

# CARBOHYDRATES: STRUCTURE AND FUNCTION

- ❖ Color index:
  - **Very important**
  - Extra Information.

“STOP SAYING I WISH, START SAYING I  
WILL”

435 Biochemistry Team

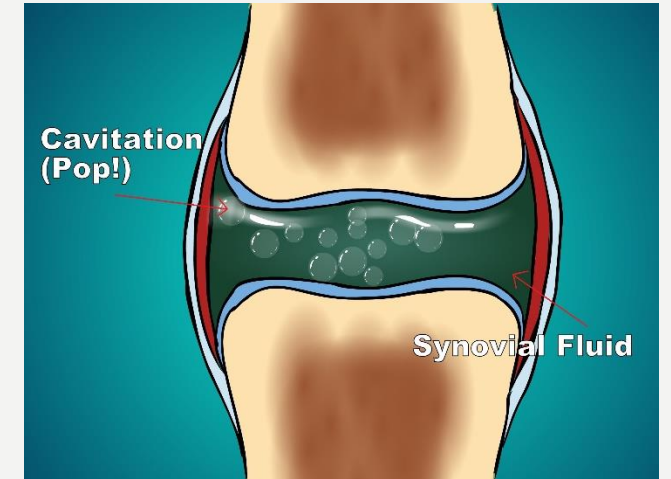
# **OBJECTIVES:**

- **The structure of carbohydrates of physiological significance.**
- **The main role of carbohydrates in providing and storing of energy.**
- **The structure and function of glycosaminoglycans.**

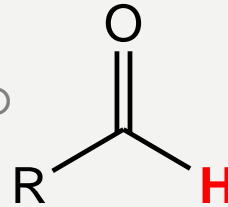
# extra information that might help you

## 1-synovial fluid:

- It is a viscous, non-Newtonian fluid found in the cavities of synovial joints.
- the principal role of synovial fluid is to reduce friction between the articular cartilage of synovial joints during movement



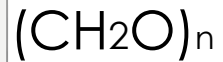
2- **aldehyde** = terminal carbonyl group  
(RCHO)



3- **ketone** = carbonyl group within (inside) the compound  
(RCOR')

the most abundant organic molecules in nature

## Carbohydrates



\*hydrate of carbon\*

### Formula

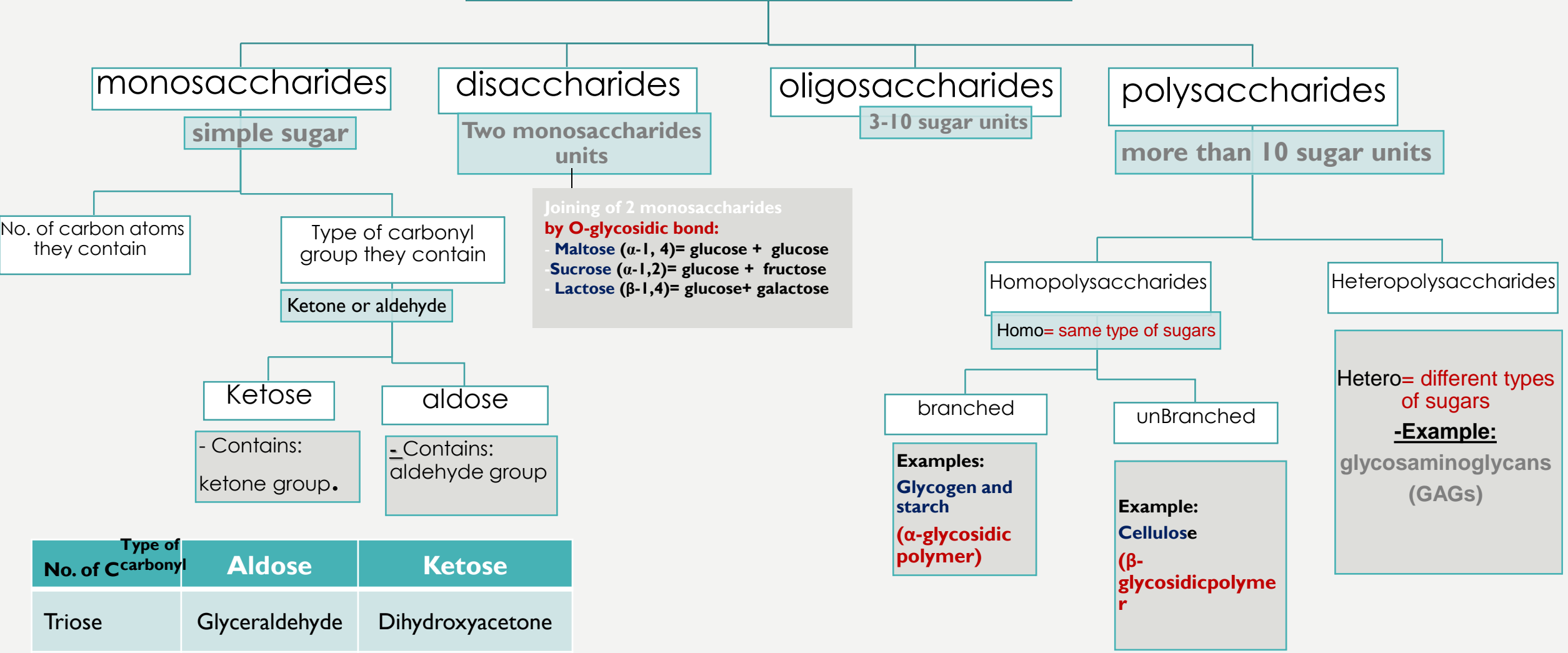
### Function

- 1-provides important part of energy in diet .
- 2-Acts as the storage form of energy in the body
- 3-structural component of cell membrane.

