Amino acids

(Foundation Block)

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Learning outcomes

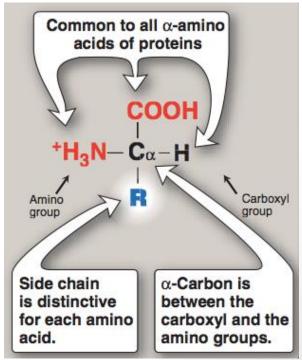
- What are the amino acids?
- General structure.
- Classification of amino acids.
- Optical properties.
- Amino acid configuration.
- Non-standard amino acids.
- Derivatives of amino acids.

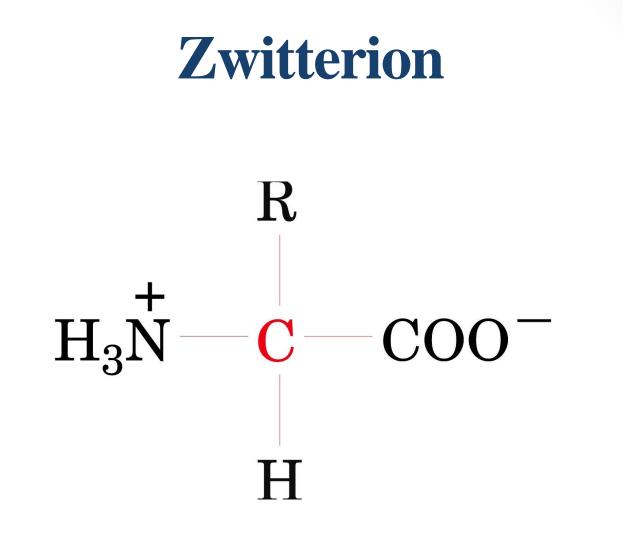
What are amino acids?

- Amino acids are the chemical units that combine to form proteins.
- Amino acids are a type of organic acid that contain both a carboxyl group (COOH) and an amino group (NH_2) .
- Amino acids play central roles: as building blocks of proteins and as intermediates in metabolism etc.
- Humans can produce about half of amino acids. The others must be supplied in the food.
- When proteins are digested or broken down, amino acids are left.

General structure

- Amino acids are carbon compounds that contain
 - two functional groups: an amino group (-NH₂) and a carboxylic acid group (-COOH)
 - A side chain attached to the compound (R) (gives each amino acid a unique set of characteristics)
 - A hydrogen

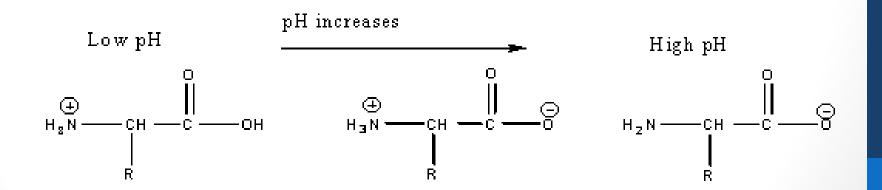




Net charge is zero on the molecule

Isoelectric point (pI)

- The pH at which the molecule carries no net charge.
- In acidic solution-cationic.
- In alkaline solution- anionic.

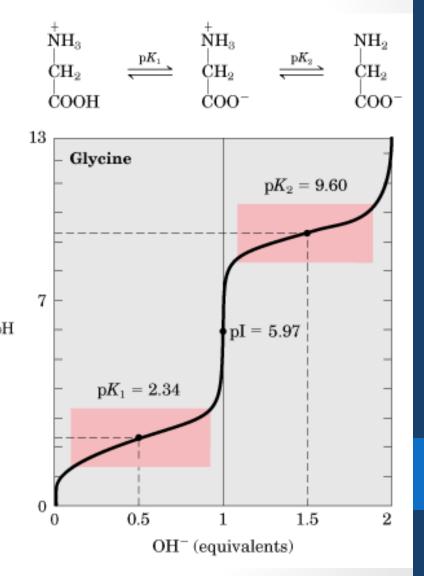


pK Value

- It is the ability of an acid to donate a proton (dissociate).
- Also known as **pKa** or acid dissociation constant.
- The pK values of α -carboxylic group is in the range of 2.2.
- The pK values of α -amino group is in the range of 9.4.

