INFLAMMATION AND REPAIR Lecture 1 Definition of inflammation; Acute Inflammation Vascular Events in Inflammation

Lecturer: Dr. Maha Arafah

Foundation Block Pathology **2017**

- **1. Define inflammation.**
- 2. List cells & molecules that play important roles in inflammation
- 3. Compare between acute and chronic inflammation
- 4. Recognize the cardinal signs of inflammation.
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms of increased vascular permeability.
- 7. Compare normal capillary exchanges with exchange during inflammatory response.
- 8. Define the terms edema, transudate, and exudate.

Reference book and the relevant page numbers..

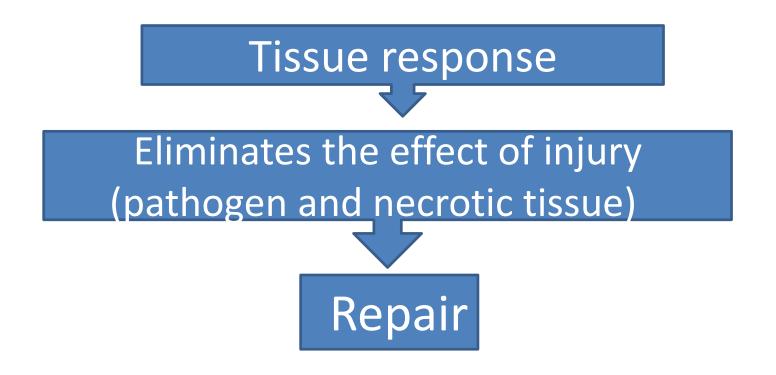
- Robbins Basic Pathology 9th edition
- Page: 29 34





Tissue damage

Infection. Trauma. Physical injury (burns). Chemical injury. Immunological injury (AID). Tissue death (MI).



What is Inflammation?

Inflammation is a local response of the vascularized living tissue to infection and damaged tissue that brings cells and molecules of host defense from the circulation to the sites where they are needed

The aim: to localize and eliminate the causative agent, limit tissue injury and restore tissue to normality

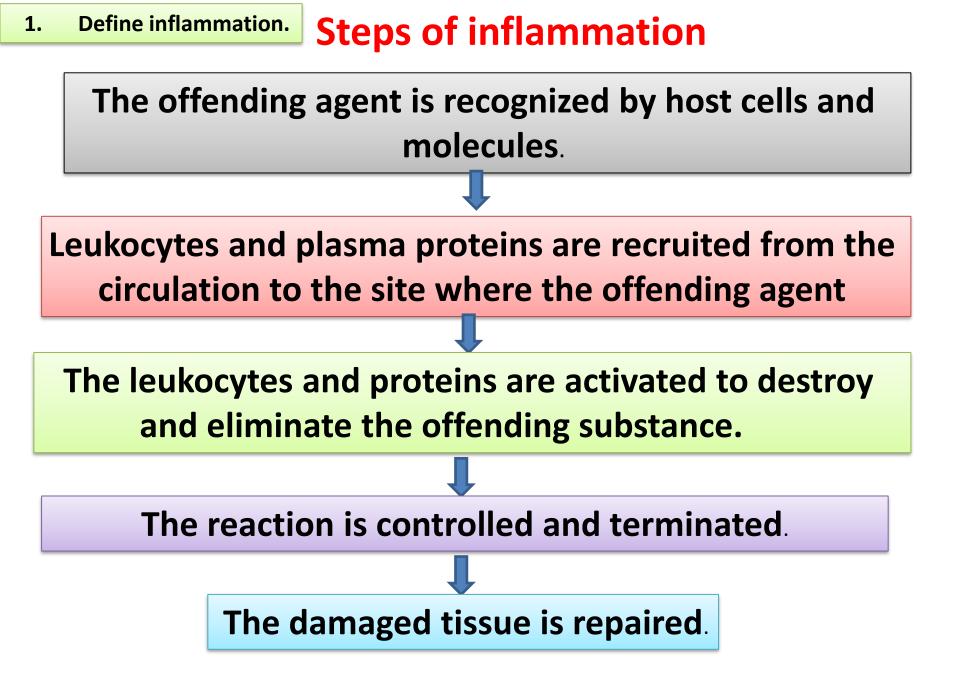
➔ Therefore, Inflammation is part of a broader protective response (innate immunity)

