

The Nervous System

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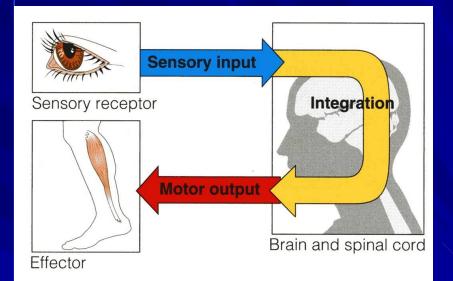
Objectives

At the end of the lecture, the students should be able to:

- List the subdivisions of the nervous system
- Define the terms: grey matter, white matter, nucleus, ganglion, tract and nerve.
- List the parts of the brain.
- Identify the external and internal features of spinal cord.
- Enumerate the cranial nerves
- Describe the parts and distribution of the spinal nerve.
- Define the term 'dermatome'
- List the structures protecting the central nervous system

The nervous system has three functions:

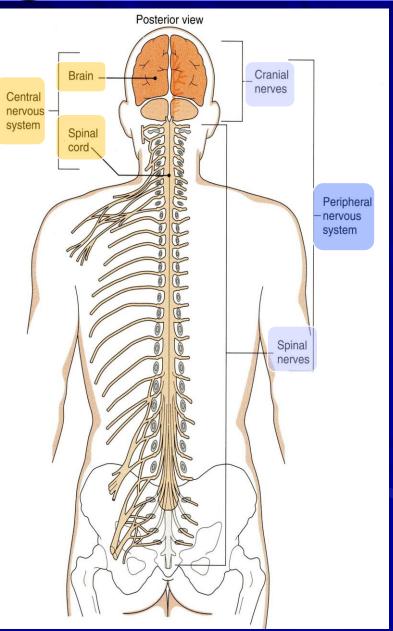
- Collection of sensory input : Identifies changes occurring inside and outside the body by using sensory receptors. These changes are called stimuli
- Integration: Processes, analyses and interprets these changes and makes decisions
- Effects a response by activating muscles or glands (effectors) via motor output

