



Vascular Anatomy of the Upper Limbs



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{وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ}

Objectives

- Identify the origin of the vascular supply for the upper limb.
- Describe the main arteries and their branches of the arm, forearm & hand.
- Describe the vascular arches for the hand.
- Describe the superficial and deep veins of the upper limb

- Text in **BLUE** was found only in the boys' slides
- Text in PINK was found only in the girls' slides
- Text in RED is considered important
- Text in GREY is considered extra notes

Arteries Of The Upper Limb



The Subclavian Artery

The right subclavian artery originates from the brachiocephalic artery (AKA Innominate artery). (originates from a branch of the aorta)



The left subclavian artery originates from the arch of the aorta. (originates directly from the aorta)

Continues as the Axillary artery at the lateral border of the 1st rib (بدايته)

The Axillary Artery

- Begins at the lateral border of the 1st rib as continuation of the subclavian artery
- Continues as brachial artery at lower border of teres major
- It is closely related to the cords of brachial plexus and their branches
- Is enclosed within the axillary sheath.
- It is crossed anteriorly by the pectoralis minor and is divided into three parts; 1st (above), 2nd (behind) & 3rd (below).





The 1st part of the axillary artery

• Extends from the lateral border of 1st rib to the upper border of the pectoralis minor muscle.

Related:

- Anteriorly: to the pectoralis major muscle
- Laterally: to the cords of the brachial plexus.

It gives ONE branch: Highest thoracic artery



The 2nd part of the axillary artery

- Lies behind the pectoralis minor muscle.
- It is surrounded medially, laterally, and posteriorly by the corresponding cord of the brachial plexus.

Misculo

cutaneous o

Axillary n.

- It gives; TWO branches:
- Thoracoacromial
- Lateral thoracic



The 3rd part of the axillary artery

- Extends from the lower border of pectoralis minor muscle to the lower border of the teres major muscle.
- It is surrounded medially, laterally, and posteriorly by the branches (not cords themselves) of the cords of the brachial plexus
- It gives; THREE Branches:
- Subscapular
- Anterior circumflex humeral (الاصغر)
- Posterior circumflex humeral. (الاكبر)



Axillary a

Musculo

cutaneous n

Axillary n.

Anastomosis

Anastomosis occurs between branches of Subclavian and Axillary arteries:



The Brachial Artery:

- Provides main arterial supply to the arm.
- Is a continuation of the axillary artery at the lower border of teres major muscle.
- Terminates opposite Neck of Radius by dividing into Radial & Ulnar arteries. (In the cubital fossa)

Relations of brachial artery:

Anteriorly: crossed from above downward by medial cutaneous nerve of the forearm, median nerve, and bicipital aponeurosis.

Posteriorly: triceps, coracobrachialis and brachialis. **Medially:** basilic vein, ulnar and median nerves. **Laterally:** coracobrachialis and biceps muscles.



Branches of Brachial Artery

- Muscular.
- Nutrient to humerus.
- **Profunda brachii** (along with the radial nerve in the spiral groove)
- Superior ulnar collateral. (front of medial epicondyle)
- Inferior ulnar collateral.(back of medial

epicondyle) -Collateral means it branches towards the lateral side



The Ulnar Artery

•The larger of the two terminal branches of the brachial artery. (Larger than the radial artery)

- •Begins in the cubital fossa at the level of the neck of the radius.
- •Descends through the anterior compartment of
- the forearm (lateral to the ulnar nerve)
- Enters the palm, in front of the flexor retinaculum, with the ulnar nerve.(doesn't enter the carpal tunnel)
 Ends by forming the superficial palmar arch, by anastomosing with superficial palmar branch of radial artery.



•The radial artery is small but **superficial** so we can feel its pulse, while the ulnar artery is big but **deep** so we can't feel its pulse. (Team 436)

Branches of Ulnar Artery



•Muscular.

- 1- Recurrent branch (for anastomosis around the elbow joint). Around the medial epicondyle, to anastomose with the inferior and superior <u>ulnar</u> <u>collateral</u> arteries
- 2- Common Interosseous artery, which gives:
 - Anterior Interosseous artery
 - Posterior Interosseous artery
- 3- Branch to anastomoses around the wrist joint.

Ulnar Recurrent : branch of Ulnar Artery ulnar collateral : branch of brachial Artery

Radial Artery

•The smaller of the two terminal branches of the brachial artery.(smaller than the ulnar artery) •Begins in the cubital fossa at the level (In front) of neck of radius. Descends downward and laterally Leaves the forearm by winding around the lateral aspect of the wrist to reach the dorsum of the hand through anatomical snuff box.



Branches of Radial Artery

- Muscular
- Recurrent branch for anastomosis around the elbow joint. (Lateral epicondyle)

•Superficial palmar branch, joins the ulnar artery to form the Superficial Palmar arch. (90% ulnar , 10% radial) Deep arch is the opposite, most of it is radial.



