CARDIOVASCULAR SYSTEM

Pathology Practical

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PRACTICAL – 2

A: MYOCARDIAL DISEASE:

- HYPERTROPHY
- MYOCARDIAL INFARCTION

B: VASCULITIS

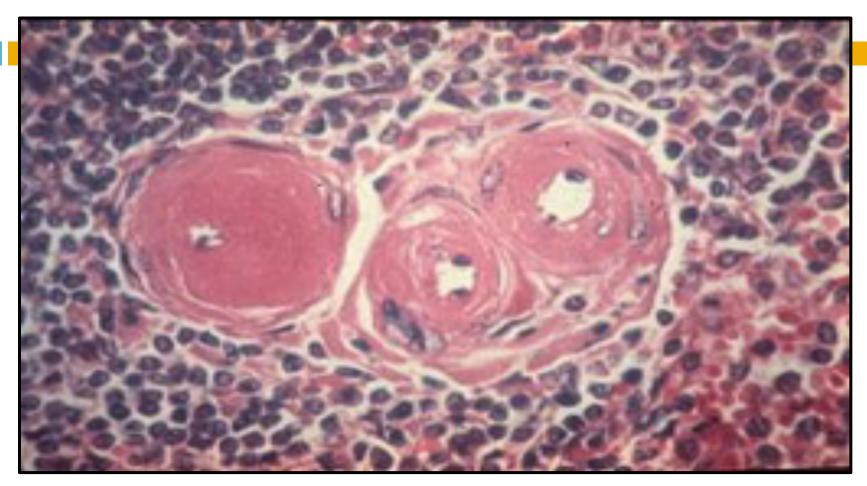
Morphology of blood vessels in HTN:

In small Blood Vessels (Microangiopathy)

Arteriolosclerosis

- Hyaline arteriolosclerosis:
 - Seen in benign hypertension
 - Can also be seen in elderly and diabetic patients even without hypertension.
 - Can cause diffuse renal ischemia.
 - Hyperplastic arteriolosclerosis:
 - Characteristic of malignant hypertension.
 - Can show onion-skinning on histology causing luminal obliteration of vascular lumen

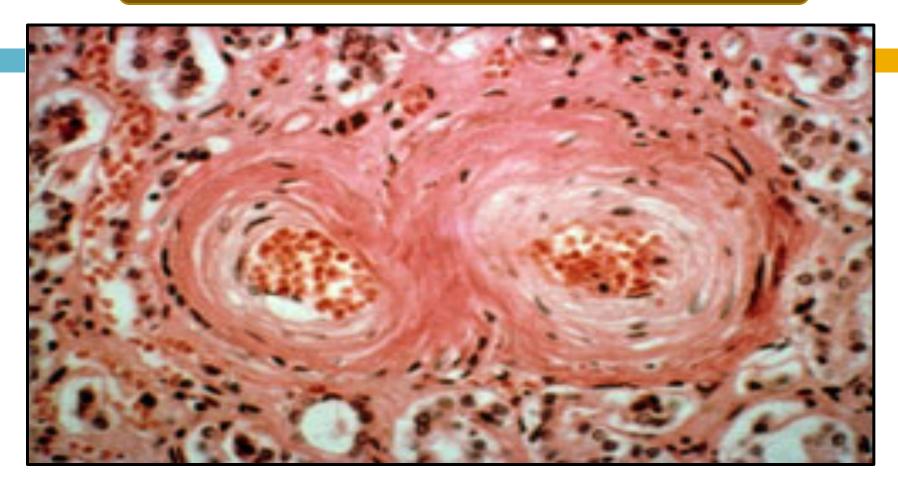
Hyaline arteriolosclerosis - HPF



Hyaline arteriolosclerosis

Arteriosclerosis (hardening of the arteries) involves both small and large vessels. It is commonly found in diabetics and hypertensives.

Hyperplastic arteriolosclerosis - HPF



Hyperplastic arteriolosclerosis: This is the other type of small vessel arteriosclerosis. It is predominantly seen in malignant hypertension and renal disease associated with polyarteritis nodosa and progressive systemic sclerosis.

MYOCARDIAL HYPERTROPHY

The ventricle is working against high pressure, or "pumping" higher than normal volume leading to myocardial hypertrophy.

Left ventricular hypertrophy:



Right ventricular hypertrophy:



Causes of ventricular hypertrophy

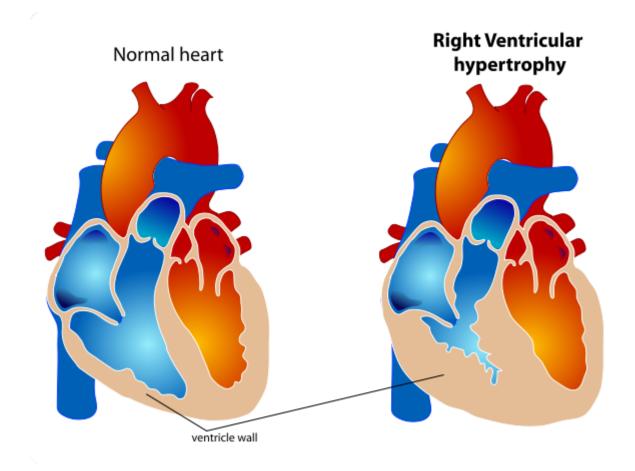
Left ventricular hypertrophy:

- Systemic hypertension
- Aortic valve stenosis

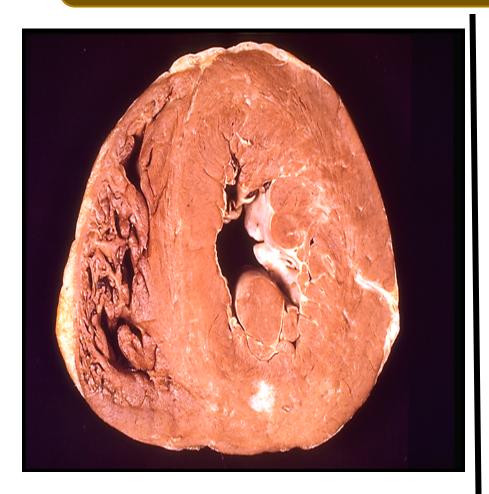
Right ventricular hypertrophy:

- Pulmonary hypertension
 - asthma, COPD
 - pulmonary thromboembolic disease
 - primary pulmonary hypertension
- Pulmonary valve stenosis
- Left-to-right shunts (volume overload)

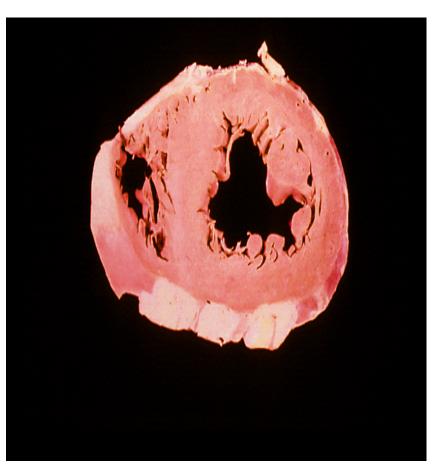
Right ventricular hypertrophy



Normal and hypertrophied left ventricle – cross section



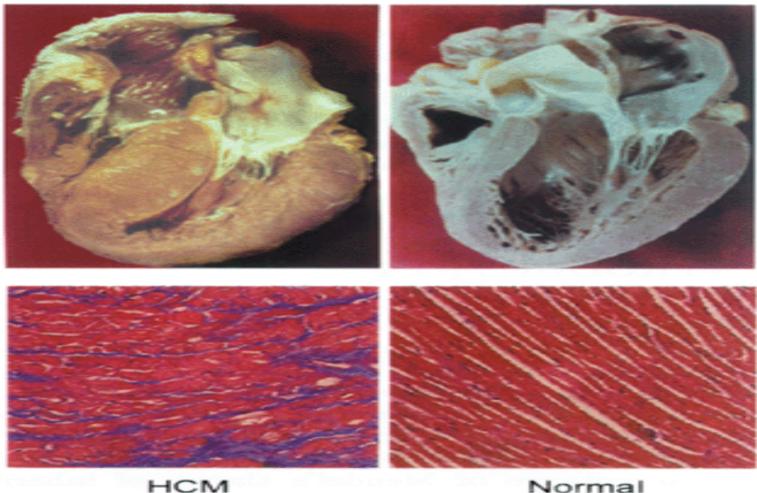
Left ventricular hypertrophy



Normal ventricles

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Normal and hypertrophied left ventricle - CS



Histopathology showing significant myofiber disarray and interstitial fibrosis

Normal
Histopathology showing Normal
myocytes

Left ventricular hypertrophy - Gross



Heart from a hypertensive patient. The left ventricle is very thick (over 2 cm). However the rest of the heart is fairly normal in size as is typical for hypertensive heart disease. The hypertension creates a greater pressure load on the heart to induce the hypertrophy

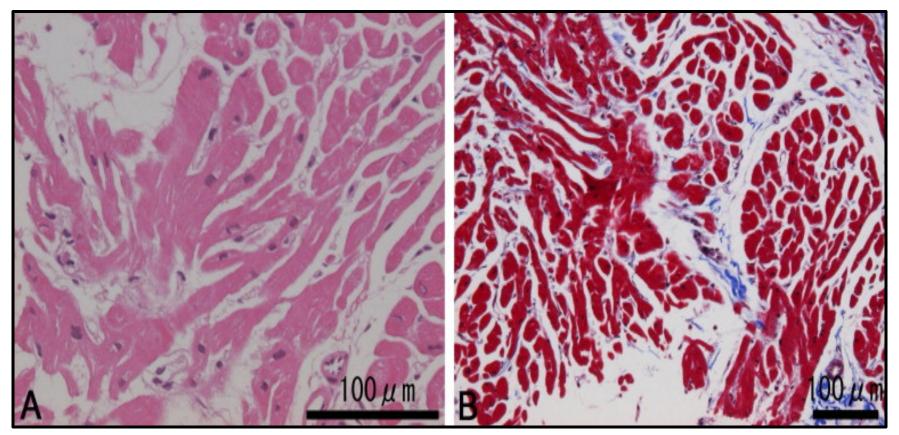
Left ventricular hypertrophy - Gross



This cross section view of the heart shows the left ventricle in the left of the picture.

The left ventricle is grossly thickened secondary to severe hypertensive. The myocardial fibers have undergone hypertrophy.