### Diseases caused by disorders of carbohydrate metabolism

- 1-Diabetesmellitus.
- 2-Galactosemia.
- 3-Glycogen storage disease.
- 4-Lactoseintolerance.

# Classification of carbohydrates



Type of No. of C	Aldose	Ketose
Triose	Glyceraldehyde	Dihydroxyacetone
Pentose	Ribose	Ribulose
Hexose	Glucose	Fructose

# Monosaccharides

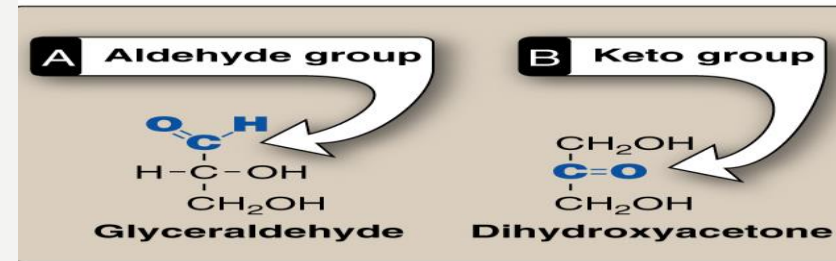
- Monosaccharides is basic unit of carbohydrate ( simple sugar )

## Classification of Monosaccharides according to

No. of carbon atoms they contain

Type of carbonyl group they contain

No. of carbon atoms	Generic name	example
3	trioses	Glyceraldehyde
4	tetroses	Erythrose
5	pentoses	Ribose
6	hexoses	Glucose
7	heptoses	Sedoheptulose
9	nonoses	Neuraminic acid



### Functional sugar group:

- **Aldehyde group – aldoses** ( carbonyl group is terminal (at the end of chain ) )
- **Keto group – ketoses** ( carbonyl group is within the chain )

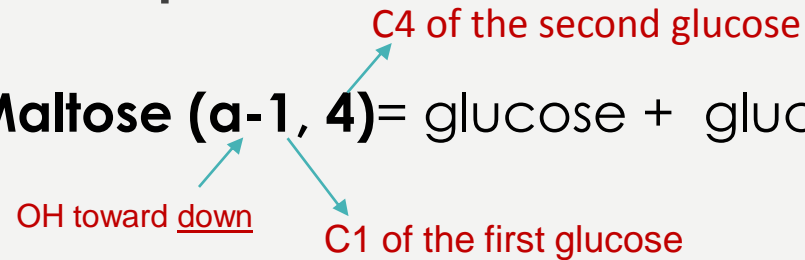
Type of carbonyl / No. of C	Aldose	Ketose
Triose	Glyceraldehyde	Dihydroxyacetone
Pentose	Ribose	Ribulose
Hexose	Glucose	Fructose

# DISACCHARIDES

Joining of 2 monosaccharide's by **o-glycosidic bond**

Examples:

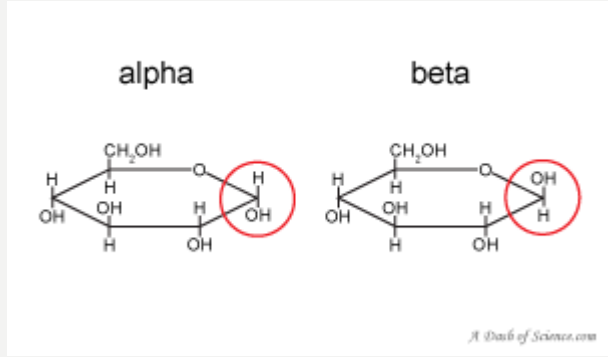
1- **Maltose ( $\alpha$ -1, 4)** = glucose + glucose



