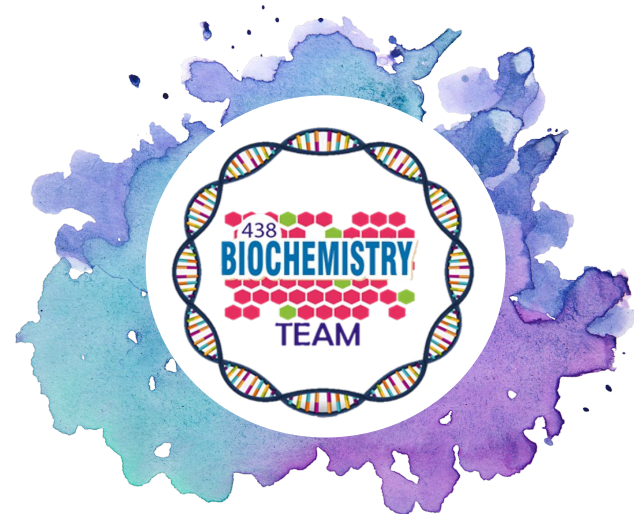


PHOSPHOLIPIDS OF CLINICAL SIGNIFICANCE

Color Index:

- **Original content**
- **Important**
- Extra info, Dr's notes
- **Only in girls' slides**
- **Only in boys' slides**



Objectives:

Slide No. 3

- ☑ Identify the types and functions of phospholipids

Slide No. 3

- ☑ Discuss the physiological importance of phospholipids

Slides (4-7)

- ☑ Understand the Types, functions and role of glycerophospholipids in cell signaling, protein anchoring, lung surfactant and their clinical implications in respiratory distress syndrome (RDS)

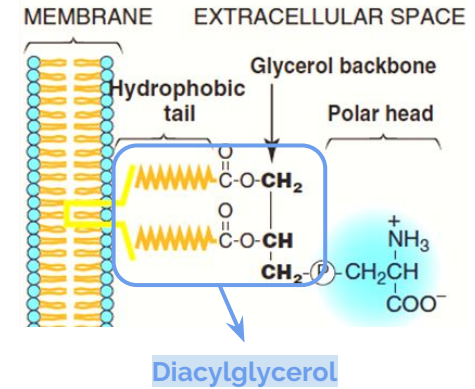
Slides (10,11)

- ☑ Identify the classes and physiological functions of phospholipase enzymes



- ★ Objectives: 1) Identify the types and functions of phospholipids
2) Discuss the physiological importance of phospholipids

Phospholipids



What are phospholipids?

- ★ Major lipids of cell membranes
- ★ polar, ionic compounds that
- ★ contain an alcohol group attached either to:

- Diacylglycerol → • Glycerophospholipids
- Sphingosine → • Sphingophospholipids

Classes

Properties

Amphipathic

Phospholipids

Hydrophilic (polar)

interacting with the aqueous environment

Hydrophobic (non-polar)

attached to the membrane.

* Function: selectivity in permeability (only lipid soluble can cross)

★ Functions

Membrane-bound phospholipids:

- Reservoir for intracellular messengers (signaling)
- Anchors to cell membranes

Nonmembrane-bound phospholipids:

- Lung surfactant
- Components of bile (as detergents to solubilize cholesterol)

Surfactant

Stain

Cotton fabric

435 team

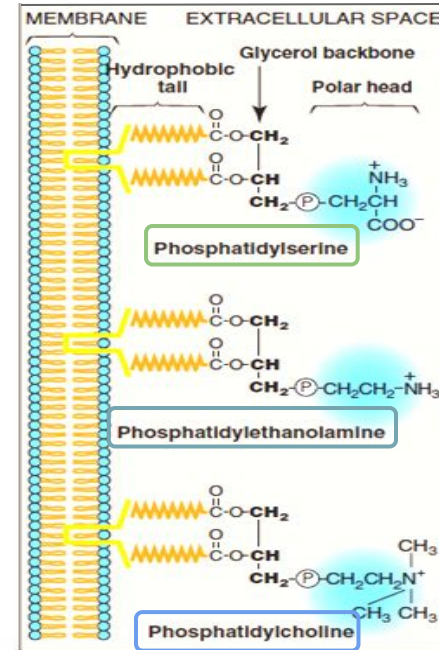
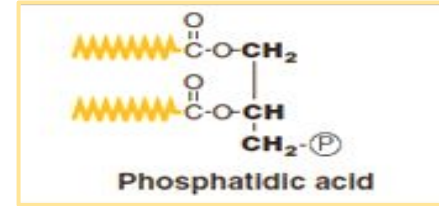
What is a detergent?
A molecule with a nonpolar end that attaches to the lipid, and a polar end that attaches to water. Because of this property, it can solubilize lipid in water."as Shown in the picture"

