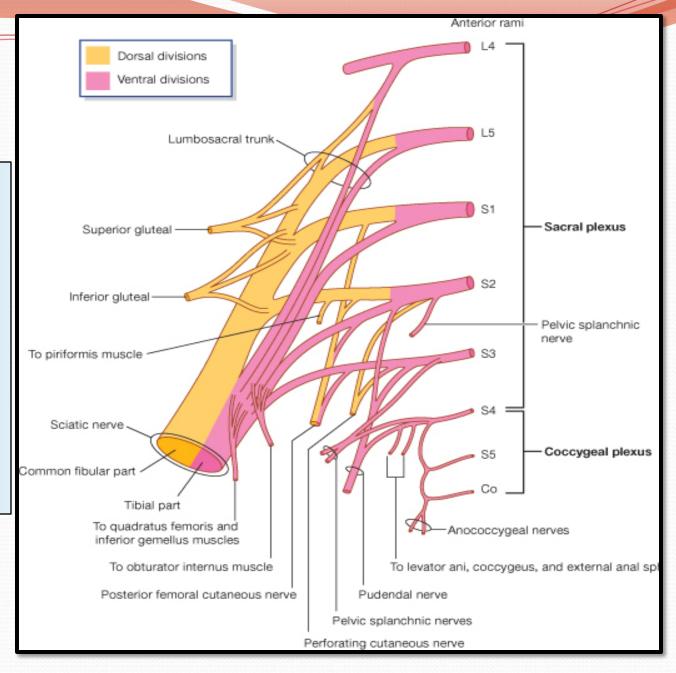


OBJECTIVES

- By the end of the lecture, students should be able to:
- Describe the anatomy (origin, course & distribution) of the sciatic nerve.
- List the branches of the sciatic nerve.
- Describe briefly the main motor and sensory manifestations in case of injury of the sciatic nerve or its main branches.

Origin

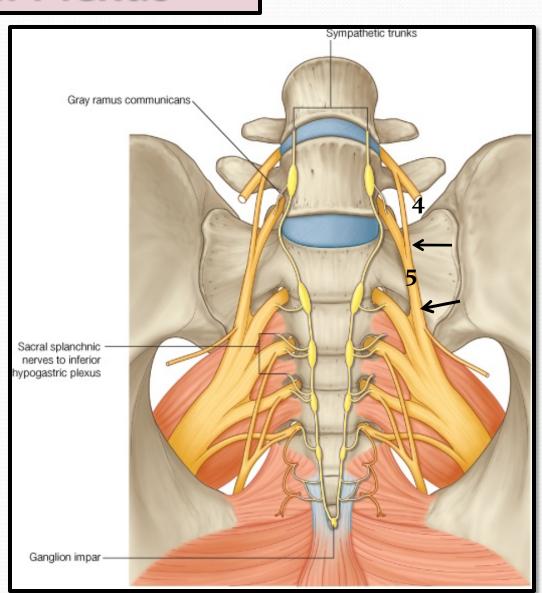
- From Sacral the Plexus,
- (L4,5, S1, 2,3).
- ➤ It is the largest branch of the plexus & the largest
- ➤nerve of the body.



Sacral Plexus

□Formation:

- □ Ventral (anterior)
 rami of a part of L4 &
 whole L5
 (lumbosacral trunk) +
 S1,2,3 and most of S4.
- □<u>Site:</u>
- □On the posterior wall of the pelvis,
- ☐ In front of Piriformis muscle.

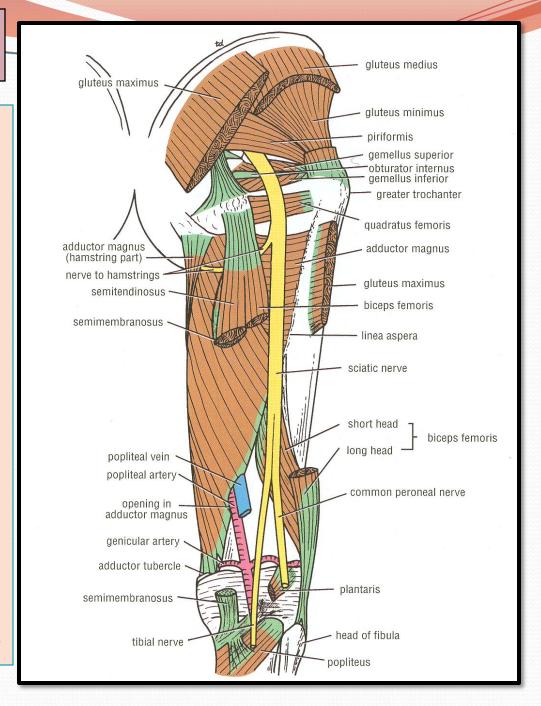


Course & Distribution

- It leaves the pelvis
 through greater sciatic
 foramen, below the
 piriformis & passes in the
 gluteal region (between
 ischial tuberosity &
 greater trochanter) then
 to posterior compartment
 of thigh.
- > <u>Termination</u>:

In the middle of the back of the thigh It divides into 2 branches:

- > Tibial &
- Common Peroneal (Fibular).