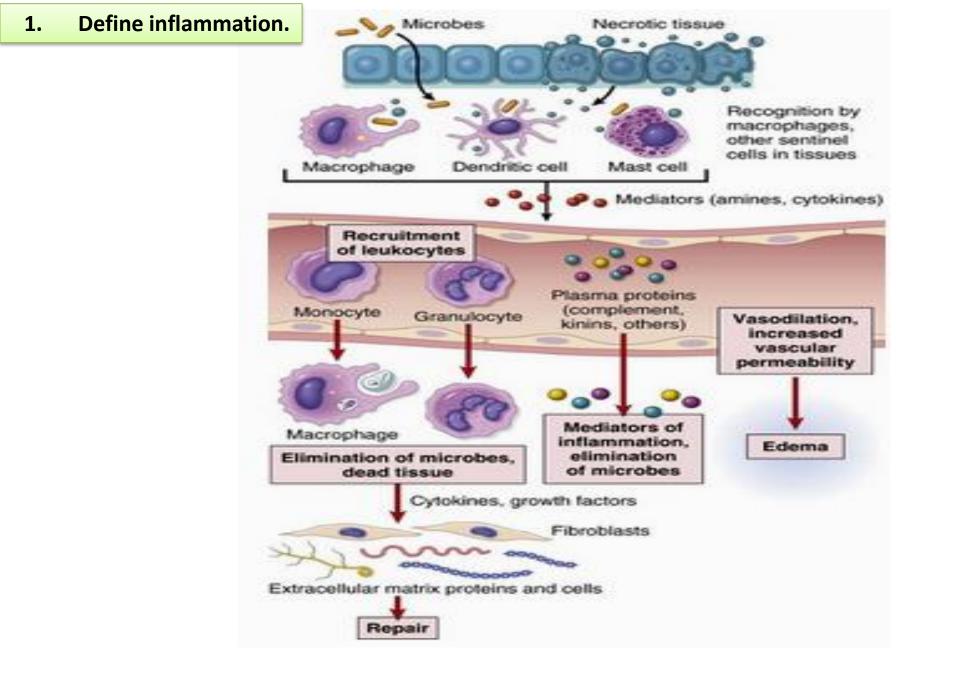
The suffix "its" is added to the base word to state the condition as in appendix/appendicitis

Inflammation

 Inflammation is terminated when the offending agent is eliminated and the secreted mediators are broken down or dissipated.

There are active anti-inflammatory mechanisms that serve to control the response and prevent it from causing excessive damage to the host.





Can inflammation be harmful ! ?

- Inflammation can induce harm:
- e.g. anaphylactic reaction rheumatoid arthritis atherosclerosis

