

KING SAUD UNIVERSITY COLLEGE OF MEDICINE

WEEK 1 – MUSCULOSKELETAL BLOCK (Female)				
Week (1) Starting: 11/12/2016 to 15/12/2016 (12/03/1438 to 16/03/1438) INTRODUCTION & THE SKELETON				
CHAIR PERSON: Dr. Ahmad Bin Nasser				
CO-CHAIR: Dr. Ahmad Al Barrag				
Sunday 11 December 2016	Monday 12 December 2016	Tuesday 13 December 2016	Wednesday 14 December 2016	Thursday 15 December 2016
8:00 - 9:00am Self-directed Learning	8:00-9:00am Resting membrane potential (Physiology) Dr. Manan Alhakhbany	8:00 - 9:00am Fracture and bone healing (Pathology) Dr. Amany Fathaddin	8:00 - 9:00am Self-directed Learning	8:00 - 9:00am Congenital and developmental bone diseases (Pathology) Dr. Amany Fathaddin
9:00 - 10:00am Histology of cartilage and bone (Histology) Dr. Raesa Mohammad	9:00 - 10:00am Nerve action potential & Properties of nerve fibers (Physiology) Dr. Manan Al-Hakhbany	9:00 - 10:00am Bones of the upper limbs (Anatomy) Dr. Jamilah El-Medany	9:00 - 10:00am Self-directed Learning	9:00 - 10:00am Cervical spine (Anatomy) Dr. Sanaa Alshaarawi
10:00 - 11:00am Overview of the Musculoskeletal block Dr. Ahmad Bin Nasser	10:00 - 11:00am Self-directed Learning	10:00 - 11:00am Self-directed Learning	10:00 - 11:00am Introduction to myopathies and Muscular dystrophy (Pathology) Dr. Hala Kfoury	10:00 - 11:00am Intramuscular injection/ Subcut. Inj. Clinical Skills (F1)
11:00- 12:00nn Physiology of the bone (Physiology) Dr. Aida Korish	11:00- 12:00nn Histology of the muscles (Histology) Dr. Raesa Mohammad	11:00 - 12:00nn Bones of the lower limbs (Anatomy) Dr. Sanaa Alshaarawi	11:00- 12:00nn Glycogen metabolism in muscle (Biochemistry) Dr. Sumbul Fatma	11:00- 12:00nn Intramuscular injection/ Subcut. Inj. Clinical Skills (F2)
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 - 2:00pm Self-directed Learning	1:00 -2:00pm Self-directed Learning	1:00 - 3:00pm Practical Appendicular Skeleton (Anatomy and Histology) Dr. Sanaa Alshaarawi	1:00 - 3:00pm Salam	1:00 - 2:00pm Self-directed Learning
2:00-3:00pm Self-directed Learning	2:00-3:00pm Self-directed Learning			2:00-3:00pm Self-directed Learning

KING SAUD UNIVERSITY COLLEGE OF MEDICINE

WEEK 2 – MUSCULOSKELETAL BLOCK (Female)				
Week (2) Starting: 18/12/2016 to 22/12/2016 (19/03/1438 to 23/03/1438)				
BACK				
CHAIR PERSON: Dr. Ahmad Bin Nasser				
CO-CHAIR: Dr. Ahmad Al Barrag				
Sunday 18 December 2016	Monday 19 December 2016	Tuesday 20 December 2016	Wednesday 21 December 2016	Thursday 22 December 2016
8:00 - 10:00am Problem-based Learning Case 1 Tutorial 1	8:00-9:00am Nerve conduction studies and EMG (Physiology) Dr. Fawzia Al Rouq	8:00-9:00am Self-directed Learning	8:00 - 10:00am Problem-based Learning Case 1 Tutorial 2	8:00 - 9:00am Neuromuscular transmission (Physiology) Dr. Manan Alhakhbany
	9:00 - 10:00am Thoracolumbar Spine (Anatomy) Dr. Sanaa Alshaarawi	9:00 - 10:00am Self-directed Learning		9:00 - 10:00am Physiology of muscle contraction (Physiology) Dr. Manan Alhakhbany
10:00 - 11:00am Physiology of the motor unit (Physiology) Dr. Aida Korish	10:00 -11:00am Muscles of the back (Anatomy) Dr. Sanaa Alshaarawi	10:00 - 11:00am NSAIDs (Pharmacology) Prof. Yieldez	10:00 - 12:00nn Practical Vertebrae (Anatomy & Radiology) Dr. Sanaa Alshaarawi	10:00 - 11:00am Examine muscle power and strength Clinical Skills (F1)
11:00 – 12:00nn Self-directed Learning	11:00 – 12:00nn Mechanisms of auto-immunity (Immunology) Dr. Reem Saghiri	11:00 – 12:00nn Sacrum and pelvis (Anatomy) Dr. Jamilah El-Medany		11:00- 12:00nn Examine muscle power and strength Clinical Skills (F2)
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 -2:00pm Self-directed Learning	1:00 -2:00pm Self-directed Learning	1:00 - 3:00pm Practical Muscles of the back (Anatomy) Dr. Sanaa Alshaarawi	1:00 - 3:00pm Salam	1:00 -2:00pm Muscle relaxants (Pharmacology) Prof. Hanan Hagar
2:00-3:00pm Self-directed Learning	2:00-3:00pm Self-directed Learning			2:00-3:00pm Self-directed Learning