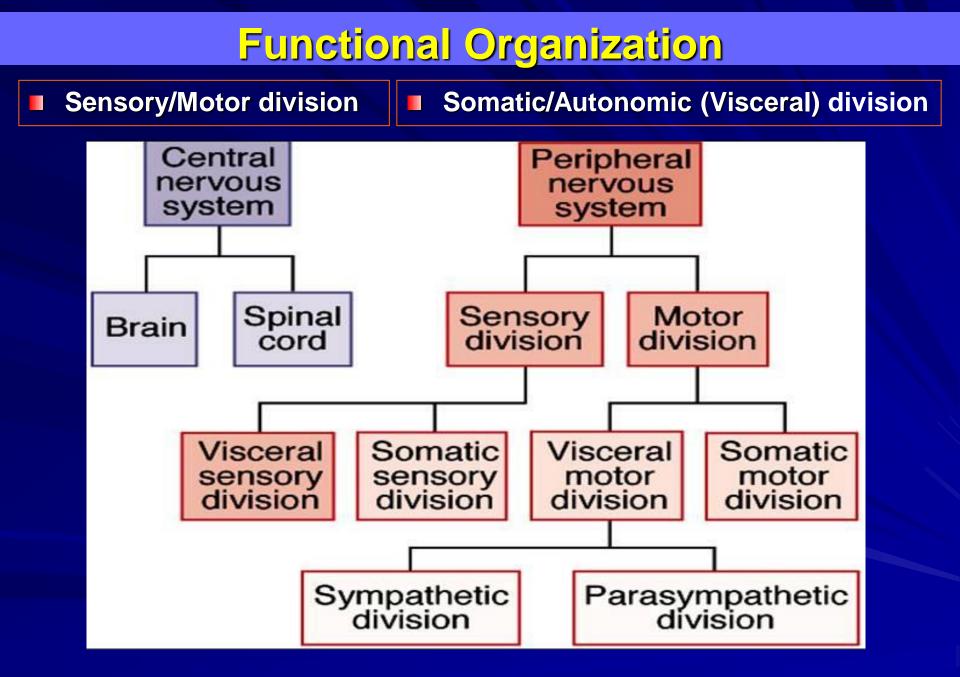


Structural Organization

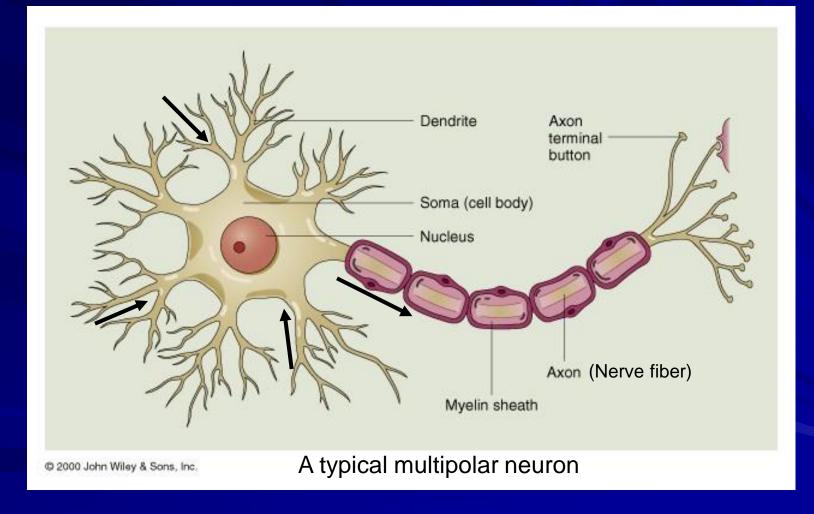
Central Nervous System (CNS): Brain & Spinal cord

Peripheral Nervous System (PNS): Nerves (cranial, spinal) & ganglia



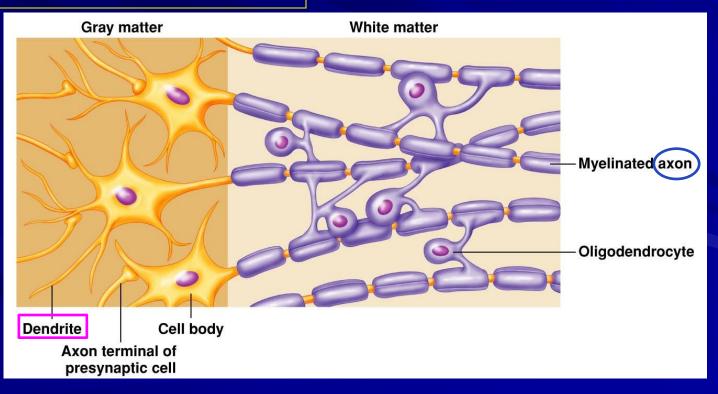


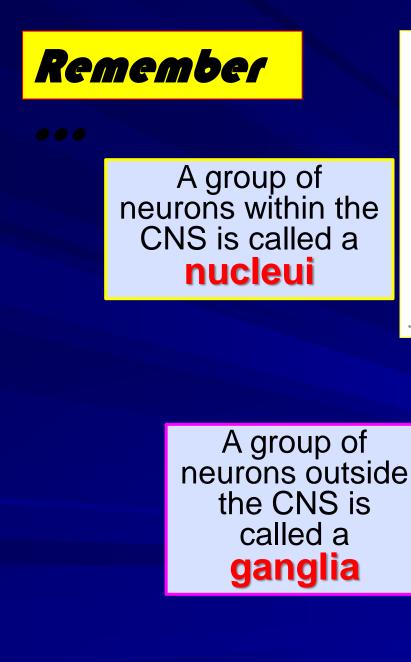
Nervous tissue consists of nerve cells (neurons) and supporting (neuroglia) cells

