

# Anatomy teamwork

## Lecture 3

# The nervous system

Color coding

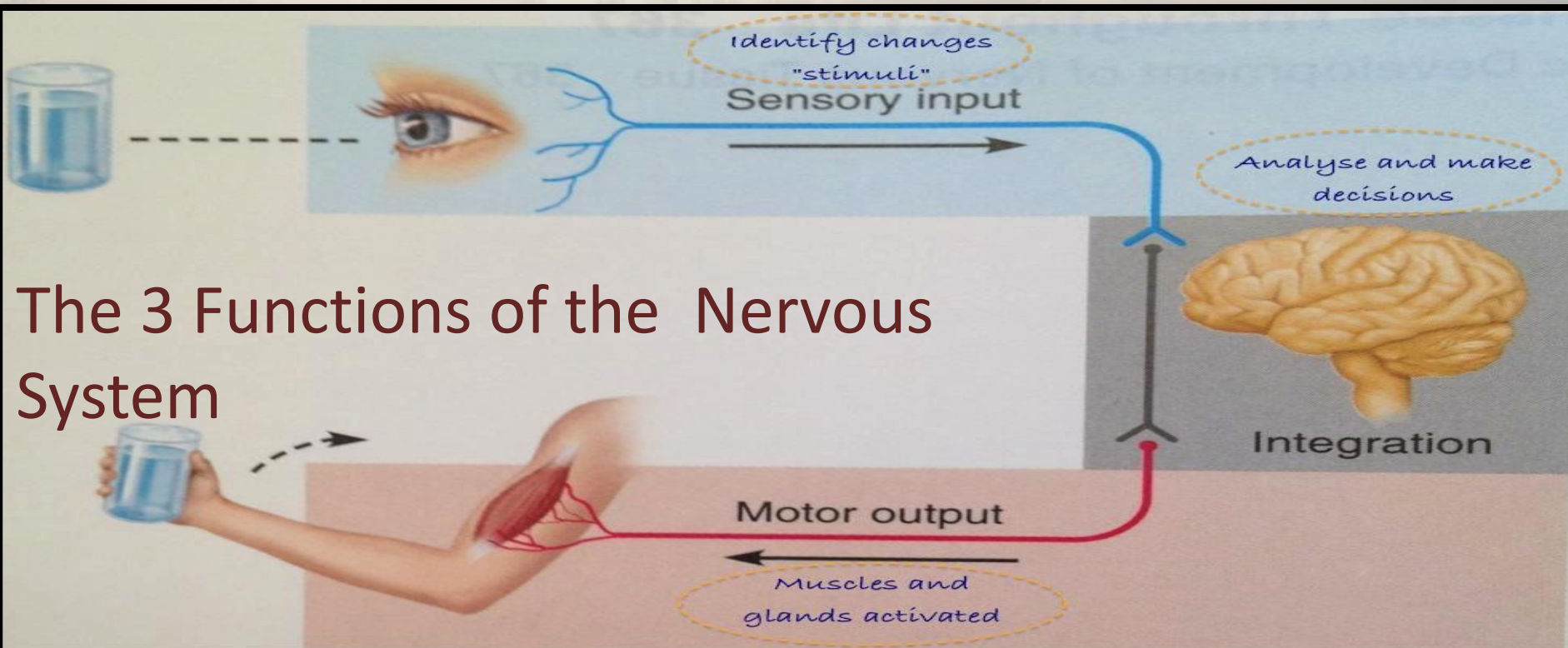
- Very important
- Notes

هذا العمل لا يعني عن المصدر الأساسي للمذاكرة

# Objectives

- ✓ **List the subdivisions of the nervous system**
- ✓ **Define the terms: grey matter, white matter, nucleus, ganglion, tract and nerve.**
- ✓ **List the parts of the brain.**
- ✓ **Identify the external and internal features of spinal cord.**
- ✓ **Enumerate the cranial nerves**
- ✓ **Describe the parts and distribution of the spinal nerve.**
- ✓ **Define the term 'dermatome'**
- ✓ **List the structures protecting the central nervous system**





