### CARTILAGE & BONE

### **Objectives:**

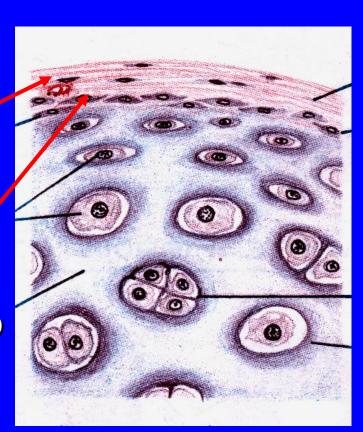
- By the end of this lecture, the student should describe the microscopic structure, distribution and growth of the different types of:
  - (1) Cartilage.
  - **(2)** Bone.

### CARTILAGE

- Cartilage is a specialized type of C.T. with a <u>rigid</u> matrix.
- Cartilage is usually nonvascular (avascular).
- 3 Types:
  - Hyaline cartilage.
  - Elastic cartilage.
  - Fibrocartilage.

#### 1- Perichondrium:

- Vascular C.T. membrane formed of 2 layers:
  - » Outer fibrous layer: dense fibrous C.T.
  - » Inner chondrogenic layer: contains chondroblasts (no lacunae). They secrete cartilage matrix and give rise to chondrocytes.

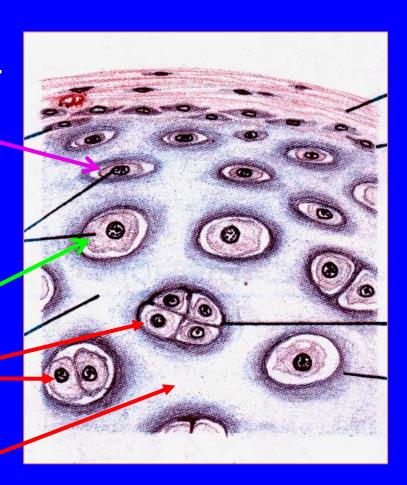


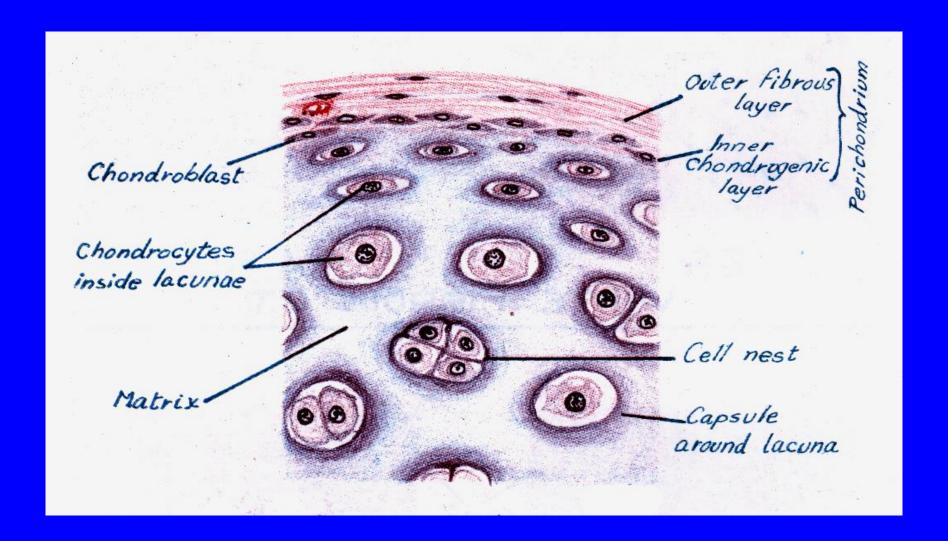
#### 2- Cells (Chondrocytes):

- Found in spaces called lacunae.
- Young chondrocytes:
   are small & present singly in their lacunae.
- Mature chondrocytes:
   are large, and are found singly or in groups of 2, 4 or 6 cells in their lacunae (cell nests).

#### 3- Matrix:

- Homogeneous and basophilic.
- Contains collagen type II.



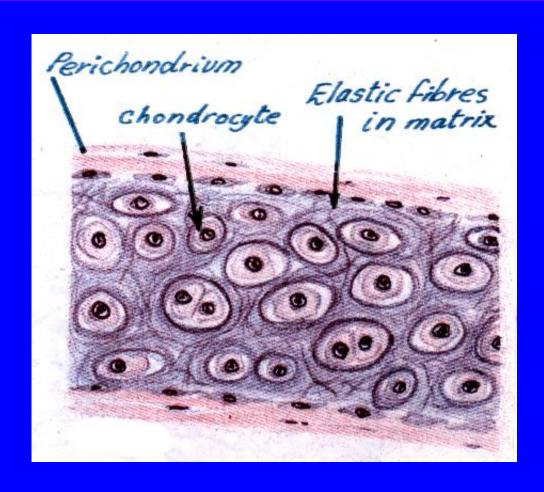


### Sites of hyaline cartilage:

- Foetal skeleton.
- Costal cartilages.
- Articular surfaces of bones.
- Nose, trachea & bronchi.

