INFLAMMATION AND REPAIR Lecture 2 Cellular Events in Inflammation

(Foundation Block, Pathology)

Maha Arafah Associate Professor Department of Pathology King Saud University Email: <u>marafah@hotmail.com</u> 2018



Events of acute Inflammation

- Acute inflammation has three main events:
 - (1) Hemodynamic changes

(alterations in vascular caliber that lead to an increase in blood flow)

(2) Increased vascular permeability

(structural changes in the microvasculature that permit plasma proteins and leukocytes to leave the circulation)



vascular

(3) Emigration of the leukocytes from the microcirculation

(their accumulation in the focus of injury, *and their activation* to eliminate the offending agent)

5. Describe the sequence of vascular changes in acute inflammation

Phases of changes in Vascular Caliber and Flow

1. Transient vasoconstriction of arterioles

It disappears within 3-5 seconds in mild injuries

2. Vasodilatation: It involves the arterioles results in opening of new microvasculature beds in the area leading to increasing blood flow – Histamine effect

3. Slowing of the circulation

due to increased permeability of the microvasculature, this leads to outpouring of protein-rich fluid in the extravascular tissues.

4. Stasis: slow circulation due to dilated small vessels packed with red cells



B RETRACTION OF ENDOTHELIAL CELLS

- Induced by histamine, other mediators
- Rapid and short-lived (minutes)



C ENDOTHELIAL INJURY

- Caused by burns, some microbial toxins
- Rapid; may be long-lived (hours to days)





Fluid leakage

7. Define the terms edema, transudate, and exudate

Edema is defined as an excess of fluid in the interstitial space. What is the difference between transudates and exudates?

Transudate

is an extravascular fluid with low protein content and a specific gravity of less than 1.012

It is essentially an ultrafiltrate of blood plasma that results from osmotic or hydrostatic imbalance across the vessel wall

No increase in vascular permeability

Exudate

An inflammatory extravascular fluid that has a high protein concentration, cellular debris. Specific gravity above 1.020

It implies significant alteration in the normal permeability of small blood vessels in the area of injury

Objectives

- 1. Describe the steps involved in extravasation of leukocytes from the blood to the tissues.
- 2. Know the steps at which selectins and integrins act.
- 3. Describe the meaning and utility of chemotaxis. Understand the role that chemokines play in inflammation.
- 4. Describe the steps involved in phagocytosis and the role of IgG and C3b as opsonins and receptors.
- 5. List the mechanisms of microbial killing.
- 6. Know various defects in leukocyte function.

Reference book and the relevant page numbers..

 Robbins Basic Pathology 10th edition, pages 62 - 70

Acute Inflammation **CELLULAR EVENTS:**

A critical function of inflammation is to deliver leukocytes to the site of injury

LEUKOCYTE EXTRAVASATION

and to activate the leukocytes to perform their normal functions in host defense.

WHAT ARE THESE FUNCTION? Leukocytes will

- 1) Ingest offending agents
- Kill bacteria and other microbes 2)
- 3) Get rid of necrotic tissue and foreign substances.

However

They may induce tissue damage and prolong inflammation, since the leukocyte products that destroy microbes and necrotic tissues can also injure normal host tissues.

- 1. Recruitment of leukocytes
- 2. Removal of offending agents

Recruitment of leukocytes

 A multistep process involving attachment of circulating leukocytes to endothelial cells and their migration through the endothelium (extravasation)

• 3 steps:

- 1. In the lumen:
 - i. Margination
 - ii. rolling
 - iii. adhesion to endothelium

Vascular endothelium normally does not bind circulating cells

- 2. Transmigration across the endothelium (also called diapedesis)
- 3. Migration in interstitial tissues toward a chemotactic stimulus



Leukocytes Rolling Within a Venule

Margination

Because blood flow slows early in inflammation (stasis), the endothelium can be lined by neutrophils (pavementation)

Margination is the first step of leukocytes action during acute inflammation cells



Steps involved in extravasation of leukocytes from the blood to the tissues



Adhesion Molecules and Receptors

1. Selectins, consist of:

1. E-selectin: confined to endothelium induced by TNF&IL-1

2. P-selectin: present in endothelium and platelets from Weibel-Palade bodies

3. L-selectin: expressed on most leukocyte and endothelium



Resident tissue macrophages, mast cells, and endothelial cells respond to injury by secreting the cytokines TNF, IL-1, histamine and chemokines which stimulate selectin

Selectin plays a major role for adhesion

Adhesion Molecules and Receptors

2. Integrins

• are transmembrane heterodimeric glycoproteins, made up of α and β chains, expressed on leukocytes and bind to ligands on endothelial cells



 Integrins are up regulated on leukocytes by C5a & LTB4 resulting in firm adhesion with vessel wall

Leukocyte Adhesion Deficiency

- Two types:
 - LAD type 1 is a deficiency of β_2 integrin
 - LAD type 2 is mutations in fucosyl transferase required for synthesis of sialylated oligosaccharide
 - These normally binds selectins.



