

# Kidney allograft



## Objectives:

1. Recognize the concept of renal allograft.
2. Describe the pathology of rejection
3. Differentiate between acute and chronic rejection.
4. Recognize the principal infections inherent to renal transplantation.
5. Recognize acute and chronic drug toxicity.

Black: Doctor's slides.

Red: important!

Green: Doctor's notes.

Grey: Extra.

Purple: Female's slides.

Blue: Male's slides.

# Introduction

The best treatment for kidney failure is transplantation (better than dialysis). Because the new kidney will be able to produce hormones & have a normal function.

The word **Allograft** refers to the transplantation of organs within the same species (human to human), while **Xenograft** refer to transplantation between different species (animals to human).

- A major barrier to transplantation is the process of rejection, in which the recipient's immune system recognizes the graft as being foreign and attacks it.

Notice that this patient has 4 kidneys, the upper two are the end-stage native kidneys in normal position. The atrophic first donor kidney (lower left), and the larger second donor kidney (lower right). End-stage kidneys don't have to be removed, unless the patient is on dialysis because they will be prone to develop renal cell carcinoma or amyloidosis. So in this case they are removed.



## Complications that may happen to transplanted kidney:

1. **Rejection.**
2. **No rejection:**
  - Infection (due to immunosuppressant drugs).
  - Drug toxicity.
  - Ischemia (anastomosis was not very well in surgery).
  - Recurrence of original disease (E.g MPGN, FSGS).
  - De novo GN.

## Types of Renal Transplant Rejection:

1. Normal.
2. Hyperacute Rejection → Circulating antibodies attack the allograft immediately (antibody mediated).
3. Accelerated acute rejection.
4. Borderline changes (very mild acute rejection).
5. Acute Rejection (T-cell or Antibody-mediated). -days to weeks-
6. Chronic Rejection.

**Before we discuss the types of rejection, we should know the difference between T-Cell-mediated rejection & antibody-mediated rejection.** Robbins page 137

### 1- T-Cell-Mediated Rejection:

Cytotoxic T lymphocytes kill cell in grafted tissue → parenchymal and endothelial cells death → Thrombosis and graft ischemia → cytokines secrete CD4 + T cells → accumulation of lymphocyte and activate macrophages → Graft Destruction (**Tubulointerstitial inflammation**).

### 2- Antibody-Mediated Rejection: Homework

Antibody directed against Graft MHC → activation of complement and recruitment of leukocytes → Vascular injury and endothelial damage → Thrombosis and ischemia → Graft Destruction.

## Immune Recognition of AlloGraft:

Rejection of allograft is a response mainly to **MHC molecules**. **MHC molecules** are a set of cell surface molecules encoded by a large gene family which controls a major part of the immune system. They are recognized by T-cells.

### 1- Hyperacute Rejection:

Rejection occurs within **minute to few hours** after transplantation in presensitized host and typically recognized by the surgeon just after the vascular anastomosis is completed.

It occurs **if preformed anti-donor antibodies are present in the circulation of the host before transplantation<sup>1</sup>**, for example:

- In individual is exposed to foreign HLA (on platelets or leukocytes) from previous blood transfusions
- Or such antibodies also may be present in a patient who has previously rejected an organ transplant.

Now matching and other mechanisms are used to avoid this.

**Morphology after rejection: Cyanotic<sup>2</sup>, mottled<sup>3</sup> and flaccid<sup>4</sup>** and may excrete only a few drops of bloody fluid.

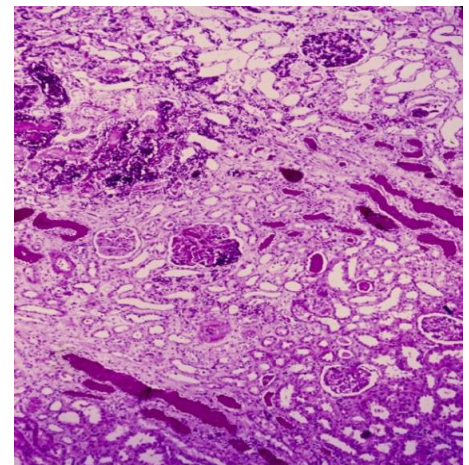
**Under microscopy:** Widespread acute arteritis and arteriolitis, vessel thrombosis and **fibrinoid necrosis**.



Subtotal renal infarction due to hyperacute (antibody-mediated) rejection.



Severe acute rejection of donor kidney, Focal infarcts are present.



