|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **WEEK 1 – MUSCULOSKELETAL BLOCK (Female)** | | | | |
| **Week (1 ) Starting: 01/12/2013 (28/01/1435H)**  **INTRODUCTION & THE SKELETON** | | | | |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** | | | | |
| **CO-CHAIR: Dr. Hisham Al Khalidi** | | | | |
| **Sunday**  **01 December 2013** | **Monday**  **02 December 2013** | **Tuesday**  **03 December 2013** | **Wednesday**  **04 December 2013** | **Thursday**  **05 December 2013** |
| **8:00 - 9:00am**  Histology ofcartilage and bone  **(Histology )**  **Dr. Raeesa Mohammad** | **8:00-9:00am**  Resting membrane potential  **(Physiology)**  **Dr. Fawzia Al Rouq** | **8:00 - 9:00am**  **Self-directed**  **Learning** | **8:00 - 9:00am**    **Self-directed**  **Learning** | **8:00 - 10:00am**  **Salam** |
| **9:00 - 10:00am**  **Self-directed**  **Learning** | **9:00 - 10:00am**  Nerve action potential  & Properties of nerve fibers  **(Physiology)**  **Dr. Manan Al-Hakbany** | **9:00 - 10:00am**  Bones of the upper limbs  **(Anatomy)**  **Dr. Jamilah Al-Madani** | **9:00 - 10:00am**  **Self-directed**  **Learning** |
| **10:00 - 11:00am**  Overview of the Musculoskeletal block  **Dr. Ahmad Bin Nasser** | **10:00 - 11:00am**  Mechanisms of auto-immunity  **(Immunology)**  **Prof Zahid Shakoor** | **10:00 - 11:00am**  Glycogen metabolism in muscle  **( Biochemistry)**  **Dr. Reem Sallam** | **10:00 - 11:00am**  **Self-directed**  **Learning** | **10:00 - 11:00am**  Fracture and bone healing  **(Pathology)**  **Dr. Maha Arafah** |
| **11:00- 12:00nn**  Introduction to myopathies and Muscular dystrophy  **(Pathology)**  **Dr. Hala Kfoury** | **11:00- 12:00nn**  Congenital and developmental bone diseases  **(Pathology)**  **Dr. Maha Arafah** | **11:00 - 12:00nn**  Bones of the lower limbs  **(Anatomy)**  **Dr. Sanaa Alshaarawi** | **11:00- 12:00nn**  **Self-directed**  **Learning** | **11:00- 12:00nn**  **Meeting with the Dean** |
| **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** |
| **1:00 - 2:00pm**  Physiology of the bone  **(Physiology)**  **Prof. Faten Zakareia** | **1:00 -2:00pm**  Histology of the muscles  **(Anatomy)**  **Dr. Raeesa Mohammad** | **1:00 - 3:00pm**  **Practical**  Appendicular Skeleton  **(Anatomy and Histology)**  **All staff** | **1:00 - 2:00pm**  **Self-directed**  **Learning** | **1:00 - 2:00pm**  **Self-directed**  **Learning** |
| **2:00-3:00pm**  **Self-directed**  **Learning** | **2:00-3:00pm**  **Self-directed**  **Learning** | **2:00-3:00pm**  **Self-directed**  **Learning** | **2:00-3:00pm**  **Self-directed**  **Learning** |

