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Important in red  
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**Immunology**  
MED438

# Hypersensitivity Reactions



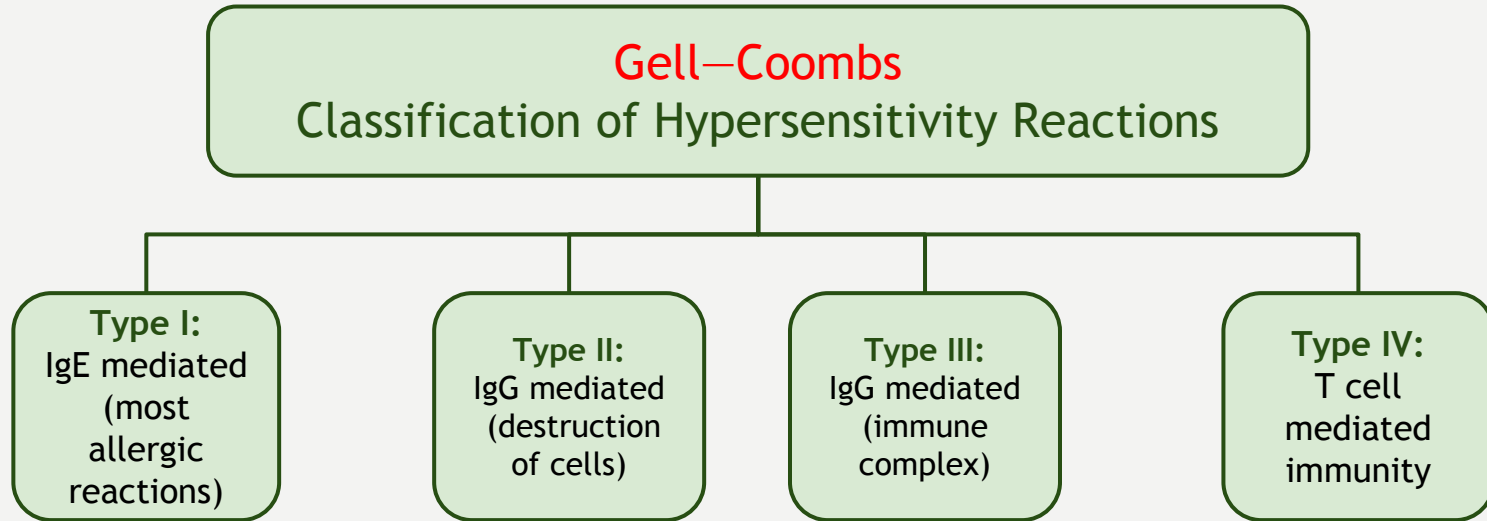
# Objectives

- To know that hypersensitivity reactions are over and excessive immune responses that can be harmful to the body in four different ways
- To be familiar with inflammatory processes in Type I hypersensitivity reaction that mediate allergic inflammation
- To recognize that Type II hypersensitivity deals with immune responses against antigens that are integral parts of the cell membrane and are usually associated with autoimmune disorders
- To know that Type III hypersensitivity reactions are mediated by immune complexes and cause vasculitis
- To describe Type IV hypersensitivity is a purely cell mediated immune response associated with chronic inflammation

# What is hypersensitivity?

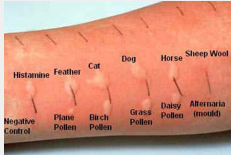
Hypersensitivity: is an undesirable reaction by the immune system.

Protective immunity: desirable reaction.



