

Pharmacology

Lecture 1 (Anticholinergic)

Muscarinic Antagonists	Drug	Uses/Effects	
Natural alkaloids	Atropine (prototype)	<ol style="list-style-type: none"> CVS: Tachycardia, ↓ vasodilation, ↑ AV conduction /Toxic dose: Cutaneous vasodilatation (atropine flush) CNS: Depressor, Antiemetic effect, Anti-parkinsonian effect /Toxic dose: Hyperthermia, excitement, hallucination. UT: Urinary retention. Respiratory system: Bronchodilator, ↑ viscosity. Eye: Mydriasis, Cycloplegia, ↑ IOP, Loss of light reflex, sandy eye. Glands: ↓ Secretion → Dry mouth, sandy eye, fever. GIT: constriction, paralytic ileus. Uses: Pre-anesthetic medication Antispasmodic.	
	Hyoscine	Same as Atropine, only difference: <ul style="list-style-type: none"> • Short duration of action. • Less CVS effects. • More CNS depressant. • More antiemetic (Used in motion sickness) • Can produce amnesia. Uses: Pre-anesthetic medication, motion sickness, antispasmodic.	
Synthetic atropine substitute	Benztropine	CNS	Parkinson's disease
	Homatropine	Eye	Fundus examination of eye
	Tropicamide	RS	Asthma, COPD, (By inhalation to reduce side effects)
	Ipratropium	Stomach	Peptic ulcer
	Pirenzepine	GIT	Antispasmodics in hypermotility
	Glycopyrrolate	UT	Urinary urgency, Urinary incontinence

Lecture 3 (COPD)

Drugs used in chronic obstructive pulmonary disease (COPD)

What is it: <u>a chronic irreversible</u> Obstruction, lung damage and inflammation of the air sacs (alveoli).	Risk factor: Smoking + pollution & genetic factors.	Treatment: <ul style="list-style-type: none"> • Inhaled bronchodilators • Inhaled glucocorticoids • Oxygen therapy • Antibiotics specifically macrolides such as azithromycin to reduce the number of exacerbations. • Lung transplantation. 	Inhaled bronchodilators in COPD: Inhaled antimuscarinics <ul style="list-style-type: none"> • Ipratropium & tiotropium. • are superior to β2 agonists in COPD β2 agonists these drugs can be used either alone or combined Salbutamol + Ipratropium Salmeterol + Tiotropium (long acting-less dose frequency).
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Lecture 2 (Asthma)

Class		Drug		Function	
1) Quick relief medications: (Bronchodilators) = to relieve acute episodic attacks of asthma.					
Short acting β_2 -agonists	Non-selective	epinephrine	Uses: acute anaphylaxis. (hypersensitivity reactions) (Drug of choice). ← epinephrine.		Mechanism: Stimulate adenyl cyclase • ↑ mucus clearance. • Stabilize Mast cell.
		isoprenaline	ADRS: Hyperglycemia/Not effective orally/tremor/CNS (tachycardia, arrhythmia, hypertension). Contraindications: CVS patients, diabetic patients.		
	Selective	Salbutamol (albuterol)	inhalation, orally, i.v.	Used for: acute attack of asthma (Drugs of choice).	
		Terbutaline	inhalation, orally, s.c.		
Muscarinic antagonists Less effective than β_2 -agonists	Ipratropium		Short duration	Given by aerosol inhalation. Quaternary derivatives of atropine (polar). Minimal systemic side effects.	
	Tiotropium		Longer duration	Uses: Main choice in COPD In acute severe asthma combined with β_2 agonists & corticosteroids. / Never use as a rescue medication.	
Methylxanthines	Theophylline		orally	Mechanism: Phosphodiesterase inhibitors. • Block adenosine receptors (A1). • Stabilize Mast cell membrane. • ↑ diaphragmatic contraction.	Pharmacokinetic: Metabolized by Cyt P450 enzymes in liver. T $\frac{1}{2}$ = 8 hr. drug interactions: (with theophylline) Enzyme inducers: Phenobarbitone & rifampicin ↑ Metabolism/↓ T $\frac{1}{2}$. Enzyme inhibitors: Erythromycin ↓ Metabolism/↑ T $\frac{1}{2}$.
	aminophylline		slow infusion		
2) Prophylactic therapy: (Anti-inflammatory Agents) = Not effective in acute attack of asthma.					
Glucocorticoids (Immunosuppressant effects)	Mechanism: Inhibition of phospholipase A2 (Anti-inflammatory action) Upregulate β_2 receptors.		Uses: Inflammatory & autoimmune disorders, Antiemetics, prophylactic medications, Systemic corticosteroids for Status asthmaticus (IV)		Metabolic effects: Hyperglycemia, Stimulation of lipolysis. ↑ protein catabolism, ↓ protein anabolism. Mineralocorticoid effects: hypertension, hypokalemia, sodium-fluid retention. Depression / Osteoporosis.
			Inhalation: Budesonide & Fluticasone, beclomethasone. (Best choice) Orally: Prednisone, methyl prednisolone. Injection: Hydrocortisone, dexamethasone.		
Leukotrienes antagonists	zafirlukast montelukast pranlukast		Selective, reversible antagonists of cysteinyl leukotriene receptors (CysLT ₁ receptors) Are bronchodilators. / Have anti-inflammatory action. / Taken orally. Uses: Prophylaxis of mild to moderate asthma. / Aspirin-induced asthma. / Antigen and exercise-induced asthma. Side effects: Elevation of liver enzymes, headache, dyspepsia		
Mast cell stabilizers	Cromoglycate Nedocromil		Side effects: Bitter taste, minor upper R.T. irritation. Uses: Prophylactic therapy, allergic rhinitis, conjunctivitis.		By inhalation / poor oral absorption (10%)
Anti-IgE monoclonal antibody	Omalizumab		A monoclonal antibody directed against human IgE – prevents IgE binding with its receptors on mast cells & basophiles. / ↓ release of allergic mediators. / Given by injection (s.c.) / Expensive-not first line therapy. Side effects: Bitter taste, minor irritation. Used for: moderate to severe allergic asthma which doesn't respond to corticosteroids.		
Long acting β_2 -agonists	Selective	Salmeterol	by inhalation	Long acting bronchodilators (12 hr).	Advantages: Minimal CVS side effects, suitable for patients with CV disorders. ADRS: Tremors, nervousness, tolerance. Tachycardia (Overdose).
		Formoterol		Used for: nocturnal asthma. Combined with: inhaled corticosteroids.	

