

Thrombolytic therapy

- **Summary.** (Slides 2,3 and 4)
- **MCQs.** (slide 5)
- **SAQ.** (slide 6)

لا تطرق باب الماضي وتنتظر كثيرا فيضيع المستقبل،
بل قف على ناصية الحلم وقاتل.

Thrombolytic agents:

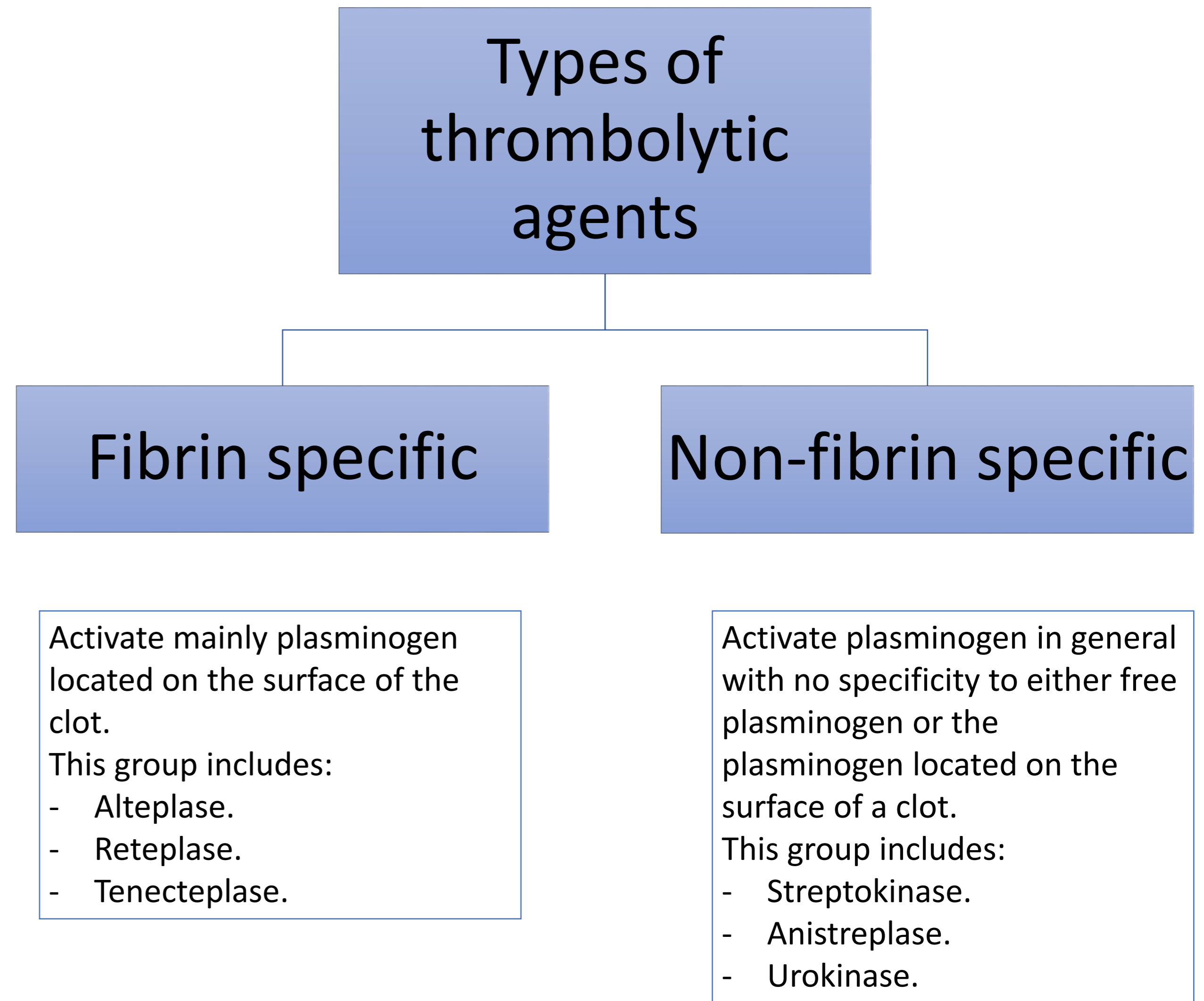
Drugs used to lyse already formed blood clot in clinical settings where ischemia may be fatal.

Mechanism of action of thrombolytic agents:

They have common mechanism of action by stimulating activation of plasminogen via converting plasminogen to “pro-enzyme” to plasmin “active enzyme” which leads to lysis of the insoluble fibrin into soluble derivatives.

Types of thrombolytic agents:

Thrombolytic agents produce their action by activation of plasminogen. However, the activation of free plasminogen could lead to serious side effects like bleeding and to prevent that we had to make new drugs that are fibrin specific which activate plasminogen located in an already formed clot with a little affinity to the free plasminogen.



