ANATOMY OF KIDNEYS

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Objectives

By the end of this course you should be able to

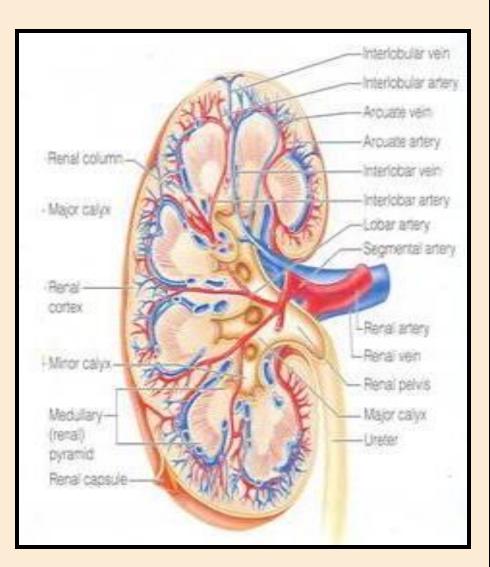
discuss: components of

THE URINARY SYSTEM (kidney, ureter ,urinary bladder, urethra)

By the end of this lecture
you should be able to discuss the

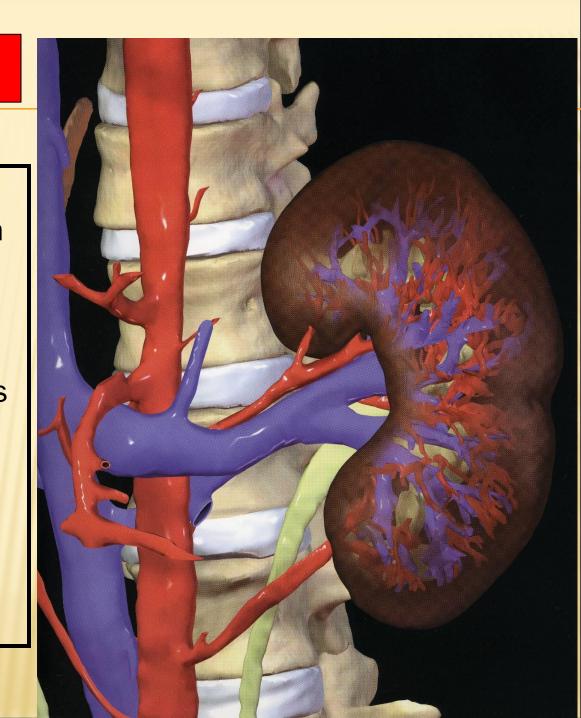
KIDNEY

- SHAPE & POSITION.
- SURFACE ANATOMY.
- **EXTERNAL FEATURES.**
- HILUM and its CONTENTS.
- × RELATIONS.
- × INTERNAL STRUCTURE.
- ***** BLOOD SUPPLY
- LYMPH DRAINAGE...
- NERVE SUPPLY.



INTRODUCTION

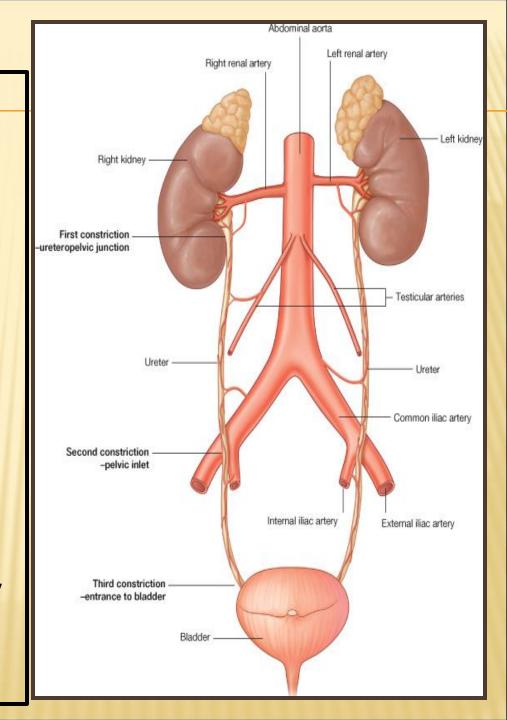
- Every day, each kidney filters liters of fluid from the bloodstream.
- * Although the lungs and the skin also play roles in excretion, the kidneys bear the major responsibility for eliminating nitrogenous (nitrogen-containing) wastes, toxins, and drugs from the body.



KIDNEY

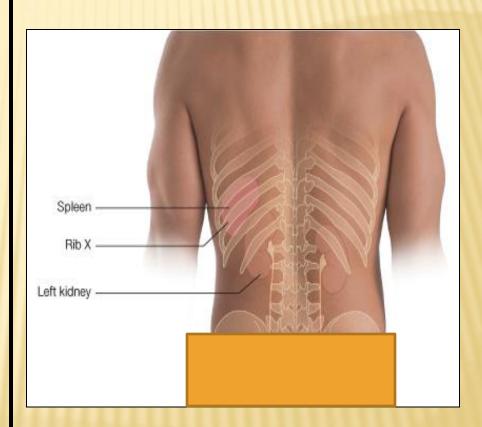
× Functions:

- 1. **Excretes** most of the waste products of metabolism.
- Controls water & electrolyte balance of the body.
- Maintain acid-base balance of the blood.
- 4. Stimulate bone marrow for RBCs formation by Erythropoietin hormone.
- Regulates blood pressure by Rennin enzyme.
- 6. Converts vitamin D to its active form.



