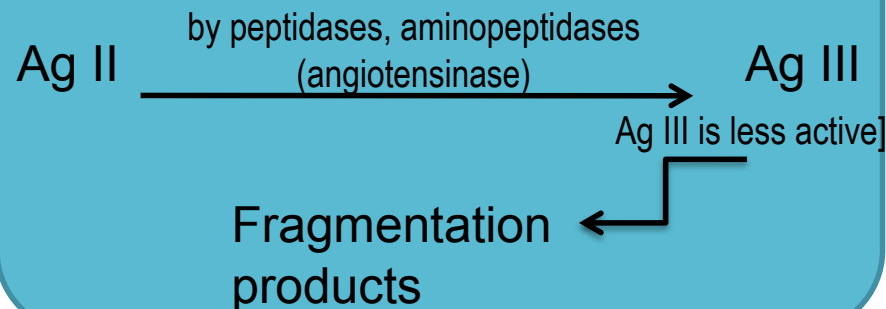
“a plasma  $\alpha$ -globulin synthesized in the liver”

\*RAAS

\***ENDOCRINE**

## Termination of Action

(Remember that Ag acts on G-protein receptors)



## Action

(Ag II does the actions)

**↑ Blood Pressure**

Endocrine/paracrine

- \*In Kidney : ↑ Na retention
- \*Adrenal Gland : Secretes Aldosterone hormone
- \*Heart : ↑ inotropy (heart contractility), ↑ chronotropy (heart rate)
- \*Blood Vessels : vasoconstriction
- \*Brain : ↑ Thirst, ADH “water retention”

## Action

**↑ Blood Pressure**

Autocrine

- \*In Kidney : ↑ fibrosis
- \*Heart : ↑ hypertrophy, ↑ fibrosis
- \*Blood Vessels : ↑ remodeling = hypertrophy



## Angiotensin modulating drugs

- Inhibition of RAAS treats :
- \*Hypertension (↓hypertrophy)
  - \*Heart Failure (↓hypertrophy & fibrosis)
  - \*Diabetics (Protect the kidney)

Drug	Action
Clonidine	Decrease BP
Propranolol	Decrease BF ( $\beta_2$ )
<b>Aliskiren</b>	<b>Inhibit Renin</b>
Lisinopril & ramipril	Inhibit ACE
Omapatrilat	Vasopeptidase inhibitor
<u>Candisartan</u>	ARBs
Spirinolactone and Eplerenone	Aldosterone receptor antagonists

# Kinins e.g. **Bradykinin**

synthesis	Action	Termination of action	Drugs modulation
prekallikerin	Vasodilatation	ACE & Neutral Endopeptidase (NEP) to decrease the BP	<b>NSAIDs:</b> Decrease action → decrease bradykinin-mediated pain
	Inflammation & exudation		
	Pain (sensory nerves)		<b>ACE inhibitors &amp; vasopeptidase inhibitors (antihypertensive drugs):</b> Decrease breakdown of bradykinin → increase their concentration
	Exocrine gland secretion e.g. "Salivary, sweat glands..etc."		

# Difference between ACE Inhibitors & ARBs action

**Inhibit activation of  
Agl to AGII +  
decrease  
degradation of  
bradykinin  
→ Vasodilation**

**Block action of AgII on  
AT1 in VSMCs that is  
causing  
vasoconstriction and  
make AgII act on non-  
blocked AT2 on  
endothelial cells  
→ Vasodilation**

# SUMMARY

- \*Recognize the role of NO in cellular communication.
- \*Classify the different NOS available.
- \*Expand on its formation, actions termination and pharmacological modulation.

- \*Identify role of angiotensin in body homeostasis and local regulation.

Is a highly diffusible stable gas	NO	A vasoconstrictor peptide	<b>Angiotensin</b>
L-arginine + O <sub>2</sub> -> NO + Citrulline + H <sub>2</sub> O	Formation	<ul style="list-style-type: none"> <li>▪ Angiotensin Receptor I</li> <li>▪ Angiotensin Receptor II</li> </ul>	<b>Receptors</b>
<ul style="list-style-type: none"> <li>▪ Type1: N-NOS (In the nervous tissue)</li> <li>▪ Type2: I-NOS (Cytosol of Macrophages)</li> <li>▪ Type3: E-NOS (Endothelial cells)</li> </ul>	Classification	AgII is converted to AgIII by certain enzymes (AgIII is less active)	<b>Termination</b>
Role of NO in blood vessels: <u>Vasodilatation</u> + <u>Cytoprotection</u>	Role	Inhibition of the RAAS system	<b>Drugs Modulating</b>
1- Formation of stable compounds. 2- Formation of free radical. 3- By break down of its downstream signal cGMP by Phosphodiesterase to form GMP	Termination	<ul style="list-style-type: none"> <li>- Renin inhibitors: Aliskiren</li> <li>- ACE inhibitors: Rampril</li> <li>- Angiotensin Receptors Blockers (ARBs): Candesartan</li> <li>- Vasopeptidase inhibitors: Omapatrilat</li> <li>- Aldosterone receptor antagonists: spironolactone</li> </ul>	
1\ eNOS activation : statins, estrogen 2\ Act as NO: nitrates, Na nitroprusside 3\ Prevent breakdown of PDE =(Stopping the breakage of cGMP) : sildenafil	Drugs Modulating		

# MCQS

1) What is the action of nitric oxide NO ?

- a) Vasodilatation
- b) Exocrine gland secretion
- c) Cytoprotection
- d) Both a and c

2) What is the name of enzyme that convert Ag1 to Ag2 ?

- a) ACE
- b) NOS
- c) Renin
- d) PDE

3) What is the name of enzyme that convert cGMP to GMP ?

- a) ACE
- b) Renin
- c) PDE
- d) NOS

4) Which of these is a drug that acts as NO donors ?

- a) Sildenafil
- b) Ramipril
- c) Candisartan
- d) Nitrates

5) Which is responsible for activation of angiotensinogen to angiotensin I ?

- a) Renin
- b) ACE
- c) ARB
- d) Kallikrein

6) Renin is released from the kidney when:

- a) the BP is low and the renal flow is high
- b) the BP is high and the renal flow is low
- c) the BP is low and the renal flow is low
- d) Non of above

# MCQS

7) AG II stimulates the \_\_\_\_\_ in the brain

- a) thirst center
- b) hypothalamus
- c) pituitary gland
- d) Both b and c

8) A drug modulator that blocks the angiotensin receptor (AT1) ?

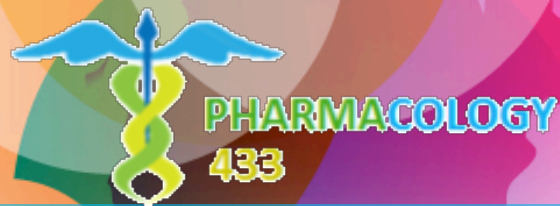
- a) Omapatrilat
- b) Candesartan
- c) Lisinopril
- d) None of above

9) When The Ag II acts on non-blocked AT2 it causes ?

- a) Vasodilation.
- b) Vasoconstriction.
- c) termination of action.
- d) Nothing happen

10) One way to terminate Nitric Oxide action is by the formation of?

- a) Chymase
- b) Stable analogues
- c) Aldosterone



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**We hope that we made this lecture easier for you  
Good Luck !**