

Amino acids

(Foundation Block)

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Learning outcomes

- What are the amino acids?
- General structure.
- Classification of amino acids.
- Optical properties.
- Amino acid configuration.
- Non-standard amino acids.
- Derivatives of amino acids.

What are amino acids?

- Amino acids are the chemical units that combine to form proteins.
- Amino acids are a type of organic acid that contain both a carboxyl group (COOH) and an amino group (NH₂).
- Amino acids play central roles: as building blocks of proteins and as intermediates in metabolism.
- Humans can produce about half of amino acids. The others must be supplied in the food.
- When proteins are digested or broken down, amino acids are left.

Common to all α -amino acids of proteins

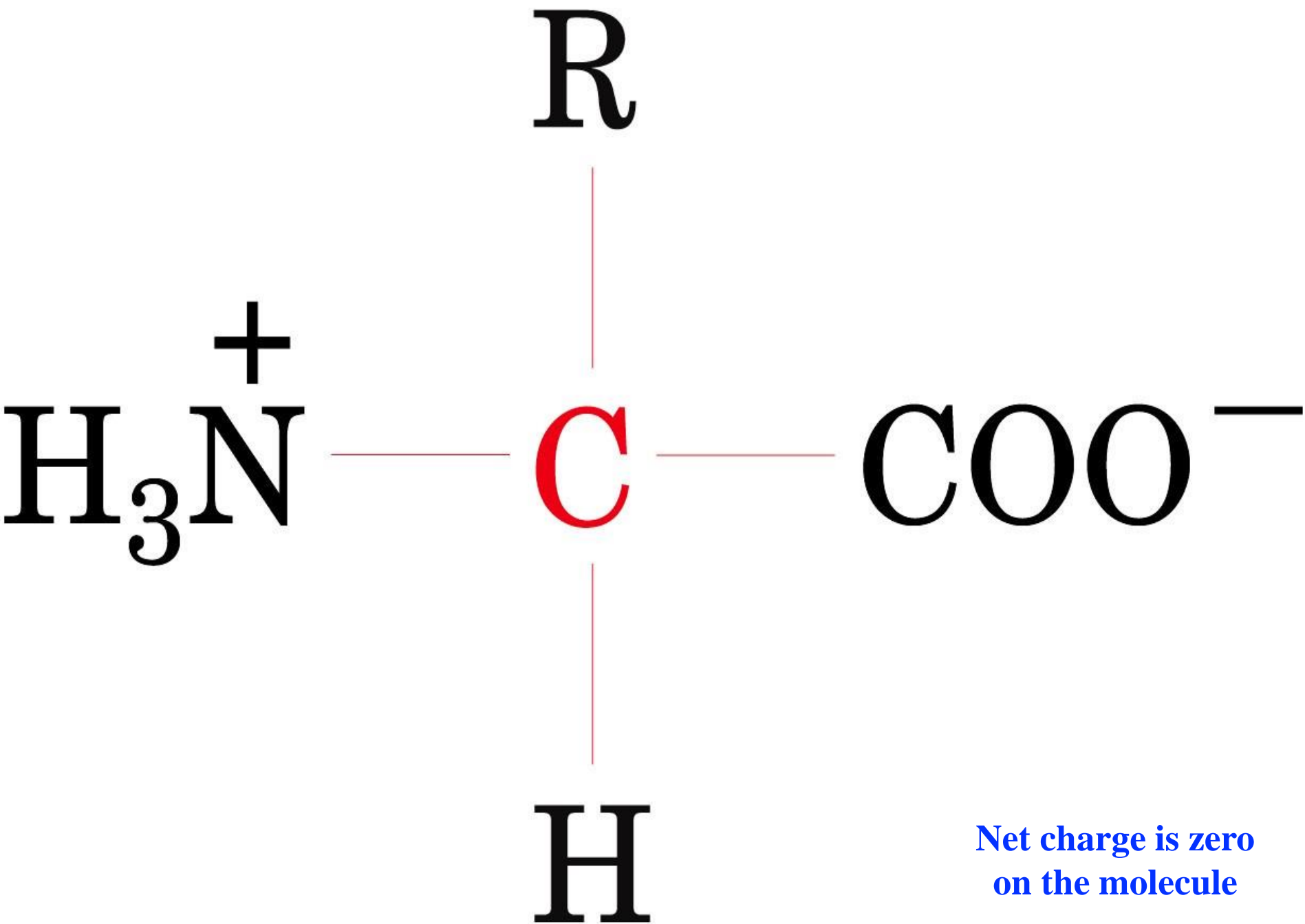


Amino group

Carboxyl group

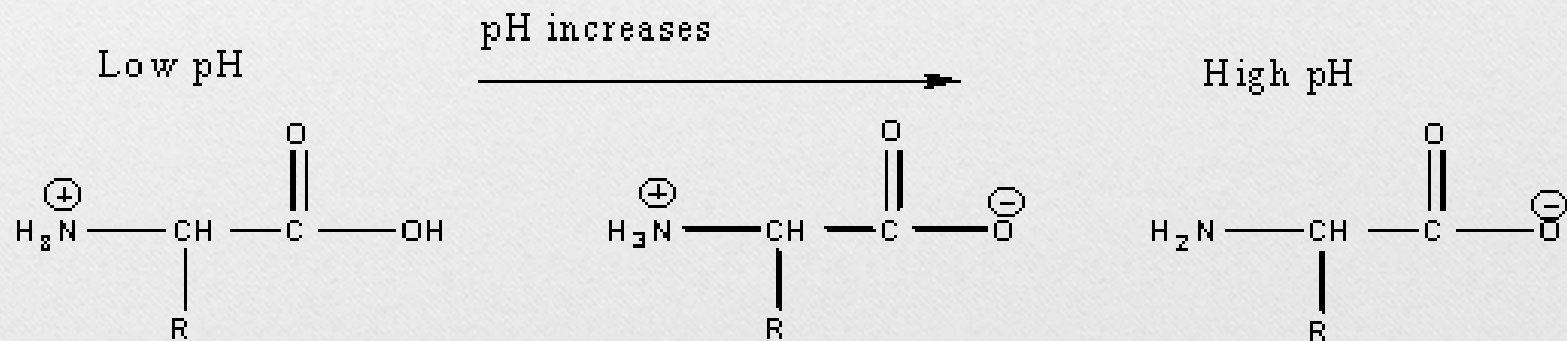
Side chain is distinctive for each amino acid.

α -Carbon is between the carboxyl and the amino groups.



Isoelectric point

- The pH at which the molecule carries no net charge.
- In acidic solution-cationic.
- In alkaline solution- anionic.

