Pleura & Lung



Objectives

By the end of the lecture, the student should be able to :

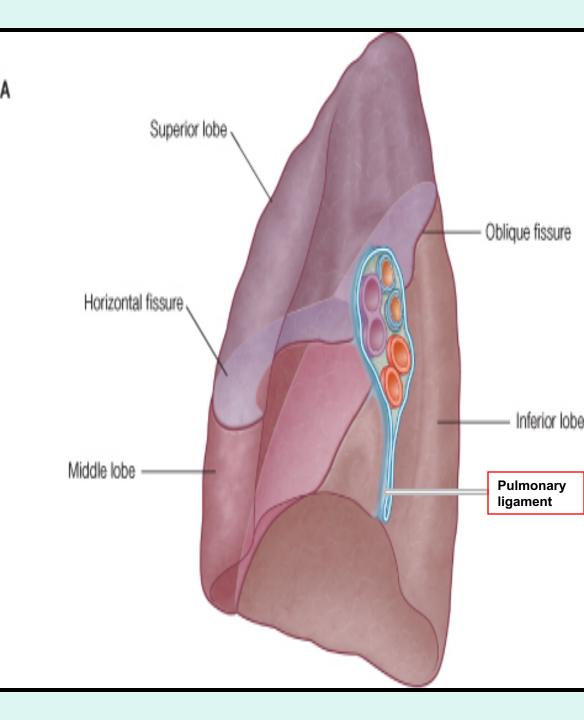
Describe the anatomy of the pleura:

<u>subdivisions</u> into parietal & visceral pleurae, <u>nerve</u> <u>supply</u> of each of them.

- List the parts of parietal pleura and its recesses.
- Describe the <u>surface anatomy</u> of both pleurae and lungs.
- Describe the <u>anatomy of lungs</u>: shape, relations, nerve supply & blood supply.
- Describe the <u>difference between right & left lungs.</u>
- Describe the formation of <u>bronchopulmonary</u> <u>segments</u> and the <u>main characteristics</u> of each segment in the lung.

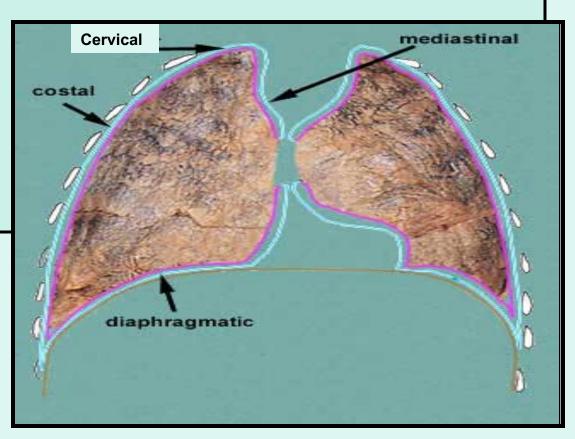
Pleura

- Double-layered serous membrane enclosing the lung.
- Has two layers:
 - Parietal layer, which lines the thoracic walls.
 - Visceral layer, which covers the surfaces of the lung.
- The two layers continue with each other around the root of the lung, where it forms a loose cuff <u>hanging down</u> called the pulmonary ligament.
- The space between the two layers, the pleural cavity, contains a thin film of pleural serous fluid (5-10 ml.).



Parietal Pleura

- It is divided according to the region in which it lies and the surfaces it covers, into:
 - 1- Cervical
 - 2- Costal
 - 3- Mediastinal
 - **4- Diaphragmatic**