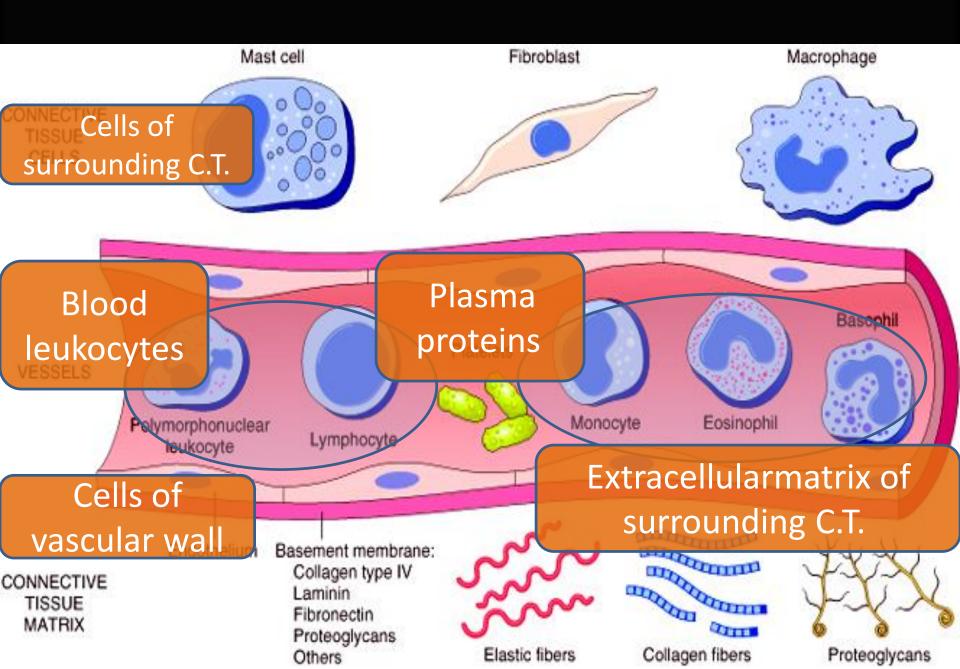
Upon completion of these lectures, the student should:

1. Define inflammation.

2. List cells & molecules that play important roles in inflammation

- 3. Compare between acute and chronic inflammation
- 4. Recognize the cardinal signs of inflammation.
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms of increased vascular permeability.
- 7. Compare normal capillary exchanges with exchange during inflammatory response.
- 8. Define the terms edema, transudate, and exudate.

2. List cells & molecules that play important roles in inflammation



2. List cells & molecules that play important roles in inflammation

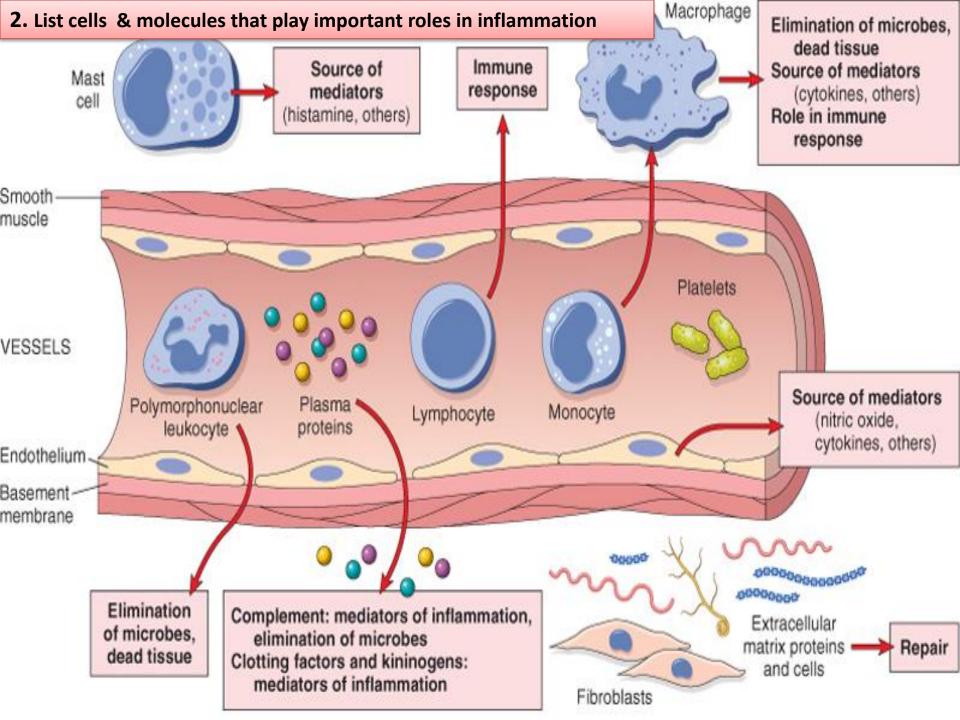
Inflammation is mediated by chemical substances called

CHEMICAL MEDIATORS

What is the source of these chemical mediators?