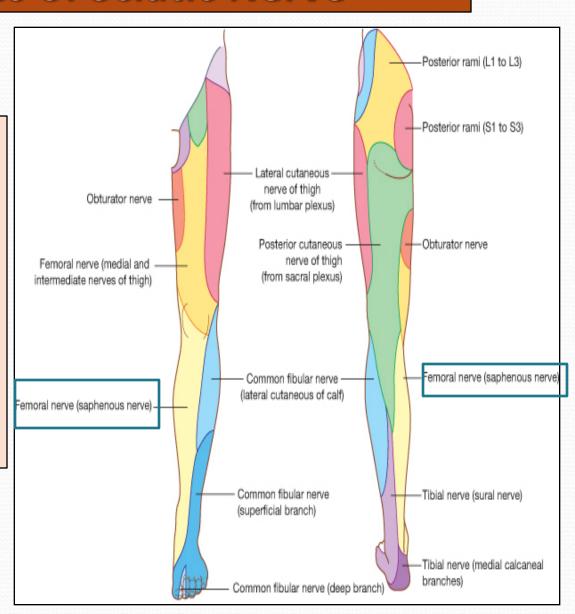


Branches of Sciatic Nerve

□<u>1. Cutaneous</u>:

• To all leg & foot EXCEPT:

Areas supplied by the saphenous nerve (branch of femoral nerve).



□<u>2. Muscular</u>:

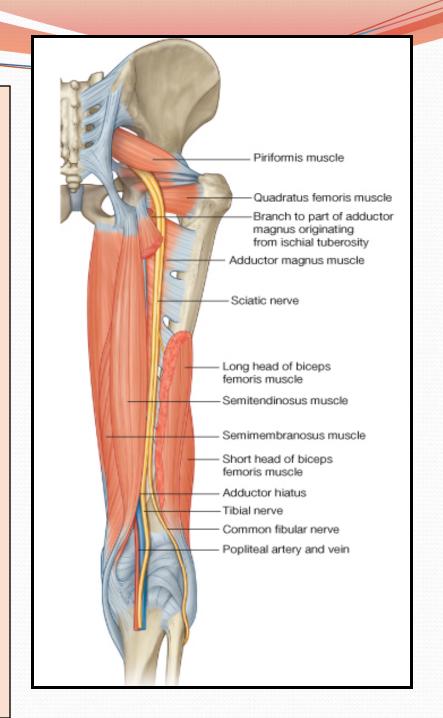
To <u>Hamstrings</u>:

(flexors of knee & extensors of the hip).

(through tibial part) to:

- 1. Hamstring part of Adductor Magnus.
- 2. Long head of Biceps Femoris.
- 3. Semitendinosus.
- 4. Semimembranosus.

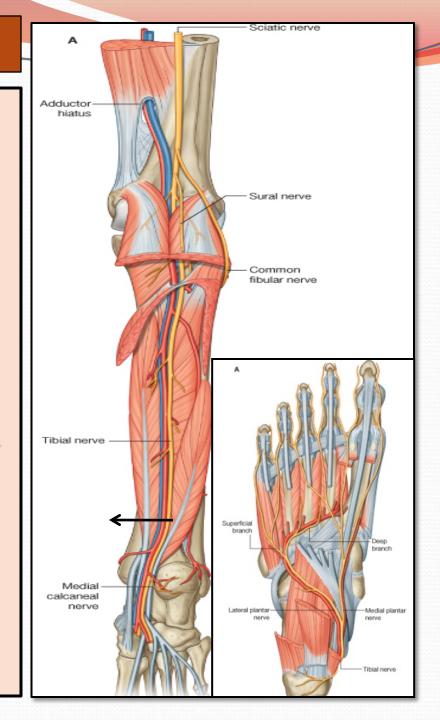
NB. The short head of biceps receives its branch from the lateral popliteal (common peroneal) nerve.



