

Nose, Nasal cavity, Paranasal Sinuses & Pharynx

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Objectives

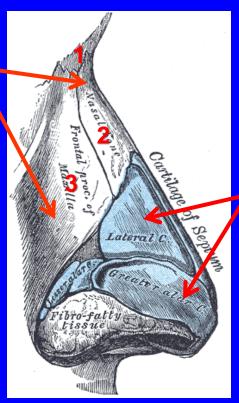
- At the end of the lecture, the students should be able to:
- Describe the boundaries of the nasal cavity.
- Describe the nasal conchae and meati.
- Demonstrate the openings in each meatus.
- Describe the paranasal sinuses and their functions
- Describe the pharynx and its parts

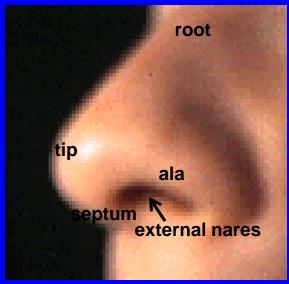
Nose

The external

 (anterior) nares or nostrils, lead to the nasal cavity.

Formed above by: Bony skeleton

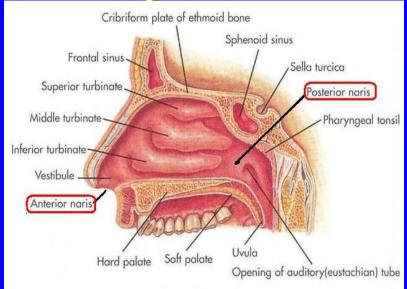


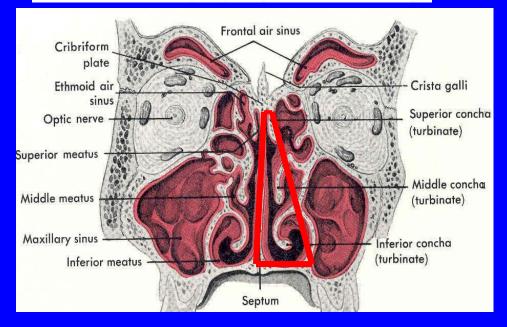


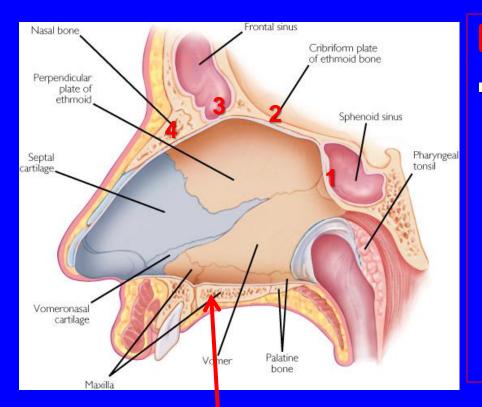
 Formed below by plates of hyaline cartilage.

Nasal Cavity

- Extends from the external (anterior) nares to the posterior nares (choanae).
- Divided into right & left halves by the nasal septum.
- Each half has a:
 - Roof
 - Lateral wall
 - Medial wall (septum)
 - Floor







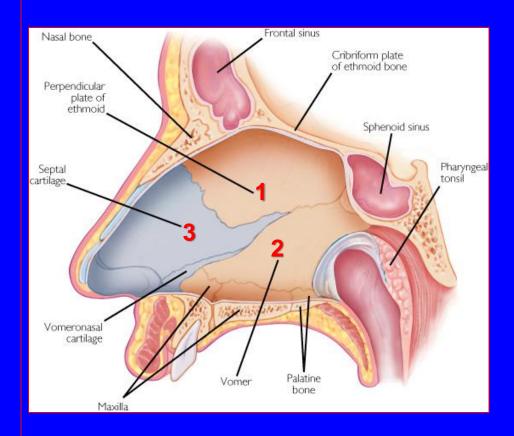
Roof

- Narrow & formed (from behind forward) by the:
 - 1. Body of sphenoid.
 - 2. Cribriform plate of ethmoid bone.
 - 3. Frontal bone.
 - 4. Nasal bone & cartilage

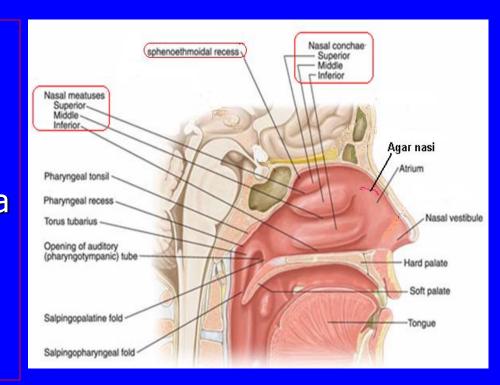
Floor

- Separates it from the oral cavity.
- Formed by the hard (bony) palate.

