

# **BLOOD PHYSIOLOGY**

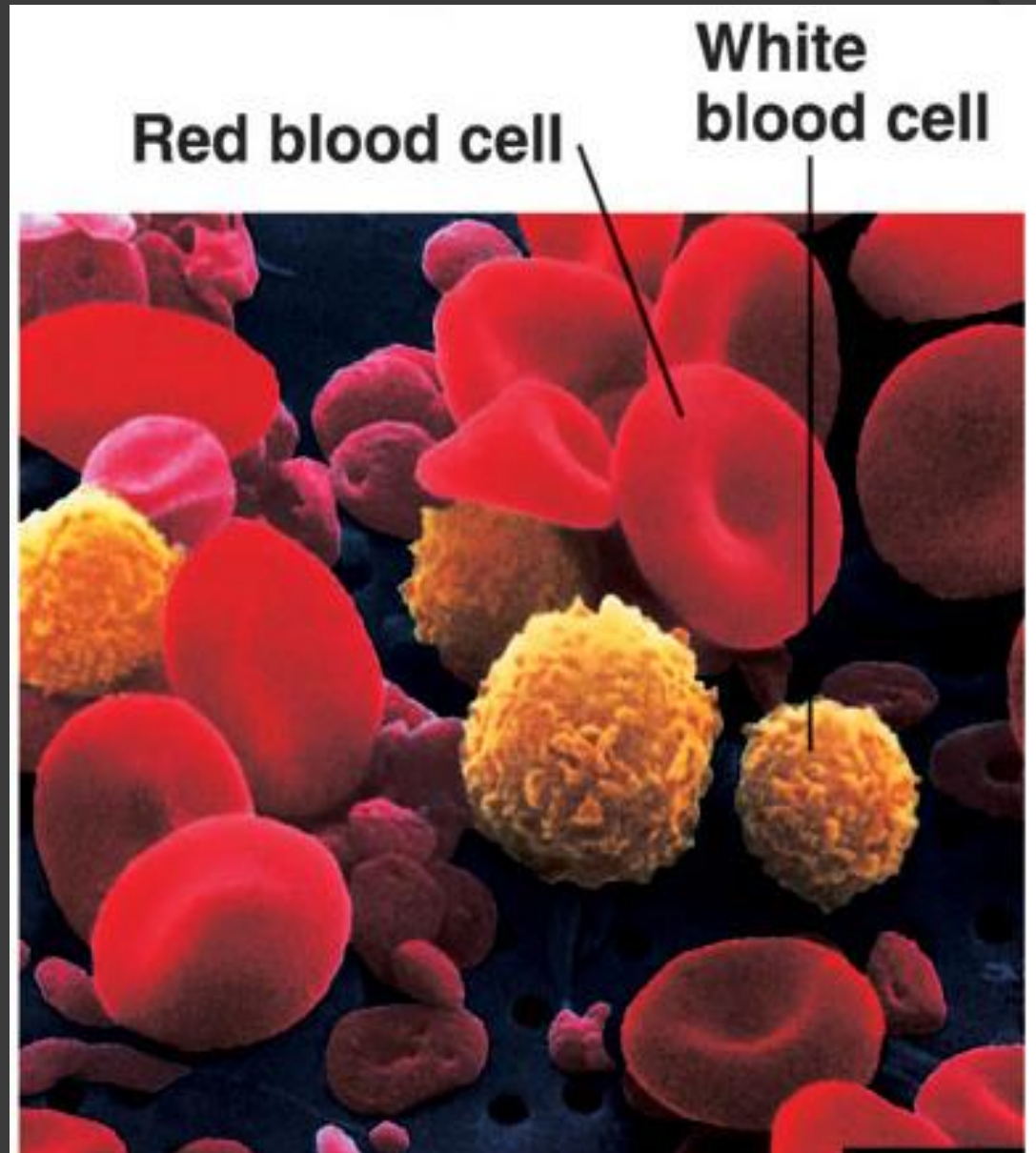
**Dr Nervana Bayoumy**

**TEXTBOOK OF MEDICAL PHYSIOLOGY**

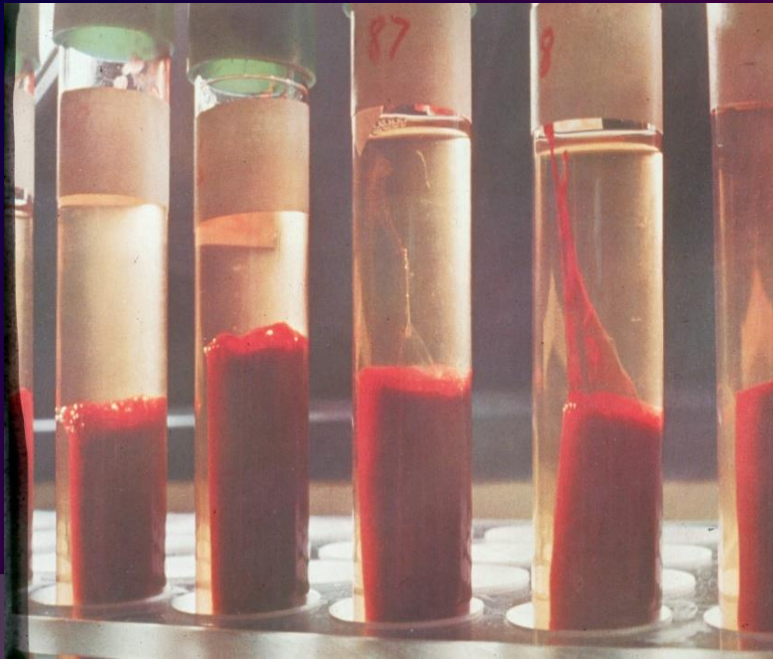
**GUYTON & HALL 12<sup>TH</sup> EDITION**



