## Development of Respiratory System

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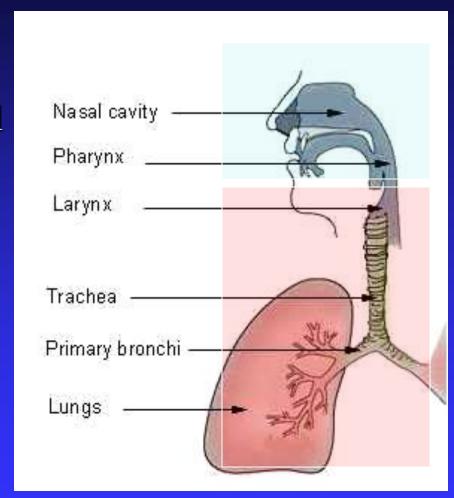
## **OBJECTIVES**

At the end of the lecture the students should be able to:

- Identify the development of the laryngeotracheal (respiratory) diverticulum.
- Identify the development of the larynx.
- Identify the development of the trachea.
- Identify the development of the bronchi & Lungs.
- Describe the periods of the maturation of the lung.
- Identify the most congenital anomaly.

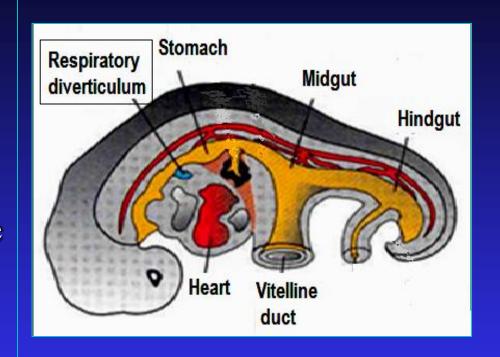
## Respiratory System

- Upper respiratory tract:
  - ◆ Nose
  - Nasal cavity & paranasal sinuses
  - Pharynx (Laryngopharynx).
- Lower respiratory tract:
  - ◆ Larynx
  - ◆ Trachea
  - ◆ Bronchi
  - ◆ Lungs

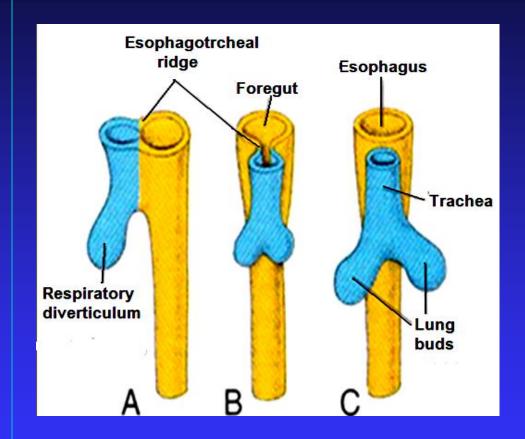


## Development of the Lower Respiratory Tract

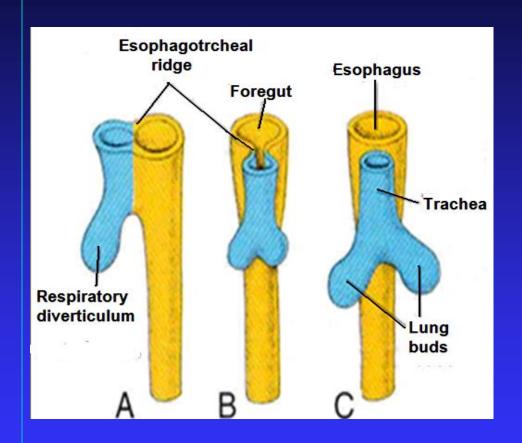
- Begins to form during the
  4<sup>th</sup> week of development
- Begins as a median outgrowth (laryngotracheal groove) from the caudal part of the ventral wall of the primitive pharynx (foregut)
- The groove envaginates and forms the laryngotracheal (respiratory) diverticulum



- A longitudinal tracheoesophageal septum develops and <u>divides</u> the <u>diverticulum</u> into a:
  - ◆ Dorsal portion:
     primordium of the
     oropharynx and
     esophagus
  - Ventral portion:
     primordium of
     larynx, trachea,
     bronchi and lungs