- Medial Wall (Nasal Septum)
- Osteocartilaginous partition.
- Formed by:
 - 1. Perpendicular plate of ethmoid bone.
 - 2. Vomer.
 - 3. Septal cartilage.



- Lateral Wall
- Shows three horizontal bony projections, the superior, middle & inferior conchae
- The cavity below each concha is called a meatus and are named as superior, middle & inferior corresponding to the conchae.



The small space above the superior concha is the **sphenoethmoidal recess.**

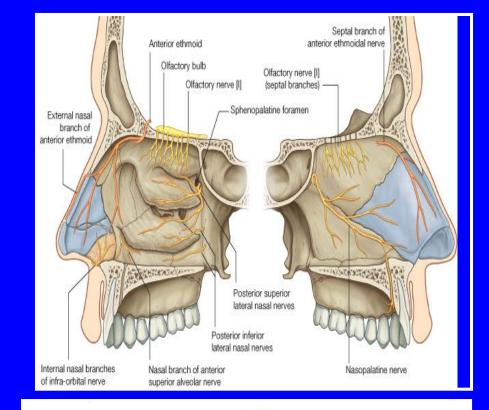
The conchae increase the surface area of the nasal cavity.

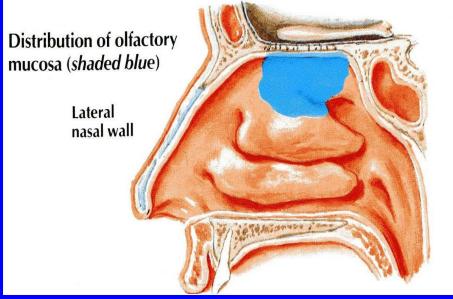
The recess & meati receive the openings of the:

- **■**Paranasal sinuses.
- Nasolacrimal duct.

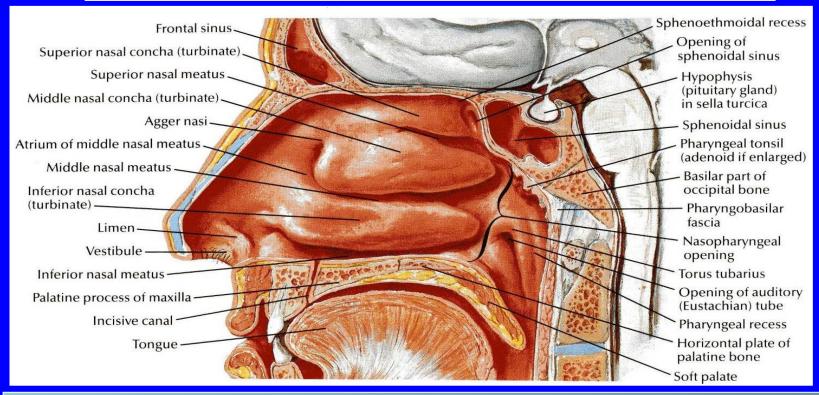
Nasal mucosa

- Olfactory:
- It is <u>delicate</u> and contains olfactory nerve cells.
- It is present in <u>the upper</u> <u>part of nasal cavity</u>:
- R<u>oof,</u>
- On the lateral wall,
- Oit lines the upper surface of the <u>superior concha</u> and the <u>sphenoethmoidal recess.</u>
- On the medial wall, it lines the <u>superior part</u> of the nasal septum.