Titration curve of glycine

- pK1- pH at which 50% of molecules are in cation form and 50% are in zwitterion form.
- pK2- pH at which 50% of molecules are in anion form and 50% are in zwitterion ^{pH} form.
- Buffering action is maximum around pK values and minimum at pI.



Classification of amino acids

 Based on the body requirement, amino acids can be classified into three groups:

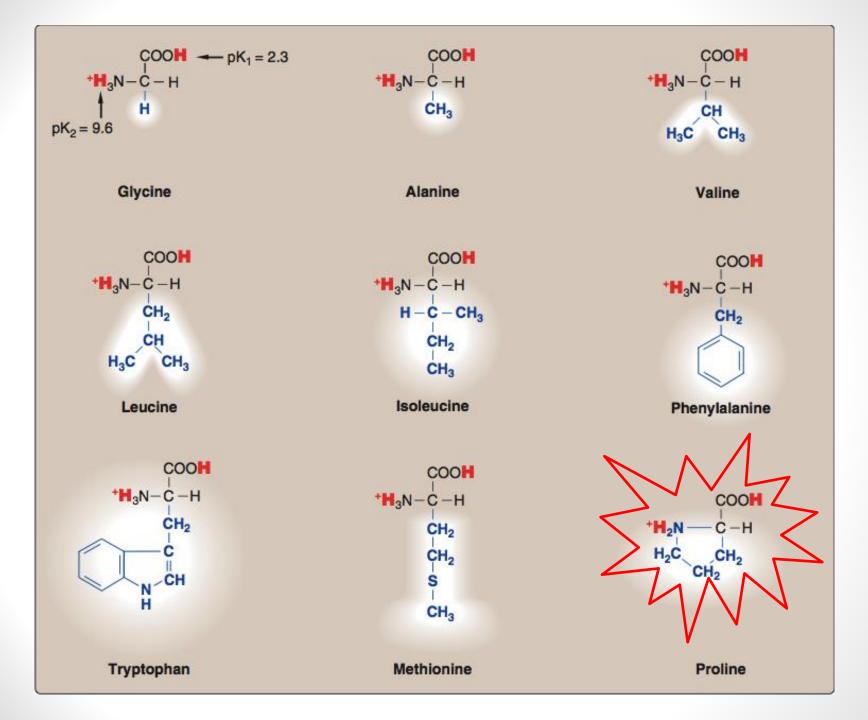
- Essential amino acids: cannot be made by the body.
 e.g. histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan, and valine.
- Nonessential amino acids: produced by the body. e.g. alanine, asparagine, aspartic acid, and glutamic acid.
- Conditional amino acids: not essential, except in time of illness or stress.

e.g. arginine, cysteine, glutamine, tyrosine, glycine, proline, and serine.

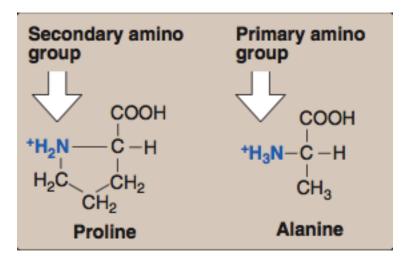
- According to the properties of the side chains, amino acids can also be grouped into three categories:
 - Nonpolar amino acids.
 - Uncharged amino acids.
 - Polar amino acids.

Nonpolar amino acids

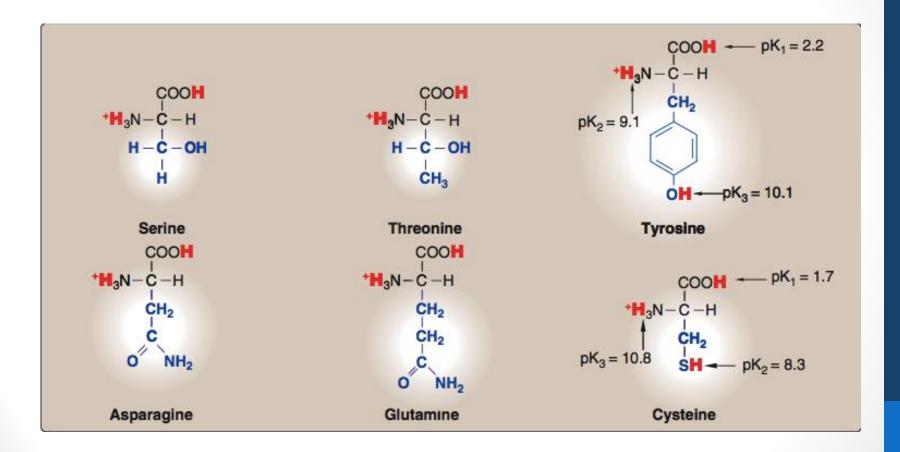
- Each amino acid does not bind or give off protons or participate in hydrogen or ionic bonds.
- These amino acids promote hydrophobic interactions.
- In proteins found in aqueous solution, the side chains of the nonpolar amino acids tend to cluster together in the interior of the protein.
- The nonpolar R-group fill up the interior of the folded protein and help give it its 3D shape.
- In proteins located in hydrophobic environment, such as a membrane, the nonpolar R-groups are found on the outside surface of the protein, interacting with lipid environment to stabilize protein structure.