# Blood







# Objectives

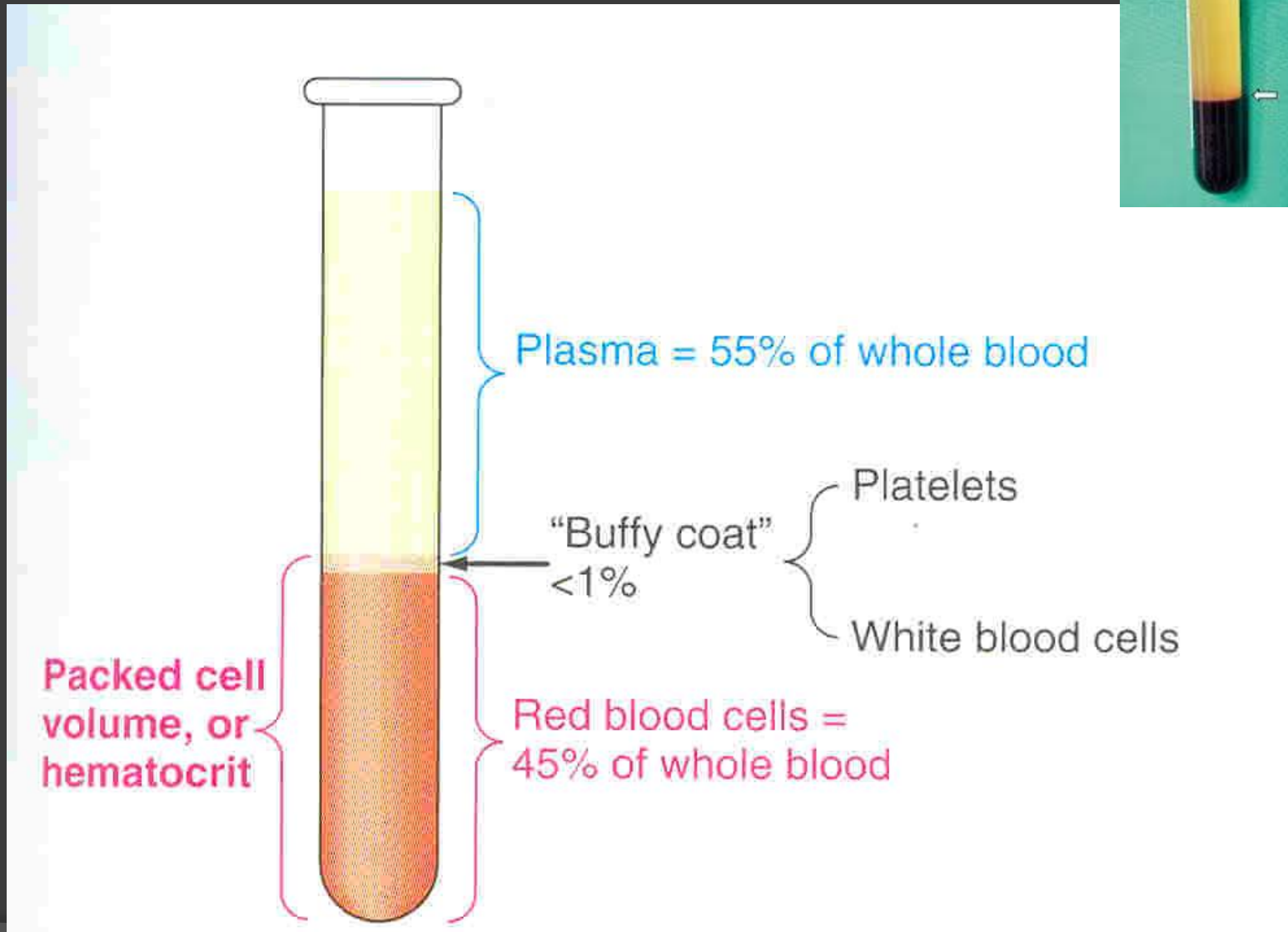
- **At the end of this lecture you should be able to:**
  1. Describe Cellular and non-cellular components of blood.
  2. Recognize functions of blood.
  3. Define Erythropoiesis; leucopoiesis, thrombopoiesis.
  4. Recognize sites of RBC formation at different developmental age.

# Objectives

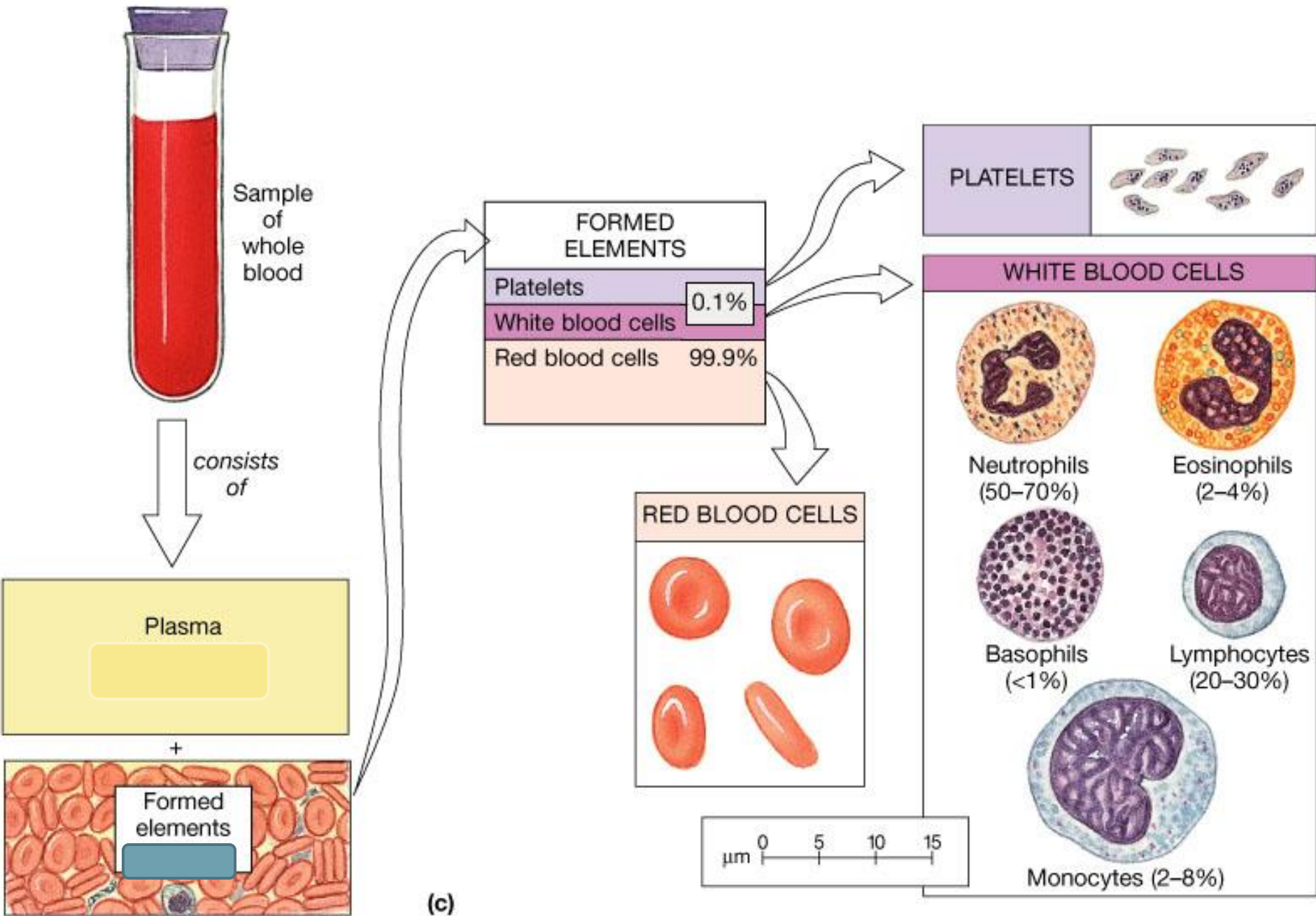
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5. Describe different stages of RBC differentiation.
6. Describe features of RBC maturation.
7. Describe regulation of RBC production and erythropoietin hormone secretion in response to hypoxia.
8. Recognize clinical conditions associated with high level of erythropoietin in the blood.