# The 3 Functions of the Nervous System

**1. INPUT**  
The sound of the alarm clock is conveyed to your brain by your ears.

**2. PROCESSING**  
Your brain knows from past experience that it is time to get up.

**3. OUTPUT**  
Your brain directs the muscles of your arm and hand to reach out and shut off the alarm clock.



# Structural Organization

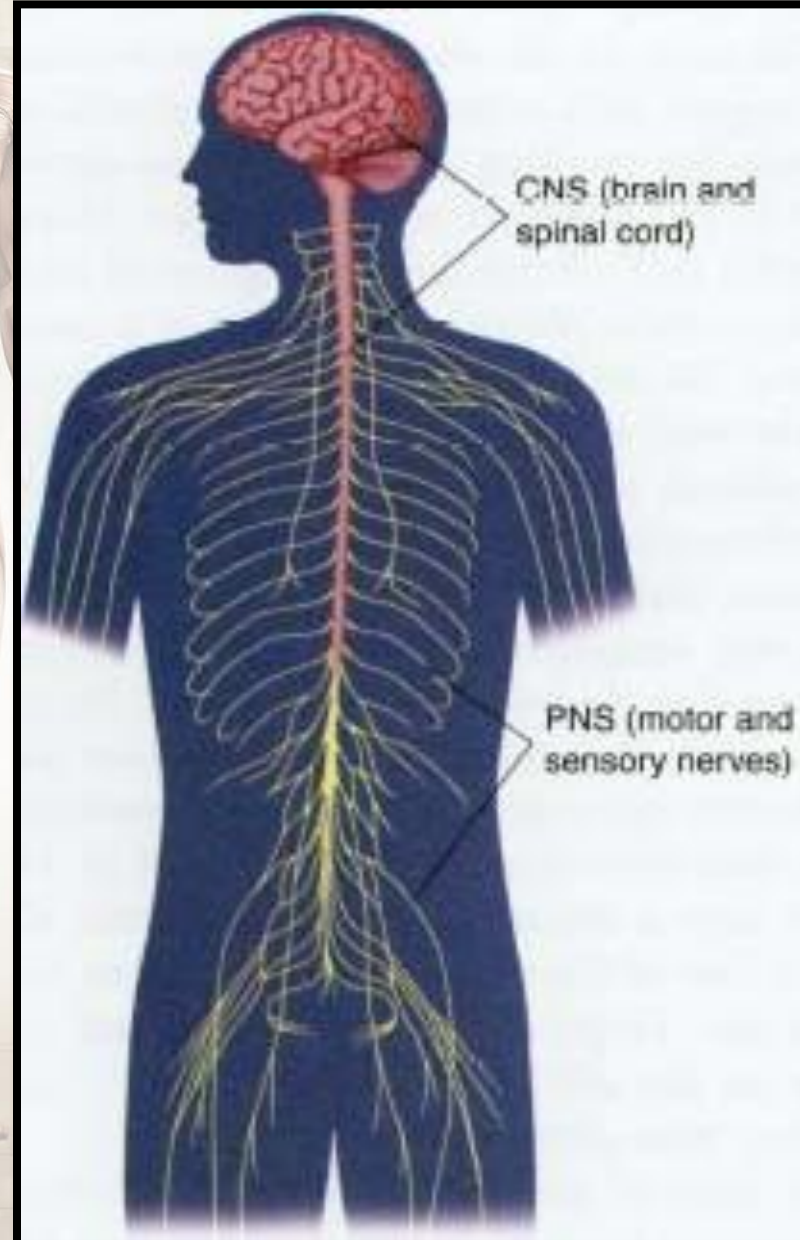
## Nervous System

### Central nervous system (CNS)

Brain & Spinal cord

### Peripheral nervous system (PNS)

Nerves (cranial, spinal) & ganglia.





# Functional Organization

Key:

• = Structure

▪ = Function

## Central Nervous System (CNS)

- Brain and spinal cord
- Integrative and control centers

- **Autonomic** لا إرادي
- **Somatic** إرادي

## Peripheral Nervous System (PNS)

- Cranial nerves and spinal nerves
- Communication lines between the CNS and the rest of the body

## Sensory (afferent) division

- Somatic and visceral sensory nerve fibers
- Conducts impulses from receptors to the CNS

## Motor (efferent) division

- Motor nerve fibers
- Conducts impulses from the CNS to effectors (muscles and glands)

## Sympathetic division

- Mobilizes body systems during activity ("fight or flight")

## Parasympathetic division

- Conserves energy
- Promotes "housekeeping" functions during rest

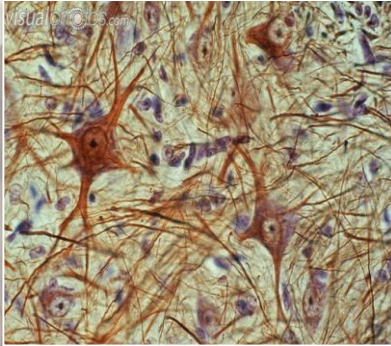
## Autonomic nervous system (ANS)

- Visceral motor (involuntary)
- Conducts impulses from the CNS to cardiac muscles, smooth muscles, and glands

## Somatic nervous system

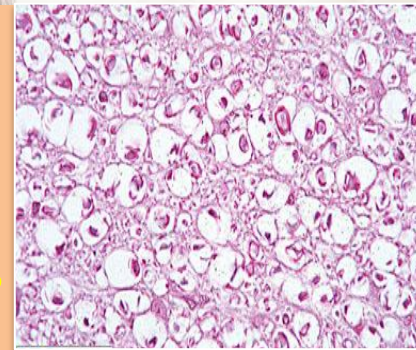
- Somatic motor (voluntary)
- Conducts impulses from the CNS to skeletal muscles

# Nervous Tissue



**Gray matter**: which contains the **cell bodies** & the **short** processes of the **neurons**, the **neuroglia** and the blood **vessels**.

**White matter**: which contains the **long** processes of the **neurons** (no cell bodies), the **neuroglia** and the blood **vessels**