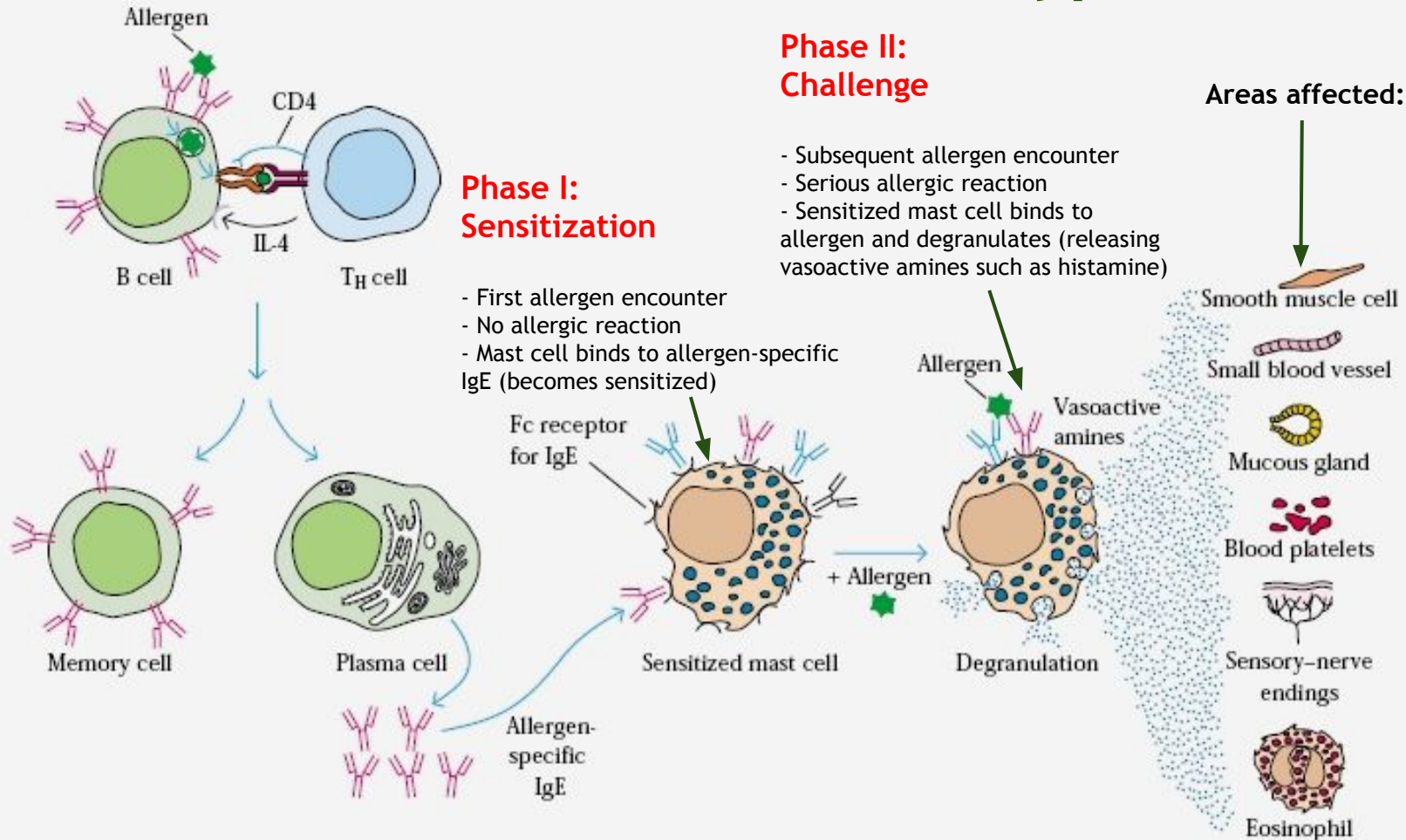
# Type I Hypersensitivity

- Known as **immediate** hypersensitivity (mins-hrs) or an allergic reaction that may develop into an **anaphylactic\*** reaction (a severe and life-threatening form).

Features	Antibody	<ul style="list-style-type: none"> <li>- Allergic (<b>atopic</b>): IgE</li> <li>- Non Allergic: IgG</li> </ul>
	Cells Involved	<ul style="list-style-type: none"> <li>- Mast cells</li> <li>- Eosinophils</li> <li>- Basophils</li> </ul>
	Antigen	<ul style="list-style-type: none"> <li>- Allergen (low molecular weight &amp; high solubility)</li> </ul> <p>Ex: Pollens, Dust mites, Injected allergen (sting venom from hymenoptera)</p> <p><i>Hymenoptera include bees, wasps, ants. They can cause <a href="#">systemic inflammation</a> and <a href="#">anaphylactic shock</a></i></p>
Clinical Examples	<p>Allergy is a <b>systemic</b> disorder (affects multiple organs)</p> <ul style="list-style-type: none"> <li>- Food allergy (GIT)</li> <li>- Allergic Rhinitis and Asthma (Resp Tract)</li> <li>- Eczema, Urticaria, and allergic dermatitis (Skin)</li> </ul>	
Diagnoses	<ul style="list-style-type: none"> <li>- Skin prick test (SPT)</li> <li>- Specific IgE measurement (RAST)</li> <li>- Elimination/Provocation test (Food allergy)</li> </ul>	

\*Unlike anaphylactic reactions, **anaphylactoid reactions** are **non-IgE** mediated and may result from local anesthetics or contrast media (show similar symptoms as anaphylactic)

# Reaction Phases of Immediate Hypersensitivity



# Allergic Mediators

No need to memorize everything (just know the basics) and how to differentiate between them.