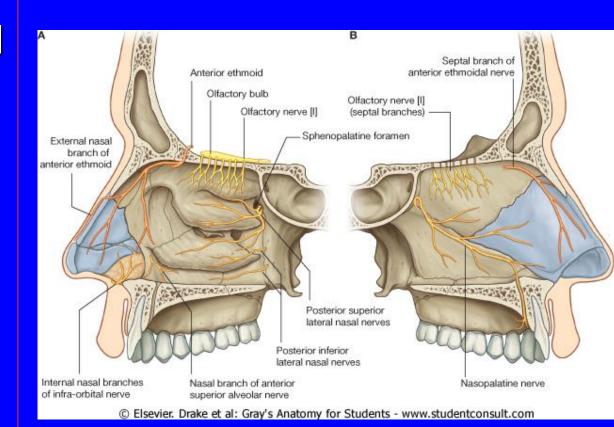
RESPIRATORY MUCOSA



- It is thick, ciliated highly vascular and contains mucous glands & goblet cells
- It lines the Lower part of the nasal cavity.
- It functions to moisten, clean and warm the inspired air.
- The air is moistened by the secretion of numerous serous glands.
- It is <u>cleaned</u> by the removal of the dust particles by the ciliary action of the columnar ciliated epithelium that covers the mucosa.
- O The air is warmed by a submucous venous plexus.
- The Vestibule is lined by Skin.

- Olfactory mucosa supplied by olfactory nerves.
- Nerves of general sensation are derived from
- ophthalmic
- maxillary nerves.
- Autonomic fibers.

Nerve Supply



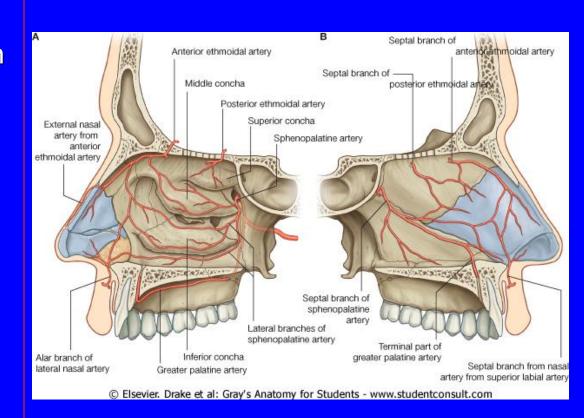
Arterial Supply:

- Branches of the
- maxillary,
- facial &
- ophthalmic arteries.
- The arteries make a rich anastomosis in the region of the vestibule, and anterior portion of the septum.

Venous Drainage:

- drain into the
- facial,
- ophthalmic, and
- spheno-palatine veins.

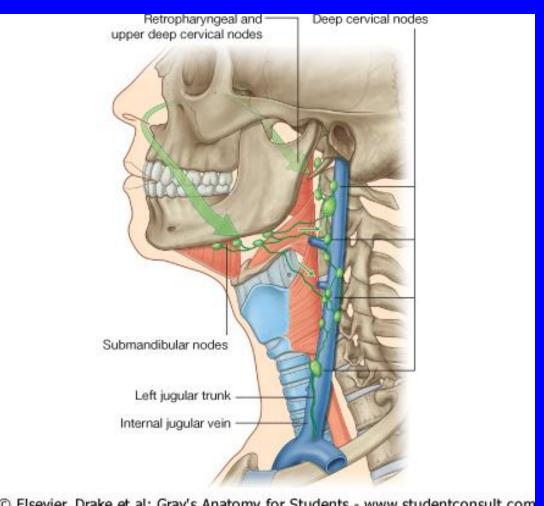
Blood supply



Lymphatic Drainage

The lymphatics from the:

- Vestibule drains into the submandibular lymph nodes.
- Rest of the cavity drains into the upper deep cervical lymph nodes.



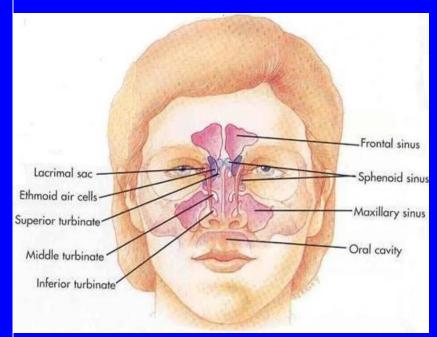
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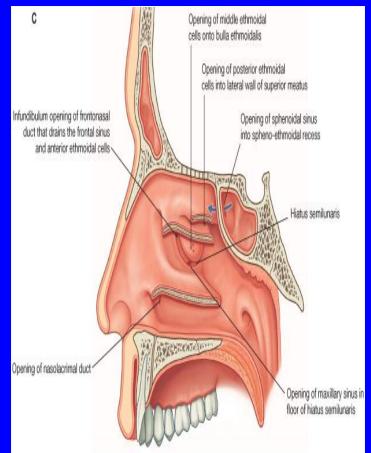
Paranasal Sinuses

- Air filled cavities located in the bones around the nasal cavity: Ethmoid, Sphenoid, Frontal bones Maxillae.
- Lined by respiratory mucosa which is continuous with the mucosa of the nasal cavity.
- Drain into the nasal cavity.