**Gray Matter**

-Cell bodies  
-SHORT processes  
of neurons

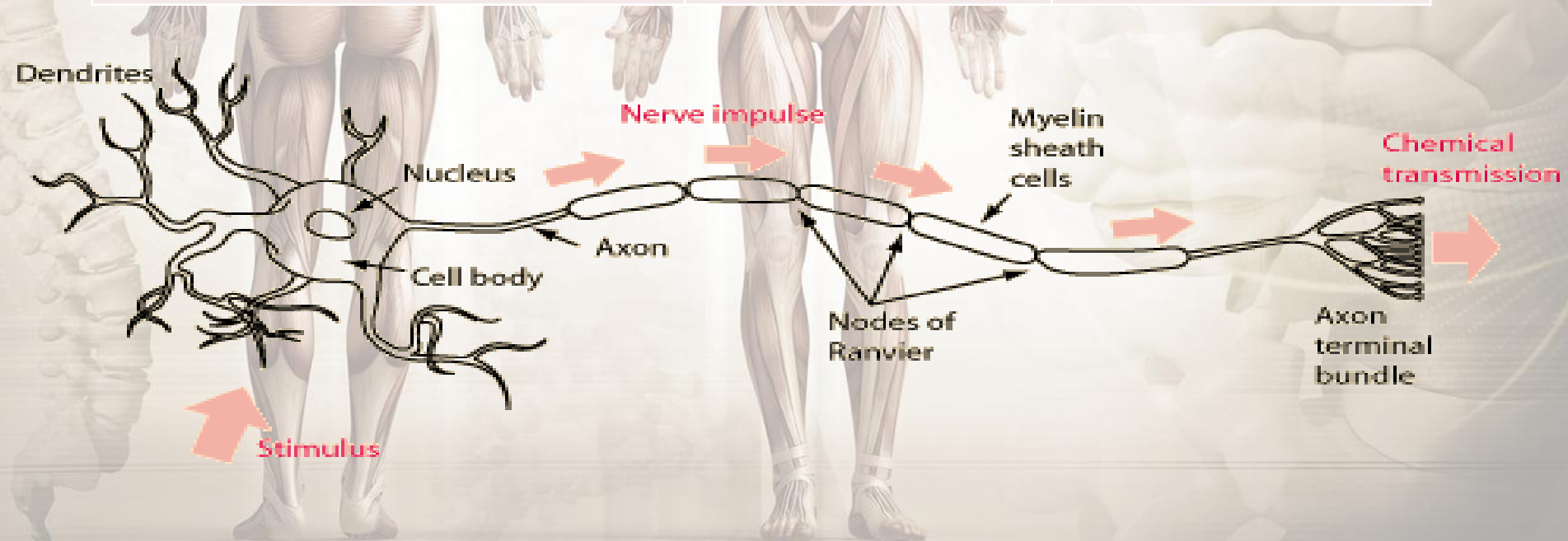
-Neuroglia  
"supporting cell"  
-Blood vessels

**White Matter**

-LONG processes  
of neurons

# Nomenclature of nerve cells

	WITHIN CNS	OUTSIDE CNS "PNS"
Group of NEURONS "Cell bodies"	Nuclei	Ganglia
Group of NERVE FIBERS "AXON"	Tract	Nerves



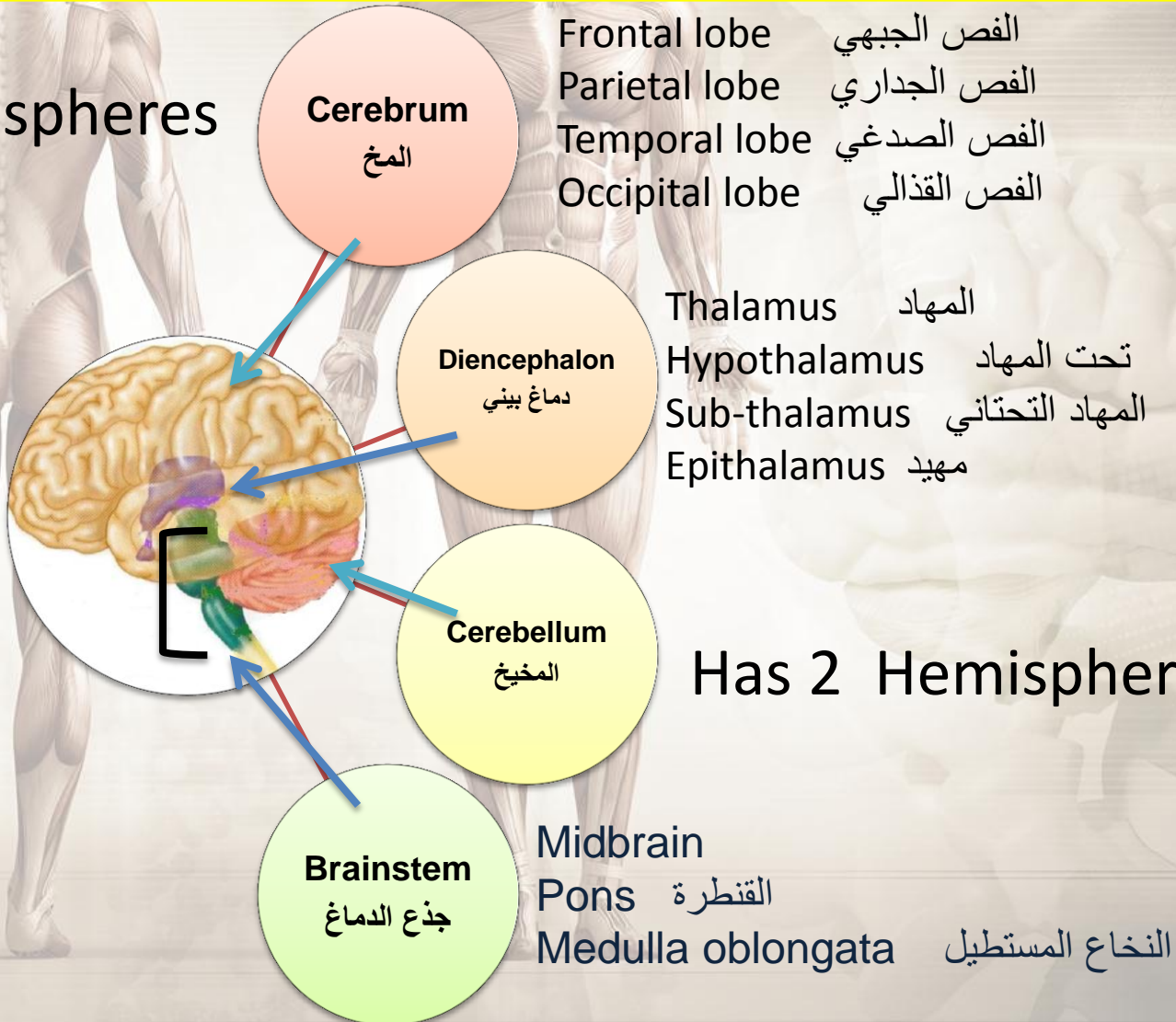
N.B Nerve cells number is constant (they do not divide).



