Introduction to Immunology

ymphoid System

Immunology

First lecture

Objectives:

- To know the historical perspective of immunology.
- To be familiar with the basic terminology and definitions of immunology.
- Cells of immune response.
- To understand types of immune responses.
- To know about the lymphoid system.
- To understand T and B cell functions.

Yasser Al-Akeel Ahmed Al-Saleh Hanan Mohammed Nada Alamri lamyaa al.thwadi Hadeel Alsulami

For any questions and suggestions contact us on Immunology434@gmail.com

Tak	Table of Contents				
*	Historical perspective of immunology:	3			
*	Basic terminology and definitions of immunology:				
*	Where & what are antigens?	4			
*	Antigen Presenting Cells:				
*	Types of Immunity:	6			
*	Lymphoid System:	7			
*	T cells:	8			
*	T-Lymphocytes				
*	Functions of T helper CD4 Lymphocytes:	8			
*	CD8 positive cells:	9			
*	B cells:	9			
*	The Antibodies (Immunoglobulins):1				
*	Summary:1				
*	MCQs:1	.2			

<-This is very good video to begin the work with



You

Tube

Check this video it's a great overview of the lecrure

Colors of text: Extra explanation: grey

Historical perspective of immunology:

- In 1798 Edward Jenner began the science of Immunology. After noticed that Milkmaids who contracted cowpox (a mild disease) were subsequently immune to small pox.
- Louis Pasteur Introduced Weakened Virulence (attenuated: weakened, non-virulent strain whose exposure can confer resistance to disease.)

Basic terminology and definitions of immunology:

Immunology: The study of mechanisms which humans and other animals use to defend their bodies from invading organisms.

Immunity: The state of protection from infectious disease.

<u>Cluster of Differentiation (CD)</u>: Molecule with a CD designation has a characteristic cell surface protein are often associated with the cell's function (used for identification).

<u>Antigen (Ag)</u>: Any substance (usually foreign) that binds specifically to a component of adaptive immunity.

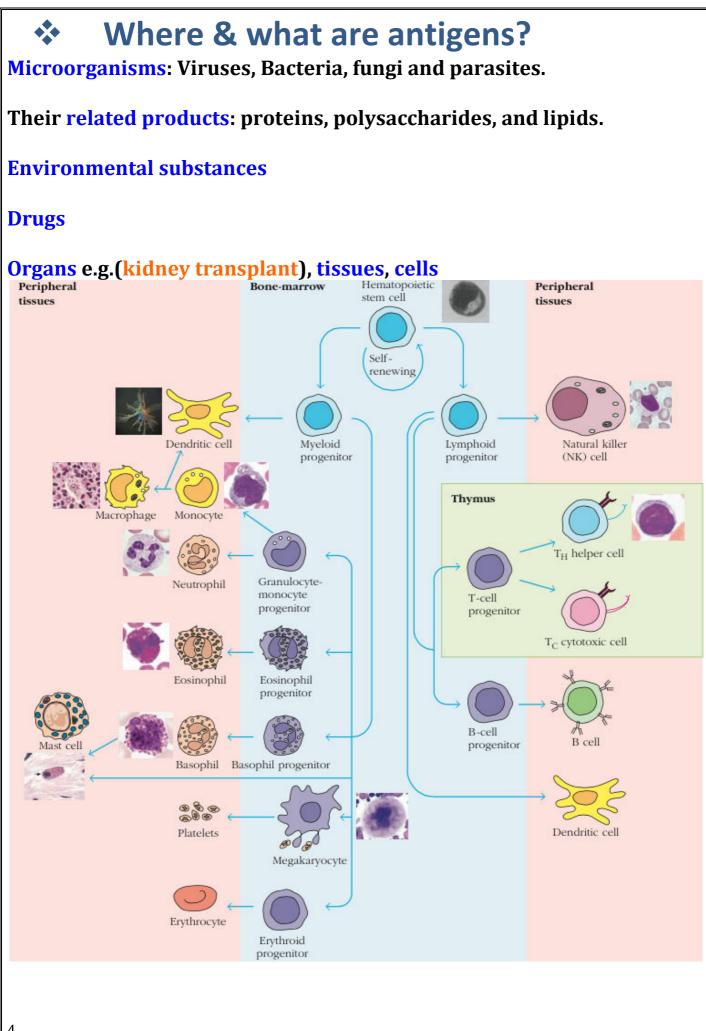
<u>Allergen</u>: Non-infectious Antigens (that induce hypersensitivity reactions, most commonly IgE mediated type I reactions).

