NS&IDS EPIDEMIOLOGY

NSAIDs amounts for 3.8 of all prescriptions

A significant quantity is sold over the counter(OTC)

Use increases with age

90% of all NSAIDs prescriptions are issued to patients at ages over 65 years

NSAIDs is the most prominent risk for gastric ulceration, hemorrhage and perforation

The prevalence of NSAID-induced ulcers is 10% to 30%

ILOS

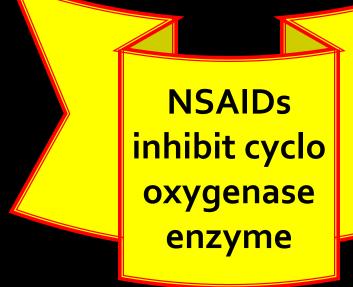
To focus on the general mechanism of action of NSAIDs

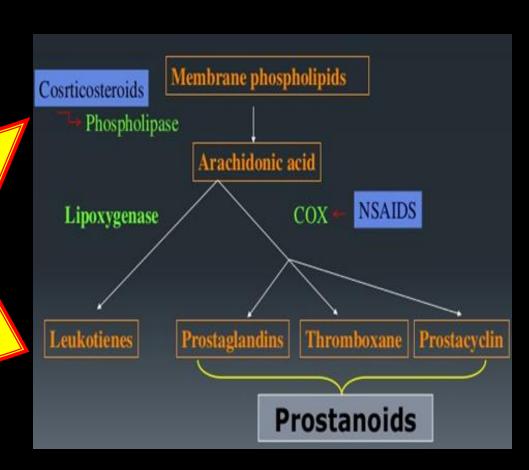
To outline the common pharmacodynamic effects and ADRs of NSAIDs

To classify NSAIDs on basis of their specifity to COX enzyme

To detail on the phramacokinetic properties and pharmacodynamic effects of <u>selected</u> NSAIDs