# The Brain

The brain is a large mass of nervous tissue located in the cranial cavity. It has four major regions

Has 2 Hemispheres



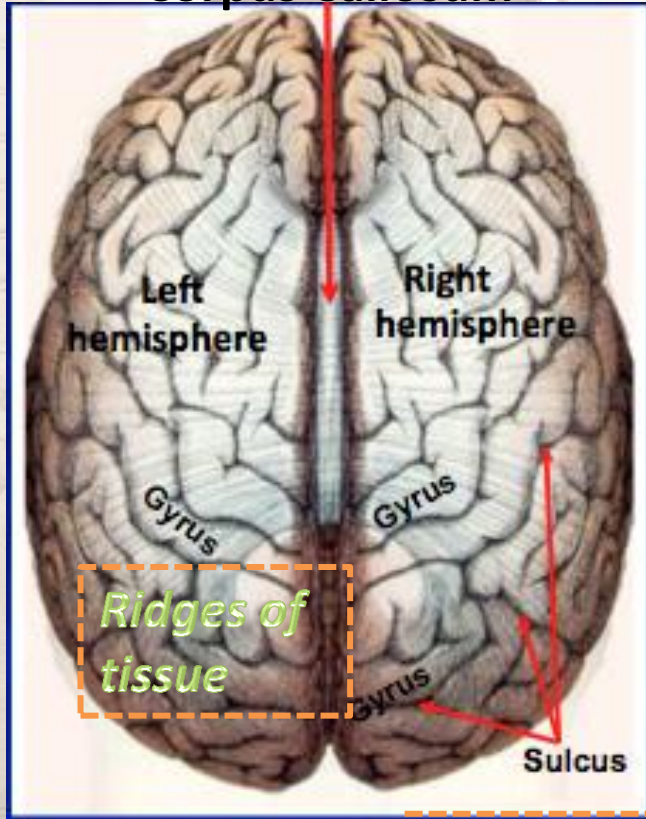
Has 2 Hemispheres



# Tissue of Cerebral Hemispheres

**THICK BUNDLE OF NERVE FIBERS**

**Corpus Callosum**

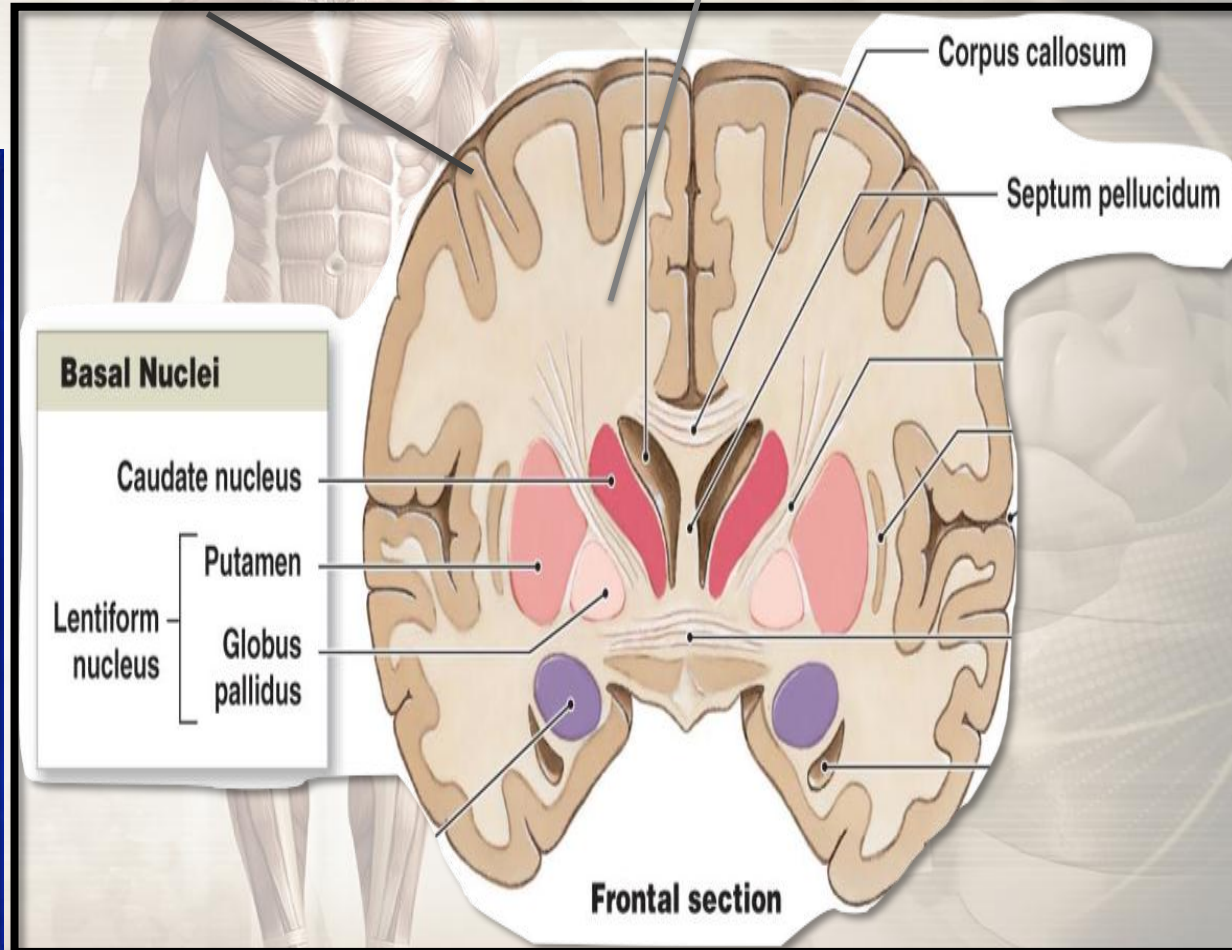


**Ridges of tissue**

**SEPARATED BY GROOVES**

**Gray matter/Cortex**  
"outermost"

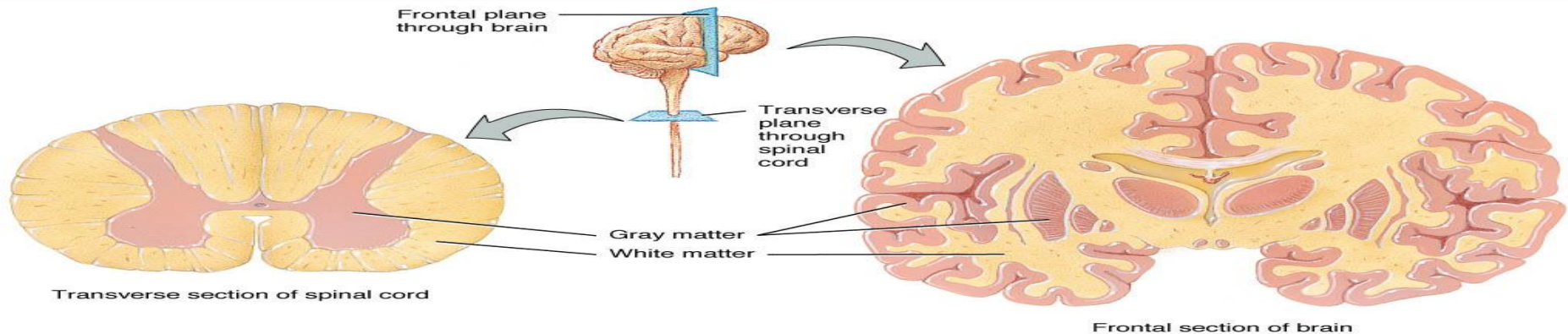
**White matter (fiber tracts/bundle of nerve fibers)**  
"carry impulse to/from cortex"



**Basal Nuclei: Gray matter within white matter, help motor cortex regulate voluntary motor activities**

# Cross Section of The Brain and Spinal Cord

	The Brain		Spinal Cord
	Cerebrum	Cerebellum	
Cortex "Outer layer "	Gray mater	Gray mater	White mater
Medulla "Inner layer"	White mater	White mater	Gray mater
Extra Note	<p>Located deep within the white matter are masses of grey matter called the basal nuclei . They help the motor cortex in the regulation of voluntary motor activities</p>	<p>Cerebellum has the function of providing precise coordination for body movements and helps maintain equilibrium</p>	<p>The arrangement of gray matter resembles the shape of the letter H, having 2 posterior, 2 anterior and 2 lateral horns</p>