Tibial Nerve

□Course:

- Descends through popliteal fossa to posterior compartment of leg, accompanied with posterior tibial vessels.
- Passes deep to flexor retinaculum (through the tarsal tunnel, behind medial malleolus) to reach the sole of foot where it divides into 2 terminal branches (Medial & Lateral planter nerves.



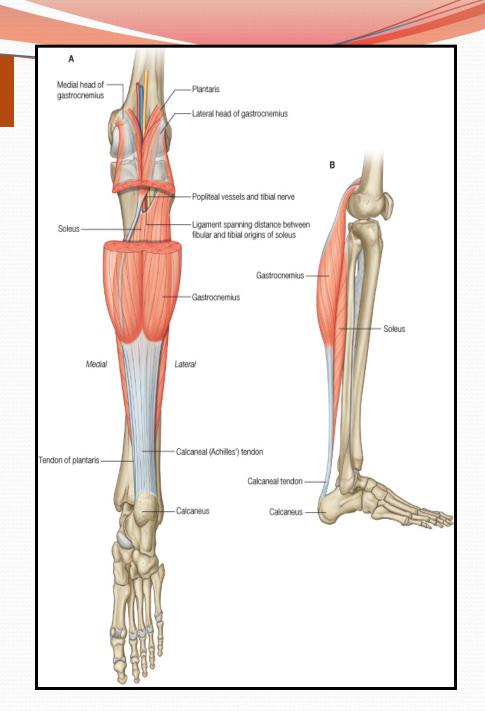
Muscular Branches

. Muscles of posterior compartment of leg: Planter flexors of ankle,

Flexors of toes

ONE Invertor of foot (tibialis posterior).

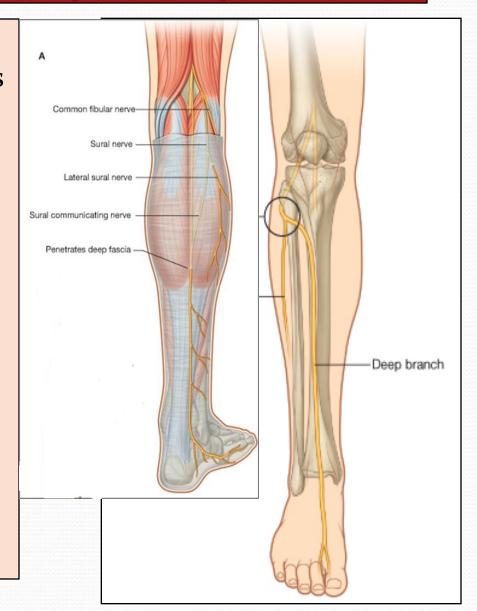
2. Intrinsic muscles of sole



Common Peroneal (Fibular) Nerve

□ Course:

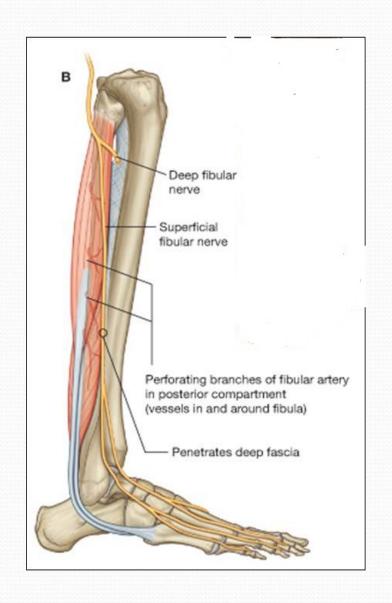
- Leaves popliteal fossa & turns around the lateral aspect of neck of fibula, (Dangerous Position).
- Then divides into:
- Superficial peroneal or (Musculocutaneous): to supply the Lateral compartment of the leg.
- Deep peroneal or (Anterior Tibial):
- to supply the Anterior compartment of the leg.



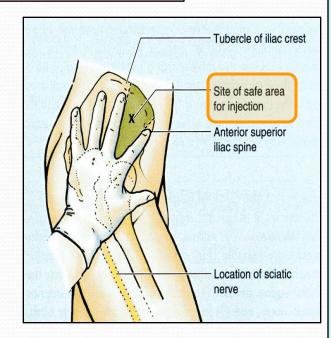
Muscular Branches

Muscles of anterior & lateral compartments of leg:

- Dorsi flexors of ankle,
- Extensors of toes,
- Evertors of foot.