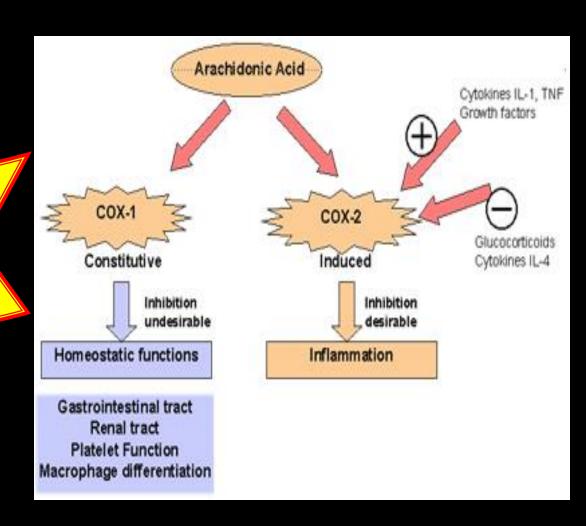
MECHANISM OF ACTION OF NSAIDS





COX ISOFORMS

COX3 is found in the brain



CLASSIFICATION OF NSAIDS

Nonselective COX-1/COX-2 Inhibitors

Aspirin, Diclofenac

Selective COX-2 Inhibitors

Coxibs

Preferential COX-2 inhibitors

Meloxicam

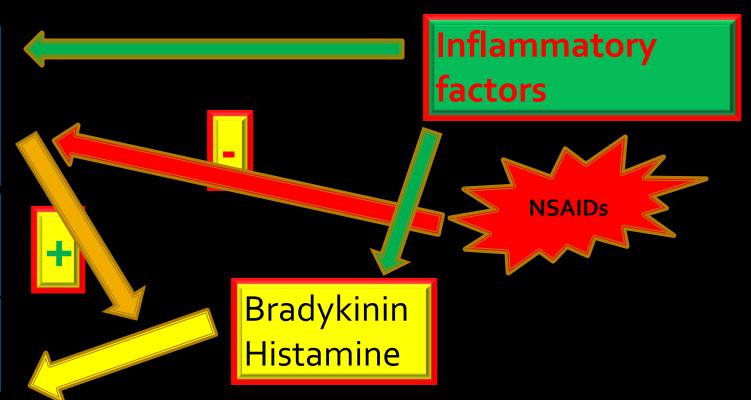
COX-3 inhibitors

Paracetamol

PGS

Nociceptors at nerve

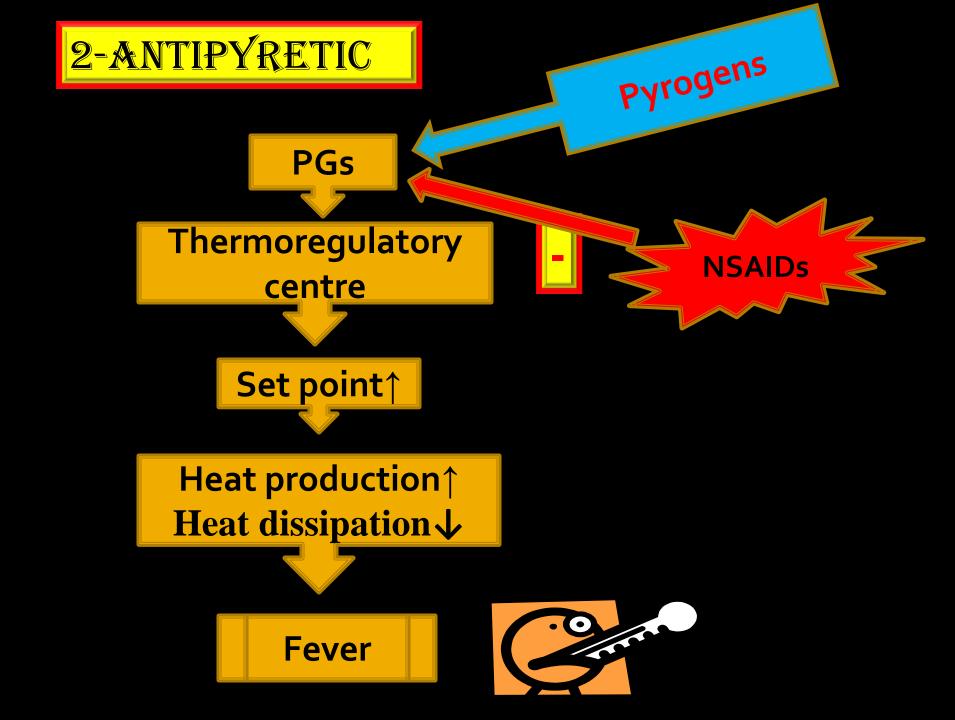
PAIN

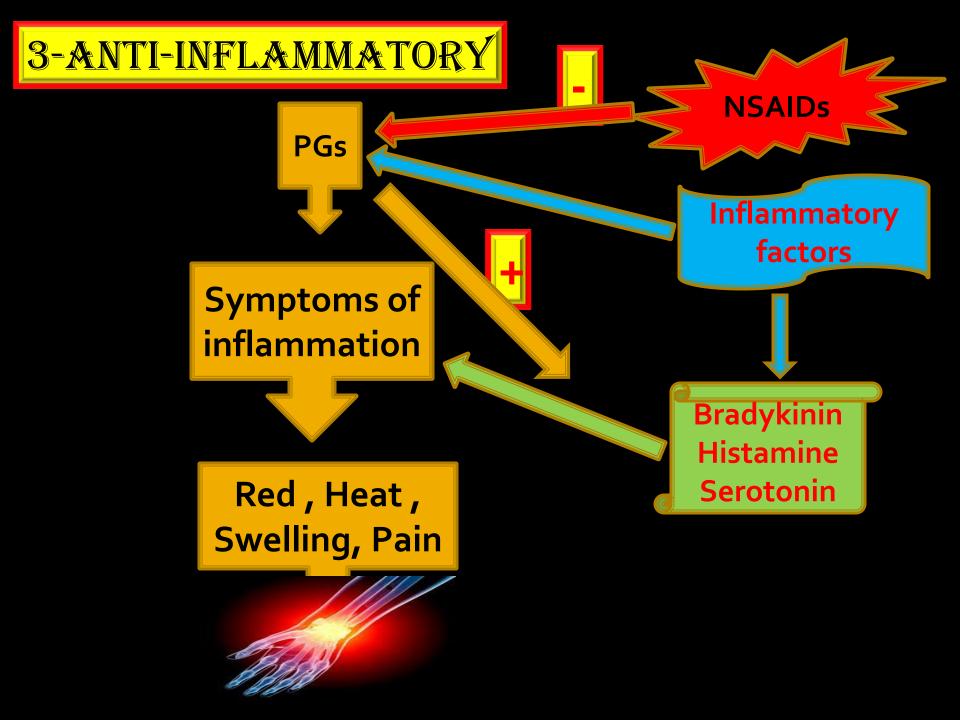




PHARMACODÝNAMIC EFFECTS

1-ANALGESIC





CLINICAL USES

Fever

Headache, Migraine, Dental pain, Dysmenorrhea

Common cold

Rheumatoid arthritis / myositis

ADRS

GIT upsets (nausea, vomiting)