# Blood Composition



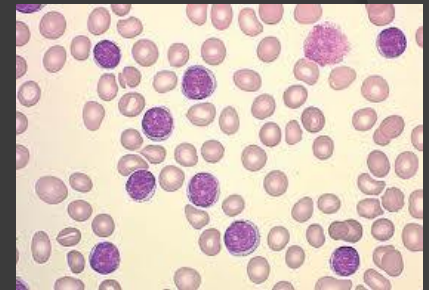
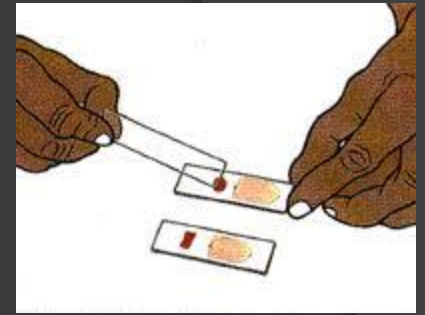
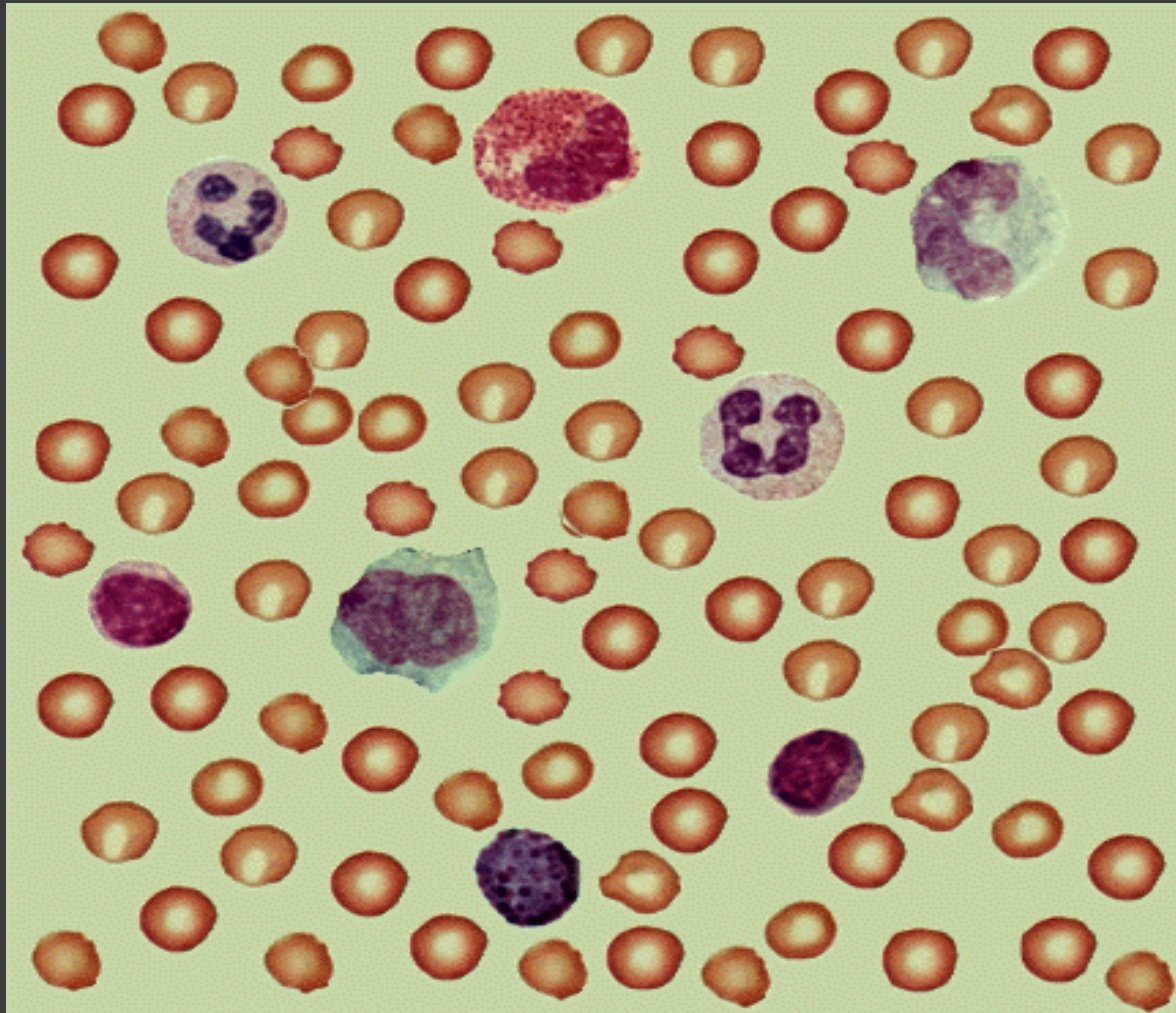




(c)



# Blood Film



# BLOOD COMPOSITION

## 1. Cellular components:

- **Red Blood Cells (Erythrocytes)**
- **White Blood Cells (Leucocytes)**
- **Platelets (Thrombocytes)**

## 2. Plasma: ECF

- **98% water + ions + plasma proteins e.g. (Albumin, globulin, Fibrinogen)**
- **Same ionic composition as interstitial fluid.**

# **FUNCTIONS OF BLOOD**

## **1. Transport**

- O<sub>2</sub>, CO<sub>2</sub>, nutrient, hormones, waste product

## **2. Homoeostasis**

- Regulation of body temperature, ECF pH

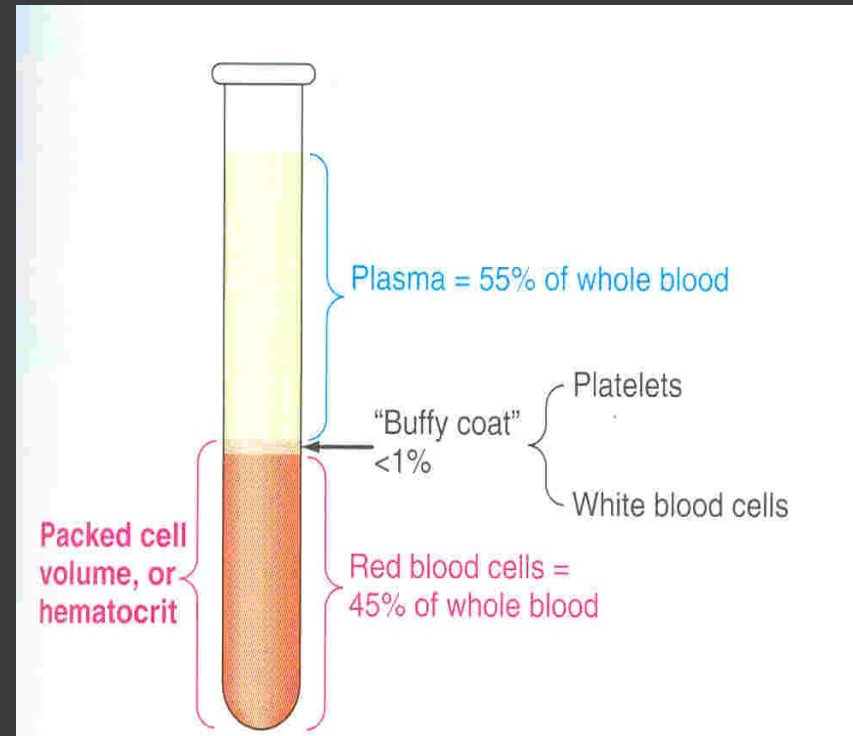
## **3. Protecting against infections**

- White Blood Cells, Antibodies

## **4. Blood clotting prevent blood loss**

# Blood Volume

- ✓ **5 liter** in adult:
  - **45%** is packed cells volume (PCV).
  - **55%** is plasma volume.