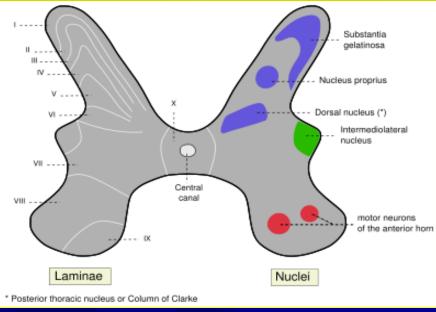


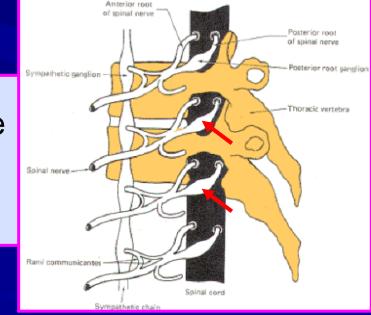
Nervous tissue is organized as:

<u>Grey matter</u>: which contains the cell bodies & the short processes of the neurons, the neuroglia and the blood vessels. White matter: which contains the long processes of the neurons (no cell bodies), the neuroglia and the blood vessels



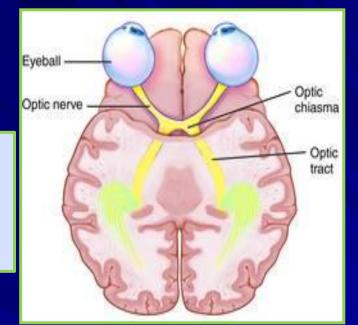




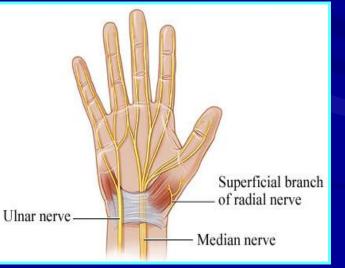




A group of nerve fibers (axons) within the CNS is called a **tract**



A group of nerve fibers (axons) outside the CNS is called a **nerve**

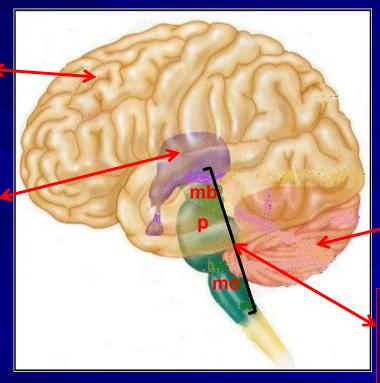




The brain is a large mass of nervous tissue located in the cranial cavity. It has four major regions

Cerebrum (2 Cerebral hemispheres)

Diencephalon: Thalamus, Hypothalamus, Subthalamus & Epithalamus



Cerebellum

Brainstem: Midbrain Pons Medulla oblongata

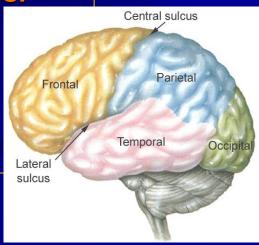
CEREBRUM

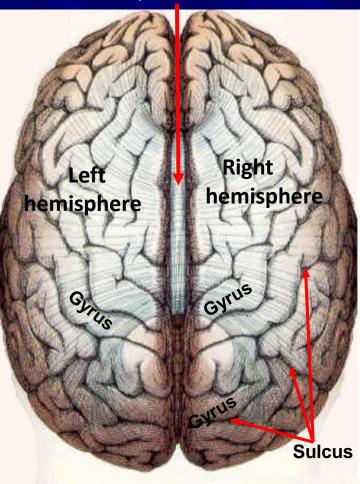
Corpus callosum

- The largest part of the brain, has two hemispheres
- The cerebral hemispheres are connected by a thick bundle of nerve fibers called corpus callosum
- The surface shows ridges of tissue, called gyri, separated by grooves called sulci