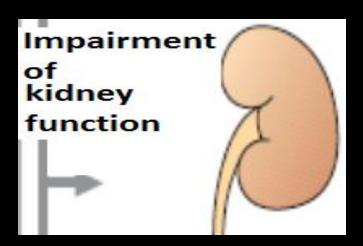
GIT bleeding & ulceration

Hypersensitivity reaction

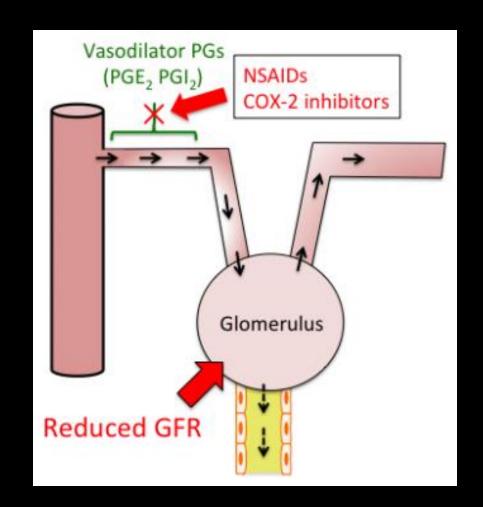
Inhibition of uterine contraction

Salt & water retention

ADRS



NSAIDs cause hemodynamicallymediated acute renal failure



NON SELECTIVE COX INHIBITORS

Aspirin

Diclofenac

Ibuprofen

Ketoprofen

Naproxen

Piroxicam

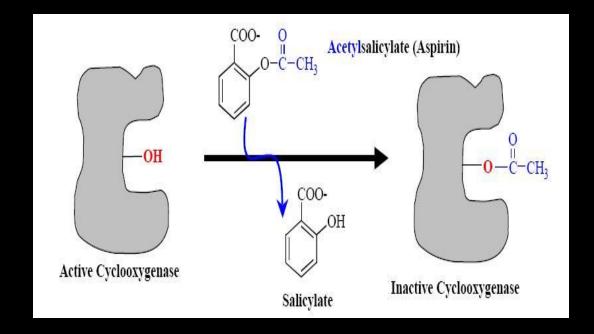
Indomethacin

NON SELECTIVE COX INHIBITORS



MECHANISM OF ACTION

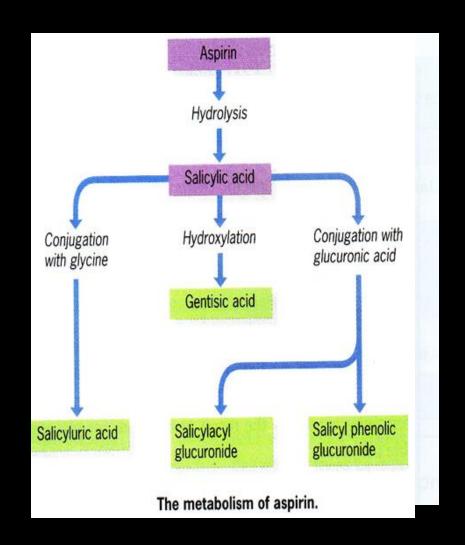
Aspirin inhibits COX irreversibly



PHARMACOKINETICS

Metabolized by hydrolysis and then conjugation

Why a high dose has a long plasma half- life?