Hyperacute Rejection under LM.

### 2- Accelerated acute rejection:

It occurs within hours or days and the patient may have **previous unsuccessful graft**.

- Caused by cellular or humoral immune mechanism.

<sup>1</sup> يعني إن جسم المريض مكون أجسام مضادة من قبل عملية الزراعة فيمجرد ما تنحط الكلية الجديدة الأجسام هذه الجاهزة تهاجم الكلية

<sup>2</sup> زرقاء

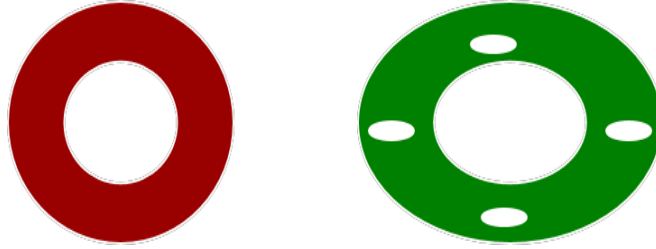
<sup>3</sup> مبقعة

<sup>4</sup> رخوة

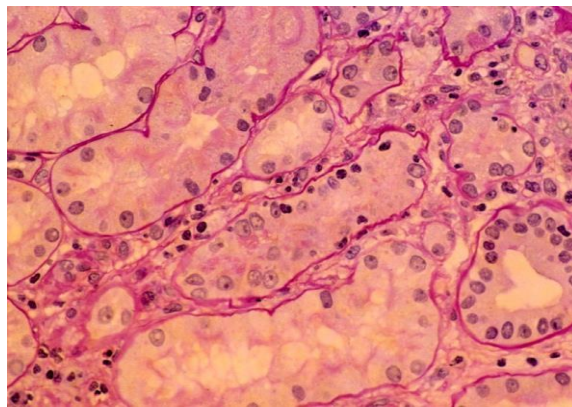
### 3- Borderline changes (very mild acute rejection):

It does not reach to acute rejection but it is not normal at the same time (**Suspicious**). You may see interstitial inflammation with few tubulitis with **no intimal arteritis**.

Borderline is acute T cell mediated rejection; there is tubular interstitial inflammation and increased Creatinine.



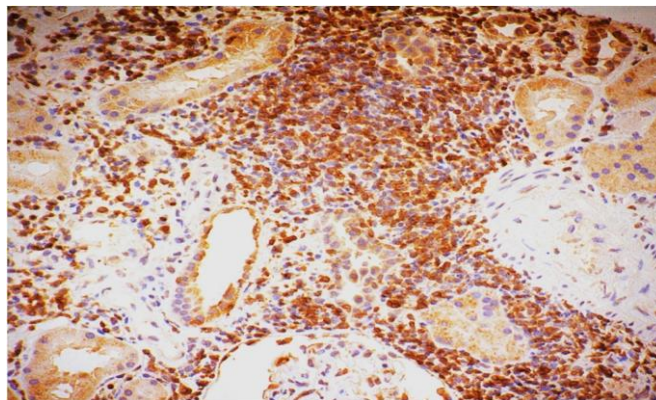
Borderline changes (Suspicious for Acute Rejection).



### 4- Acute rejection:


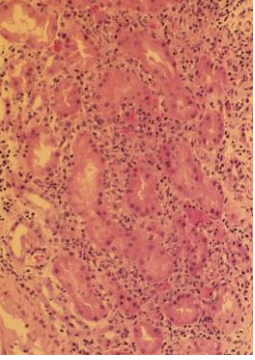

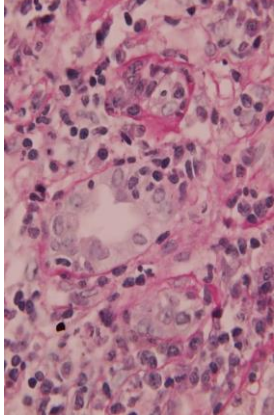

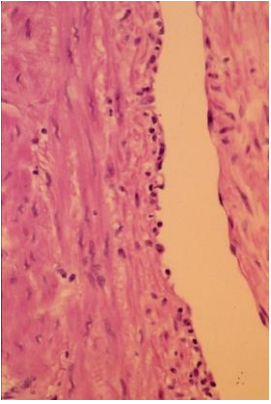



May occur within days to weeks and it can cause by either **humoral** OR **cellular immune response**.