Clinical findings:

Delayed separation of umbilical cord Increased circulating neutrophils (leukocytosis due to loss of the marginating pool) Recurrent bacterial infection that lack pus formation Poor wound healing

Adhesion Molecules and Receptors

3. The immunoglobulin family molecules :

ICAM-1 (intercellular adhesion molecule 1)

VCAM-1 (vascular cell adhesion molecule 1)



Adhesion Molecules and Receptors 4. Mucin-like glycoproteins: PECAM-1

- these glycoproteins are found in the extracellular matrix and on cell surfaces.

Neutrophils moving along the venular endothelium dissolve the venular basement membrane (release type IV collagenase) exposed by previous histamine-mediated endothelial cell contraction and enter the interstitial tissue.

TRANSMIGRATION



Leukocyte Adhesion and Transmigration

 Migration of the leukocytes through the endothelium is called:

Transmigration

or **Diapedesis**

 Diapedesis occurs predominantly in the postcapillary venules



Leukocyte Adhesion and Transmigration

- The type of emigrating leukocyte varies with the age of the inflammatory response
- In most forms of acute inflammation: neutrophils predominate in the inflammatory infiltrate during the first 6 to 24 hours, then are replaced by monocytes in 24 to 48 hours

Extravasation of leukocytes from the blood to the tissues



WHY?

Leukocyte Adhesion and Transmigration

neutrophils are more numerous in the blood, they respond more rapidly to chemokines,
but are short-lived; they undergo apoptosis and disappear after 24 to 48 hours, whereas monocytes survive longer.

Properties of Neutrophils and Macrophages

	Neutrophils	Macrophages
Origin	HSCs in bone marrow	 HSCs in bone marrow (in inflammatory reactions) Many tissue-resident macrophages: stem cells in yolk sac or fetal liver (early in development)
Life span in tissues	1–2 days	Inflammatory macrophages: days or weeks Tissue-resident macrophages: years
Responses to activating stimuli	Rapid, short-lived, mostly degranulation and enzymatic activity	More prolonged, slower, often dependent on new gene transcription

HSC, Hematopoietic stem cells

Extravasation of leukocytes from the blood to the tissues

Leukocyte Adhesion and Transmigration

- The type of emigrating leukocyte varies with the type of stimulus:
- In viral infections, lymphocytes may be the first cells to arrive
- In some hypersensitivity reactions and parasitic infection, eosinophil may be the main cell type
- Chronic inflammation: lymphocytes, plasma cells and macrophages are present

3. Describe the meaning and utility of chemotaxis. Understand the role that chemokines play in inflammation.

Chemotaxis Chemoattractants

Exogenous and endogenous substances

- Exogenous agents are *bacterial products*.
- Endogenous chemoattractants include several chemical mediators:
- (1) components of the complement system, particularly C5a
- (2) products of the lipoxygenase pathway, mainly leukotriene B_4 (LTB₄)
- (3) cytokines, particularly those of the chemokine family (e.g., IL-8).

3. Describe the meaning and utility of chemotaxis. Understand the role that chemokines play in inflammation.

Chemotaxis

 After extravasation, leukocytes emigrate in tissues toward the site of injury by a process called *chemotaxis*, defined as locomotion oriented along a chemical gradient !!!!

Chemoattractants

Neutrophils are attracted by bacterial products, IL-8, C5a & LTB4



Chemokines act on the adherent leukocytes and stimulate the cells to migrate toward the site of injury or infection

All these chemotactic agents bind to specific seven-transmembrane G-protein-coupled receptors on the surface of leukocytes



Leukocyte Activation Phagocytosis Intracellular destruction Liberation of substances that destroy extracellular microbes and dead tissues **Production of mediators**

Phagocytosis

- Phagocytosis involves three distinct but interrelated steps
 - (1) Recognition and Attachment of the particle to be ingested by the leukocyte
 - (2) its *Engulfment*, with subsequent formation of a phagocytic vacuole

(3) *killing* or *Degradation* of the ingested material.





