





Lecture : MERS-CoV & other viruses

- important
- Extra notes
- Doctors notes

Objectives:

- <u>Characteristics</u> of MERS-CoV, Rhinovirus, Coxsackieviruses Picronaviruses, Adenovirus, Epstein Barr virus & other.
- Mode of <u>transmission</u>
- Clinical <u>features</u>
- Lab <u>diagnosis</u>
- Treatment & prevention

1- Introduction

Severe forms of Coronavirus

Structural features: Enveloped

virus with (+ve) polarity ss-RNA genome.

Family: Coronaviridae. Transmission:
Inhalation of
infectious
aerosol

droplets.

The 2nd cause of common cold.

It causes zoonotic disease*

Ex: SARS-CoV MERS-CoV

*(the virus is capable of infecting humans and animals including birds, camels and others).

NOTE:

(-ve) polarity: we said in the previous lecture it is mean that the RNA of the virus will transcription to mRNA then

translation to protein

But (+ve) polarity: the RNA of the virus will act as a mRNA so it's going to translation directly (NO transcription)

SARS-CoV

Severe Acute Respiratory Syndrome (SARS)

- ✓ In winter of 2002, a new respiratory disease known as (SARS) emerged in China after a new mutation of coronavirus.
- ✓ The disease spread worldwide due to travelling.
- ▼ The animal reservoir may be cats or rats ائتقل منهم للإنسان وصار خطیر
- ✓ SARS starts with high fever followed by cough with difficulty in breathing (atypical pneumonia).
- ✓ Associated with high mortality due to respiratory failure.

MERS-COV general info. – Epidemiology – Transmission – risk group - Clinical Features – Complications - Lab diagnosis – Treatment - Prevention

Middle East Respiratory Syndrome coronavirus (MERS-CoV)

• is viral respiratory illness first reported in Saudi Arabia in 2012. It is caused by a coronavirus.

Epidemiology:

- ✓ -So far, all the cases have been linked to countries in and near the Arabian Peninsula.
- ✓ -Highly infectious, peak in winter.
- ✓ -Incubation period 2-14 days.

Transmission:

- ✓ -This virus spread from ill people to others through close contact.
- ✓ -There is no evidence of sustained spreading in community settings.
- ✓ -Evidence also suggested that the virus can be acquired from direct close contact with animals.

• Risk group:

- ✓ -Individuals with weakened immune systems
- ✓ -People with pre-existing medical conditions (or comorbidities) such as diabetes, cancer, and chronic lung, heart, and kidney disease.

Clinical Features:

- ✓ They had fever, cough, and shortness of breath.
- ✓ Some people also had gastrointestinal symptoms including diarrhea and nausea/vomiting.
- ✓ Some infected people had mild symptoms (such as cold-like symptoms) or no symptoms at all and they recovered completely.
- ✓ Most people with comorbidities developed severe acute respiratory illness.

Complications:

✓ - Severe complications include pneumonia and kidney failure. About 30% of people with MERS-Codied.

MERS-COV general info. – Epidemiology – Transmission - Clinical Features – Complications - Lab diagnosis – Treatment - Prevention

• Lab diagnosis:

- ✓ Detection of the viral nucleic acid (NA) by PCR.
- ✓ Other methods: Isolation of the virus from NPA by cell culture.

Treatment:

✓ No specific antiviral treatment. For severe cases, current treatment includes care to support vital organ functions.

• Prevention:

People are advised to protect themselves from respiratory illnesses by taking everyday preventive actions:

- ✓ -Wash your hands often with soap and water for 20 seconds, and use an alcohol-based hand sanitizer.
- ✓ -Cover your nose and mouth with a tissue when you cough or sneeze, then throw the tissue in the trash.
- ✓ -Avoid touching your eyes, nose and mouth with unwashed hands.
- ✓ -Avoid personal contact, such as kissing, or sharing cups or eating utensils, with sick people.
- ✓ -Clean and disinfect frequently touched surfaces such as toys and doorknobs.











(Media Inquiries

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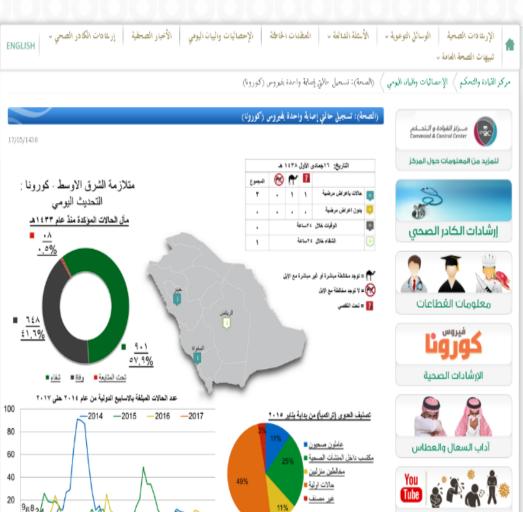


فيديو – معلومات تعمك عن كورونا













(الصحة): لا توجد حالات إصابة جديدة

والصحة): تسجيل حالة إصابة واحدة فيروس وكورونا)

2- Rhinovirus

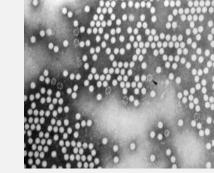
- Family: Picornaviridae.
- Structural features:

Non-enveloped virus with (+ve) polarity ssRNA genome, more than 100 serotypes available.