Hypertrophic Cardiomyopathy - LPF

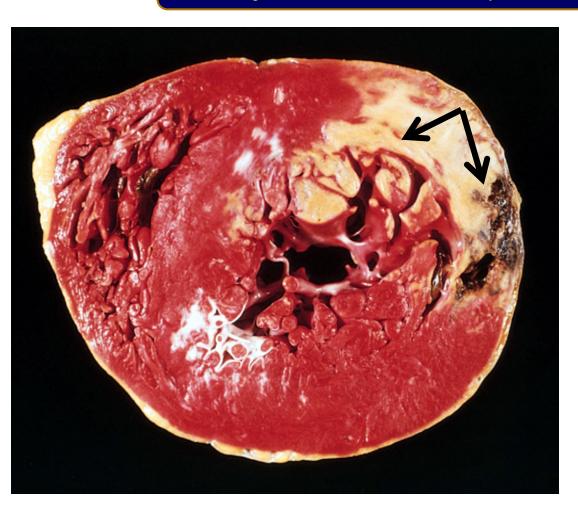


haematoxylin-eosin stain

Masson's trichrome stain

Histopathology of heart sections of ventricular septum showing significant myofiber disarray and slight interstitial fibrosis indicating hypertrophic cardiomyopathy (HCM).

MYOCARDIAL INFARCTION



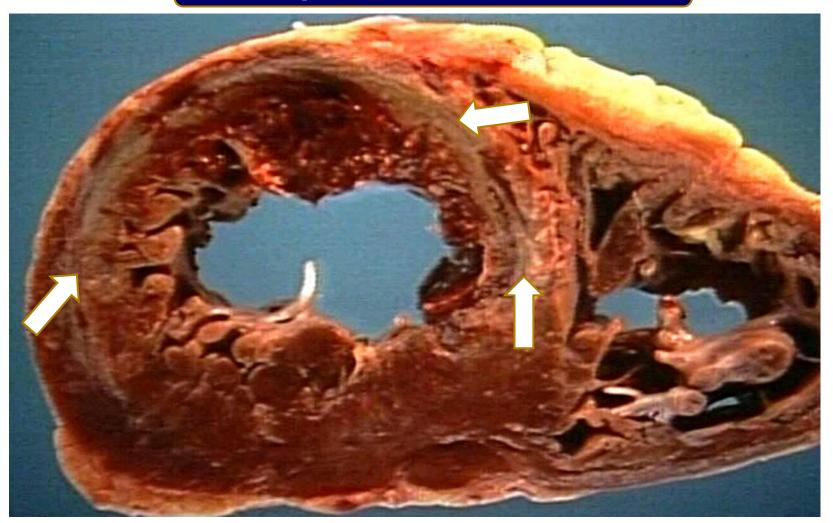
DIAGNOSIS (CAUSE OF DEATH)? ORGAN?

Complications:

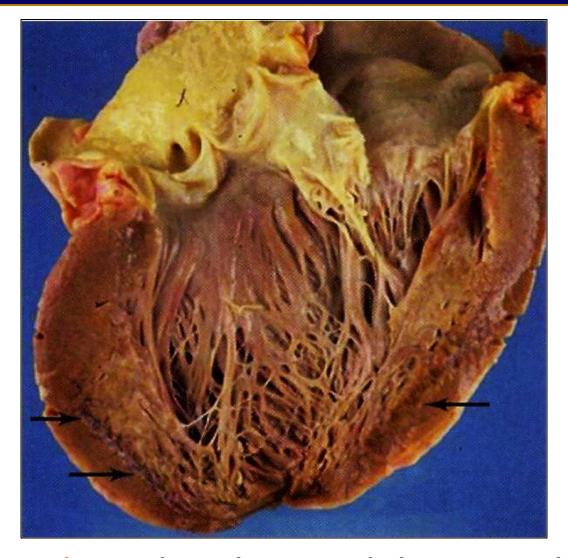
- 1: Arrhythmias.
- 2: Cardiac Shock.
- 3: Pericarditis.
- 4: Heart Failure.
- 5: Ventricular Aneurysm.
- 6: Myocardial Rupture.

Cross section of the left and right ventricles shows a pale and irregular focal fibrosis in the left ventricular wall with increased thickness.