Functions

- Lighten the skull.
- Act as resonant chambers for speech.
- Air conditioning: The respiratory mucosal lining helps in warming, cleaning and moistening the incoming air.

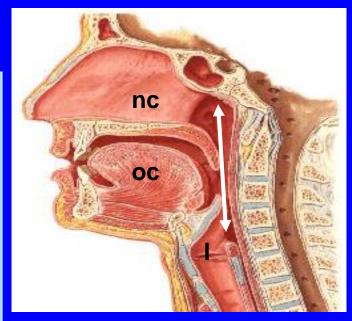


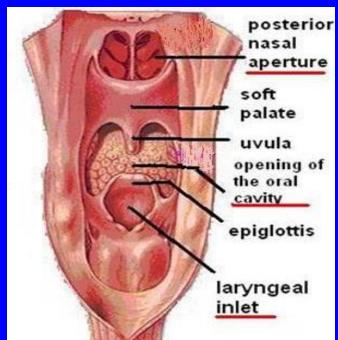


Spheno ethmoidal recess	sphenoidal sinus
Superior meatus	posterior ethmoidal sinus
Middle meatus	middle ethmoidal, maxillary, frontal & the anterior ethmoidal sinuses
Inferior meatus	nasolacrimal duct.

Pharynx

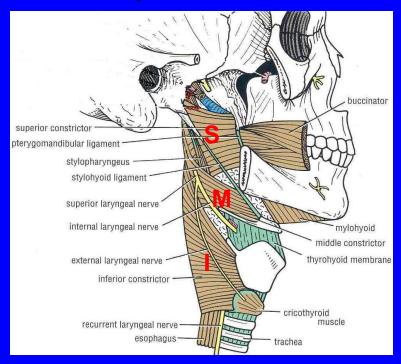
- Muscular tube lying behind the nose, oral cavity & larynx.
- Extends from the base of the skull to level of the 6th cervical vertebra, where it is continuous with the esophagus
- The anterior wall is deficient and shows (from above downward):
 - Posterior nasal apertures.
 - Opening of the oral cavity.
 - Laryngeal inlet.
- The muscles arranged in circular and longitudinal layers.





Circular (Constrictor) Muscles

- Three in number:
- Superior constrictor,
- Middle constrictor &
- Inferior constrictor
- The three muscles overlap each other.

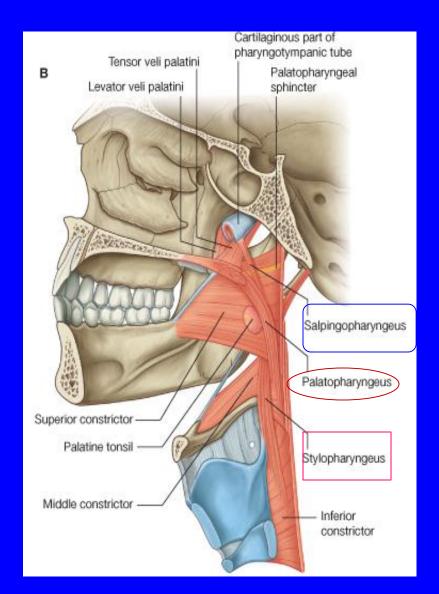


Functions:

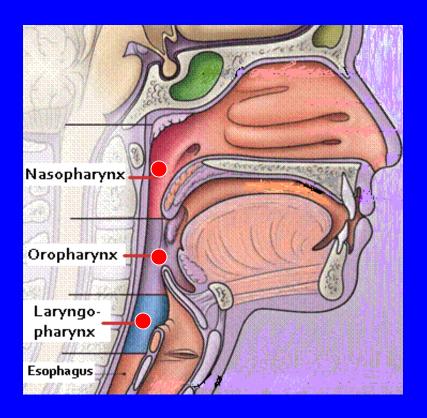
- Propel the bolus of food down into the esophagus.
- lower fibers of the inferior constrictor (Cricopharygeus) act as a sphincter, preventing the entry of air into the esophagus between the acts of swallowing.