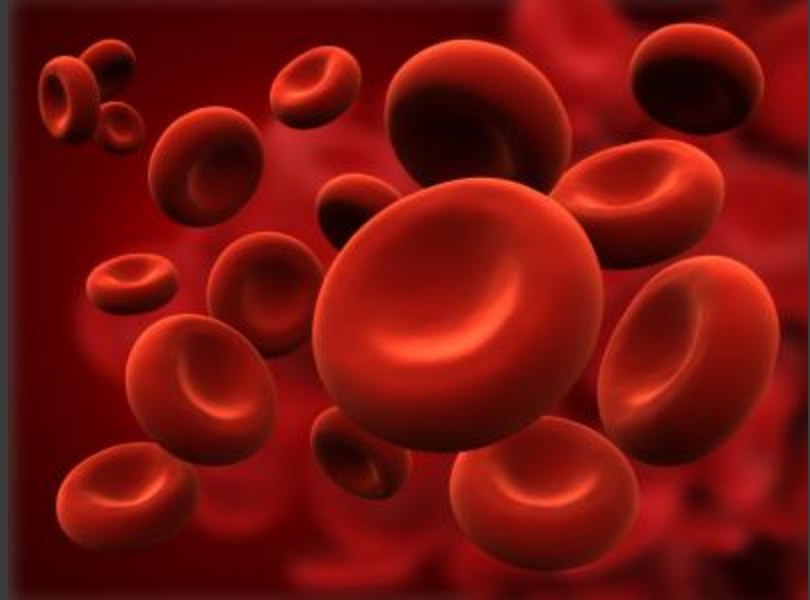
# Blood Cells Formation

- ① **Erythropoiesis: Formation of RBC (erythrocytes)**
- ② **Leucopoiesis: Formation of WBC (leucocytes)**
- ③ **Thrombopoiesis: Formation of platelets (thrombocytes)**

# Red Blood Cells (RBC):

## ⦿ Function:

- $O_2$  transport
- $CO_2$  transport
- Buffer



# Red Blood Cells

## ➤ Shape & size

- Flat Biconcave Disc.
- Non-nucleated.
- Diameter 7-8  $\mu\text{m}$  x 2.5  $\mu\text{m}$  x 1  $\mu\text{m}$ .
- Flexible
- Average volume 90-95  $\mu\text{m}^3$
- Number = 4.7 - 5  $\times 10^6$
- Hb = 14-16 g/dl in the blood



# Production of RBC

## In-utero:

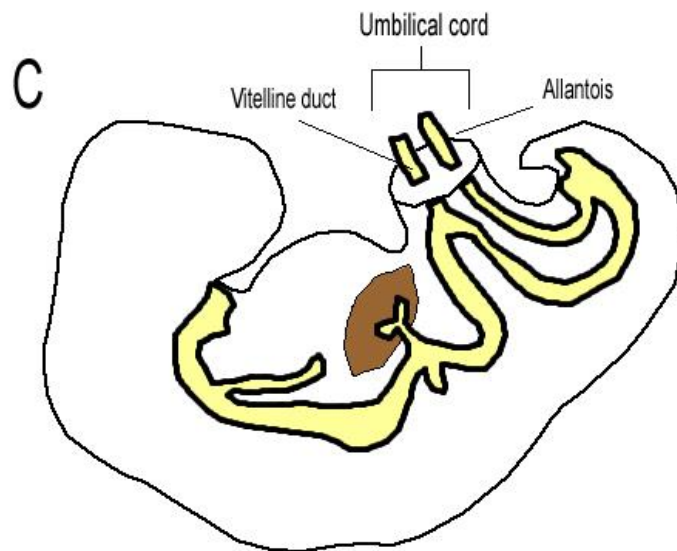
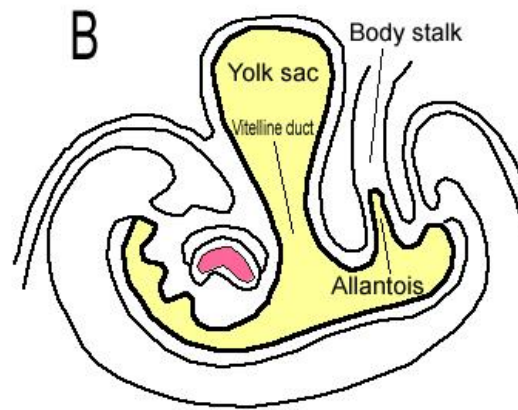
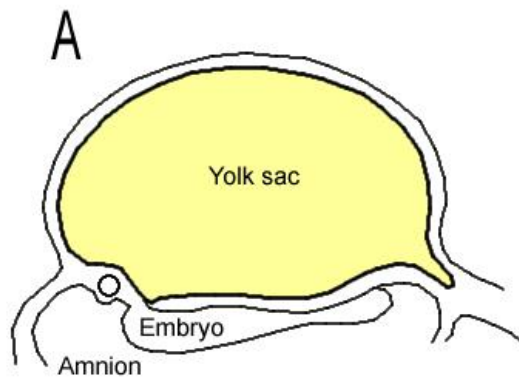
- ⦿ Early few weeks of embryo nucleated RBCs are formed in *yolk sac*.
- ⦿ Middle trimester mainly in *liver & spleen & lymph nodes*.
- ⦿ Last months RBCs are formed in *bone marrow* of all bones

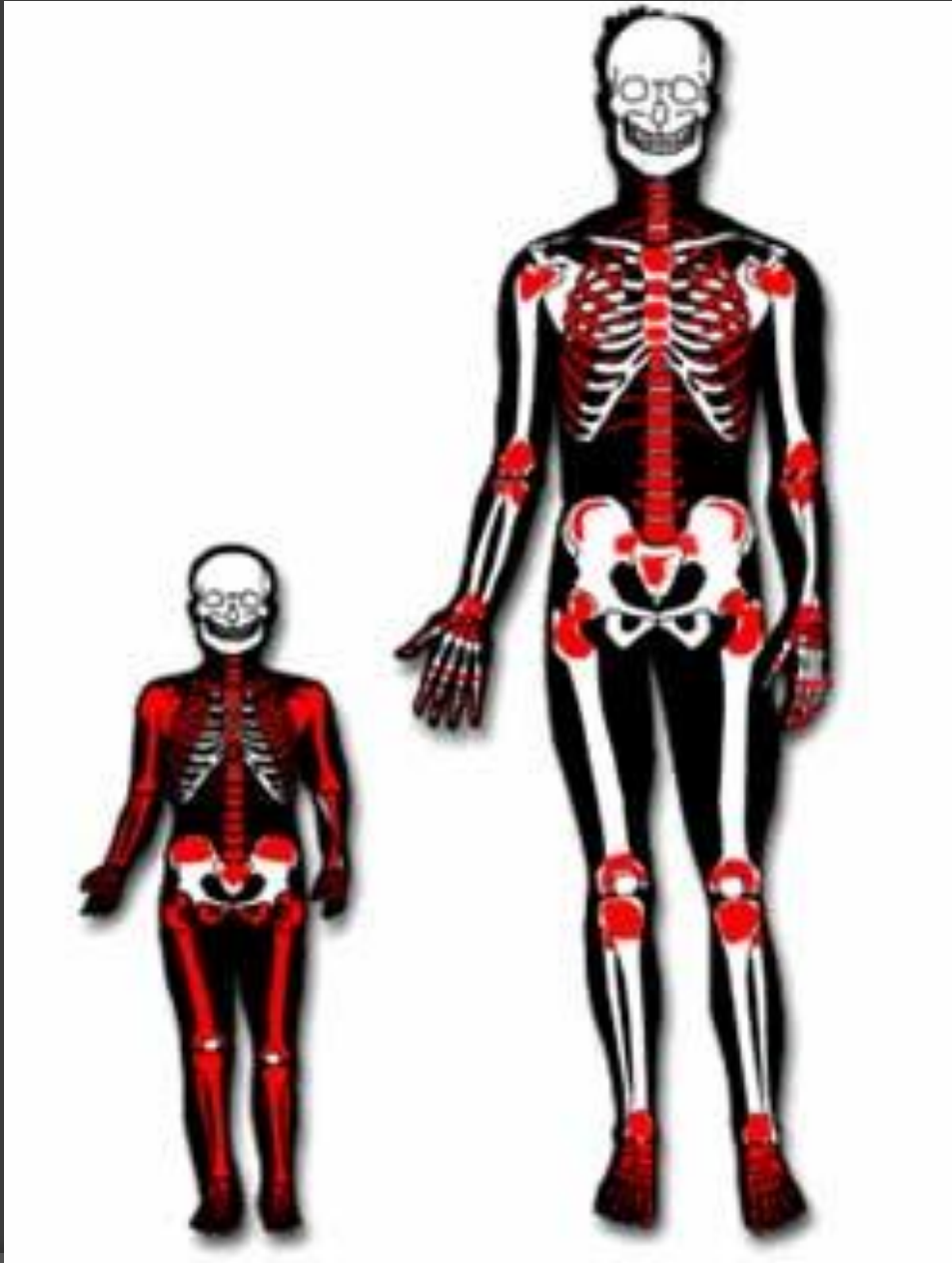
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## After Birth:

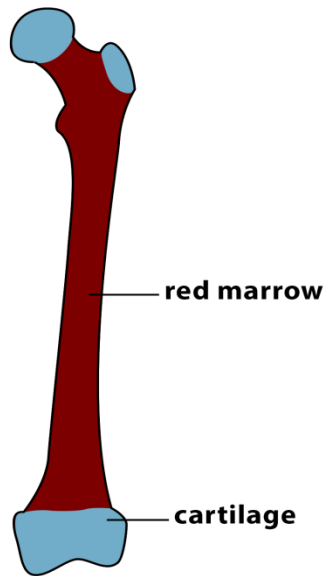
- ⦿ *Bone marrow* of flat bone continue to produce RBC into adult life
- ⦿ Shaft of long bone stop to produce RBC at puberty while epiphysis continued



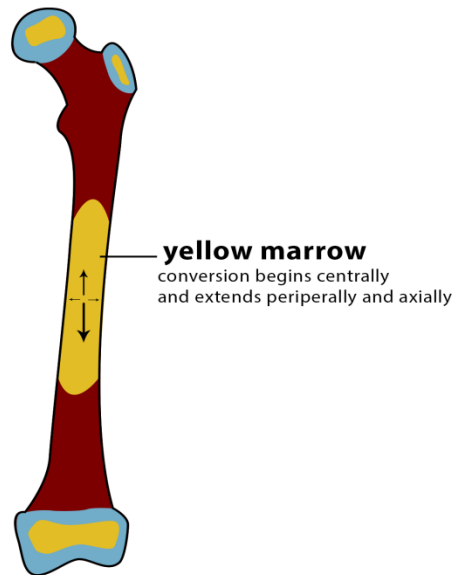




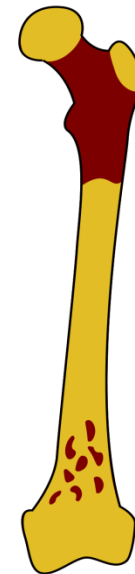