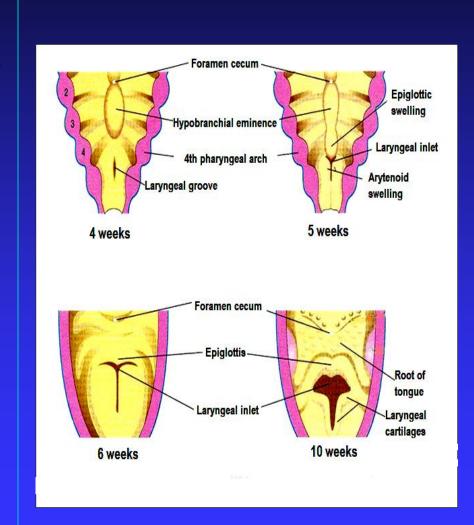
- The proximal part of the respiratory diverticulum remains tubular and forms larynx & trachea.
- The distal end of the diverticulum dilates to form lung bud, which divides to give rise to
  2 lung buds (primary bronchial buds)



- The **endoderm** lining the laryngotracheal diverticulum gives rise to the:
  - ◆ Epithelium & Glands of the respiratory tract
- The surrounding splanchnic mesoderm gives rise to the:
  - ◆ Connective tissue, Cartilage & Smooth muscles of the respiratory tract

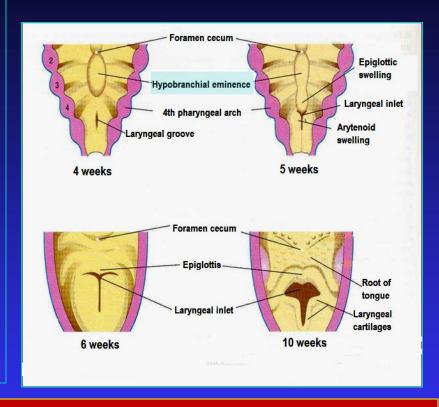
## **Development of the Larynx**

- The opening of the laryngotracheal diverticulum into the primitive foregut becomes the laryngeal orifice.
- The epithelium & glands are derived from endoderm.
- Laryngeal muscles & the cartilages of the larynx except Epiglottis that develop from the mesoderm of 4<sup>th</sup> & 6<sup>th</sup> pairs of pharyngeal arches.



## **Epiglottis**

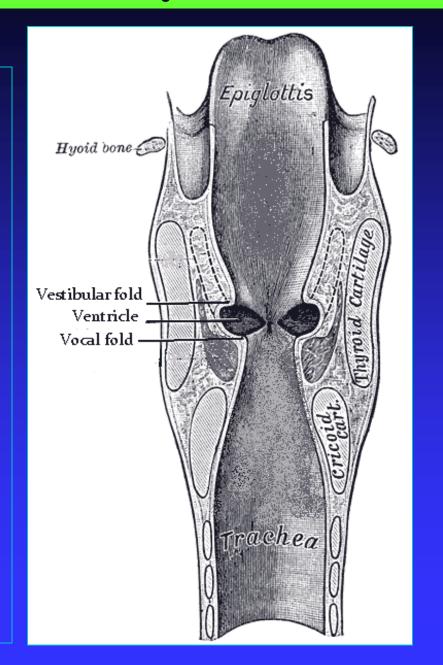
It develops from the caudal part of the hypopharyngeal eminence, a swelling formed by the proliferation of mesoderm in the floor of the pharynx.



Growth of the larynx and epiglottis is rapid during the first three years after birth. By this time the epiglottis has reached its adult form.

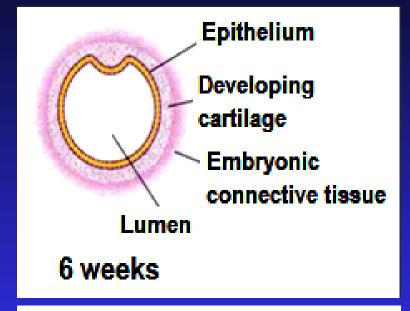
### Recanalization of larynx

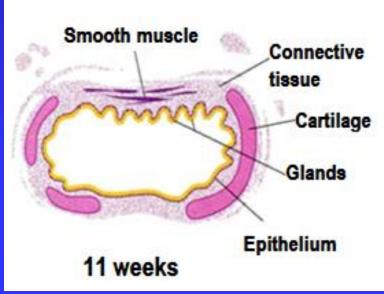
- The laryngeal epithelium proliferates rapidly resulting in temporary occlusion of the laryngeal lumen
- Recanalization of larynx normally occurs by the 10<sup>th</sup> week.
- Laryngeal ventricles, vocal folds and vestibular folds are formed during recanalization.