(مثال مساحيق الغسيل عندما تقوم بتدوير البقع الدهنية)

Glycerophospholipids

"Also called phosphoglycerides"

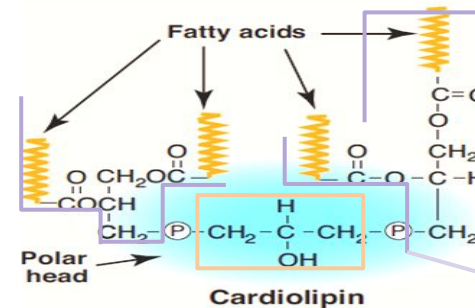
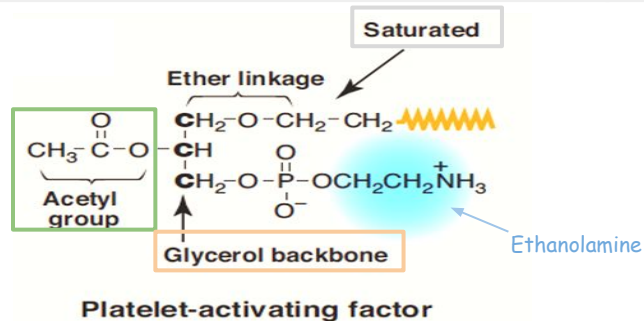
- A major class of phospholipids
- Contain glycerol (**Backbone**)
- All contain (derived from) **phosphatidic acid** → PA is the **simplest** phospholipid (**precursor**)



Serine + PA	Phosphatidylserine (PS)	Cell signaling - Blood clotting
Ethanolamine + PA	Phosphatidylethanolamine (PE) (cephalin)	Play a role in membrane fusion
Choline + PA	Phosphatidylcholine (PC) (lecithin)	Lung surfactant
Inositol + PA	Phosphatidylinositol (PI)	Cell signaling
Glycerol + PA * by phosphodiester bond	Phosphatidylglycerol (PG)	Lung surfactant

Some examples

	Platelet activating factor (PAF)	Cardiolipin
structure	<p>Other phosphoglycerides, the fatty acids are attached to glycerol by Ester linkages, while in PAF:</p> <ul style="list-style-type: none"> it is bound by an Ether linkage it has an acetyl group at carbon No.2 <p style="text-align: right;">Team 437</p>	<p>2 molecules of PA + additional molecule of glycerol</p> <p>→ through PO₄ groups</p>
location	<p>Binds to cell surface receptors</p> <p>* of platelets (mainly) or other cells</p>	<p>the inner mitochondrial membrane.</p>
function	<ul style="list-style-type: none"> Triggers thrombotic and acute inflammatory reaction (hypersensitivity) (which can cause tissue damage) activates platelets to aggregate 	<p>maintenance of respiratory complexes of electron transport chain</p>



Role of PC in lung surfactant

Alveolar cells of lungs

- lined by the extracellular fluid layer. (with tendency to develop surface tension)
- Type 2 alveolar cells secrete

lung surfactant complex

1. lipids (90%)

- Dipalmitoylphosphatidylcholine (DPPC) (the major)
- Other: PG.

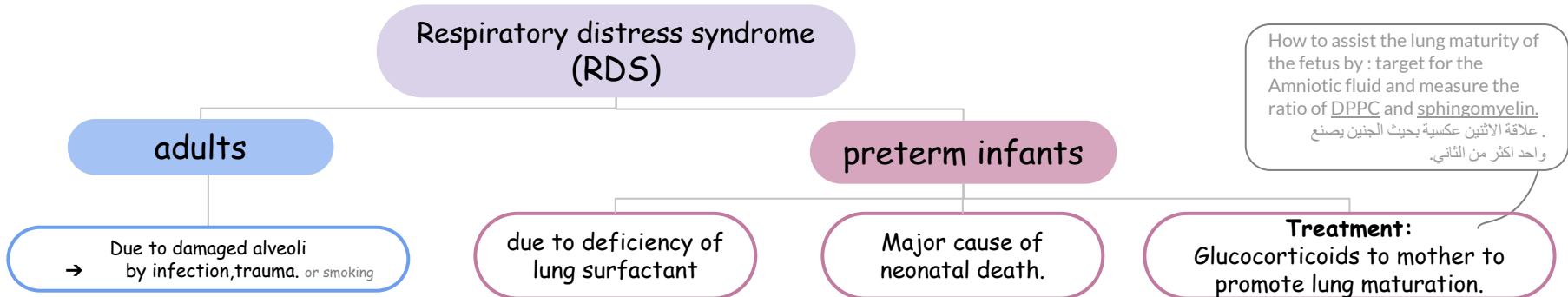
2. proteins (10%)