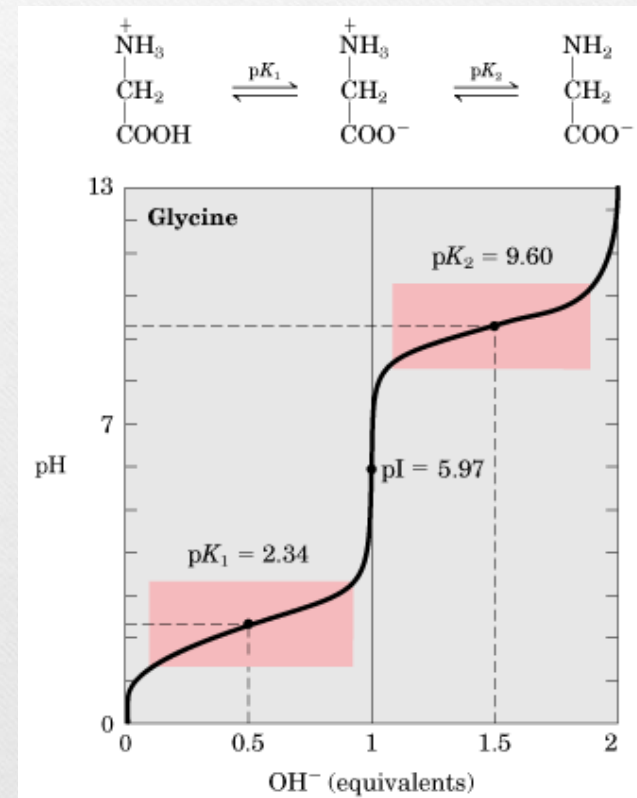


pK Value

- It is the ability of an acid to donate a proton (dissociate).
- Also known as **pKa** or acid dissociation constant.
- The pK values of α -carboxylic group is in the range of 2.2.
- The pK values of α -amino group is in the range of 9.4.

Titration curve of glycine

- **pK₁**- pH at which 50% of molecules are in cation form and 50% are in zwitterion form.
- **pK₂**- pH at which 50% of molecules are in anion form and 50% are in zwitterion form.
- Buffering action is maximum around pK values and minimum at pI.



Classification of amino acids

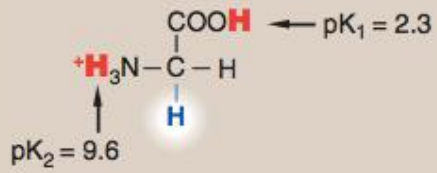
- **Based on the body requirement, amino acids can be classified into three groups:**
 - **Essential amino acids:** cannot be made by the body.
e.g. histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan, and valine.
 - **Nonessential amino acids:** produced by the body.
e.g. alanine, asparagine, aspartic acid, and glutamic acid.
 - **Conditional amino acids:** not essential, except in time of illness or stress.
e.g. arginine, cysteine, glutamine, tyrosine, glycine, proline, and serine.

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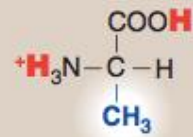
- **According to the properties of the side chains, amino acids can also be grouped into three categories:**
 - Nonpolar amino acids.
 - Uncharged amino acids.
 - Polar amino acids.

Nonpolar amino acids

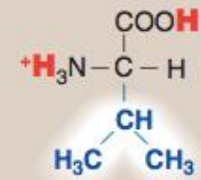
- Each amino acid does not bind or give off protons or participate in hydrogen or ionic bonds.
- These amino acids promote hydrophobic interactions.
- In proteins found in aqueous solution, the side chains of the nonpolar amino acids tend to cluster together in the interior of the protein.
- The nonpolar R-group fill up the interior of the folded protein and help give it its 3D shape.
- In proteins located in hydrophobic environment, such as a membrane, the nonpolar R-groups are found on the outside surface of the protein, interacting with lipid environment to stabilize protein structure.