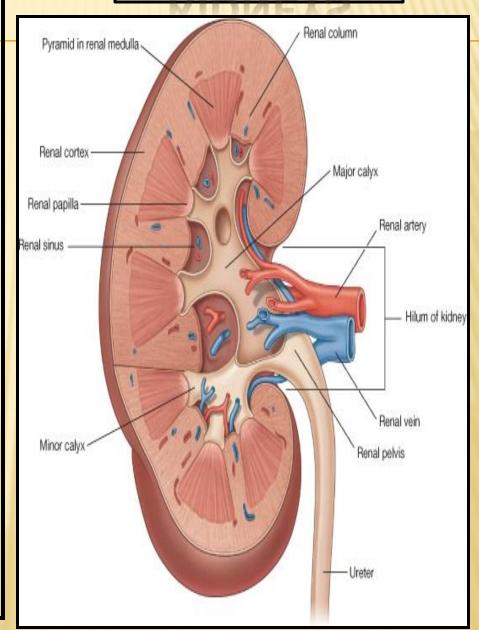
KIDNEY

- Kidneys are <u>reddish brown</u> in color.
- Lie behind the peritoneum (retroperitoneal), on either side of the vertebral column on the posterior abdominal wall.
- They are largely under cover of the costal margin.
- The right kidney lies slightly lower than the left due to the large size of the right lobe of the liver.



- With contraction of the diaphragm the kidney moves downward as much as 2.5 cm.
- The lateral border is convex, while the medial border is convex at both ends but its middle pat shows a vertical slit called the hilum.
- The hilum extends into a large cavity called the renal sinus.
- The hilum transmits the renal vein, two branches of renal artery, ureter, and the third branch of renal artery from the front backward (V.A.U.A.)

KIDNEYS



COVERINGS

From inward to outward

1- Fibrous capsule:

It is adherent to the kidney.

2- Perirenal fat:

It covers the fibrous capsule

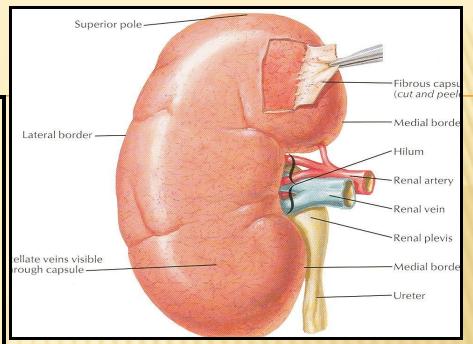
3- Renal fascia:

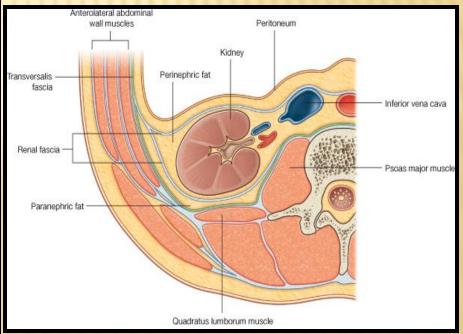
it encloses the kidneys and suprarenal glands.

4- Pararenal fat:

it lies external to the renal fascia, and forms part of the retroperitoneal fat.

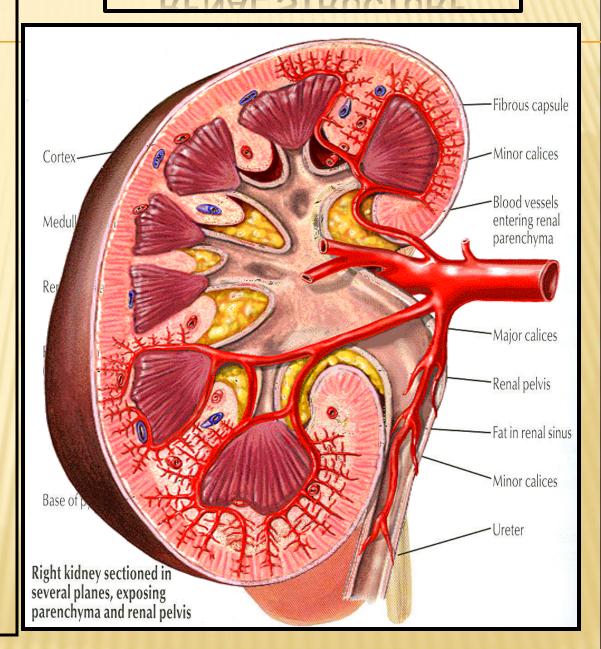
N.B. The last 3 structures support the kidney in position.