KING SAUD UNIVERSITY COLLEGE OF MEDICINE

WEEK 3 – MUSCULOSKELETAL BLOCK (Female)				
Week (3) Starting: 25/12/2016 to 29/12/2016 (26/03/1438 to 30/03/1438) UPPER LIMBS				
CHAIR PERSON: Dr. Ahmad Bin Nasser				
CO-CHAIR: Dr. Ahmad Al Barrag				
Sunday 25 December 2016	Monday 26 December 2016	Tuesday 27 December 2016	Wednesday 28 December 2016	Thursday 29 December 2016
<p style="text-align: center;">8:00 - 10:00am</p> <p style="text-align: center;">Problem-based Learning</p> <p style="text-align: center;">Case 2 Tutorial 1</p>	<p style="text-align: center;">8:00-9:00am</p> <p style="text-align: center;">Arm & Elbow</p> <p style="text-align: center;">Dr. Sanaa</p> <p style="text-align: center;">Anatomy</p>		<p style="text-align: center;">8:00 - 10:00am</p> <p style="text-align: center;">Problem-based Learning</p> <p style="text-align: center;">Case 2 Tutorial 2</p>	<p style="text-align: center;">8:00 - 9:00am</p> <p style="text-align: center;">Self-directed Learning</p>
	<p style="text-align: center;">9-10 am</p> <p style="text-align: center;">Anatomy of the Forearm</p> <p style="text-align: center;">Dr. Sanaa Anatomy</p>			
<p style="text-align: center;">10:00 – 11:00am</p> <p style="text-align: center;">Pectoral region and axilla</p> <p style="text-align: center;">(Anatomy)</p> <p style="text-align: center;">Dr. Sanaa Alshaarawi</p>	<p style="text-align: center;">10:00 - 11:00am</p> <p style="text-align: center;">Hand & wrist</p> <p style="text-align: center;">Dr. Jamilah</p> <p style="text-align: center;">Anatomy</p>	<p style="text-align: center;">10:00 - 12:00nn</p> <p style="text-align: center;"><u>Practical</u></p> <p style="text-align: center;">Muscles and bones of the upper limb</p> <p style="text-align: center;">(Anatomy & Radiology)</p> <p style="text-align: center;">Dr. Sanaa Alshaarawi</p>	<p style="text-align: center;">10:00 - 11:00am</p> <p style="text-align: center;">Tips on answering examination questions</p> <p style="text-align: center;">Prof. Samy Azer</p>	<p style="text-align: center;">10:00 - 11:00am</p> <p style="text-align: center;">Examine knees</p> <p style="text-align: center;"><u>Clinical Skills</u></p> <p style="text-align: center;">(F1)</p>
<p style="text-align: center;">11:00- 12:00nn</p> <p style="text-align: center;">Axillary and median nerve</p> <p style="text-align: center;">(Anatomy)</p> <p style="text-align: center;">Dr. Jamilah El-Medany</p>	<p style="text-align: center;">11:00- 12:00nn</p> <p style="text-align: center;">Creatine metabolism and collagen diseases</p> <p style="text-align: center;">(Biochemistry)</p> <p style="text-align: center;">Dr. Sumbul Fatma</p>		<p style="text-align: center;">11:00- 12:00nn</p> <p style="text-align: center;">Disease modifying anti-rheumatic drugs</p> <p style="text-align: center;">(Pharmacology)</p> <p style="text-align: center;">Prof. Yeldeez</p>	<p style="text-align: center;">11:00- 12:00nn</p> <p style="text-align: center;">Examine knees</p> <p style="text-align: center;"><u>Clinical Skills</u></p> <p style="text-align: center;">(F2)</p>
<p style="text-align: center;">12-1</p> <p style="text-align: center;">Radial & Ulnar nerves</p> <p style="text-align: center;">Dr. Jamilah</p> <p style="text-align: center;">Anatomy</p>	<p style="text-align: center;">Lunch</p> <p style="text-align: center;">12:00 – 1:00pm</p>	<p style="text-align: center;">Lunch</p> <p style="text-align: center;">12:00 – 1:00pm</p>	<p style="text-align: center;">Lunch</p> <p style="text-align: center;">12:00 – 1:00pm</p>	<p style="text-align: center;">Lunch</p> <p style="text-align: center;">12:00 – 1:00pm</p>
	<p style="text-align: center;">1:00 -2:00pm</p> <p style="text-align: center;">Aerobic and anaerobic metabolism in muscles</p> <p style="text-align: center;">(Biochemistry)</p> <p style="text-align: center;">Dr. Rana Hasanato</p>	<p style="text-align: center;">1:00 -2:00pm</p> <p style="text-align: center;">Self-directed Learning</p>	<p style="text-align: center;">1:00 -3:00pm</p> <p style="text-align: center;">Salam</p>	<p style="text-align: center;">1:00 - 3:00pm</p> <p style="text-align: center;"><u>Practical</u></p> <p style="text-align: center;">Vessels & Nerves of the upper limb</p> <p style="text-align: center;">(Anatomy)</p> <p style="text-align: center;">Dr. Sanaa Alshaarawi</p>
<p style="text-align: center;">2:00- 3:00pm</p> <p style="text-align: center;">Self-directed Learning</p>	<p style="text-align: center;">2:00- 3:00pm</p> <p style="text-align: center;">Self-directed Learning</p>	<p style="text-align: center;">2:00- 3:00pm</p> <p style="text-align: center;">Self-directed Learning</p>		