Glycine



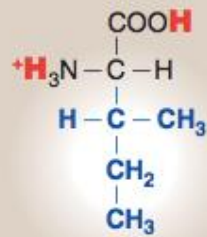
Alanine



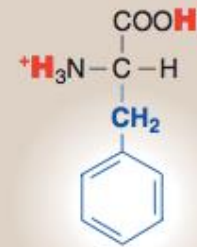
Valine



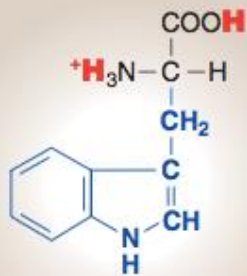
Leucine



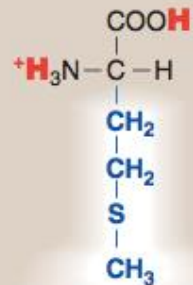
Isoleucine



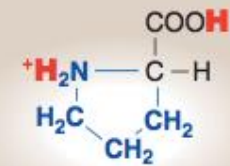
Phenylalanine



Tryptophan



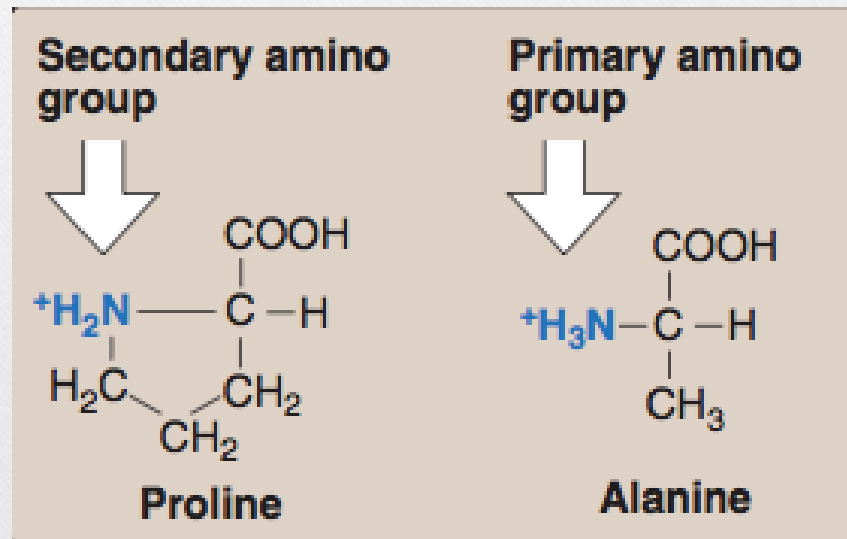
Methionine



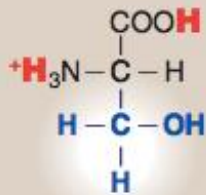
Proline

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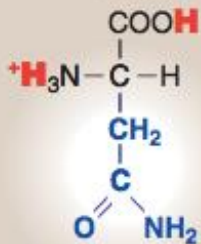
- The structure of the proline amino acid differs from other nonpolar amino acids that the side chain of proline and its α -amino group form a ring structure (an imino group).



