

# Bacteria causing respiratory tract infections

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### Objectives :

- Recognize signs & symptoms of different bacterial respiratory tract infections
- Be able to come up with a short differential to relevant cases & identify the most likely causative organism
- Discuss the diagnosis & treatment of different bacterial respiratory tract infections
- Explain the laboratory work up of important respiratory pathogens & be able to interpret microbiological laboratory results

### We recommend you to study these 3 lectures before studying this file;

- 1- URTI
- 2- TB
- 3- CAP

Color index:

- Important
- Doctor Notes
- Extra, TN





\* sensitive when the zone of growth inhibited.

## Case 1:

A **5 year boy** was brought to KKUH, outpatient department complaining of **fever** and **sore throat**. His vaccination history is up to date. On examination his **temp. was 38.5°C**, the **tonsillar area and pharynx were obviously inflamed** with some **foci of pus**<sup>1</sup>.

- What is your differential diagnosis<sup>2</sup>?
  - Acute Pharyngitis and\or Tonsillitis.
    - Bacterial: Group A streptococci, Corynebacterium diphtheriae, Neisseria gonorrhoeae.
    - Viral: EBV "Epstein-Barr virus".

### What type of investigations (lab tests) should be the most helpful?



Antimicrobial therapy 5: If the RADT is -ve this does not exclude group A streptococcus you have to do a throat culture.



## Case 1 cont':

- What likely is the organism? - Beta haemolytic Group A Streptococcus (streptococcus pyogenes)
- What is the best antibiotic therapy for this child?
  - Penicillin for 10 days. In case of Allergy, use Macrolides (Erythromycin).
- If not treated what complication may this child have <u>after 6 weeks period</u><sup>1</sup>?
  - Complication such as:
    - Rheumatic fever.
    - Acute glomerulonephritis.

## Case 2:

A 3-year-old girl is brought to the emergency room by her mother because she has a **fever** and complains that **her ear hurts**. She has no significant medical history. Her temperature is 38.8°C and is found to have **injected tympanic membranes**.

### What is your differential diagnosis?

- Bacterial:- Haemophilus influenzae, S.aureus, Streptococcus
  Pneumoniae, Moraxella catarrhalis (all of them cause otitis media).
- Viral

the stain shows it is the definitive organism.

### What type of investigations (lab tests) should be the most helpful?



1-6 weeks after the infection) e.g., rheumatic fever, acute glomerulonephritis.2: using Direct gram stain on the ear discharge because the middle ear is sterile, whatever

Haemophilus influenzae grow around the disc containing X and V factors

## Case 3:

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A 28 year old female presented to the accident and emergency of KKUH with <u>sudden onset</u> of **fever, right sided chest pain and a productive cough** of **purulent sputum**. On examination her temperature was 39 °C. There were **rhonchi**<sup>1</sup> and **dullness** on the right side of the chest. X-ray showed massive **consolidation** on the right side of the chest.



What type of investigations (lab tests) should be the most helpful?



2: if it is Haemophilus influenzae it won't grow on the blood agar.

**3:** If it is gram -ve it will grow on the MacConkey agar.

## Case 3 cont':

### **Microscopic appearance :**



What is the most likely organism? Streptococcus pneumoniae.

What should have been the empirical therapy for this case and why? Ceftriaxone + azithromycin + ciprofloxacin, Because the organism may be Penicillin resistant.

Streptococcus pneumoniae (Pneumococcus)

## Case 4:

Abdulkarim is a 65 year old Saudi man who was admitted to KKUH with a <u>2-3 month</u> history of **loss of appetite**, **weight loss**, and **on and off fever** with attacks **of cough**. On examination Abdulkarim looked weak with a temperature of 38.6 °C. CVS and Respiratory system examination was unremarkable. Two days before admission **he coughed blood (haemoptysis)**. Abdulkarim is diabetic (for the last 5 years). His father died of tuberculosis at the age of 45 yrs.

- What is your differential diagnosis? Chronic Pulmonary infection (bacterial: Mycobacterium tuberculosis, viral, fungal)
  - What type of investigation should be the most helpful?
    - X-ray showing cavities
    - Ziehl-neelsen stained smear from sputum
    - Sputum culture on L.J is medium

Skin test (PPD)

The ESR was increased (85 m /hour).

### What is the probable diagnosis?

Pulmonary tuberculosis

### How can the diagnosis be confirmed?

- 1- Measurement of Interferon–Gamma (IFNγ).
- 2- If the morphology on LJ media showed **buff**, **rough** and **tough** colonies.
- 3- If the growth occurred at 37°C and produced 5-10% CO2.





chest x-ray showed multiple opacities and cavities











showing growth of Rough, Tough and Buff colonies (Culture description)

### Mycobacterium tuberculosis

## Case 5:

A 5 year-old boy was brought to the emergency department complaining of **sore throat**, **fever (38.5°C)**, and was found to have **pharyngeal pseudomembranes** 

> What is your differential diagnosis?

Diphtheria pharyngitis

- Bacterial: Corynebacterium diphtheriae, Group A streptococci.
- Viral

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### What type of investigation should be the most helpful?

Gram stain From culture









Throat swab culture on blood tellurite

ELEK's test (toxin detection test)

- What is the likely identity of the organism? Corynebacterium diphtheriae
- What is the best antibiotic therapy for this child? 1. Anti-toxin

2. Penicillin. In case of allergy, Erythromycin

What complication may this child develop?

- Myocarditis (Damage to the heart muscle)
- Neuritis
- Local complication (descent of pseudomembrane)
- adrenal infarction
- Blocking of the airway

Corynebacterium diphtheriae

Black color colonies





Toxin from culture of *C. diphtheriae* diffuses and reacts with the diphtheria antitoxin diffused from the strip and produces precipitation lines  $\rightarrow$ positive test (Diphtheria exotoxin production)

## lab pictures

Female's Pic Male's Pic

Case 1:



Gram stain from culture Gram positive cocci in chain e.g. Streptococcus pyogenes = GAS



Bacitracin susceptibility GAS, Streptococcus Pyogenes



Throat swab culture on blood agar Beta hemolytic colonies e.g. GAS

Case 2:





Gram stain from ear discharge Gram negative coccobacilli Haemophilus influenzae



Ear discharge cultured on **chocolate agar** Haemophilus influenza

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Nutrient agar with X and V factors H.influenza X / V factors requirement test

#### Case 3:



Gram stain from culture Gram positive diplococci Streptococcus pneumonia



Negative stains ( india ink stain ) Capsule e.g. **streptococcus pneumoniae** 



Negative stains ( capsule stain ) Capsule e.g Strep. Pneumonia



2- **Optochin susceptibility** (sensitive). Pneumococcus 1- Sputum culture on blood agar Alpha hemolytic colonies e.g. pneumococcus

### Case 4:





Ziehl-Neelsen stained smear from sputum Acid - Fast bacilli AFB Mycobacterium tuberculosis Case 5:





Gram stain from culture Gram positive bacilli Corynebacterium diphtheriae



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Good luck



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