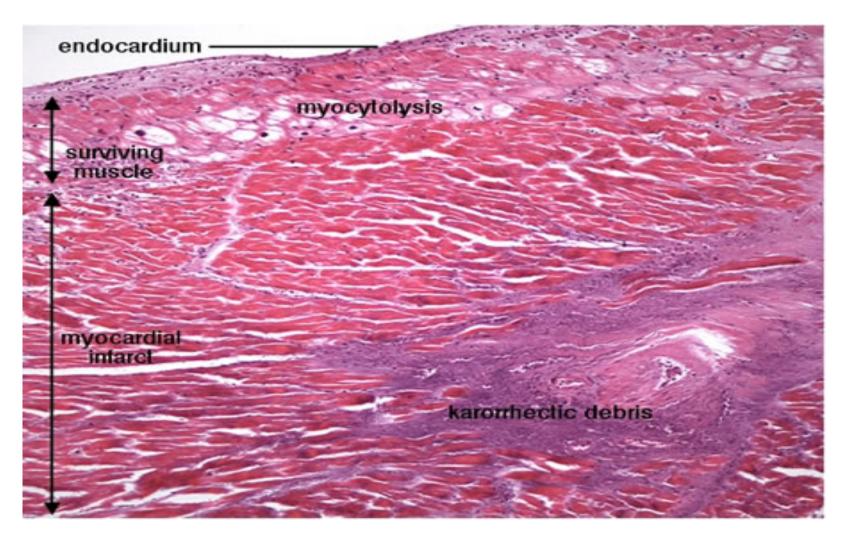
Myocardial Infarction



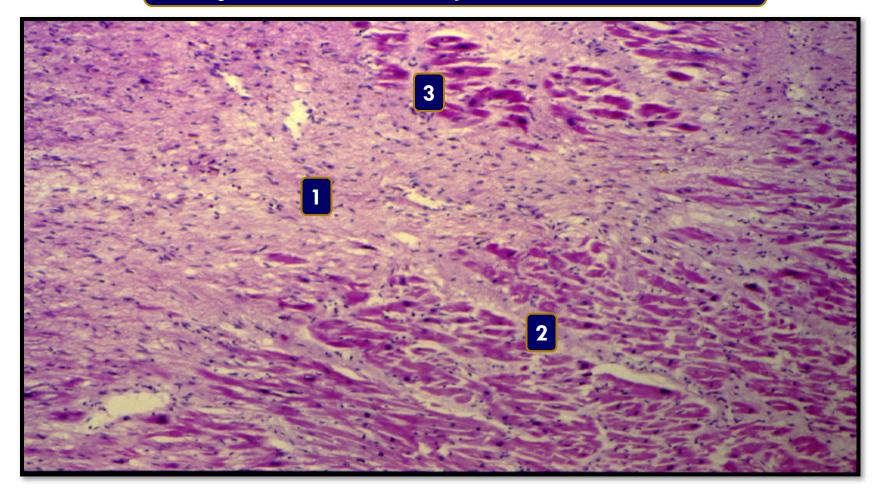
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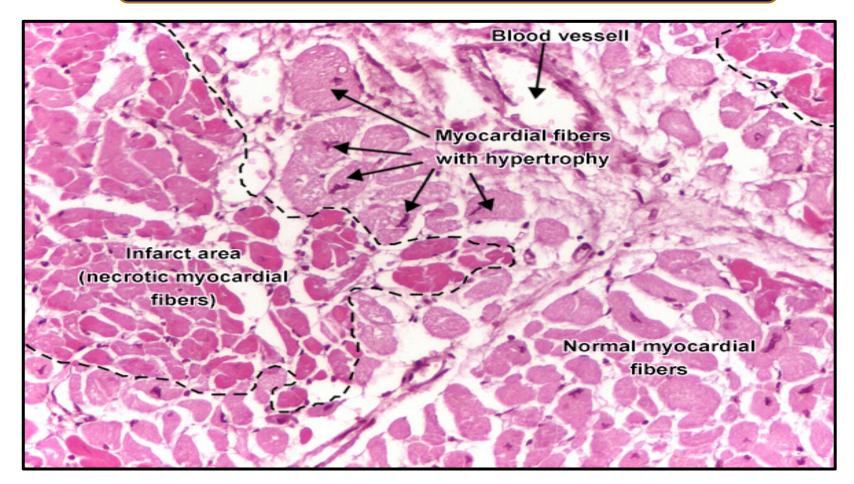
Complications that might occur: arrhythmias, ventricular aneurysm, rupture of myocardium, cardiac tamponade and others.



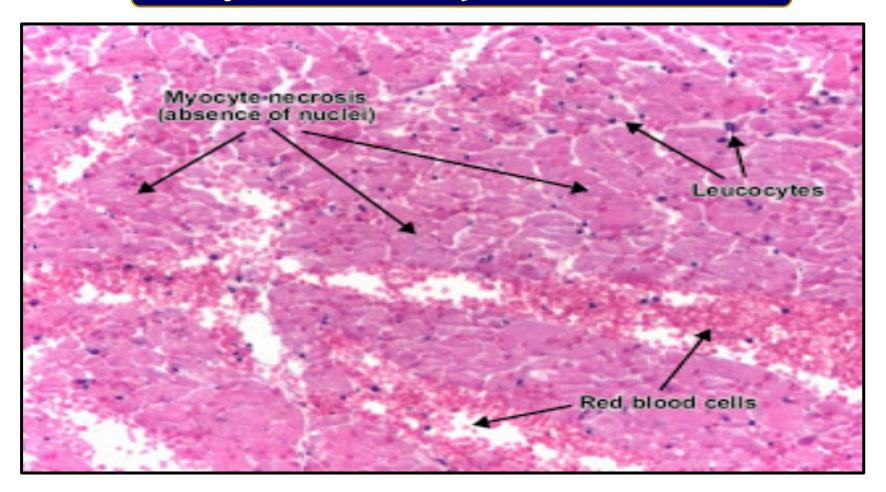
Transmural myocardial infarct at 2 weeks



