



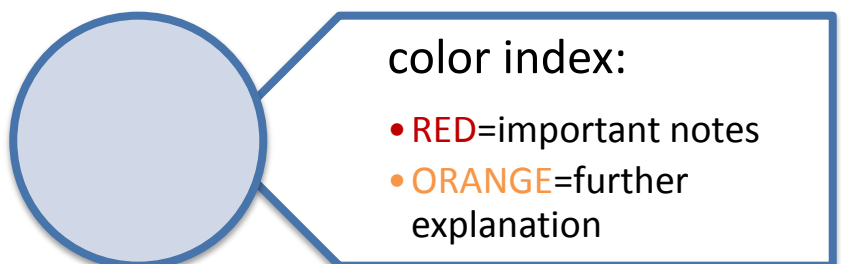
# Metabolism: Anabolism and Catabolism

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*Foundation block*

## Objectives:

- Understand the concept of metabolic pathway
- Identify types & characters of metabolic pathways– anabolic and catabolic
- Identify ATP as the energy currency of cells



**Metabolism:** All the chemical reactions taking place inside a cell.

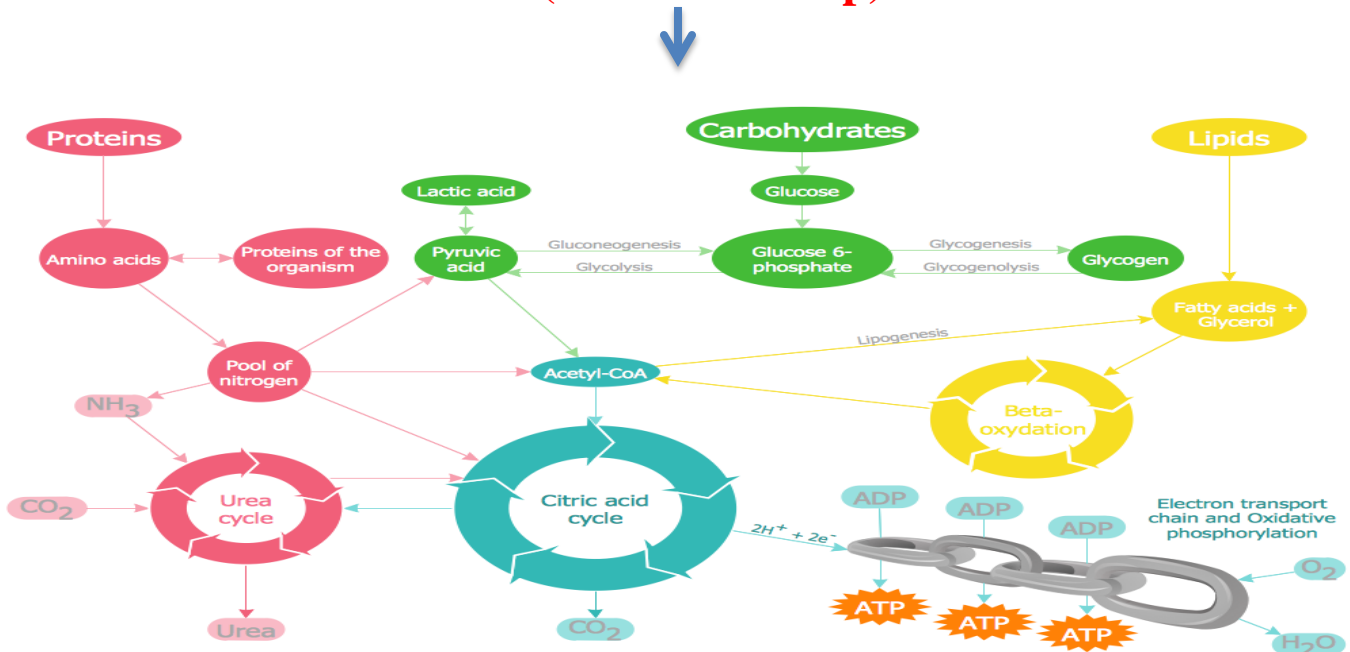
- energy consuming (anabolic) pathways  
**Endergonic function**