Longitudinal Muscles

- Three in number:
 - Stylopharyngeus
 - Salpingopharyngeus
 - Palatpharyngeous
- Function:
 - Elevate the larynx & pharynx during swallowing

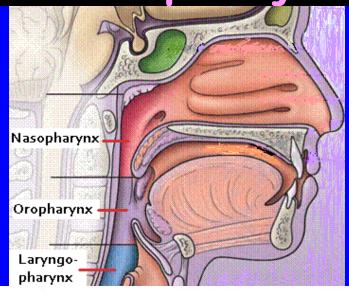


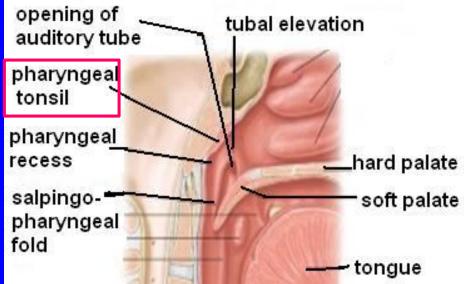
- Pharynx is divided into three parts:
 - Nasopharynx.
 - Oropharynx.
 - Laryngopharynx.



- Extends from the base of skull to the soft palate.
- communicates with the nasal cavity through posterior nasal apertures
- Pharyngeal tonsils (Adenoides)
 present in the submucosa
 covering the roof.
- Lateral wall shows:
 - Opening of auditory tube.
 - Tubal elevation (produced by posterior margin of the auditory tube).
 - Tubal tonsil.
 - Pharyngeal recess.
 - Salpingopharyngeal fold (raised by salpingopharyngeus muscle).

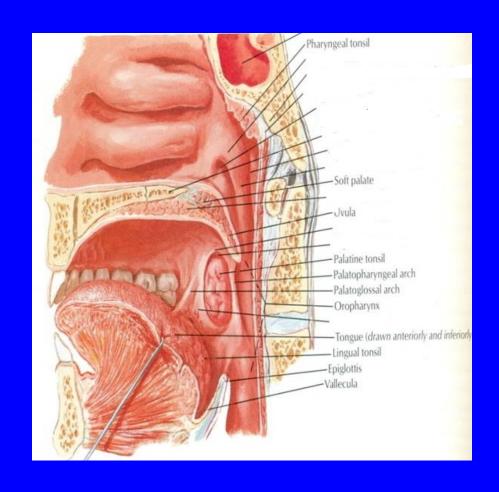






- Lies behind the mouth, communicates with the oral cavity through the oropharyngeal isthmus
- Extends from soft palate to upper border of epiglottis.
- Lateral wall shows:
 - Palatopharyngeal fold.
 - Palatoglossal fold
 - Palatine tonsil located between them in a depression called the 'tonsillar fossa'.

Oropharynx

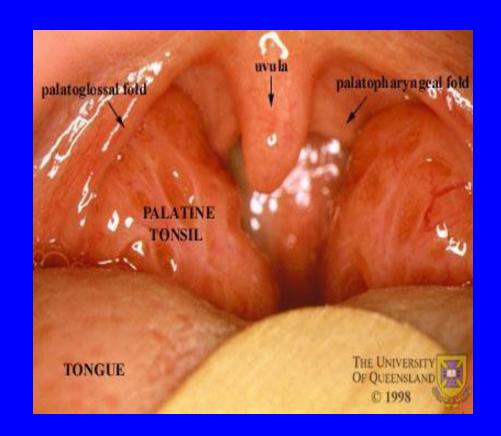


Palatine tonsils

Two masses of lymphoid tissue located in the lateral wall of the oropharynx in the tonsillar fossa,

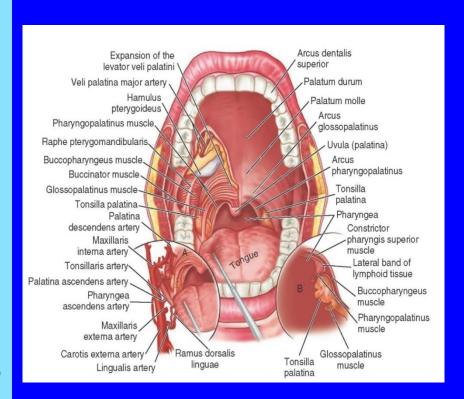
Each one is covered by mucous membrane and laterally by fibrous tissue (capsule).

