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| **WEEK 1 – MUSCULOSKELETAL BLOCK (Female)** |
| **Week (1 ) Starting: 01/12/2013 (28/01/1435H)****INTRODUCTION & THE SKELETON** |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** |
| **CO-CHAIR: Dr. Hisham Al Khalidi** |
| **Sunday****01 December 2013** | **Monday****02 December 2013** | **Tuesday****03 December 2013** | **Wednesday****04 December 2013** | **Thursday****05 December 2013** |
| **8:00 - 9:00am**Histology ofcartilage and bone**(Histology )****Dr. Raeesa Mohammad** | **8:00-9:00am**Resting membrane potential**(Physiology)****Dr. Fawzia Al Rouq** | **8:00 - 9:00am****Self-directed****Learning** | **8:00 - 9:00am****Self-directed****Learning** | **8:00 - 10:00am****Salam** |
| **9:00 - 10:00am****Self-directed****Learning** | **9:00 - 10:00am**Nerve action potential& Properties of nerve fibers**(Physiology)****Dr. Manan Al-Hakbany** | **9:00 - 10:00am**Bones of the upper limbs**(Anatomy)****Dr. Jamilah Al-Madani** | **9:00 - 10:00am****Self-directed****Learning** |
| **10:00 - 11:00am**Overview of the Musculoskeletal block**Dr. Ahmad Bin Nasser** | **10:00 - 11:00am**Mechanisms of auto-immunity**(Immunology)****Prof Zahid Shakoor** | **10:00 - 11:00am**Glycogen metabolism in muscle**( Biochemistry)****Dr. Reem Sallam** | **10:00 - 11:00am****Self-directed****Learning** | **10:00 - 11:00am**Fracture and bone healing**(Pathology)****Dr. Maha Arafah** |
| **11:00- 12:00nn**Introduction to myopathies and Muscular dystrophy**(Pathology)****Dr. Hala Kfoury** | **11:00- 12:00nn** Congenital and developmental bone diseases**(Pathology)****Dr. Maha Arafah** | **11:00 - 12:00nn**Bones of the lower limbs**(Anatomy)****Dr. Sanaa Alshaarawi** | **11:00- 12:00nn****Self-directed****Learning** | **11:00- 12:00nn** **Meeting with the Dean** |
| **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** |
| **1:00 - 2:00pm**Physiology of the bone**(Physiology)****Prof. Faten Zakareia** | **1:00 -2:00pm**Histology of the muscles**(Anatomy)****Dr. Raeesa Mohammad** | **1:00 - 3:00pm****Practical** Appendicular Skeleton**(Anatomy and Histology)****All staff** | **1:00 - 2:00pm****Self-directed****Learning** | **1:00 - 2:00pm****Self-directed****Learning** |
| **2:00-3:00pm****Self-directed****Learning** | **2:00-3:00pm****Self-directed****Learning** | **2:00-3:00pm****Self-directed****Learning** | **2:00-3:00pm****Self-directed****Learning** |

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| **WEEK 2 – MUSCULOSKELETAL BLOCK (Female)** |
| **Week (2) Starting: 08/12/2013 ( 05/02/1435H)****BACK** |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** |
| **CO-CHAIR: Dr. Hisham Al Khalidi** |
| **Sunday****08 December 2013** | **Monday****09 December 2013** | **Tuesday****10 December 2013** | **Wednesday****11 December 2013** | **Thursday****12 December 2013** |
| **8:00 - 9:00am****Self-directed****Learning** | **8:00-9:00am**Nerve conduction studies and EMG**(Physiology)****Dr. Fawzia Al Rouq** | **8:00-9:00am****Self-directed****Learning** | **8:00 - 9:00am**Physiology of the motor unit**(Physiology)****Dr. Aida Korish** | **8:00 – 10:00am****Salam**  |