2- **Sucrose ( $\alpha$ -1,2)** = glucose + fructose

3- **Lactose ( $\beta$ -1,4)** = glucose + galactose

**Note:**  
 $\alpha$  = OH down  
 $\beta$  = OH up

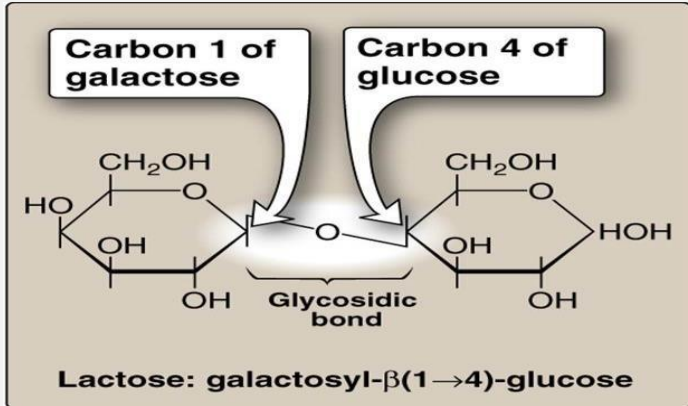


### Digestible Disaccharides in Food

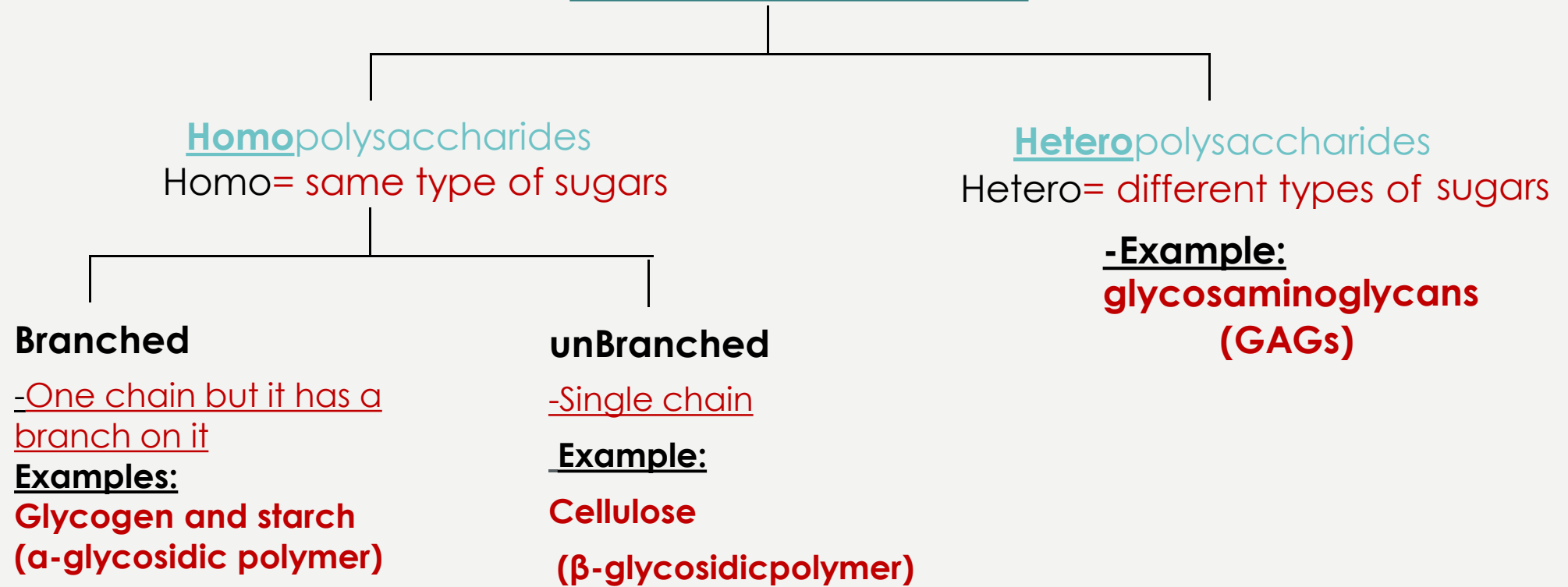
**Sucrose**  
(Glucose-fructose)

**Lactose**  
(Galactose-glucose)

**Maltose**  
(Glucose-glucose)



# polysaccharides





# #Isomers:

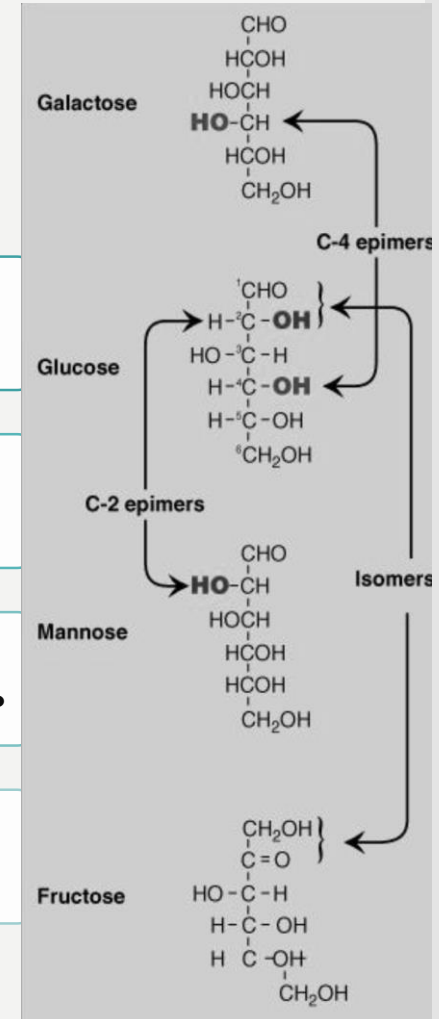
Compounds with the same chemical formula but with a different structural formula.

**Note:** Galactose, Glucose, Mannose, and Fructose are all isomers of each other

\*The chemical formula is:  $C_6H_{12}O_6$

## #Types:

Aldo-Keto	Same → formula • Different → functional Group •
Epimers	Same → formula • Different → configuration around a *single* carbon atom. •
D- and L-forms	Same → molecular formula • Different → position of OH group on the *asymmetric carbon* farthest from carbonyl group. •
α- and β-anomers	Same → molecular formula • Different → position of OH around anomeric carbon •



# #Aldo-Keto Isomers (Functional group isomerism):

## What are they?

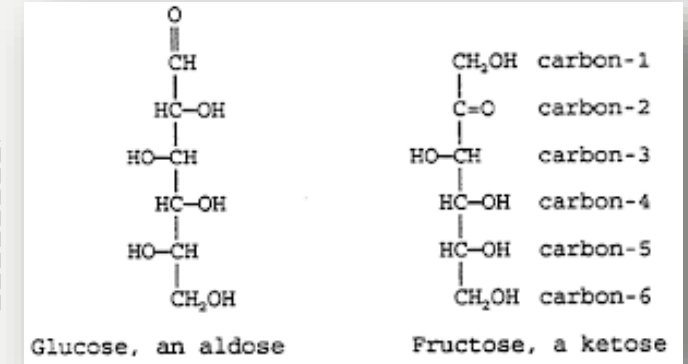
two compounds with the same molecular formula, but different functional group