Phagocytes and other host cells
 Leukocyte
 Endothelium
 Mast cell

2. Plasma proteins



Upon completion of these lectures, the student should:

- 1. Define inflammation.
- 2. List cells & molecules that play important roles in inflammation

3. Compare between the two types of inflammation

- 4. Recognize the cardinal signs of inflammation.
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms of increased vascular permeability.
- 7. Compare normal capillary exchanges with exchange during inflammatory response.
- 8. Define the terms edema, transudate, and exudate.

TYPES OF INFLAMMATION

Acute inflammation

Chronic Inflammation

Features of acute and chronic inflammation

Feature	Acute	Chronic
Onset		
Cellular infiltrate		
Tissue injury, fibrosis		
Local (red, hot, edematous, pain) & systemic signs (fever, increased C reactive protein, raised ESR)		

Acute inflammation

 A rapid response to an injurious agent that serves to deliver mediators of host defense-leukocytes and plasma proteins-to the site of injury.

The outcome of acute inflammation

is either

 elimination of the noxious stimulus, followed by decline of the reaction and repair of the damaged tissue

or

 persistent injury resulting in chronic inflammation

Upon completion of these lectures, the student should:

- **1.** Define inflammation.
- 2. List cells & molecules that play important roles in inflammation
- 3. Compare between acute and chronic inflammation

4. Recognize the cardinal signs of inflammation.

- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms of increased vascular permeability.
- 7. Compare normal capillary exchanges with exchange during inflammatory response.
- 8. Define the terms edema, transudate, and exudate.

4. Recognize the cardinal signs of inflammation

Clinical Features

The 5 ancient cardinal signs of inflammation are



Tumor:-swelling

Rubor :- redness

Calor: – warmth

Dolor :- pain

Functio Laesa :loss of function

4. Recognize the cardinal signs of inflammation







Upon completion of these lectures, the student should:

- **1.** Define inflammation.
- 2. List cells & molecules that play important roles in inflammation
- 3. Compare between acute and chronic inflammation
- 4. Recognize the cardinal signs of inflammation.
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms of increased vascular permeability.
- 7. Compare normal capillary exchanges with exchange during inflammatory response.
- 8. Define the terms edema, transudate, and exudate.

Events of acute Inflammation

- Acute inflammation has three main events:
 - (1) Hemodynamic changes

(alterations in vascular caliber that lead to an increase in blood flow)

(2) Increased vascular permeability

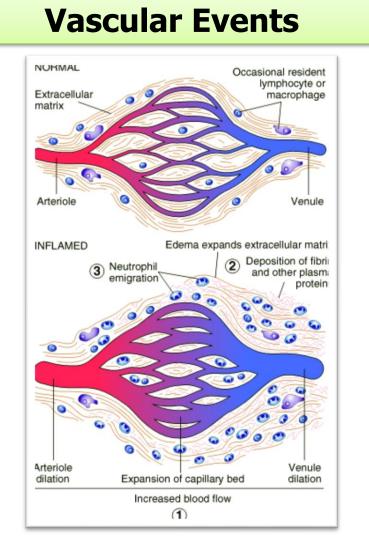
(structural changes in the small blood vessels that permit plasma proteins and leukocytes to leave the circulation)

vascular

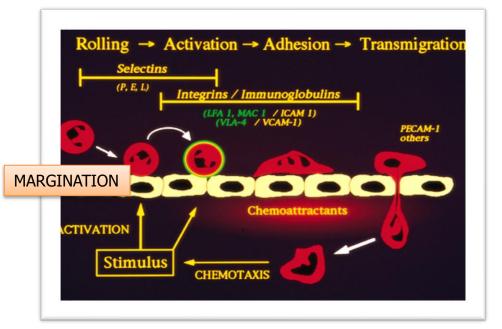
(3) Emigration of the leukocytes from the microcirculation