# Cranial Nerves 12 pairs

4 pairs are mixed

Trigeminal n. (V)

Facial n. (VII)

Glossopharyngeal n. (IX)

Vagus n. (X)

5 pairs are motor

Oculomotor n. (III)

Trochlear n. (IV)

Abducent n. (VI)

Accessory n. (XI)

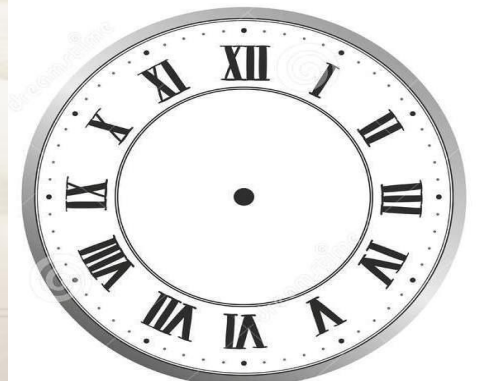
Hypoglossal n. (XII)

3 pairs are sensory

Olfactory n. (I)

Optic n. (II)

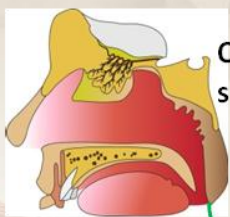
Vestibulocochlear n. (VIII)



Latin numbers



— sensory fibres  
— motor fibres



**Olfactory (I)**  
sensory: nose



**Intermediate motor:**  
submaxillary and sublingual gland  
**sensory:** anterior part of tongue & soft palate



**Glossopharyngeal (IX) motor:** pharyngeal musculature  
**Sensory:** posterior part of tongue, tonsil, pharynx

**Optic (II)**  
sensory: eye



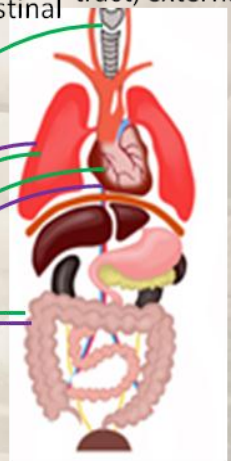
Intermediate nerve →

**Vestibulocochlear (VII)**  
sensory: inner ear

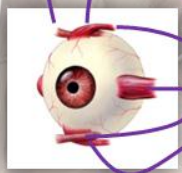


vestibular  
cochlear

**Vagus (X)**  
motor: heart, lungs, bronchi, gastro-intestinal tract  
**Sensory:** Heart, lungs, bronchi, trachea, larynx, pharynx, gastro-intestinal tract, external ear