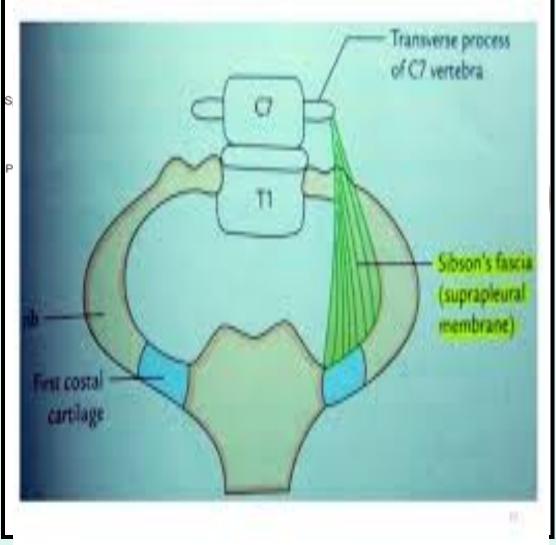


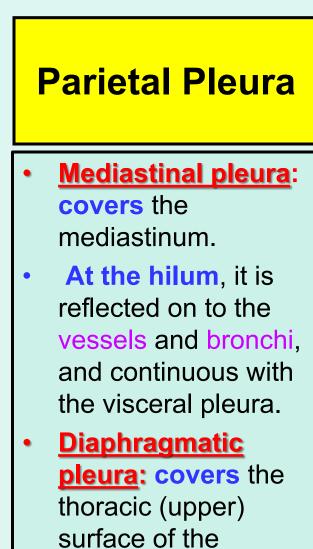
Parietal Pleura

<u>Cervical Pleura:</u>

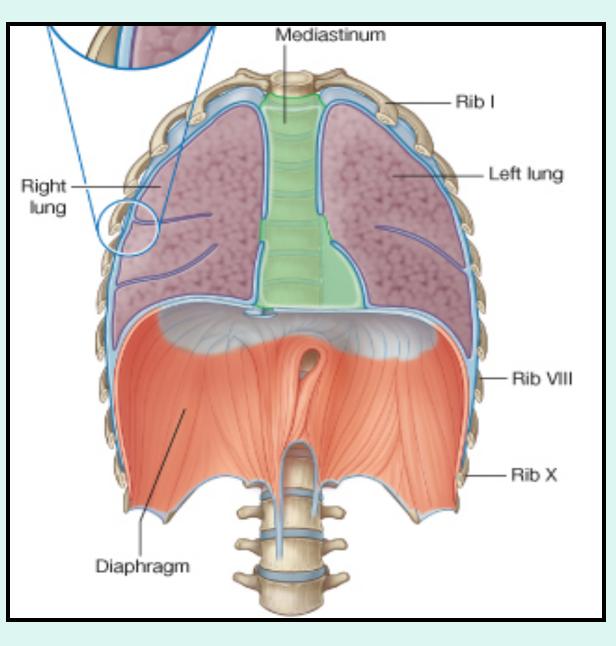
- Projects up into the neck about <u>one inch above</u> the medial1/3rd of clavicle.
- It lines the under surface of the suprapleural membrane.
- <u>Costal pleura</u>:
- **lines**, the back of the:
- Sternum,
- Ribs & costal cartilages,
- Intercostal spaces &
- Sides of vertebral bodies

Suprapleural membrane/ Sibson's fascia





diaphragm.



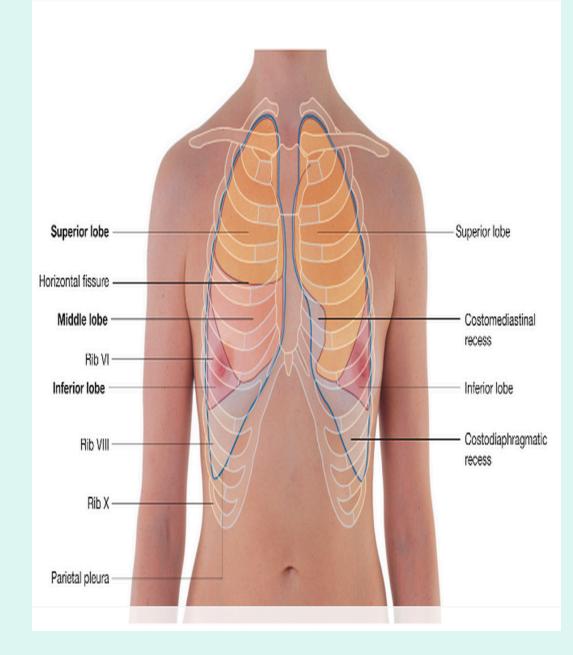
Pleural Recesses

Costodiaphragmatic:

 Slit like space <u>between</u> costal and diaphragmatic pleurae, along the inferior border of the lung which enters through it in deep inspiration.

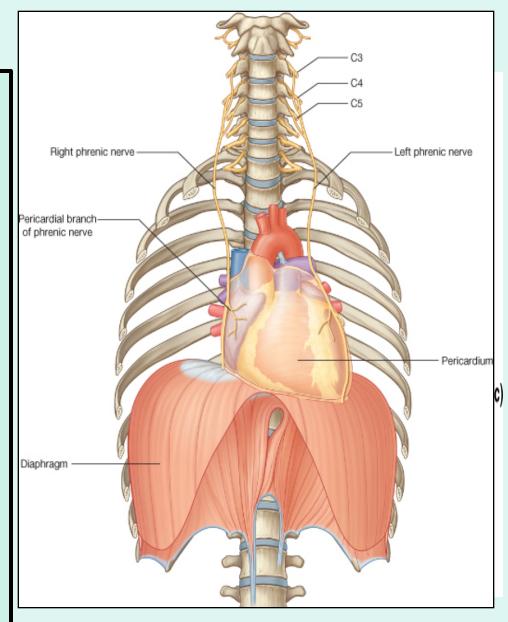
Costomediastinal:

 Slit like space <u>between</u> costal and mediastinal pleurae, along the anterior border of the lung which enters through it in deep inspiration.

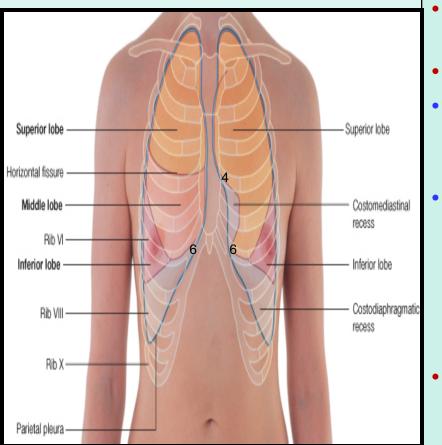


Pleura: Nerve Supply

- Parietal pleura:
- It is sensitive to pain, pressure, <u>temperature</u>, and <u>touch</u>.
- It is supplied <u>as follows</u>:
 - Costal pleura is segmentally supplied by the intercostal nerves.
 - Mediastinal pleura is supplied by phrenic nerves.
 - Diaphragmatic pleura is supplied over the domes by phrenic nerves, around the periphery by lower 6 intercostal nerves.
- <u>Visceral pleura</u> sensitive to <u>stretch</u> only and is supplied by the autonomic fibers from the pulmonary plexus.