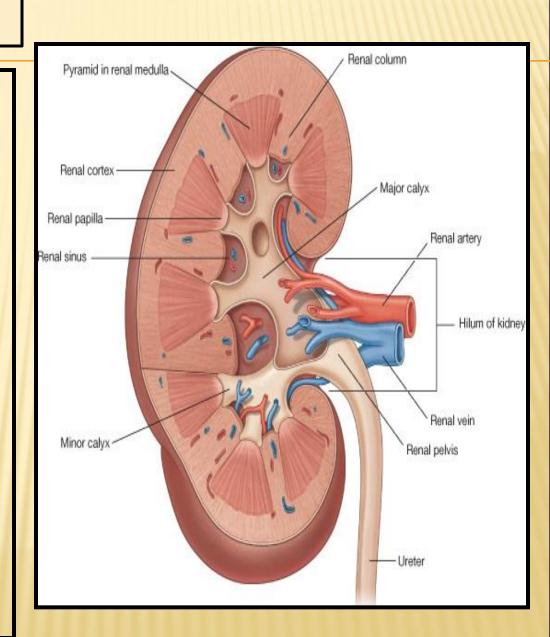
- Each kidney has an outer cortex and an inner medulla.
- Medulla is composed of about 12 renal pyramids.
- The base of each pyramid is directed laterally toward the cortex & its apex (the renal papilla) is projecting medially.
- The cortex extends into the medulla between adjacent pyramids as the renal column.

RENAL STRUCTURE



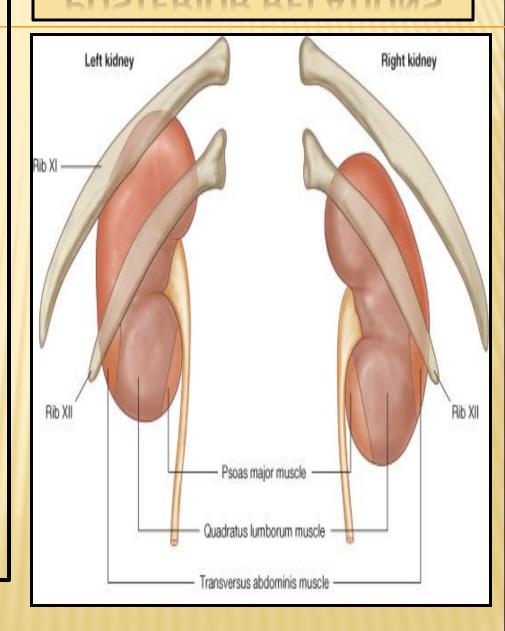
RENAL STRUCTURE

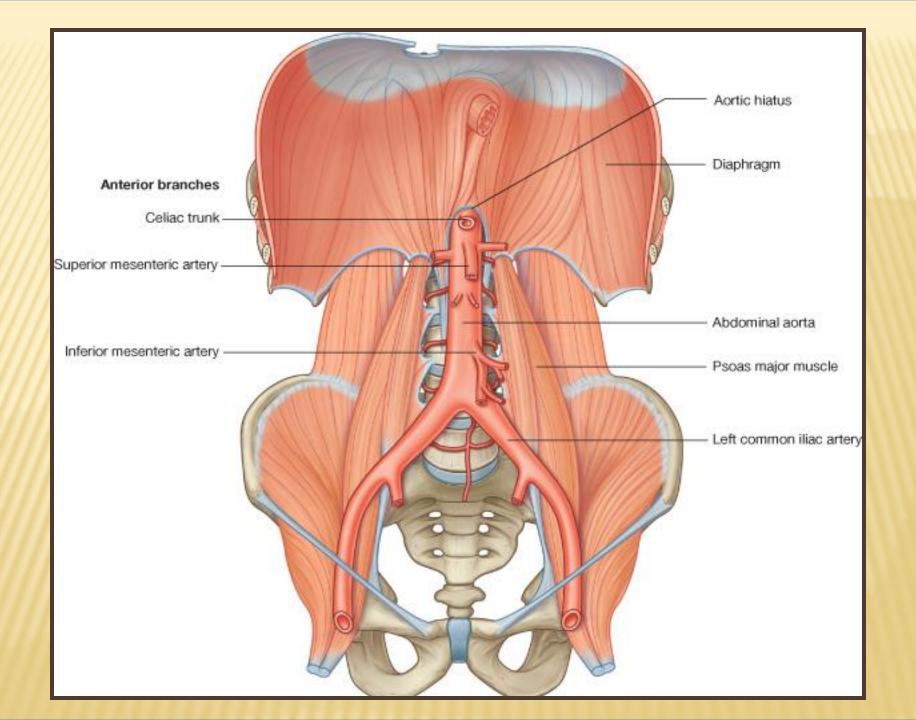
- Extending from the bases of the renal pyramids into the cortex are striations known as medullary rays.
- The renal sinus within the hilum, contains the upper expanded end of the ureter, the renal pelvis.
- Renal pelvis divides into two or three major calyces, which divides into two or three minor calyces.