- **Acute cellular rejection:** T cells will destroy parenchyma by cytotoxic and inflammatory cells.
- **Acute humoral rejection:** Antibody damage graft vasculature.



The interstitial infiltrate consists of T cells mainly.

# The Banff classification in acute rejection

Grade I*	A	Mononuclear interstitial inflammation (>25%). Moderate tubulitis. (5 to 10).		
	B	Mononuclear interstitial inflammation (>25%). Severe tubulitis (>10).		
Grade II^	A	Mild to Moderate intimal arteritis.		
	B	Severe intimal arteritis.		
Grade III**		Transmural arteritis and/or fibrinoid necrosis.		

\*Acute grade I&II are T cell mediated.

^Grade II, it's not important to know about the tubular interstitial state because the blood vessels it selves are affected.

\*\*Acute Grade III can be T cell mediated or antibodies mediated rejection.

## 5- Chronic Rejection:

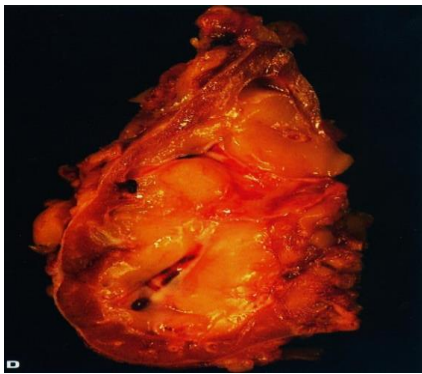
Patients present with chronic rejection late after transplantation (months to years). In those patients there will be elevation in **serum creatinine** (which is an index in impaired renal function). Chronic rejection is characterized by:

- **Vascular Sclerosis:** Changes in arteries and arterioles which exhibit intimal smooth muscle cell proliferation and extracellular matrix synthesis. The vascular changes may be caused by cytokines that is secreted by **T cells**.
- Vascular changes and lesions compromise vascular perfusion resulting in **ISCHEMIA** which is **manifested** by loss or hyalanization of glomeruli & interstitial fibrosis, tubular atrophy.
- Loss in renal parenchyma.

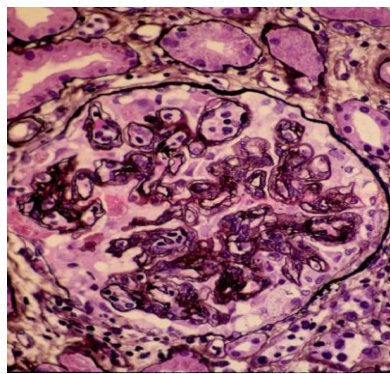
### The Banff classification in chronic rejection:

1. Grade I (Mild).
  2. Grade II (Moderate).
  3. Grade III (Severe).
- **Normal, Suspicious** → No Treatment (We measure creatinine level if it's high we treats the patient, if it's normal we follow him up).
  - **Grade I** → Treat if clinical signs +.
  - **Grade II** → Treat.
  - **Grade III** → Treat or Abandon.
  - **Cyclosporine toxicity** → Reduce Cyclosporine.
  - **Acute Tubular Necrosis** → Await recovery or treat.
  - **Chronic rejection** → Temporize.

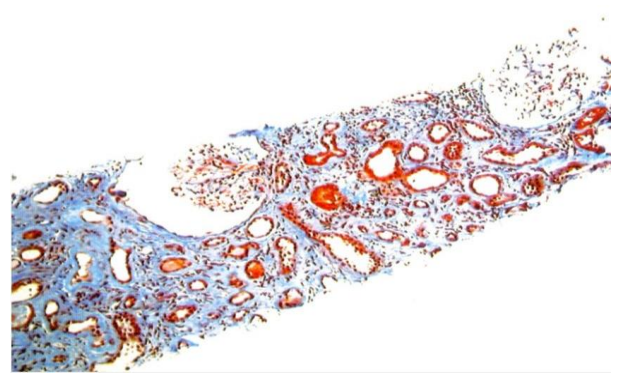
Chronic Allograft Nephropathy:  
 1- Tubular interstitial atrophy (fibrosis).  
 2- Proliferation of fibroblast in the wall of blood vessels, thickening of the walls.



Severe chronic rejection, (graft arteriopathy). Note the severe parenchymal atrophy and the thick-walled arteries.



