



وَمَنْ يَتَوَكَّلْ عَلَى اللهِ فَهُوَ }

{حَسْدُهُ

# Sacrum and Pelvic

Lecture 7

Please check our Editing File.

هذا العمل لا يغني عن المصدر الأساسي للمذاكرة

# Objectives

- Describe the bony structures of the pelvis.
- Describe in detail the hip bone, the sacrum, and the coccyx.
- Describe the boundaries of the pelvic inlet and outlet.
- Identify the structures forming the Pelvic Wall.
- Identify the articulations of the bony pelvis.
- List the major differences between the male and female pelvis.
- List the different types of female pelvis.
- Text in **BLUE** was found only in the boys' slides
- Text in PINK was found only in the girls' slides
- Text in RED is considered important
- Text in GREY is considered extra notes

### Bony Pelvis

Location	SHAPE	<b>Structure:</b> Pelvis can be repholes in its walls. The structure composed of:	garded as a basin with e of the basin is
Pelvis is the region of the trunk that lies below the abdomen.	Bowl shaped	4 bones	4 joints

1-sacrum
2-ilium
3-ischium
4-pubic
5-pubic symphysis
6-Acetabulum



A. Two hip bones: These form the lateral and anterior walls of the bony pelvis.

From team 436

B. Sacrum: It forms most of the posterior wall.C. Coccyx: It forms most of the posterior wall.

# Bony Pelvis, Functions:

- The skeleton of the pelvis is a basin- shaped ring of bones with holes in its walls that connect the vertebral column (Trunk) to both femora (lower extremities).
- Its **Primary** Functions are:
  - Bears the weight of the upper body when sitting and standing "the most important function".
  - Transfers that weight from the axial skeleton to the lower appendicular skeleton when standing and walking.
  - Provides attachments and withstands the forces of the **powerful** muscles of locomotion (movement) and posture.

### \* Its **Secondary** Functions are:

- Contains and Protects the pelvic and abdominopelvic viscera (inferior parts of the urinary tracts, internal reproductive organs)
- Provides attachment for external reproductive organs and associated muscles and membranes.



### Pelvic Girdle :

- Compared to the Pectoral Girdle, the pelvic girdle is <u>Larger</u>, <u>heavier</u>, and stronger.
- The total weight of the upper body rests on the pelvis.

### Composed of:

 Two hip (coxal) bones

#### Important to know the difference between:

Bony Pelvis : hip bones, sacrum and coccyx.

Pelvic girdle: only the two hip bones

\*Acetabulum: The socket of the hip bone, into which the head of the femur fits.

### Hip Bone :

- Each one is a large irregular bone.
- Formed of three bones:
  - ➤ Ilium (superior)
  - ➤ Ischium (inferior posterior)
  - ➤ Pubis (inferior anterior)

#### They are joined at a deep socket (Acetabulum)\*

- During <u>childhood</u>, these sections are separate bones, joined by Y shaped cartilage.
- During <u>puberty</u>, they fuse together to form a <u>single bone</u>.



### • It is the <u>Upper</u> <u>Flattened</u> Part of the **hip bone**.

Waist: body below the ribs and above the hips

The **Inner** surface has:

Iliac Fossa (forms false pelvis). Smooth

• Auricular surface ( for articulation with the sacrum). Rough

- Iliopectinial (Arcuate) Line:

- Runs downwards & forwards.
- It separates between the <u>False</u> & the <u>True</u> pelvis

It has:
<u>two</u>
surfaces:

•The Outer Surface: rough and has three Gluteal Lines

Outer surface: called "Gluteal surface" because it has 3 gluteal lines, which serves as an attachment for gluteal muscles,(Maximus,medius,minimus). **Iliac Crest:** An important anatomical landmark below the \*waist.

It runs between the <u>Anterior</u> and <u>Posterior</u>
 Superior Iliac Spines.

•Below are the corresponding <u>Anterior</u> and <u>Posterior</u> **Inferior Iliac Spines.** (Total 4 spines)



 Forms the Anterior & <u>Inferior</u> part of the hip bone. •<u>It is composed of</u>: **Body**; bears the Pubic Crest and Pubic Tubercle. -Two pubic Rami; Superior & Inferior. •They bound the **Obturator** Foramen, which is closed partially by the obturator membrane. leaving the obturator canal for passing of blood vessels & nerves into the thigh

The greater and lower sciatic notches are separated by the ischial spine



### <u>lschium:</u>

### Forms the <u>Posterior</u> & <u>inferior</u> part of the hip bone Ischial Tuberosity:

A roughened area that receives body weight in sitting العظمة الي نجلس عليها •Ischial Spine:

Superior to the tuberosity, it is <u>important</u> landmark in <u>pregnant</u> women. (obstetrics)

#### -Greater sciatic notch.

Allow sciatic nerve & vessels to pass from the pelvis to the thigh.