- Transmission:
 - Inhalation of infectious aerosol droplets.
- Clinical symptoms:

The 1st cause of common cold. The main symptoms of common cold are sneezing, clear watery nasal discharge with mild sore throat, and cough.

- Lab diagnosis:
 - routine testing by detection of the viral NA from NPA using PCR.
- Treatment and prevention:
 - Usually self-limiting disease, no specific treatment, and no vaccine available.



3- Coxsackieviruses & other Picronaviruses

- Family: Picornaviridae.
- Structural features:
 - -Non-enveloped virus with (+ve) polarity ssRNA genome
 - -Coxsackieviruses group A & B, Echovirus, Enteroviruses.
- Transmission:
 - -Inhalation of infectious aerosol droplets.
- Clinical symptoms:
 - -Coxsackieviruses commonly cause herpangina and pharyngitis
 - -Echovirus & other Enteroviruses cause respiratory symptoms
- Lab diagnosis:
 - -routine testing by detection of the viral NA from NPA using PCR.
- Treatment and prevention:
 - -Usually self-limiting disease, no specific treatment, and no vaccine available.

4- Adenovirus

- Family: Adenoviridae.
- Structural features: Non-enveloped virus with ds-DNA genome.
- Pathogenesis: Adenovirus infects epithelial cell lining respiratory tract, conjunctiva, urinary tract, gastrointestinal tract and genital tract.
- Clinical syndrome:
 - 1. Phrayngitis and tonsilitis.
 - 2. Pharyngioconjunctivitis
 - 3. Conjunctivitis.
 - 4. Pneumonia: in preschool children.
 - 5. Gastroenteritis.
 - 6. Acute hemorrhagic cystitis.
 - 7. UTI (Cervicitis and urethritis).
- Lab diagnosis: routine testing by Direct detection of the Ag from NPA by direct IFA (immunoflourecent assay).
- Other detection methods: tissue culture, PCR.
- Treatment and prevention: No specific treatment or vaccine.

5- Epstein – Barr Virus (EBV)

- Family:
 - √ Herpesviridae
- Structure:
 - √ -Enveloped , icosahedral dsDNA virus
 - ✓ -It is lymphotropic (means likes the lymphoid tissues)
 - ✓ -It has oncogenic properties:
 - -Burkitt's lymphoma
 - -Nasopharyngeal carcinoma
 - B-cell lymphoma
 - Clinical Features:
 - ✓ Immunocompetent host: Asymptomatic Infectious mononucleosis [or glandular fever]
 - ✓ IP = 4-7 weeks
 - ✓ Fever, sore throat, tonsillitis, pharyngitis, malaise, hepatosplenomegaly & abnormal LFT, hepatitis.

Epidemiology

- ✓ Distribution :worldwide (Mainly in teenagers & young adults)
- Transmission:
 - ✓ <u>Saliva</u> [kissing disease] <u>Blood</u> [rarely]
 - ✓ Age: Socio-economic status: SE
 - ✓ Low SE class--- >early childhood
 - ✓ High SE class> ---- adolescence

5- Epstein – Barr Virus (EBV)

Complications:

- ✓ (acute air way obstruction, splenic rupture, CNS infection)
- ✓ Immunocompromised host: Lymphoproliferative disease (LD), Oral hairy leukoplakia (OHL)

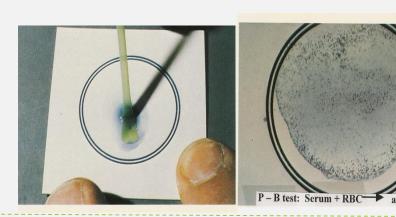
Diagnosis:

1-Hematology:

WBC ↑ , lymphocytosis (Atypical lymphocytes)

- 2-Serology tests:
 - Non-specific AB test: Heterophile Anti-bodies +ve , Paul-Bunnell or monospot test
 - EBV-specific AB test: Detection of IgM Anti-bodies to EBV capsid antigen by ELISA
- Treatment and Prevention:

There is no treatment for Infectious mononucleosis, No vaccine



GOOD LUCK!

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