| **9:00 - 10:00am**Physiology of muscle contraction**(Physiology)****Prof. Laila Al-Ayadhi** | **9:00 - 10:00am**Thoracolumbar Spine**(Anatomy)****Dr. Zeenat Zaidi** | **9:00 - 10:00am****Self-directed****Learning** | **9:00 - 10:00am**Muscle relaxants **(Pharmacology)****Prof. Hanan Hagar** |
| **10:00 – 12:00nn****Salam****Exam** | **10:00 -11:00am**Muscles of the back**(Anatomy)****Dr. Zeenat Zaidi** | **10:00 - 11:00am**NSAIDs**(Pharmacology)****Prof. Azzah Almedany** | **10:00 - 12:00nn****Practical** Vertebrae **(Anatomy & Radiology)** **All staff** | **10:00 - 11:00am**Muscle adaptation to exercise**(Physiology)****Prof. Faten Zakareia** |
| **11:00 – 12:00nn**Cervical spine**(Anatomy)****Dr. Sanaa Alshaarawi** | **11:00 – 12:00nn**Sacrum and pelvis**(Anatomy)****Dr. Jamilah Al-Madani** | **11:00 – 12:00nn**Physical and physiological factors in athletic performance **(Physiology)****Prof. Faten Zakareia** |
| **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** |
| **1:00 - 3:00pm**Problem-based LearningCase 1 Tutorial 1 | **1:00 -2:00pm****Self-directed****Learning**  | **1:00 - 3:00pm****Practical**Muscles of the back**(Anatomy)****All staff** | **1:00 - 3:00pm**Problem-based LearningCase 1 Tutorial 2 | **1:00 -2:00pm****Self-directed****Learning** |
| **2:00-3:00pm****Self-directed****Learning** | **2:00-3:00pm****Self-directed****Learning** |
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| **WEEK 3 – MUSCULOSKELETAL BLOCK (Female)** |
| **Week (3) Starting: 15/12/2013 (12 /02/1435H)****UPPER LIMBS**  |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** |
| **CO-CHAIR: Dr. Hisham Al Khalidi** |
| **Sunday****15 December 2013** | **Monday****16 December 2013** | **Tuesday****17 December 2013** | **Wednesday****18 December 2013** | **Thursday****19 December 2013** |
| **8:00 - 9:00am**Pectoral region and axilla**(Anatomy)****Dr. Sanaa Alshaarawi** | **8:00-9:00am**Embryology of the limbs**(Anatomy)****Dr. Zeenat Zaidi** | **8:00 - 9:00am**Radial and ulnar nerves**(Anatomy)****Dr. Jamilah Al-Madani** | **8:00 - 9:00am**Aerobic and anaerobic metabolism in muscles**(Biochemistry)****Dr. Reem Sallam** | **8:00 - 10:00am****Salam** |
| **9:00 - 10:00am**Axillary and median nerve**(Anatomy)****Dr. Zeenat Zaidi** | **9:00 - 10:00am**Neuromuscular transmission**(Physiology)****Prof. Laila Al-Ayadhi** | **9:00 - 10:00am**Hand and wrist**(Anatomy)****Dr. Jamilah Al-Madani**  | **9:00 - 10:00am**Drugs in gout**(Pharmacology)****Prof. Azzah Almedany**  |
| **10:00 – 11:00am****Self-directed****Learning** | **10:00 - 11:00am**Anatomy of the forearm**(Anatomy)****Dr. Sanaa Alshaarawi** | **10:00 - 12:00nn****Practical** Muscles and bones of the upper limb**(Anatomy & Radiology)****All staff** | **10:00 - 11:00am** Disease modifying anti-rheumatic drugs**(Pharmacology)****Prof. Azzah Almedany** | **10:00 - 12:00nn**History takingAndIM Injection**(Introduction of the clinical medicine)****“F1”** |