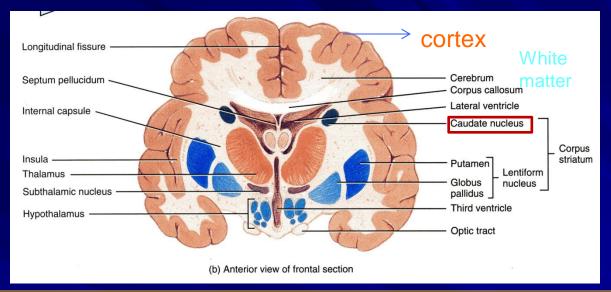
Divided by deeper sulci, into 4 lobes:

- Frontal
- Parietal
- Temporal
- Occipital



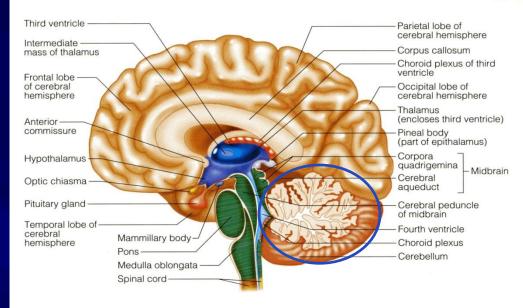


TISSUE OF THE CEREBRAL HEMISPHERES

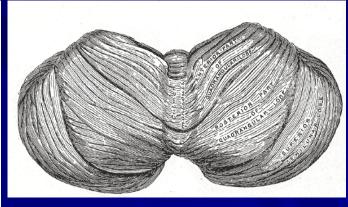


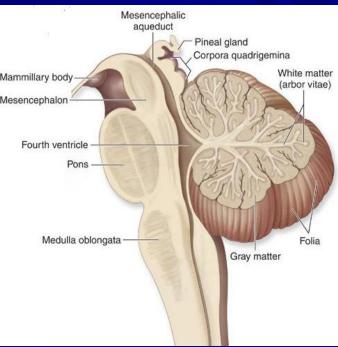
- The outermost layer is called gray matter or cortex
 Deeper is located the white matter, composed of <u>fiber</u> <u>tracts</u> (bundles of nerve fibers), carrying impulses to and from the cortex
- Located deep within the white matter are masses of grey matter called the basal nuclei. They help the motor cortex in the regulation of voluntary motor activities

CEREBELLUM



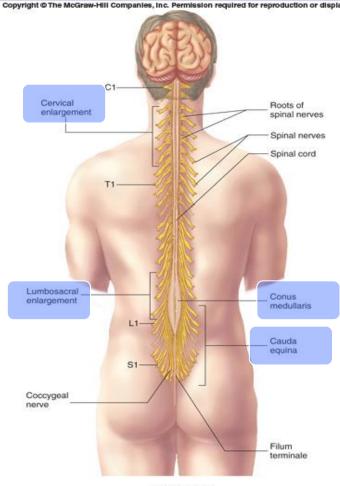
The cerebellum has 2 hemispheres and a convoluted surface. It has an outer cortex of gray matter and an inner region of white matter. It provides precise coordination for body movements and helps to maintain equilibrium.





Spinal Cord

- It is a two-way conduction pathway to the brain & a major reflex center
- 42-45 cm long, cylindrical in shape, lies within the vertebral canal.
- Extends from foramen magnum to L2 vertebra
- Continuous above with medulla oblongata
- Caudal tapering end is called conus medullaris
- Has 2 enlargements: cervical and lumbosacral
- Gives rise to 31 pairs of spinal nerves
- Group of spinal nerves at the end of the spinal cord is called cauda equina