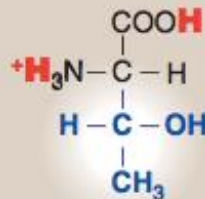
Uncharged amino acids



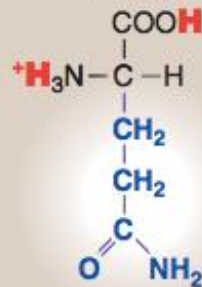
Serine



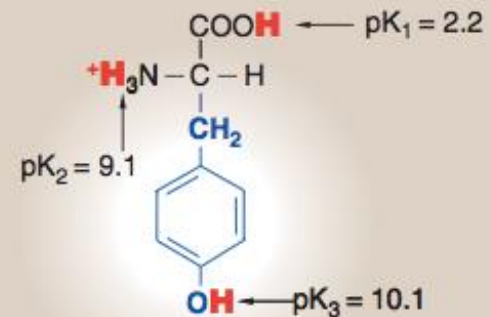
Asparagine



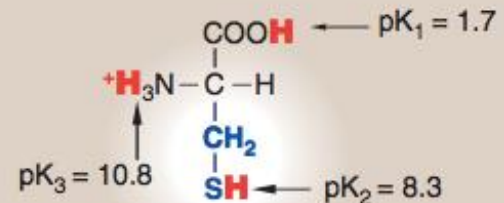
Threonine



Glutamine



Tyrosine



Cysteine

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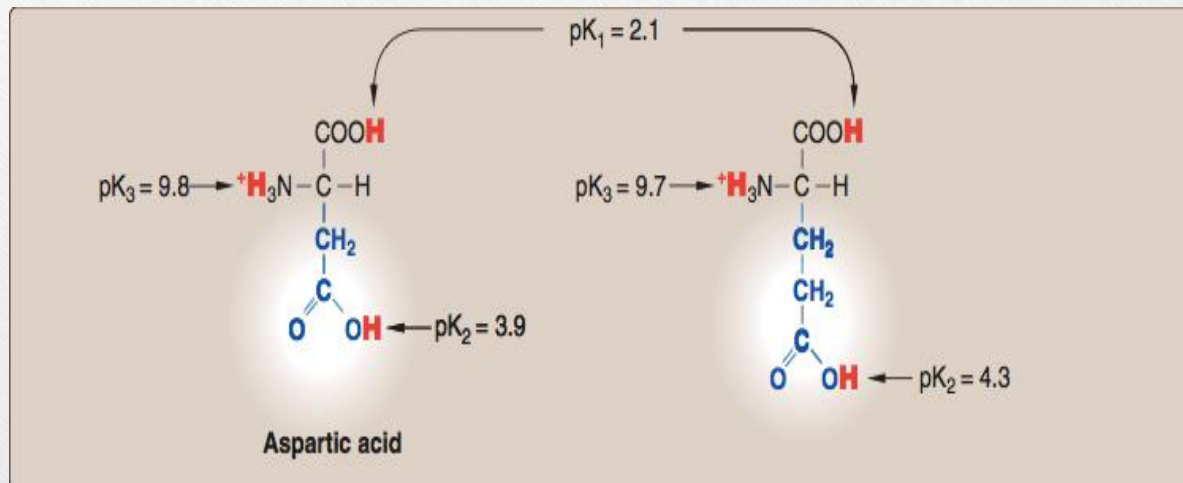
- These amino acids have zero net charge at neutral pH.

However

- The side chains of cysteine and tyrosine can lose a proton at an alkaline pH.
- Serine, Threonine and Tyrosine each contain a polar hydroxyl group that can participate in hydrogen bond formation.
- The side chains of asparagine and glutamine each contain a carbonyl group and an amide group, both of which can also participate in hydrogen bonds.

Polar amino acids

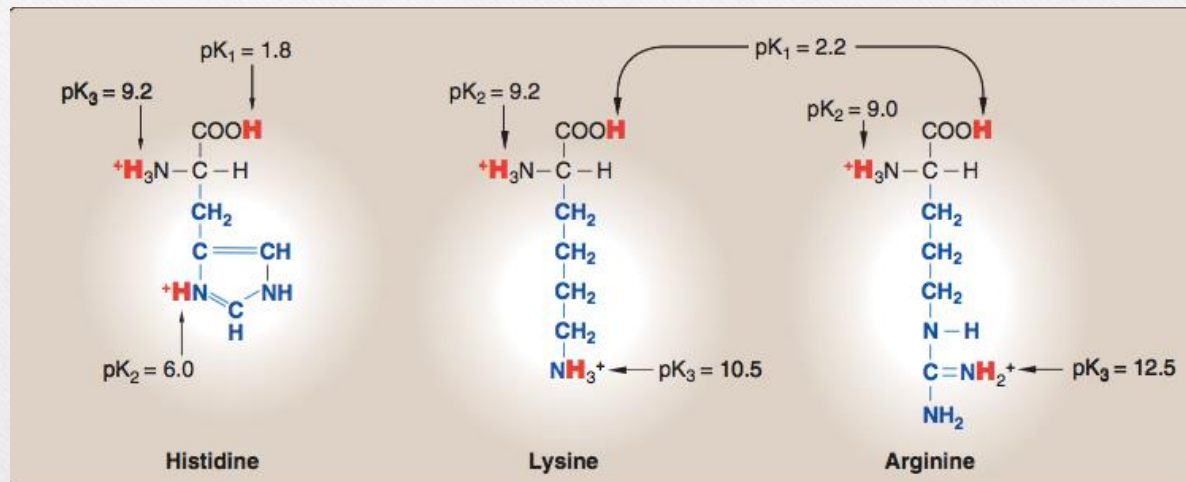
- Amino acids with acidic side chains:



- Aspartic and glutamic acids are proton donors.
- At neutral pH, these amino acids are fully ionized (negatively charged). So, they are called aspartate and glutamate.