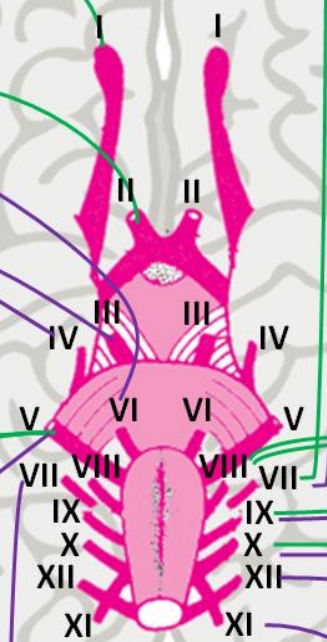


**Trochlear (IV)**  
motor: superior oblique muscle



**Abducent (VI)**  
motor: external muscle

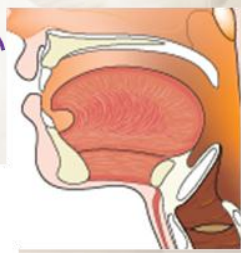
**Oculomotor (III)**  
motor: all eye muscles except those supplied by IV and VI



**Trigeminal (V)**  
sensory: face, teeth, sinuses, etc.  
motor: muscles of mastication



**Facial (VII)**  
motor: muscles of the face



**Hypoglossal (XII)**  
motor: muscles of the tongue



**Accessory (XI)**  
motor: sternocleidomastoid and trapezius muscles

# The Spinal Cord

- It is a two-way conduction pathway to the brain and a major reflex center
- It is 42-45 cm long, cylindrical in shape lies within the vertebral canal
- *spinal cord* is as *thick* as a mans *little finger*
- Extends from **Foramen Magnum** to the **2nd lumbar vertebrae**
- Gives rise to **31** pairs of spinal nerves.
- The spinal cord has 2 enlargements: **cervical** and **lumbosacral**

**WHY ?!** in order to accommodate the extra neurons involved with the motor control going to, and sensations coming from, the upper and lower limbs.

- Caudal tapering end is called **conus medullaris**
- A group of spinal nerves at the end of the spinal cord are called **Cauda Equina** “horse tail in latin”





# The spinal nerves

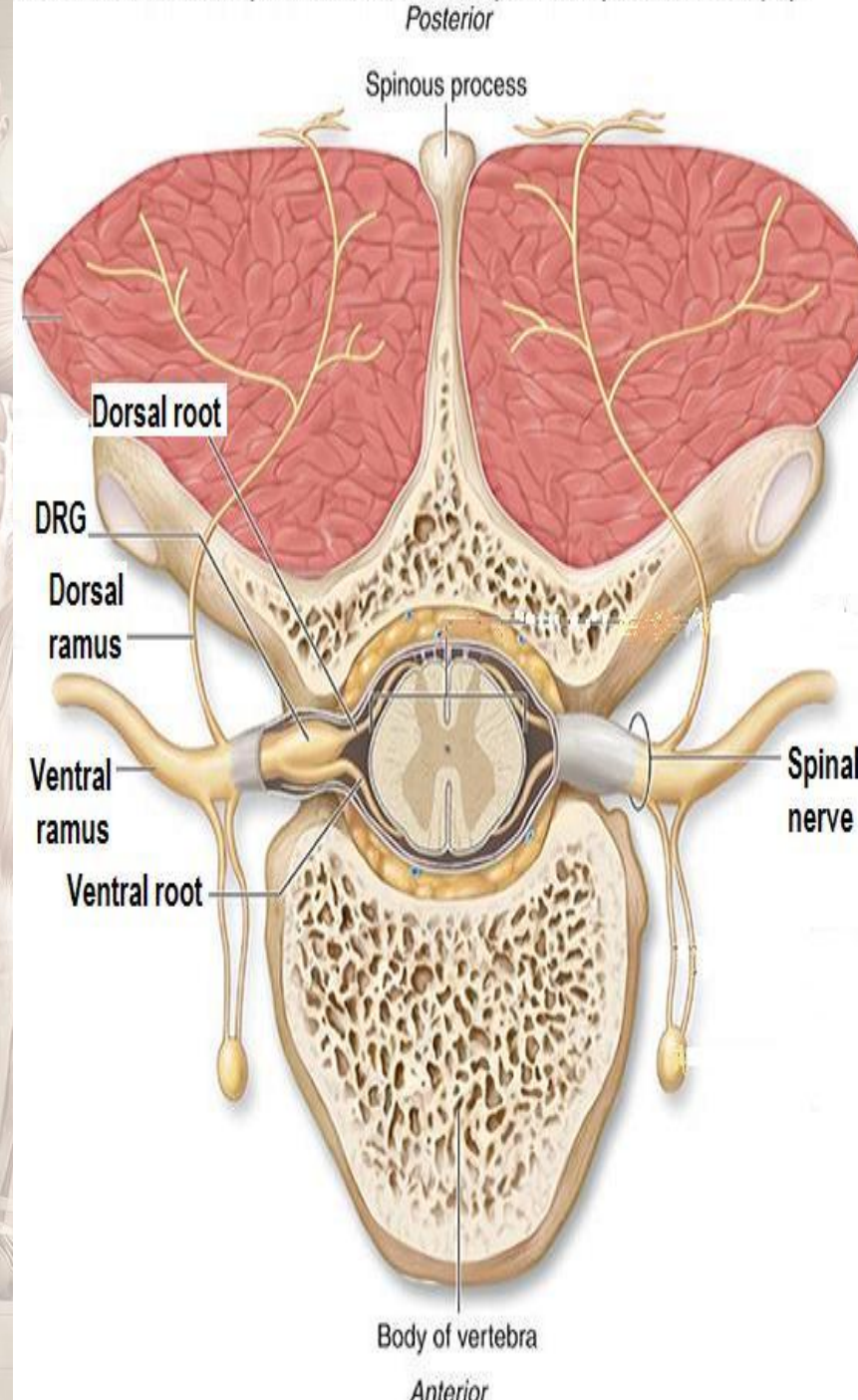
Each spinal nerve is attached to the spinal cord by two roots : **Dorsal (Sensory)** and **Ventral (Motor)**.