From Girls' lecture only

Anastomosis around elbow joint

- •Anastomosis occurs between branches of brachial, radial and ulnar arteries.
- Branches from Brachial Artery:
 1-Profunda Brachii artery
 2-Superior ulnar collateral artery
 3-Inferior ulnar collateral artery
- •Branches from Ulnar and Radial Arteries: 1-Radial & ulnar recurrent arteries 2-posterior Interosseous recurrent artery (from ulnar)



Arteries of the palm

Ulnar artery:

Enters the hand:

- anterior to the flexor retinaculum,
- on the lateral side of the ulnar nerve and pisiform bone.
- •Gives a deep branch.
- •Continue as the superficial palmar arch.



Arteries of the palm

Radial artery:

•Leaves dorsum of the hand by turning forward between the proximal ends of the 1st and 2nd metacarpal bones, and between two heads of the 1st dorsal interosseous muscle.

(This place is called the anatomical snuff box)

- •On entering the palm it continues as the deep palmar arch.
- •It gives; arteria radialis indicis and arteria princeps pollicis. (lateral side of the index) (to the thumb)

Radial artery

1st dorsal interosseous muscle (between thumb and index)

The digits have arterial supply from the superficial palmar arch except the thumb and the lateral side of the index which are supplied by the radial artery

The superficial palmar arch

- Is the direct continuation of the ulnar artery, as it
- curves laterally behind the palmar aponeurosis. It comes from the medial side and curves laterally
- Is completed by a branch from the radial artery.
- Lies approximately at the level of the distal border of the extended thumb.
- Gives digital arteries from its convexity to supply the finger
- The superficial palmar arch is more distal than the deep palmar arch (very important, had its own slide)



The deep palmar arch

- Is a continuation of the radial artery as it curves medially beneath long flexor tendons, in front of the metacarpal bones and interosseous muscles.
- Is completed on the medial side by the deep branch of the ulnar artery
- Lies at the level of the proximal border of extended thumb
- It sends branch: -Superiorly to share in anastomosis around the wrist joints. -Inferiorly to join branches of the superficial palmar arch.



Veins of the Upper Limb

Deep veins

The veins of the upper limb are divided into two sets: Superficial and Deep

 The two sets anastomose frequently with each other.

• The **superficial veins** are placed immediately beneath the skin, in the superficial fascia.

• The deep veins (الأوردة المصاحبة) accompany the arteries, and constitute the venæ comitantes KEY of those vessels.



Superficial Veins of the Upper Limb Dorsal Venous Arch (network)

The **dorsal digital veins** drain into **dorsal metacarpal veins**, which unite to form a **dorsal venous arch or network.**

 Dorsal venous network lies on the dorsum of the hand(ظاهر الكف), in the subcutaneous tissue, proximal to the metacarpophalangeal joints

Drains into the cephalic vein laterally, and basilic vein medially



Cephalic Vein

Arises from the **lateral end** of the dorsal venous arch of hand.

Ascends on **radial side** of the forearm to the elbow and continues up the arm in the **deltopectoral groove.**

Pierces **clavipectoral fascia** to drain into the **axillary vein**.

(يخترق fascia عشان يفرغ الدم في axillary vein)

Blood is always drained from superficial veins into deep veins

Median Cubital Vein



Basilic Vein

Arises from the **medial side** of the dorsal venous arch of hand.

Ascends on the **ulnar side** of forearm to the elbow ,

In the middle of the arm, it pierces the **deep fascia** and joins the **brachial vein or axillary vein.**

Basilic vein is nearer to the Body

-Links cephalic vein and basilic vein in the cubital fossa.

-ls a frequent site for venipuncture(Vein of choice for IV injection)

-Carries most of cephalic blood to basilic vein

Deep Veins of the Upper Limb

Accompany the arteries of the same region and bear similar names.(مالها اسم خاص)

- Venae comitantes: They are generally arranged in pairs, and are situated one on either side of the corresponding artery, and connected at intervals by short transverse branches.
- The superficial and deep palmar arterial arches are each accompanied by a pair of venæ comitantes which constitute the **superficial** and **deep palmar venous arches**, and receive the veins corresponding to the branches of the arterial arches.
- The **deep veins of the forearm** are the venæ comitantes of the radial and ulnar veins.
- The brachial veins are placed one on either side of the brachial artery.









Begins at the lower border of the Teres major, as the continuation of the basilic vein.

Ends at the outer border of the first rib as the subclavian vein.

Receives the brachial veins and, close to its termination, the cephalic vein.

The **subclavian vein**:

Is the continuation of the axillary vein. Extends from the outer border of the first rib to the sternal end of the clavicle, where it unites with the internal jugular to form the brachiocephalic (innominate) vein.