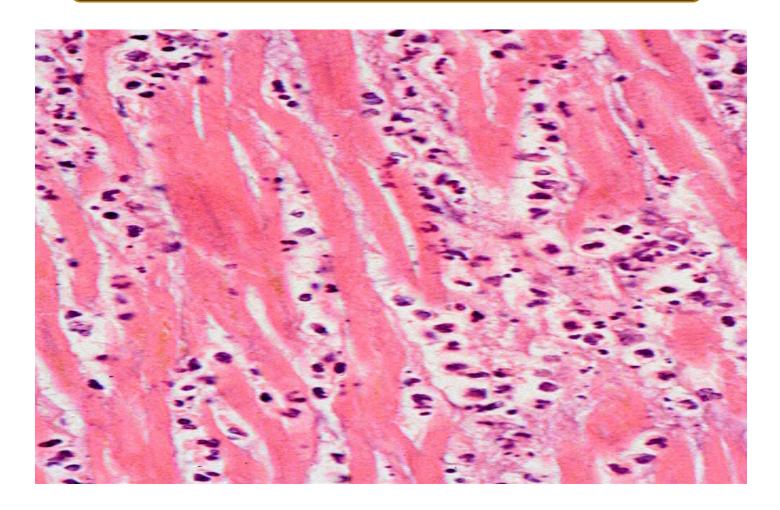
- 1 **Patchy coagulative necrosis of myocardial fibers**. The dead muscle fibers are structureless and hyaline with loss of nuclei and striations.
- 2- Chronic ischemic fibrous scar replacing dead myocardial fibers.
- 3- The remaining myocardial fibers show enlarged nuclei due to ventricular hypertrophy.



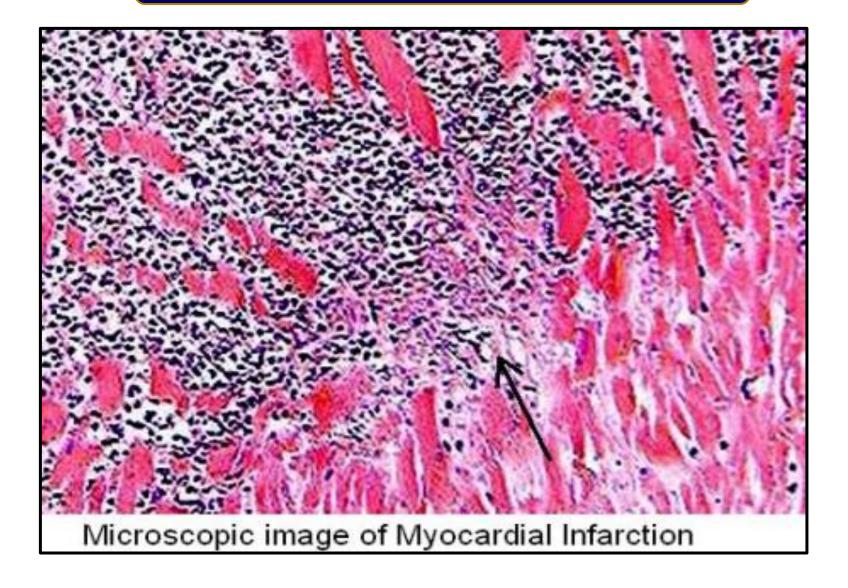
Myocardial infarct - circumscribed area of ischemic necrosis - coagulative necrosis. In the first 12 - 24 hours, myocardial fibers are still well delineated, with intense eosinophilic (pink) cytoplasm, but lost their transversal striations and the nucleus (left side of the picture). Notice a few myocardial fibers showing hypertrophy (increased size of the fiber, irregular shape of the nuclei)



Recent myocardial infarct (in the first 12 - 24 hours): myocardial fibers are still well delineated, with intense eosinophilic (pink) cytoplasm, but lost their transversal striations and the nucleus. The interstitial space may be infiltrated with red blood cells.



Acute myocardial infarct, histology. This 3-4 day old infarct shows necrosis of myocardial cells and is infiltrated with polymorphnuclear leukocytes.



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THROMBOEMBOLISM / VASCULITIS

Thromboangitis oblitrans (Buerger's disease)



Thromboangitis oblitrans (Buerger's disease)



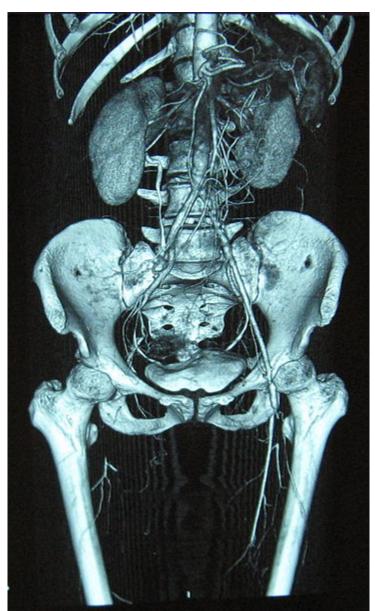


Thromboangiitis obliterans (Buerger's disease) is a non atherosclerotic, segmental, inflammatory, vaso-occlusive (thrombotic) disease that affects the small- and medium-sized arteries and veins of the upper and lower extremities.

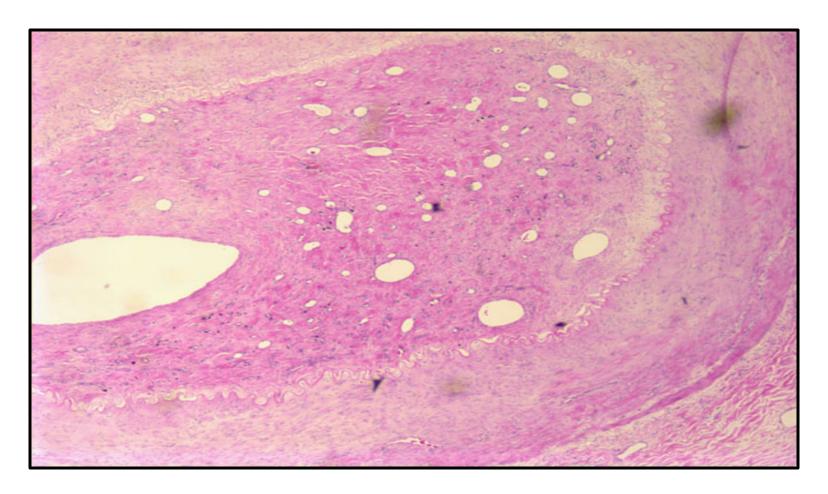
THROMBOANGITIS OBLITERANS (BUERGER'S DISEASE)