CAUSES OF SCIATIC NERVE INJURY



II-Posterior dislocation of the hip joint



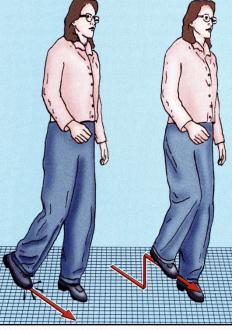
- The sciatic nerve is **most frequently injured** by...?
- I- Badly placed intramuscular injections in the gluteal region.
- To avoid this, injections should be done into the gluteus maximus or medius (into the upper outer quadrant of the buttock).
- Most nerve lesions are incomplete, and in 90% of injuries, the common peroneal (part of the nerve) is the most affected. Why?
 - The common peroneal nerve fibers lie **superficial** in the sciatic nerve.

EFFECTS OF SCIATIC NERVE INJURY

■ MOTOR EFFECT:

- Marked wasting of the muscles below the knee.
- Weak flexion of the knee (sartorius & gracilis are intact).
- Weak extension of hip (gluteus maximus is intact).
- All the muscles below the knee are paralyzed, and the weight of the foot causes it to assume the plantar-flexed position, or Foot Drop.
- (Stamping gait).





SENSORY EFFECT

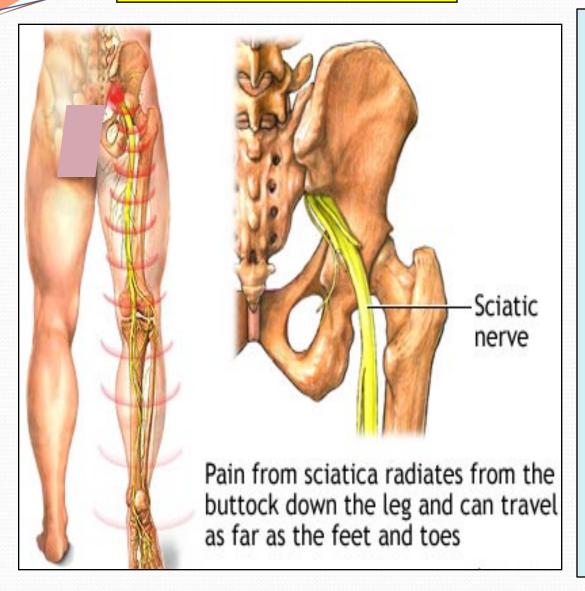
Sensation is lost *below the* knee, except for a narrow area down the medial side of the lower part of the leg (blue) and along the medial border of the foot as far as the ball of the big toe, which is supplied by the saphenous nerve (femoral nerve).



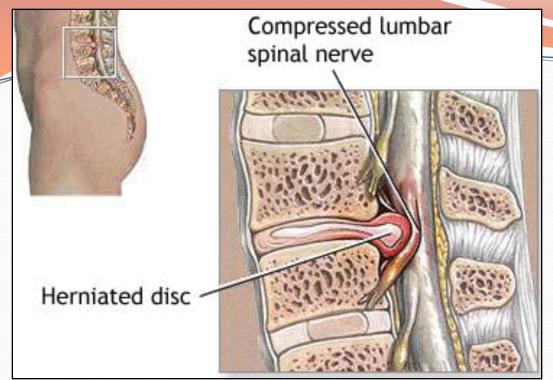
EFFECT OF SCIATIC NERVE INJURY

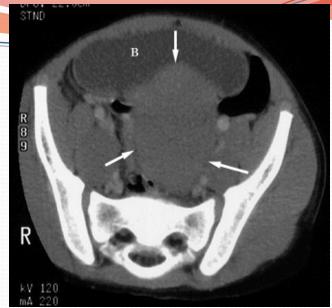
MOTOR EFFECT	Paralysis	Movements affected
	<u>Hamstrings</u>	Flexion of knee &
		Extension of hip
	All muscles of Leg & Foot	All movements of the <u>leg & Foot</u>
SENSORY EFFECT	Loss of sensation of the areas supplied by sciatic nerve (below knee).	EXCEPT area supplied by the (Saphenous nerve).

SCIATICA



- Sciatica describes the condition in which patients have pain along the sensory distribution of the sciatic nerve.
- Thus the pain is experienced in the posterior aspect of the thigh, the posterior and lateral sides of the leg, and the lateral part of the foot.



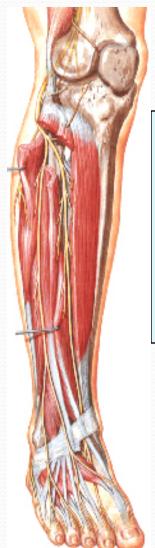


Causes of Sciatica:

- Prolapse of an intervertebral disc, with pressure on one or more roots of the lower lumbar and sacral spinal nerves,
- Pressure on the sacral plexus or sciatic nerve by an intrapelvic tumor,
- ➤ Inflammation of the sciatic nerve or its terminal branches.