Lecture 4 (Anaphylaxis)

Drug	Function
1st line therapy	
Adrenaline - IM or IV	A Sympathomimetic, nonselective. (DRUG OF CHOICE FOR ANAPHYLAXIS) Contraindications: > 40 y cardiac patient / ADRS: Dysrhythmias.
2nd line therapy	
CORTICOSTEROIDS (can't be used alone, not lifesaving)	
Hydrocortisone - IM or IV	Reverse hypotension & bronchoconstriction by decrease release of inflammatory mediators. Also decrease mucosal swelling and skin reaction. May help to limit biphasic reactions by decreasing allergic mediators.
H₁ Blockers (can't be used alone, not lifesaving)	
Chlorophenamine - IM or IV Phenaramine - IM or IV	Can help to counter act histamine-mediated vasodilation & bronchoconstriction. May help to limit biphasic reactions by ↓ more histamine release.
Adjuvant to 2nd line	
Bronchodilators	
Salbutamol - nebulizer	β ₂ -AD agonist, short acting, rapid relief. May also inhibit airway microvascular leakage.
Ipratropium - nebulizer	Anticholinergic → longer duration of action → ↓ secretion. Less rapid in action.
Aminophylline - IV	Treatment of anaphylaxis when inhaled Broncho-dilators are not effective & bronchospasm is persistent. Given in hospital setting as levels of drug should be Therapeutically Monitored (has narrow therapeutic index)
Glucagon	
Glucagon - 1 mg IV q 5 min	for severe anaphylaxis in patients taking b-blockers
H₂ Blockers	
(significance of them is not established , they are associated with serious adverse drug interactions)	
Ranitidine - 50 mg IV cimetidine	Contraindications: elderly, renal/hepatic failure, or if on b-blockers.

Lecture 5 (adrenergic drugs)