KING SAUD UNIVERSITY COLLEGE OF MEDICINE

WEEK 4 – MUSCULOSKELETAL BLOCK (Female)

Week (4) Starting: 01/01/2017 to 05/01/2017 (03/04/1438 to 07/04/1438)

LOWER LIMBS

CHAIR PERSON: Dr. Ahmad Bin Nasser

CO-CHAIR: Dr. Ahmad Al Barrag

Sunday 01 January 2017	Monday 02 January 2017	Tuesday 03 January 2017	Wednesday 04 January 2017	Thursday 05 January 2017
8:00 - 9:00am Frontal medial thigh (Anatomy) Dr. Sanaa Alshaarawi	8:00 - 9:00am <i>Embryology of the Limbs</i> Dr. Jamilah	8:00 - 9:00am Physical and physiological factors in athletic performance (Physiology) Dr. Aida Korish	8:00 - 9:00am Muscle adaptation to exercise (Physiology) Dr. Aida Korish	8:00 - 9:00am Laboratory and clinical aspects of cellulitis and necrotizing fasciitis (Microbiology) Dr. Fawzia Alotaibi
9:00 - 10:00am Gluteal region and back of the thigh (Anatomy) Dr. Sanaa Alshaarawi	9:00 - 10:00am Frontal lateral compartment of the leg and dorsum foot (Anatomy) Dr. Jamilah El-Medany	9:00 - 10:00am Vascular anatomy of the lower limb (Anatomy) Dr. Jamilah El- Medany	9:00 - 10:00am Self-directed Learning	9:00 - 10:00am Self-directed Learning
10:00 - 11:00am Popliteal fossa, back of the leg and sole of the foot (Anatomy) Dr. Sanaa Alshaarawi	10:00 - 11:00am Sciatic nerve (Anatomy) Dr. Jamilah El-Medany	10:00 - 11:00am Direct acting cholinergic drugs (Pharmacology) Prof. Hanan Hagar	10:00 - 12:00nn <u>Practical</u> Muscles and bones of the lower limbs	10:00 - 11:00am Surface anatomy of upper & lower limbs "F1" (Anatomy & Clinical skills)
11:00- 12:00nn <i>Vascular Anatomy of the Upper Limb</i> Dr. Jamilah <i>Anatomy</i>	11:00- 12:00nn Non – infectious Arthritis (Pathology) Dr. Amany Fathaddin	11:00- 12:00nn Indirect acting cholinergic drugs (Pharmacology) Prof. Hanan Hagar	11:00- 12:00nn (Anatomy & Radiology) Dr. Sanaa Alshaarawi	11:00- 12:00nn Surface anatomy of upper & lower limbs "F2" (Anatomy & Clinical skills)
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 – 2:00pm Self-directed Learning	1:00 -2:00pm Osteomyelitis and septic arthritis (Pathology) Dr. Amany Fathaddin	1:00 – 2:00pm Self-directed Learning	1:00 -3:00pm Salam	1:00 - 3:00pm <u>Practical</u> Myopathis and osteoarthropathies (Pathology) Dr. Shaesta Zaidi/ Dr. Amany Fathaddin