## **Development of the Trachea**

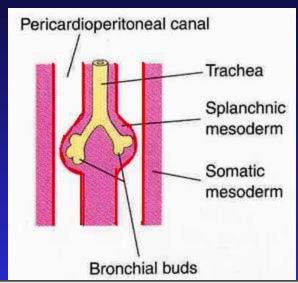
- The endodermal lining of the laryngotracheal tube distal to the larynx differentiates into the epithelium and glands of the trachea and pulmonary epithelium
- The cartilages, connective tissue, and muscles of the trachea are <u>derived from</u> the mesoderm.

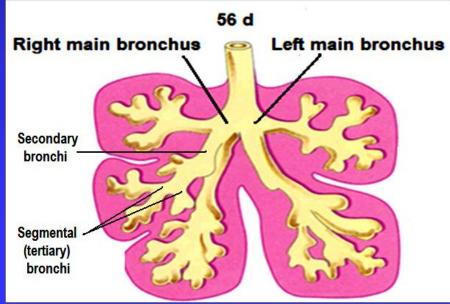




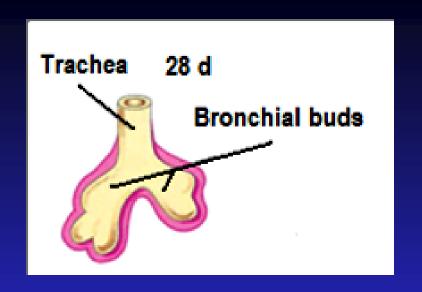
## Development of the Bronchi & Lungs

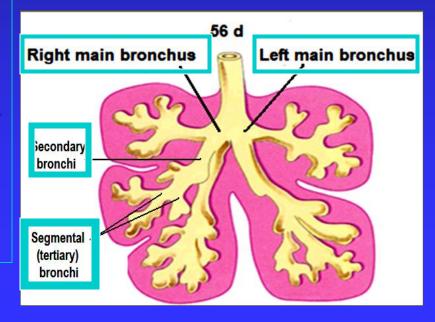
- The 2 primary bronchial buds grow laterally into the pericardio-peritoneal canals (part of the intraembryonic celome), the primordia of pleural cavities
- Bronchial buds <u>divide</u> and <u>re-divide</u> to give the bronchial tree.



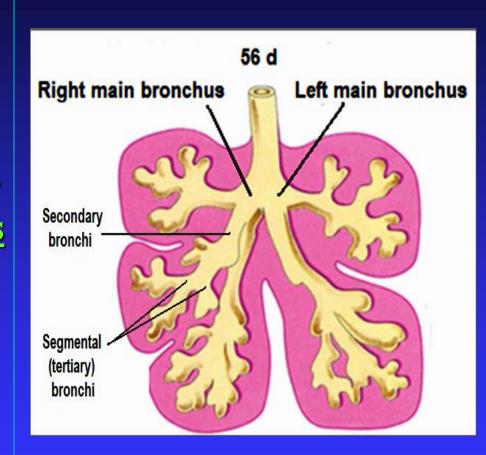


- The right main bronchus is slightly larger (wider) than the left one and is oriented more vertically
- The embryonic relationship persists in the adult.
- The main bronchi subdivide into secondary and tertiary (segmental) bronchi which give rise to further branches.



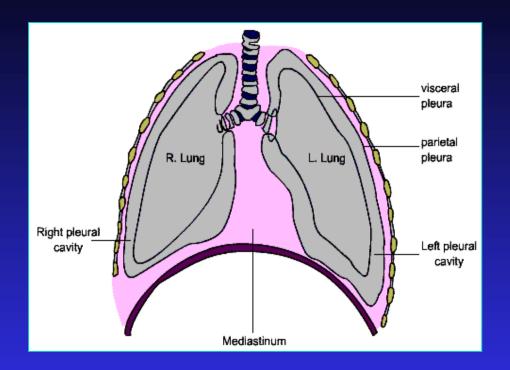


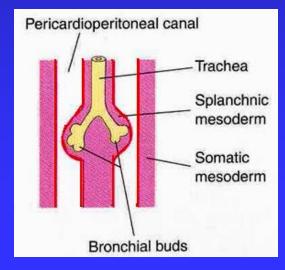
- The segmental bronchi
  10 in right lung and 8 or
  9 in the left lung begin to
  form by the 7th week
- The surrounding mesenchyme also divides.
- Each segmental bronchus
   with its surrounding
   mass of mesenchyme is
   the primordium of a
   bronchopulmonary
   segment.

