RESPIRATORY SYSTEM (I)

Histology of the Upper Respiratory Tract (Nasal cavity, Paranasal sinuses and Larynx)

Objectives:

By the end of this lecture the student should be able to describe the microscopic structures of:

- Vestibule of the nasal cavity.
- Respiratory mucosa of the nasal cavity.
- Nasal septum.
- Olfactory mucosa of the nasal cavity.
- Mucosa of the paranasal sinuses.
- Larynx.

RESPIRATORY SYSTEM

(A) Conducting portion :

- 1- Nasal cavity.
- 2- Nasopharynx.
- 3- Larynx.
- 4- Trachea.
- 5- Primary bronchi (extrapulmonary bronchi).
- 6- Intrapulmonary bronchi:
 - 2ry bronchi (lobar bronchi).
 - 3ry bronchi (segmental bronchi).
- 7- Primary bronchioles (preterminal bronchioles).8- Terminal bronchioles.
- (A) Respiratory portion:
 - 1- Respiratory bronchioles.
 - 2- Alveolar ducts.
 - 3- Alveolar sacs.
 - 4- Pulmonary alveoli.



NASAL CAVITY (N.C.)

(1) Anterior portion of N.C.: Vestibule. (1) Posterior portion of N.C.: Epiglottis Hyoepiglottic igament Pre-epialottic a- **Respiratory region.** Space False Voca Cord Ventricle b- Olfactory region. True Voca Cord Medscape ® N.B. The nasal septum divides the nasal cavity into two halves (right and left).



VESTIBULE OF N.C.

Lining: is lined with thin skin.

- 1- Epidermis: (Keratinized stratified Squamous epithelium).
- 2- Dermis.

Contents:

- 1- Vibrissae: stiff hairs.
- 2- Sebaceous glands.
- 3- Sweat glands.

Wall:

- 1- Hyaline cartilage.
- 2- Cancellous (spongy) bone.

RESPIRATORY REGION (AREA) OF NASAL CAVITY

MUCOSA (MUCOUS MEMBRANE): (A) Epithelium:

Pseudo-stratified ciliated columnar epithelium with goblet cells (Respiratory epithelium).

(B) Lamina propria (Sub-epithelial C.T.): contains:

- 1- Large arterial plexuses & venous sinuses(Highly vascularized C.T.)
- 3- Many seromucous glands (acini).
- 4- Abundant lymphoid elements: Including occasional lymphoid nodules, plasma cells & mast cells.



PARANASAL SINUSES

Lining: 1- Respiratory epith. (Mention.....) 2- Lamina propria. CLINICAL APPLICATION: Sinusitis.



OLFACTORY REGION (AREA) OF NASAL CAVITY (OLFACTORY MUCOSA)

- Site: 1-Roof of nasal cavity.
 - 2-Upper part of nasal septum.
 - 3-over superior concha.
- **Structure:**
- (A) Olfactory epithelium: Pseudo-stratified columnar epithelium.
- 1- Olfactory cells (olfactory nerve cells)
- 2- Sustentacular (supporting) cells.
- 3- **Basal cells:** Pyramidal in shape, basal in position and act as stem cells.



(B) Lamina propria: contains:

- 1- Highly (richly) vascularized loose to dense C.T.
- 2- Contents:
 - a) Bowman's glands (olfactory glands) : are serous acini.
 - b) Bundles of unmyelinated nerve fibers:
 - Are axons of olfactory nerve cells + Schwann-like cells (glial cells).
 - c) Rich vascular plexus.
 - d) Numerous lymphoid elements.

OLFACTORY EPITHELIUM 1- Olfactory cells: Are **bipolar neurons Dendrite** has olfactory vesicle that has nonmotile cilia. **Axons** are unmyelinated with Schwann-like cells. Axons will collect in the lamina propria to form bundles of nerve fibers. Bundles will collect to form the olfactory nerve.

 2- Sustentacular (supporting) cells: Are columnar cells.
 Function: Physical support and nourishment for olfactory cells.

LARYNX

(A) Mucosa (Mucous membrane):

- 1- Epithelium.
- 2- Lamina propria.

(B) Cartilages.





(C) Extrinsic and intrinsic muscles: all are skeletal.





LARYNX

(A) Mucosa:

- 1- Epithelium: (2 types)
 - a- Respiratory epithelium:
 Pseudostratified ciliated columnar epithelium with goblet cells.
 - b- Non keratinized stratified squamous epithelium:
 - In: -Vocal folds.
 - Superior surface of epiglottis

2- Lamina propria.



LARYNX

(A) Mucosa (cont.):
There are 2 pairs of shelf-like mucosal folds:
1- Vestibular folds:

- Are immovable.
- L/M: a- Respiratory epithelium.
 - b- Lamina propria:



Loose C.T. with seromucous glands lymphoid elements & adipose cells.

2- VOCAL FOLDS (CORDS): have:

a- Epithelium: non keratinized stratified squamous.

b- Lamina propria: C.T. containing bundles of elastic fibers and skeletal muscle .

N.B. No lymphoid nodules,

No seromucous glands.

(B) Cartilages:
 1- Hyaline cartilages:
 e.g. Thyroid cartilage.

2- Elastic cartilages: Epiglottis.

(C) Muscles: all are skeletal.(D) Ligaments.





RESPIRATORY EPITHELIUM

Pseudo-stratified ciliated columnar epithelium with goblet cells.

Main Types of cells (all touch the basement membrane)

- 1- Ciliated columnar cells.
- 2- Goblet cells.
- 3- Basal cells: are stem cells.
- 4- DNES cells: e.g. serotonin.





RESPIRATORY SYSTEM (II) Histology of the Lower Respiratory Tract (Trachea, Bronchi, Bronchioles) & the Lung



TRACHEA

The wall of trachea is formed of:(1) Mucosa.(2) Submucosa.(3) Adventitia.







MUCOSA OF TRACHEA

(1) Epithelium: Respiratory epithelium(2) Lamina propria.

(3) Elastic lamina:
 It is formed of elastic fibers.
 It separates lamina propria from submucosa.







SUBMUCOSA OF TRACHEA

Contents:

1- C.T.

2- Numerous mucous & seromucous glands.

3- Lymphoid elements.



ADVENTITIA OF TRACHEA

Contents:

- 1- Fibroelastic C.T.
- 2- C-shaped rings (12-16) of hyaline cartilage.

Trachealis muscle (bundle of smooth muscle fibers) connects the 2 ends of each C-shaped (incomplete) rings of cartilage.







THANK YOU