# Normal bone marrow conversion



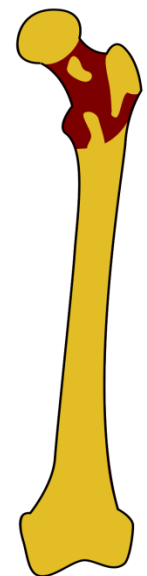
**Infant**  
<1 year



**Childhood**  
1-10 years

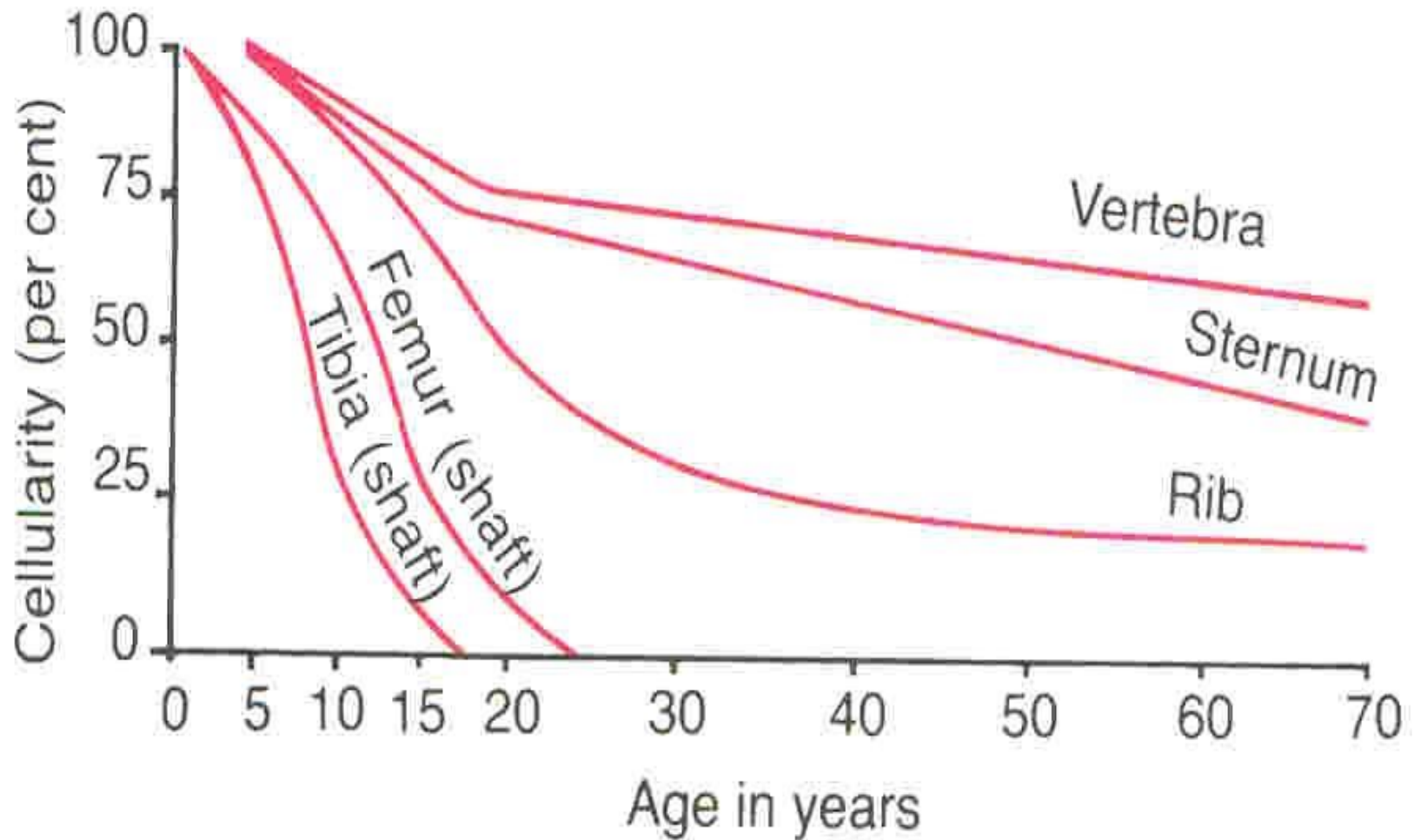


**Adolescent**  
10-20 years

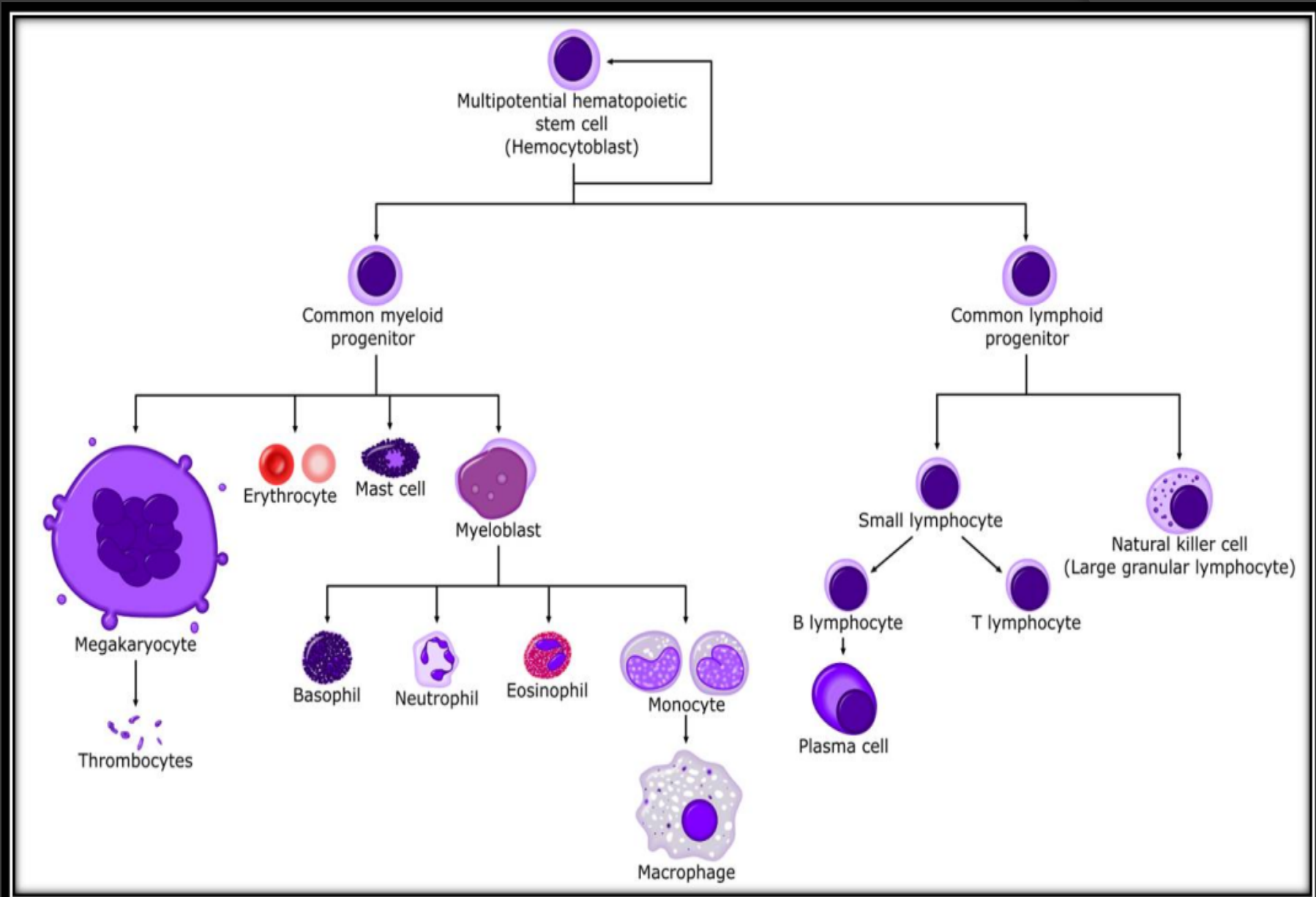


**Adult**  
>25 years