| **11:00- 12:00nn**Arm and elbow**(Anatomy)****Dr. Zeenat Zaidi** | **11:00- 12:00nn**Creatine Metabolism**(Biochemistry)****Dr. Sumbul Fatma** | **11:00- 12:00nn**Vascular anatomy of the upper limb**(Anatomy)****Dr. Zeenat Zaidi** |
| **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** |
| **1:00 - 3:00pm**Problem-based LearningCase 2 Tutorial 1 | **1:00 -2:00pm**Self-directedLearning | **1:00 -3:00pm**History taking and IM Injection **(Introduction of the clinical medicine)****“F2”** | **1:00 - 3:00pm**Problem-based LearningCase 2 Tutorial 2 | **1:00 - 3:00pm****Practical**Vessels & Nerves of the upper limb**(Anatomy)****All staff** |
| **2:00- 3:00pm**Self-directedLearning |
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| **WEEK 4 – MUSCULOSKELETAL BLOCK (Female)** |
| **Week (4) Starting: 22/12/2013 (19/02 /1435H)****LOWER LIMBS**  |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** |
| **CO-CHAIR: Dr. Hisham Al Khalidi** |
| **Sunday****22 December 2013** | **Monday****23 December 2013** | **Tuesday****24 December 2013** | **Wednesday****25 December 2013** | **Thursday****26 December 2013** |
| **8:00 -10:00am****MIDBLOCK****EXAM** | **8:00 - 9:00am**Gluteal region and back of the thigh**(Anatomy)****Dr. Sanaa Alshaarawi**  | **8:00 - 9:00am**Vascular anatomy of the lower limb**(Anatomy)****Dr. Jamilah Al-Madani** | **8:00 - 9:00am**Osteomyelitis and septic arthritis**(Pathology)****Dr. Maha Arafah** | **8:00 - 10:00am****Salam** |
| **9:00 - 10:00am**Frontal medial thigh**(Anatomy)****Dr. Zeenat Zaidi** | **9:00 - 10:00am**Non – infectiousArthritis **(Pathology)****Dr. Maha Arafah** | **9:00 - 10:00am**Purine degradation and gout**(Biochemistry)****Dr. Sumbul Fatma** |
| **10:00 - 11:00am****Self-directed****Learning** | **10:00 - 11:00am**Anatomy of the shoulder**(Anatomy)****Dr. Zeenat Zaidi**  | **10:00 - 11:00am**Direct acting cholinergic drugs **(Pharmacology)****Prof. Hanan Hagar** | **10:00 - 12:00nn****Practical** Muscles and bones of the lower limbs**(Anatomy & Radiology)****All staff** | **10:00 - 11:00am**Tips on answering examination questions **Prof. Samy Azer** |
| **11:00- 12:00nn****Self-directed****Learning** | **11:00- 12:00nn****Self-directed****Learning** | **11:00- 12:00nn**Indirect actingcholinergic drugs **(Pharmacology)****Prof. Hanan Hagar** | **11:00- 12:00nn**Laboratory and clinical aspects of cellulitis and necrotizing fasciitis**(Microbiology)****Dr. Fawzia Alotaibi** |
| **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** |
| **1:00 – 2:00pm****Self-directed****Learning** | **1:00 -2:00pm****Self-directed****Learning** | **1:00 - 3:00pm****Practical** **Pathology****Dr. Shaesta Zaidi/****Dr. Maha Arafah** | **1:00 -2:00pm** Sciatic nerve**(Anatomy)****Dr. Jamilah Al-Madani** | **1:00 -2:00pm****Self-directed****Learning**  |
| **2:00 - 3:00 pm****Self-directed****Learning** | **2:00 - 3:00 pm****Self-directed****Learning** | **2:00 - 3:00 pm****Self-directed****Learning** | **2:00 - 3:00 pm****Self-directed****Learning** |

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| **WEEK 5 – MUSCULOSKELETAL BLOCK (Female)** |
| **Week (5) Starting: 29 /12 /2013 (26 /02/1435H)** **JOINTS** |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** |