help in distributing the surfactant in between the water molecules, preventing them from sticking together (reduce the surface tension).

Function of surfactant

Decreases the surface tension of the fluid layer:

- reduces the pressure needed to re-inflate the alveoli.
- prevents alveolar collapse (atelectasis)

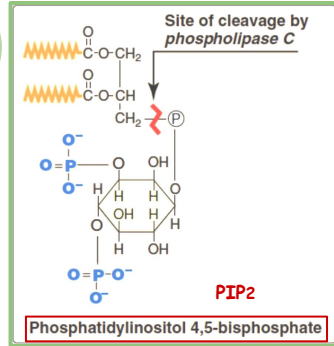


Role of PI

1 Intracellular signaling

- part of **calcium-phosphatidyl inositol system**

"In the membrane it is phosphorylated at tow positions."

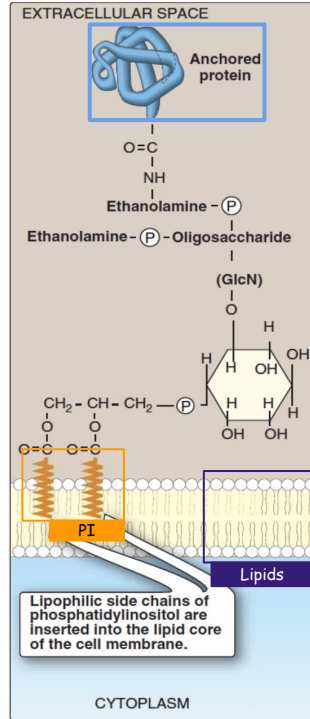


2 Protein anchoring to membranes

Attaching of protein to the embedded lipid.

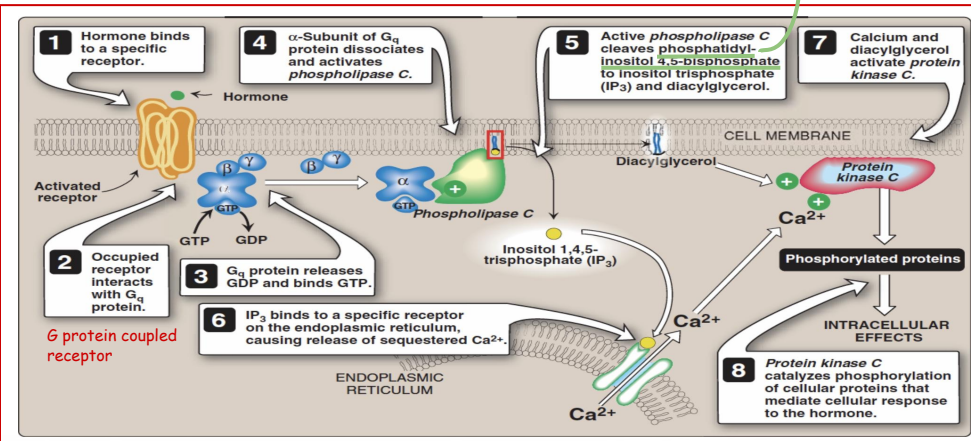
by **carbohydrate-PI bridge**

- ★ can be cleaved by **phospholipase C** enzyme



Common proteins that are anchored

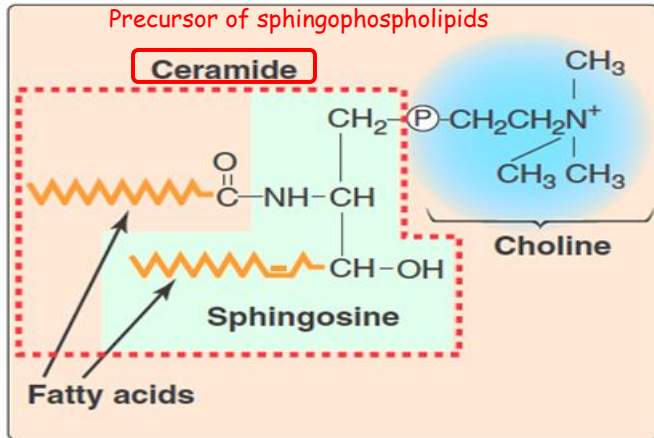
Protein	location
Alkaline phosphatase	surface of small intestine
Acetylcholine esterase	postsynaptic membrane of neurons