# Production of RBC

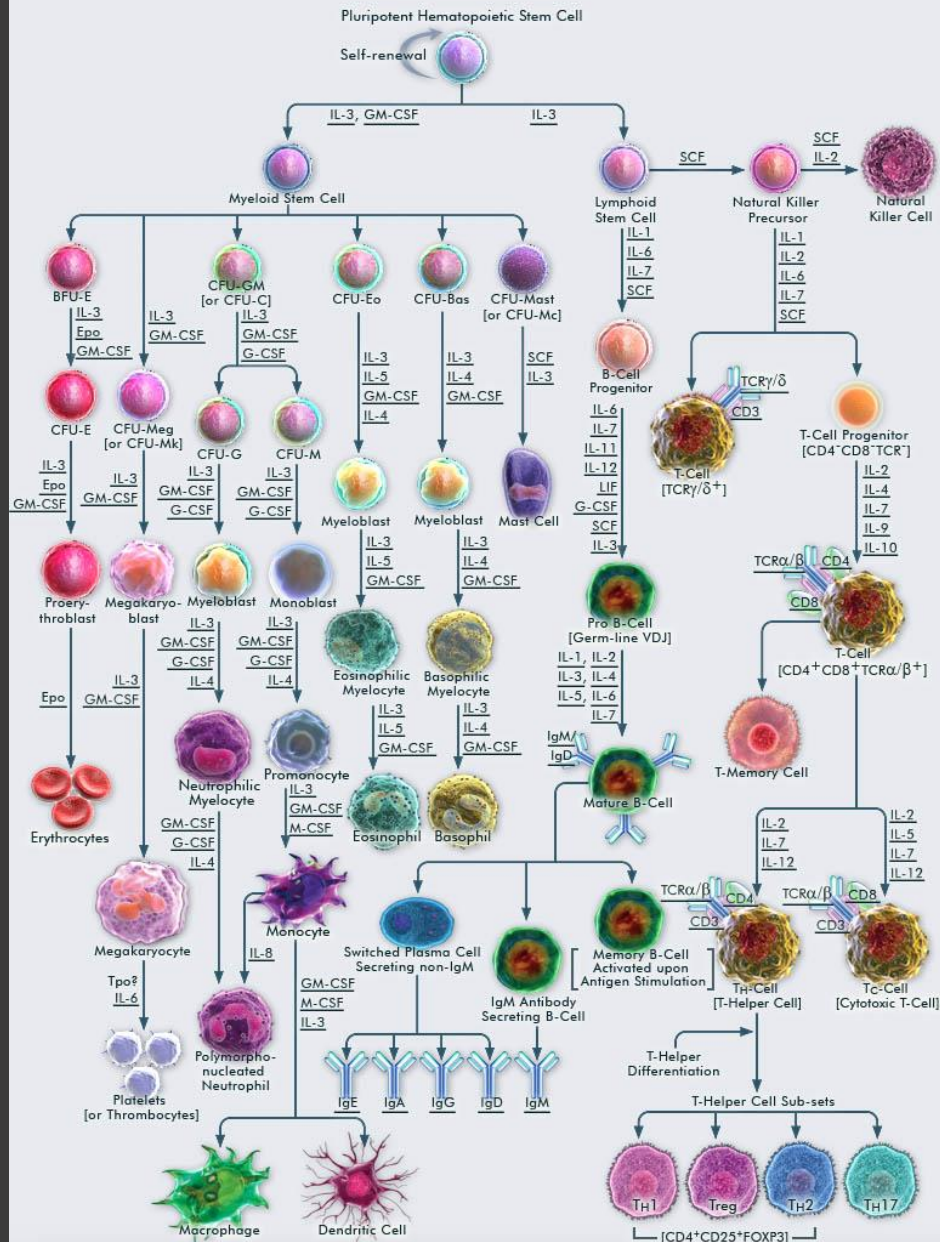






## Pluripotent Stem Cells in Bone Marrow and Cord Blood

By Ambreen Shaikh and Deepa Bhartiya



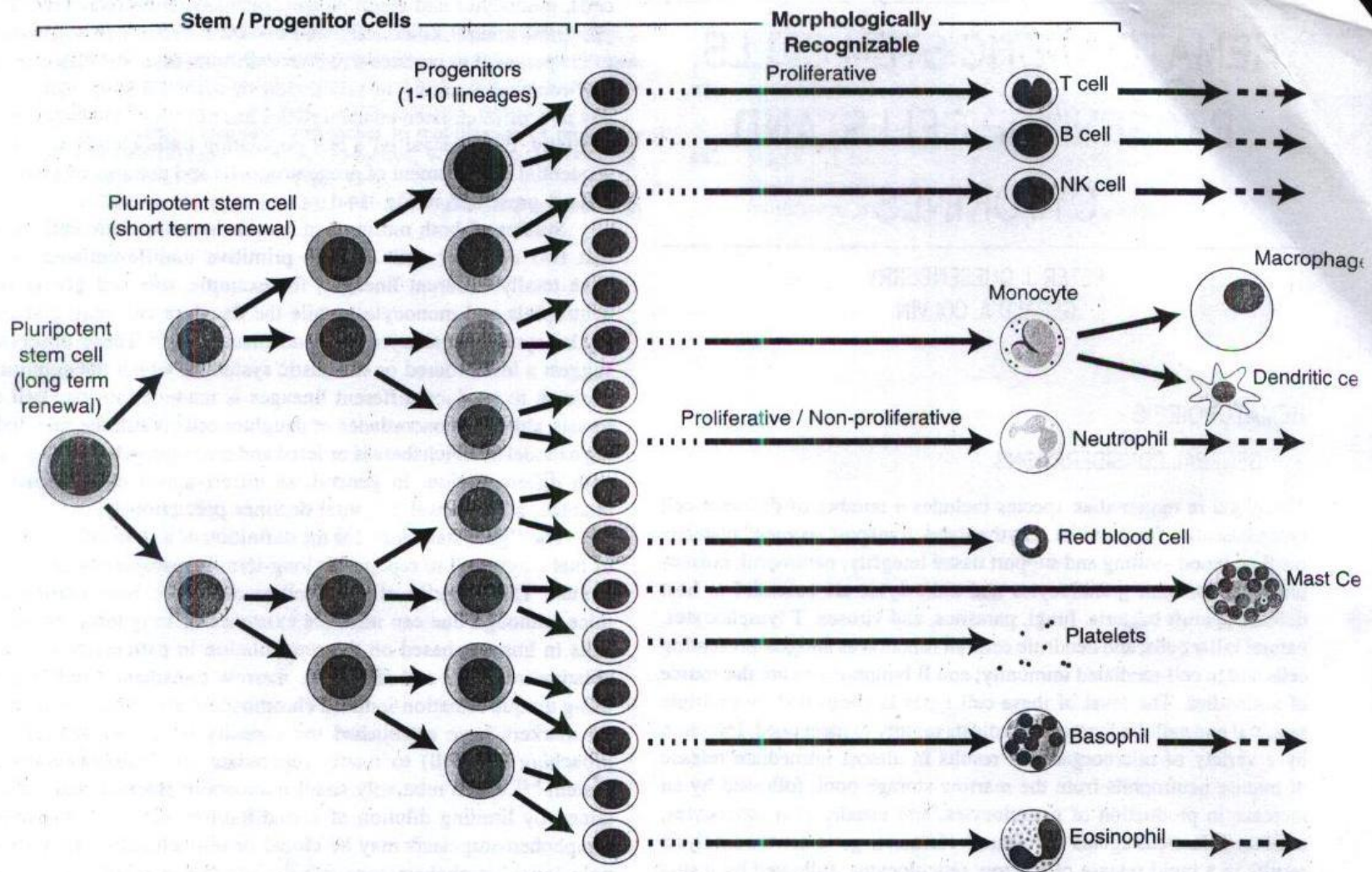


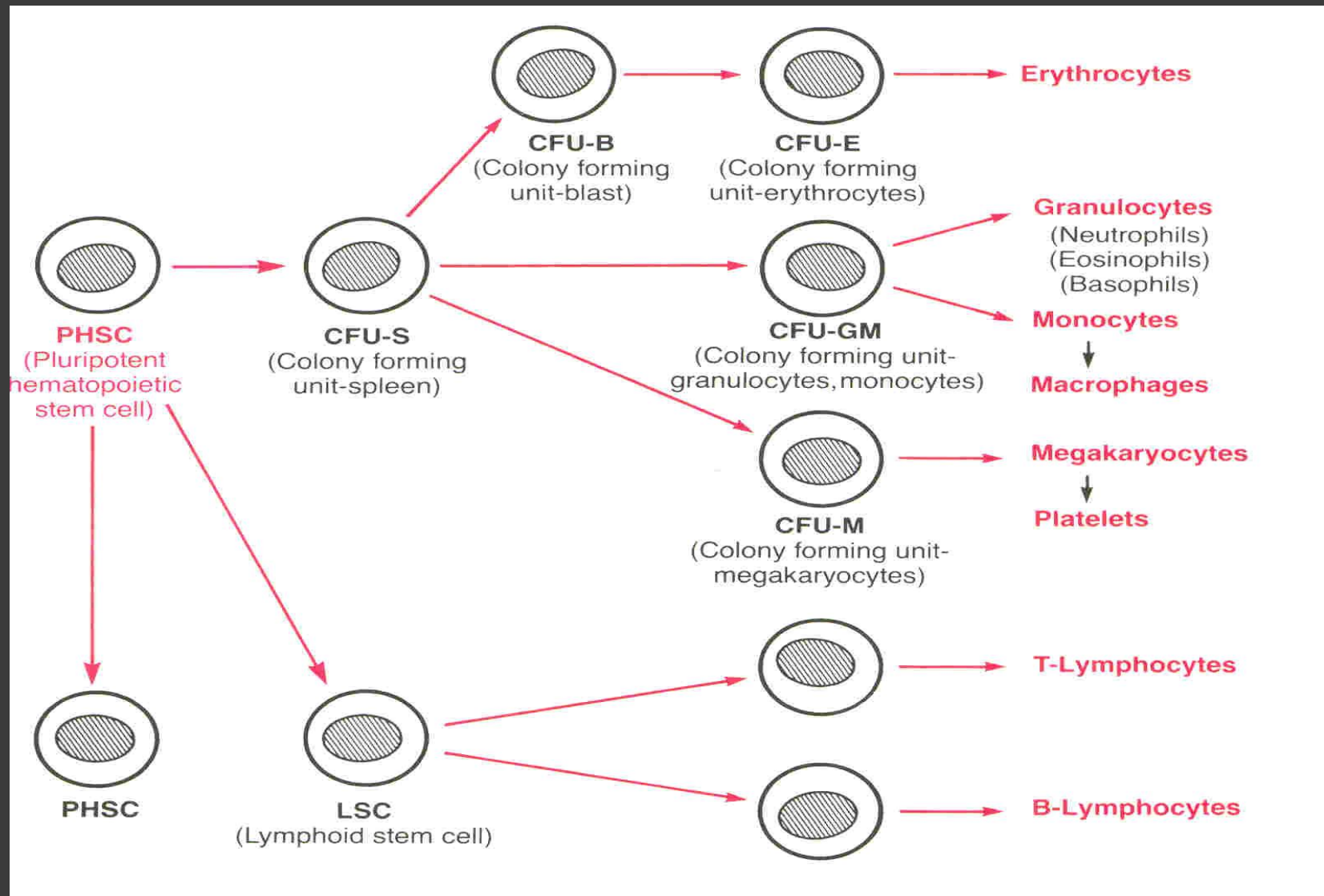
FIGURE 14-1 Hierarchical model of lymphohematopoiesis.