Phagocytosis by neutrophils

Immune phagocytosis is much more efficient than nonspecific phagocytosis

Leukocyte activation (1) Recognition and Attachment (Opsonization)

- Is the process of coating a particle, such as a microbe, to target it for phagocytosis
- The substances that do this are opsonins.
- These substances include:
 - antibodies (IgG)
 - complement proteins (C3)
 - And others: lectins (mannose-binding lectin (MBL), collectins,fibronectin, fibrinogen, and C-reactive protein
- These can coat microbes and are recognized by receptors on phagocytes (Fc and C3b receptors).

2. Engulfment

 During engulfment, extensions of the cytoplasm (pseudopods) flow around the particle to be engulfed, eventually resulting in complete enclosure of the particle within a phagosome

The phagocytic vacuole then fuses with a lysosomal granule, resulting in phagolysosome

Defects in Leukocyte Function

Chédiak-Higashi syndrome

- Protein involved in organelle membrane fusion (no phagolysosomes)
 - Protein trafficking defect (microtubule defect)
 - Autosomal recessive
- Clinical feature:
 - Increased risk of pyogenic infection
 - Neutropenia (defect in generation from BM)
 - Giant granule formation (granules formed cannot move in cytoplasm)
 - Defective primary hemostasis (platelet granule are not secreted)
 - Albinism
 - Peripheral neuropathy

5. List the mechanisms of microbial killing.

Phagocytosis Killing and Degradation

2 mechanisms for Microbial killing:
 1. Oxygen-dependent mechanisms
 2. Oxygen-independent mechanisms

5. List the mechanisms of microbial killing.

Membrane

OH'

PHAGOCYTIC VACUOLE

в

Oxygen-Dependent Mechanisms

Chronic granulomatous disease

Decreased oxidative burst.

2 types:

A. X-linked: NADPH oxidase (membrane component)

- B. Autosomal recessive:
- a. NADPH oxidase (cytoplasmic components)
- b. Myeloperoxidase deficiency: (absent MPO-H2O2 system) pt. have increased risk of candida infection
- Infection and granuloma formation with catalase positive organisms e.g. *S aureus, Norcardia* and *Aspergillus*

2. Oxygen-independent mechanisms

- through the action of substances in leukocyte granules. These include:
 - Bactericidal permeability increasing protein (BPI)
 Can potentiate further inflammatio
 - Lysozyme
 - Lactoferrin
- Can potentiate further inflammation by damaging tissues
- •These harmful proteases are controlled by a system of *anti-proteases* in the serum
- Major basic proteinDefensins
- Neutrophil granules contain other *enzymes*, such as elastase, that also contribute to microbial killing

Neutrophil extracellular traps (NETs)

A, Healthy neutrophils with nuclei stained red and cytoplasm green.

B, Release of nuclear material from neutrophils (note that two have lost their nuclei), forming extracellular traps.

C, An electron micrograph of bacteria (staphylococci) trapped in NETs.

NETs provide an additional mechanism of killing microbes that does not involve phagocytosis

Properties of Neutrophils and Macrophages

4		
	Neutrophils	Macrophages
 Reactive oxygen species 	Rapidly induced by assembly of phagocyte oxidase (respiratory burst)	Less prominent
Nitric oxide	Low levels or none	Induced following transcriptional activation of iNOS
 Degranulation 	Major response; induced by cytoskeletal rearrangement	Not prominent
 Cytokine production 	Low levels or none	Major functional activity, requires transcriptional activation of cytokine genes
NET formation	Rapidly induced, by extrusion of nuclear contents	No
 Secretion of lysosomal enzymes 	Prominent	Less

Defects in Leukocyte Function

Defects in Leukocyte Function

Genetic

- 1. Leukocyte adhesion deficiency 1 and 2
- 2. Chédiak-Higashi syndrome
- 3. Chronic granulomatous disease:
 - A. X-linked: NADPH oxidase (membrane component)
 - B. Autosomal recessive:
 - a. NADPH oxidase (cytoplasmic components)
 - b. Myeloperoxidase deficiency

6. Know various defects in leukocyte function.

Defects in Leukocyte Function

Acquired

- Thermal injury, diabetes, malignancy, sepsis, immunodeficiencies
 – Chemotaxis
- Hemodialysis, diabetes mellitus
 Adhesion
- Leukemia, anemia, sepsis, diabetes, neonates, malnutrition
 – Phagocytosis and microbicidal activity

TAKE HOME MESSAGES:

- 1. Several steps are involved in extravasation of leukocytes from the blood to the tissues.
- 2. Phagocytosis is important step to get rid of necrotic material and bacteria.
- 3. Various defects in leukocyte function are present. These could be genetic defects or acquired.