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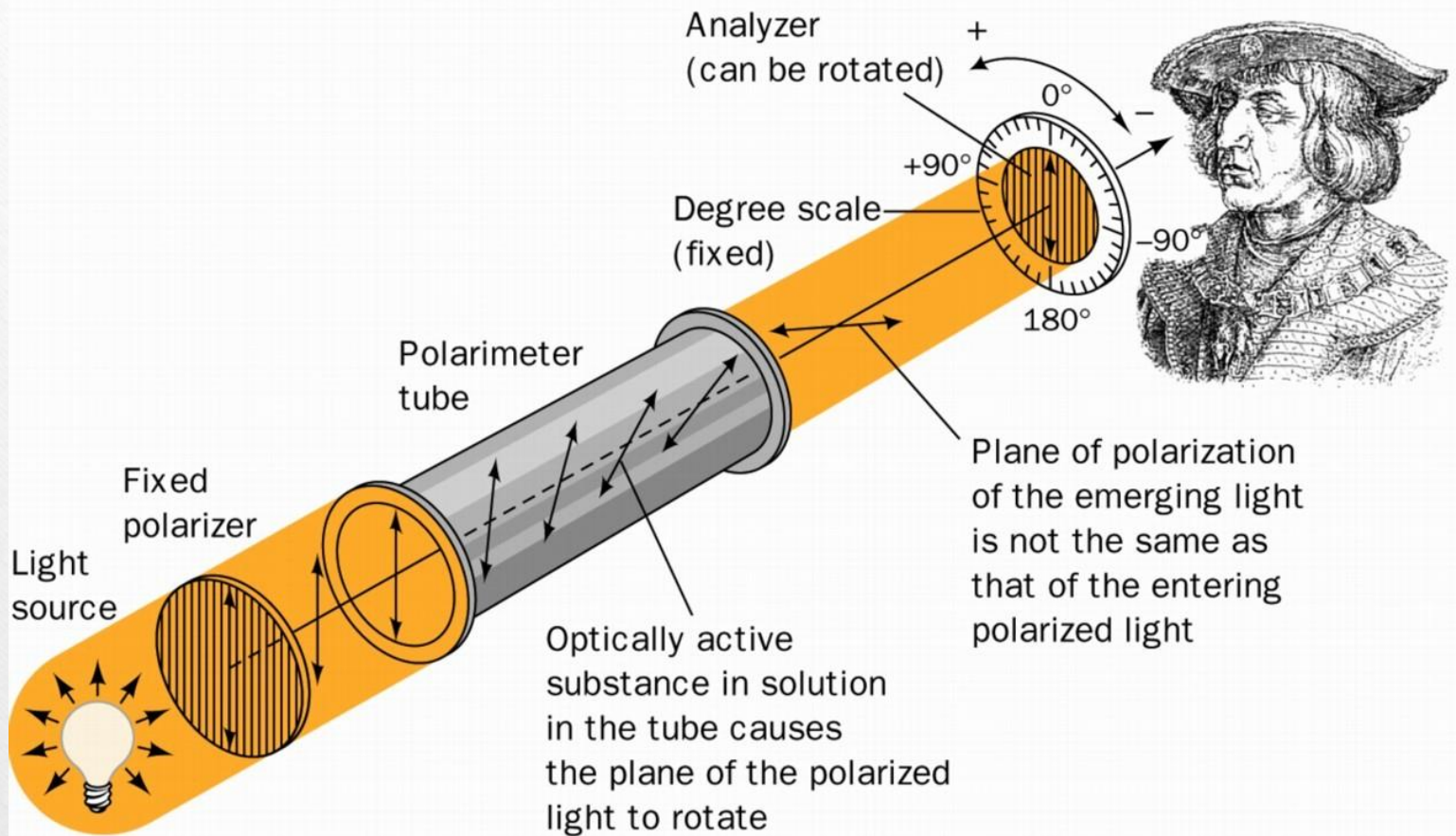
- Amino acids with basic side chains:



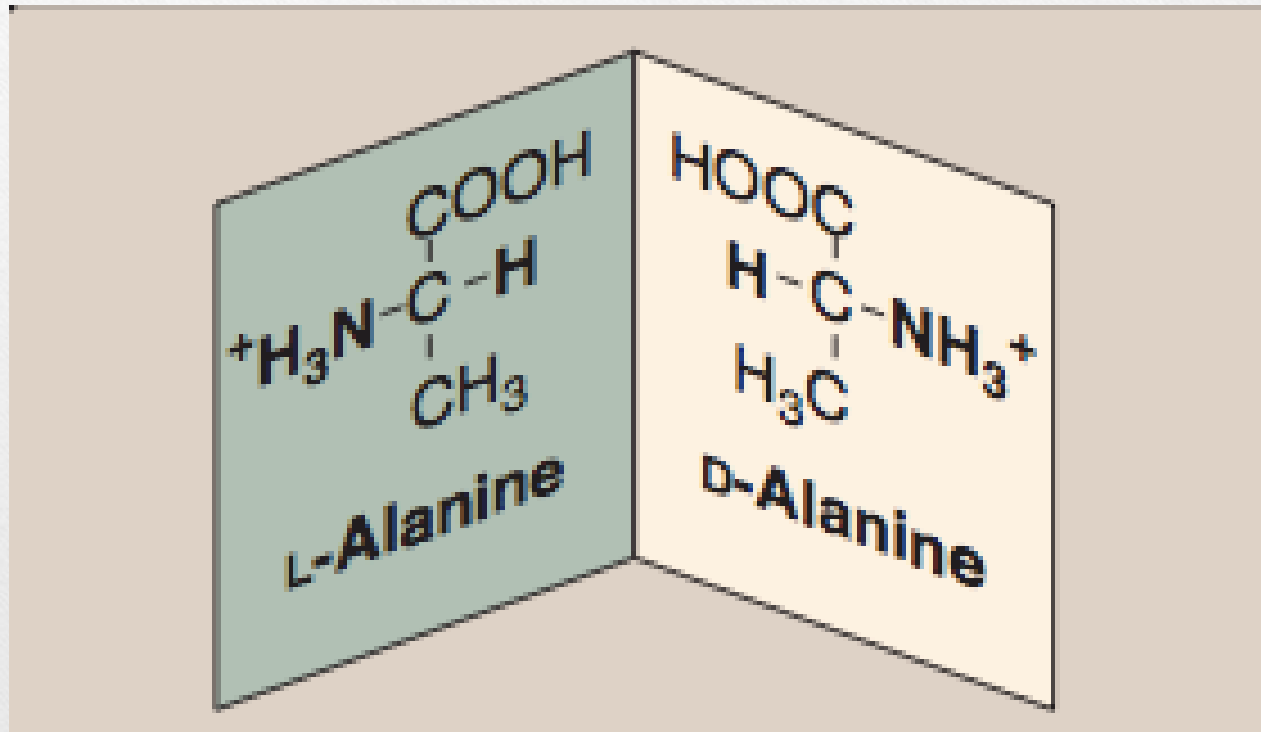
- Histidine, Lysine and Arginine are proton acceptors.
- At neutral pH, lysine and arginine are fully ionized (positively charged).

Optical properties

- The α -carbon of most of the amino acids is attached to four different chemical groups.
- Thus, asymmetric molecules are optically active, and symmetric molecules are optically inactive.
- All mammalian amino acids are optically active except glycine.
 - They rotate the plane of polarized light in a polarimeter.