It reaches a maximum size during childhood, after puberty it diminishes in size.



Relations

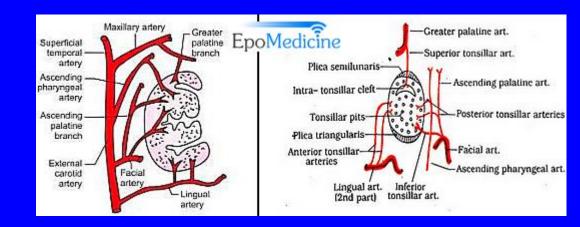
- Anteriorly: palatoglossal arch
- Posteriorly: palatopharyngeal arch
- Superiorly: soft palate
- Inferiorly: posterior 1\3 of the tongue.
- Medially: cavity of the oropharynx
- Laterally: superior constrictor of the pharynx separated from it by lose connective tissue through which descends the external palatine vein, , loop of the facial artery and , the internal carotid artery which lies behind and lateral to the tonsils.

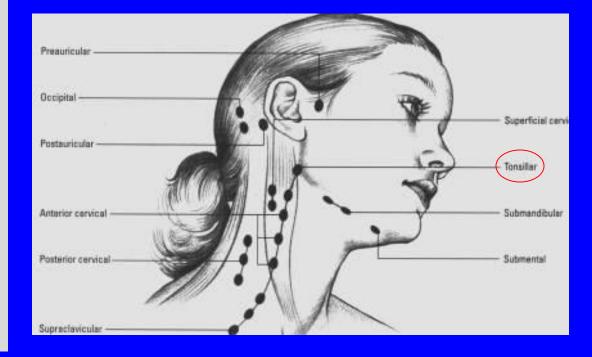


Arterial supply: tonsillar artery from the fascial, lingual and greater palatine.

Venous drainage:
join external palatine
pharyngeal and
fascial veins

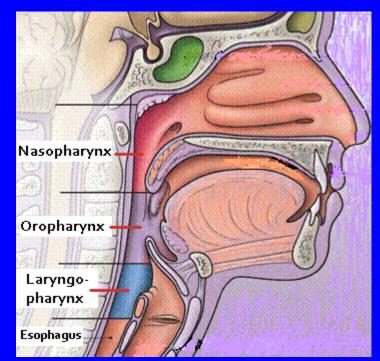
Lymphatic drainage; to the upper deep cervical (jugulodigastric node)

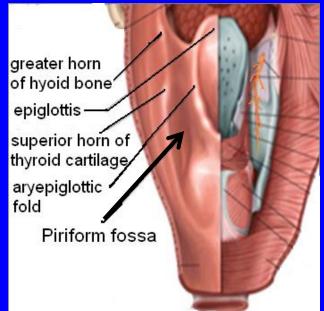




Laryngopharynx

- Lies behind the laryngeal inlet & the posterior surface of larynx.
- communicates with the larynx through the laryngeal inlet
- Extends from upper border of epiglottis to lower border of cricoid cartilage.
- A small depression situated on either side of the laryngeal inlet is called 'Piriform Fossa'.
- It is a common site for the lodging of foreign bodies.
- Branches of internal laryngeal & recurrent laryngeal nerves lie deep to the mucous membrane of the fossa and are vulnerable to injury during removal of a foreign body.





Nerve Supply

- Sensory:
 - Nasopharynx: Maxillary nerve
 - Oropharynx:
 Glossopharyngeal nerve
 - Laryngopharynx: Vagus nerve
- Motor:
 - All the muscles of pharynx are supplied by the pharyngeal plexus.
 Except; the Stylopharyngeus is supplied by the glossopharyngeal nerve

- Arterial supply: from branches of the following arteries:
- Ascending pharyngeal
- Ascending palatine
- Facial
- Maxillary
- Lingual
 - The Veins drain into pharyngeal venous plexus, which drains into the internal jugular vein
 - The lymphatics drain into the deep cervical lymph nodes either directly, or indirectly via the retropharyngeal or paratracheal lymph nodes