- energy producing (catabolic) pathways  
**Exergonic function**

## ● METABOLIC PATHWAY:

- Metabolic pathway is a series of chemical reactions “**enzymes catalyze these reactions**” for example: Glycolysis is a metabolic pathway.
- Note that the product of the first reaction **becomes substrate** for the second reaction.
- Sometimes we have different pathways intersect forming an integrated and purposeful network of chemical reactions we call it

**(Metabolic Map)**



# Metabolic Pathways

MAINLY

Catabolism

Energy-Yielding Nutrients → Energy-Poor Products

Anabolism

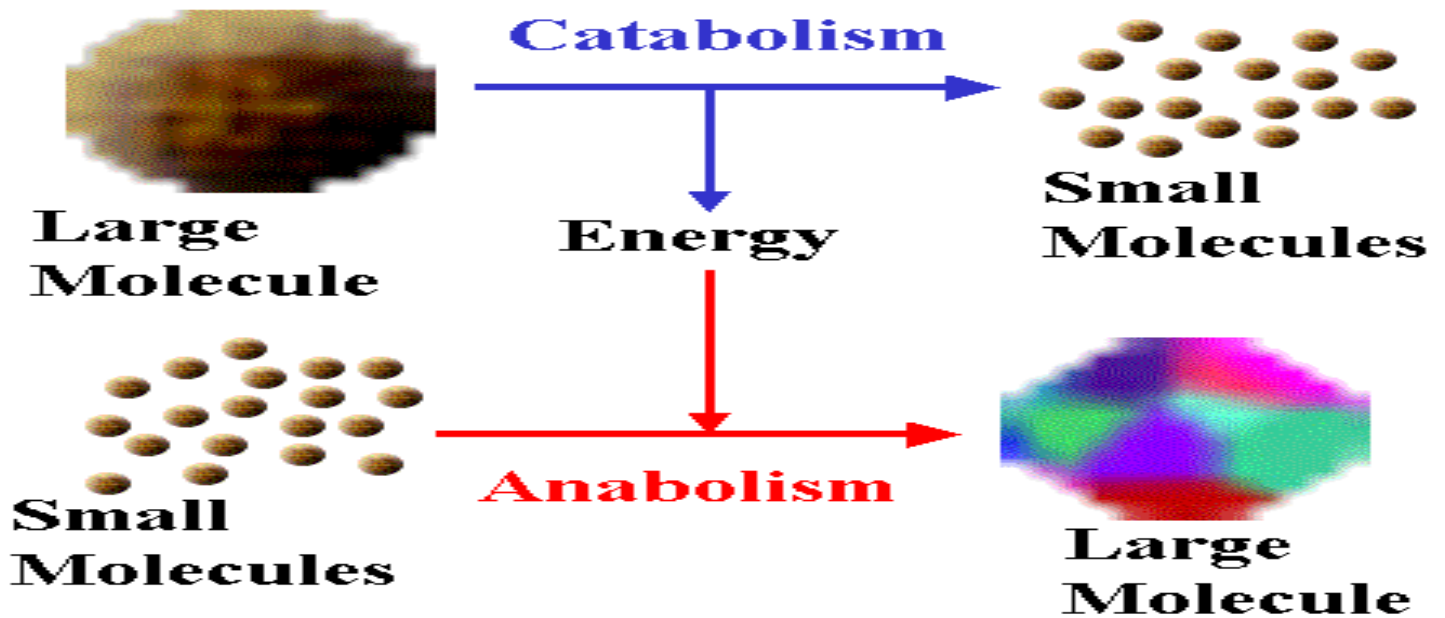
Precursor Molecules → Complex Molecules

Cycles

Pathways that *regenerate* a component

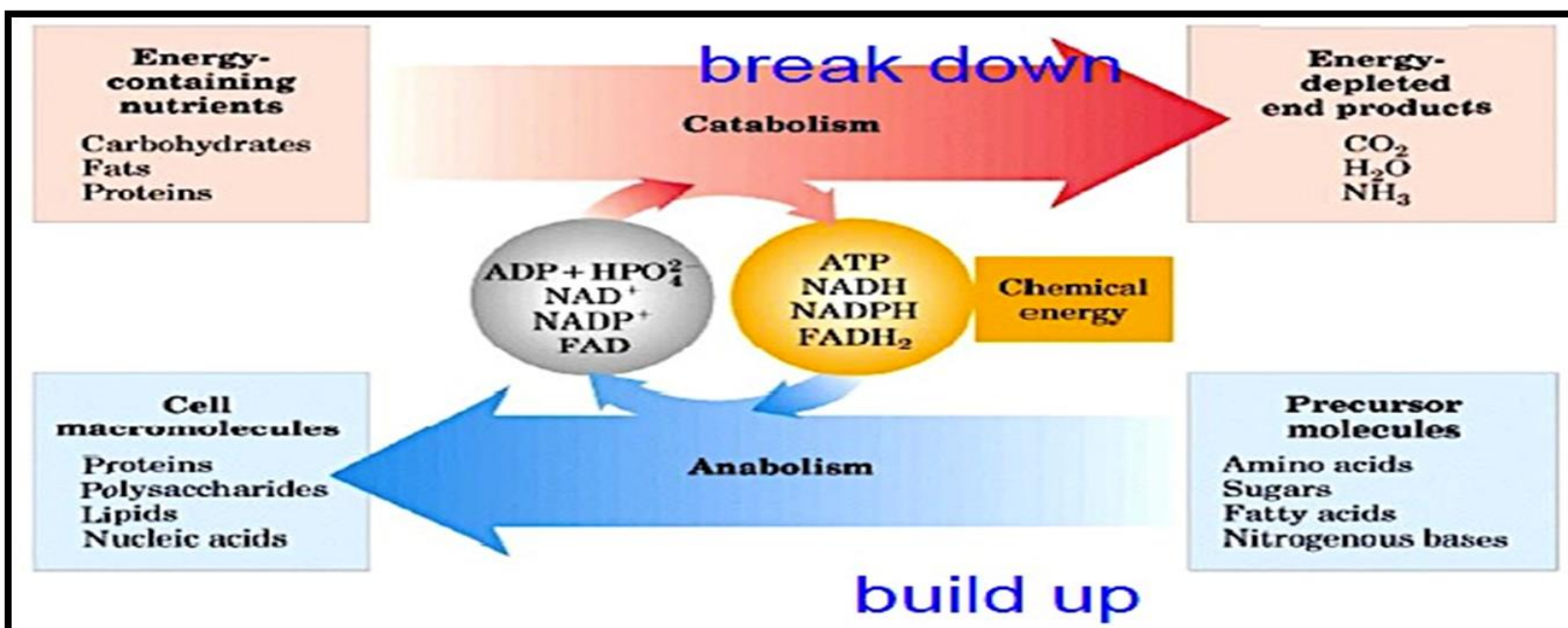
Amphibolic

Amphi=Dual 'ثنائي'  
E.g.: -Krebs Cycle (*mainly CATABOLIC* cycle with *ANABOLIC* features).  
-Part of it used for *synthesis of glucose* from amino acids.