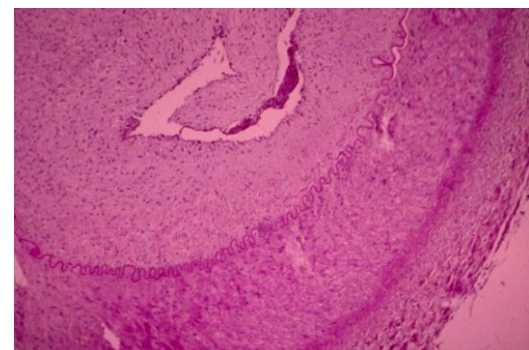
Frequent double contours along the glomerular capillary loops



An example of Grade II-III is characterized by a diffuse increase in interstitial tissue and marked tubular atrophy as seen on this trichrome stain



The classical lesion of chronic transplant vasculopathy is a circumferential proliferation of myointimal cells with an intact internal elastic lamina.



Chronic vasculopathy related to acute rejection



## SUMMARY

### Recognition and Rejection of Organ Transplants (Allografts)

- The graft rejection response is initiated mainly by host T cells that recognize the foreign HLA antigens of the graft, either directly (on APCs in the graft) or indirectly (after uptake and presentation by host APCs).
- Types and mechanisms of rejection comprise the following:
  - *Hyperacute rejection*: Pre-formed antidonor antibodies bind to graft endothelium immediately after transplantation, leading to thrombosis, ischemic damage, and rapid graft failure.
  - *Acute cellular rejection*: T cells destroy graft parenchyma (and vessels) by cytotoxicity and inflammatory reactions.
  - *Acute humoral rejection*: Antibodies damage graft vasculature.
  - *Chronic rejection*: Dominated by arteriosclerosis, this type is probably caused by T cell reaction and secretion of cytokines that induce proliferation of vascular smooth muscle cells, associated with parenchymal fibrosis.

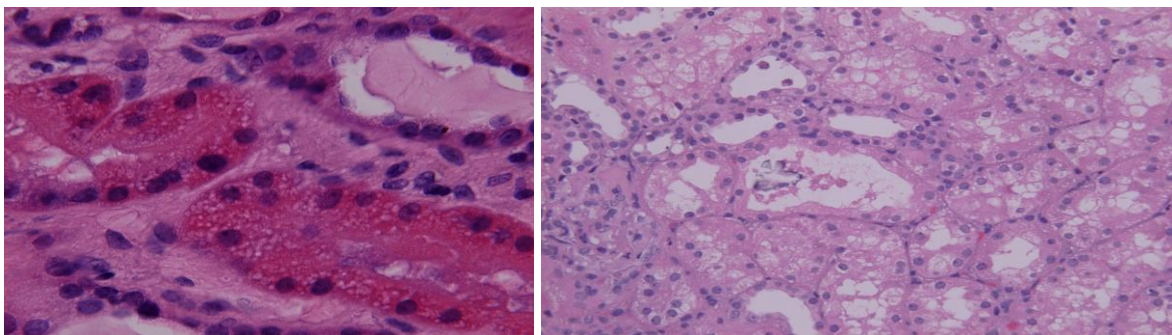
### Drug Toxicity:

The immunosuppressant *\*Cyclosporine\** drugs used with transplantation is toxic to the kidneys (dose must be adjusted if its toxicity occurs).

- It's difficult to differentiate between drug toxicity and chronic rejection.

Drugs Toxicity	Biopsy	Comment
Acute Drugs Toxicity	<b>Isometric vacuoles</b> in the <b>tubular</b> epithelial cells.	That means you should adjacent the dose (it is too high).
Chronic Drugs Toxicity	<ol style="list-style-type: none"> <li><b>Nodular hyaline in the wall of blood vessel.</b></li> <li>Interstitial fibrosis</li> </ol>	-

- **Ischemia** may cause **isometric vacuoles** also so we should check the drug level in the blood to know the etiology whether it's ischemia or drug toxicity.



Nodular hyaline in the wall of blood vessel and Interstitial fibrosis (chronic Drug Toxic).