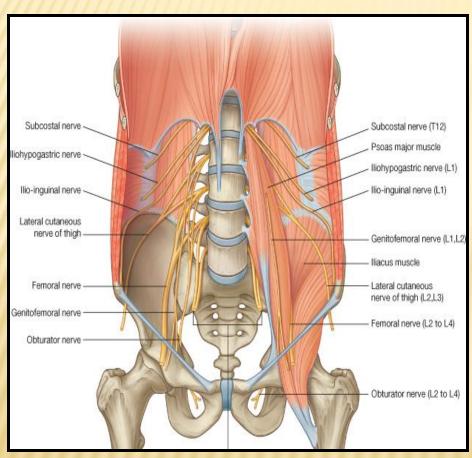
- (Last rib + 4muscles + 3 nerves)
- Diaphragm, (last intercostal space)
- Costodiaphragmatic pleural recess.
- × Twelfth rib,
- Psoas major muscle,
- Quadratus lamborum m.,
- Transversus abdominis m.,
- 1. Subcostal nerve (T12),
- 2. Iliohypogastric (L1) nerve.
- 3. Ilioinguinal (L1) nerve
- NB. The left kidney reaches up to the 11th rib.

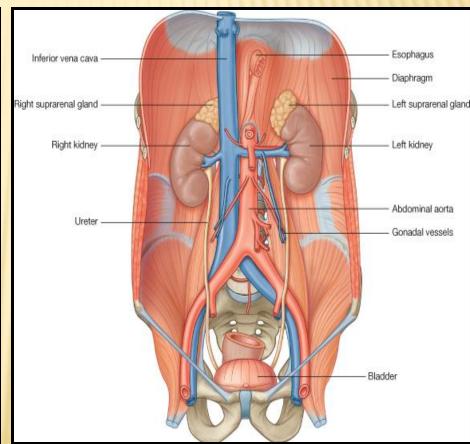
POSTERIOR RELATIONS

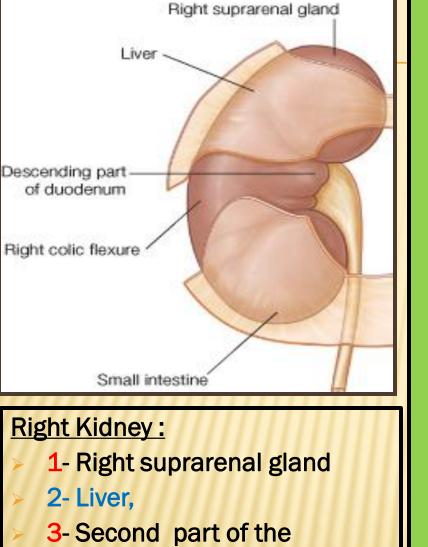


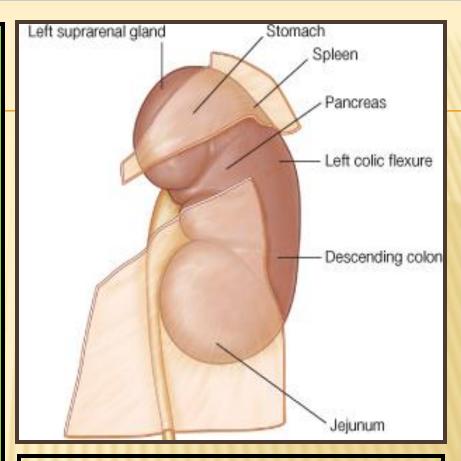


Posterior Relation









Left Kidney:

N

R

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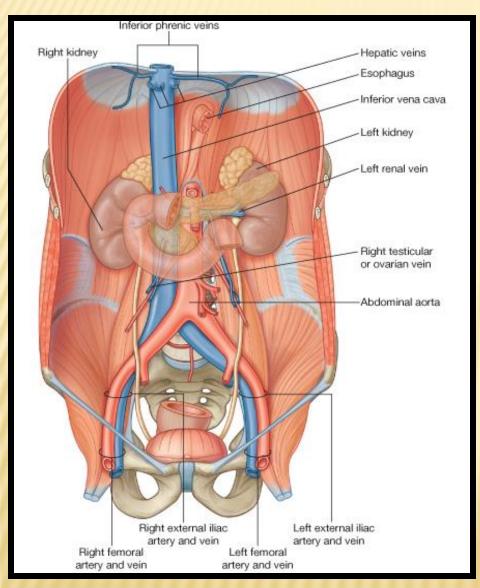
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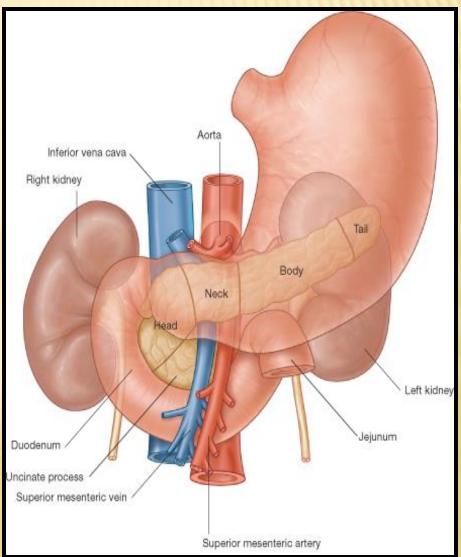
R