Anatomy of basilic and cephalic vein catheterization Entire Slide from girls' slides

- The **basilic vein** is the vein of choice for central venous catheterization. (a flexible tube inserted through a narrow opening into a body cavity for removing fluid)
- From the cubital fossa until reaching the axillary vein it: <u>1-</u>increases in diameter (because it receives blood from the cephalic) <u>2-</u>lies in direct line with the axillary vein.
- Abduction of the arm (الوضعية المناسبة) will overcome the trouble caused by the valves in the axillary vein, and allows the catheter (أنبوب القسطرة) to move past (skip) the obstruction.
- *The <u>cephalic vein</u>: <u>1-</u>does not increase in size as it ascends (go up) in the arm <u>2-</u>frequently divides into small branches (↓diameter=↓amount of blood) <u>3-</u>At it's termination it joins the axillary vein at right angle ,so it is difficult to maneuver the catheter around this angle. *that's why we don't choose the cephalic.



Palpation and compression of arteries Entire Slide from girls' slides

Arteries of the upper limb can be palpated or compressed in an emergency.

\bigcirc	• Subclavian artery: can be traced in the root of posterior triangle of the neck as it crosses the 1st rib to become the axillary artery.
C	• Axillary artery (3rd part): can be felt in the axilla as it lies anterior to teres major muscle.
\langle	• Brachial artery: can be palpated in the arm as it lies on brachalis and is overlapped from the lateral side by the biceps brachii.
\subseteq	• Radial artery: it lies superficial anterior to distal end of radius between tendons of brachioradialis and flexor carbi radialis (radial pulse) or as it crosses the anatomical snuffbox.
\bigcirc	• Ulnar artery: can be palpated as it crosses anterior to the flexor retinaculum lateral to pisiform bone.

PARTS OF AXILLARY ARTERY







ARTERIAL INNERVATION AND RAYNAUD'S DISEASE

from girls' slides and boys' slides from last year

- Sympathetic innervation of the upper limb arteries is carried on by; preganglionic fibers from cell bodies from **2nd to 8th** thoracic segments.
- They ascend in the sympathetic trunk to synapse in middle and inferior cervical and 1st thoracic.
- Postganglionic fibers are distributed along branches of the brachial plexus.
- Raynaud's disease is a vasospastic diseases involves digital arteries.
- It may require cervicodorsal <u>preganglionic (or post...)</u>
 sympathectomy* to prevent necrosis of the fingers.
 *prevents any sympathetic supply to the arteries

Overstimulation of sympathetic ↓ permanent vasoconstriction ↓ Raynaud's disease FIGURE 1 Vascular changes that occur during acute Raynaud's disease





Summary From team 436

1



- originates from
- right> brachiocephalic artery
- left> arch of aorta



- Begins at lateral border of first rib
- crossed anteriorly by the pectoralis minor
- three parts; 1st, 2nd & 3rd



- Terminates opposite Neck of Radius by dividing into Radial & Ulnar
- Provides main arterial supply to the arm

Ulnar and Radial

- Begins at Cubital Fossa
- Ulnar is larger than radial

Questions

1. The left subclavian artery originates from

A- left common carotid arteryB- aorta aC-suprascapular arteryD- the ar

B- aorta artery D- the arch of aorta

2. The 3rd part of the axillary artery ends at

A-lower end of pectoralis maj. B-lo C-lower end of pectoralis min. D- lo

B-lower end of teres maj. D- lower end of teres min.

3. Which of the following are branches of axillary artery

A-subscapular artery. B-posterior circumflex humeral artery C- anterior circumflex humeral artery D-all of the above

4. A branch of brachial artery is :

A-submuscular. C-medial radial unilateral. B-lateral ulnar collateral D- profunda brachii 5. The deep palmar arch is more proximal than:

A- superficial palmar arch C- radial artery. B- ulnar artery. D- brachial artery

6. Which is the vein of choice for injection

A-basilic B-cephalic C-median cubital D-axillary

7. Which is the vein of choice for central venous catheterization

A-basilic B-cephalic. C-median cubital. D-axillary

8.Dorsal venous network lies on the dorsum of the hand, in the subcutaneous tissue, proximal to the

A-deltopectoral groove.B-clavipectoral groove.C-metacarpophalangeal jointsD- wrist joint

9.what is the correct for the basilic vein:

A- lies in indirect line with the axillary vein B-↓diameter. ↓amount of blood. D-vein of choice for central venous catheterization

10.Sympathetic innervation of the upper limb arteries is carried on by; preganglionic fibers from cell bodies from:

A-1st thoracic segmentB-8th thoracic segmentC-1st-8th thoracic segments.D-2nd-8th thoracic segments

1-D 2-B 3-D 4-D 5-A 6-C 7-B 8-C 9-D 10-D

C-

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