**Right picture:** Calcification of necrotic tissue in the tubules.

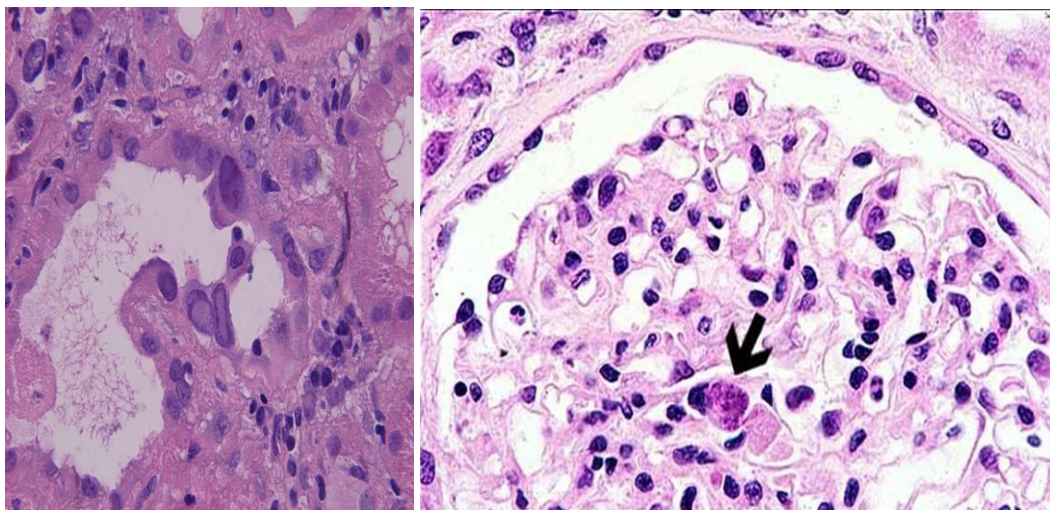
## Infections:

That may happen due to high dose of immunosuppressant drugs. (means the body is susceptible to any organism \*No defense by the immune system\*)

### Viral infections:

In case of infection, we decrease immunosuppressant.

Virus	Biopsy	Comment
<b>Cytomegalovirus (cmv)</b>	1- Increases the cells size in all part of the kidney. 2- Inflammatory cells infiltrate	With high dose, make sure there is no increase in the cells size.
<b>Polyomavirus (sv40)</b>	<u>Glassy</u> nuclei	Only infect the kidney mainly DCT. <b>Special stains is used for investigation</b>



- Polyomavirus is in the tubules, parietal cells of Bowman's.  
- Cytomegalovirus is anywhere \*not specific\*.

Arrow: Cell infected by cytomegalovirus.

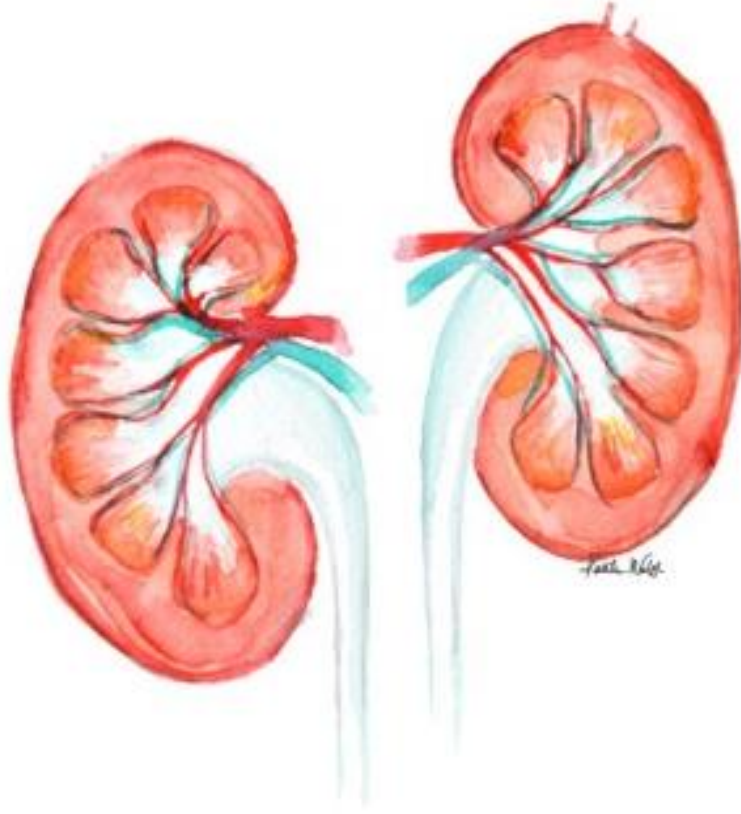
### - Conclusion:

The Banff classification has proposed a schema<sup>5</sup> for interpretation and gradation of the histological findings in renal allograft biopsies that can be used as an indication for therapeutic consequences and expected graft survival.

<sup>5</sup> theory or plan



"اللهم لا سهل إلا ما جعلته سهلاً و أنت تجعل الحزن إذا شئت سهلاً"



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