E

- 1- Left suprarenal gland,
- 2- Stomach,
- 3- Spleen,
- 4- Pancreas,
- 5- Left colic flexure,
- 6- Descending colon
- 7- Coils of jejunum

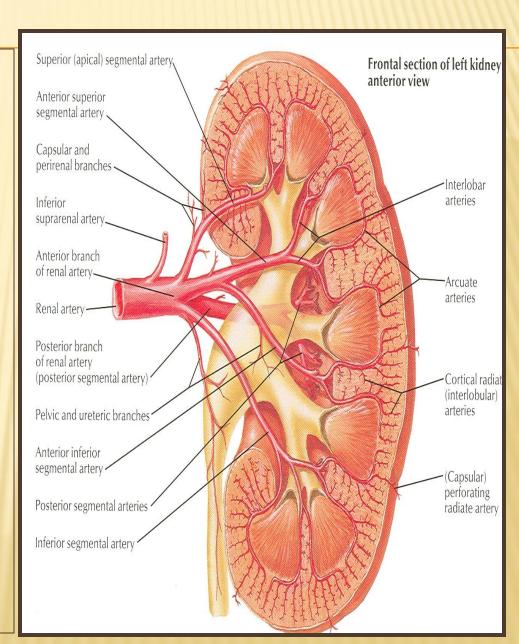
- 3- Second part of the duodenum
- 4- Right colic flexure
- 5- Coils of small intestine





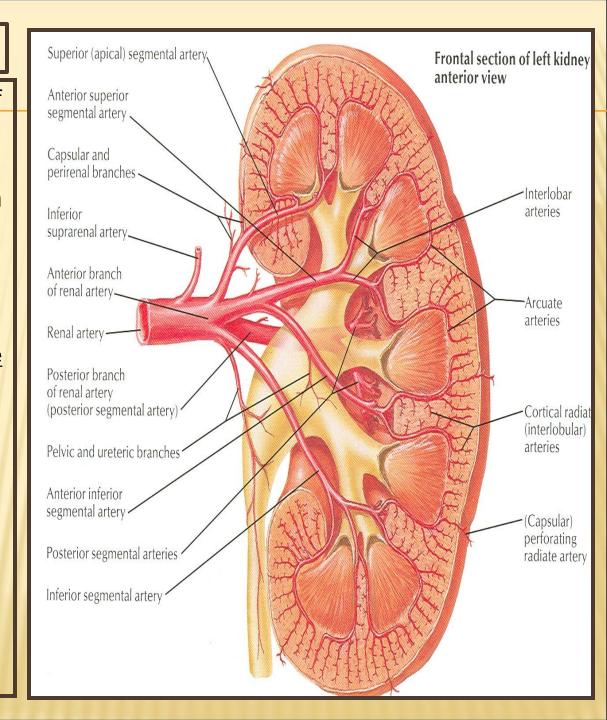
BLOOD SUPPLY

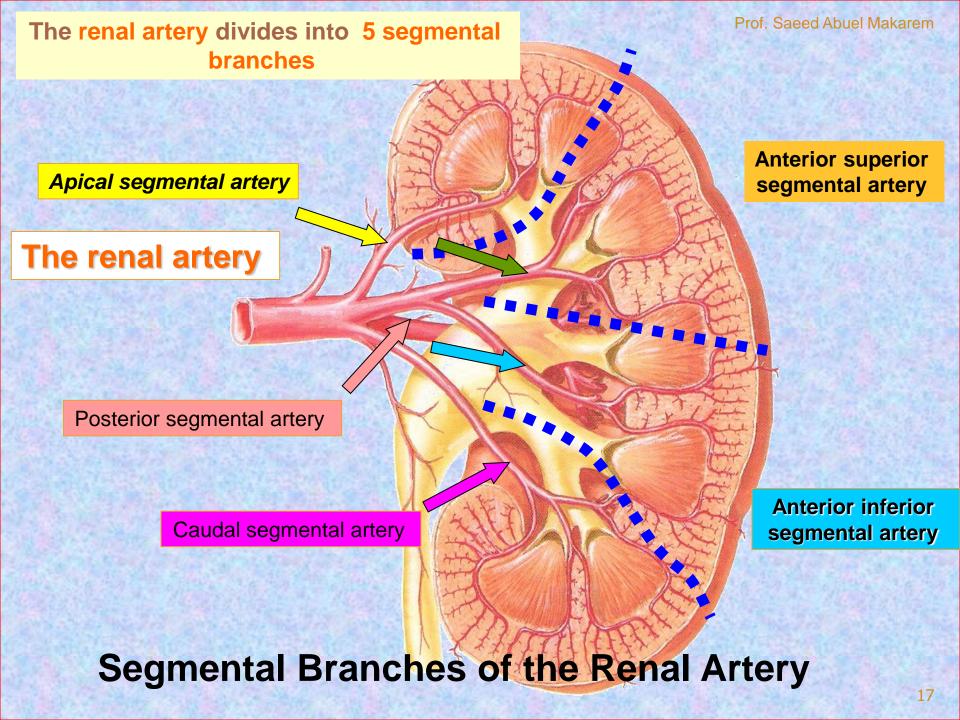
- The renal artery arises from the aorta at the level of the second lumbar vertebra.
- Each renal artery divides into *five* segmental arteries that enter the hilum of the kidney, four in front and one behind the renal pelvis.
- They are distributed to different segments of the kidney.
- Lobar artery arise from each segmental artery, one for each renal pyramid.