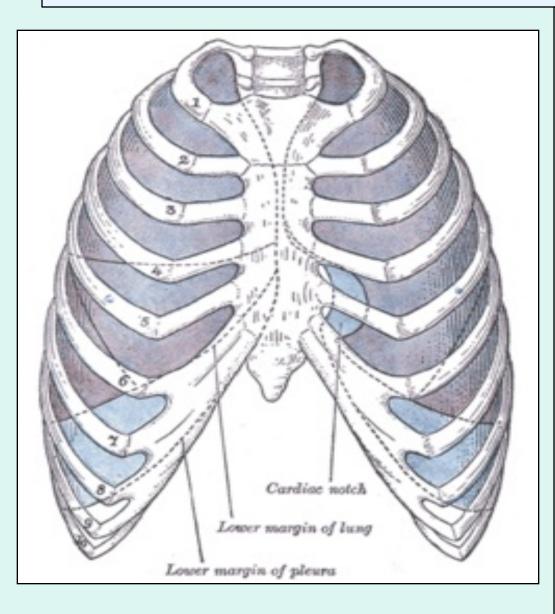


SURFACE ANATOMY OF PLEURA



- Apex: lies <u>one inch</u> above the medial 1/3 of the clavicle.
- The anterior margin
- **<u>Right pleura:</u>** extends vertically from sterno-clavicular joint to_xiphisternal joint (6th costal cartilage).
 - Left pleura: Simillar course but at the level the <u>4th costal cartilage</u> deviates laterally and extends to lateral margin of the sternum to form cardiac notch then turns sharply downward to_xiphisternal joint (<u>6th costal cartilage</u>).
- Inferior margin: passes around the chest wall, on the 8th rib in midclavicular line, 10th rib in mid-axillary line and finally reaching to 12th rib adjacent to vertebral column posteriorly (T12 spine).
- Posterior margin : along the vertebral column from the apex (C7) to the inferior margin (T12 spine).

SURFACE ANATOMY OF LUNG



- Apex, anterior border correspond nearly to the lines of pleura but are slightly away from the median plane.
- Inferior margin : passes around the chest wall, on the <u>6th rib in midclavicular line</u>, 8th rib in mid-axillary line and finally reaching to 10th rib adjacent to vertebral column posteriorly.
- as the pleura but more horizontally and finally reaching to <u>the 10th thoracic</u> <u>spine.</u>
- Posterior margin : along the vertebral column from the apex (C7) to the inferior margin (T10 spine).

SURFACE ANATOMY OF LUNG

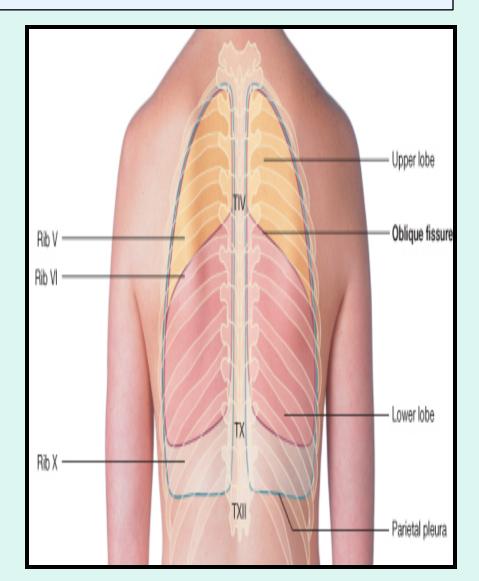
Oblique fissure:

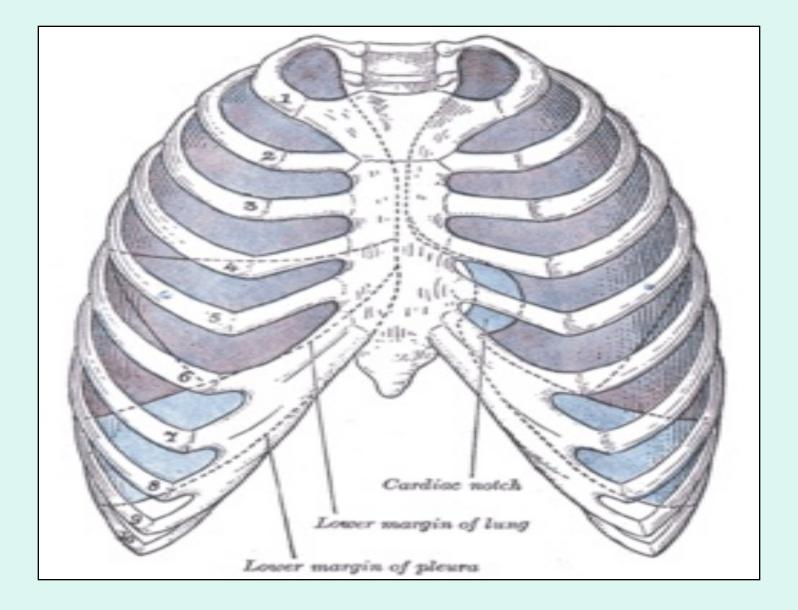
 Represented by a line extending from <u>4th</u> <u>thoracic spine</u>, obliquely <u>ending at 6th costal</u> <u>cartilage.</u>

Transverse fissure: Only

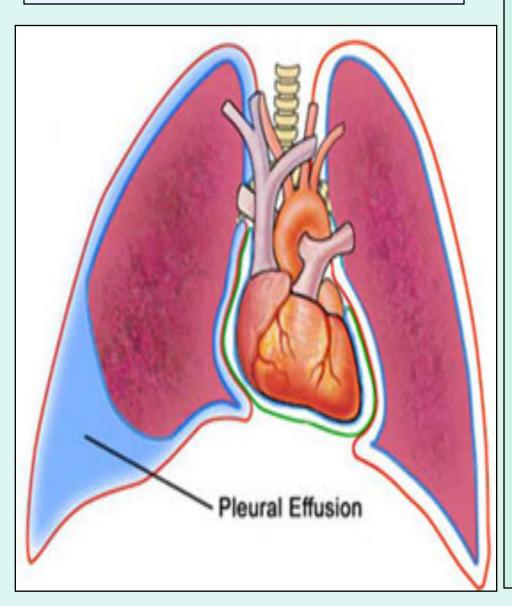
in the right lung:

represented by a line extending <u>from 4th right</u> <u>costal cartilage</u> to meet <u>the oblique fissure.</u>





Pleural Effusion



- It is an <u>abnormal</u> <u>accumulation of pleural</u> <u>fluid about 300 ml</u>, in the <u>Costodiaphragmatic pleural</u> *recess*, (normally 5-10 ml fluid)
- <u>Causes</u>: inflammation, TB, congestive heart disease and malignancy.
- The lung is <u>compressed</u> & the bronchi are <u>narrowed</u>.
- Auscultation would reveal only faint & decreased breathing sounds over compressed or collapsed lung lobe.
- **Dullness** <u>on percussion</u> over the effusion.