(their accumulation in the focus of injury, *and their activation* to eliminate the offending agent)

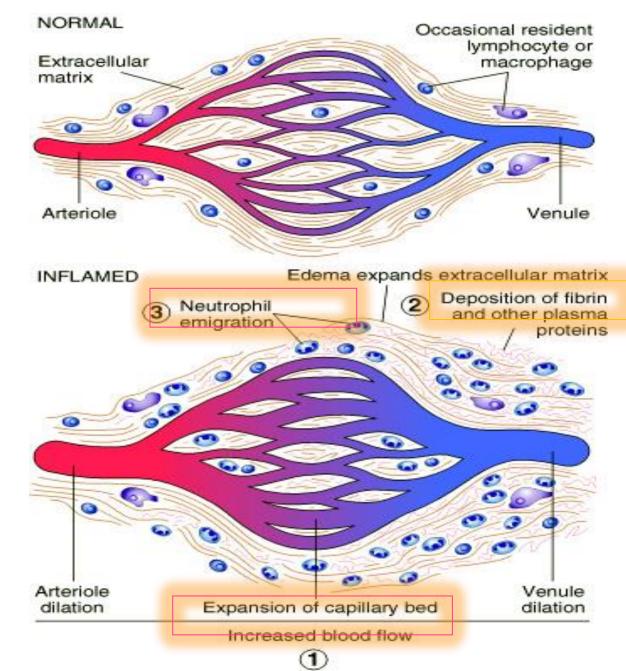
Events of acute Inflammation

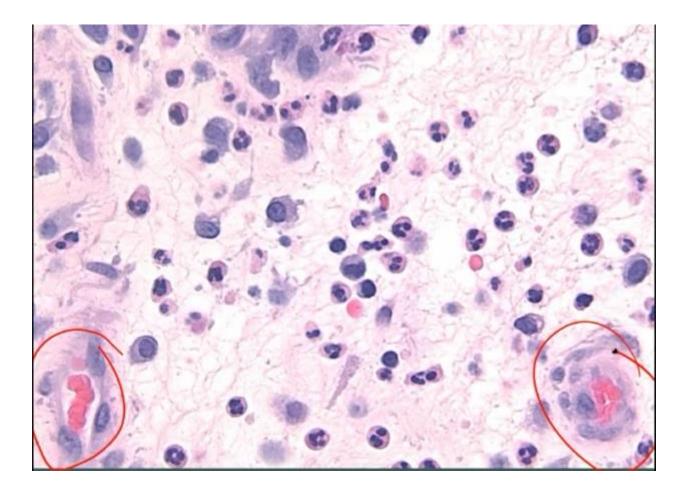


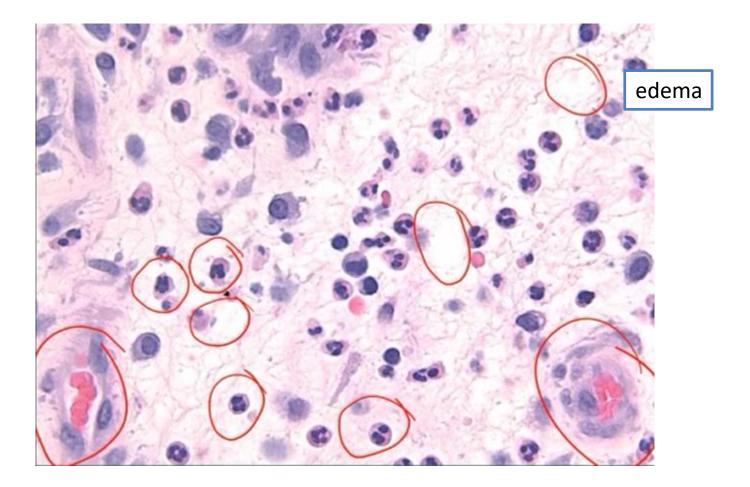
Cellular Events



Vascular Events 1.Vasodilatation Hemodynamic changeS







Phases of changes in Vascular Caliber and Flow

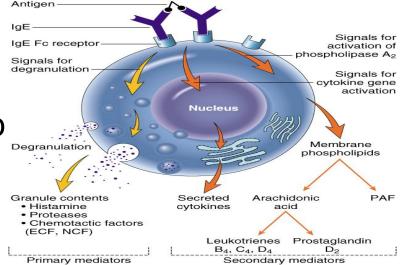
1. Transient vasoconstriction of arterioles

It disappears within 3-5 seconds in mild injuries

 Vasodilatation: It involves the arterioles results in opening of new microvasculature beds in the area leading to increasing blood flow – Histamine effect

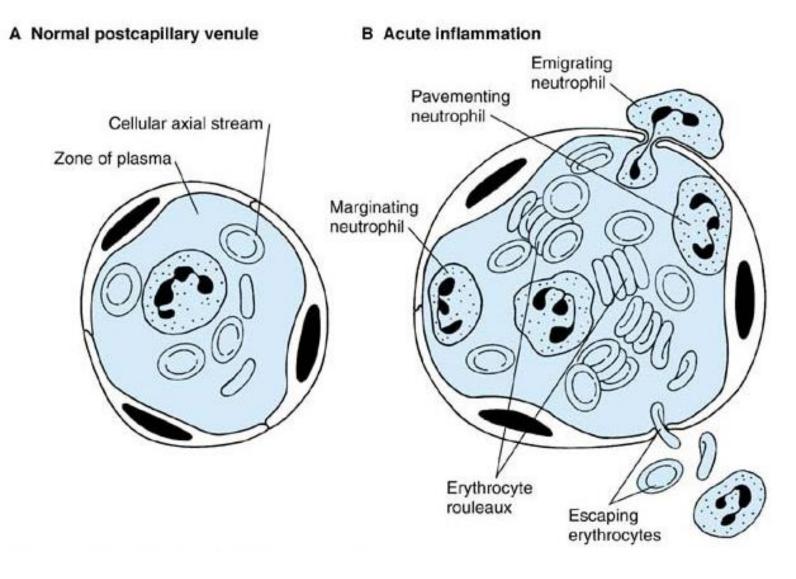
3. Slowing of the circulation

due to increased permeability of the microvasculature, this leads to outpouring of protein-rich fluid in the extravascular tissues. 4. Stasis: slow circulation due to dilated small vessels packed with



red cells

Slowing of the circulation