### Example:

**Glucose** (Aldose) and **Fructose** (Ketose)

### Recall

**aldose** is a monosaccharide (a simple sugar) that contains only one aldehyde ( $-\text{CH}=\text{O}$ ) group per molecule.  
**ketose** is a monosaccharide containing one ketone group per molecule



# #Epimers:

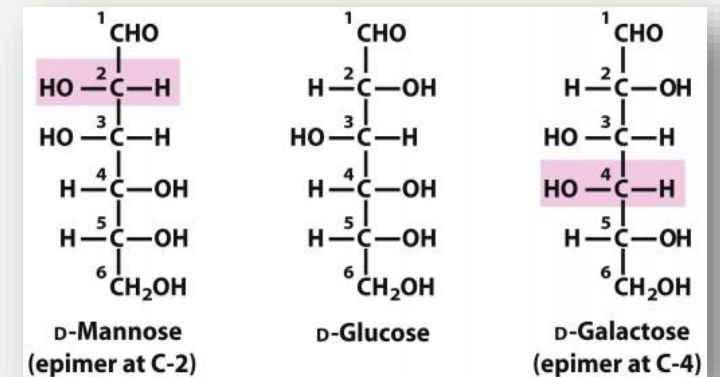
## What are they?

Compounds that have the same chemical formula but they differ only in the configuration around a **single** carbon atom

### Examples:

- **Glucose and galactose** (epimers at C4)
- **Glucose and Mannose** (epimers at C2)
- \* Galactose and mannose are not **epimers**

**NOTE:** when 2 compounds differ in the configuration around more than one carbon they don't considered as epimers .



\* Galactose and mannose are not epimers

# Enantiomers (D- and L-Forms)

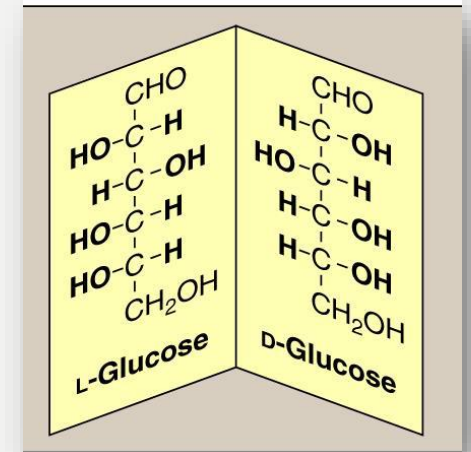
## What are they?

Structures that are mirror images of each other and are designated as D- and L- sugars based on the position of -OH group on the asymmetric carbon farthest from the carbonyl carbon

→ Majority of sugars in humans are D-sugars ←

**NOTES:** D and L-forms have to be optically active.

- **asymmetric carbon (chiral carbon) is:** a carbon atom attached to 4 different groups.
- **The basic requirement of structural formula to be optically active** is to have at least one asymmetric carbon atom
- when the OH group is on the right of the molecule → **D-molecule**.
- when the OH group is on the left of the molecule, → **L-molecule**.

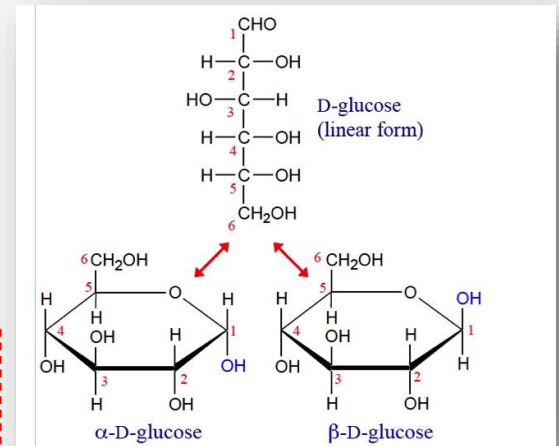


# $\alpha$ - and $\beta$ - Forms (Anomers)

- **Cyclization of Monosaccharides** with 5 or more carbon are predominantly found in the ring form.
- The aldehyde or ketone group reacts with the -OH grp on the same sugar
- Cyclization creates an **\*anomeric carbon\*** (former carbonyl carbon) generating the  $\alpha$  and  $\beta$  configurations.

## **NOTE:**

- in the case of Glucose, the carbonyl carbon reacts with C5 and makes a ring.
- The hydroxyl group can go up or down so that is the formation of isomers (anomers)



## Mutarotation:

-In solution, the cyclic  $\alpha$  and  $\beta$  anomers of sugars are in equilibrium with each other, and can be interconverted spontaneously.

### Definitions that might help you:

\***Anomeric carbon:** The carbon at which anomers rotate.

\***Anomer:** stereoisomers of a sugar which differ only in how they are configured around anomeric carbon.

\***Stereoisomers** : are isomeric molecules that have the same molecular formula and sequence of bonded atoms but differ in the three-dimensional orientations of their atoms in space.

# Reducing sugar

## A REDUCING SUGAR :

is any sugar that is capable of acting as a reducing agent because it has a free aldehyde group or a free ketone group ... in other words when the O on the anomeric C of a sugar is not attached to any other structure (Free), that sugar can act as a reducing agent .

- They reduce chromogenic agents like Benedict's reagent or Fehling's solution to give a colored precipitate.
- Urine is tested for the presence of reducing sugars using these colorimetric tests .