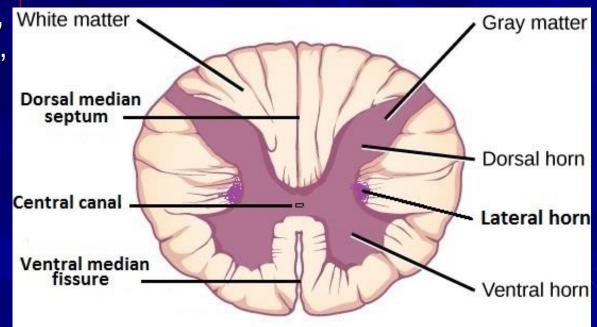


Posterior view

Cross Section of Spinal Cord

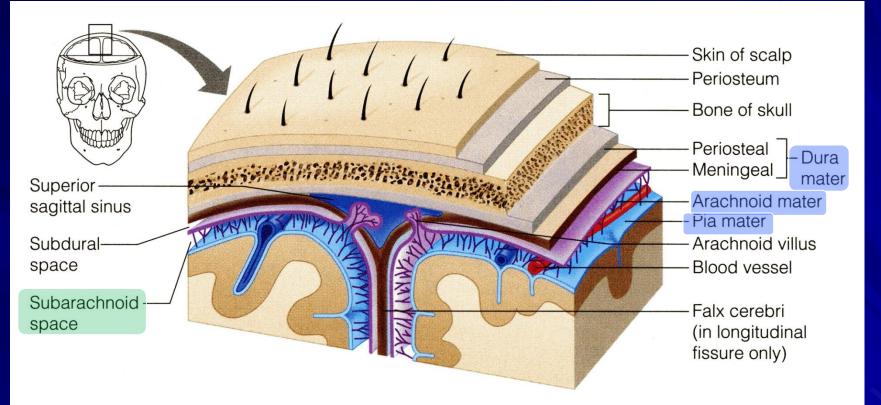
The spinal cord is incompletely divided into two equal parts, anteriorly by a short, shallow median fissure and posteriorly by a deep narrow median septum.

 It is composed of grey matter in the centre surrounded by white matter



 The arrangement of grey matter resembles the shape of the letter H, having two posterior, two anterior and two lateral horns/columns.

PROTECTION OF THE CNS



THE CNS IS PROTECTED BY:

- Bones: Skull and the vertebral column
- Meninges (membranes): 3 layers -
- Cerebrospinal fluid in the subarachnoid space

- dura mater (outermost)
- arachnoid mater (middle)
- **pia mater** (innermost)

CEREBROSPINAL FLUID

CSF is constantly produced by the choroid plexuses inside the ventricles of brain.

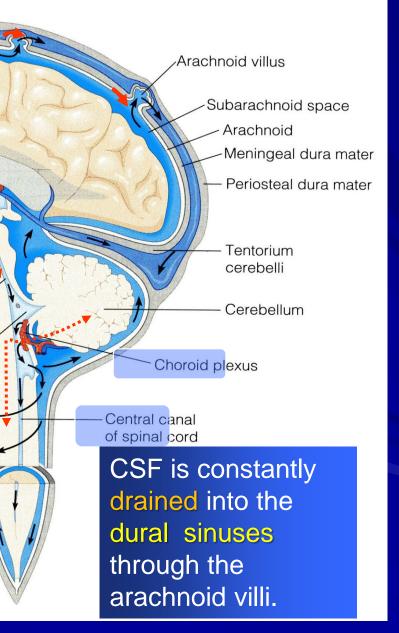
callosum

Pituitary gland

duct

ricle

Most of the CSF drains from the ventricles into the subarachoid space around the brain and spinal cord. A little amount flows down in the central canal of the spinal cord.



Peripheral Nerves

May be <u>sensory</u>, <u>motor</u> or <u>mixed</u>
 Two types:

Cranial:

- 12 pairs,
- attached to brain
- named & numbered from 1-12

Spinal:

31 pairs

- attached to spinal cord
- named and numbered according to the region of the spinal cord

CRANIAL NERVES

- 12 pairs
- 4 pairs are mixed
 - trigeminal n. (5th)
 - facial n. (7th)
 - glossopharyngeal n. (9th)
 - vagus n. (10th)
- 5 pairs are motor:
 - occulomotor n. (3rd)
 - trochlear n. (4th)
 - abducent n. (6th)
 - accessory n. (11th)
 - hypoglossal n. (12th)
- 3 pairs are sensory:
 - olfactory n. (1st)
 - optic n. (2nd)
 - vestibulocochlear n. (8th)