**Hall No.(1),**

**Third Floor Female Academic Center**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **WEEK 2 – MUSCULOSKELETAL BLOCK (Female)** | | | | |
| **Week (2) Starting: 08/12/2013 ( 05/02/1435H)**  **BACK** | | | | |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** | | | | |
| **CO-CHAIR: Dr. Hisham Al Khalidi** | | | | |
| **Sunday**  **08 December 2013** | **Monday**  **09 December 2013** | **Tuesday**  **10 December 2013** | **Wednesday**  **11 December 2013** | **Thursday**  **12 December 2013** |
| **8:00 - 9:00am**  **Self-directed**  **Learning** | **8:00-9:00am**  Nerve conduction studies and EMG  **(Physiology)**  **Dr. Fawzia Al Rouq** | **8:00-9:00am**  **Self-directed**  **Learning** | **8:00 - 9:00am**  Physiology of the motor unit  **(Physiology)**  **Dr. Aida Korish** | **8:00 – 10:00am**  **Salam** |
| **9:00 - 10:00am**  Physiology of muscle contraction  **(Physiology)**  **Prof. Laila Al-Ayadhi** | **9:00 - 10:00am**  Thoracolumbar Spine  **(Anatomy)**  **Dr. Zeenat Zaidi** | **9:00 - 10:00am**  **Self-directed**  **Learning** | **9:00 - 10:00am**  Muscle relaxants  **(Pharmacology)**  **Prof. Hanan Hagar** |
| **10:00 – 12:00nn**  **Salam**  **Exam** | **10:00 -11:00am**  Muscles of the back  **(Anatomy)**  **Dr. Zeenat Zaidi** | **10:00 - 11:00am**  NSAIDs  **(Pharmacology)**  **Prof. Azzah Almedany** | **10:00 - 12:00nn**  **Practical**  Vertebrae  **(Anatomy & Radiology)**  **All staff** | **10:00 - 11:00am**  Muscle adaptation to exercise  **(Physiology)**  **Prof. Faten Zakareia** |
| **11:00 – 12:00nn**  Cervical spine  **(Anatomy)**  **Dr. Sanaa Alshaarawi** | **11:00 – 12:00nn**  Sacrum and pelvis  **(Anatomy)**  **Dr. Jamilah Al-Madani** | **11:00 – 12:00nn**  Physical and physiological factors in athletic performance  **(Physiology)**  **Prof. Faten Zakareia** |
| **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** |
| **1:00 - 3:00pm**  Problem-based  Learning  Case 1 Tutorial 1 | **1:00 -2:00pm**  **Self-directed**  **Learning** | **1:00 - 3:00pm**  **Practical**  Muscles of the back  **(Anatomy)**  **All staff** | **1:00 - 3:00pm**  Problem-based  Learning  Case 1 Tutorial 2 | **1:00 -2:00pm**  **Self-directed**  **Learning** |
| **2:00-3:00pm**  **Self-directed**  **Learning** | **2:00-3:00pm**  **Self-directed**  **Learning** |
|  | |

**Hall No.(1),**

**Third Floor Female Academic Center**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK 3 – MUSCULOSKELETAL BLOCK (Female)** | | | | | |
| **Week (3) Starting: 15/12/2013 (12 /02/1435H)**  **UPPER LIMBS** | | | | | |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** | | | | | |
| **CO-CHAIR: Dr. Hisham Al Khalidi** | | | | | |
| **Sunday**  **15 December 2013** | **Monday**  **16 December 2013** | **Tuesday**  **17 December 2013** | **Wednesday**  **18 December 2013** | **Thursday**  **19 December 2013** | |
| **8:00 - 9:00am**  Pectoral region and axilla  **(Anatomy)**  **Dr. Sanaa Alshaarawi** | **8:00-9:00am**  Embryology of the limbs  **(Anatomy)**  **Dr. Zeenat Zaidi** | **8:00 - 9:00am**  Radial and ulnar nerves  **(Anatomy)**  **Dr. Jamilah Al-Madani** | **8:00 - 9:00am**  Aerobic and anaerobic metabolism in muscles  **(Biochemistry)**  **Dr. Reem Sallam** | **8:00 - 10:00am**  **Salam** | |
| **9:00 - 10:00am**  Axillary and median nerve  **(Anatomy)**  **Dr. Zeenat Zaidi** | **9:00 - 10:00am**  Neuromuscular transmission  **(Physiology)**  **Prof. Laila Al-Ayadhi** | **9:00 - 10:00am**  Hand and wrist  **(Anatomy)**  **Dr. Jamilah Al-Madani** | **9:00 - 10:00am**  Drugs in gout  **(Pharmacology)**  **Prof. Azzah Almedany** |
| **10:00 – 11:00am**  **Self-directed**  **Learning** | **10:00 - 11:00am**  Anatomy of the forearm  **(Anatomy)**  **Dr. Sanaa Alshaarawi** | **10:00 - 12:00nn**  **Practical**  Muscles and bones of the upper limb  **(Anatomy & Radiology)**  **All staff** | **10:00 - 11:00am**  Disease modifying anti-rheumatic drugs  **(Pharmacology)**  **Prof. Azzah Almedany** | **10:00 - 12:00nn**  History taking  And  IM Injection  **(Introduction of the clinical medicine)**  **“F1”** | |
| **11:00- 12:00nn**  Arm and elbow  **(Anatomy)**  **Dr. Zeenat Zaidi** | **11:00- 12:00nn**  Creatine Metabolism  **(Biochemistry)**  **Dr. Sumbul Fatma** | **11:00- 12:00nn**  Vascular anatomy of the upper limb  **(Anatomy)**  **Dr. Zeenat Zaidi** |
| **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | |
| **1:00 - 3:00pm**  Problem-based  Learning  Case 2 Tutorial 1 | **1:00 -2:00pm**  Self-directed  Learning | **1:00 -3:00pm**  History taking and IM Injection  **(Introduction of the clinical medicine)**  **“F2”** | **1:00 - 3:00pm**  Problem-based  Learning  Case 2 Tutorial 2 | **1:00 - 3:00pm**  **Practical**  Vessels & Nerves  of the upper limb  **(Anatomy)**  **All staff** | |
| **2:00- 3:00pm**  Self-directed  Learning |
|  | |  | |