\*A positive result is indicative of an underlying pathology, because sugars are not normally present in urine\*

## EXAMPLES:

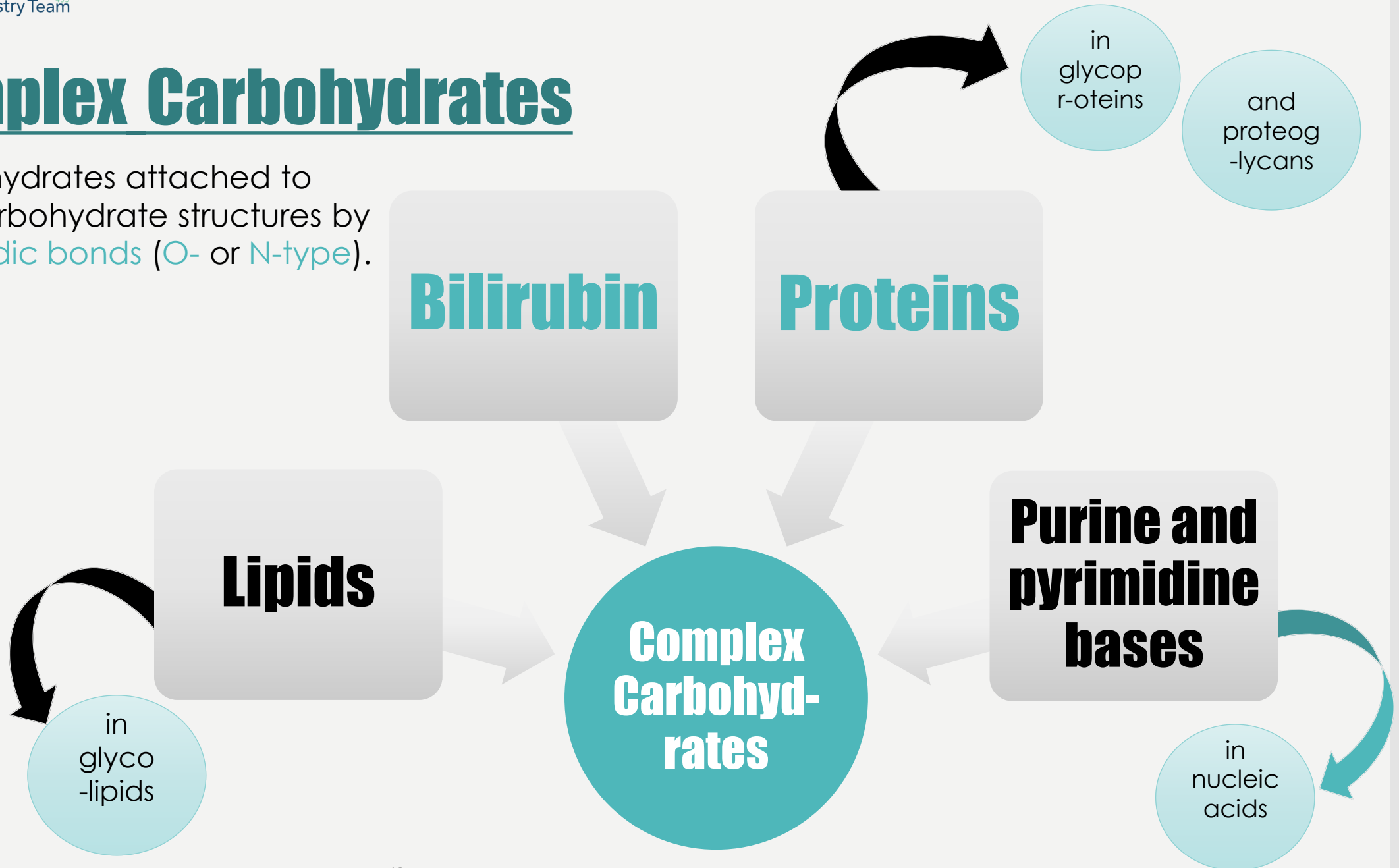
- monosaccharides.
- Lactose.
- Maltose.

### **Sucrose is non-reducing, Why?**

Sucrose is the combination of cyclic structures of Glucose and Fructose and therefore does not have a free aldehyde or ketone group.