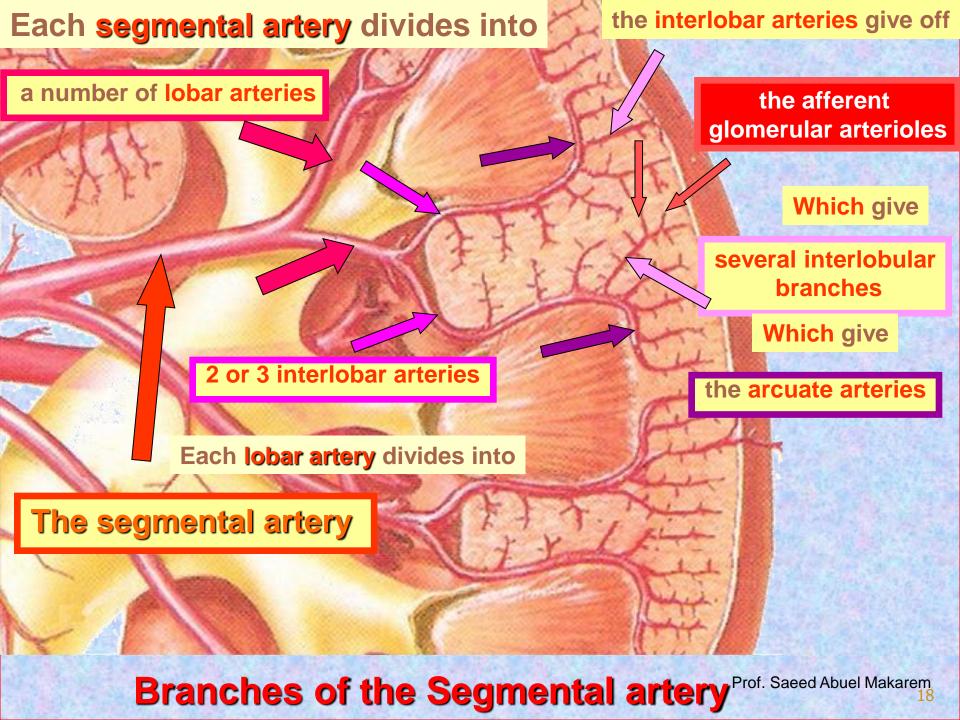


BLOOD SUPPLY

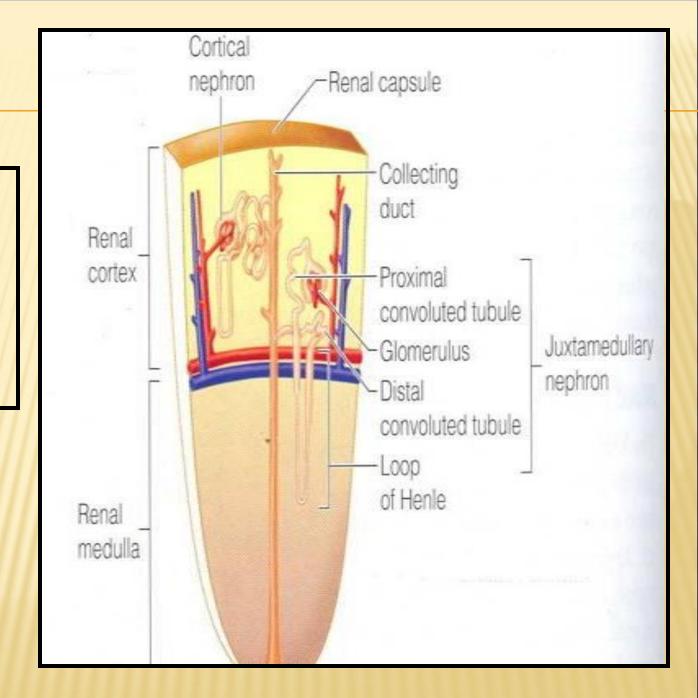
- Each lobar artery gives off2 or 3 interlobar arteries.
- The interlobar arteries run toward the cortex on each side of the renal pyramid.
- Interlobar arteries give off the arcuate arteries at the junction of the cortex and medulla
- The arcuate arteries give off several interlobular arteries
- Interlobular arteries give afferent glomerular arterioles.