Non-fibrin specific agents

	Streptokinase	Anistreplase	Urokinase
Mechanism of action	Acts indirectly by forming streptokinase-plasminogen complex which then convert plasminogen to active plasmin.	It is an anisoylated plasminogen-streptokinase complex and it's a prodrug.	An human enzyme that is secreted from the kidney which is a direct plasminogen activator.
Pharmacokinetics and uses	<ul style="list-style-type: none"> • T_½ less than 20 min. • Given as IV infusion. • Used in arterial and venous thrombosis. 	<ul style="list-style-type: none"> • Longer duration of action. • Greater clot selectivity. • Given as IV bolus. 	<ul style="list-style-type: none"> • Elimination t_½ 12 to 20 min. • Given IV infusion. • Used in acute massive pulmonary embolism.
Side effects and contraindications	<ul style="list-style-type: none"> • Antigenicity. • Allergic reaction. <ul style="list-style-type: none"> • Bleeding <ul style="list-style-type: none"> ➤ Should not be given to <ul style="list-style-type: none"> • Patient with recent streptococcus infection. • Previous administration of the drug. 		<ul style="list-style-type: none"> • Minimal fibrin selectivity. • Expensive and to used nowadays.

Fibrin specific agents

Alteplase.	Reteplase	tenecteplase
<ul style="list-style-type: none"> • Is a recombinant form of human t-PA. • Has a very short duration of action "5 min". • It's usually administered as an intravenous bolus followed by an infusion. (60 mg IV bolus then 40 mg infusion over 2 hours). • Used in: <ul style="list-style-type: none"> • Elevation of ST segment. • Pulmonary embolism 	<ul style="list-style-type: none"> • A variant of recombinant t-PA. • It has longer duration of action (15 min). • Has enhanced fibrin specificity. • Given as 2 IV bolus injections of 10 U each. <small>(NO INFUSION)</small> • Used in: <ul style="list-style-type: none"> • Elevation of ST segment. • Pulmonary embolism. 	<ul style="list-style-type: none"> • Another modified human t-PA. • Prepared by recombinant DNA technology. • Has t_½ of more than 30 min. • Can be administered as a single IV bolus. • More fibrin-specific <u>with longer duration of action.</u> ❖ Approved only to be used in acute myocardial infarction.

Fibrinolytic Inhibitors (Antiplasmins)

inhibit plasminogen activation and thus inhibit fibrinolysis and promote clot stabilization.

Drug	Aminocaproic Acid & tranexamic acid	Aprotinin
Mechanism	Competitive Inhibition of Plasminogen Activation.	inhibits fibrinolysis by blocking the action of plasmin (Plasmin antagonist).
Administration	Orally.	Orally or IV.
Uses	<ul style="list-style-type: none">▪ Adjuvant therapy in hemophilia.<ul style="list-style-type: none">▪ Postsurgical bleeding.▪ Antidote for Fibrinolytic therapy-induced bleeding.	

These drugs work like antidotes for fibrinolytic drugs. Similar to Protamine (Antidote of the anticoagulant, heparin) or Vitamin K (Antidote of the oral anticoagulant warfarin).

MCQs

1. Which is considered "fibrin selective" because it rapidly activates plasminogen that is bound to fibrin.
 - A. Alteplase.
 - B. Fondaparinux.
 - C. Streptokinase.
 - D. Urokinase.
2. Which of the following drugs is approved to be used in ST segment elevation with longer half-life?
 - A. Urokinase.
 - B. Alteplase.
 - C. Reteplase.
 - D. Anistreplase.
3. Streptokinase is a bacterial protein that is produced by:
 - A. Alpha-hemolytic streptococci.
 - B. Beta-hemolytic streptococci.
 - C. Staphylococcus aureus.
 - D. Escherichia coli.
4. Which cannot be used in a patient with previous streptococcal infection?
 - A. Streptokinase.
 - B. Anistreplase.
 - C. Urokinase.
 - D. A and B.
4. Which one of the following has the longest duration of action?
 - A. Urokinase.
 - B. Anistreplase.
 - C. Streptokinase.
 - D. Tenecteplase.
5. Which of the following is a prodrug?
 - A. Urokinase.
 - B. Streptokinase.
 - C. Tenecteplase.
 - D. Anistreplase.
6. Which of the following is a relative contraindication for using thrombolytic agents?
 - A. Major surgery within 2 weeks.
 - B. Pulmonary fat embolism after multiple fractures.
 - C. Severe uncontrolled hypertension.
 - D. Active internal bleeding.
7. Which one of the following can be used as an antidote for warfarin?
 - A. Aminocaproic acid.
 - B. Aprotinin.
 - C. Protamine.
 - D. Vitamin K.

Answers:
1. A
2. C
3. B
4. D
4. D
5. B
6. D
7. C
8. D

A 66-year-old man presents to the emergency room with 10/10 substernal chest pain, and pressure radiating into his jaw that has been occurring for the last six hours. He has a history of coronary artery disease, hypertension, diabetes, and dyslipidemia. After examination the ECG shows ST segment elevation. They diagnosed him with ST segment elevation Myocardial infarction.

Q1: What is the drug of choice in this situation?

All tissue plasminogen activator can be used specially tenecteplase because it's approved to be used in such an acute situation.

Q2: What is the mechanism of action of this drug?

It's a tissue plasminogen activator which is fibrin specific that works by activating plasminogen bound to the clot surface.

Q3: What is the time frame should this drugs be administered in and why?

4 hours.
Because the clot get resistant to the thrombolytic agents with aging and there will be a massive tissue damage which that can't be reversible with the reperfusion.

Q4: List 3 absolute contraindication of thrombolytic agents.

- Intracranial hemorrhage.
- Major surgery with 2 weeks.
- Active internal bleeding.

Q5: Write ONE major advantage of fibrin specific thrombolytic over non-fibrin specific agents.

Less affinity to systemic circulating plasminogen which makes the risk of bleeding much less.



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