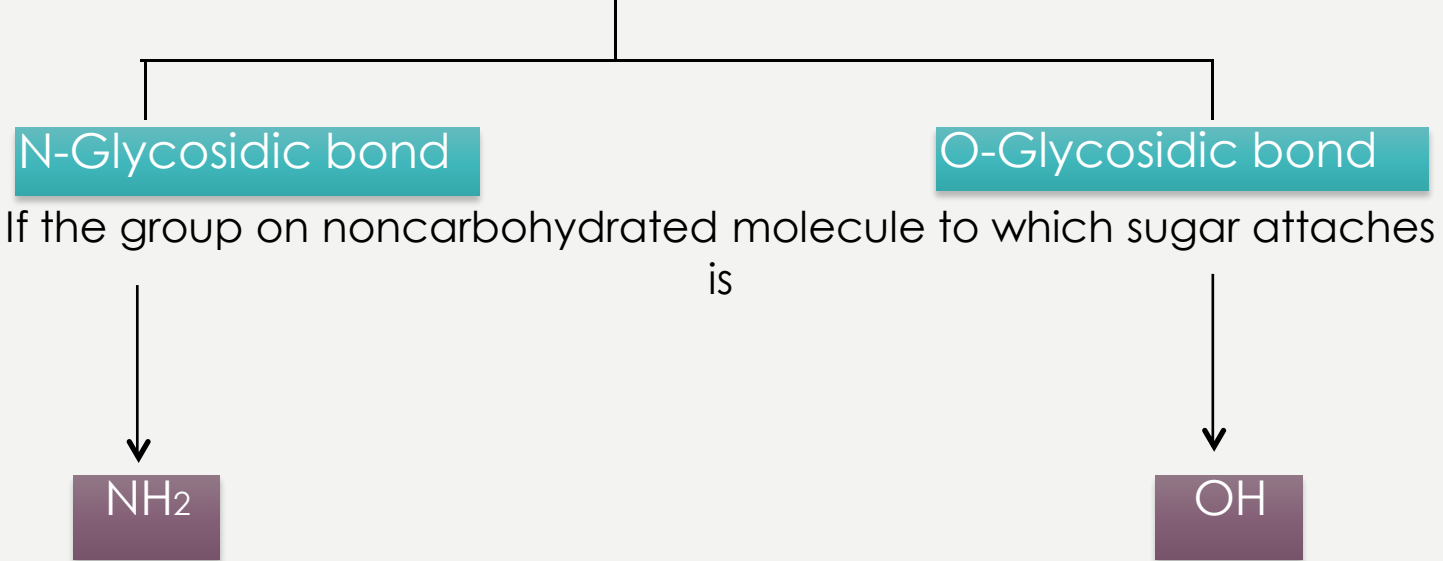
# Complex Carbohydrates

Carbohydrates attached to non-carbohydrate structures by **glycosidic bonds** (O- or N-type).



