• DEVELOPMENT OF SKELETAL & MUSCULAR SYSTEMS

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OBJECTIVES

- At the end of the lecture, students should be able to:
- List the different parts of mesoderm and the different divisions of somites.
- Differentiate bones according to their embryological origin and mode of ossification.
- Describe the ossification of long bones.
- Describe the main steps for development of limbs.
- Differentiate muscles according to their embryological origin.





INTRAEMBRYONIC MESODERM

- Proliferates between Ectoderm & Endoderm EXCEPT in the central axis of embryo where <u>NOTOCHORD</u> is found.
 Differentiates into 3 parts:
- **1.** Paraxial mesoderm: on each side of notochord.
- 2. Intermediate mesoderm
- 3. Lateral mesoderm
- **Paraxial mesoderm** divides into units (Somites).
- Lateral mesoderm divided by intraembryonic coelom into:
- 1. Somatic mesoderm (between ectoderm & coelom).
- 2. Splanchnic mesoderm (between endoderm & coelom).



DEVELOPMENT OF LIMBS - 1

The limb Bud appears as an elevation on the *ventrolateral body* wall resulting from proliferation of mesenchyme of the somatic layer of lateral mesoderm. **Each limb bud is surrounded by** an area of ectoderm. **Upper limb buds L**Appear at <u>day 26 opposite the</u> lower cervical segments. **Lower** limb buds

Appear at <u>day 28</u> opposite the lumbar & sacral segments.





DEVELOPMENT OF LIMBS - 2



- A & G: <u>Apical ectodermal ridge</u>: appears at the apex of limb bud and stimulates proliferation of mesenchyme and elongation of limb bud.
- **B & H:** Distal ends of buds flatten into paddle-like hand & foot plates.
- **C** & I: <u>Digital rays</u>: appear as mesenchymal condensations that outline the patterns of digits.
- **D** & J: <u>Notches:</u> appear between digital rays.
- **E & K:** Digits form inside rays, elongate & appear <u>webbed.</u>
- **F& L:** Mesenchyme between digits disappear to separate them.

DEVELOPMENT OF LIMBS - 3



Originally, limb buds were at right angle of the trunk with:

-<u>Cranial (preaxial) & Caudal (postaxial) borders</u>: radius and tibia are preaxial bones.

-Ventral & Dorsal surfaces: flexor muscles are ventral.

During <u>7th week</u>, adduction of limb buds occurs with 90° rotation:

-In upper limb, rotation occurs laterally: radius is lateral & flexor muscles are anterior.

-<u>In lower limb</u>, rotation occurs <u>medially</u>: tibia is medial & flexor muscles are posterior.



Cartilage ossifies by: Endochondral ossification Myoblasts migrate from myotomes to form: Muscles of limbs

OSSIFICATION OF LONG BONES



Bone age is a good index of general maturation. Bone age is determined by:

- **1.** Appearance of ossific centers in diaphysis & epiphysis (specific for each bone & sex)
- 2. Disappearance of epiphyseal plate (specific for each bone & sex)

DEVELOPMENT OF CRANIUM (SKULL)

- The skull develops from mesoderm around the developing brain.
- **The skull consists of:**

- Parietal entrendereral Protectional
- 1. Neurocranium: protective case for brain
- 2. Viscerocranium: skeleton of face
- **Bones of skull ossify either by:**
 - *Endochondral ossification or
 - *Intramembranous ossification

Bones of skull that ossify by intramembranous ossification:

- 1. F = Frontal
- 2. P = Parietal
- 3. Z = Zygomatic
- 4. ST = Squamous temporal
- 5. Mand = Mandible
- 6. Max = Maxilla





JOINTS

- They develop from mesoderm between bones:
- Fibrous joints: mesoderm differentiates into dense fibrous connective tissue.
- Cartilaginous joints: mesoderm differentiates into cartilage.
- Synovial joints: a synovial cavity is formed inside mesoderm; mesoderm differentiates into synovial membrane, capsule & ligaments.

SUMMARY OF DEVELOPMENT OF BONE

- All bones develop from MESODERM.
 - ***Vertebrae, Ribs & Sternum:** from Sclerotomes of Somites (Paraxial Mesoderm)
 - *Skull: from Mesoderm surrounding the Brain
- □ <u>APPENDICULAR SKELETON</u>: from <u>Somatic</u> part of Lateral Mmesoderm
- All bones ossify by <u>Endochondral Ossification</u> <u>EXCEPT:</u>
- 1. Some bones of Skull
- 2. Clavicle

SUMMARY OF DEVELOPMENT OF MUSCLES

- **All muscles** develop from **MESODERM EXCEPT**:
- 1. Muscles of iris (eyeball)
- 2. Myoepithelial cells of mammary & sweat glands



- All skeletal muscles develop from myotomes of paraxial mesoderm <u>EXCEPT</u>:
- some Head & Neck muscles from mesoderm of Pharyngeal Arches

SUMMARY OF DEVELOPMENT OF MUSCLES

- Cardiac & Smooth muscles develop from lateral mesoderm:
- **1. Cardiac muscles from: splanchnic part of lateral mesoderm**
- 2. Smooth muscles:

*In the wall of viscera from: splanchnic part of lateral mesoderm

* In the wall of blood & lymphatic vessels from: somatic part of lateral mesoderm

QUESTION 1

- Which one of the following group of muscles are <u>derivatives of epaxial division of</u> <u>myotomes</u>?
- 1. Muscles of back
- 2. Muscles of limbs
- 3. Muscles of viscera
- 4. Cardiac muscles

QUESTION 2

- Which one of the following bones ossifies by intramembranous ossification?
- 1. Vertebra
- 2. Humerus
- 3. Ribs
- 4. Mandible 🔶

QUESTION 3

- Regarding the ossification of long bones, which one of the following statement is correct?
- 1. Primary ossific centre appears after birth.
- 2. Secondary ossific centre leads into ossification of diaphysis.
- 3. Long bones ossify by intramembranous ossification.
- 4. When epiphysis unites with diaphysis, growth of bone stops.