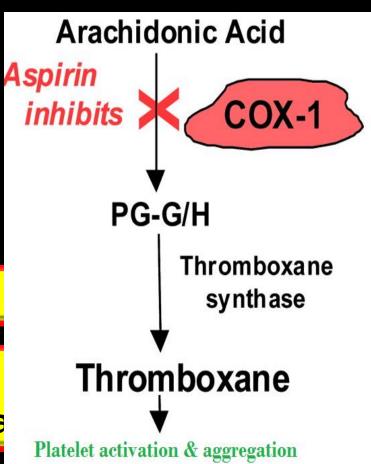
CLINICAL USES

Acute rheumatic fever

Reducing the risk of myocardial infarction (cardioprotective)

Prevention of pre-eclampsia

Chronic use of small doses, reduce the incidence of colon ca



ADRS AT CLINICAL DOSES

Hypersensitivity

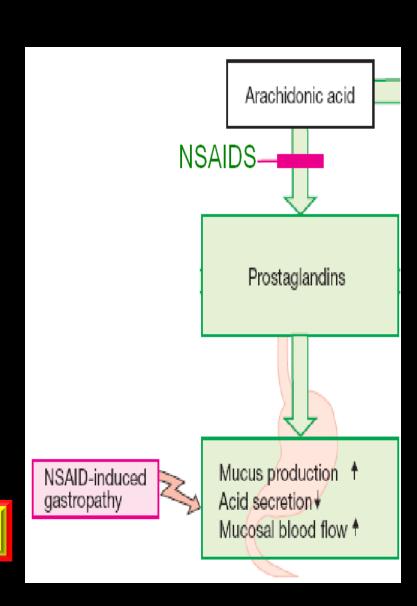
Acute Gouty arthritis

Reye's syndrome

Impaired haemostasis

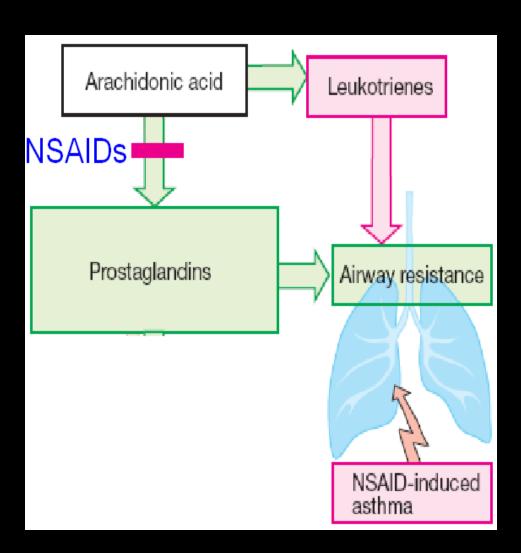
GIT side effects, dyspepsia, nausea, vomiting

Mucosal damage→ hemorrhage



ADRS AT CLINICAL DOSES

Bronchospasm in aspirin- sensitive asthmatics

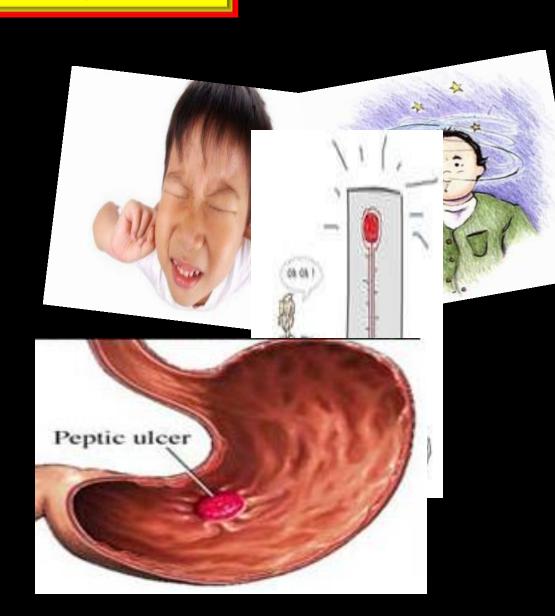


ADRS AT OVERDOSE

Salicylism (ringing of ear, vertigo)

