



KING SAUD UNIVERSITY  
COLLEGE OF MEDICINE  
1<sup>ST</sup> YEAR, 3<sup>RD</sup> BLOCK

# Prerequisite Physiology of the Sympathetic Nervous System



RESPIRATORY BLOCK

# Main Differences between the Sympathetic and Parasympathetic Nervous System

	Sympathetic (Fight or flight)	Parasympathetic (Rest and digest)
<b>Nerve origin</b>	Lumbar and thoracic segments of spinal cords (T1-L2) “Thoracolumbar outflow”	Cranial nerves (III, VII, IX, X) and sacral (S2-S4) “Craniosacral outflow”
<b>Nerves</b>	Short preganglionic	Long preganglionic
<b>Neurotransmitter</b>	<ul style="list-style-type: none"> <li>*Epinephrine</li> <li>*Norepinephrine</li> <li>*Dopamine “D1 is located on the renal vasculatures”</li> </ul> <div style="display: flex; align-items: center; margin-left: 20px;"> <span style="font-size: 2em; margin-right: 5px;">}</span> <div style="border-left: 1px solid purple; padding-left: 5px; margin-left: 5px;"> <p style="font-size: 0.8em; color: purple;">“released directly from the medulla of the adrenal gland”</p> </div> </div>	Acetylcholine (Ach)
<b>Site of ganglia</b>	Sympathetic chain ganglia or collateral ganglia near vertebrae (Far from the target organ)	In or close to visceral target (terminal ganglia)
<b>Predominant tones of major organ systems</b>	Arterioles/arteries, Veins, Sweat glands..	Heart, Iris, Ciliary muscles, GI tract, Smooth muscles, Bladder, Salivary glands, Lacrimal glands..

# Norepinephrine

Synthesis	Precursor is Tyrosine → DOPA → Dopamine (get released) → Norepinephrine “at nerve endings, but in adrenal medulla some of it becomes Epinephrine”
Storage	In synaptic vesicles
Releasing	By an action potential stimulus that will make it perform its action; Ca ion enters → the vesicles move → exocytosis → releasing norepinephrine.
Action	On receptors found on target organs (most), or on receptors on terminal ending of the nerves.
Reuptake	By NET (norepinephrine transport) at the terminal endings
Degradation	*By MAO (mono-amine oxidase enzymes) : at terminal endings *By COMT (catechol -O-methyl transferase) : in target organs

How good does each one of these neurotransmitters act on each Adrenoceptors ?

# Adrenoceptors

	$\alpha_1$	$\alpha_2$	$\beta_1$	$\beta_2$	$\beta_3$
Epinephrine	Less	Weak	Good	Good	Good
Norepinephrine	Good	Good	Lesser	No acting	Weak
Dopamine	Good	Weak	Good	No acting	No acting

\*Dopamine also acts on the receptor D1

\*Epinephrine acts on all the receptors

\*Epinephrine acts good on all the  $\beta$  receptors.

\*Norepinephrine acts good on all the  $\alpha$  receptors

\*All of the receptors are postsynaptic except for  $\alpha_2$  which is presynaptic.

\* $\alpha_2$  and  $\beta_2$  have autoregulatory functions.

## Properties of the Heart:

\*Force of contraction : **Inotropic**

\*Rate of contraction : **Chronotropic**

\*Conduction of the impulse to the heart : **Dromotropic**

\*Initiation of impulse : **Lusitropic**

**“Done by  $\beta$ 1 receptor”**

# Major Functions of the Adrenoceptors

	Organ	Action
<b><math>\alpha_1</math></b>	<ul style="list-style-type: none"> <li>*Most of blood vessels (skin and peripheral)</li> <li>*GIT and Bladder</li> <li>*Eye</li> </ul>	<ul style="list-style-type: none"> <li>*Vasoconstriction</li> <li>*Contraction of the sphincter</li> <li>*Mydriasis</li> </ul>
<b><math>\alpha_2</math></b>	<ul style="list-style-type: none"> <li>*Pancreas</li> <li>*Platelets</li> <li>*Membrane of adrenergic axon terminals</li> </ul>	<ul style="list-style-type: none"> <li>*Inhibits insulin secretion.</li> <li>*Stimulates blood clotting</li> <li>*Inhibit NE release from adrenergic terminals</li> </ul>
<b><math>\beta_1</math></b>	<ul style="list-style-type: none"> <li>*Heart</li> <li>*Kidneys</li> <li>*Adipose tissue</li> </ul>	<ul style="list-style-type: none"> <li>*Stimulates the heart "the properties that were mentioned before"</li> <li>*Stimulates releasing of Renin</li> </ul>
<b><math>\beta_2</math></b>	<ul style="list-style-type: none"> <li>*Lungs</li> <li>*GIT</li> <li>*Blood vessels</li> <li>*Skeletal and cardiac vascular muscles</li> <li>*Non-vascular smooth muscles</li> </ul>	<ul style="list-style-type: none"> <li>*Bronchodilatation.</li> <li>*decrease motility</li> <li>*Coronary arteries dilatation</li> <li>*vasodilatation of smooth muscles' vessels.</li> </ul>
<b><math>\beta_3</math></b>	Adipose tissue	Lipolysis by Adipose cell

**$\alpha_1$**  are coupled to Gq to stimulate Phospholipase C (PLC) → increase Ca intracellular. (contraction)

**$\alpha_2$**  are coupled to Gi to inhibit adenylyl cyclase (AC) → decrease cAMP

**$\beta$**  are coupled to Gs to stimulate adenylyl cyclase (AC) → increase cAMP

This Lecture was given by Prof. Omnia to group C, in order to understand the next lecture (Adrenergic Agonist) properly. It's not included in the mid-block exam nor in the Respiratory Block syllabus.

We hope this is clear to you,  
Good luck !



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