Drug	Receptor	Function
Direct / Catecholamine / Non-selective		
Adrenaline	$\beta \geq \alpha$	Uses: 1) Status asthmatics (S.C./Inhalation). 2) Allergic reactions (S.C.) 3) Cardiac arrest (IV) 4) local hemostatic. 5) Local anesthetics. Administration: parenteral & by inhalation.
Noradrenaline	$\alpha > \beta_1$	Sever vasoconstriction (α_1), Reflex bradycardia, \uparrow force of contraction but \downarrow H.R. Administration: IV
Isoprenaline	$\beta > \alpha$	Uses: Hypertensive state, local hemostatic.
Dopamine	$D_1 > \beta_1 > \alpha_1$	Has diuretic action / Admin.: parentally by infusion. Uses: Treatment of shock.
Dobutamine	$\beta_1 > \beta_2 > \alpha_1$	Uses: 1) Acute heart failure. 2) Cardiac decompensation. / Admin.: IV
Direct / Non-catecholamine / Selective		
Midodrine & Phenylephrine	α_1	Admin.: Orally / ADRS: Hypertension. Uses: 1) Hypotension, tachycardia. 2) Local Hemostatic. 3) Mydriasis. 4) Decongestant.
Clonidine	α_2	Is an imidazoline. Admin.: Orally or as patch / Uses: Hypotension
Brimonidine	α_2	Is an imidazoline. / Uses: Glaucoma
Salbutamol	β_2	Admin.: Orally, by inhalation or parenteral Uses: Asthma and COPD.
Terbutaline	β_2	Uses: Bronchodilator, Tocolytic
Ritodrine	β_2	Admin.: Orally, or by injection. / Uses: Tocolytic for premature labor
Indirect / Non-catecholamine / Non-selective		
Amphetamine	Abused in sports. / Admin.: Orally. / ADRS: Tachyphylaxis, euphoria, weight loss. CNS side effects.	
Dual / Non-catecholamine / Non-selective		
Ephedrine	Abused in sports. / Admin.: Orally. / ADRS: Tachyphylaxis, urine retention.	
Direct / Nasal & Ocular decongestant		
Phenylephrine	Uses: treatment for nasal stuffiness / ADRS: Can cause nasal rebound.	
Methoxamine		
Naphazoline		
Oxymetazoline		
Dual / Nasal & Ocular decongestant		
Pseudoephedrine	CNS & pressor effects compared to ephedrine / works the same as "Nasal & Ocular Decongestants" & for flu	

*Route of administration: PO = orally

Lecture 6 (respiratory tract infection)

Drug	Pharmacokinetics	Uses	ADRS
Cell wall synthesis inhibitors (through inhibition of peptidoglycan layer of the cell wall.)			
β-lactam antibiotics Penicillins (Bactericidal)			
Amoxicillin	Clavulanic acid	Orally or parenterally / Not metabolized in human. / Excreted mostly unchanged in urine / Relatively polar.	URTI's, Acute otitis media (especially produced by Group A gram + β-haemolytic streptococci). LRTI's.
Ampicillin	Sulbactam		
Piperacillin	Tazobactam		
β-lactam antibiotics Cephalosporins (Bactericidal)			
Cephalexin-PO	1st Generation / Manly against gram + bacteria.	URTI s	<ul style="list-style-type: none"> • Hypersensitivity reactions. • Thrombophlebitis. • Superinfections. • Diarrhea.
Cefuroxime axetil-PO	2nd Generation / mainly against Gram - bacteria. Active against β-lactamase –producing bacteria.	<ul style="list-style-type: none"> • URTI's • LRTI's • Sinusitis • Otitis media 	
Cefaclor-PO			
Ceftriaxone-IV	3rd Generation / Manly against Gram - bacilli. Penetration into CSF / Excreted mostly in urine Long Half-life(4-7h) (Ceftriaxone)	Pneumonia produced by β-lactamase bacteria.	
Cefotaxime-IV			
Cefixime-PO			
Protein synthesis inhibitors (by binding to 50S subunit of the bacterial ribosomes)			
Macrolides Cephalosporins (Bacteriostatic) (Bactericidal at high concentration)			
Erythromycin	---	Chlamydial pneumonia Legionella pneumonia	Hypersensitivity Reactions
Azithromycin	Mainly against Gram – bacteria / Inactive metabolite No effect on cytochrome P450 system		
Clarithromycin	Mainly against gram + bacteria / Active metabolite Inhibits cytochrome P450 system.		
DNA synthesis inhibitors (Inhibit DNA Gyrase enzyme (an enzyme involved in DNA supercoiling))			
Fluoroquinolones			
Ciprofloxacin	Given orally or parenterally. / Excreted mainly in kidney , Concentrates in many tissue (kidney, prostate, lung, bones) Relatively ↓ T½ allows once daily (moxifloxacin & Gatifloxacin) & twice-daily (Ciprofloxacin). Antibacterial spectrum: Ciprofloxacin mainly effective Gram - bacteria , Moxifloxacin & Gatifloxacin G – & G + & given once daily (highly active against Pseudomonas species) Contraindications: < 18 years, Pregnancy, Breast feeding.	Acute exacerbation of COPD. Community acquired pneumonia. Legionella pneumonia.	Nausea, vomiting, diarrhea. CNS effects: (Confusion, insomnia, headache, anxiety). Arthropathy. Phototoxicity.
Moxifloxacin			
Gatifloxacin			

Lecture 7 (TB)