Upon completion of these lectures, the student should:

- **1.** Define inflammation.
- 2. List cells & molecules that play important roles in inflammation
- 3. Compare between acute and chronic inflammation
- 4. Recognize the cardinal signs of inflammation.
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.

6. Know the mechanisms of increased vascular permeability.

- 7. Compare normal capillary exchanges with exchange during inflammatory response.
- 8. Define the terms edema, transudate, and exudate.

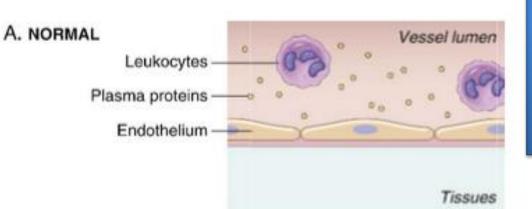
Vascular Events

2. Increased Vascular Permeability

- A hallmark of acute inflammation (escape of a protein-rich fluid).
 - induced by histamine, kinins, and other mediators

 It affects small & medium size venules, through gaps between endothelial cells

6. Know the mechanisms of increased vascular permeability



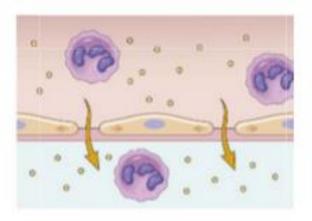
Principal mechanisms of increased vascular permeability in inflammation and their features and underlying causes