# **Elastic Cartilage**

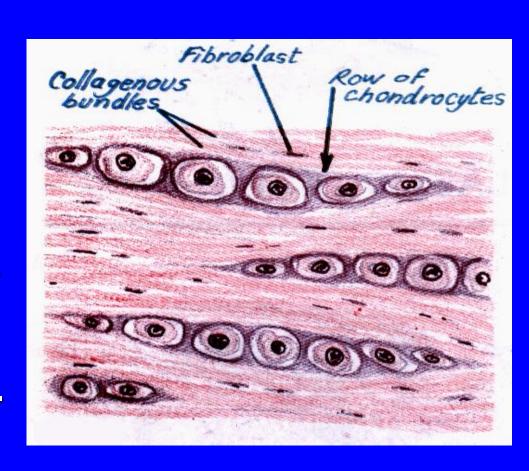
- Similar to hyaline cartilage + elastic
   fibres in the matrix.
- Sites:
  - External ear.
  - Epiglottis.



# **Fibrocartilage**

- No perichondrium.
- Rows of chondrocytes in lacunae separated by parallel <u>bundles of</u> collagen fibers (type I).
- Sites:

e.g. Intervertebral disks.



# Growth of cartilage

### 1. Appositional growth:

Is produced by the activity of Chondroblasts in

inside lacunae

- the inner chondrogenic layer.
- It leads to increase in width.

### 2. Interstitial growth:

- Is produced by division and activity of mature chondrocytes.
- It leads to increase in length.

### BONE

- Bone is a specialized type of C.T. with a hard matrix.
- Types: 2 types
  - Compact and spongy (cancellous) bone.
- Components:
  - Bone Cells: 4 types.
  - Bone Matrix (calcified osteoid tissue):

hard because it is calcified (Calcium salts).

It contains type I collagen fibers.

It forms bone lamellae and trabeculae.

- Periosteum.
- Endosteum.

#### Functions:

- body support.
- protection of vital organs as brain & bone marrow.
- calcium store.

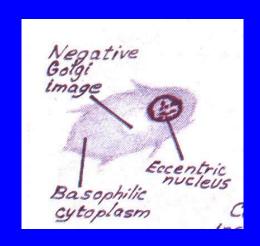
### **Bone Cells**

### 1- Osteogenic Cells:

- in periosteum & endosteum.
- Fate: give rise to osteoblasts.

### 2- Osteoblasts:

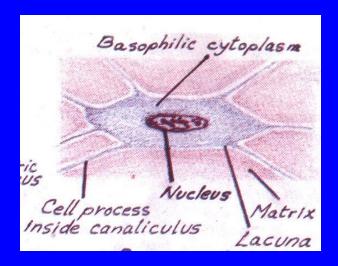
- in periosteum & endosteum.
- Origin: osteogenic cells.
- Function: They secrete the bone matrix & deposit Ca salts in it.
- Fate: change to osteocytes.



### **Bone Cells**

#### 3- Osteocytes:

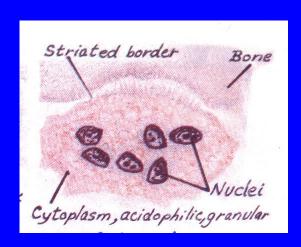
- Branched cells.
- Present singly in <u>lacunae</u>.
   Their branches run in the <u>canaliculi</u>.
- Origin: osteoblasts.
- Function: They maintain the bone matrix.



### **Bone Cells**

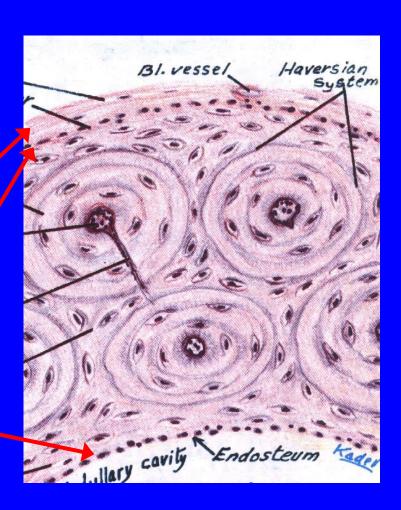
#### 4- Osteoclasts:

- Large multinucleated cells on bony surfaces, in <u>Howship's</u> <u>lacunae</u>.
- They have striated or ruffled border.
- Cytoplasm is rich in lysosomes.
- Origin: blood monocytes.
- Function: bone resorption.