Immunoglobulin (Ig) or Antibodies: Consists of heavy and light polypeptide chain, it's secreted from plasma cells.

<u>Adaptive Immunity</u>: Specific host defenses that are mediated by T &B cells following exposure to Ag.</u>

Innate Immunity: Nonspecific host defenses that exist prior to exposure to Ag. <u>Pathogen</u>: A disease-causing organism. <u>Vaccination</u>: deliberate induction of protective immunity to a pathogen.

**



** **Antigen Presenting Cells:** Dendritic cell Macrophage B lymphocyte a Fun facts: •In Macrophages, macro means big and phage to eat •There also garbage collectors' because they eat any foreign or dead molecules * T and B cells cannot recognize the antigens directly in the adaptive immunity, it has to be presented and processed via dendritic cells, macrophages and B-lymphocytes. **Responding Cells:** • CD3 Positive T Lymphocyte T helper lymphocyte (CD4) T cytotoxic Natural Killer Cell B lymphocyt lymphocyte (CD8 Th1 (CD4) Th2 (CD4)

Types of Immunity: You Tube			
Adaptive Immunity			
Specific			
Response of an antigen specific B and T lymphocytes to an antigen			
Exhibit immunological memory, specificity and self/nonself recognition			

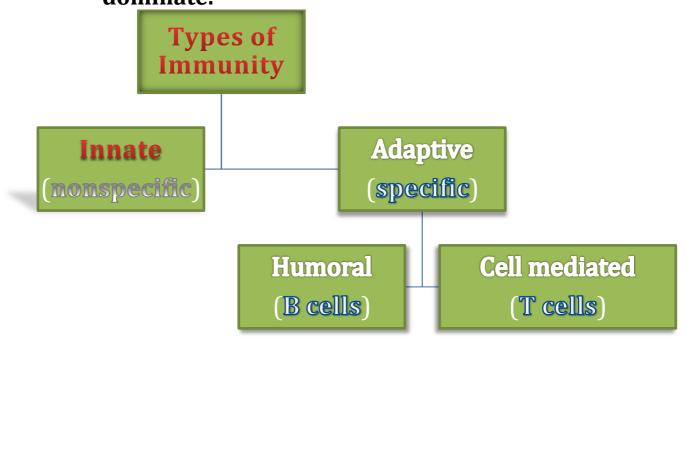
* Memory: programming the cells to recognize the pathogen quickly and strongly in the second exposure.

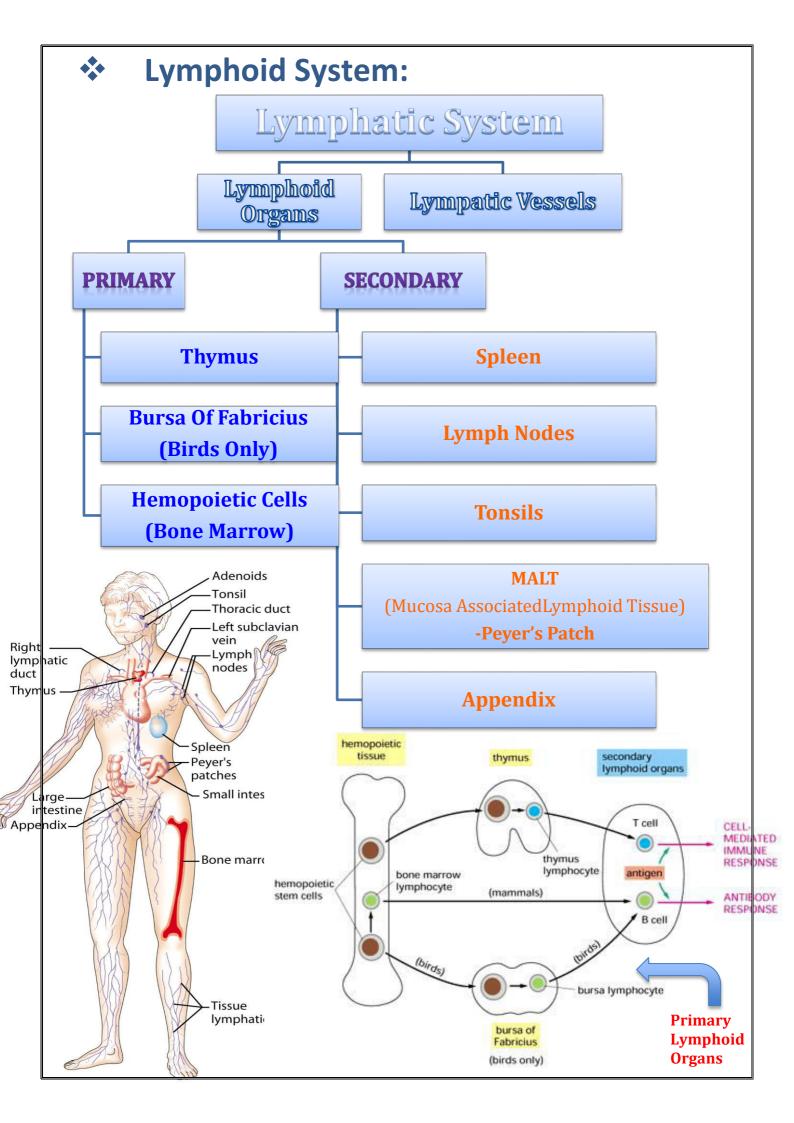
✓ Adaptive Immunity:

Humoral Immunity

Immunity that is mediated by antibodies (<u>B cells</u>)
 Cell Mediated Immunity

Immunity response in which antigen specific <u>T cells</u> dominate.





<u>Primary lymphoid organs</u> (bone marrow & thymus): where the T lymphocyte will develop and mature.

*It is very important to know that <u>T lymphocyte</u> originate only in the <u>bone marrow</u> then it goes to the <u>thymus</u> to complete the maturation and development.

*<u>B-lymphocytes</u> mature and develop in <u>bone marrow</u> without going to the <u>thymus</u>.

<u>Secondary lymphoid organs</u>: where the <u>antigen</u> is going to meet either <u>B or T lymphocytes</u>.

★ Lymphoid series comprise of two main lymphocyte populations: ▶ <u>T cells</u> and <u>B cells</u>



You Tube

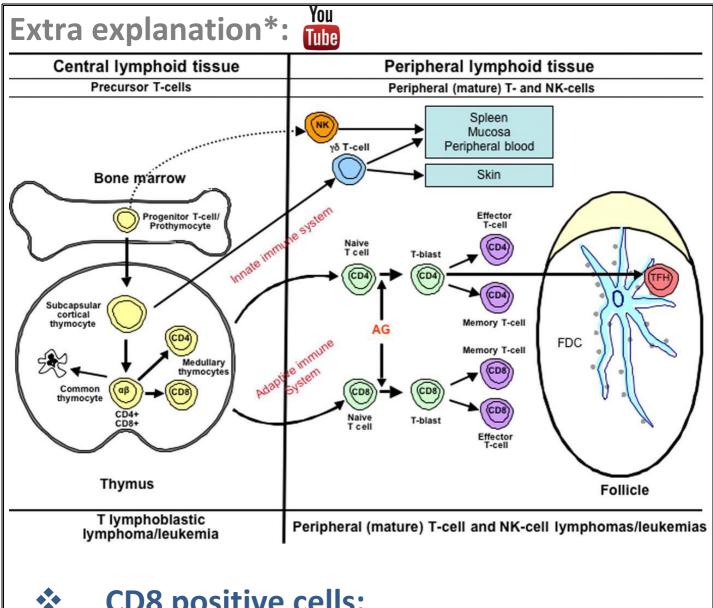
- T-Lymphocyte Differentiation:
 - Originate in <u>Bone Marrow</u> then migrate to <u>Thymus</u> for development.
 - <u>T cell</u> precursors differentiate into <u>mature T cells</u> in <u>thymus</u>
 - Stem cells lack antigen receptors and CD3, CD4, CD8 surface markers
 - During their passage through <u>thymus</u> they differentiate into <u>T cells</u> expressing either markers (<u>CD4</u> or <u>CD8</u>)

T-Lymphocytes

- All <u>T cells</u> have <u>CD3</u> proteins on their cell surface
- Mature T cells have either CD4 or CD8 proteins but not both.

Functions of T helper CD4 Lymphocytes:

T helper 1 (TH1)	T helper 2 (TH2)
Help <u>CD8</u> cells to become activated <u>cytotoxic T cells</u> . Help <u>macrophages</u> in cell mediated immunity during <u>inflammatory response</u> .	Help <u>B cells</u> to develop into antibody producing <u>plasma cells</u> .