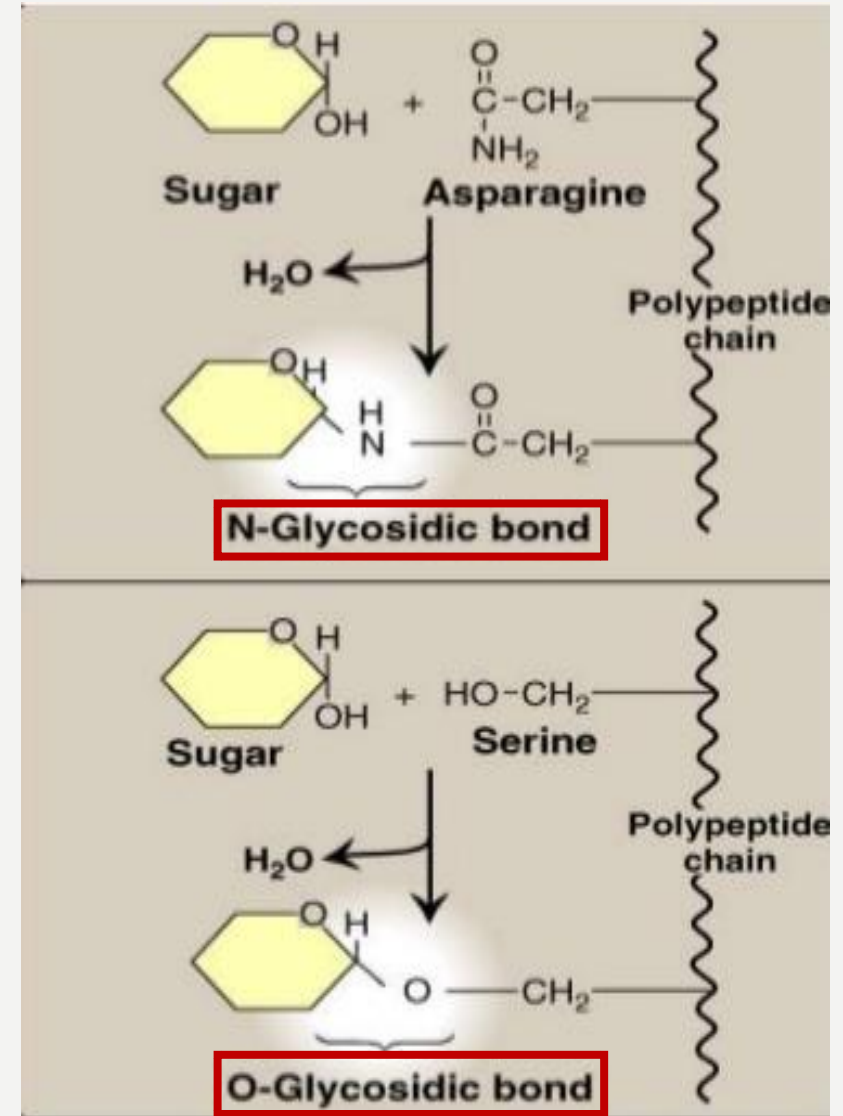
# Glycosidic Bonds

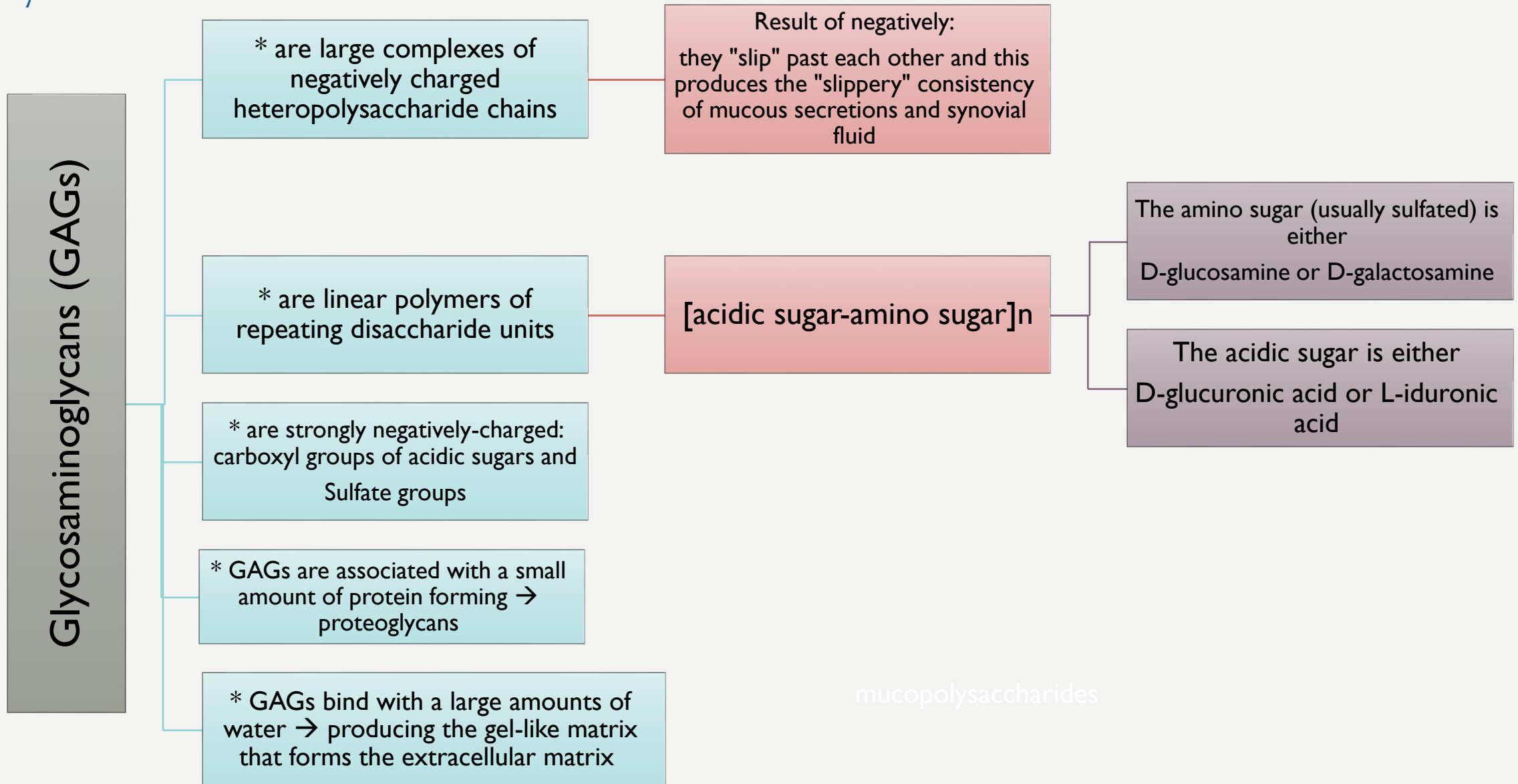
-It is a type of covalent bond that joins a carbohydrate (sugar) molecule to another group (ممکن يكون شوقر ووممكن يكون شي ثاني مثل الكومبليكس شوقرز).



**NOTE:**

- All sugar-sugar glycosidic bond is: O-Glycosidic bond>

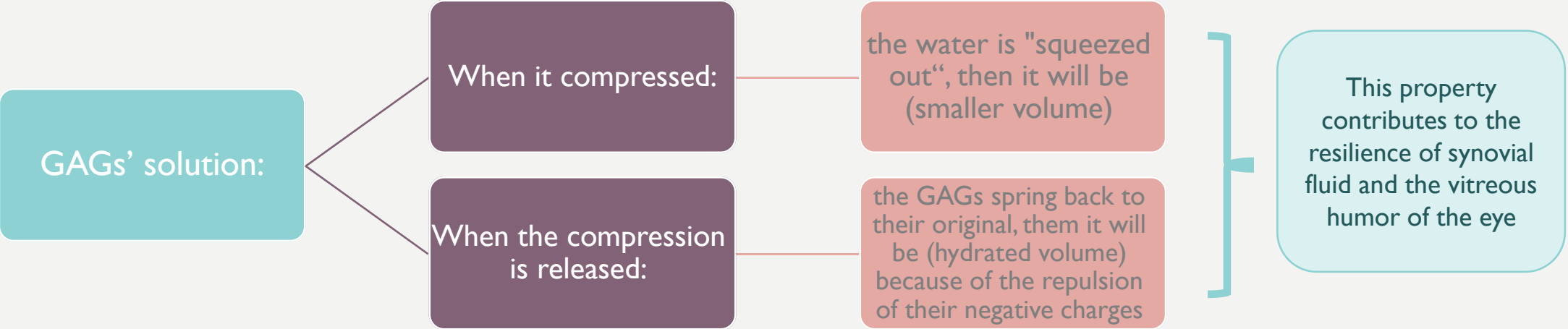






mucopolysaccharides

-the original naming of these compounds  
 - The viscous, lubricating properties of mucous secretions also result from GAGs