# **Compact Bone**

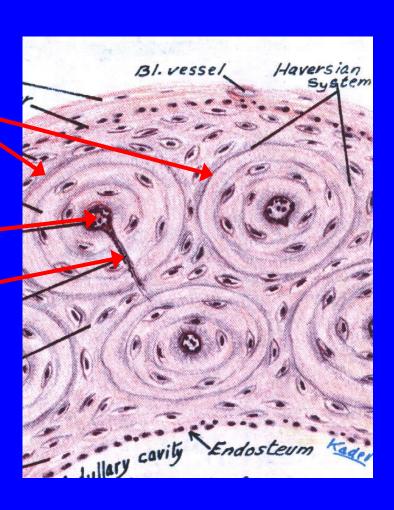
- It is found in the <u>diaphysis of</u> <u>long bones</u>.
- Consists of:
  - 1- Periosteum:
    - » Outer fibrous layer.
    - » Inner osteogenic layer.
  - 2- Endosteum.
  - 3- Bone Lamellae.
  - 4- Bone Cells.



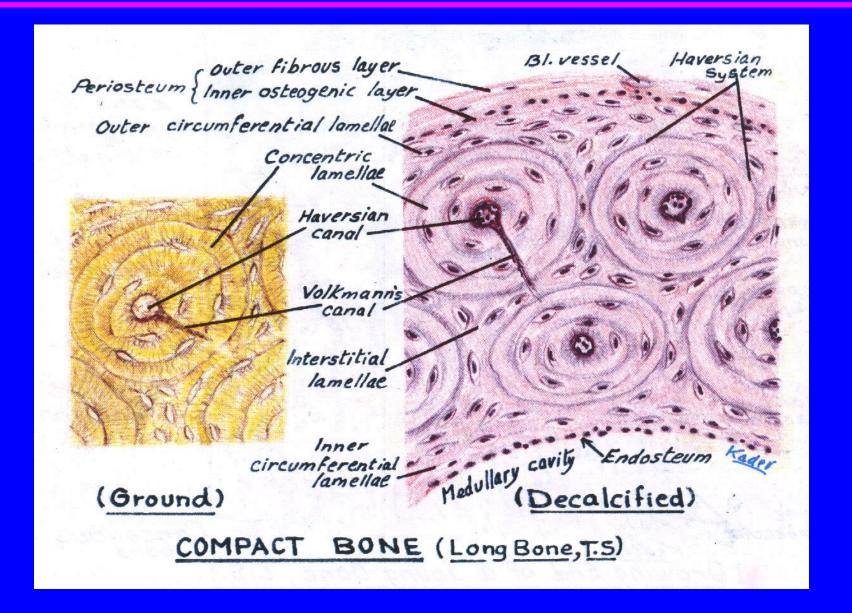
# **Compact Bone**

#### **Bone Lamellae:**

- 1- Haversian Systems (Osteons):
  - Longitudinal cylinders.
  - Each is formed of concentric bone lamellae & a <u>Haversian canal</u>, running in the center.
  - Volkmann's canals:
     connect the Haversian canals
     together. They run obliquely or
     transversely.
- 2. External Circumferential Lamellae.
- 3- Internal Circumferential Lamellae.
- 4- Interstitial Lamellae: between osteons.



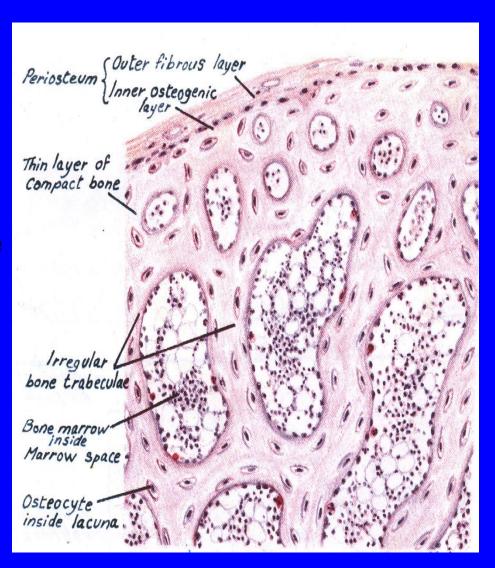
# **Compact Bone**



# Spongy (Cancellous) Bone

- In flat bones & epiphysis of of long bones.
- Consists of :
  - 1. Periosteum.
  - 2. Endosteum.
  - 3. Irregular bone trabeculae.

    (are formed of irregular bone lamellae separated by osteocytes inside lacunae).
  - 4. Many <u>irregular</u> red bone marrow spaces.
  - 5. Bone Cells.
- No Haversian systems (no osteons).



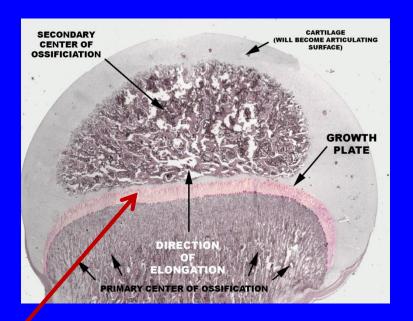
### **Growth of Bone**

### Appositional growth:

- Is produced by the activity of osteoblasts.
- It leads to increase in width.

### Growth in length:

Is produced by the activity of epiphyseal plate of cartilage.



# Thank you