Drug	Function
1) First-line treatment	
Isoniazid Taken together with Rifampin for 9 months as treatment.	Mech.: 1) Bacteriostatic. 2) Bactericidal. / Inhibit synthesis of cell wall (Mycolic acid) Site: Intracellular & extracellular bacilli. / Use: TB, latent TB, Prophylaxis against TB. ADRS: Peripheral neuritis, optic neuritis & atrophy, hepatitis. / Drug interaction: <i>E. inhibition.</i>
Rifampin	Mech.: 1) Bactericidal. / Inhibit RNA synthesis . / Use: Treatment & Prophylaxis for TB. Site: Intracellular & extracellular bacilli. / Drug interaction: <i>E. inducer.</i> ADRS: 1) red-orange decolorized secretions. 2) Hepatitis. 3) Flu-like syndrome. 4) Hemolytic anemia.
Ethambutol Taken with Pyrazinamide for the 1st 2 months to shorten the treatment from 9 to 6 months.	Mech.: 1) Bacteriostatic. / Inhibit mycobacterial arabinosyl transferase disrupting its assembly. Site: Intracellular & extracellular bacilli. / Use: Combined with other drugs to treatment TB. ADRS: 1) Optic neuritis. 2) Red-green color blindness. Contraindication: Children under 5 years.
Pyrazinamide	Mech.: 1) Bacteriostatic. / Unknown. / ADRS: 1) Hepatotoxicity. 2) Hyperuricemia. 3) Drug fever & Skin rash. Site: Intracellular bacilli. / Use: In MDR-TB . & as Prophylaxis & to shorten course of treatment TB.
Streptomycin	Mech.: 1) Bactericidal. / Inhibit of protein synthesis by binding to 30S ribosomal subunits. Site: Extracellular bacilli. / Use: Sever life-threatening form of TB as meningitis , disseminated disease. ADRS: 1) Ototoxicity. 2) Nephrotoxicity. 3) Neuromuscular block.
2) Second-line treatment	
Ethionamide	Mech.: Inhibit synthesis of cell wall (Mycolic acid). / ADRS: 1) Teratogenic. 2) Poorly tolerated.
Rifabutin	Mech.: RNA inhibitor. Cross-resistance with Rifampin is completed. / Drug interaction: <i>E. inducer.</i> Site: Intracellular & extracellular bacilli. / Use: Prevention & treatment of TB & atypical TB. ADRS: 1) GIT intolerance. 2) Orange-red discoloration of body secretions.
Para-Aminosalicylic acid (PAS)	Mech.: 1) Bacteriostatic. / Inhibit folic acid synthesis. ADRS: 1) GIT upset. 2) Crystalluria.
Fluoroquinolones (ciprofloxacin)	Use: effective against MRTB (multidrug-resistant tuberculosis.)

Lecture 8 (Antibiotic)

Drug	Info.	Contra.	ADRS
Inhibition of cell wall synthesis			
Penicillins	Bacterial β -lactamase inactivates it (By cleaving the β -lactam ring of the drug).		
penicillin G	Narrow spectrum		
Ampicillin	Broad spectrum		
Amoxicillin	Broad spectrum		
Cephalosporin	Bacterial β -lactamase inactivates it.		
Inhibition of protein synthesis			
Macrolides			
Tetracyclines		Pregnancy and Lactation \rightarrow	Bone deformity.
Chloramphenicol		G-6-PD deficiency \rightarrow	Hemolysis. Grey baby Syndrome Plastic anemia.
Aminoglycosides		Pregnancy and Lactation \rightarrow	Hearing loss. renal failure hepatic failure
Erythromycin			
Inhibition of DNA synthesis			
Quinolones		Children & Pregnancy \rightarrow	tendon damage
Inhibition of folate synthesis			
Sulphonamides		G-6-PD deficiency \rightarrow	Hemolysis.
Trimethoprim			
Inhibition of RNA synthesis (by binding to RNA polymerase)			
Rifampicin	Use: TB		

Lecture 9 (rhinitis and cough)