CD8 positive cells:

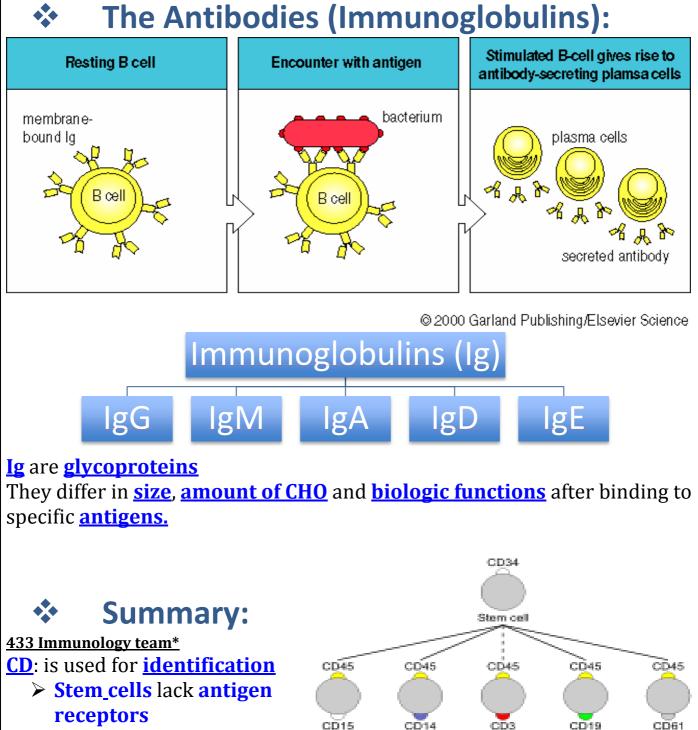
- About <u>35%</u> of <u>peripheral blood T cells</u>
- > Perform <u>cytotoxic</u> functions
- > They kill virus-infected cells, tumor and allograft cells (transplant)

B cells:

> Origin

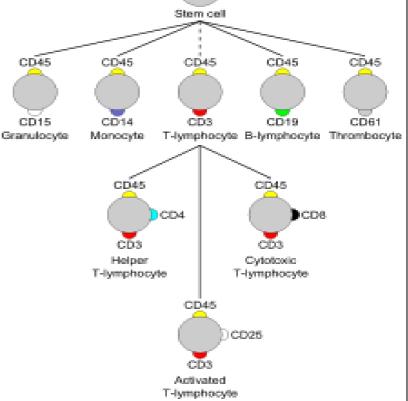
- 1. During embryogenesis fetal liver.
- 2. Migrate to **bone marrow** final destination.
- > They **do not** require **thymus** for maturation.
- <u>B cells</u> display surface <u>IgM</u> which serves as <u>antigen receptor</u>
- Surface IgD on some B cells also serves as an antigen receptor
- > **<u>Pre B cells</u>** are found in **<u>bone marrow</u>** and <u>mature B cells</u> are found circulating in **<u>bloodstream</u>**.

The Antibodies (Immunoglobulins):

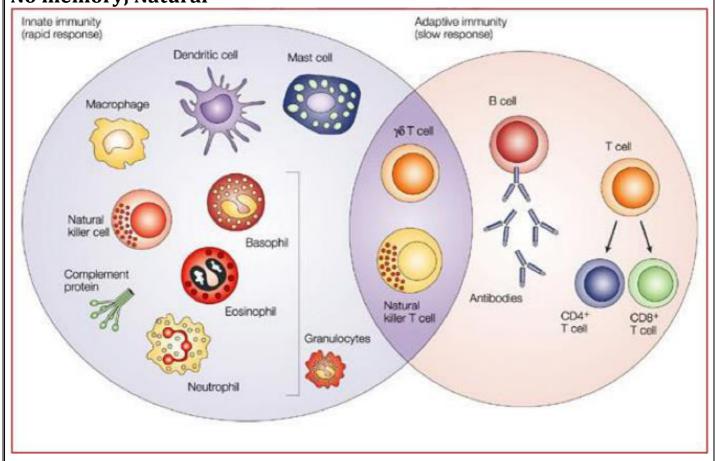


- > <u>CD3</u> in <u>T lymphocyte</u>
- > CD4 in helper T lymphocyte
- > CD8 in cytotoxic T lymphocyte