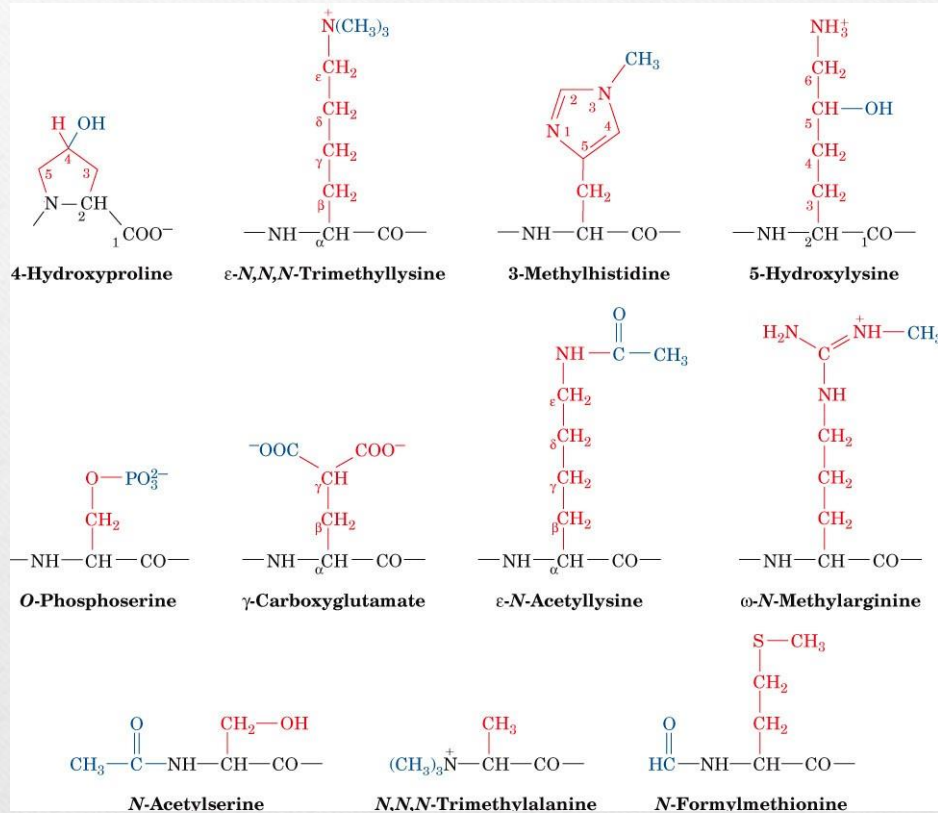
Amino acid configuration



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- L-Amino acids rotate polarized light to the left.
- D-Amino acids rotate polarized light to the right.
- Both L and D forms are chemically same.
- All mammalian amino acids are found in L-configuration.
- D-amino acids are found in antibiotics, plants and in the cell wall of microorganisms.

Non-standard amino acids



Amino acids derivatives

- **Gamma amino butyric acid** (GABA, a derivative of glutamic acid) and **dopamine** (from tyrosine) are neurotransmitters.
- **Histamine** (Histidine) is the mediator of allergic reactions.
- **Thyroxine** (Tyrosine) is an important thyroid hormone.

Take home messages

- Each amino acid has an α -carboxyl and a primary α -amino group (except for proline, which is an imino acid).
- At physiological pH., the α -carboxyl and α - amino groups are dissociated.
- Each amino acid also contains twenty distinctive side chains and the chemical nature of this side chain determines the function of the amino acid.
- All free amino acids and charged amino acids in peptide chains, can serve as buffers.

Take home messages

- Buffering action of proteins is maximum around pK values and minimum at isoelectric point.
- All mammalian amino acids are optically active except glycine.
- All mammalian amino acids are found in L-configuration

References

Lippincott's Illustrated reviews: Biochemistry 6th edition, Unit 1, Chapter 1, Pages 1-12.

Mnemonics

- Non-polar
- ***ProGAV PIL TM***

*-proline, glycine, alanine, valine, phenylalanine, isoleucine, leucine,
tryptophan, methionine*

Polar

"SomeTimes Cats Try A Growl"

-serine, threonine, cysteine, ,tryrosine asparagine, glutamine

Charged

"A Good Lawyer Aims High"

-Aspartate, Glutamate, Lysine, Arginine, Histidine