**Hall No.(1),**

**Third Floor Female Academic Center**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **WEEK 4 – MUSCULOSKELETAL BLOCK (Female)** | | | | |
| **Week (4) Starting: 22/12/2013 (19/02 /1435H)**  **LOWER LIMBS** | | | | |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** | | | | |
| **CO-CHAIR: Dr. Hisham Al Khalidi** | | | | |
| **Sunday**  **22 December 2013** | **Monday**  **23 December 2013** | **Tuesday**  **24 December 2013** | **Wednesday**  **25 December 2013** | **Thursday**  **26 December 2013** |
| **8:00 -10:00am**  **MIDBLOCK**  **EXAM** | **8:00 - 9:00am**  Gluteal region and back of the thigh  **(Anatomy)**  **Dr. Sanaa Alshaarawi** | **8:00 - 9:00am**  Vascular anatomy of the lower limb  **(Anatomy)**  **Dr. Jamilah Al-Madani** | **8:00 - 9:00am**  Osteomyelitis and septic arthritis  **(Pathology)**  **Dr. Maha Arafah** | **8:00 - 10:00am**  **Salam** |
| **9:00 - 10:00am**  Frontal medial thigh  **(Anatomy)**  **Dr. Zeenat Zaidi** | **9:00 - 10:00am**  Non – infectious  Arthritis  **(Pathology)**  **Dr. Maha Arafah** | **9:00 - 10:00am**  Purine degradation and gout  **(Biochemistry)**  **Dr. Sumbul Fatma** |
| **10:00 - 11:00am**  **Self-directed**  **Learning** | **10:00 - 11:00am**  Anatomy of the shoulder  **(Anatomy)**  **Dr. Zeenat Zaidi** | **10:00 - 11:00am**  Direct acting cholinergic drugs  **(Pharmacology)**  **Prof. Hanan Hagar** | **10:00 - 12:00nn**  **Practical**  Muscles and bones of the lower limbs  **(Anatomy & Radiology)**  **All staff** | **10:00 - 11:00am**  Tips on answering examination questions  **Prof. Samy Azer** |
| **11:00- 12:00nn**  **Self-directed**  **Learning** | **11:00- 12:00nn**  **Self-directed**  **Learning** | **11:00- 12:00nn**  Indirect acting  cholinergic drugs  **(Pharmacology)**  **Prof. Hanan Hagar** | **11:00- 12:00nn**  Laboratory and clinical aspects of cellulitis and necrotizing fasciitis  **(Microbiology)**  **Dr. Fawzia Alotaibi** |
| **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** |
| **1:00 – 2:00pm**  **Self-directed**  **Learning** | **1:00 -2:00pm**  **Self-directed**  **Learning** | **1:00 - 3:00pm**  **Practical**  **Pathology**  **Dr. Shaesta Zaidi/**  **Dr. Maha Arafah** | **1:00 -2:00pm**  Sciatic nerve  **(Anatomy)**  **Dr. Jamilah Al-Madani** | **1:00 -2:00pm**  **Self-directed**  **Learning** |
| **2:00 - 3:00 pm**  **Self-directed**  **Learning** | **2:00 - 3:00 pm**  **Self-directed**  **Learning** | **2:00 - 3:00 pm**  **Self-directed**  **Learning** | **2:00 - 3:00 pm**  **Self-directed**  **Learning** |