# Catabolism Vs. Anabolism

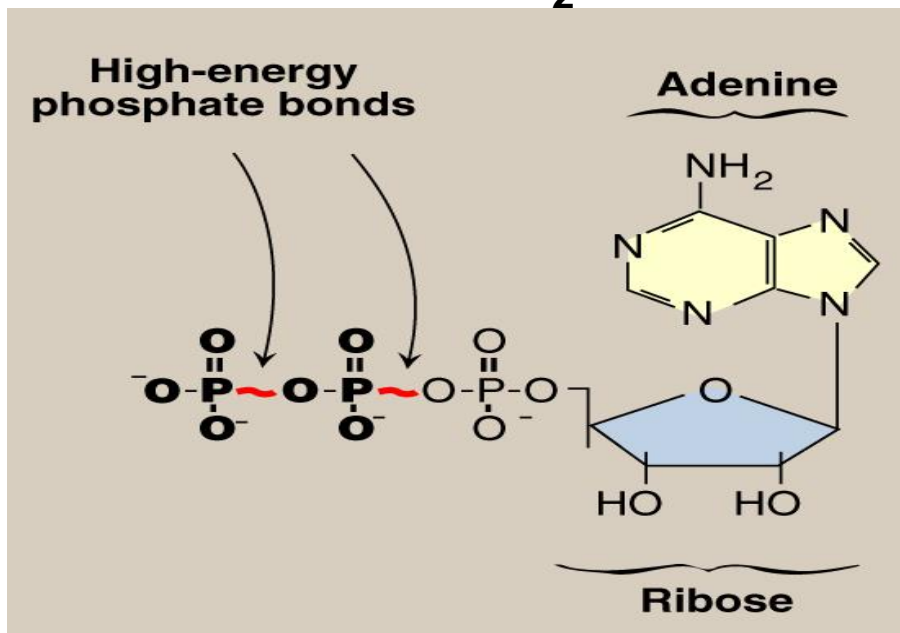
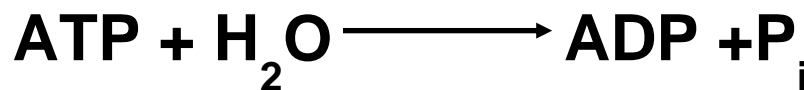
Anabolism	Catabolism
◆ Simple to complex molecules	◆ Complex to simple molecules
◆ <b>ENDERGONIC</b> (absorption of energy)	◆ <b>EXERGONIC</b> (release of energy)
◆ Involves <b>REDUCTION</b>	◆ Involves <b>OXIDATION</b>
◆ Requires <b>NADPH</b>	◆ Require <b>NAD<sup>+</sup></b>
◆ <b>DIVERGENT</b> process	◆ <b>CONVERGENT</b> process



# ● energy currency:ATP

- ▶ **ATP-ADP cycle** is the fundamental mode of energy exchange in biological systems.

when H<sub>2</sub>O is added to ATP in a process called (hydrolysis) the bound between 2 phosphate group will break realising one phosphate molecule turning it to ADP.



What is ATP?