Lungs

- Located in the thoracic cavity, one on each side of the mediastinum
- Each lung is:

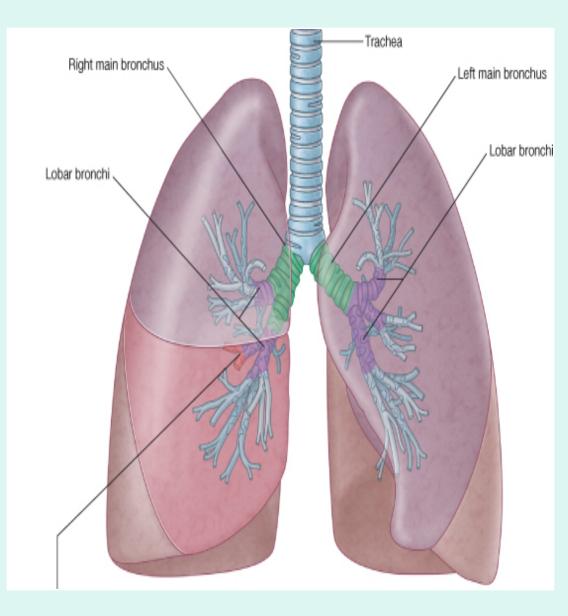
Conical in shape.

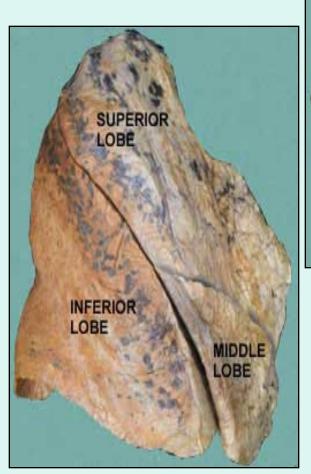
Covered by the visceral pleura.

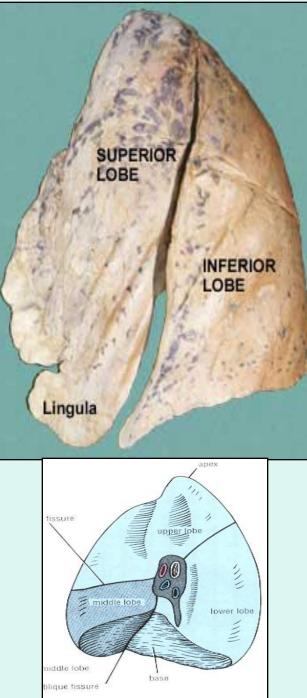
Suspended free in its own pleural cavity.

Attached to the mediastinum only by

its root.



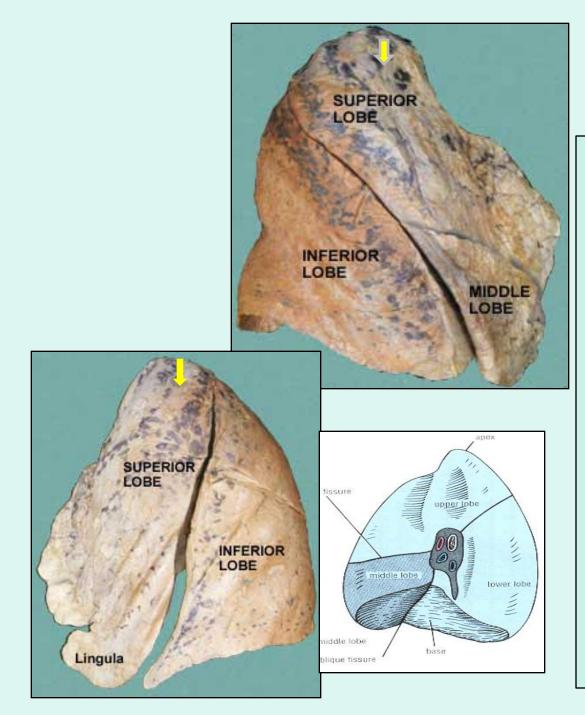




LUNGS

• Each lung has:

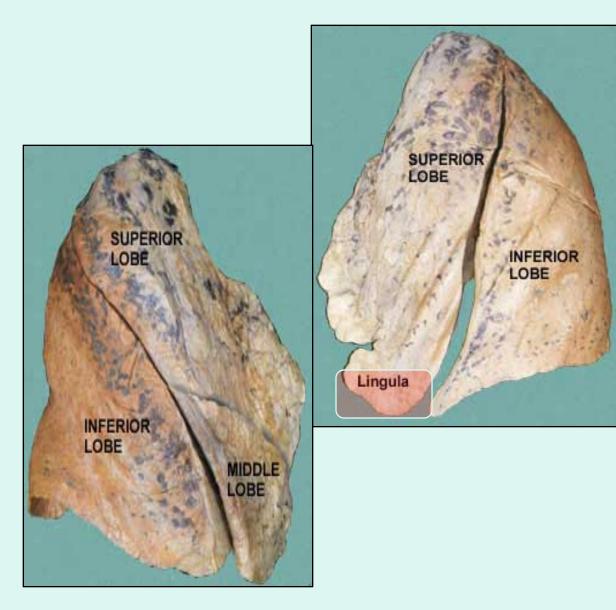
- Apex and base: identify the top and bottom of the lung, respectively.
- Costal (lateral)surface: surrounded by the ribs from front & back).
- Medial (mediastinal) surface:
- Where the bronchi, blood vessels, and lymphatic vessels enter the lung at the hilum.
- It is <u>also related</u> to the structures forming the mediastinum.