The dorsal root has a **sensory ganglion (DRG)**

Each spinal nerve exits from the intervertebral foramen and divides into a **dorsal** and **ventral ramus**.

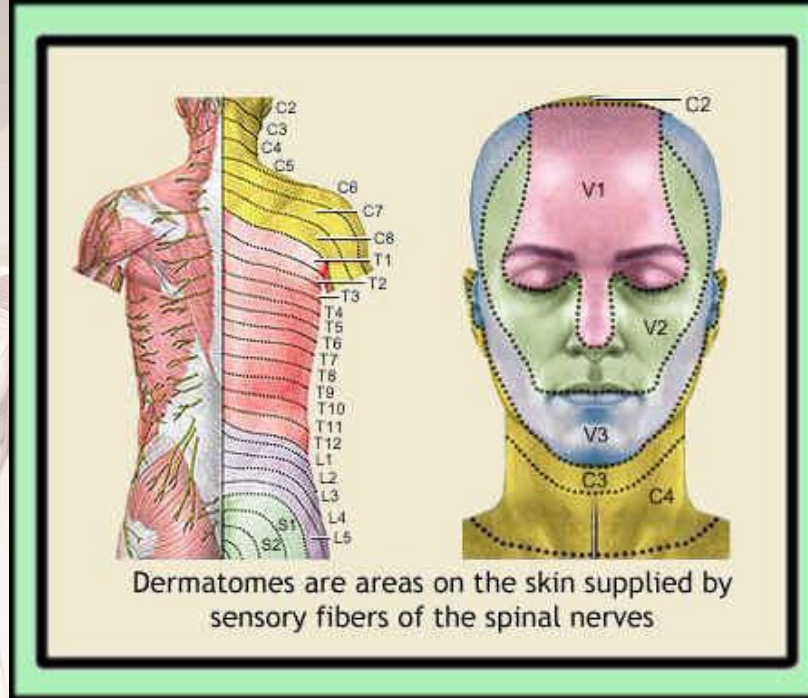
The **dorsal** rami **supply the skin & muscles of the back**

The **ventral** rami **supply the anterior part of the body** , and it forms plexuses **except** the **thoracic region** which forms **intercostal nerves** instead.





# Dermatome



What is a dermatome ?

A dermatome is a segment of skin supplied by a segmental spinal nerve.

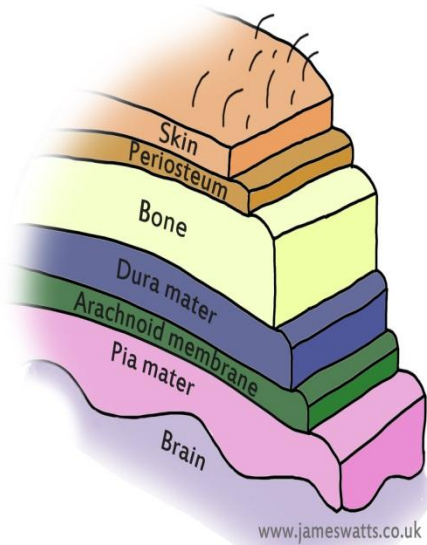
# Protection of the central nervous system

Skull & vertebral column  
**Bones**

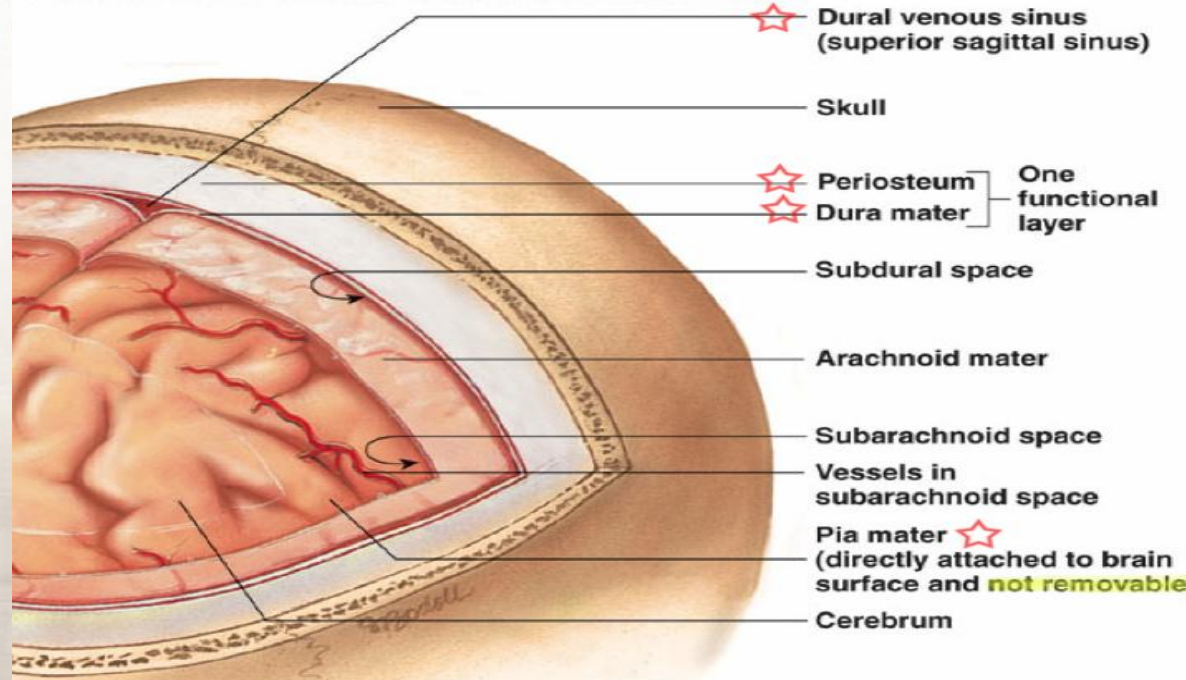
**Meninges**

- Dura mater
- Arachnoid matter
- Pia mater

**CSF**



Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction or display.