$\Delta G^\circ -7.3 \text{ kcal/mol/bond}$

**NOTE:** Electron transport and ATP synthesis are tightly coupled processes

- oxidation/reduction

**Oxidation:**

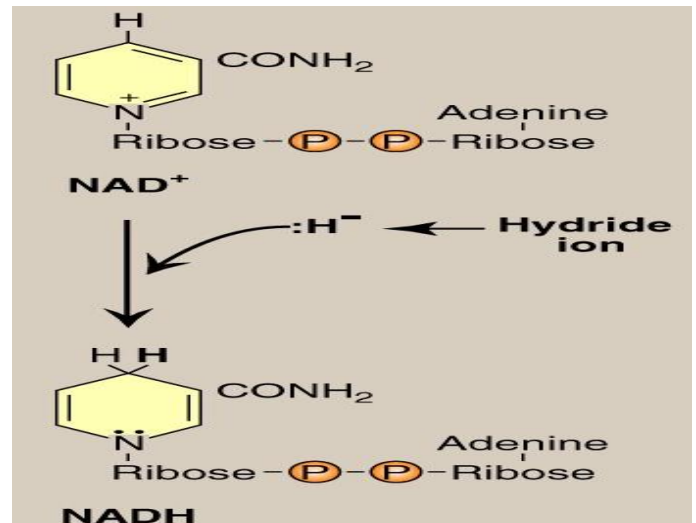
Loss of hydrogen

Loss of electrons

**Reduction:**

Gain of hydrogen

Gain of electrons



\* when NAD<sup>+</sup> is **reduced** ( gains hydrogen )  
it'll become NADH



Loss of electrons is oxidation  
Gain of electrons is reduction

# Regulation of Metabolism

to control metabolism we should have signals these sigals could be :

intracellular  
signals (within the  
cell) "autocrine"

intercellualr  
comunaction (between two  
cells) "paracrine"

Substrate  
availability

Product inhibition

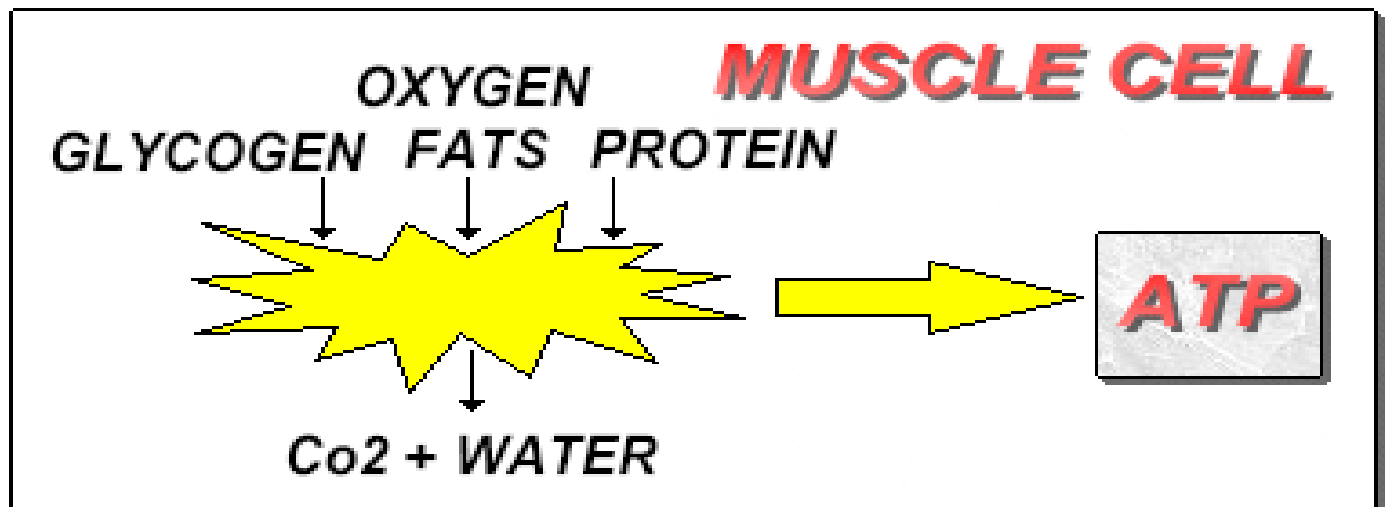
Allosteric  
activators

will have chemical  
signaling (hormons:  
first messenger)  
then these signals will  
attach to recptors to  
produce activity insde  
the cell at the second  
messenger  
ex: cAMP, cGMP, Ca/phos  
phatidlinositol

Will be discussed in  
detalies in the next  
lecture

# ● Metabolic Fuel

- ❖ they are substances used for energy production. carbohydrates and lipid (**mainly**), proteins (**little extent**)
- ❖ carbohydrates (broken down to glucose) and it's the major metabolic fuel.
- ❖ lipids (broken down to fatty acids)
- ❖ protein (broken down to amino acids) least used.



We can conclude that: Metabolic pathways are tightly regulated and highly integrated.



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