**Hall No.(1),**

**Third Floor Female Academic Center**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **WEEK 5 – MUSCULOSKELETAL BLOCK (Female)** | | | | |
| **Week (5) Starting: 29 /12 /2013 (26 /02/1435H)**  **JOINTS** | | | | |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** | | | | |
| **CO-CHAIR: Dr. Hisham Al Khalidi** | | | | |
| **Sunday**  **29 December 2013** | **Monday**  **30 December 2013** | **Tuesday**  **31 December 2013** | **Wednesday**  **01 January 2014** | **Thursday**  **02 January 2014** |
| **8:00 - 9:00am**  Hip, knee joints  and ankle joints  **(Anatomy)**  **Dr. Zeenat Zaidi** | **SALAM EXAMINATION** | **8:00 - 9:00am**  Microbiology of joints and bone infection  **(Microbiology)**  **Prof. Hanan Habib** | **8:00 - 10:00am**  **Practical**  Vessels & Nerves of the lower limb  **(Anatomy)**  **All staff** | **8:00 - 9:00am**  **Self-directed**  **Learning** |
| **9:00 - 10:00am**  **Introduction to**  Surface anatomy of the upper & lower limbs  **(Anatomy)**  **Dr. Zeenat Zaidi** | **9:00 - 10:00am**    **Self-directed**  **Learning** | **9:00 - 10:00am**  **Self-directed**  **Learning** |
| **10:00 - 11:00am**  Myocytoma  **(Microbiology)**  **Dr. Ahmad Al Barrag** | **10:00 - 11:00am**  Surface anatomy of upper & lower limbs  “F1”  **(Anatomy & Clinical skills )** | **10:00 - 11:00am**  Popliteal fossa, back of the leg and soleof the foot  **(Anatomy)**  **Dr. Sanaa Alshaarawi** | **10:00 - 11:00am**  **Self-directed**  **Learning** |
| **11:00- 12:00nn**  Autoimmune disease  **(Immunology)**  **Dr. Adel Almogren** | **11:00 - 12:00nn**  Surface anatomy of upper & lower limbs  “F2”  **(Anatomy & Clinical skills )** | **11:00- 12:00nn**  Frontal lateral compartment of the leg and dorsum foot  **(Anatomy)**  **Dr. Jamilah Al-Madani** | **11:00- 12:00nn**  **Self-directed**  **Learning** |
| **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** |
| **1:00 - 3:00pm**  Problem-based  Learning  Case 3 Tutorial 1 | **1:00 - 2:00pm**  **Self-directed**  **Learning** | **1:00 - 3:00pm**  Problem-based  Learning  Case 3 Tutorial 1 | **1:00 - 2:00pm**  **Self-directed**  **Learning** |
| **2:00 - 3:00 pm**  **Self-directed**  **Learning** | **2:00 - 3:00 pm**  **Self-directed**  **Learning** |

**Hall No.(1),**

**Third Floor Female Academic Center**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **WEEK 6 – MUSCULOSKELETAL BLOCK (Female)** | | | | |
| **Week (6) Starting: 05 /01/2014 (04 /03/1435H)**  **CONSOLIDATION** | | | | |
| **CHAIR PERSON: Dr. Ahmad Bin Nasser** | | | | |
| **CO-CHAIR: Dr. Hisham Al Khalidi** | | | | |
| **Sunday**  **05 January 2014** | **Monday**  **06 January 2014** | **Tuesday**  **07 January 2014** | **Wednesday**  **08 January 2014** | **Thursday**  **09 January 2014** |
| **8:00 - 9:00am** | **8:00-9:00am** | **8:00 - 9:00am** | **8:00 - 9:00am** | **8:00 - 9:00am** |
| **9:00 - 10:00am** | **9:00 - 10:00am** | **9:00 - 10:00am** | **9:00 - 10:00am** | **9:00 - 10:00am** |
| **10:00 - 11:00am** | **10:00 - 11:00am** | **10:00 - 11:00am** | **10:00 - 11:00am** | **10:00 - 11:00am** |
| **11:00- 12:00nn** | **11:00- 12:00nn** | **11:00 - 12:00nn** | **11:00- 12:00nn** | **11:00- 12:00nn** |
| **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** | **Lunch**  **12:00 – 1:00pm** |
| **1:00 - 2:00pm** | **1:00 -2:00pm** | **1:00 - 2:00pm** | **1:00 - 2:00pm** | **1:00 - 2:00pm** |
| **2:00 - 3:00 pm** | **2:00 - 3:00 pm** | **2:00 - 3:00 pm** | **2:00 - 3:00 pm** | **2:00 - 3:00 pm** |

**Hall No.(1),**

**Third Floor Female Academic Center**