• The structure of the proline amino acid differs from other nonpolar amino acids that the side chain of proline and its α -amino group form a ring structure (an imino group).



Uncharged polar amino acids



Uncharged polar amino acids

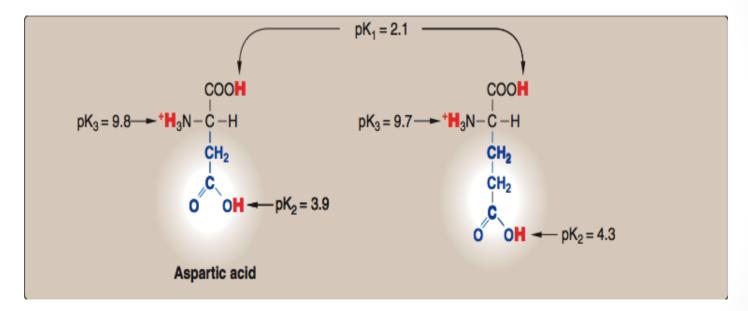
• These amino acids have zero net charge at neutral pH.

However

- The side chains of cysteine and tyrosine can lose a proton at an alkaline pH.
- Serine, Therionine and Tyrosine each contain a polar hydroxyl group that can participate in hydrogen bond formation.
- The side chains of asparagine and glutamine each contain a carboxyl group and an amide group, both of which can also participate in hydrogen bonds.

Polar amino acids

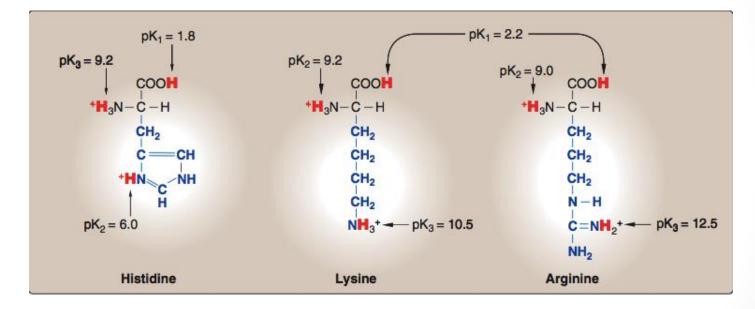
• Amino acids with acidic side chains:



- Aspartic and glutamic acids are proton donors.
- At neutral pH, these amino acids are fully ionized (negatively charged). So, they are called aspartate and glutamate.

Polar amino acids

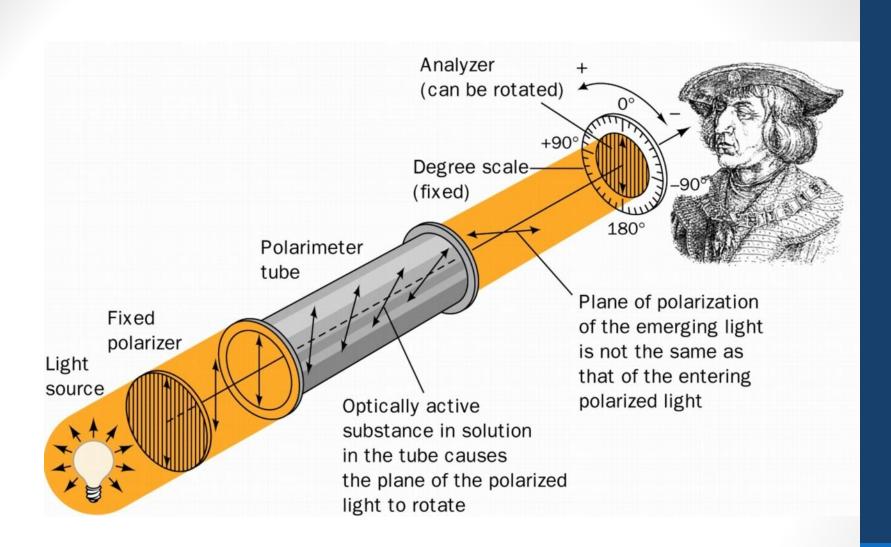
• Amino acids with basic side chains:



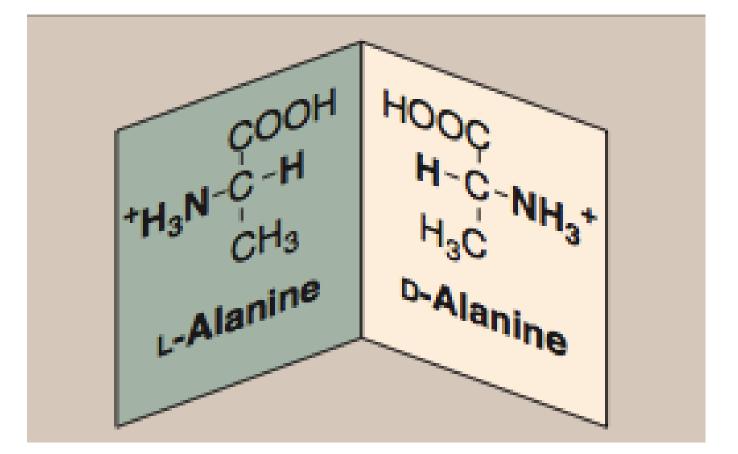
- Histidine, Lysine and Arginine are proton acceptors.
- At neutral pH, lysine and arginine are fully ionized (positively charged).

Optical properties

- The α -carbon of most of the amino acids is attached to four different chemical groups (chiral carbon).
- Thus, asymmetric molecules are optically active, and symmetric molecules are optically inactive.
- All mammalian amino acids are optically active except glycine.
 - They rotate the plane of polarized light in a polarimeter.



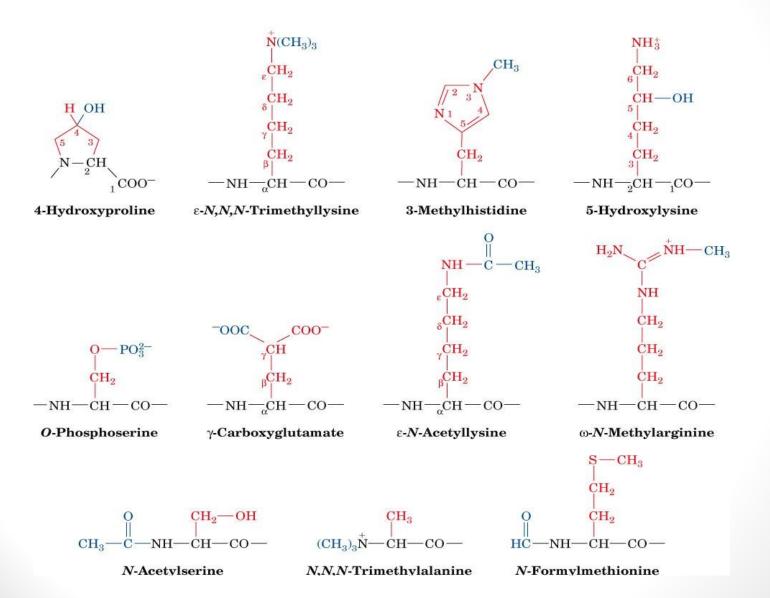
Amino acid configuration



Amino acid configuration

- L-Amino acids rotate polarized light to the left.
- D-Amino acids rotate polarized light to the right.
- Both L and D forms are chemically same.
- All mammalian amino acids are found in L-configuration.
- D-amino acids are found in antibiotics, plants and in the cell wall of microorganisms.

Non-standard amino acids



Amino acids derivatives

- Gamma amino butyric acid (GABA, a derivative of glutamic acid) and dopamine (from tyrosine) are neurotransmitters.
- Histamine (Histidine) is the mediator of allergic reactions.
- Thyroxine (Tyrosine) is an important thyroid hormone.

References

Lippincott's Illustrated reviews: Biochemistry 4th edition – unit 1