LUNGS

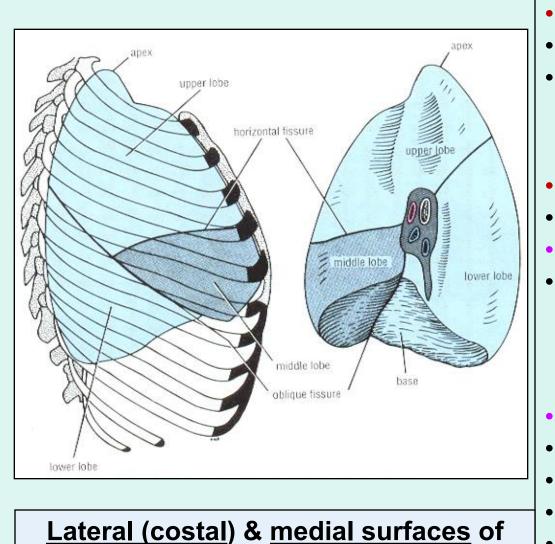
- <u>Apex:</u>
- Projects into the <u>root of</u> <u>the neck</u>
- (1 inch above medial 1/3 of clavicle).
 <u>It is covered</u> by cervical pleura.
 - *It is grooved* <u>anteriorly</u> by <u>subclavian artery.</u>
- Base:
- inferior or diaphragmatic surface) is <u>concave</u> and rests on the <u>diaphragm.</u>

Borders: Anterior & Posterior



- Anterior border :
- Is <u>sharp, thin</u> and overlaps the heart.
- Anterior border of left lung presents a cardiac notch at its lower end, has a thin projection called the lingula below the cardiac notch.
- Posterior border : is <u>rounded</u>, <u>thick</u> and lies beside the vertebral column.

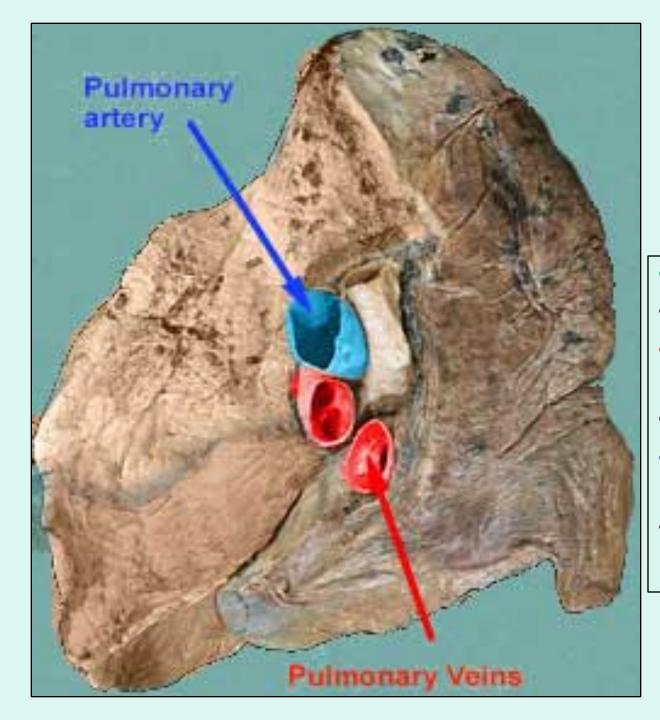
Surfaces: Costal & Mediastinal



right lung

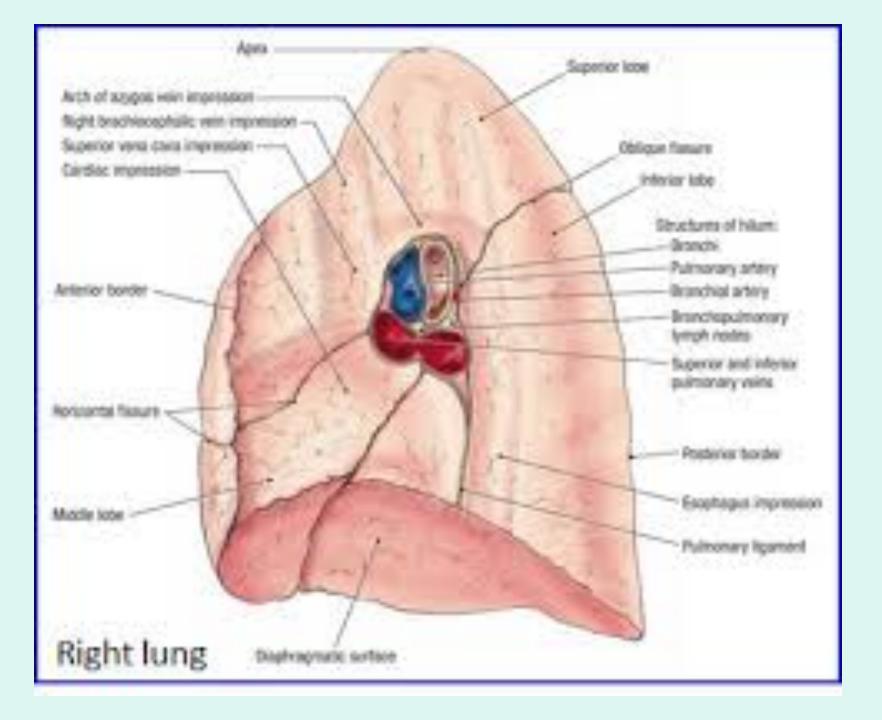
Costal surface:

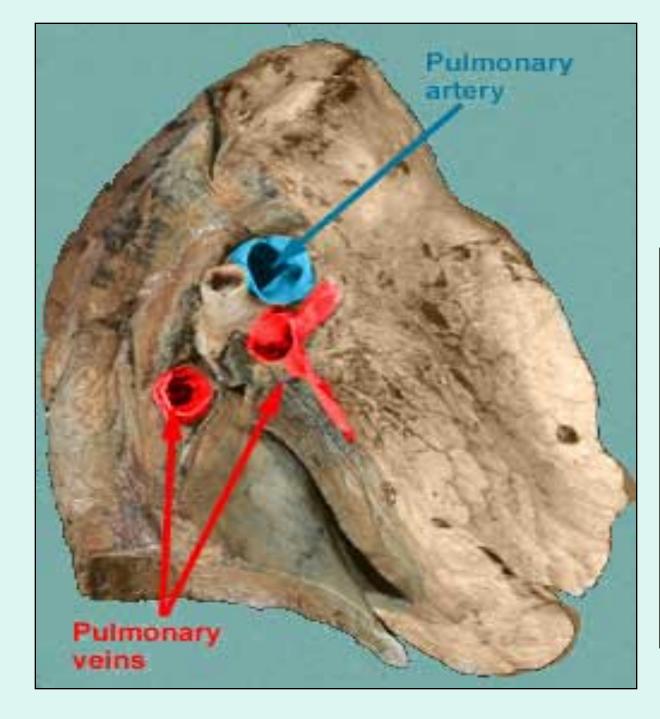
- Convex.
- Covered by <u>costal pleura</u> which <u>separates lung from:</u> ribs, costal cartilages & intercostal muscles.
- Medial surface:
- It is divided into 2 parts:
- Anterior (mediastinal) part:
- Contains a <u>hilum</u> in the middle (it is a depression in which <u>bronchi</u>, <u>vessels</u>, & <u>nerves</u> forming the root of lung).
- Posterior (vertebral) part:
- It is related to:
- Bodies of thoracic vertebrae,
- Intervertebral discs,
- Posterior intercostal vessels
- Sympathetic trunk.



RIGHT LUNG ROOT

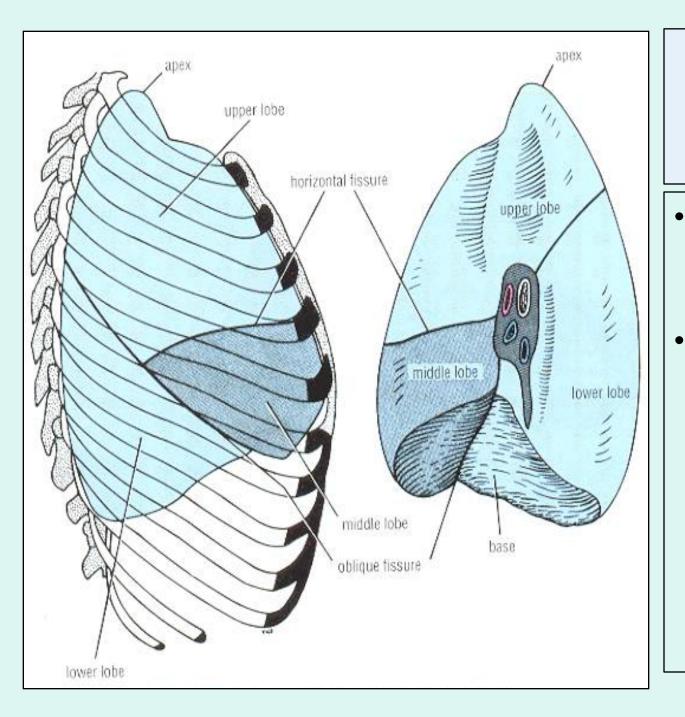
- 2 bronchi:
- Lie posterior.
- Pulmonary artery:
- Is <u>superior</u>
- Pulmonary veins:
- Are <u>inferior and</u> <u>anterior.</u>





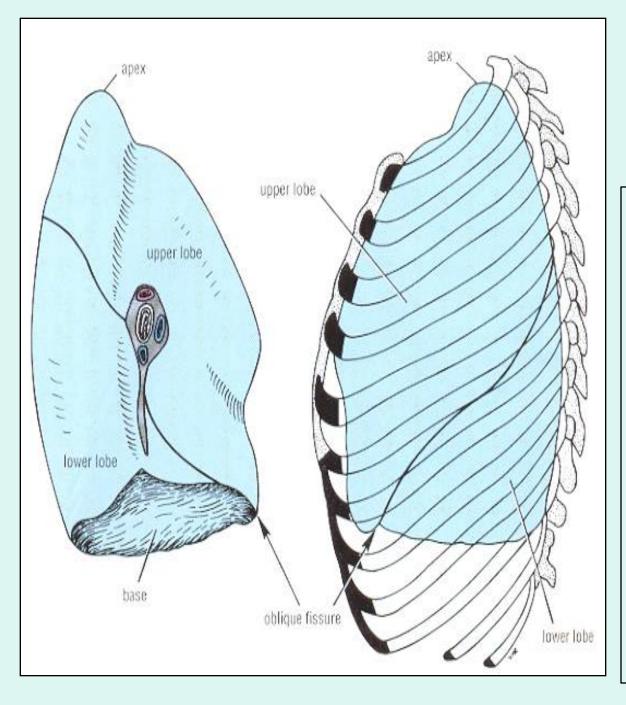


- One bronchus:
- Lies <u>posterior</u>
- Pulmonary artery:
- Is superior
- Pulmonary veins:
- Is <u>inferior and</u> <u>anterior</u>