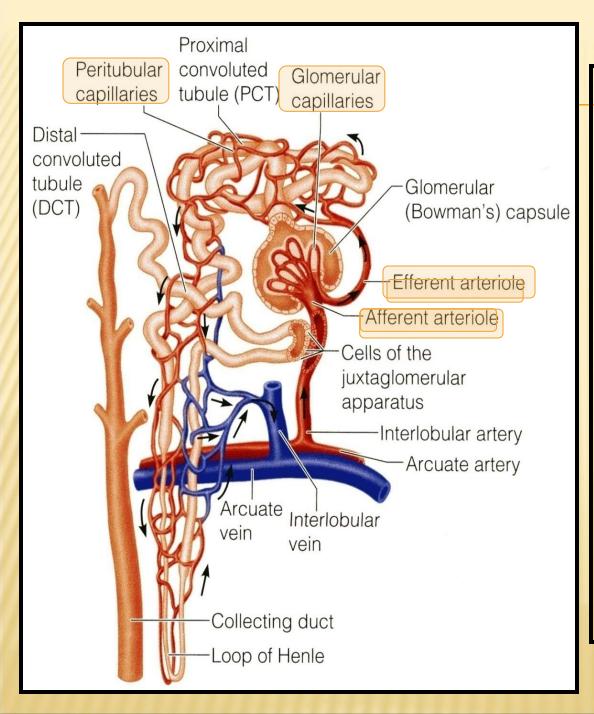






Interlobular artery gives off afferent glomerular arterioles.





- Each Nephron is associated with two capillary beds:
 - 1. The glomerulus and
 - 2. The peritubular capillary bed.
- The glomerulus is both fed and drained by arterioles.
 - The afferent arteriole, which arises from an interlobular artery, is the "feeder vessel," and
 - the efferent arteriole receives blood that has passed through the glomerulus.

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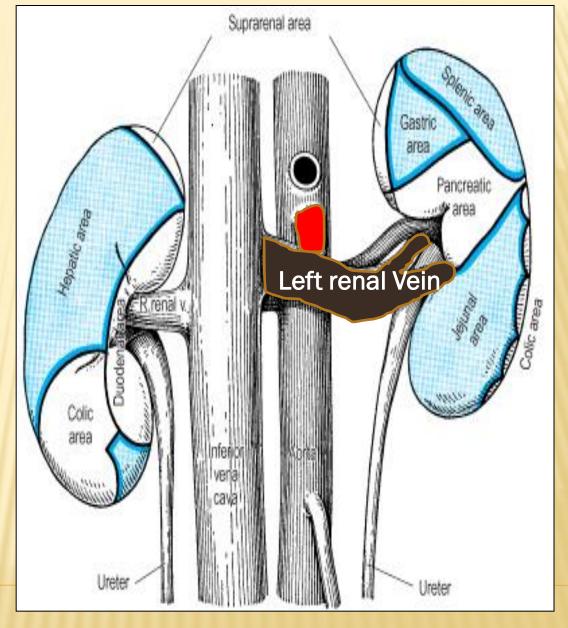
VENOUS DRAINAGE

Both renal veins drain to the inferior vena cava.

The **left** is three times **longer** than the right (7.5 cm and 2.5 cm).

So, for this reason the left kidney is the preferred side for live donor **nephrectomy**.

It runs from its origin in the renal hilum, posterior to the splenic vein and the body of pancreas, and then across the anterior aspect of the aorta, just below the origin of the superior mesenteric artery.

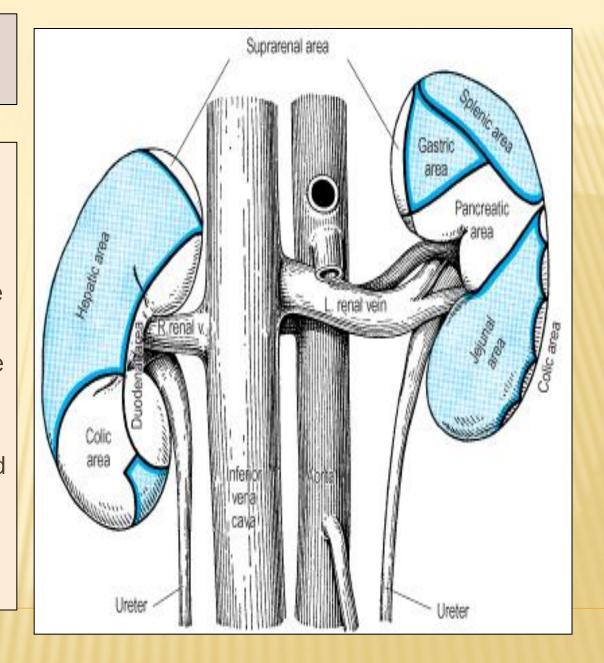


VENOUS DRAINAGE

The left gonadal vein enters the left renal vein from below while the left suprarenal vein, enters it from above but nearer to the midline.

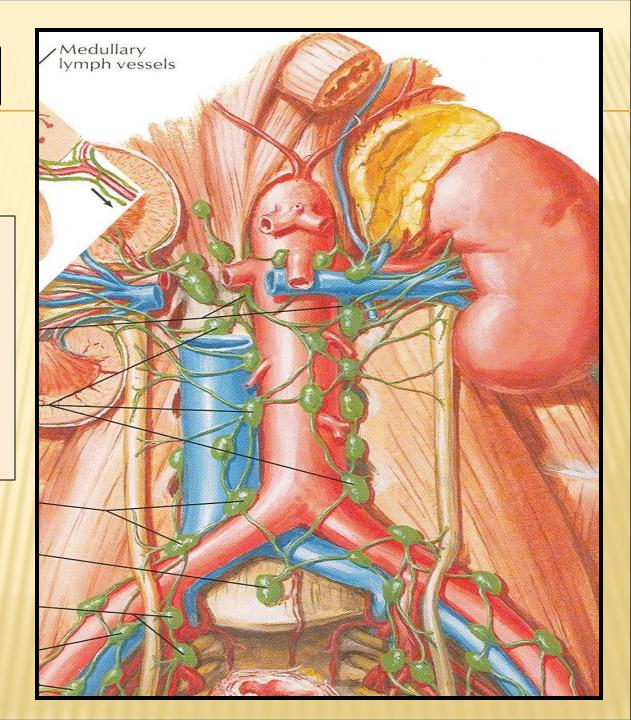
The left renal vein enters the inferior vena cava a <u>little</u> <u>above</u> the right vein.

