



## Basics of acid base balance

1- Control of  $[H^+]$  is so important because:

- A. *H ions are highly reactive chemical species.\**
- B. *H ions are low reactive chemical species.*
- C. *Acid-base balance can cause cardiac arrhythmias and abnormal neuronal excitation.*
- D. *None of these.*

2- All enzymes function optimally at pH ~ 7.4:

- A. *True.*
- B. *False.\**

3- Acids are:

- A. *a measure of the acidity of the solution.*
- B. *ions or molecules that can accept  $H^+$ .*
- C. *Molecules containing hydrogen atoms that can donate  $H^+$  into solution.\**
- D. *Relative concentrations of  $CO_2$  and  $HCO_3^-$  in plasma / ECF.*

4- An example of acid:

- A. *HCl.\**
- B.  *$HCO_3^-$ .*
- C.  *$NH_3$ .*
- D. *HAEMOGLOBIN.*

5- An example of weak base:

- A. *Chloride acid.*
- B. *Hydrogen ion.*
- C. *Carbon dioxide.*
- D. *Ammonia.\**

6- Which of the following is true:

- A. *every acid has a conjugate acid and every base have a conjugate base associated with it.*
- B. *every acid has a conjugate base and every base have a conjugate acid associated with it.\**
- C. *every acid has a conjugate base but not every base have a conjugate acid associated with it.*
- D. *every base has a conjugate acid but not every acid have a conjugate base associated with it.*

7- Water is:

- A. *Acid.*

- B. Base.
- C. depend on the added compound.\*

8- When water behaves as a base it forms:

- A. Hydroxide.
- B. Carbonic acid.
- C. hydronium ion.\*
- D. Bicarbonate.

9- The pH of a solution depends on:

- A. The concentration of the solution.
- B. The type of the acid.
- C. Both the concentration of the solution and the type of the acid.\*
- D. None of these.

10- pH measure:

- A. The strength of an acid.
- B. The acidity of a given solution.\*
- C. None of these.

11- How much of hydronium ions does a solution of pure water has:

- A.  $10^{-7} \text{ mol dm}^{-3}$ .\*
- B.  $10^{-9} \text{ mol dm}^{-3}$ .
- C.  $7-10 \text{ mol dm}^{-3}$ .
- D.  $9-10 \text{ mol dm}^{-3}$ .

12- Which of the following is not acid:

- A.  $\text{H}_3\text{PO}_4$ .
- B.  $\text{HPO}_4^{2-}$ .\*
- C.  $\text{H}_2\text{CO}_3$ .
- D.  $\text{C}_3\text{H}_4\text{O}_3$ .

13- The normal pH is:

- A. 6.4.
- B. 9.4.
- C. 7.4.\*
- D. 5.4.

14- If the pH is 8 the grams of H<sup>+</sup> per liter is:

- A. 0.1.
- B. 0.000001.
- C. 0.0001.
- D. 0.00000001.\*

15- Blood pH maintained by:

- A. One system.
- B. Two systems.
- C. Three systems.\*
- D. Four systems.

16- Death likely:

- A. If pH is just above 7.8.
- B. If pH is just below 6.8.
- C. If pH is above 7.8 or below 6.8.\*
- D. None of these is true.

17- Normally all volatile acid excreted by:

- A. The lungs.\*
- B. The kidney.
- C. The liver.

18- The most powerful system of body's acid-base regulatory systems is:

- A. The kidney system.\*
- B. The lungs system.
- C. The buffers system.

19- What happen to the pH if the HCO<sub>3</sub> in plasma remains normal but Pco<sub>2</sub> decrease:

- A. *Acidosis.*
- B. *Alkalosis.\**
- C. *Acid-base balance.*
- D. *Have no relation with Acid-base balance.*

20- What happens to the pH if  $P_{CO_2}$  remains normal but bicarbonate increase:

- A. *Acidosis.*
- B. *Alkalosis.\**
- C. *Acid-base balance.*
- D. *Have no relation with Acid-base balance.*

21- What is the correct sequence of events:

- A. *Conversion of  $H_2CO_3$  to  $CO_2$  and  $H_2O$ .\**
- B. *Conversion of  $HCO_3^-$  to  $H^+$  and  $CO_3^{2-}$ .*
- C. *Conversion of  $H_2O$  to  $CO_2$  and  $H^+$ .*
- D. *None of the above.*

22- In which of the following fluids is the pH highest (most alkaline)? (Assume the person is normal.):

- A. *Systemic arterial blood plasma.\**
- B. *Systemic venous blood plasma.*
- C. *Urine.*
- D. *All of the above, since pH is normally of the same for all.*
- E. *A and B above, since blood plasma pH is relatively uniform.*

## **Answers:**

Q1: A

Q2: B

Q3: C

Q4: A

Q5: D

Q6: B

Q7: C

Q8: C

Q9: C

Q10: B

Q11: A

Q12: B

Q13: C

Q14: D

Q15: C

Q16: C

Q17: A

Q18: A

Q19: B

Q20: B

Q21: A

Q22: A | Systemic arterial blood has a higher (more alkaline) pH than systemic venous blood because of the CO<sub>2</sub> added by metabolizing cells as blood passes through the systemic vascular beds. Urine is generally more acid than plasma because of the necessity of excreting the excess fixed (non-volatile) acids created by metabolism.