| **CO-CHAIR: Dr. Hisham Al Khalidi** |
| **Sunday****29 December 2013** | **Monday****30 December 2013** | **Tuesday****31 December 2013** | **Wednesday****01 January 2014** | **Thursday****02 January 2014** |
| **8:00 - 9:00am**Hip, knee jointsand ankle joints**(Anatomy)****Dr. Zeenat Zaidi** | **SALAM EXAMINATION** | **8:00 - 9:00am**Microbiology of joints and bone infection**(Microbiology)****Prof. Hanan Habib**  | **8:00 - 10:00am****Practical** Vessels & Nerves of the lower limb**(Anatomy)****All staff** | **8:00 - 9:00am****Self-directed****Learning** |
| **9:00 - 10:00am****Introduction to** Surface anatomy of the upper & lower limbs**(Anatomy)****Dr. Zeenat Zaidi** | **9:00 - 10:00am****Self-directed****Learning** | **9:00 - 10:00am****Self-directed****Learning** |
| **10:00 - 11:00am**Myocytoma**(Microbiology)****Dr. Ahmad Al Barrag** | **10:00 - 11:00am**Surface anatomy of upper & lower limbs“F1”**(Anatomy & Clinical skills )** | **10:00 - 11:00am**Popliteal fossa, back of the leg and soleof the foot**(Anatomy)****Dr. Sanaa Alshaarawi** | **10:00 - 11:00am****Self-directed****Learning** |
| **11:00- 12:00nn**Autoimmune disease **(Immunology)****Dr. Adel Almogren** | **11:00 - 12:00nn**Surface anatomy of upper & lower limbs“F2”**(Anatomy & Clinical skills )** | **11:00- 12:00nn**Frontal lateral compartment of the leg and dorsum foot **(Anatomy)****Dr. Jamilah Al-Madani** | **11:00- 12:00nn****Self-directed****Learning** |
| **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** |
| **1:00 - 3:00pm**Problem-based LearningCase 3 Tutorial 1 | **1:00 - 2:00pm****Self-directed****Learning** | **1:00 - 3:00pm**Problem-based LearningCase 3 Tutorial 1 | **1:00 - 2:00pm****Self-directed****Learning** |
| **2:00 - 3:00 pm****Self-directed****Learning** | **2:00 - 3:00 pm****Self-directed****Learning** |

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| **WEEK 6 – MUSCULOSKELETAL BLOCK (Female)** |
| **Week (6) Starting: 05 /01/2014 (04 /03/1435H)****CONSOLIDATION** |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** |
| **CO-CHAIR: Dr. Hisham Al Khalidi** |
| **Sunday****05 January 2014** | **Monday****06 January 2014** | **Tuesday****07 January 2014** | **Wednesday****08 January 2014** | **Thursday****09 January 2014** |
| **8:00 - 9:00am** | **8:00-9:00am** | **8:00 - 9:00am** | **8:00 - 9:00am** | **8:00 - 9:00am** |
| **9:00 - 10:00am** | **9:00 - 10:00am** | **9:00 - 10:00am** | **9:00 - 10:00am** | **9:00 - 10:00am** |
| **10:00 - 11:00am** | **10:00 - 11:00am** | **10:00 - 11:00am** | **10:00 - 11:00am** | **10:00 - 11:00am** |
| **11:00- 12:00nn** | **11:00- 12:00nn** | **11:00 - 12:00nn** | **11:00- 12:00nn** | **11:00- 12:00nn** |
| **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** | **Lunch****12:00 – 1:00pm** |
| **1:00 - 2:00pm** | **1:00 -2:00pm** | **1:00 - 2:00pm** | **1:00 - 2:00pm** | **1:00 - 2:00pm** |
| **2:00 - 3:00 pm** | **2:00 - 3:00 pm** | **2:00 - 3:00 pm** | **2:00 - 3:00 pm** | **2:00 - 3:00 pm** |

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