Sphingophospholipids

1 Structure:

A long-chain fatty acid attached to sphingosine



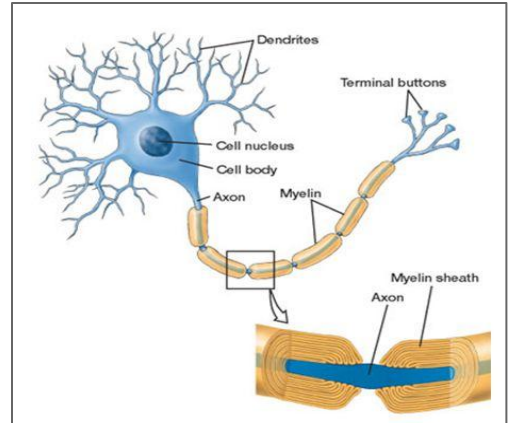
2 Example:

Sphingomyelin

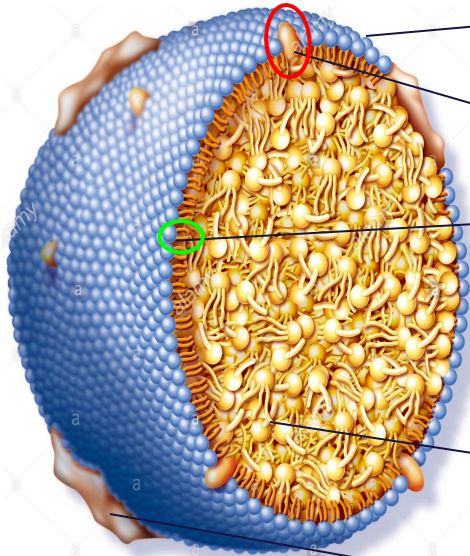
3 Importance:

An important component of **myelin** that **protects** and **insulates** nerve fibers

→ ↑ conduction velocity



Phospholipids in lipoprotein particles



The **outer core** of lipoprotein particles is **hydrophilic**

Contains **phospholipids** & **free cholesterol** (Unesterified) "polar"

→ Allows **transport** of core **lipids** in aqueous plasma

Inner core of triacylglycerols & cholesteryl esters

Apolipoprotein

PHOSPHOLIPASES

Degradation of phospholipids

Phospholipase
A₁, A₂, C, D

Degradation of **Glycerophospholipids**

Sphingomyelinase

Present in lysosomes especially
hepatocytes (liver)

Degradation of **sphingophospholipids**

Present in

All tissues including
pancreatic juice

involved in signal transduction, generating
phosphatidic acid and choline from
phosphatidylcholine and diacylglycerol

*Slide 12 summarize important things in this figure

PHOSPHOLIPASE A₂

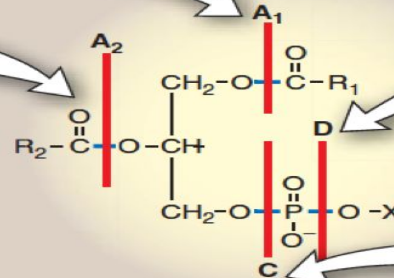
- **Phospholipase A₂** is present in many mammalian tissues and pancreatic juice. It is also present in snake and bee venoms.
- **Phospholipase A₂**, acting on phosphatidylinositol, releases arachidonic acid (the precursor of the prostaglandins).
- Pancreatic secretions are especially rich in the *phospholipase A₂* proenzyme, which is activated by *trypsin* and requires bile salts for activity.
- **Phospholipase A₂** is inhibited by glucocorticoids (for example, cortisol).

PHOSPHOLIPASE A₁

- **Phospholipase A₁** is present in many mammalian tissues.

PHOSPHOLIPASE D

- **Phospholipase D** is found primarily in plant tissue.