Right lung

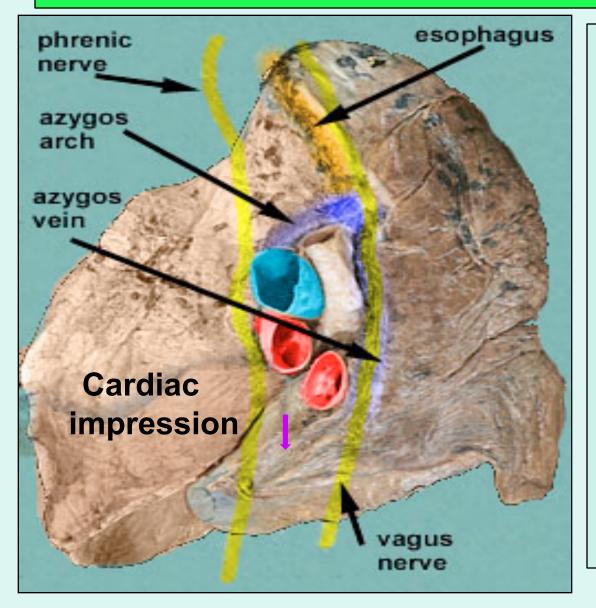
- <u>Larger &</u>
 <u>shorter</u>than
 left lung.
 - Divided by <u>2 fissures</u> (<u>oblique &</u> <u>horisontal</u>) into <u>3 lobes</u> (upper, middle and lower lobes).



Left Lung

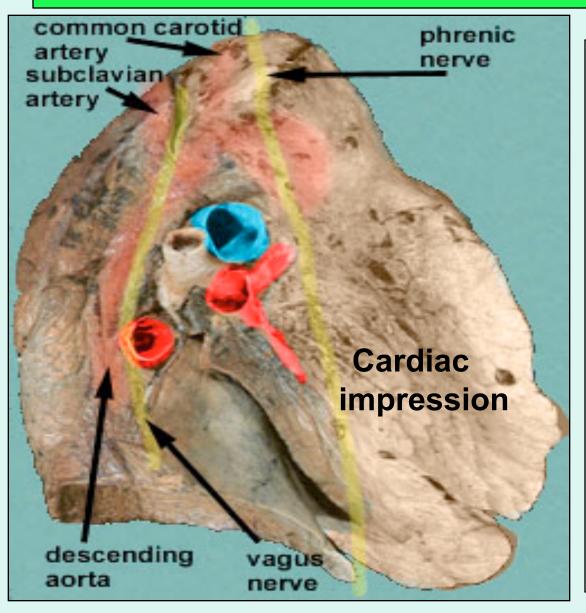
- Divided by one oblique fissure into -2 lobes, Upper and lower.
- There is <u>No</u> horizontal fissure.
- It has a cardiac notch at <u>lower</u> <u>part</u> of its <u>anterior border.</u>

Mediastinal surface of right lung



- On the mediastinal surface of the right lung, you find these structures:
- Azygos vein and its arch (posterior and over the root of the lung).
- Vagus nerve posterior to the root of the lung.
- Phrenic nerve anterior to the root of the lung.
- Cardiac impression: related to right atrium.
- Esophagus posterior to the root.
- Below hilum and in front of pulmonary ligament : groove for <u>I.V.C.</u>

Mediastinal surface of left lung



- On the mediastinal surface of the left lung, you will find these structures:
- Descending aorta and its arches posterior and over to the root of the lung)..
- Vagus nerve posterior to the root of the lung
- over the root of the lung
- Phrenic nerve anterior to the root of the lung.
- Cardiac impression: related to left ventricle.
- Groove for left common carotid and left subclavian arteries

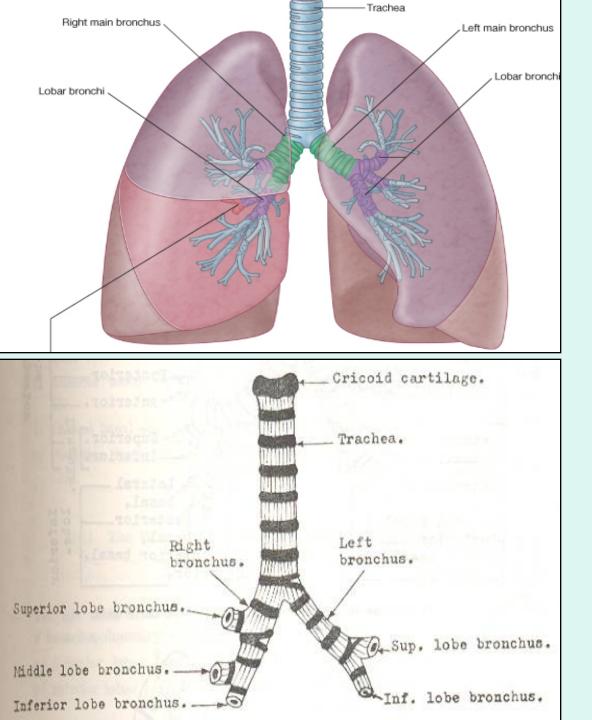
Blood supply of lung

- Bronchial arteries (From descending aorta).... It supplies oxygenated blood to bronchi, lung tissue & visceral pleura.
- Bronchial veins : drain into azygos & hemiazygos veins.
- Pulmonary artery which carries non-oxygenated blood from right ventricle to the lung alveoli.
- 2 pulmonary veins : carry <u>oxygenated blood</u> from <u>lung alveoli</u> to the <u>left atrium</u> of the heart.