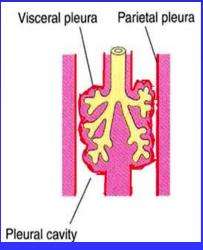


#### **Development of the pleura**

- As the lungs develop they acquire a layer of visceral pleura from splanchnic mesenchyme.
- The thoracic body wall becomes lined by a layer of parietal pleura derived from the somatic mesoderm.







## **Maturation of the Lungs**

Maturation of lung is <u>divided into 4 periods</u>:

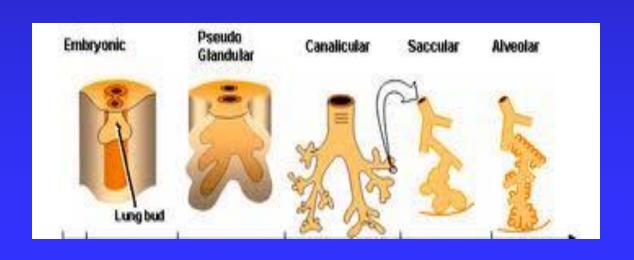
◆ Pseudoglandular (5 - 17 weeks)

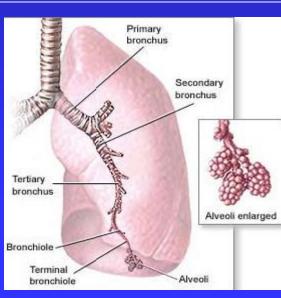
**♦ Canalicular** (16 - 25 weeks)

◆ Terminal sac (24 weeks - birth)

Alveolar (late fetal period - childhood)

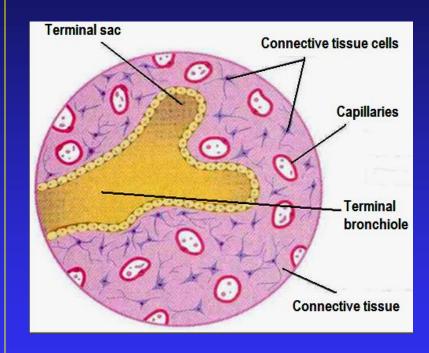
■ These periods overlap each other because the cranial segments of the lungs mature faster than the caudal ones





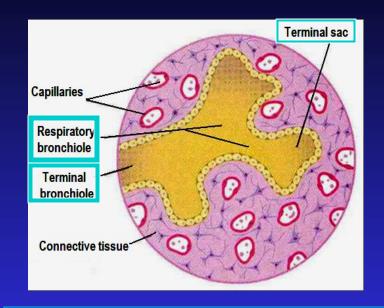
## Pseudoglandular Period (5-17 weeks)

- Developing lungs somewhat resembles an exocrine gland during this period.
- By 17 weeks all major elements of the lung have formed except those involved with gas exchange (alveoli).
- Respiration is NOT possible.
- Fetuses born during this period are unable to survive.



## Canalicular Period (16-25 weeks)

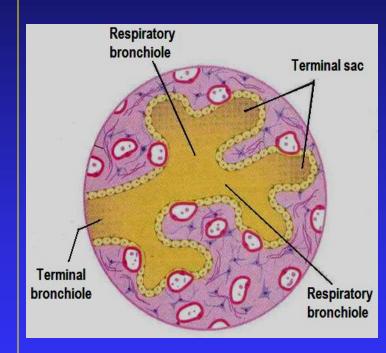
- Lung tissue becomes highly vascular.
- Lumina of bronchi and terminal bronchioles become larger.
- By 24 weeks each terminal bronchiole has given rise to two or more respiratory bronchioles.
- The respiratory bronchioles <u>divide</u> into 3 to 6 tubular passages called <u>alveolar ducts</u>.
- Some thin-walled terminal sacs (primordial alveoli) develop at the end of respiratory bronchioles.