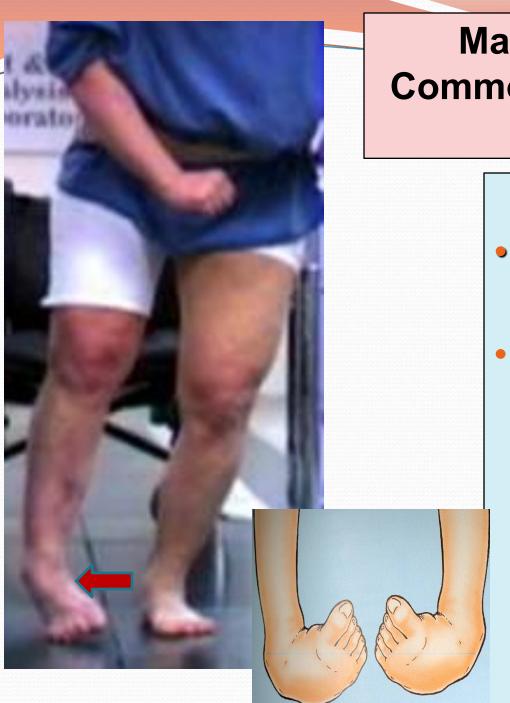
Common Peroneal Nerve Injury



The common peroneal nerve is in an exposed position as it leaves the popliteal fossa it winds around neck of the fibula to enter peroneus longus muscle, (Dangerous Position).



The common peroneal nerve is commonly injured In Fractures of the neck of the fibula and By pressure from casts or splints.



Manifestations of Common Peroneal Nerve Injury

Motor:

- The muscles of the anterior and lateral compartments of the leg are paralyzed,
- As a result, the opposing muscles, the plantar flexors of the ankle joint and the invertors of the subtalar joints, cause the foot to be Plantar Flexed (Foot Drop) and Inverted, an attitude referred to as Talipes

Equinovarus.

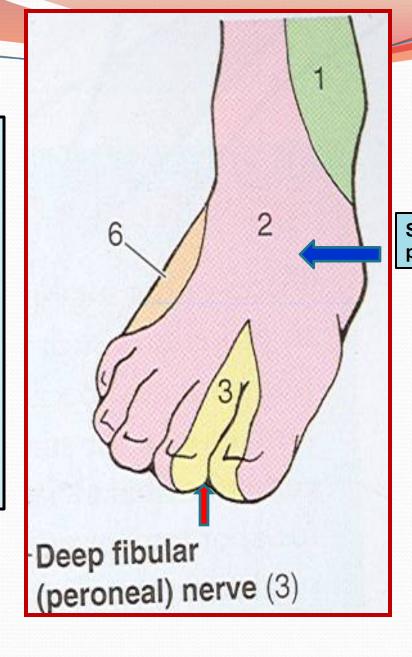
Sensory

Sensation is lost between the first and second toes.

Dorsum of the foot and toes.

Medial side of the big toe.

Lateral side of the leg.



Superficial peroneal

Tibial Nerve Injury



- Because of its deep and protected position, the tibial nerve is <u>rarely injured</u>.
- Complete division results in the following clinical features:
- Motor:
- All the muscles in the back of the leg and the sole of the foot are paralyzed.
- The opposing muscles Dorsiflex
 the foot at the ankle joint and
 Evert the foot at the subtalar joint,
 an attitude referred to as Taleps
 Calcaneovalgus.

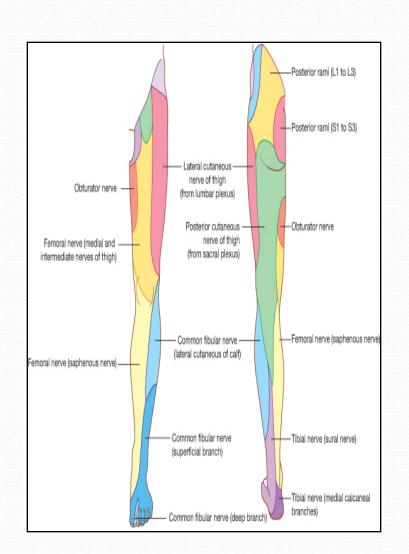
Sensory:

Sensation is lost on the Lateral side of the leg and foot &

Trophic ulcers

in the sole.

(also seen in case of **Sciatic nerve** injury)





THANK YOU