 Pathologic findings of an acute inflammation and thrombosis (clotting) of arteries and veins of the hands and feet (the lower limbs being more common)

 Complete occlusion of the right and stenosis of the left <u>femoral artery</u>

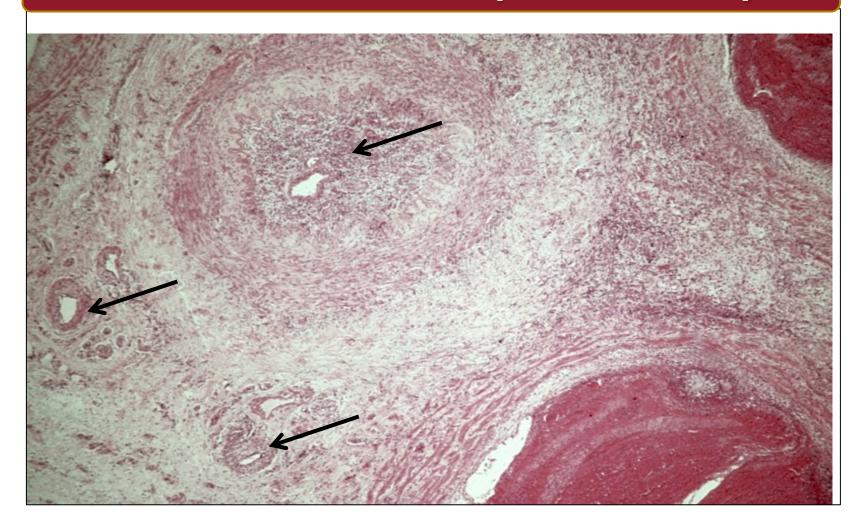


THROMBOANGITIS OBLITERANS (BUERGER'S DISEASE) - LPF



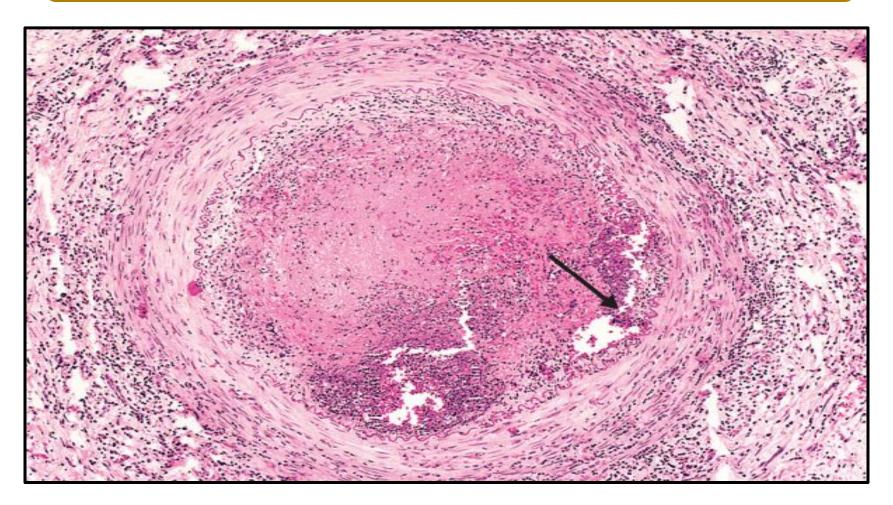
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THROMBOANGITIS OBLITERANS (BUERGER'S DISEASE)



Large number of small blood vessels in the dermis show occlusive organized thrombi with recanalization and fibrosis around blood vessels.

THROMBOANGITIS OBLITERANS (BUERGER'S DISEASE) - HPF

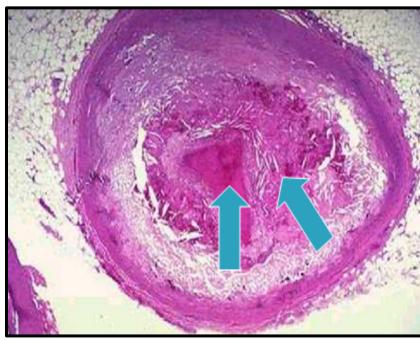


Thromboangitis obliterans (Buerger disease). The lumen is occluded by a thrombus containing abscesses (arrow), and the vessel wall is infiltrated with leukocytes.