2:00 - 3:00 pm Self-directed Learning	2:00 - 3:00 pm Self-directed Learning	2:00 - 3:00 pm Self-directed Learning		

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WEEK 5 – MUSCULOSKELETAL BLOCK (Female)				
Week (5) Starting: 08 /01 /2017 to 12/01/2017 (10 /04/1438 to 14/04/1438)				
JOINTS				
CHAIR PERSON: Dr. Ahmad Bin Nasser				
CO-CHAIR: Dr. Ahmad Al Barrag				
Sunday 08 January 2017	Monday 09 January 2017	Tuesday 10 January 2017	Wednesday 11 January 2017	Thursday 12 January 2017
8:00 - 10:00am Problem-based Learning Case 3 Tutorial 1	SALAM EXAMINATION (Not confirmed yet)	8:00 - 9:00am Microbiology of joints and bone infection (Microbiology) Prof. Hanan Habib	8:00 - 10:00am Problem-based Learning Case 3 Tutorial 1	8:00 - 9:00am Self-directed Learning
10:00 - 11:00am Joints (Anatomy) Dr. Sanaa Alshaarawi		9:00 - 10:00am Hip, knee joints and ankle joints (Anatomy) Dr. Sanaa Alshaarawi		9:00 - 12:00nn Clinical skills Assessment OSCE
		11:00- 12:00nn Anatomy of the shoulder (Anatomy) Dr. Jamilah El-Medany	10:00 - 11:00am Purine degradation and gout (Biochemistry) Dr. Sumbul Fatma	
Lunch 12:00 – 1:00pm		Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	
1:00 - 2:00pm Mycytoma (Microbiology) Dr. Maha Al Muhaizea		1:00 - 2:00pm Self-directed Learning	1:00 - 3:00pm <u>Practical</u> Vessels & Nerves of the lower limb	1:00 - 2:00pm Drugs in gout (Pharmacology) Prof. Yieldez
2:00 - 3:00 pm Self-directed Learning		2:00 - 3:00 pm Self-directed Learning	(Anatomy) Dr. Sanaa Alshaarawi	2:00 - 3:00 pm Self-directed Learning

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WEEK 6 – MUSCULOSKELETAL BLOCK (Female)				
Week (6) Starting: 15/01/2017 to 19/01/2017 (17/04/1438 to 21/04/1438)				
CONSOLIDATION				
CHAIR PERSON: Dr. Ahmad Bin Nasser				
CO-CHAIR: Dr. Ahmad Al Barrag				
Sunday 15 January 2017	Monday 16 January 2017	Tuesday 17 January 2017	Wednesday 18 January 2017	Thursday 19 January 2017
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Week 7: Examination week from 22 January 2017 to 26 January 2017.