Nerve Supply of the lung

- Pulmonary plexus at the root of lung....is formed of <u>autonomic N.S.</u> from sympathetic & parasympathetic fibers.
- **1- Sympathetic Fibers**
- From ... sympathetic trunk...
- Action: broncho-dilatation/and vasoconstriction.
- **2- Parasympathetic Fibers**
- From.....Vagus nerve

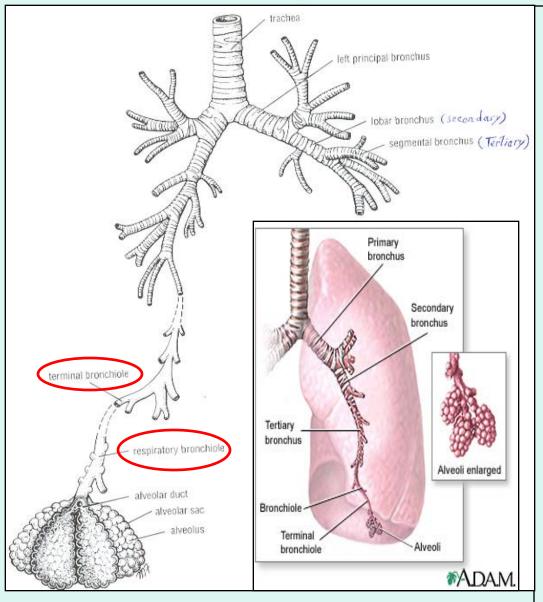
Action: <u>broncho-constriction</u> and vasodilatation and <u>secretomotor</u> to bronchial glands.



Bronchi

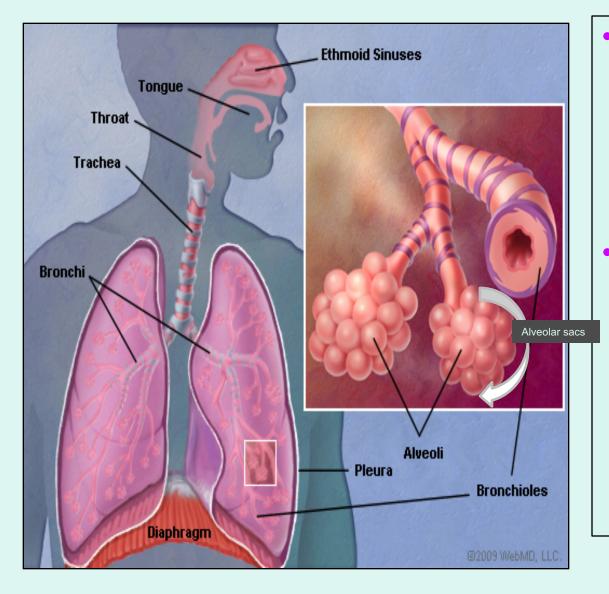
The trachea divides into 2 main bronchi: **Right main** bronchus: which divides before entering the hilum, it gives: superior lobar (secondary) bronchus. On entering hilum, it divides into middle & inferior lobar bronchi. Left main bronchus: On entering hilum, it divides into superior & inferior lobar bronchi.

Bronchopulmonary segments



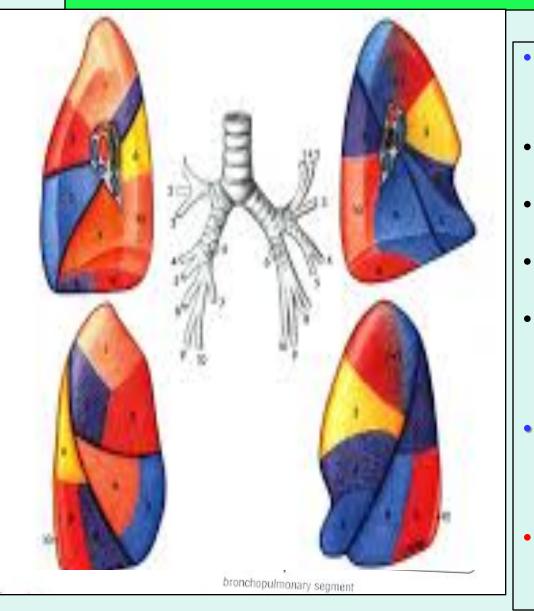
- They are the anatomic, functional, and surgical units of the lungs.
- Each lobar (secondary) bronchus gives segmental (tertiary) bronchi.
- Each segmental bronchus divides repeatedly into bronchioles.
- Bronchioles divide into terminal bronchioles, which show delicate outpouchings 'the respiratory bronchioles'.

Bronchopulmonary segments



The respiratory bronchioles end by branching into alveolar ducts, which lead into alveolar sacs. The alveolar sacs consist of several alveoli, each alveolus is surrounded by a network of blood capillaries for gas exchange.

Bronchopulmonary segments



The main characteristics of a bronchopulmonary segment/

- It is a subdivision of a lung lobe.
- It is pyramidal shaped, its apex toward the <u>lung root.</u>
- It is surrounded by connective tissue septa.
- It has a <u>segmental bronchus,</u> a <u>segmental artery</u>, <u>lymph</u> <u>vessels</u>, and <u>autonomic</u> <u>nerves.</u>
- The segmental vein lies in the inter- segmental <u>C.T.</u> septa between the segments.
- A diseased segment can be removed surgically, because it is <u>a structural unit.</u>