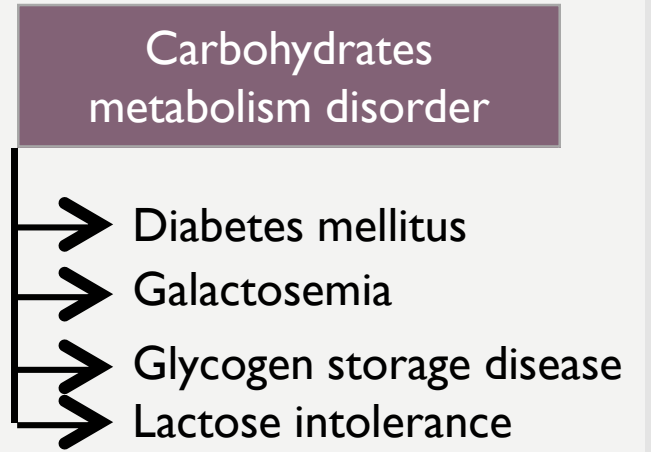
Members of GAGs: (examples)

- Chondroitin sulfates: Most abundant GAG
- Keratan sulfates: Most heterogeneous GAGs
- Hyaluronic acid: Compared to other GAGs, it is unsulfated and not covalently attached to protein
- Heparin: Unlike other GAGs that are extracellular, heparin is intracellular and serves as an anticoagulant

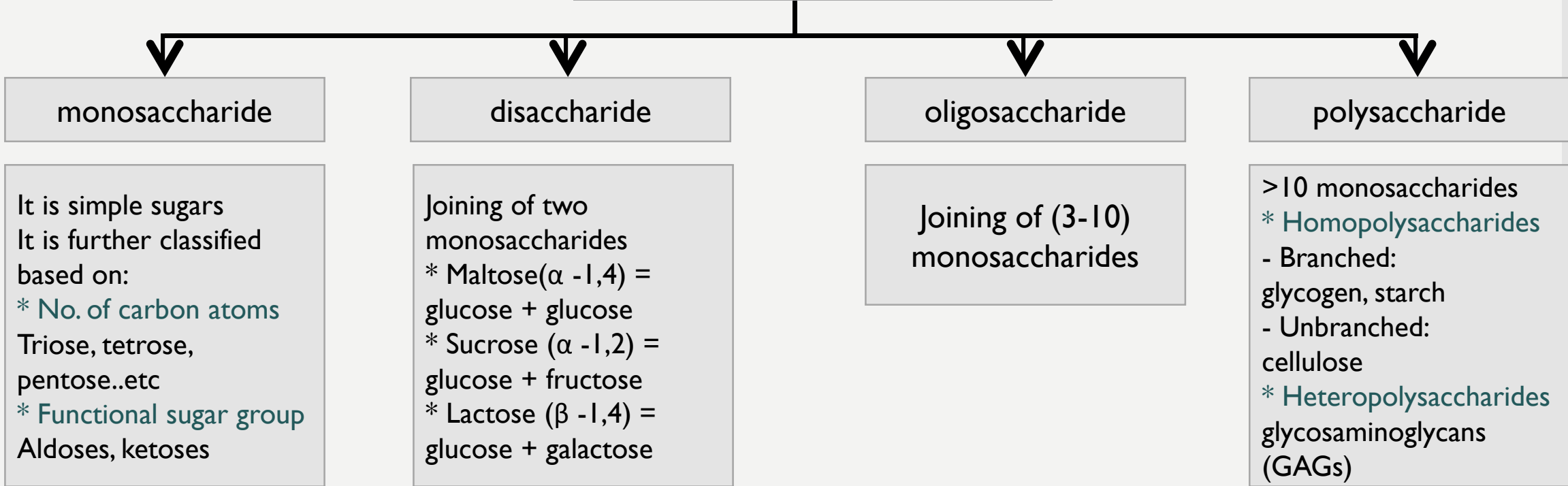
# Summary

**Carbohydrates:** hydrates of carbon (CH<sub>2</sub>O)<sub>n</sub>

- \* Abundant. \* Energy storage. \* Structural component of cell membrane
- \* The bond is O-glycosidic bond.



## classification



## Monosaccharide Isomerism

Aldo-ketose	glucose and fructose ribose and ribulose glyceraldehyde and dihydroxyacetone
Epimers	glucose and galactose C4 glucose and mannose C2
D- and L- forms	(Mirror image) D-glucose L-glucose * based on the position of –OH grp on the asymmetric C farthest from the carbonyl C
$\alpha$ - and $\beta$ - anomers	$\alpha$ -D-glucose $\beta$ -D-glucose $\alpha$ - OH تحت / $\beta$ - OH فوق

**Reducing sugar:** Free O on the anomeric C of a sugar

All monosaccharides

Maltose

Lactose

\* Sucrose is non-reducing sugar

## Complex carbohydrate:

Carbohydrate and non-carbohydrate attached by glycosidic bond (O- or N-)

- \* Purine and pyrimidine bases.
- \* Bilirubin.                      \* Glycolipids.
- \* Glycoproteins and proteoglycans.

## Glycosaminoglycans (GAGs):

Negatively charged heteropolysaccharides (acidic sugar –amino sugar)<sub>n</sub>

- \* Slippery consistency of mucous secretion and synovial fluids.
- \* Like a sponge..This property contributes to the resilience of synovial fluids and the vitreous humor of the eye.

### Examples:

- |                         |                     |
|-------------------------|---------------------|
| 1- chondroitin sulfates | 2- keratan sulfates |
| 3- hyaluronic acid      | 4- heparin          |

# Videos

- ✓ Carbohydrates
- ✓ Monosaccharaides
- ✓ Video of disaccharide + polysaccharide
- ✓ Isomers
- ✓ Carbohydrates - cyclic
- ✓ structures and anomers