Thromboembolism

Atheroma with thrombosis

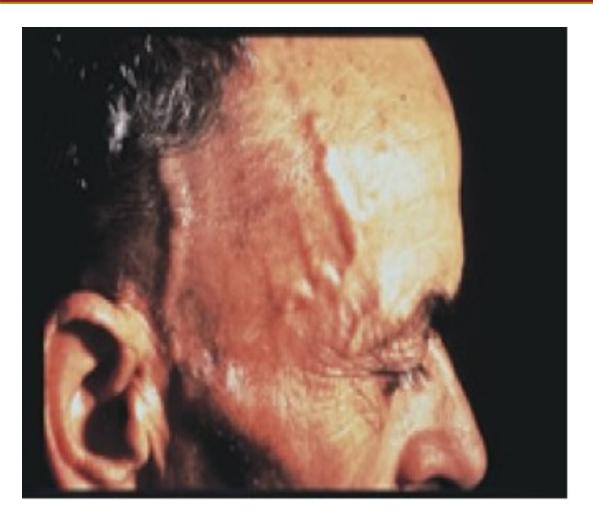




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GIANT CELL (TEMPORAL) ARTERITIS

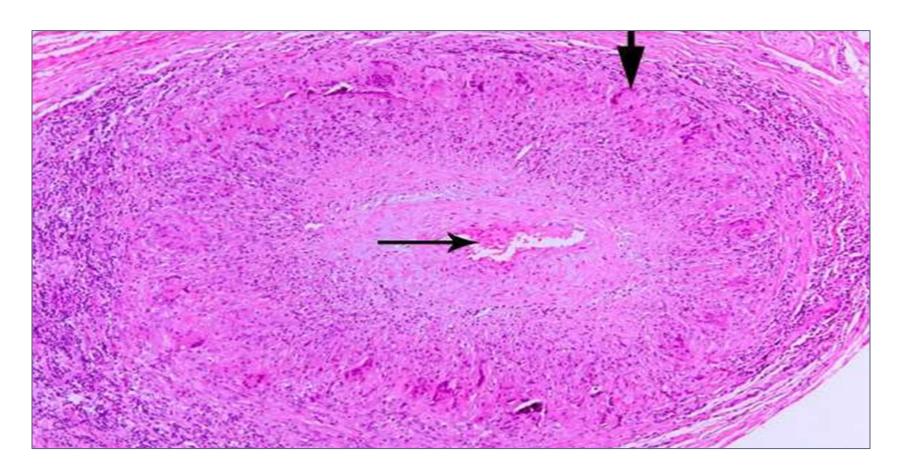
GIANT CELL / TEMPORAL ARTERITIS



Tender and thickened scalp veins

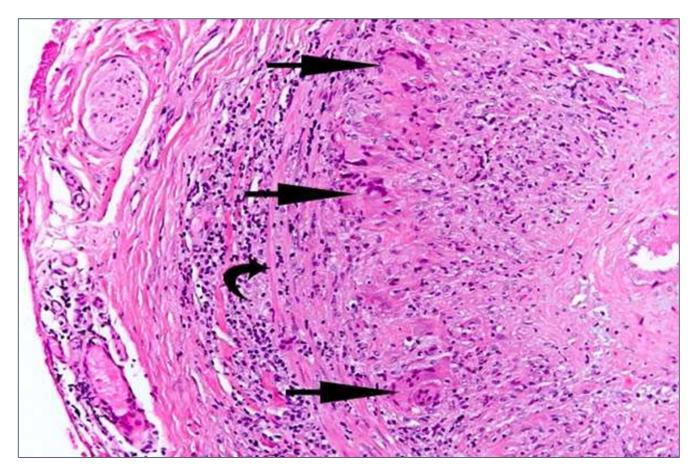
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GIANT CELL / TEMPORAL ARTERITIS - LPF



Circumferential involvement of the vascular media is present (vertical arrow pointing downward). Also note the presence of chronic lymphocytic inflammation in the media and adventitia. Reactive intimal fibroplasias lead to luminal stenosis with <10% of its original luminal diameter (thin arrow in the center).

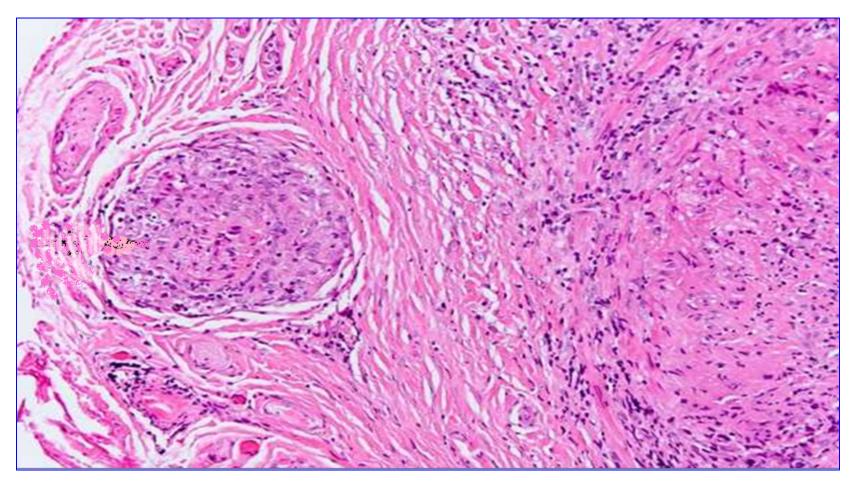
GIANT CELL / TEMPORAL ARTERITIS - HPF



- Name of the cells?
- Diagnosis?
- Vacuities + HSP?

Giant cells can be of Langhans type or foreign-body type (three arrows) and may show fragments of disrupted internal elastic lamina. Note the presence of dense chronic lymphocytic inflammation traversing through circumferential smooth muscle fibers (curved arrow) of vascular media.

GIANT CELL (TEMPORAL) ARTERITIS - HPF



The inflammation can be granulomatous in addition to both acute and chronic inflammatory cells. This photomicrograph shows a single granuloma in the adventitia of the artery. Acute inflammation when present is generally mild and represents an early stage of the disease.