# Genesis (Production) of RBC

- ⦿ All blood cell are formed from **Pluripotential hematopoietic stem cells**  $\Rightarrow$  committed cells:
- ⦿ Committed stem cells for **RBC**
- ⦿ Committed stem cells for WBC
- ⦿ Growth of different stems cells are controlled by different growth factors

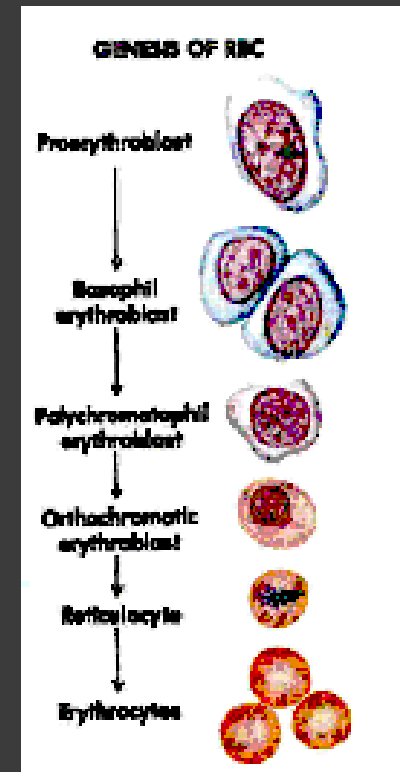


# Genesis (production) of RBC



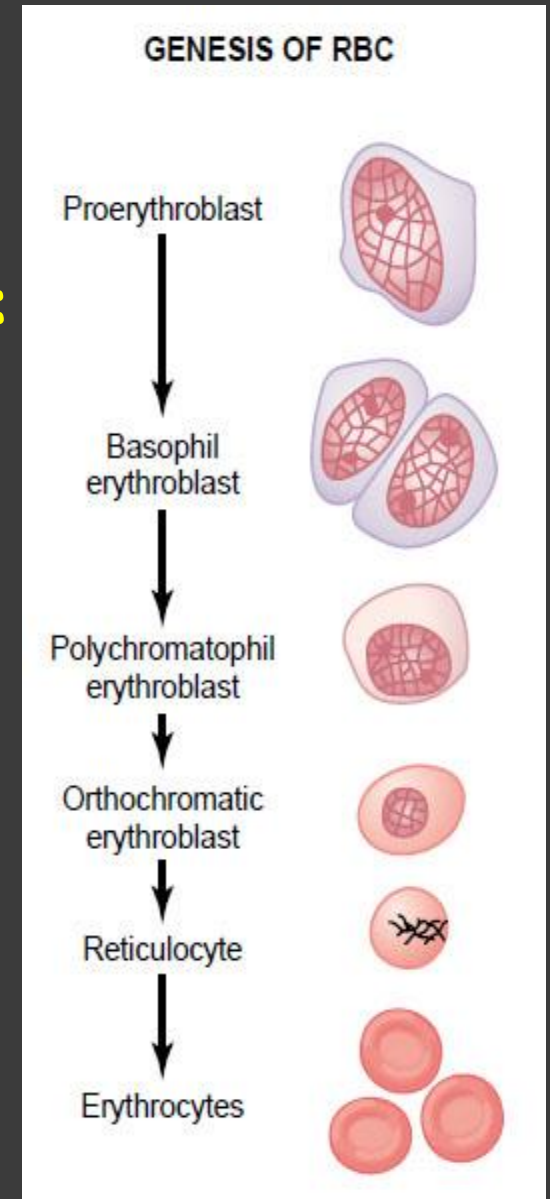
# Stages of differentiation of RBC

- **Stages of RBC development:**
  - Committed stem cell
    - Proerythroblast
    - **basophil** erythroblast
    - polychromatophil erythroblast
    - orthochromatic erythroblast
    - Reticulocytes
    - Mature erythrocytes
  - **In cases of rapid RBC** production  
→ **↑ reticulocytes** in the circulation.



# Erythropoiesis

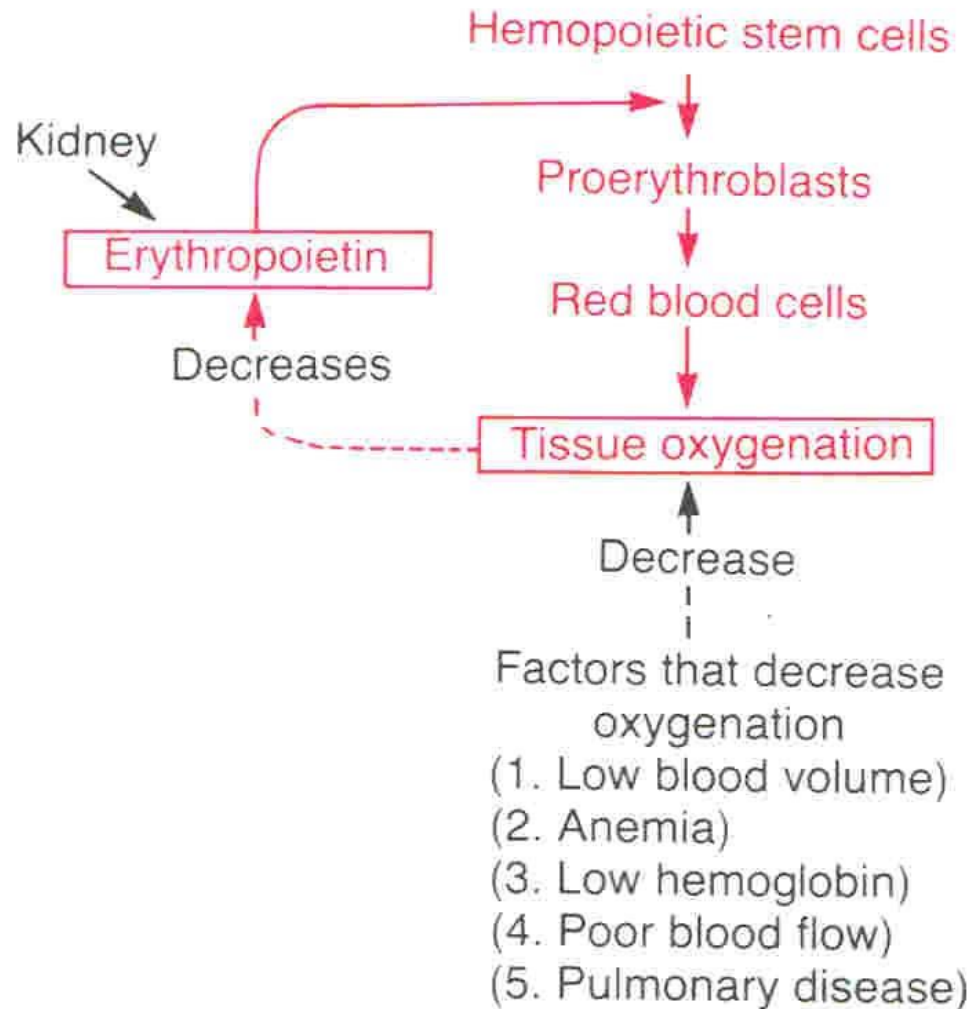
- RBC development is characterized by:
  - decrease in cell size.
  - disappearance of nucleus.
  - appearance of hemoglobin (Hb)



# Regulation of RBC production

- Erythropoiesis is stimulated by erythropoietin hormone produced by the kidney in response to hypoxia (low oxygen in the blood)
- 
- Hypoxia (↓ oxygen) caused by:
  - Low RBC count (Anaemia)
  - Hemorrhage
  - High altitude
  - Prolong heart failure
  - Lung disease

# Tissue oxygenation and RBC formation



# Erythropoietin:

- Glycoprotein.
- **90%** from renal cortex **10%** liver.
- Stimulate **the growth** of **early stem** cells.
- Does not **affect maturation** process.
- Can be **measured** in **plasma & urine**.
- **Conditions like:**
  - anemia
  - High altitude
  - Heart failure
  - Lung Disease

Result in High erythropoietin levels and polycythemia



# Role of the kidneys in RBC formation