Drugs for rhinitis

Drugs for rhinitis							
Anti-histamines generations	1 st	e.g. Chlorpheniramine Diphenhydramine Promethazine (used for Nausea and vomiting)	short duration, drug interactions, ADRs (sedation)	Clinical uses: 1. Allergic rhinitis: relieves rhinorrhea, sneezing, and <u>itching</u> of eyes and nasal mucosa 2. Common cold 3. Motion sickness. 4. Allergic dermatoses H1 block actions: Conjunctivitis, Urticaria, Flu (cough & sneezing) Itching Insomnia, Sleep aid, Vertigo, Anxiety, Cough POOR CONTROL of Asthma, Otitis, Anaphylaxis, Sinusitis, Atopic dermatitis.	Metabolized in the liver Excretion via <u>kidney</u> except fexofenadine	ADRs: Sedation, tinnitus, fatigue, dizziness, blurred vision, dry mouth, CNS effects at overdose	Drugs interaction: Interact with CNS depressants & cholinesterase inhibitors
	2 nd	Cetirizine Loratadine	short duration, no drug interaction, minimal ADRs, specific for H1 receptors				
	3 rd	Levocetirizine Fexofenadine Desloratadine					
					serotonin	appetite	
				α -adrenergic	Hypotension Dizziness Reflex tachycardia		
				cholinergic	Dry mouth Urinary retention Sinus tachycardia		
			Clinical use	ADRs			
ANTI-ALLERGICS		Mast cell stabilizers: Cromolyn & Nedocromyl	Used in children for prophylaxis of perennial allergic rhinitis. *Should be given on a daily basis and never stop abruptly.	Induce cough, wheezes, headache, rash			
		Leukotriene receptor Antagonists : Zafirlukast, Montelukast, Pranlukast	Prophylaxis of lower respiratory tract allergies	Elevation of liver enzymes, headache, dyspepsia			
topical Corticosteroids		beclomethasone, budesonide, & fluticasone	Given in severe intermittent or moderate persistent symptoms	Nasal irritation, fungal infection, hoarseness of voice			
Decongestants (α -Adrenergic agonists)		Systemic: Pseudoephedrine	For treatment of nasal stuffiness	<ul style="list-style-type: none"> Nervousness, insomnia, tremors, palpitations, hypertension. Better avoided in hypertension, heart failure, angina pectoris, hyperthyroidism, Glaucoma. 			
		Topical: Phenylethylamines & Imidazoline		Rebound nasal stuffiness Due to repeated administration (10 days -2 weeks)			
Anticholinergics		Ipratropium	Nasal drops to control rhinorrhea. -very effective in vasomotor rhinitis (watery hyper-secretion). -bronchodilator in asthma.	wheezing, bladder pain, cough producing mucous			

Drugs for cough

For Reproductive cough		Expectorants	ADRs: Dry mouth, chapped lips, risk of kidney stones(↑uric acid excretion).	Clinical use: Common cold, Bronchitis, Pharyngitis, Chronic paranasal sinusitis.		
		Direct stimulation (e.g. Iodinated glycerol)	ADRs:Unpleasant metallic taste, hypersensitivity, hypothyroidism, swollen salivary glands & flare of old TB.			
		Mechanism		ADRs		
Mucolytics		Hypertonic saline and NaHCO3	↓ Viscoelasticity by ↑ water content	Use: Most mucolytics are used as adjuvant therapy when there is excessive &/or thick mucus		
		Steam inhalation	↓ Adhesiveness			
		N-acetylcysteine	Breakdown S-S bonds (used in acetaminophen over dose)		Bronchospasm, stomatitis, rhinorrhea, rash, nausea & vomiting	
		Bromhexine and its metabolite(ambroxol)	Synthesize serous mucus & activate ciliary clearance		Rhinorrhea, lacrimation, gastric irritation, hypersensitivity	
		Pulmozyme (Dornase Alpha or rhDNAase)	Cleavage of extracellular bacterial DNA (used in severe infections)		Voice changes, pharyngitis, laryngitis, rhinitis, chest pain, fever, rash	
		Drug	Target			
For dry cough: Antitussive agents		Peripherally inhibitors	Demulcentm coated as Lozenges & gargles	Pharynx		
			Emollients, coated by Menthol & eucalyptus	Larynx		
			aerosols or inhalational of hot steam: Eucalyptol & tincture benzoin compound	Tracheobronchial		
			Use local anesthetic aerosols: Lidocaine, benzocaine& tetracaine	Bronchoscopy OR bronchography		
				Inhibitors of pulmonary stretch receptor in Alveoli: Benzonatate	Mechanism: ↓ Sensitivity (numbing) of receptors by local anesthetic action.	ADRs: Drowsiness, Dizziness, Dysphagia allergic reaction CNS effects when overdosed
		Centrally		Opioids: Codeine & pholcodine		
Non-opioids: Anti-Histamine & Dextromethrophan	↑ Threshold at cough center. It has benefits over opioids in being: 1. As potent as codeine 2- But no drowsiness 3- Less constipating 4- No respiratory depression. 5- No inhibition of mucociliary clearance 6- No addiction.			ADRs: In normal doses: Nausea Vomiting Dizziness Rash Pruritus OVERDOSE: Opiat-like ADRs on RT &GIT + Hallucination		

Probably Won't be in the exam