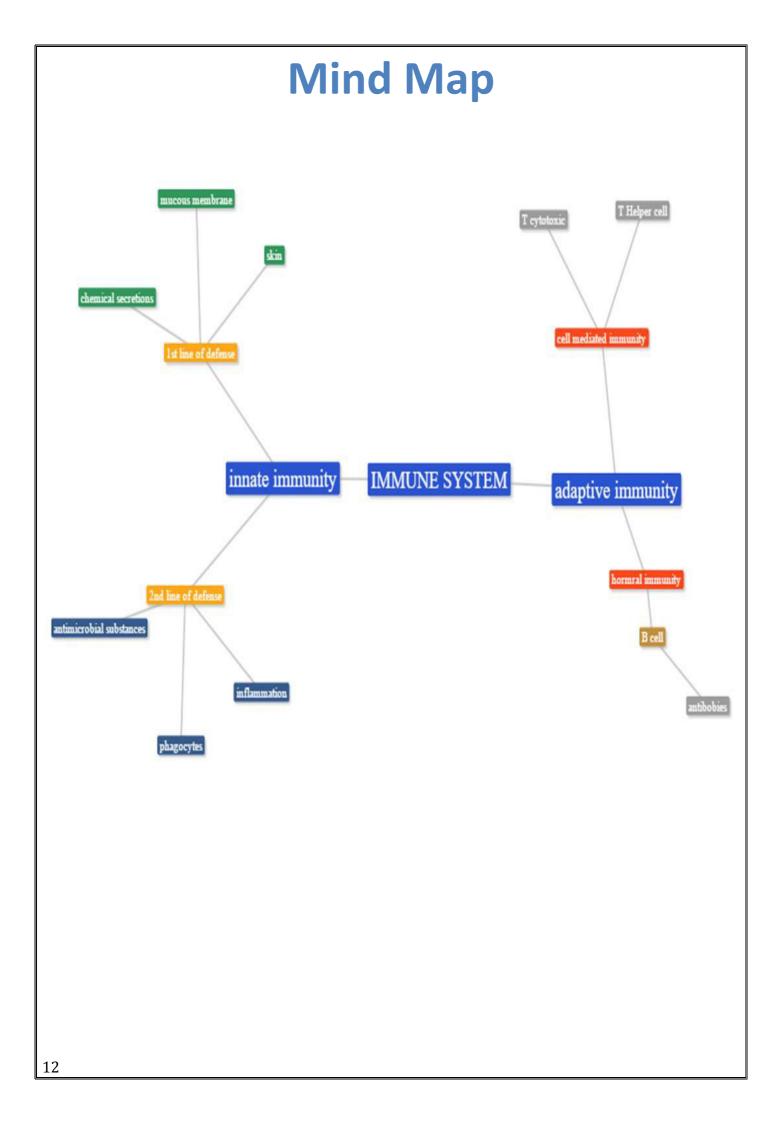


Types of Immunity:1.Adaptive (Specific) Immunity▶ Humoral Immunity (B-cells)▶ Cell Mediated (T-cells)2.Innate (Nonspecific) ImmunityNo memory, Natural



T & B cells:

	T cells	B cells	
Origin	Originate in the Bone Marrow	 During Embryogenesis (fetal liver) Pre B cells (bone marrow) Mature(bloodstream) 	
Maturation	Maturate in the Thymus	Don't need Thymus for maturation	
Antigen Receptors	Lack Antigen Receptors. <u>Mature T Cells</u> have CD4 protein (T helper lymphocytes) or CD8 protein (T cytotoxic lymphocytes) but not both.	They display IgD and \ or IgM (serve as antigen receptors)	
11			





MCQs:

- 1) Innate immunity is all of following except:
- a. Has no memory
- b. Natural immunity
- c. Acquired immunity
- d. Prior to antigen

2) Immunoglobulin (Ig) is secreted from:

- a. Stem cells
- b. Plasma cells
- c. Monocytes
- d. Dendrite cells

3) One of the following is NOT a secondary lymphoid organ:

- a. Thymus
- **b.** Spleen
- c. Tonsils
- d. Appendix

4) Which of the following helps B cells to develop into antibody producing plasma cells?

a. CD4

- b. CD8 c. CD3
- d. CD4 and CD8

5) What is the final destination of B cells?

a. Thymus b. Bone marrow c. Fetal liver

d. Tonsils

- 6) Began the science of Immunology
- A) Edward Jenner
- B) Louis Pasteur
- **C)** Gregor Mendel

7) Attenuated (weakened) bacteria cause a disease

- A) True
- B) False

8) The state of protection from infectious disease:

- A) immune
- **B)** Immunity
- C) Immunology
- 9) Antigen presenting cell (APC):
- A) T cells
- B) Natural killer (NK)
- C) Dendritic cell

10) Humoral immunity mediated by:

- A) T cells
- B) B cells
- C) Macrophages

11) Non-specific, and second line of defense:

- A) Adaptive immunity, antibodies
- B) Skin
- C) Phagocytes WBCs

Answers: 1- C 2- B 3- A 4- A 5- B