# Cerebrospinal fluid

- CSF is constantly **produced** by the **choroid plexuses** inside the brain ventricles.

## **N.B There are 4 ventricles in the brain**

- Most of the CSF drains from the ventricles into the subarachnoid space around the CNS. A little amount flows down in the central canal of the spinal cord.
- Subarachnoid space = space between arachnoid mater and pia mater

CSF is more in the brain and less in the spinal cord

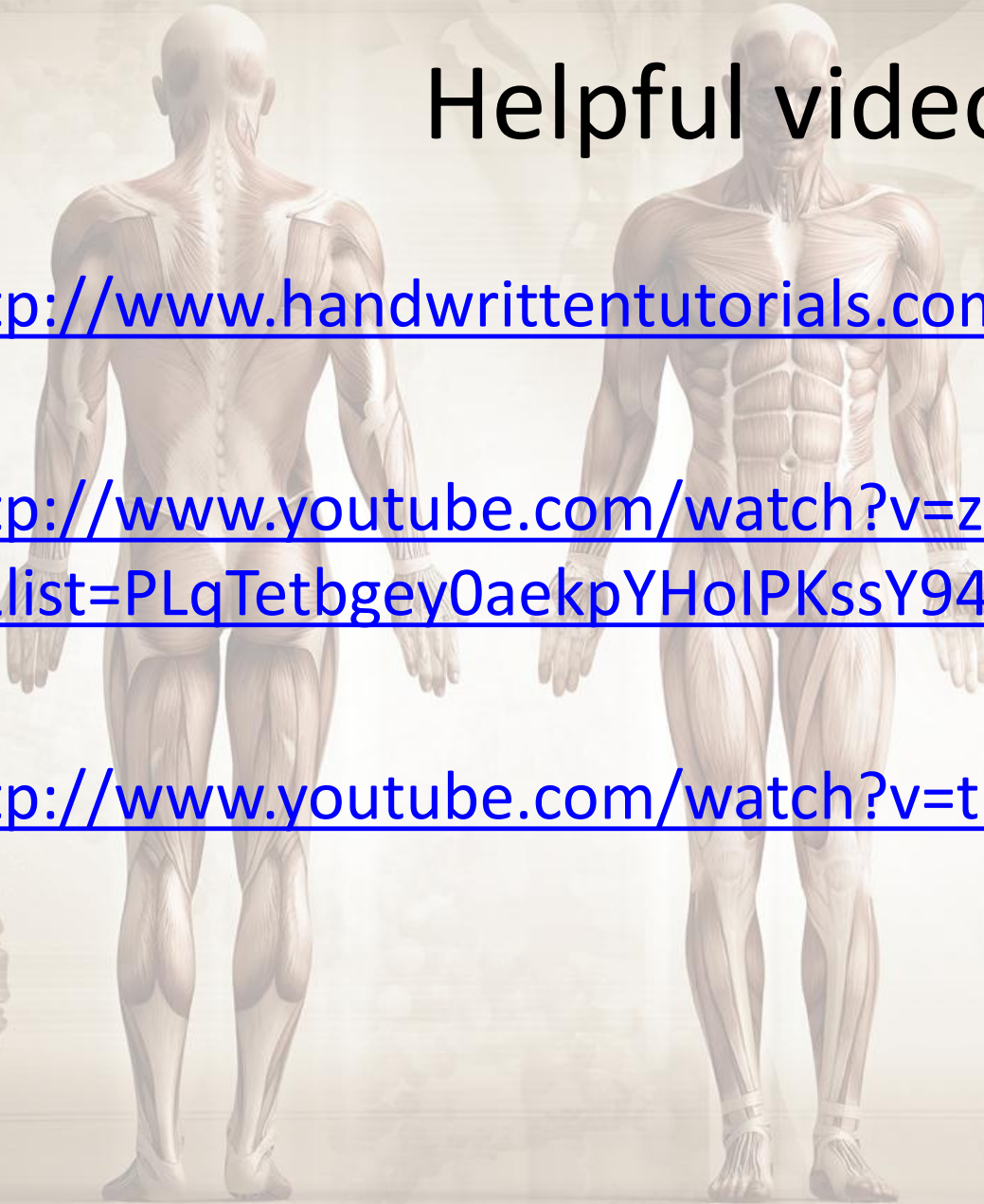
CSF distributes nutrients

CSF serve as a shock absorber for the central nervous system



# Helpful videos

- <http://www.handwrittentutorials.com/videos.php?id=18>
- <http://www.youtube.com/watch?v=zeo19WVQ47w&index=1&list=PLqTetbgey0aekpYHoIPKssY94U-OBMeNE>
- <http://www.youtube.com/watch?v=tRyp8EdRUiE>



# عمل الفريق

لمياء الذوادي

محمد الرويتع

نهى القويز

عبدالعزيز النوييت

عبدالرحمن الكاف

حنان خشيم

معاذ البطاح

عبدالله العمير

نهى الحميضي

مشاعل الحسين

رهام العبيدان

أمل أفراح

إلهام الغامدي

ابتهال ال مشاوي