The right renal vein is behind the 2nd part of the duodenum and sometimes the lateral part of the head of the pancreas



LYMPH

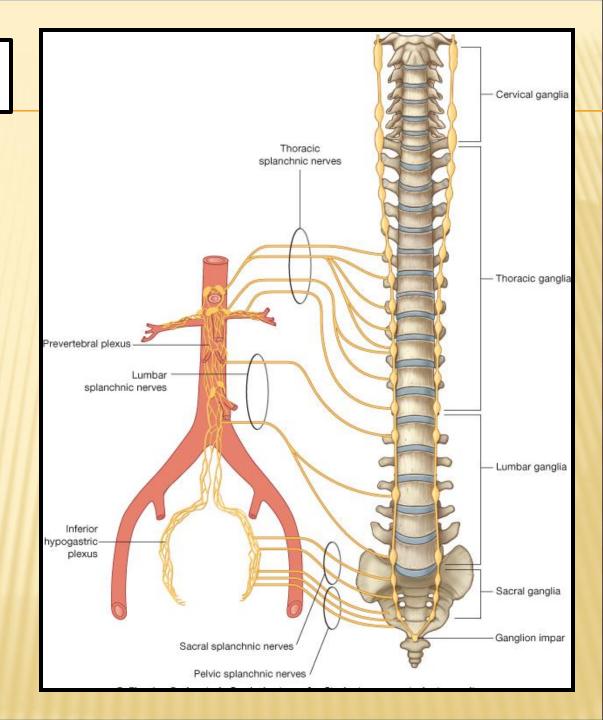
- **×** Lymph Drainage:
- Lateral aortic lymph nodes around the origin of the renal artery.



NERVE SUPPLY

Nerve Supply

- Renal sympathetic plexus.
- The afferent fibers that travel through the renal plexus enter the spinal cord in the:
- × 10th, 11th, and 12th Thoracic nerves.



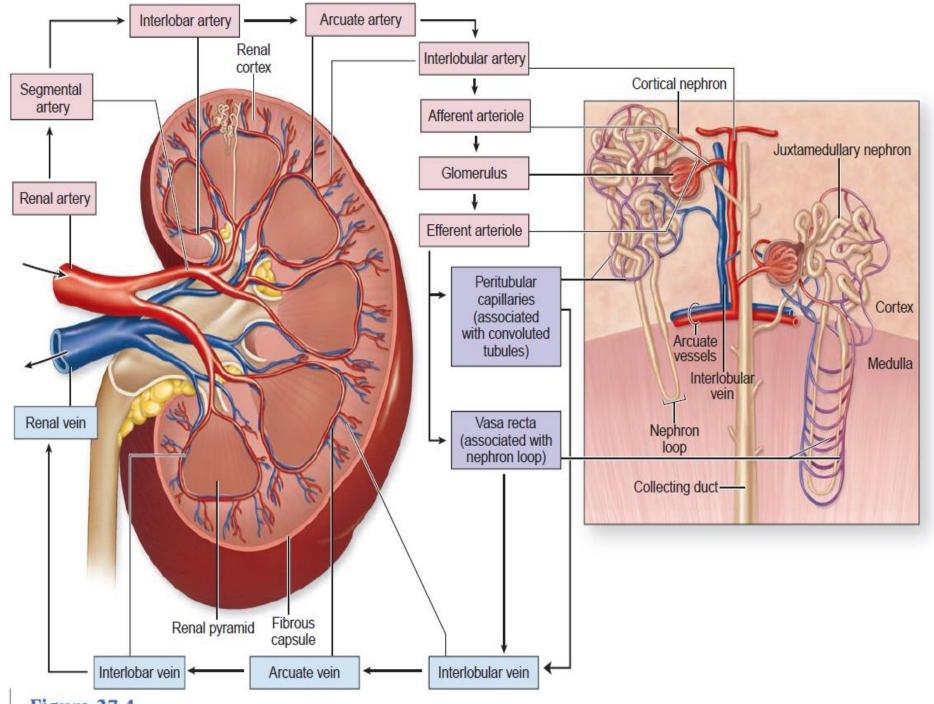


Figure 27.4

Each kidney consists of 5 segments

1- Apical segment

4 Anterior superior segment

3-Posterior segment

5- Anterior inferior segment

2- Caudal segment

Segments of the kidneys

Each kidney consists of 5 segments each has its own blood supply