GIANT CELL (TEMPORAL) ARTERITIS - HPF



Disruptions of the elastic lamina with inflammation and giant cells.

Segmental inflammatory lesions with intimal thickening,
granulomatous inflammation with giant cells and chronic
inflammatory cells and internal elastic lamina fragmentation

LEUKOCYTOCLASTIC /
HYPERSENSITIVITY
VASCULITIS
(MICROSCOPIC POLYANGITIS)

Hypersensitivity vasculitis — Clinical sign



Hypersensitivity vasculitis might be complicated with glomerulonephritis and hemoptysis due to pulmonary capillaritis

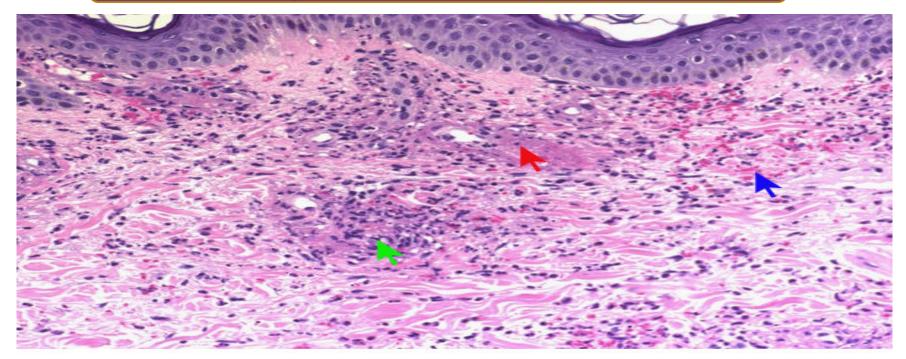
Leukocytoclastic vasculitis - Clinical sign



Leukocytoclastic vasculitis

The purpuric eruption (Subcutaneous bleeding patches) of the foot tends to be most pronounced on dependent areas.

Leukocytoclastic vasculitis - HPF

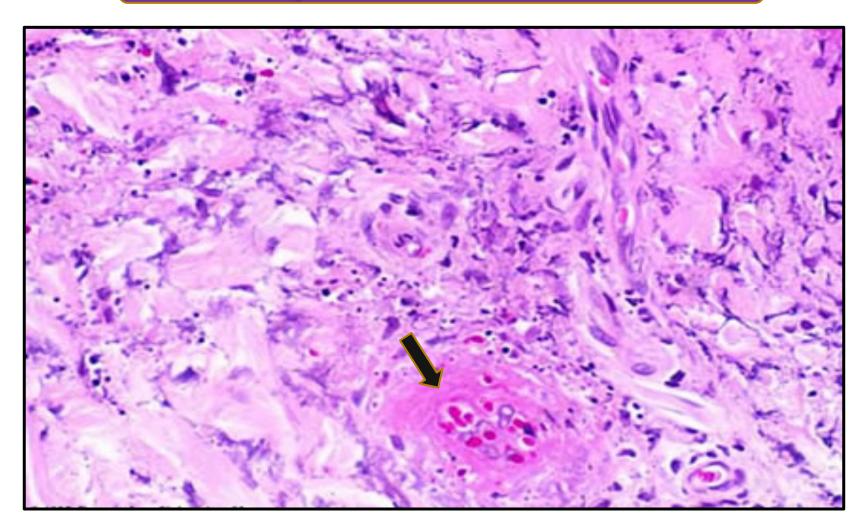


- Fibrinoid type necrosis
- Red cell extravasation
- 📐 Inflammation

Vasculitis, leukocytoclasis (high power)

Section of the skin shows fibrinoid necrosis of blood vessels with extravasation of RBCs, neutrophilic infiltration with debris (leukocytoclasis /nuclear dust)

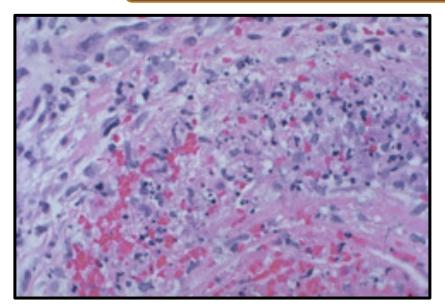
Leukocytoclastic vasculitis - HPF

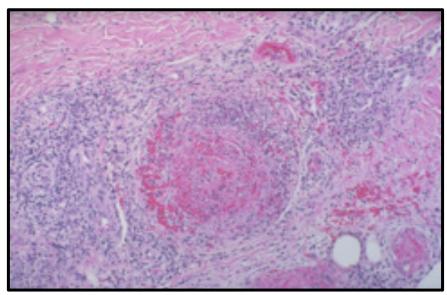


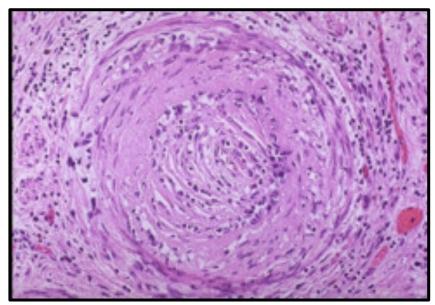
Fibrinoid necrosis of small dermal vessels is present, necessary to establish the diagnosis of leukocytoclastic vasculitis.

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Severe vasculitis – Microscopic views







This muscular artery shows a more severe vasculitis with acute and chronic inflammatory cell infiltrates, along with necrosis of the vascular wall