#### Lesser sciatic notch.

allow vessels & nerves to pass from pelvic to \*perinium.



# Articulations of hip bone

### symphysis pubis:

-a secondary cartilaginous joint between the two pubic bones

Sacroiliac joints:

-strong synovial joints, between the auricular surfaces of both iliac bones and the sacrum

-transmit the weight of the body from vertebral column to the bony pelvis

Hip joints:

-The outer surface articulates at the acetabulum with the head of the femur.



### Sacrum And Coccyx:

### \*Sacrum:

- -A single wedge shaped bone.
- -Consist of Five rudimentary بدائية vertebrae fused together.
- -The anterior and posterior surfaces possess on each side four Sacral Foramina.
- -The fused vertebral foramina form the \*Sacral Canal.
- -Its lower limit is the Sacral Hiatus.

### Sacral promontory:

1) The anterior and upper margin.(represent the body of the first sacral vertebrae)

#### 2) It is tilted forward forming the lumbosacral angle.

\*Sacral Canal: The cauda equina, pass through the canal to send their dorsal and ventral rami through the corresponding sacral foramina.

#### **COCCYX:** - Consists of four vertebrae fused together forming a single Triangular piece.



# Articulation Of Sacrum

1)Lumbosacral joint:

The upper border articulates with the 5th lumbar vertebra.

2) Sacrococcygeal joint:

The inferior part articulates with the Coccyx.

3) Sacroiliac joints:

Lateral articulation with both hip bones.



These joints + pubic symphysis form the bony pelvis; by joining the sacrum and the hip bones together

#### Only in girls' slides

# Foramina in Body pelvis

- The holes of the basin are called **foramina**.
- The important foramina in the bony pelvis include:

### Anterior sacral foramina

#### Greater and lesser sciatic foramina

### Obturator foramen

- These are present on the anterior surface of the sacrum (which forms the posterior surface of the bony pelvis)
- Through these foramina pass the anterior rami of the sacral spinal nerves.



- These are the major foramina of the pelvis.
- In the bony pelvis, they are present as greater and lesser sciatic notches but by the attachment of sacrotuberous and sacrospinous ligaments, these notches are converted to respective foramina.
- Through these foramina various
   st
   e pelvis.

- Each lateral wall of the pelvis has a large hole, called the obturator foramen.
- In living subjects, this hole is closed by the obturator membrane except for a small opening, which represents the obturator canal.



# Orientation of the Pelvis

It is the Correct Position of the bony pelvis relative to the trunk (in the anatomical position):

1.The Anterior Superior iliac spine and the front of the Symphysis pubis (The pubic tubercles) are in the same **vertical** 

plane.

2.The coccyx and the upper margin of the pubic symphysis are in the same **horizontal** 

plane.



**3.**The axis of the pelvic cavity running through the central point of the inlet and the outlet, almost parallels the curvature of the sacrum.



In this position: The anterior surface of the Sacrum is directed forward and downward while the pelvic surface of symphysis pubis faces upward and backward.

### Only in girl's slides

# Fractures of the Bony Pelvis

The weakest parts of the bony pelvis are:

- Pubic rami
- Acetabula
- Region of sacroiliac joint
- Alae of the ilium



- Pelvic Fractures can result from direct trauma to the pelvic bones as occurs in car accidents or by forces transmitted to these bones from the lower limbs during falls on the feet.
- Pelvic fractures may cause injury to the <u>pelvic soft tissues</u>, <u>blood vessels</u>, <u>nerves</u> and <u>organs</u>.

# Subdivision of the bony pelvis

The bony pelvis is divided into two parts by the Pelvic Brim.



False Pelvis (Greater pelvis)

Lies superior to the pelvic brim.

- Enclosed by the
   Fossae of the iliac bones
- Forms the inferior region of the abdominal cavity.
- Houses the Inferior abdominal

### True Pelvis (lesser pelvis)

Lies inferior to the pelvic brim. •Encloses the pelvic cavity. •Contains the pelvic organs. •It has : Inlet Outlet Pelvic walls







# True Pelvis (pelvic inlet and outlet).

	Pelvic Inlet (pelvic brim)	Pelvic outlet	Anterior superior illac spine Margin of pelvic
Bounded by:	<ul><li>1-Sacral</li><li>promontory</li><li>2- Symphysis pubes</li><li>3- iliopectineal lines</li></ul>	<ol> <li>1- Tip of Coccyx</li> <li>2- Ischial</li> <li>tuberosities</li> <li>3- Pubic arches</li> </ol>	Lesser sciatio fo Public Obturator fo
Posterior Border Sacral promontory	Lateral border lliopectineal line	Anterior border The pubic arch Lateral bord Ischial tuberosity sacrotuberous lig (not visible)	der vand the gament Sacrotuberous ligamen
Pub	ic symphysis	Posterior Border The tip of the coccyx	teachmeanatomy