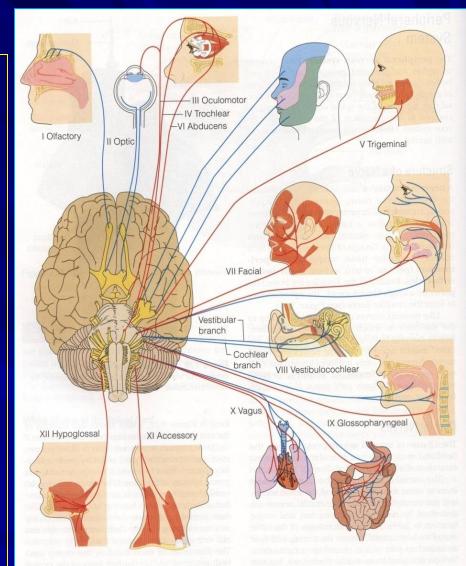
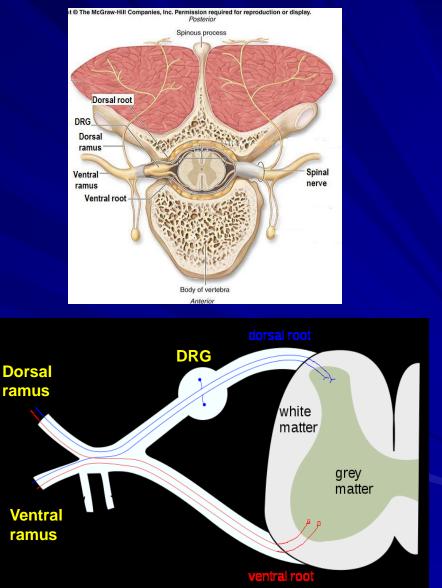


Figure 7.21 Distribution of cranial nerves. Sensory nerves are shown in blue, motor nerves in red. Although cranial nerves III, IV, and VI have sensory fibers, these are not shown because the sensory fibers account for only minor parts of these nerves.

Spinal Nerves and Nerve Plexuses

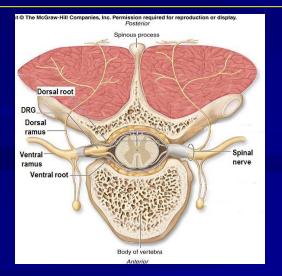
31 pairs

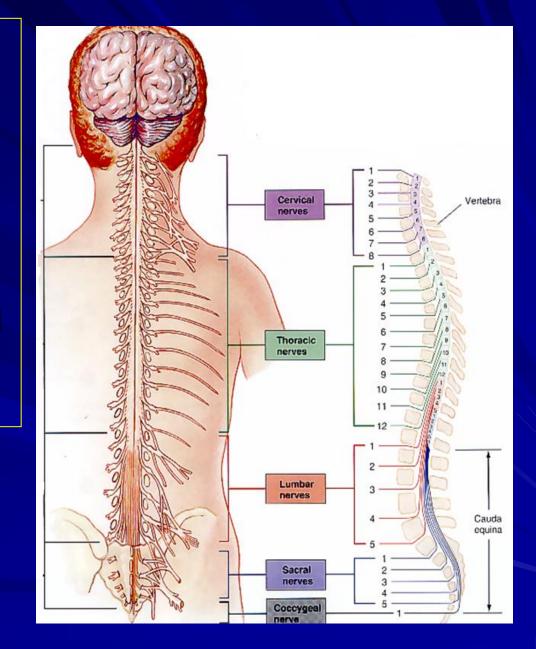
- Each spinal nerve is attached by two roots: dorsal (sensory) & ventral (motor)
- Dorsal root bears a sensory ganglion (DRG)
- Each spinal nerve exits from the intervertebral foramen and divides into a dorsal and ventral ramus
- The rami contain both sensory and motor fibers



The dorsal rami are distributed individually, supply the skin and muscles of the back

the ventral rami form plexuses (except in thoracic region where they form the intercostal nerves), and supply the anterior part of the body





Dermatomes

The segment of skin supplied by a segmental spinal nerve is called a 'Dermatome'