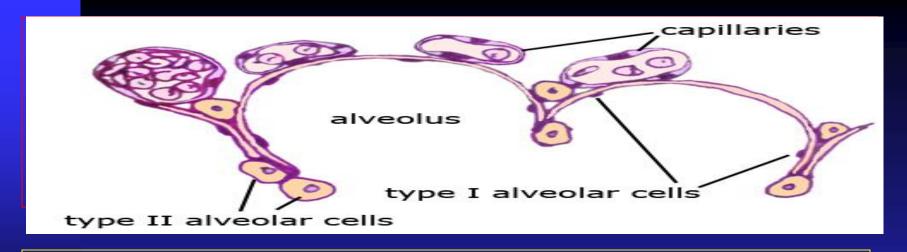


- Respiration is possible at the end of this period.
- Fetus born at the end of this period may survive if given intensive care (but usually die because of the immaturity of respiratory as well as other systems)

## Terminal Sac Period (24 weeks - birth)

- Many more terminal sacs develop.
- Their epithelium becomes very thin.
- <u>Capillaries</u> begin <u>to bulge into</u> developing alveoli.
- The epithelial cells of the alveoli and the endothelial cells of the capillaries come in intimate contact and establish the blood-air barrier.
- Adequate gas exchange can occur which allows the <u>prematurely</u> born fetus to <u>survive</u>

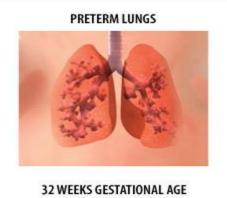




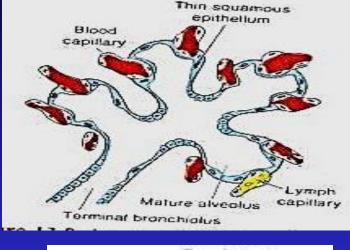
- Surfactant production begins by 20 weeks and increases during the terminal stages of pregnancy.
- Sufficient terminal sacs, pulmonary vasculature & surfactant are present to permit survival of a prematurely born infants
- Fetuses born prematurely at 24-26 weeks may suffer from respiratory distress due to surfactant deficiency but may survive if given intensive care.

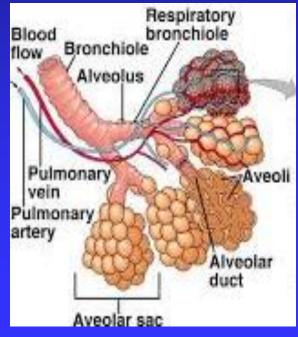
## Alveolar Period (32 weeks – 8 years)

- At the beginning of the alveolar period, each respiratory bronchiole terminates in a cluster of thin-walled terminal saccules separated from one another by loose connective tissue.
- These terminal saccules <u>represent</u> future alveolar sacs.

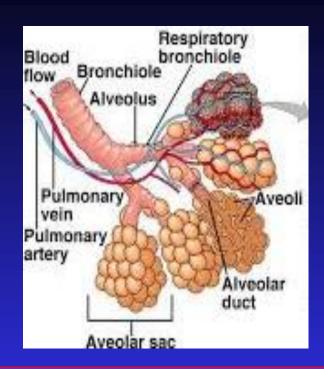








- Characteristic mature alveoli do not form until after birth.
   95% of alveoli develop postnatally.
- About 50 million alveoli, one sixth of the adult number are present in the lungs of a full-term newborn infant.

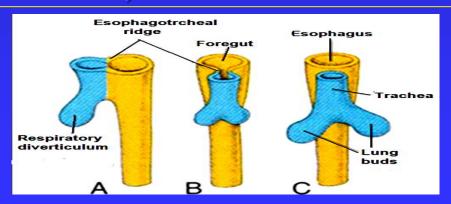


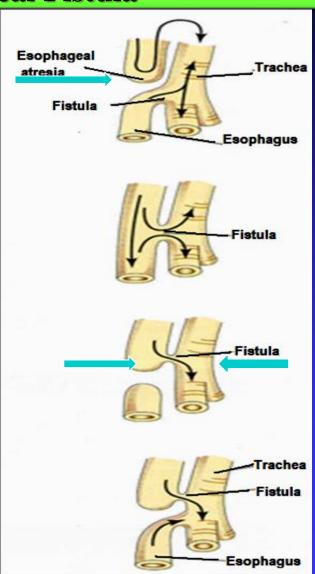
- From 3-8 year or so, the number of alveoli continues to increase, forming additional primordial alveoli.
- By about the eighth year, the adult complement of 300 million alveoli is present.

## **Developmental anomalies**

Tracheoesophageal Fistula

- An abnormal passage between the trachea and esophagus.
- Results from incomplete division of the cranial part of the foregut into respiratory and esophageal parts by the tracheo-esophageal septum.
- Occurs once in 3000 to 4500 live births.
- Most affected infants are males.
- In more than 85% of cases, the fistula is associated with esophageal atresia (esophagus ends in a blind-ended pouch rather than connecting normally to the stomach).





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