Coccyx

Ischial tuberosity

## Pelvic Walls

- Formed by bones and ligaments
- Lined with muscles, and covered with fascia

#### This slide is only in males lecture



Anterior wall	Posterior wall	Lateral wall
- Posterior surfaces of bodies of pubic bones - Pubic rami - Symphysis pubes	- <u>Sacrum and coccyx</u> - Piriformis muscles, and their covering of parietal pelvic fascia	<ul> <li>hip bone below the pelvic inlet (pelvic brim)</li> <li>Obturator membrane</li> <li>Sacrotuberous and sacrospinous ligaments</li> <li>Obturator internus muscle and covering fascia</li> </ul>

	Bony pelvis	Male	Fem ale	Differences betweer
Masth	<ul> <li>General structure</li> </ul>	Thick & heavy	Thin, Smaller & lighter	female pe
the iliac fossa	False (major) pelvis	Deep	Shallow	
	True (lesser) pelvis	Narrow & Deep	Wide & Shallow	
The deeper it is the smaller the cavity	Pelvic inlet	Heart shaped	Oval or Rounded	Her
	Pelvic outlet	Small	Larger	Because of the everted tuberosity
	Pubic arch	Narrow	Wide	India
	subpubic angle	Acute angle	obtuse angle	spine the spine of
	Obturator foramen	Round	Oval	
	Acetabulum	Large	Small	The other 3 vertebrae are only bound by ligaments, during pregnancy, the
	<ul> <li>Auricular surface.</li> </ul>	Sacrum articulates with 3 vertebrae, is fixed	Sacrum articulates with 2 vertebrae	sacrum moves backwards
	<ul> <li>Ischial tuberosities</li> </ul>	Turned in	Everted	
	Ischial spines		Shorter and farther apart	Wide= roomer
	Pelvic cavity	Less, small	Wide "for normal birth"	Doctor's notes Male's slides o

n the male and elvis

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only Females slides only

# Differences between the male and female sacrum

Male	Difference	Fem ale
Longer	Length	Shorter
Narrower	Breadth	Wider
More curved	Curvature	Less curved



# Forensic Medicine and Bony Pelvis

For identification of human skeletal remains, the bony pelvis is of prime focus of attention because sexual differences are clearly visible.

Even parts of the pelvis are useful in making a diagnosis of sex.



# Types of Obstetrical Female Pelvis

(1) Gynaecoid: the typical female type.

(2)Anthropoid: long, narrow, and oval shaped.(Between Male & Female pelvic)

(3)Android: funnel shaped with contracted outlet. (It causes hazards to normal vaginal delivery) (close to male pelvic)

(4)Platypelloid: wide, flattened at the brim, with forward promontory. (Transverse is wider than usual)







### **SUMMARY:** Foramina in Bony Pelvis:

foramina	Location	importance
(4)Sacral foramina	(2)On anterior surface of the sacrum (2)On posterior surface of the sacrum	Passes through them the anterior & posterior rami of the sacral spinal nerves
Greater and lesser sciatic foramina	Above and below the Ischial Spine *Which separates between them	allow sciatic nerve & vessels to pass from pelvis to thigh (Greater) & perinium (Lesser)
Obturator foramen	the large hole on each lateral wall of the pelvis	Obturator nerve passes through it

# Questions

- W hich of the following is a secondary function of the Pelvic girdle?
- a) Bears weight of upper body while sitting
- b) Provides attachments & endures the forces of the muscles of locomotion and posture.
- c) Provides attachment for external reproductive organs

#### 2) The fliac crestof flium :

- a) Runs between the Anterior and Posterior Superior Iliac Spines.
- b) Runs between the lateral and medial superior iliac spines
- c) Runs between the anterior and posterior inferior iliac spines

#### 3) pubis bone bounds the:

- a) Iliac fossa
- b) Obturator foramen
- c) acetabulum

4) How m any types of articulations does the hip bone have?

- a) 1
- b) 2
- c) 3

#### 5) the lum bosacraljoint is articulation between:

- a) Sacrum and L3 vertebra
- b) Upper border of Sacrum and L5 vertebra
- c) Sacrum and coccyx

#### 6) The weakest part of the

#### pelvis is:

- a) Acetabula
- b) Pubic bone
- c) Ischium

### 7) The bony pelvis of the male is:

- a) Thick & Heavy
- b) Thin, Smaller & lighter
- c) Same as female

8) which type of fem ale pelvis is likely to cause hazards during norm al vagina delivery?

- a) Gynaecoid
- b) Android
- c) Platypelloid

Answers: 1. C 2. A 3. B 4. C 5. B 6. A 7. A 8. B

### Team Members

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