PHOSPHOLIPASE-C

- **Phospholipase C** is found in liver lysosomes and the α -toxin of clostridia and other bacilli.
- Membrane-bound *phospholipase C* is activated by the PIP₂ system and, thus, plays a role in producing second messengers. signaling



Functions of phospholipases



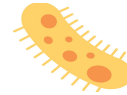
Digestion of phospholipids by
pancreatic juice



remodeling of phospholipids
(from one kind of phospholipid to another kind)



Production of second
messengers



Pathogenic **bacteria produce**
phospholipases to **dissolve cell**
membranes and **spread infection**

Phospholipids

GlyceroPhospholipids

Precursor

PA

Functions

- signaling
- surfactant
- Components of bile

Degraded by

Phospholipase

A1

location

Mammalian
Tissues

A2

location

- Pancreatic juice
(activated by trypsin)
- Mammalian tissues
- Snake and bee
venoms

Mechanism

- Acting on : PI
- Releases:
arachidonic acid.
- Inhibited by:
Glucocorticoids

C

location

- Liver lysosomes
- α -toxin of
clostridia and
other bacilli

Mechanism

- Activated by:
PIP₂ system
- producing:
2nd messengers

D

location

Plant
tissue

SpingoPhospholipids

Degraded by

Sphingomyelinase

Functions

- protection
- insulation
of nerve fibers

Precursor

Ceramide

Take home message

- ✈ Phospholipids are complex lipids that perform important physiological functions in the body
- ✈ **Membrane-bound** phospholipids are involved in cell signaling, protein anchoring and myelin protective functions
- ✈ **Nonmembrane-bound** phospholipids function as lung surfactant and as detergent in the bile
- ✈ Phospholipases are enzymes that degrade phospholipids
- ✈ They are important for remodeling of phospholipids

Quiz

MCQs

Q1: Which of the following is the function of phosphatidylcholine?

- a) Cell signaling b) Lung surfactant c) Membrane fusion d) Blood clotting

Q2: Glycerophospholipids are degraded by?

- a) phospholipase A3 b) phospholipase B c) phospholipase E d) Phospholipase C

Q3: Which one of the following is the simplest phospholipids?

- a) Phosphatidic acid b) Phosphatidylserine c) Phosphatidylcholine d) Sphingomyelin

Q4: Which one of the phospholipases below present in snake and bee venoms?

- a) Phospholipase A1 b) Phospholipase A2 c) Phospholipase C d) Phospholipase D

Q5: Which of the following enzymes degrade sphingomyelin?

- a) Phospholipase A1 b) Phospholipase A2 c) Sphingomyelinase d) Phospholipase D

Q6: Nonmembrane - bound phospholipids are involved in?

- a) Lung surfactant b) Myelin protective functions c) Cell signaling d) Protein anchoring

SAQs

Q1: An infant, born at 28 weeks' gestation, rapidly gave evidence of respiratory distress. What would the clinical laboratory and imaging results that supported the diagnosis of infant respiratory distress syndrome?

Q2: List the functions of phospholipids

Q3: What is the lung surfactant composed of ? and what its role ?

★ **MCQs Answer key:**

- 1) B 2) D 3) A 4) B 5) C 6) A

★ **SAQs Answer key:**

- 1) The concentration of DPPC in the amniotic fluid would be expected to be lower than that of a full-term baby.
- 2) 1-Reservoir for intracellular messengers (signaling)
2-Anchors to cell membrane 3- Lung surfactant
4 · Components of bile
- 3) 90% lipids (including DPPC) and 10% proteins , its role to decrease the surface tension of fluid layer and to reduce pressure and to prevent (atelectasis)

★ This lecture was done by

Girls team :

- ★ Ajeed Al-rashoud
- Alwateen Albalawi
- Elaf Almusahel
- ★ Lina Alosaimi
- Nouf Alhumaidhi
- ★ Noura Almazrou
- Noura Alturki
- ★ Nouran Arnous
- Reem Alqarni
- Shahd Alsalamh
- ★ Taif Alotaibi

Boys team :

- Abdullah Altuwaijri
- Alkaseem binobaid
- Fares Aldokhayel
- ★ Naif Alsolais
- Saad Dammas

★ تعرف إلى الله في الرخاء يعرفك في الشدة واعلم أن ما أخطأك
لم يكن ليصيبك وما أصابك لم يكن ليخطئك واعلم أن النصر مع
الصبر وأن الفرج مع الكرب وأن مع العسر يسرا



Team leaders:

Deema Almaziad

Mohannad Alqarni