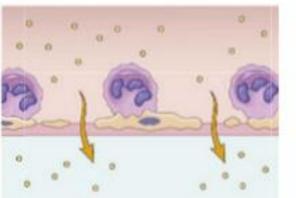
B. RETRACTION OF ENDOTHELIAL CELLS

- Induced by histamine, other mediators
- Rapid and short-lived (minutes)

C. ENDOTHELIAL INJURY

- Caused by burns, some microbial toxins
- Rapid; may be long-lived (hours to days)







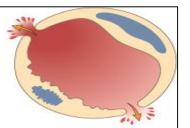
Arteriols, capillaries and venules 6. Know the mechanisms of increased vascular permeability

Mechanisms lead to increased vascular permeability

- Endothelial cell contraction 15-30 min
- Endothelial injury \triangleright
 - immediate sustained response 6-24 hours Leukocyte-dependent injury
 - delayed prolonged leakage 12 hours- days
- Leukocyte-mediated endothelial injury \triangleright
- Transcytosis (occurs via channels \triangleright formed by fusion of intracellular vesicles)
- Leakage from new blood vessels \triangleright

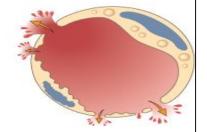
Gaps due to endothelial contraction

- Venules
- Vasoactive mediators
- (histamine, leukotrienes, etc.)
- Most common
- · Fast and short-lived (minutes)

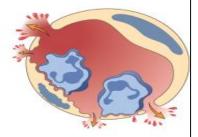


Direct injury

- Arterioles, capillaries, and venules
- Toxins, burns, chemicals Fast and may be long-lived (hours to days)

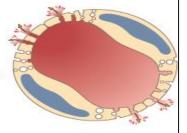


- · Mostly venules
- · Pulmonary capillaries
- Late response · Long-lived (hours)



ncreased transcytosis

- Venules
- Vascular endothelium-derived growth factor



New blood vessel formation

- Sites of angiogenesis
- Persists until intercellular iunctions form

Upon completion of these lectures, the student should:

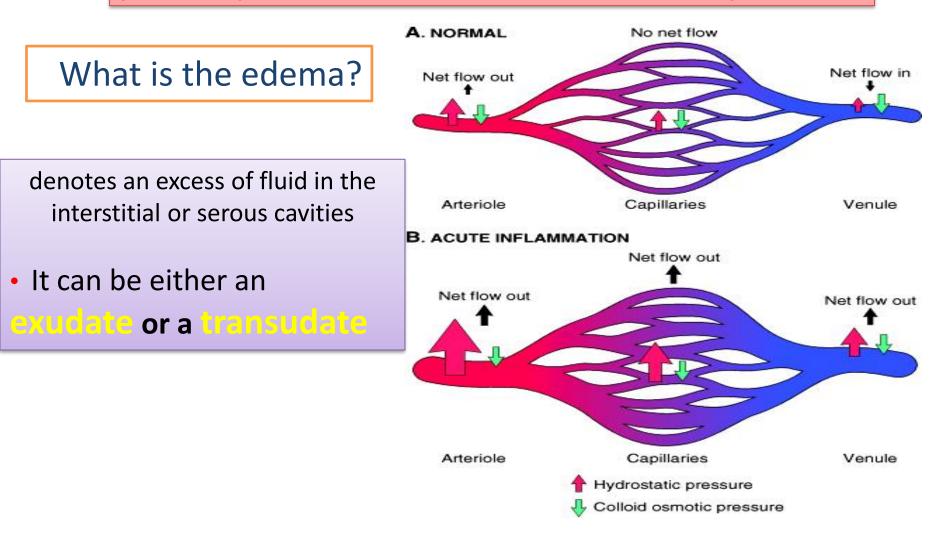
- **1.** Define inflammation.
- 2. List cells & molecules that play important roles in inflammation
- 3. Compare between acute and chronic inflammation
- 4. Recognize the cardinal signs of inflammation.
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms

7. Compare normal capillary exchanges with exchange during inflammatory response.

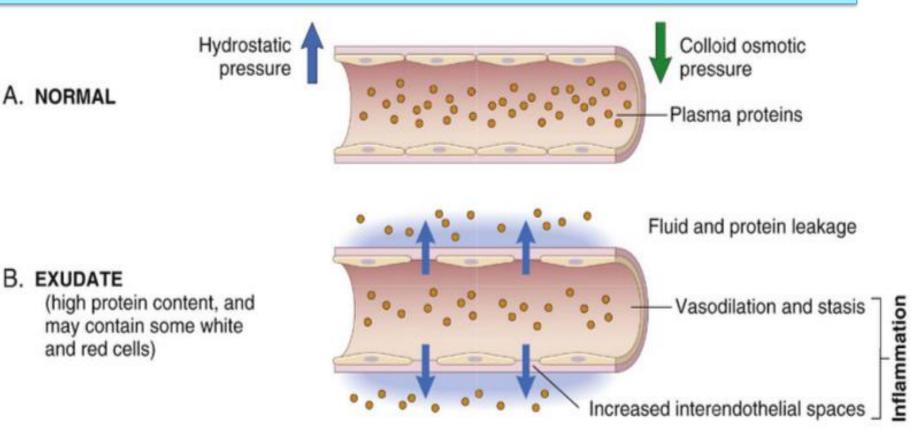
8. Define the terms edema, transudate, and exudate.

7. Compare normal capillary exchanges with exchange during inflammatory response

Increased blood volume lead to increased local hydrostatic pressure leading to transudation of protein-poor fluid into the extravascular space.



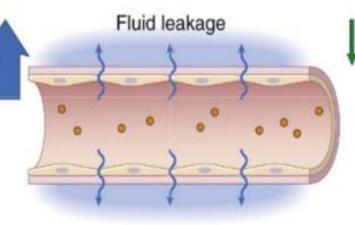
7. Compare normal capillary exchanges with exchange during inflammatory response



Increased hydrostatic pressure (venous outflow obstruction, [e.g., congestive heart failure])

C. TRANSUDATE

(low protein content, few cells)



Decreased colloid osmotic pressure (decreased protein synthesis [e.g.,liver disease]; increased protein loss [e.g., kidney disease])

Upon completion of these lectures, the student should:

- **1.** Define inflammation.
- 2. List cells & molecules that play important roles in inflammation
- 3. Compare between acute and chronic inflammation
- 4. Recognize the cardinal signs of inflammation.
- 5. Describe the sequence of vascular changes in acute inflammation (vasodilation, increased permeability) and their purpose.
- 6. Know the mechanisms of increased vascular permeability.
- 7. Compare normal capillary exchanges with exchange during inflammatory response.

8. Define the terms edema, transudate, and exudate.

8. Define the terms edema, transudate, and exudate

Edema is defined as an excess of fluid in the interstitial space. What is the difference between transudates and exudates?

Transudate

is a fluid with low protein content and a specific gravity of less than 1.012

It is essentially an ultrafiltrate of blood plasma that results from osmotic or hydrostatic imbalance across the vessel wall

without an increase in vascular permeability

Exudate

An inflammatory extravascular fluid that has a high protein concentration, cellular debris, and a specific gravity above 1.020

It implies significant alteration in the normal permeability of small blood vessels in the area of injury

TAKE HOME MESSAGES

- Inflammation, the local response of the vascularised living tissue to injury.
- Could be acute or chronic.
- Several cells & molecules that play important roles in inflammation.
- Inflammation has vascular and cellular events to eliminate the cause.
- Vascular events include vasodilation and increased permeability to deliver a protein rich fluid to the site of inflammation.