Hyperthermia

Gastric ulceration & bleeding



CONTRAINDICATIONS

Peptic ulcer

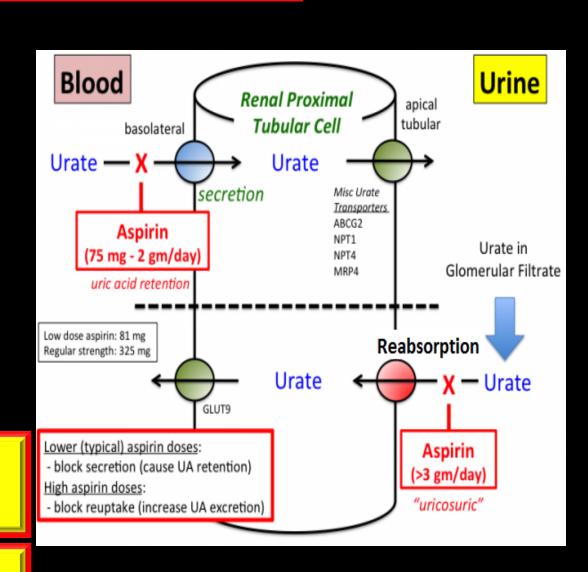
Pregnancy

Hemophilic patients

Patients taking anticoagulants

Children with viral infections

Gout (small doses)



NON SELECTIVE COX INHIBITORS



CLINICAL USES

Analgesic

OAntipyretic

Anti inflammatory

Acute gouty arthritis

oLocally to prevent post- operative ophthalmic inflammation (solution)

PREPARATIONS

Diclofenac with misoprostol decreases upper gastrointestinal ulceration, but result in diarrhea.

Diclofenac with omeprazole to prevent recurrent bleeding

o.1% ophthalmic preparation for postoperative ophthalmic inflammation.

A topical gel 3% for solar keratoses.

Rectal suppository as analgesic

Oral mouth wash.

Intramuscular preparations

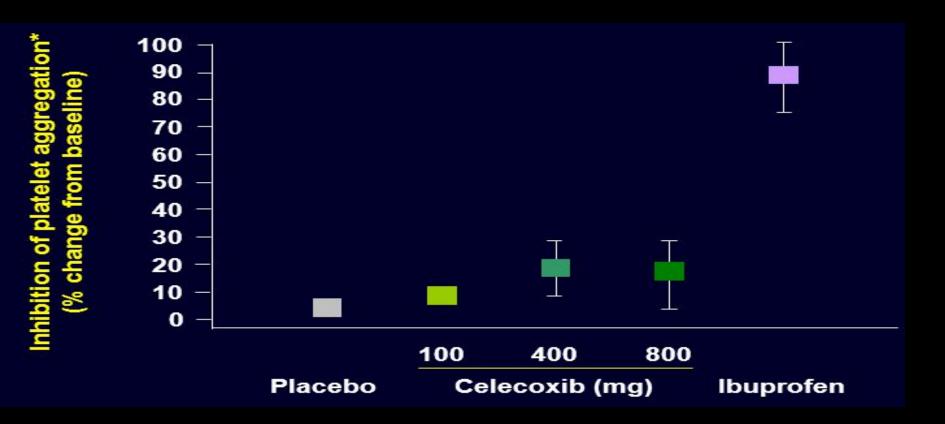


SELECTIVE COX-2 INHIBITORS

Celecoxib
Paracoxib
Cumiracoxib
Rofecoxib
Valdecoxib



SELECTIVE COX-2 INHIBITORS



No effect on platelet aggregation (COX-1)

GENERAL ADRS

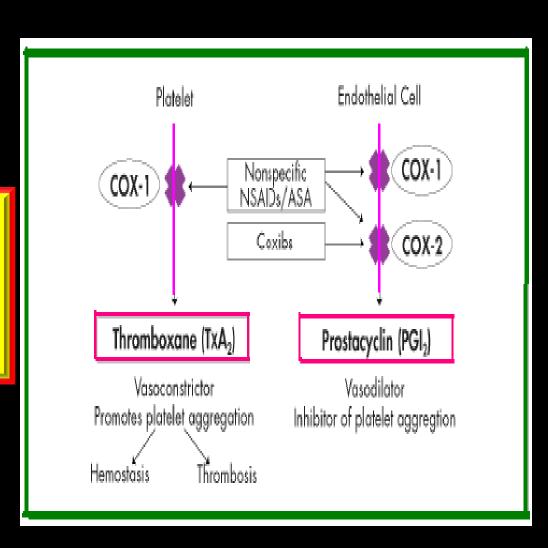
Renal toxicity

Dyspepsia & heartburn

Allergy

Cardiovascular (do not offer the cardioprotective effects of non-selective group)