## Mediators

## Effects

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**Primary:** are the **main mediators** released in an allergic reaction

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Histamine, heparin

Increased vascular permeability; smooth-muscle contraction

Serotonin

Increased vascular permeability; smooth-muscle contraction

Eosinophil chemotactic factor (ECF-A)

Eosinophil chemotaxis

Neutrophil chemotactic factor (NCF-A)

Neutrophil chemotaxis

Proteases

Bronchial mucus secretion; degradation of blood-vessel basement membrane; generation of complement split products

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**Secondary:** are the mediators released **in response** to the release of primary mediators

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Platelet-activating factor

Platelet aggregation and degranulation; contraction of pulmonary smooth muscles

Leukotrienes (slow reactive substance of anaphylaxis, SRS-A)

Increased vascular permeability; contraction of pulmonary smooth muscles

Prostaglandins

Vasodilation; contraction of pulmonary smooth muscles; platelet aggregation

Bradykinin

Increased vascular permeability; smooth-muscle contraction

Cytokines

IL-1 and TNF- $\alpha$

Systemic anaphylaxis; increased expression of CAMs on venular endothelial cells

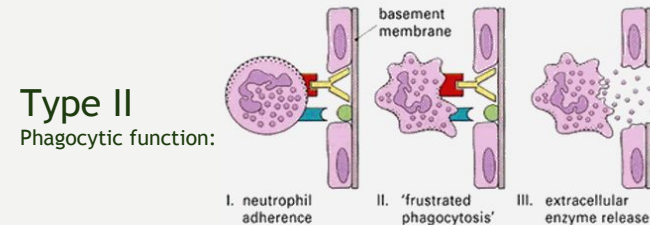
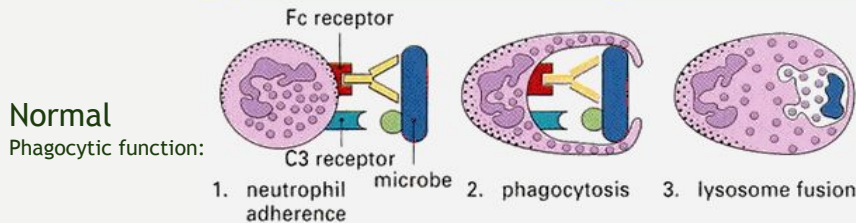
IL-2, IL-3, IL-4, IL-5, IL-6, TGF- $\beta$ , and GM-CSF

Various effects

# Type II Hypersensitivity

- Differs from type I in that the antigen is membrane-bound (not free), and it is highly related to autoimmune diseases.

Features	Antibody	- Mainly IgG, could be IgM (both can activate the complement system)
	Complement Activation	- Invariable (constant)
	Antigen	- Self Antigens (bound to cell membranes) - Exogenous antigens (microbial, also bounded)
Clinical Examples	- Glomerulonephritis (anti-glomerular basement membrane) (diseases that injure the part of the kidney that filters blood called glomeruli) - Mismatched blood transfusions	
Diagnoses	- Antibody-antigen detection using Immunofluorescence	



# Type III Hypersensitivity

- Known as **Immuno-complex** Hypersensitivity. Happens when an antigen reacts with an antibody, forming an immune complex capable of inducing an inflammatory response.
- Immuno-complexes are deposited in tissues like:
  - Kidneys (nephritis)
  - Joints (arthritis)
  - Blood Vessels (vasculitis)


Features	Antibody	- Mainly IgG, could be IgM
	Complement Activation	- It is <b>activated</b> after the immuno-complex formation
	Antigen	- Free soluble antigen, <b>unlike</b> type II (bounded)
Clinical Examples	- Glomerulonephritis ( <b>Not</b> basement membrane-bound) - Rheumatoid Arthritis - Systemic Lupus Erythematosus (SLE)	
Diagnoses	- Immuno-complexes detection in blood/tissue using <b>Immunofluorescence</b>	

Vasculitis pathophysiology: Normally, macrophages will clear out large immuno-complexes after an immune reaction. However, sometimes there are small immuno-complexes that are hard for the macrophages to recognize, so they end up circulating in the blood and depositing in the vessels, leading to vasculitis

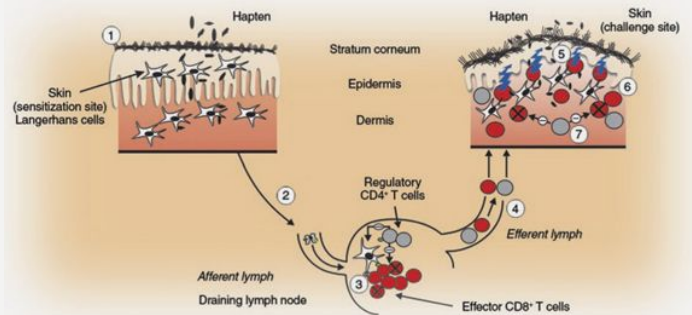


# Type IV Hypersensitivity

- Known as **delayed** hypersensitivity- $T_{DTH}$  (2-4 days) and **cell-mediated** hypersensitivity