Should not be given to a patient with CV disease



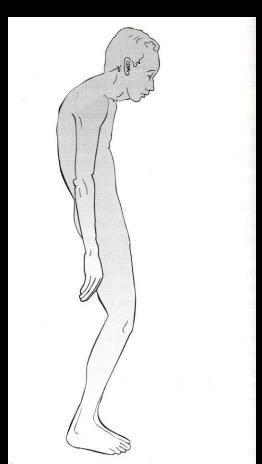
GENERAL CLINICAL USES

Short-term use in postoperative patients

Acute gouty arthritis

Acute musculoskeletal pain

Ankylosing spondylitis



6. Typical posture of patient with ankylosing spondylitis.

SELECTIVE COX-2 INHIBITORS



Half-life 11 hours

Food decrease its absorption

Highly bound to plasma proteins

Contra indicated in patients allergic to sulphonamides

PREFERENTIAL COX-2 INHIBITORS



 Preferentially inhibits COX-2 over COX-1, particularly at low dose

 Associated with lower GIT symptoms & complains, compared to non –selective COX inhibitors

ot¹⁄2=20 hours

Used for osteoarthritis & rheumatoid arthritis

COX-3 INHIBITORS

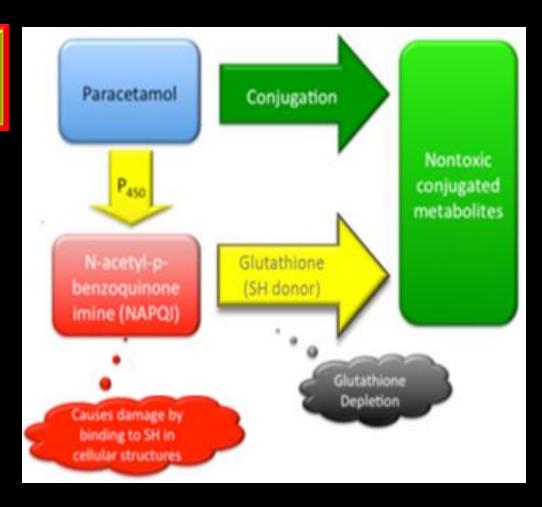


Weak anti inflammatory effect

Given orally , well absorbed.

t¹/2=2-4h

Metabolized by conjugation at therapeutic doses



CLINICAL USES

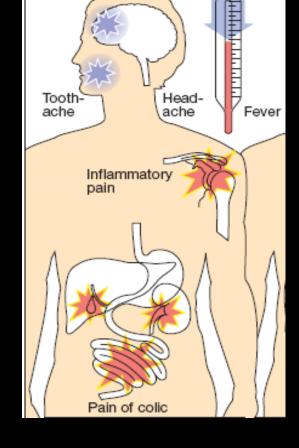
Commonly used analgesic antipyretic instead of aspirin in cases of:-

Peptic or gastric ulcers

Bleeding tendency

Allergy to aspirin

Viral infections in children



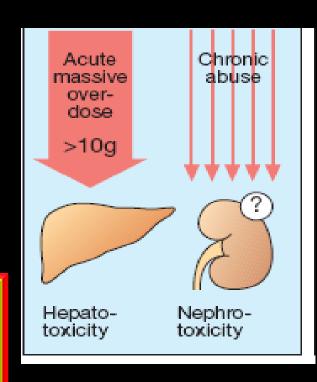
Pregnancy

ADRS

Mainly on liver due to its active metabolite

Therapeutic doses elevate liver enzymes

In large doses it is metabolized into Nacetyl-p-benzoquinone imine, which causes liver damage



Treatment of toxicity of paracetamol is by N-acetylcysteine to neutralize the toxic metabolite