Features	Antibody	- No antibodies (cell-mediated)
	Cells Involved	- Generally CD4 and occasionally CD8 - CD4 activates macrophages via Th1
	Antigen	- Presented to T cells by APCs (involving both MHC Classes)
Clinical Examples	<ul style="list-style-type: none"> <li>- Contact Dermatitis (<b>NOT</b> to be mixed with Type I allergic dermatitis)</li> <li>- Granuloma formation (such as TB-persistent antigen)</li> <li>- Hair dyes</li> </ul>	
Diagnoses	<ul style="list-style-type: none"> <li>- Delayed skin test (Mantoux test/Tuberculin test)</li> <li>- Patch test (used for contact dermatitis) →</li> <li>- Lymphocyte transformation test</li> </ul>	

Contact Dermatitis Pathophysiology



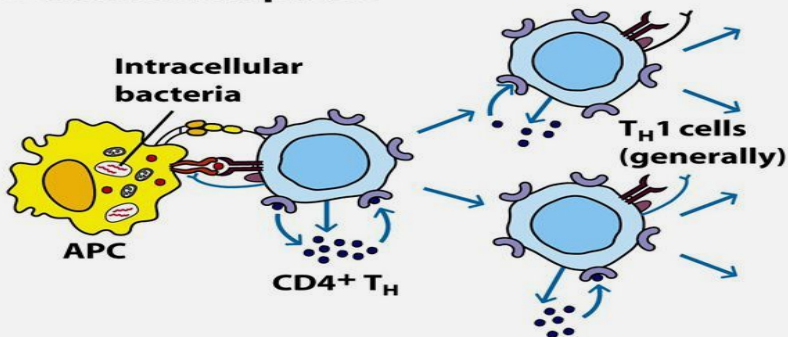
Hapten (eg. Nickel) : Small molecules that can't activate immune system without binding to larger proteins.

After binding, dendritic (langerhans) cells take the hapten to the lymph node where T cells recognize them and respond by heading to the infiltration site.

# Reaction Phases of Delayed Hypersensitivity

## Phase I (1-2 weeks)

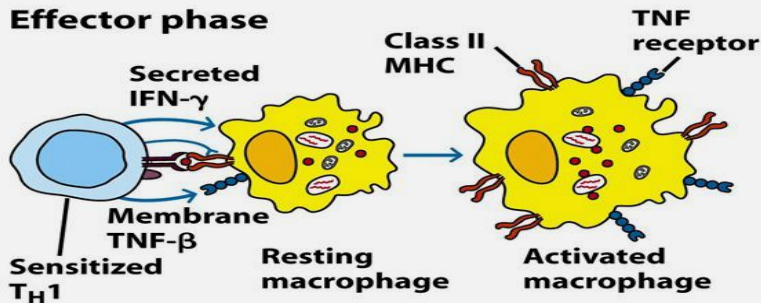
### Sensitization phase



CD4+ Th1 (generally) or CD8+ (occasionally) are activated by APCs via MHC Class I or II and become T<sub>DTH</sub> (delayed type T cell).

## Phase II (24-72 hrs)

### Effector phase



Sensitized T<sub>DTH</sub> secretes chemical mediators to activate macrophages that act non-specifically

Chemical mediators are:

- **Chemokines:** recruit macrophages (chemotaxis).
- **IFN- $\gamma$ :** activates macrophages .
- **TNF  $\alpha$  &  $\beta$ :** tissue destruction & increased adhesion.
- **IL-3/GM-CSF:** stimulate monocyte production.

Macrophage activation increases the following:

- MHC Class II
- TNF receptors
- ROS
- Nitric Oxide

This causes tissue destruction

# Take Home Message

- Type I (IgE), II (IgG) and III (IgG) hypersensitivity reactions are mediated by **antibodies** whereas Type IV hypersensitivity reaction is a **cell** mediated immune response.
- Hypersensitivity reactions are **undesirable, excessive, and aberrant** immune responses associated with disorders such as allergy, autoimmunity and chronic inflammation.

# Quiz:

1. Antibody type in Hypersensitivity I:

- a) IgG
- b) IgD
- c) IgE
- d) Both A & C

2. Which of the following is a cellular component of Hypersensitivity I:

- a) Macrophages
- b) Neutrophils
- c) Eosinophils
- d) Lymphocytes

3. Antibody type in Hypersensitivity II:

- a) IgE
- b) IgG
- c) IgD
- d) Both B & C

4. The antigen of Type III Hypersensitivity:

- a) Nuts
- b) Free antigen
- c) Dust mite
- d) Bound to membrane

5. Which type of hypersensitivity produces immune complexes

- a) Type I
- b) Type II
- c) Type III
- d) Type IV

6. One of the following is NOT a chemical mediator in DTH

- a) IL-3
- b) IFN $\gamma$
- c) TGF- $\beta$ 1
- d) TNF $\alpha$

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